

5TH ANNUAL

GAUTENG NURSING RESEARCH CONFERENCE

2

5th Nursing Research Conference fosters best practices

3

A gift of sight for 62 Leratong patients

ARE YOU AWESOME?

WE'RE HIRING

Apply at Gauteng Department of Health



Patients on dialysis remain hopeful on getting donors

The chances of hopeful patients in public hospitals in Gauteng receiving a new lease at life depends on more people registering for organ donation.

There are currently 160 patients on the active waiting list in dire need of kidney transplant. These patients include adults and children and some are from parts of the North West and Limpopo provinces.

A renal patient at the Charlotte Maxeke Johannesburg Academic Hospital (CMJAH), Karabo Hlakotso (30) was diagnosed with kidney failure in 2014 and has been on dialysis since.

Hlakotso's life has never been the same again as he is now attending hemodialysis treatment three times a week at CMJAH as it is a life-saving option for patients with kidney failure.

"I have been on dialysis for so many years that it has created many complications for me. My life has never been the same again as things are becoming more difficult as time goes on. I am patiently waiting to get a donor so that my life can change for the better," said the hopeful Hlakotso.

Many patients on the course can get side effects such as high blood pressure, muscle cramps, bone disease, restless legs, depression and constipation amongst others. And some patients on the treatment are not able to work anymore.

There are more than 400 people attending hemodialysis and peritoneal dialysis across public hospitals in the province. The cost of peritoneal dialysis is estimated to be around R366 000 and hemodialysis is R550 000 each year per patient.

As a renal patient who has been on dialysis for 12 years, I know that it takes a long time to get a donor. I also run awareness campaigns on kidney and organ donation in general so that more and more people can help save lives."

Vuyisa Magidela (30) was diagnosed with kidney failure when she was only two years old, and had to start dialysis when she turned 13-years-old. She has had a transplant but after two years, her system rejected the kidney. However, she remains hopeful that one day she will find a match that will finally get her off dialysis.

"As a renal patient who has been on dialysis for 12 years, I know that it takes a long time to get a donor. I also run awareness campaigns on kidney and organ donation in general so that more and more people can help save lives," said Magidela.

Patients in need of kidney transplant wait between five (5) and 10 years before they could get a donor. In the 2022/23 financial year, only 20 patients received kidney transplant in Gauteng hospitals.

People who wish to donate an organ or tissue can enquire at their nearest hospital or alternatively, register as a donor with Organ Donor Foundation at <http://odf.org.za>.



First Responder Training Gains Momentum

The First Responder Training programme which aims to empower communities living in townships, informal settlements and hostels (TISH) this week moved to Sicelo informal settlement in Midvaal, Sedibeng, where 50 people took part in the free training on Wednesday.

This is part of efforts to equip TISH communities with skills to respond to commonly encountered emergencies such as trauma, medical, accident and suicide incidents.

MEC for Health and Wellness, Nomantu Nkomo-Ralehoko addressed the participants on the importance of the training. The trainees were empowered with skills on how to attend to burns, stab wounds and fractures, as well as how to control bleeding in an emergency. Already over 150 people have been trained in the Sedibeng district.

#AsibeHealthyGP

Our department continues to strive for delivery of quality health services, by focusing on fixing Finance, Human Resources, Monitoring and Evaluation, and Risk Management of the Department."

~MEC Nkomo Ralehoko
#AsibeHealthyGP

WORLD

TUBERCULOSIS

YES! YOU AND I CAN END TB DAY

Join us as we commemorate the *World Tuberculosis Day on 24 March 2023* under the theme: **"Yes! You and I Can End TB"**. Effective treatment can help prevent the spread of TB to your loved ones. Visit your nearest clinic for free TB test. Together we can stop TB.

24 MARCH 2023

09H00-13H00
DRIEZIEK INFORMAL SETTLEMENT
EXT 5, ORANGE FARM

The following services will be rendered:

- TB screening and testing
- HIV Testing Services
- SASSA Services
- Home Affairs
- Department of Social Development
- And other healthcare services
- Mental Screening
- COVID-19 Testing
- Blood pressure Testing
- Oral Health

5th Nursing Research Conference fosters best practices

As part of efforts to enhance the skills in the nursing professional and promote evidence based practices in the province, the Gauteng Department of Health (GDoH) held a three-day Nursing Research Conference in Vanderbijlpark, Sedibeng from Wednesday, 15 March 2023 to Friday, 17 March 2023.

