



ELEVATE ELECTROLYSIS STUDIO - TIA SWANEMYR

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Post Care Instructions

24-28 HRS After Treatment

- Refrain from touching the treated areas so the transfer of bacteria will be limited.
- Avoid any activity that could irritate hair follicles such as anything that would cause friction or sweating, such as physical exercise, hot tubs, sauna, etc. as these activities can increase swelling and irritation.
- Avoid sun exposure or the use of tanning products.
- Avoid using harsh soap or alcohol based products on the treated area
- If treating underarms, do not use deodorant for 24 hours.
- For electrolysis on the face, try not to apply make-up for at least 24 hours. If you must wear make-up, mineral-based make-up is the best option.

2-7 Days after Treatment- Healing Period

- Wash your hands thoroughly before touching the treated area.
- Keep the treated area clean with a mild skin cleanser. Make sure that it hasn't got any harsh glycolic acids in it, as these will cause sensitivity.
- Apply Action De Gala aftercare balm (available to purchase in clinic) cream twice a day for two or three days or as needed this will soothe any of the initial redness. (or aloe vera, or hydrating lotion- NOT greasy)
- Do not exfoliate, scrub or use peels 5-7 days following treatment.
- Avoid contact with oily, perfumed or alcohol-based products.
- Apply sunscreen sparingly to the treated area, especially if you have sensitive and/or pigmented skin.
- Do not rub area with flannels or towels.
- No soaking baths, hot tubs, saunas ect.

Hair Removal Between Appointments

- Trim hair with scissors or trimmer, bleach, or shave.
- **DO NOT** tweeze, wax, sugar or thread. This will undo all the work we have already accomplished with electrolysis.