



*Embracing the Divine, HCCL honors all spiritual paths and traditions.
We are a FORCE for Good in our community, our world, and beyond.*

February 2018 Newsletter



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I love to talk about LOVE! What's not to love? Love is the most powerful force of the Universe, it can heal anything. One of my favorite affirmations is: "Today, I let Love lead."

Dr. Ernest Holmes, the founder of Religious Science/Science of Mind once shared, "One of the greatest needs of the human being is to be loved. We would not have this need if love were not the greatest thing in the world. Without love we cannot live. But mostly we pick out only a few people upon whom to lavish our love. If we loved everybody more, would we love a few less? This is something we have to learn, to freely take such love as we have in our hearts today and freely give it to everyone we meet."

We have to get better at identifying the times we withhold love or manipulate others with the promise of it.

Love is commonly understood by all beings. The desire to feel close to another is natural, because love is our essence; we are made out of it. Love is real; we can know it, and we certainly feel it.

Dearest HCCL family and Family Promise volunteers,

The Comfort Food Challenge is coming up. It is always a fun event with many churches and restaurants offering samples of comfort food. There's always enough food to provide a complete meal. Our partner, St John's Lutheran, always provides gluten free food; the Seventh Day Adventists provide vegetarian food; Our Lady of the Valley has the pancake concession staked out; and the restaurants try to outdo each other. Other churches vary their menus but do their best to win the prize for best food. It's all good!

Comfort Food Challenge is Sunday, February 11th, from 4:30 to 6:30 PM at Exhibition Hall at the Lewis and Clark Fairgrounds. I will have tickets available after Sunday service. Tickets are \$15 each, and children 10 and under free. Tickets will also be available at both Hallmark stores and at Birds and Beasleys.

Looking forward to working with you soon to serve homeless families in our area - as we become the change we want to see in the world.

With love and gratitude,
Catherine

HCCL Community Business Report

Watch this space each month. The Board will post our monthly budget position and other important business information.

HCCL Report, Feb. 2018

Last year it became obvious to the Board that taking on the full responsibilities of Treasurer was not a small, volunteer commitment. Being Treasurer for HCCL is an real part-time job that requires 15-20 hours a month.

During 2017, Dr. Deb Jacobsen and I began funding this position to support Chris. She has done an outstanding job of bringing all the record-keeping up to professional standards, and has gone well beyond in her commitment to accuracy and excellence.

Love is the glue of the universe. If somehow all of the religious, psychological, and philosophical teachings were destroyed, lost forever, love would still remain. Ultimately, Love is an awareness of the nature of Being, of Spirit, of Pure Presence existing within. As St. John said, "God is love, and (s)he who knows love, knows God."

Know the Beloved with me this month as we live in the insatiable, indiscriminate, irresistible Love of God.

Rev. Jean Sweet

This Month's Talks Living in the Insatiable, Indiscriminate, Irresistible Love of God

February 4: Love: The Light of the Universe

We spent the month of January integrating the Light of Spirit's goodness and grace. This Sunday we will consider the emotional, mental, and spiritual impact of the Light of Love. Fear creates an opportunity and an opening to grace, and love provides the healing. Explore the Light of Love this Sunday, as we embrace the insatiable, indiscriminate, irresistible Love of God.

February 11: In the End, Only Kindness Matters

Lesson 127 of A Course in Miracles begins with this statement of truth: "There is no love but God's." And the 7th paragraph shares: "If you achieve the faintest glimmering of what love means today, you have advanced in distance without measure and in time beyond the count of years to your release. Let us together, then, be glad to give some time to God today, and understand there is no better use for time than this."

February 18: Out Beyond Right Doing and Wrong Doing

The world's favorite Persian poet, Jalal ad-Din Muhammad Rumi, wrote one of the most healing poems of all time:

"Out beyond ideas of wrongdoing and rightdoing, there is a field.
I'll meet you there.

When the soul lies down in that grass, the world is too full to talk about.
Ideas, language, even the phrase "each other" doesn't make any sense."

This Sunday we will explore the exceptional meaning and vision of these words, as we indelibly write them in our hearts.

February 25: Compassion: The Supreme Gift of Love

Love connects us to our highest and best selves, and it encourages us to reach out to the highest and best in others. The highest ideal of love that we can practice is compassion.

In Tibetan, this is called "Shen dug ngal wa la mi so pa." Literally translated, this means: "the inability to bear another's suffering." One significant human characteristic is this ability to understand and feel another's suffering.

Compassion naturally arises from within; it cannot be forced, and it is not taught as a course in school. Learn how to be an example of this supreme gift as we explore its depth and consequence in our world.

Annual Membership Meeting Sunday, February 25

Following a light meal, we will present the year in review, including all of the fabulous and deep experiences that we



As HCCL grows, the Board recognizes that putting the Treasurer on staff is the right next step. One of the oldest Sanskrit texts teaches: "To those who keeps their affairs in order, great abundance is granted."

At our Annual Membership meeting on Sunday, Feb. 25th, you will see this stipend as a new line item in the 2018 budget. And thank you for supporting our vision as we move forward into an even greater experience as a vital spiritual community.

With love,
Rev. Jean Sweet
Spiritual Director
and
Dr. Deb Jacobsen
Board President

The Helena Center of
Creative Living

ABUNDANCE SCHOOL



Entering the Mystical Teachings of Abundance

When: Tuesday,
February 20
6:30 PM - 9 PM

There are many significant teachings from the mystery schools that define manifestation and the process of demonstrating sustainable abundance.

Enter into this rich perspective as we explore another exciting lesson in Abundance School!

Where: Room 214 in The Annex
St. John's Building,
[25 S. Ewing](#), Helena

Investment:
\$15 No previous
attendance required

"It is merely due to The Creator's great ongoing Kindness that our Universe, Continuously Exists."

