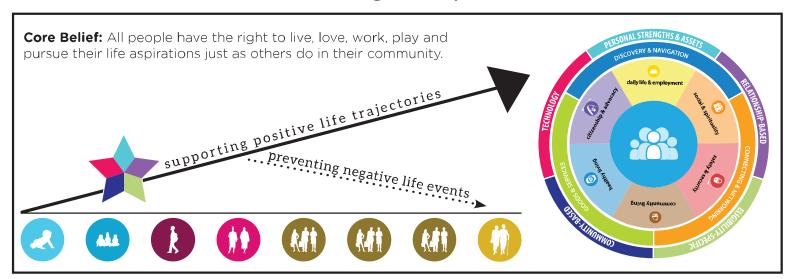
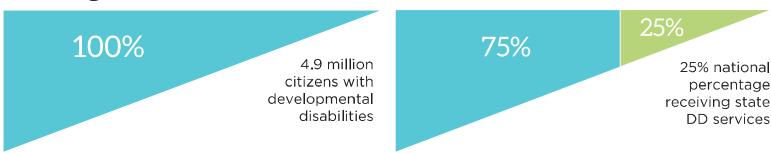
# Charting the LifeCourse

# **Guiding Principles**



# **Focusing on ALL**



Based on 1.49% prevalence, US Census 2013. Braddock et al, State of the State 2013

# **Life Stages and Life Domains**



### **Daily Life & Employment:**

What you do as part of everyday life—school, employment, volunteering, communication, routines, life skills.



### **Community Living**

Where and how you live—housing and living options, community access, transportation, home modifications.



# Safety & Security

Staying safe and secure—emergencies, well-being, quardianship options, legal rights and issues.



#### **Healthy Living**

Managing and accessing health care and staying well– medical, mental health, behavior, developmental, wellness and nutrition.



### **Social & Spirituality**

Building friendships and relationships, leisure activities, personal networks, faith community.



#### Citizenship & Advocacy

Building valued roles, making choices, setting goals, assuming responsibility and driving how one's own life is lived.



### Prenatal/Infancy

Early years, wondering if meeting developmental milestones



#### Early Childhood

Preschool age, getting a diagnosis



#### School Age

Everyday life during school years



#### **Transition**

Transitions from school to adult life – Realizing school is almost over!



#### Adulthood

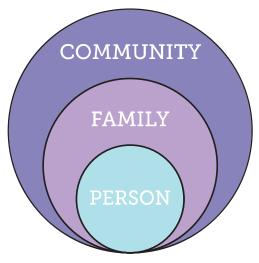
Living life as an adult



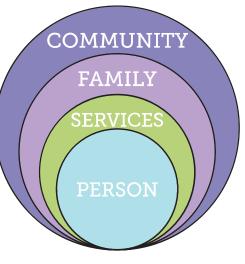
#### Aging

Getting older and preparing for end of life (parent/family/individual)

# Person within the Context of Family & Community



People with disabilities are members of their families and communities



With the best of intentions



All people receive integrated services and supports

# **Integrated Supports Across the Life Course**

# **TECHNOLOGY**

iPad/smartphone
"apps", remote
monitoring, cognitive
accessibility,
adaptive equipment

### PERSONAL STRENGTHS & ASSETS

Life experiences, personal knowledge, personality traits, belongings, social skills, education and training

### **RELATIONSHIPS**

Family, friends, neighbors, co-workers, community members, church members

INTEGRATED SUPPORTS

# **COMMUNITY BASED**

Schools, public transportation, businesses, churches, public safety, hospitals, parks & recreation

# **ELIGIBILITY SPECIFIC**

Developmental disability services, special education, Medicaid, food stamps, Section 8 housing, Vocational Rehabilitation

Access the LifeCourse tools and framework at lifecoursetools.com