



### **DAY TRIPS**

Learn to build a campfire and cook your lunch on it, maybe some fishing or creating some bush art, finish off with your own damper and billy tea.

### **OVERNIGHT TRIPS**

Learn to hitch a tent and cook your breakfast, lunch and tea on a campfire, finish of with your own Syrup Dumplings, before settling in under the stars in the comfort of a warm sleeping bag!











# **WE SPECIALISE IN CAMPING TRIPS!**

### A focus on the outdoors for all abilities!



A diverse range of programs is on offer from gentle introductory of activities and recreational experiences to challenging adventures.

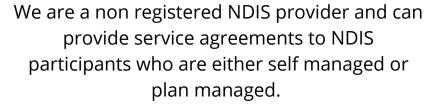


Our programs focus on an individual's ability and a strong emphasis is placed on choice, providing participants with the opportunity to challenge themselves on a level with which they feel comfortable.



## **Adventure for All!**

Our purpose is to share the great outdoors with all people, including those with disabilities.



Participants are supported to build positive social connections and access nature-based activities for better mental health.



Launceston, Tasmania







www.mysupportlink.net.au

Contact Us