Thursday
10am-2pm

CRAFT GROUP

Another day of arts and craft to fill up your day! Get creative, and socialise with people of all ages.

OUTING - ONCE A MONTH

Once a month, as a group you get to decide on an outing you'd all like to do, and as a group we make a day of it.

Friday
4pm-6pm

LEGO BUILDING

Join us every friday afternoon, for a quiet space to build Lego independently, or with a group. Allow your creativity to build.

WE WOULD LOVE FOR YOU TO JOIN US!

if you would like some more information, or would like to join group days, contact:

admin@mysupportlink.net.au

0434596721

My Support Link

YOUR CHOICE, YOUR SUPPORT , OUR CARE!

My Support Link
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MY SUPPORT LINK

All participants are welcome to participate

We'd love to see you there!

78 Pomona Road, Riverdside

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Monday
10am–2pm

Join us on a Monday, we invite all participants to come and join us for Craft. We offer a variety of activities that cater to everyone, ensuring inclusivity for all abilities.

CRAFT GROUP

- ✓ Have a chance to meet new Friends
- ✓ Get creative
- ✓ All materials are supplied by My Support Link
- ✓ Different activities each week
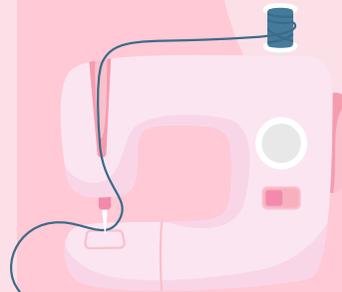- ✓ Be involved in a inclusive community

Tuesday

GAMES DAY
10am–2pm

A calm and safe environment, where you can enjoy playing board games, puzzles, card games and more with friends and/or supports!

SEWING GROUP
2pm–5pm

A group for all ages, to either learn or enhance your skills with sewing, creating useful and useable things.

Wednesday
5pm–7pm

BINGO

Engage in fun games of Bingo with friends, and have the chance to win some awesome prizes!

KARAOKE

Sing your heart out with a night of karaoke, and sign your favourite songs. Everyone gets a turn on the mic - or you can just watch!

MOVIE

Come and chill out with a movie night, watch some classics and some new, and get the My Support Link cinema experience!

Wednesday activities rotate week-to-week, we send out a monthly calendar with what's on!