



Helena Church of  
Conscious Living

*Embracing the Divine, HCCL honors all spiritual paths and traditions.*

## December 2018 Newsletter



## Living in the Divine Light of Goodness and Grace

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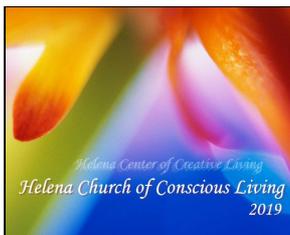
[12 Days of Christmas](#)

Get yours now! (primary  
annual fundraiser)

**2019 Calendars  
are still available!**

Our beautiful HCCL calendars are still available for you to purchase for yourself, your family, and friends. They make great Christmas presents!

The calendars are only \$10, so stock up now before we run out!



**We  
are still  
collecting the following  
items  
for our fabulous, funky  
Jean Francis Home  
Christmas tree!**

Join this year's **Joyful Christmas Choir** led by Adelle and Jeremy Terry.

First rehearsal is Tuesday, December 4, from 7-8:30 p.m. Remaining rehearsals to be determined by the choir.

Be a part of something magical

*No experience necessary!*

December is a month of counting blessings. We are coming to the close of a year, and anticipating the year to come. Even if the holidays are not something you look forward to, you have blessings to count.

Your life is so good. It is a treasure box overflowing with precious jewels. Love, freedom, happiness, warm socks, companionship; take a moment and relish all of the goodness in your life.

Throughout the month, as you enjoy the lights of the season, the parties, the food, and the simple presents, give thanks for the Divine Presence that is the Source of it all.

Our topic this month, *Living in the Divine Light of Goodness and Grace*, reminds us to count our blessings and to share our love.

And I love you! Happy, merry, holy Christmas,

*Rev. Jean Sweet*

**Tree construction requires:**

- \* Large packages of paper towels & toilet paper
- \* Boxed soup (which helps support the structure)

**Decorations:**

- \* Socks (the women *never* get new socks!)
- \* Sponges
- \* Women's hats and gloves
- \* Warm scarves
- \* Journals
- \* Personal care items

On the 10th Day of Christmas, Saturday, December 15, we will create a Christmas Tree out of all donated items. Please join us! It will be another Christmas Miracle!



## ABUNDANCE SCHOOL

Plan to join Rev. Jean for one or more of the Twelve Days of Christmas. Each activity promotes community and offers healing and abundant joy.

**Date:** See the dates and times on the right. Come to one, come to all!



"Oh come all ye faithful, joyful and triumphant!"  
- Traditional Christmas carol

### Your Board of Directors

**President**

Dr. Deb Jacobsen, 933-9183

**Vice-President**

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**Secretary**

Deb Blossom, 449-3376

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Rev. Jean, 422-4752  
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**I Welcome Joy as my  
Spiritual Companion**

## This Month's Talks *Living in the Divine Light of Goodness and Grace*



### **Dec. 2: Celebrating the Divine Light of Hanukkah**

Each year, our Jewish friends around the world celebrate the holiday of Hanukkah, known as the Festival of Lights. This holy holiday celebrates the events that took place over 2,300 years ago in Judea, now Israel. Rev. Jean will take us through the sacred story and light the menorah, acknowledging the first day of Hanukkah, which begins at sundown.

### **Dec. 9: Nice, Kind, Divine; Exploring the Diversity of Love**

'Tis the season to be nicer, kinder; to shine and share the Divine Light of your Love. There are so many ways to express the Christ-Consciousness of this special season. Jesus represents unconditional love, brokering the miraculous, and promoting peace. Think about how you can share your bountiful love and promote peace in your world.

### **Dec 16: The Rainbow-Colored Divine Light of Diversity**

As we celebrate the Christian holy day called Christmas, we must remember that the people of the world are not only Christian. They are Jain, Hindu, Jewish, Buddhist, Muslim, Sikh, Ba'Hai, Pluralists and so on, just to make a point. We are about to celebrate the winter solstice; an entirely different energy from religious rituals. And, when we set aside religious labels, we also recognize that we are gay, straight, transgender, and all the colors of the rainbow. The most important truth is that God created us all. Rev. Jean will share some of the wisdom gained from her time at the Parliament of World Religions.

### **Dec. 23: Christmas Candlelighting**

Join the community for the Christmas Candlelighting Service. All ages welcome. Enjoy singing with the Just For Now Joyful Christmas Choir. Holiday treats following service in Inspiration Hall.

