



B4H WEAR RED to WORK and HIV learning activities in the lead up to World AIDS Day 2019

Ask the boss for support to deliver these HIV activities at all your worksites, services centres, shops and local schools



1. Before Monday December 2, put up a **RED RIBBON** at your
 - Home
 - Work
 - School
 - Church
2. Plan to **#WearRED** to work, sport, school, church, buai market and the shops on Friday November 29th.
3. Follow Businesses for Health on Facebook throughout the 20 days of World AIDS Activism – post, comment and share the activities from your workplace. Post your **RED** selfie or work group photo to our Facebook page **[@B4HTB](#)**



4. On B4H Instagram posts use **#WearRED** #B4HPNG #coveryourcough #WorldAIDSday #knowyourstatus #communitiesmakethedifference #EndTB
5. Compete in the **B4H HIV & TB acronym & word match challenge**. Download, print and share from **HERE** www.businesses4health.com
6. Set up your workplace B4H **HIV & TB crossword** competition. Download, print and set up a work group challenge **HERE**
7. Download, print and **PLAY DICEY SEX** the board game at toolbox or in your tearoom until World AIDS Day
8. **TALK about HIV** and healthy sexual relationships before Sunday December 1. Talk to your lovers, boyfriends, girlfriends, partners, besties, future partners, ex-partners and hauslain about HIV testing and the importance of “knowing your HIV status”
9. Promote discussion about and use of condoms with:
Guess the number of condoms of the

Figure 1 Guess the number of condoms in the Jar





container. Winner announced in Monday 2 December.

10. **VISIT** and buy your own condoms from [CPL](#), Chemcare and any other proper pharmacy before World AIDS day. Talk to a young person about safer sex, use of condoms, the right to say no to sex, and the need to end all forms of violence. Call the National AIDS Council for access to generic condoms.
11. **LEARN** and sing the hand-clap game song “Know your Status” download the song notes [HERE](#). Check the B4H YOUTUBE version [HERE](#)
12. Run **the HIV** Song Contest. Listen, learn and sing the songs to understand more about HIV STIGMA. Download our playlist and songs about HIV, stigma, friendship and Learn and sing the World AIDS Day playlist for your office shop, choir, class or workgroup
13. **RESEARCH** and list your local TB/HIV/ STI's and family planning service providers. [CHECK HERE](#). **ACKNOWLEDGE** their work recognise their work in the community, at work and publicly in your social media

14. Set up your myth busting Post-It note sign board. Ensure everyone know “you cannot get HIV by...”



Figure 2 Set up a myth busting Post It note board - leave it up until World AIDS Day 2019



15. INVITE a person living with HIV to talk to your colleagues about their life and experiences of living and working with HIV. **Contact:** IGAT HOPE and Anglicare
16. Book to attend the Businesses for Health RED Breakfast RPYC 06:59 Friday November 29th. WEAR **RED**
17. Set up an **HIV pledge** wall. Have employees sign the HIV pledge ... Plan to announce and discuss your workplace HIV pledge. Download Pledge activity at www.businesses4health.com
18. Join B4H in **RED** on the NCD Governor Powes Parkop's **Walk**. The Governor has dedicated Sunday December 1 to World AIDS Organise your HIV banners and wear **RED** walk with us.
19. Support the **National AIDS Council World AIDS Day Event** Sir John Guise Stadium Monday December 2.
20. Renew your subscription with Businesses for Health and secure a place at our first training event in February. Call 7676 2482 or email enquiries@businesses4health.com for a subscription renewal.

Book Now for B4H Wear **RED** Breakfast Friday November 29 RPYC 06:59 hours

Call 7676 2482 to book businesses4health@gmail.com or call for any answers to questions you have Workplace World AIDS



about activism for Day 2019