

Rolla Nutrition Site 1440 Forum Drive, Box 89, Rolla, MO 65401

Serving meals 11:00-12:30 Monday thru Friday

\$5.00 suggested contribution for a meal-guest under 60 must pay \$7.00

May 2023				
Mon	Tue	Wed	Thu	Fri
1 Country Fried Steak/Gravy Mashed Potatoes Green Beans Roll Milk Dessert	2 BBQ Rib with Bun Country Blend Veg Baked Potato Milk Dessert	3 Baked Chicken Leg Steak Fries Meadow Blend Roll Milk Dessert	4 Chicken Parmesan with Pasta and Sauce Mediterranean Blend Sliced Peaches Garlic Bread Milk Dessert	5 Cinco de Mayo Taco Salad with Tortilla Chips Refried Beans Pears Milk Dessert
8 Meatloaf Gravy Mashed Potatoes Green Beans Roll Milk Dessert	9 Pulled Pork Sandwich Country Blend Vegetables Applesauce Milk Dessert	10 Sweet and Sour Chicken Rice Oriental Blend Fruit Cocktail Milk Dessert	11 Baked Spaghetti Salad Roasted Broccoli Garlic Bread Milk Dessert	12 Mother's Day Smothered Chicken Roasted Rosemary Potatoes Fruit Salad Roll/ Margarine Milk Strawberry Cheesecake
15 Salisbury Steak Gravy Mashed Potatoes Mixed Vegetables Roll/ Margarine Milk Dessert	16 Sloppy Joes Potato Cheddar Kegs Mandarin Oranges Milk Dessert	17 Chicken Fettuccini Alfredo Salad Italian Blend Garlic Bread Milk Dessert	18 Beer Battered Pollock Coleslaw Pinto Beans Cornbread Milk Dessert	19 Sub Sandwich Potato Salad Pork & Beans Milk Dessert
22 Beef Stew Cabbage Biscuit Milk Dessert	23 Ham Au Gratin Potatoes Winter Mix Roll Milk Dessert	24 Oven Baked Chicken Gravy Mashed Potatoes Green Beans Biscuit Milk Dessert	25 Beans with Ham Fried Potatoes & Onions Spinach Cornbread Milk Dessert	26 Memorial Day Grilled Burgers With Fixins Coleslaw Baked Beans Milk Dessert
29 <b>CLOSED</b>	30 Brunch Sausage Scrambled Eggs Hash Brown Potatoes Biscuit/Gravy Juice Milk Dessert	31 Chicken & Noodles Capri Blend Sliced Peaches Roll Milk Dessert		