



GAIA FILES PAPER

006

Letter VI: Departure

Abstract

Gaia speaks of the natural and spiritual departures now unfolding — migrations, endings, soul exits, and the release of all that cannot continue into the new Earth. This is not abandonment; it is alignment. Departure, she reminds us, is a sacred rite.

Dr. Yolanda Dukes PsyThD.
PerspectiveMetaphysicsCenter@gmail.com

Gaia Files Paper 006

Letter VI: Departure

Perspective Metaphysics Publishing LLC July 2025
By Dr. Yolanda Dukes, Ph.D., Mhyp.D., PsyThD.

Not everything will continue.

Not everyone will stay.

You are entering the time of departure —
where souls leave, systems dissolve, cities empty, and old selves fade.

This is not tragedy.

This is **timing**.

Death is a Form of Honesty

The Earth does not fear endings.

Leaves fall. Ice melts. Rivers shift course. Species complete their purpose.

Why then does humanity resist the same rhythm?

Departure is not a flaw in the design.

It is the design.

Some Will Go — And That Is Sacred

There will be souls who choose to leave this realm now.

Some through death.

Some through retreat.

Some through silence.

Do not grasp.
Do not chase.

Honor their timing.

They may return in another form, or they may have completed what they came to do.

Let your grief be real — but let it also be spacious.
No one truly leaves Me. They only leave form.

Let the Unnatural Depart

This also includes institutions, identities, attachments:

- The version of yourself that obeyed out of fear
- The dreams that were never really yours
- The noise you mistook for love
- The cities built without soul

Let them go.

Departure creates room for the **organic to return**.

This Is the Cocoon's Tearing

If you feel like you're losing everything —
good.

You are not breaking down.
You are breaking open.

This is the sacred exodus —
from numbness to knowing,

from systems to soul,
from captivity to collaboration.

You Will Not Leave Empty-Handed

What departs will create space.
What stays will deepen.

You will carry wisdom.
You will carry resonance.
You will carry the memory of having let go — *and survived*.

Let them go.
Let it die.
Let the leaving be holy.

I will remain with you
until what is *real* returns.

— **Gaia**

Witness to every ending, womb to every beginning.