

## Businesses for Health Papua New Guinea World AIDS Day 2022

“Equalize”



### World AIDS Day Workplace Learning Activities and Know your (HIV) Status this World AIDS Day

#### HIV Facts

You cannot access treatment for HIV infection if you do not know your status.

The only way to know your HIV status is to get an HIV test.

In recent years one million people have died each year from HIV because they didn't know they were HIV positive and were NOT on treatment.

Ensure everyone in your workplace knows and understands their rights to live, travel, study or work irrespective of HIV status. People living with HIV have the same benefit as a normal person including fair treatment at work and they are covered by the HAMP Act. Key words to discuss from the song.

- HIV Testing: HCT, PICT, VCT
- The Law and rights to work and live with HIV: HAMP Act of PNG
- Social pressures, stigma and discrimination

#### Activity

1. Via email, social media or intranet share the “[Know your status](#)” song YouTube Link: <https://youtu.be/m2WhcPMGOo8>
2. Sing, perform and post your B4H WAD Toolbox activity

#### Materials

Print the words and actions below and singalong with the B4H [YouTube version CLICK HERE](#)

Print the UNAIDS [https://www.unaids.org/sites/default/files/benefits-of-knowing-your-hiv-status\\_en.pdf](https://www.unaids.org/sites/default/files/benefits-of-knowing-your-hiv-status_en.pdf)

**OTHER World AIDS Day activities** to promote the conversation about TB and HIV in your workplace this World AIDS Day Tuesday December 1.

- Wear RED, Make and Wear a RED Mask. Hang RED ribbons.
- Arrange a safety briefing or RED morning tea and discuss:
- The relationship of Human Immunodeficiency virus (HIV) infection with Tuberculosis (TB).
- HIV prevention – safer sex and condom use.
- Preventing TB/ HIV co-infection.
- The work and human rights of people living and working with HIV.
- Your HIV and TB workplace policy and supporting people to get tested and remain on treatment for either HIV or until cured of TB.
- Update your HIV workplace policy to address TB and other risk factors associated with the transmission of TB or HIV infection.

**B4H TOOLBOX ACTIVITY:** in 2020 can you do it COVID-19 style without touching hands? Print the words and actions above and learn from [B4H YOUTUBE](#)

*Swinging joined hands in and out over each other's hands. Swing in, out*

**People living with HIV**

**Look just like you, and just like me**

*Clapping right right right right , clapping left left left left*

**Know your status! Know your status!**

*Tap head shoulders thighs, Tap head shoulders thighs,*

**Up in the highlands, down by the sea**

**The only way to know is HCT!**

*Clap, tap right, clap, left tap ...*

**He said, she said, and tok baksait**

*Clap tap right, clap left tap ...*

**It's your business and you can't be sacked.**

**Because we've got the**

*high five, high five, high five*

**HAMP HAMP Act**

Key words to discuss:

- Testing: HCT, PICT, VCT
- The Law and rights to work and live with HIV: HAMP Act of PNG
- Social pressures, stigma and discrimination. Watch our other World AIDS [Videos](#)
- Post your workplace World AIDS Day activities [@B4HTB](#)