

# USA East Coast Blue Team Roster





## **#1 Garrett Day**

6-1 Sr. Guard Amherst

2021- Garrett's season was cancelled due to Covid but returns for his senior season after leading the Mammoths in scoring the year prior (14.5). During his impressive junior campaign, Garrett received 1st team All-NESCAC honors while leading them to the NESCAC semifinals, shooting a blistering 45.5% from three which was 6th in the NESCAC.





### #3 Zavian McLean

6-4 So. Guard Columbia

2021- Zavian is a combo guard from North Carolina that can score at all 3 levels. Zavian attended Village Christian Academy where he guided his team to the state championship in back to back years while earning VCA Male Athlete of the Year honors in 2020. Before VCA, he attended Overhills High School where he became their all-time leading scorer (1,076 points) in only 2 years.





# **#4 Liam Murphy**

6-7 So. Forward Columbia

2021- Liam is a versatile big who can post up and shoot from the perimeter. Prior to attending Columbia, Liam went to St. Peter's Boys High School where helped the Eagles to The Staten Island Basketball Championships three years in a row. Liam was named the Jacques Award winner for top player on Staten Island and is the only player in Eagles history to score 1,000 points in two years.





# **#5 Cinque Stephens**

6-3 So. Guard NYU

2021- Stevens is an athletic, playmaking guard. He played in the NEPSAC and won the AA Championship in 2020 at Wilbraham & Monson Academy in Massachusetts. Cinque was also a two-time Academic All-State selection and a TAPPS (The Texas Association of Private and Parochial Schools) First Team All-State selection at Prestonwood Christian in Plano, TX.





#7 Tamenang Choh

6-5 Sr. Forward Brown
2021- Choh is an all-around forward that can score, rebound, and facilitate. He returns after earning 2nd Team All-Ivy selections in back-to-back seasons while also earning Academic All-Ivy honors in 2020-21. Choh led the team in rebounds (8.1) and assists (90) while ranking 3rd in the conference in rebounds per game and 5th in assists. Before Brown, he was an All-ISL selection at The Brooks School.





**#9 Ephraim Reed** 

5-9 Jr. Guard NYU
2021- Ephraim is a tough scrappy guard who is going to be a key
contributor to NYU next season. Ephraim's first season was cut short due
to injury, only allowing him to play 2 games (both started) before being
shut down for the entire year. He was recognized by Diverse magazine as
an Arthur Ashe Jr. Sports Scholar for 2020. Prior to NYU, Reed attended St.
Stepehn's and St. Agnes School





**#12 Collin Sawyer** 

6-3 Sr. Guard Brandeis
2021- Sawyer returns for a 5th year as the team's leading scorer (15.6) from 2019-20 when he shot an impressive 44.2% from three. He ranked top 6 in the UAA in scoring (4th), 3 point percentage (5th) and free throw percentage (6th). That year he landed on D3Hoops.com's

All-Northeast Region Third Team and All-University Athletic





#22 Jaylan Gainey

Association first team.

6-9 Jr. Forward Brown

2021- Gainey is the defensive anchor for Brown. In the 2019-20 season, Jaylan was named the Ivy League's Defensive Player of the Year. He led the Ivy League and ranked 39th nationally with 2.1 blocks per game, finishing with 54 blocks, sixth best in Brown basketball history. Gainey is graduate of The Academy at Smith where he was also a three-time conference Defensive Player of the Year.





#33 Nate Ogbu

6-7 So. Forward Dartmouth 2021- Ogbu appeared in 21 games during his freshman season, providing rim protection and perimeter shooting. He graduated from Tucker High School where he earned first-team All-Region 4 honors at the Class 6A level second-team status as a junior. Ogbu took his team to the state title game in his senior campaign by averaging 11.8 points, 9.1 rebounds and 2.6 blocks per game.









## **USA East Coast**

#### NUMERICAL ROSTER

| #  | NAME            | HGT. | CLASS  | POS.    | SCHOOL    |
|----|-----------------|------|--------|---------|-----------|
| 01 | Garrett Day     | 6-1  | Senior | Guard   | Amherst   |
| 03 | Zavian McLean   | 6-4  | Soph.  | Guard   | Columbia  |
| 04 | Liam Murphy     | 6-7  | Soph.  | Forward | Columbia  |
| 05 | Cinque Stephens | 6-3  | Soph.  | Guard   | NYU       |
| 07 | Tamenang Choh   | 6-5  | Senior | Forward | Brown     |
| 09 | Ephraim Reed    | 5-9  | Junior | Guard   | NYU       |
| 12 | Collin Sawyer   | 6-3  | Senior | Guard   | Brandeis  |
| 22 | Jaylan Gainey   | 6-9  | Junior | Forward | Brown     |
| 33 | Nate Ogbu       | 6-7  | Soph.  | Forward | Dartmouth |

Head Coach: Frank Martin (South Carolina)

Assistant Coaches: Fran McCaffery (Iowa), Jason Gilliam-Alexander (Florida Memorial)

Director of Player Development: Aaron Winshall (USA for FHB)

Director of Operations: Jacob Klee (UKMC)

Asst. Director of Operations: Luke MacDougall (St. John's)

Court Coaches: Jamie Procino (Western CT. State), Nolan Meehan (Western CT. State)

Photographer: Katherine Rosario (@Kathysnapped)

#### ALPHABETICAL ROSTER

| #  | NAME            | HGT. | CLASS  | POS.    | SCHOOL    |
|----|-----------------|------|--------|---------|-----------|
| 10 | Tamenang Choh   | 6-5  | Senior | Forward | Brown     |
| 02 | Garrett Day     | 6-1  | Senior | Guard   | Amherst   |
| 14 | Jaylan Gainey   | 6-9  | Junior | Forward | Brown     |
| 05 | Zavian McLean   | 6-4  | Soph.  | Guard   | Columbia  |
| 12 | Liam Murphy     | 6-7  | Soph.  | Forward | Columbia  |
| 11 | Nate Ogbu       | 6-7  | Soph.  | Forward | Dartmouth |
| 01 | Ephraim Reed    | 5-9  | Junior | Guard   | NYU       |
| 03 | Collin Sawyer   | 6-3  | Senior | Guard   | Brandeis  |
| 05 | Cinque Stephens | 6-3  | Soph.  | Guard   | NYU       |

Head Coach: Frank Martin (South Carolina)

Assistant Coaches: Fran McCaffery (Iowa), Jason Gilliam-Alexander (Florida Memorial)

Director of Player Development: Aaron Winshall (USA for FHB)

Director of Operations: Jacob Klee (UKMC)

Asst. Director of Operations: Luke MacDougall (St. John's)

Court Coaches: Jamie Procino (Western CT. State), Nolan Meehan (Western CT. State)

Photographer: Katherine Rosario (@Kathysnapped)

#### For the latest news and results follow us at:

Website: USAEastCoast.com

Twitter: @East\_Coast\_BBC Instagram: GuyRancourtBasketball