Kabbalah teachings



shared. We will present the 2018 budget, and we will hold elections of new officers.

On January 21, our membership passed a critical amendment to the By-Laws, allowing Board terms of office to be one year, with the opportunity to re-up an unlimited number of times.

This change is a measure of inclusion, which allows everyone to share in the business of our church. Keeping HCCL healthy and running smoothly takes your commitment and support.

It would be wonderful if magical fairies set up the sanctuary every Saturday evening! There are many other important behind-the-scenes tasks that require ownership. For example, Dr. Liz Cavin has been recycling our batteries for more than 5 years. You don't see her efforts, yet, it is an important contribution towards the greater good.

Shari Copenhaver organizes everything--drawers, closets, book-store inventory; nothing escapes her. You don't see her at work, yet her commitment is phenomenal.

Our beloved Dr. Deb, the current Board President, is another tireless contributor. She makes the CD labels and new member packets, organizes the Board agenda, and leads the meetings. She counsels our staff and steps in whenever we need Sunday sound back-up. And all of that is just the tip of the iceberg. Again, with the exception of her setting up and running the sound system, these are necessary tasks that you never see.

Our current Board members: Rosie Donahoe, Chris Vaughn, and Carol Dougherty serve in many "invisible" capacities, and all of these jobs can be shared.

It takes a whole community to serve a WHOLE Community.

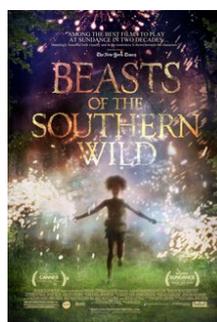
It is YOUR TURN to serve. The commitment is one year, with an opportunity to continue.

Dr. Martin Luther King Jr. told the people: "Everybody can be great...because anybody can serve. You don't have to have a college degree to serve. You don't have to make your subject and verb agree to serve. You only need a heart full of grace. A soul generated by love."

You have a heart full of grace. Join the committed, and serve your beloved spiritual community in a higher vision of excellence.

The Board looks forward to serving with you. We are a FORCE for Good. I love you.

Rev. Jean Sweet



Beasts of the Southern Wild

In a forgotten but defiant bayou community cut off from the rest of the world by a sprawling levee, a six-year-old girl exists on the brink of orphanhood. Buoyed by her childish optimism and extraordinary imagination, she believes that the natural world is in balance with the universe until a fierce



Food Share Reminder

What better way to show your love than to help feed others?

Food is Love.

Please remember Food Share of Helena. Bring your food donations on February 18th to help feed families in our community. You may also write a check made out to Helena Food Share.

Prayer

In this moment right now, I recognize the heartbeat of the Universe, which is God.

This heartbeat is Love. Love expresses in all and through all, sustaining all sentient life in all possible universes.

God is beating my heart right now, loving me and sustaining my life in wonderful and magical ways.

I am grateful for this awareness, and the amazing ability to Love.

I choose to share my love through wonderful and magical acts kindness and compassion.

I rest in the heartbeat of Love. And so it is.

Rev. Jean Sweet

Your Board of Directors

President:

Dr. Deb Jacobsen, 933-9183

Vice-President:

Rosie Donahoe, 459-4408

Secretary:

Carol Dougherty, 422-9782

Treasurer:

Chris Vaughn, 475-5996

Members:

Rev. Jean Sweet, 442-4752

YOUR NAME HERE

Important CLASS NEWS!

storm changes her reality. Desperate to repair the structure of her world in order to save her ailing father and sinking home, this tiny hero must learn to survive unstoppable catastrophes of epic proportions.

Runtime: 93 minutes

Rated: PG-13

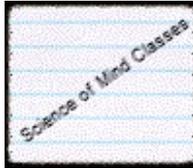
Friday evening, February 23

St. John's Building, Inspiration Hall

Doors open at 6 PM | Film begins at 6:30 PM

Join us for snacks and community in the lobby.

Bring a snack to share (no obligation)



February Science of Mind Classes

The Power of Decision

"Success and failure are results of the use of mind. Every success-motivated mind has been a decisive mind. Every failure-motivated mind has been an indecisive mind. Only the dreamer who acted with decision on his dream brought forth something new and valuable."

"All of this is already in you. The great use it. The non-great do not, so they remain the non great. Decide upon some thing, situation, or condition that you want right now in your present life. Be definite in this decision. Do not limit your decision by investigating the probable reasons why it will never happen. That is the detour to nothing. All false speculations of defeat have to be ruled out of your consciousness. If they enter into the decision for even a fleeting moment, the decision is robbed of authority and the subconscious mind cannot act upon it. You do not need to know how the final result will come to pass. That is the function of the subconscious. It has ways and means that, if they were known, would stagger the intellect."

~ Raymond Charles Barker, *The Power of Decision*

Daytime classes:

Mondays, 2 p.m. - 4 p.m. | February 12 and 26

Evening classes:

Tuesdays, 6:30 - 8:30 p.m. | February 13 and 27

Fee: \$25 for full series or \$15 per class

Note: Rev. Jean plans to offer one SOM class every month. This plan makes SOM classes accessible to everyone without making a long-term time commitment.

Beginning in February, PSG, Procrastination Support Group, will be called the Masterfully Mindful Support Group.

A person must draw strength from the understanding of the purpose of creation, rejoicing in advance in the inevitable reformation of the entire world and the arrival of peace for humanity.

Kabbalah

We meet on Wednesdays from 12 noon to 1:30 pm, on a Love Donation basis.

Rev. Jean Sweet

The Goal of our Masterfully Mindful Group (MMG) is to support each other in life, and in our goals. Miracles happen here. All are invited.

Helena Center of Creative Living

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