

January 2019 Newsletter



Entering into the Infinite Universe of Possibility

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Thank you to everyone who
contributed time and treasure to
the Jean Francis Home Miracle
Tree



By now you have likely heard the news about my intention to step away from the pulpit at HCCL.

While this is a heartbreaking choice for me, it is the right one for my life's journey. Please know that Allen and I are not leaving the community. I will be continuing my private counseling services and will still be involved as your friend.

The process is beginning. The first step is to vision your next spiritual leader. We practice the principles that are taught here. We know that when we are clear, we manifest the perfect outcome.

Our ANTN president, Rev. Alison Benjamin, will be speaking on Sunday, January 27. After service, Rev. Ali will lead the first visioning session. She will guide you to determine the characteristics of the person who will step in. Two other visioning sessions are planned with Rev. Ali, Monday service, 12P - 1P, and Monday night, 6:30P-8P. All are welcome at any or all visioning opportunities.

When we have compiled the information from these sessions, HCCL will send out a Letter of Call through the ANTN community. The remaining steps will be to review the candidates and schedule online interviews. The most promising candidates will be invited to HCCL to speak and interact with the community in various ways.

I have given one year's notice to allow the process to



The women received the tree following
Candlighting Service. We know they had a very
Merry Christmas!

P.S. Sharon Schell, who helped with the project is
the photographer. We want to acknowledge her for
her help and support!

Food Share Reminder

Please remember Food Share of Helena. Bring
your food donations on Sunday, **January 20** to
help feed
our community.

The pantry is bare at this time of year. Your
generosity will go far towards supporting the
hungry in Helena.



NEW THOUGHT Φ GREAT FALLS

This is a shout-out to our Great Falls great friends!
Happy New Year and we hope to see you soon.

It Is I Who Must Begin

It is I who must begin.
Once I begin, once I try –
here and now,
right where I am,
not excusing myself
by saying things
would be easier elsewhere,
without grand speeches and
ostentatious gestures,
but all the more persistently
– to live in harmony
with the "voice of Being," as I
understand it within myself
– as soon as I begin that,
I suddenly discover,
to my surprise, that
I am neither the only one,
nor the first,
nor the most important one
to have set out
upon that road.
Whether all is really lost
or not depends entirely on
whether or not I am lost.

– Václav Havel

ABUNDANCE SCHOOL

Will resume in February



Your Beloved Board of Directors

unfold with ease and grace. The Board will carry out the
entire process with love, gentleness, and transparency.
Everyone is included in every step.

Know that I love you, and that will never change.

Rev. Jean Sweet

This Month's Talks

Entering into the Infinite Universe of Possibility

January 20: Reviewing the Principles of Manifestation

We honor Dr. Martin Luther King, who had a dream,
and who manifested that dream although it cost him
his life. Desired life outcomes always start in vision.
Manifesting a dream requires clarity, focus, and
single-pointed desire. Continue the process of
visioning a fabulous 2019.



**January 27: Special Guest
Speaker, ANTN Board
President, Rev. Ali Benjamin**

Reaching into the Realm of Pure Potential

This Sunday. Rev Jean will
introduce her friend and ANTN
board president Reverend
Alison Benjamin who will deliver a special message.

There will be light refreshments following service, and
Reverend Ali will lead the community in the first
visioning experience.

10 things we learned from 'Mister Rogers' Neighborhood' that we'll never forget

1. When Mister Rogers taught us how to embrace love

"There are many ways to say I love you. There are many
ways to say I care," he explained, listing some examples:
being there when things are sad and scary, cleaning up a
room, hanging up a coat before you're asked to do it, drawing
special pictures for the holidays, and making plays.
Ultimately, the most important thing we can do is share our
love with the people we care about, he advised.

2. When Mister Rogers gave us an anger-management lesson

Mister Rogers spoke often about kindness, love, and
acceptance, but he also understood that getting angry is a
fact of life.

"The thing to remember is that we're in control of our anger:
...It does give you a good feeling to know that there's
something that you can do to help you become the master of
the mad that you feel, and not have to hurt yourself or
anybody else," he said.

3. When Mister Rogers taught us how to lose gracefully

"Being the best loser takes talent, just as being the best
winner does...Whether you're first or middle or last, what's
important is that you're you. And people can like you just the
way you are."

4. When Mister Rogers taught us to support our friends

"Some people think that friends are always happy, always
having fun. Well, that's not true,...Friends often have hard
times and sad times. But friends can come together again
and again, and build a stronger and stronger friendship

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Chris Vaughn, 475-5996

Members:

Rev. Jean Sweet, 442-4752

Diane Nickman, 442-8323

BULLETIN BOARD

We thank God for our ever-increasing abundance as we remember that we are a FORCE for Good in our community, our world, and beyond.

