

Sayers Senior Center

May 2023

Mon	Tue	Wed	Thu	Fri
1 Country Fried Steak/Gravy Mashed Potatoes Green Beans Roll Milk Dessert	2 BBQ Rib with Bun Country Blend Veg Baked Potato Milk Dessert	3 Baked Chicken Steak Fries Meadow Blend Roll Milk Dessert	4 Chicken Parmesan with Pasta and Sauce Mediterranean Blend Sliced Peaches Garlic Bread Milk Dessert	5 Taco Salad with Tortilla Chips Refried Beans Pears Milk Dessert
8 Fish Sandwich Cheesy Corn Cucumber & Tomato Salad Milk Dessert	9 Pulled Pork Sandwich Country Blend Vegetables Applesauce Milk Dessert	10 Sweet and Sour Chicken Rice Oriental Blend Fruit Cocktail Milk Dessert	11 Meatloaf Gravy Green Beans Roll Milk Dessert	12 Mother's Day Dinner Lasagna Strawberry & Spinach Salad Italian Blend Milk Dessert
15 Salisbury Steak Gravy Mashed Potatoes Mixed Vegetables Roll Milk Dessert	16 Sloppy Joes Potato Cheddar Kegs Mandarin Oranges Milk Dessert	17 Brunch Biscuit & Gravy Eggs & Sausage Potatoes Milk Dessert	18 Beer Battered Pollock Coleslaw Pinto Beans Cornbread Milk Dessert	19 Chicken Fettuccini Alfredo Salad Carrots Milk Dessert
22 Grilled Burgers With Fixins Coleslaw Baked Beans Milk Dessert	23 Ham Au Gratin Potatoes Winter Mix Roll Milk Dessert	24 Beef Stew Cabbage Biscuit Milk Dessert	25 Beans with Ham Fried Potatoes & Onions Spinach Cornbread Milk Dessert	26 Birthday & Anniversary Dinner Fried Chicken Mashed Potatoes Gravy Green Beans Roll Milk Dessert
29 Center Closed	30 Fish Stewed Tomatoes Coleslaw Mac & Cheese Milk Dessert	31 Chicken & Noodles Capri Blend Sliced Peaches Roll Milk Dessert		