

Salem Senior Center

May 2023

Mon	Tue	Wed	Thu	Fri
1 Country Fried Steak/Gravy Mashed Potatoes Green Beans Roll Milk Dessert	2 BBQ Rib with Bun Country Blend Veg Baked Potato Milk Dessert	3 Baked Chicken Leg Steak Fries Meadow Blend Roll Milk Dessert	4 Stir Fry Chicken Fried Rice Oriental Vegetables Egg Roll Pineapple Bread Milk	5 Cinco De Mayo Beef Burrito in Flour Tortilla Refried Beans Pears Milk Dessert
8 Meatloaf Gravy Mashed Potatoes Green Beans Roll Milk Dessert	9 Pulled Pork Sandwich Country Blend Vegetables Applesauce Milk Dessert	10 Breakfast for Lunch Omelet Hash browns w/onions & Peppers Sausage Biscuits Gravy Fruit Cocktail Milk Cinnamon Roll	11 Spaghetti Salad Roasted Broccoli Garlic Bread Milk Dessert	12 Mother's Day Lunch Smothered Chicken Roasted Rosemary Potatoes Fruit Salad Roll Milk Dessert
15 Liver or Salisbury Steak Gravy Mashed Potatoes Mixed Vegetables Roll Milk Dessert	16 Sloppy Joes on a Bun Loaded Tator tots Mandarin Oranges Milk Dessert	17 BBQ Chicken Lettuce Salad Corn Garlic Bread Milk Dessert	18 Beer Battered Pollock Coleslaw Pinto Beans Cornbread Milk Dessert	19 Burgers & Hot Dogs Potato Salad Pork & Beans Milk Dessert
22 Meatloaf Gravy Mashed Potatoes Green Beans Roll Milk Dessert	23 Creamy Baked Pork Chop Au Gratin Potatoes Broccoli Salad Roll Milk Dessert	24 Open Faced Turkey Gravy Mashed Potatoes Green Beans Stuffing Milk Dessert	25 Beans with Ham Fried Potatoes & Onions Spinach Cornbread Milk Dessert	26 Grilled Burgers With Fixins Coleslaw Baked Beans Milk Dessert
29 CLOSED in observance of Memorial Day	30 Pot Roast Potatoes Carrots Roll Milk Dessert	31 Chicken & Noodles Capri Blend Sliced Peaches Roll Milk Dessert	Ages 60 and over meal is a suggested \$5 contribution Under age 60 meal cost is \$7 per person	Serving Lunch Mon-Fri 11:00am to 12:30pm.