### **Dec. 30: Completing the Year, Envisioning the Future with guest speaker Dr. Liz Cavin**

This will be a special service designed to close out 2018 and inspire you to envision your happy New Year.



Yes, flashpaper will be involved! Have fun and heal with Dr. Liz Cavin, our own naturopathic doctor.



**Friday, DECEMBER 7: 1st Day of Christmas, One Fun, Sloppy Craft Day.** Do you have a Christmas craft that you can teach others? Not too time-consuming or complicated? Bring enough supplies to share with 15 others, and yummy food. 10 [a.m.to](#) 3 p.m.

**Wednesday, DECEMBER 12: 2nd Day of Christmas-A vacuum and a dust cloth!** We are going to thoroughly clean Inspiration Hall and the Sanctuary. We have not done this since last year! Let's get our rooms shining. 12 noon to 4 p.m.

I invite joy to bless my life.  
I welcome joy to my heart.  
Gentleness, opening attention--  
these are the tools which  
encourage growth.  
In every moment, I can choose  
between will and willingness.  
As I allow myself to be rendered  
gently willing,  
I become fluid from  
moment to moment.  
The harshness of my experience  
slips away.  
I still myself rather than  
"steel" myself.  
As I follow the lead which joy  
sets in my life,  
I am gently, safely, and surely  
led.

*Adapted from a prayer by Julia  
Cameron*

**Holiday Shopping  
The Mind Shop**

Delightful children's books are  
on sale for kids of all ages!  
These are Dr. Deb's top picks.

Books are now available in the  
Mind Shop.  
And, to spread the holiday  
cheer, Dr. Deb and Diane  
Nickman will offer free gift  
wrap on Sunday,  
December 2nd.

Watch this space in future  
newsletters. It will be filled with  
special announcements about  
membership, events,  
meetings, and other important  
church news!



**Thursday, DECEMBER 13:** *3rd Day of Christmas-Decorating Inspiration Hall!* Take time to make merry, and make our Center festive and fun. 12 noon to? Cutting, pasting, and gluing will be involved.

**Saturday, DECEMBER 15:** *4th Day of Christmas-Creating Christmas Magic for the Jean Francis Home.* We will create a Christmas tree out of the donations for the Jean Francis Home. We need all creative people on hand for this! 10 a.m. to when we are done.

**Sunday, DECEMBER 16:** *5th Day of Christmas-The Rainbow-Colored Divine Light of Diversity.* Join Rev. Jean for a special Sunday service. 11:00 am in the sanctuary.

**Monday, DECEMBER 17:** *6th Day of Christmas-MONDAY SERVICE with Rev. Jean.* RJ will take time to include personal prayer requests for your holidays. 12 noon to 1 p.m.

**Tuesday, DECEMBER 18:** *7th Day of Christmas-WEAVING EVENING.* Anyone who wants to add prayers to our living prayer tapestry is welcome to join Rev. Jean for this joyful experience. 6:30-8:30 p.m.

**Wednesday, DECEMBER 19:** *8th Day of Christmas-Join our MASTERFULLY MINDFUL Support Group for a review of "The Way We Never Were-And We Never Will Be."* Healing, laughter, and prayer. 12:30 to 2 p.m.

**Thursday, DECEMBER 20:** *9th Day of Christmas--Christmas & Holiday Healing Service.* Not everyone loves the holidays. Heal whatever you need to heal with Rev. Jean in this special service dedicated to putting the Holy back in holiday. 6:30-8 p.m.

**Friday, DECEMBER 21:** *10th Day of Christmas-Relax and wrap presents at home.*

**Saturday, DECEMBER 22:** *11th Day of Christmas-Decorate the Sanctuary for our Christmas Candlelighting Service.* This is an HCCL Christmas tradition. We start at 10:30 a.m. and finish when we finish. Help create the special magic that makes Christmas memorable at HCCL.

**Sunday, DECEMBER 23:** *12th Day of Christmas-FAMILY CHRISTMAS CANDLELIGHTING SERVICE.* 11 a.m.-12 p.m. All ages invited. The Just For Now Joyful Choir will be performing with Adelle and Jeremy Terry.

My great love and warmest wishes for you and your family through these holy days.

*Rev. Jean Sweet*

Helena Church of Conscious Living  
*We are a Force for GOOD, in our community, our world, and beyond.*