In 2018 our Angel Sponsors helped financially in so many ways. THANK YOU. Chris is still updating information, and will offer a report on your contributions at our Annual Membership Meeting.

We are continuing with this rewarding program

Be an Angel by helping in any of the following ways:



1. Our Movie License will renew soon. Please consider donating to this important cause, and mark your check or cash envelope: Movie Night License. Estimated cost: \$226.00
2. We always gratefully accept **any** gift cards that will help our cause. We always need office supplies and miscellaneous items: Staples, Target, Lowe's, etc. are all welcomed.
3. We are also looking for donations of paper towels and facial tissues, both the classic wide, and the compact cube styles.

Thank you so much for your continued generosity and support.

Please keep in mind that sponsorships help us meet our annual budget.

Become an HCCL Angel today!

FAMILY PROMISE UPDATE

Our next rotation is the last week of January. HCCL needs to provide one more meal, 4 or 5 dinner hosts, and 4 overnight hosts. Let Catherine Metsch know by e-mail, text or phone (465-4800) if you can help, and which nights will work for you.

At the last volunteer coordinator's meeting we were reminded that this program, which helps homeless families achieve sustainable independence, would not exist without all of you doing the work of Spirit. You are Spirit's hands and feet here on earth. I am so grateful for all of you and your loving hearts.

Audra and John with their baby Alonzi are graduating into their own home! They need:

between each other."

5. When Mister Rogers taught us to embrace our feelings

"Everyone has lots of ways of feeling. And all those ways of feeling are fine," he said. Because at the end of the day, "It's what we do with our feelings that matters in this life."

"I trust that you're growing in ways that will help you with whatever feelings you may have, when you're a child and when you're a grown up. I hope you're able to respect whoever you are inside."

6. When Mister Rogers taught us about divorce

"Some people get married and after a while, they're so unhappy with each other that they don't want to be married anymore," he explained. He went on to clarify that children should not feel guilty about a divorce happening - it's never a child's fault.

7. When Mister Rogers told us we're all fancy

"I was just thinking: Every fish is fancy in one way or another. Just like every person is fancy, in one way or another,"

"There is something fancy about every creature in our world. And there's something fine about each one of us, too. Each person, each fish, each animal, each bird, each living creature. The important thing is to look for what's fine in everybody. And that will help us to want to take care of everybody."

8. When Mister Rogers taught us that no one thing defines us

"There isn't a whole lot we can do about our outside sort of growing. Some of us grow tall and some of us grow short. Some of us have one color skin and some of us have another..."

That's all outside sort of stuff. But we all have insides, too. And our insides have a different way of growing.... We can always try to remember that we're much more than one thing. We're much more than our arms or our legs or our eyes or our skin or our hair. We're even more than our thoughts. When you put us all together, we're a beautiful, marvelous, spirited, lovely, wonderful one of a kind."

9. When Mister Rogers taught us about death and grieving

Mister Rogers looked into his fish tank and saw that one of his goldfish had died. After burying the fish, Mister Rogers pivoted the conversation to talk about another time he had to deal with death: when his childhood dog died.

"I was very sad when she died because she and I were good pals. And when she died, I cried, and when my grandmother heard me cry, she came and put her arms around me because she knew I was sad. She knew how much I loved that dog....If you ever have a pet that dies or you're sad about something that you've lost, it helps to say that you're sad. Often it even helps to cry. Let people know how you feel."

10. When Mister Rogers told us he was proud of us:

"I'm proud of you, you know that. I hope you do," he shared in the final episode. "You may just make your own trolley drawing. It'll be different from all of these," he said. "But it'll be yours and that's what makes it important. I liked being your television neighbor."

Adapted from MJ Franklin

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<https://mashable.com/2018/03/26/>

The Lord is my shepherd, I shall not want

He maketh me to lie down in green pastures; He leadeth me beside the still waters.

He restoreth my soul; He leadeth me in the paths of righteousness for His name's sake.

Yea, though I walk through the valley of the shadow of death, I will fear no evil; for Thou art with me;

Thy rod and Thy staff, they comfort me.

Thou preparest a table before me in the presence of mine enemies; Thou anointest my head with oil; my

- Pot holders
- Metal tea kettle
- Metal plates
- Extended queen size sheets
- Toilet paper, paper towels & other consumables
- Washer & dryer
- Wooden or metal furniture (not upholstered)
- Vacuum
- TV stand with TV mount
- Baby gate
- Childproof kit
- Safeway gift cards

cup runneth over.

Surely goodness and mercy shall follow me all the days of my life; and I will dwell in the house of the Lord for ever.

- Psalm 23, v1-6

Rev. Jean Sweet

We are a FORCE for Good, in our community, our world, and beyond.

COMFORT FOOD CHALLENGE

Reserve the date! Sunday Feb 10th - Lewis and Clark Fairgrounds 4:30 PM to 6:30 PM.