

# The Bodybuilding Potter

A Division of Under The Horizon, LLC



## COACH CATHLEEN

FAITH MEETS HEALTH

### THE HEALTHIER WE ARE, THE BETTER WE CAN SERVE GOD AND SERVE ONE ANOTHER.

- Whether sculpting with clay or food with fitness, Cathleen shares her faith and offers a dynamic perspective on faith and healthy living. Using her own journey of health and healing, she offers a beautiful perspective on how following God's teachings can enhance your lifestyle while improving your health.
- External transformation starts from the inside! This is Cathleen's specialty. If you want to step into the best version of you, God must be first. As a God-centered Healthy Lifestyle Coach she will teach, guide and encourage you. Together we build your God-centered foundation to become the healthiest version of you.

### OFFERING:

- Foundational God-centered Healthy Lifestyle Coaching. (Online)
- Events/Retreats
- Testimonial/Motivational Speaker Bookings

### CLIENT REVIEWS

- "Cathleen is the absolute best! Her heart for others radiates and you can't help but feel joy being connected to her. She not only helped me learn but spoke life into me and my journey." - J. Elaine
- "Cathleen is an amazing person that is genuinely concerned for you and your progress." - S. Zeigler
- "This group is helping me grow with a firm foundation of Self-Control and Self-Discipline. I'm in the word more and learning things in a different light. Each week brings a new lesson. Cathleen is proof that all things are possible through Christ with some Gratitude, Faith, Focus." - W. Stare
- "Cathleen is an AMAZING faith-based mentor. This program has grounded me." - K. Adair

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the better we can  
serve God and serve  
one another.

Stop waiting for the right time... Lets See if We are a Good Fit...

Request a Free Coaching Phone Consultation  
[Cathleen@TheBodybuildingPotter.com](mailto:Cathleen@TheBodybuildingPotter.com)