



## Businesses for Health Papua New Guinea World AIDS Day 2023

### Know your (HIV) Status this World AIDS Day

#### Know your HIV Status: Facts

You cannot access treatment for HIV infection if you do not know your status.

The only way to know your HIV status is to get an HIV test.

In recent years more than one million people have died each year from HIV related illnesses because they didn't know they were HIV positive and were NOT on treatment (ART).

HIV Testing is FREE. Treatment known as ART is FREE from NDoH clinics. Please do not pay individuals or a private provider for HIV testing or treatment.

Ensure everyone in your workplace knows and understands their rights to live, travel, study or work irrespective of HIV status. People living with HIV have the same benefit as a normal person including fair treatment at work and they are covered by the HAMP Act. Key words to discuss from the song.

- HIV Testing: HCT, PICT, VCT
- The Law and rights to work and live with HIV: HAMP Act of PNG
- Social pressures, stigma and discrimination

#### Activity

- Via email, social media or intranet share the "Know your status" song [YouTube Link](#):
- Sing, perform and post your Toolbox choir! @B4HTB

#### Materials

Print the words and actions below and singalong with the B4H [YouTube version CLICK HERE](#)

Print the UNAIDS [https://www.unaids.org/sites/default/files/benefits-of-knowing-your-hiv-status\\_en.pdf](https://www.unaids.org/sites/default/files/benefits-of-knowing-your-hiv-status_en.pdf)

**OTHER World AIDS Day activities** to promote the conversation about TB and HIV in your workplace this World AIDS Day Tuesday December 1.

- Wear RED, Hang RED ribbons.
- Arrange a toolbox session and RED morning tea and discuss:
- The relationship of Human Immunodeficiency virus (HIV) infection with Tuberculosis (TB).
- HIV prevention – safer sex and condom use.
- Preventing TB/HIV co-infection.
- The work and human rights of people living and working with HIV.
- Your HIV and TB workplace policy and supporting people to get tested and remain on treatment for either HIV or until cured of TB.

Print the words and actions

*Clapping right right right right , clapping left left left left*

## **People living with HIV**

**Look just like you, and just like me**

*Clapping right right right right , clapping left left left left*

**Know your status! Know your status!**

*Tap head shoulders thighs, Tap head shoulders thighs,*

**Up in the highlands, down by the sea**

**The only way to know is HCT!**

*Clap, tap right, clap, left tap ...*

**He said, she said, and tok baksait**

*Clap tap right, clap left tap ...*

**It's your business and you can't be sacked.**

**Because we've got the**

*high five, high five, high five*

**HAMP HAMP Act**

Key words to discuss:

- Testing: HCT, PICT, VCT
- The Law and rights to work and live with HIV: HAMP Act of PNG
- Social pressures, stigma and discrimination. Watch the HIV 23 toolbox video intros here and get the toolbox notes other World AIDS HIV 23
- [Videos](#)
- Post your workplace World AIDS Day activities [@B4HTB](#)

[www.businesses4health.com](http://www.businesses4health.com)