The conference brought together the nursing fraternity and experts from various medical fields to share their research findings. They engaged on various topics including Governance and Leadership, Nursing Practice Professionalism and Ethos, Positive Practice Environment, and also Education and Training Room enhancements.

This annual conference aims to improve nursing leadership and management, nursing practice, education and research through the exchange of best practices.

MEC for Health and Wellness, Nomantu Nkomo-Ralehoko who addressed the conference said that the Department continues to strive for the delivery of quality health services by focusing on fixing finance, human resources, monitoring and evaluation and risk management.

"This research conference will help the department in addressing risks such as patient safety incidents, abandoning outdated practices and strengthening the health system as a whole," stated the MEC.

The MEC said she was pleased that, in anticipation of the June 2023 commencement of



Being a nurse is more than just healing patients. It requires passion, accountability, and discipline to provide patients with quality healthcare. ~ Mamokete Hlangebe

the South African Nursing Council's requirement for Continual Professional Development (CPD) on staff attitudes, the Department is striving towards having multi-disciplinary clinical and ethics committees which will be assessing, implementing, monitoring, and evaluating the interventions to ensure improved staff attitudes.

CPD on staff attitudes is already been implemented in Helen Joseph Hospital and it is encouraging to note that there is already demonstrated impact of this initiative.

"In the past three months, only one complaint was received. We, therefore, look forward to

progress in this regard as part of our operational plans for the next financial year.

Mamokete Hlangebe, surgical coordinator at Sebokeng Hospital said that she had the opportunity to learn the importance of providing support to our staff members so that they in turn can focus on providing the best care to patients.

"Being a nurse is more than just healing patients. It requires passion, accountability, and discipline to provide patients with quality healthcare," pointed out Hlangebe.

The conference was attended by various stakeholders in nursing including the Military Health Services, Correctional Health Services, South African Blood Services, Netcare Group, Mediclinic, Clinax Holdings and Life Healthcare Group amongst others.

Amori Jordaan, Clinical Manager from Netcare who also presented her research said that the conference has allowed health professionals to network with each other and to see all the gaps that are there in the profession and training, as well as the development of policies.

"It's been an honour and privilege to speak at the conference and to have everyone see the value of the study, and hopefully, it will be used to improve future education programmes and our policies in midwifery," said Jordaan.

Sterkfontein drastically reduces waiting list for forensic observations

Paballo Pule

The Sterkfontein Psychiatric Hospital is best known for its top-of-the-line treatment and rehabilitation, forensic and general inpatient and outpatient psychiatric services in the Gauteng province.

And for the first time in 10 years, the hospital has seen the singles observations going down from 340 to 86 and the waiting time from 10 to 2 months, while the joints observations has been decreased from 400 to 200, reducing the waiting time to be 10 months as opposed to the 20 months. In addition, the Sterkfontein forensic team has over the years managed to reduce the waiting list for forensic observations which has set a standard for other psychiatric hospitals providing similar services.



The hospital also serves as a training institute for the University of the Witwatersrand, University of Johannesburg and North West University and it recently hosted the Witrand Psychiatry Hospital from Potchefstroom, North West, to benchmark on forensic services.

"As a teaching institution, Sterkfontein Hospital's doors are always open for sharing the recipe for success with other facilities at any level of care. The hospital's two internal courses which are calming and restraining of aggressive patients as well as a basic computer course, are helping to reduce patient safety incidents while the computer assists lower categories of staff

to capacitate themselves with computer skills," said CEO of the hospital, Jimmy Mapunya.

Elizabeth Mpolokeng, the CEO of Witrand Psychiatric Hospital said that the institution will soon be sending another team to benchmark once more in the Occupational Therapy Department and Quality Assurance unit.

"We are highly impressed by the set up in the hospital particularly with the implementation of the forensic services in line with the Mental health Act 17 of 2002. We will continue using this formed relationship to gain knowledge on some of the best practices used here to elevate our services at Witrand," said Mpolokeng.

A gift of sight for 62 Leratong hospital patients

Fikile Oyekanmi & Sifiso Dlamini

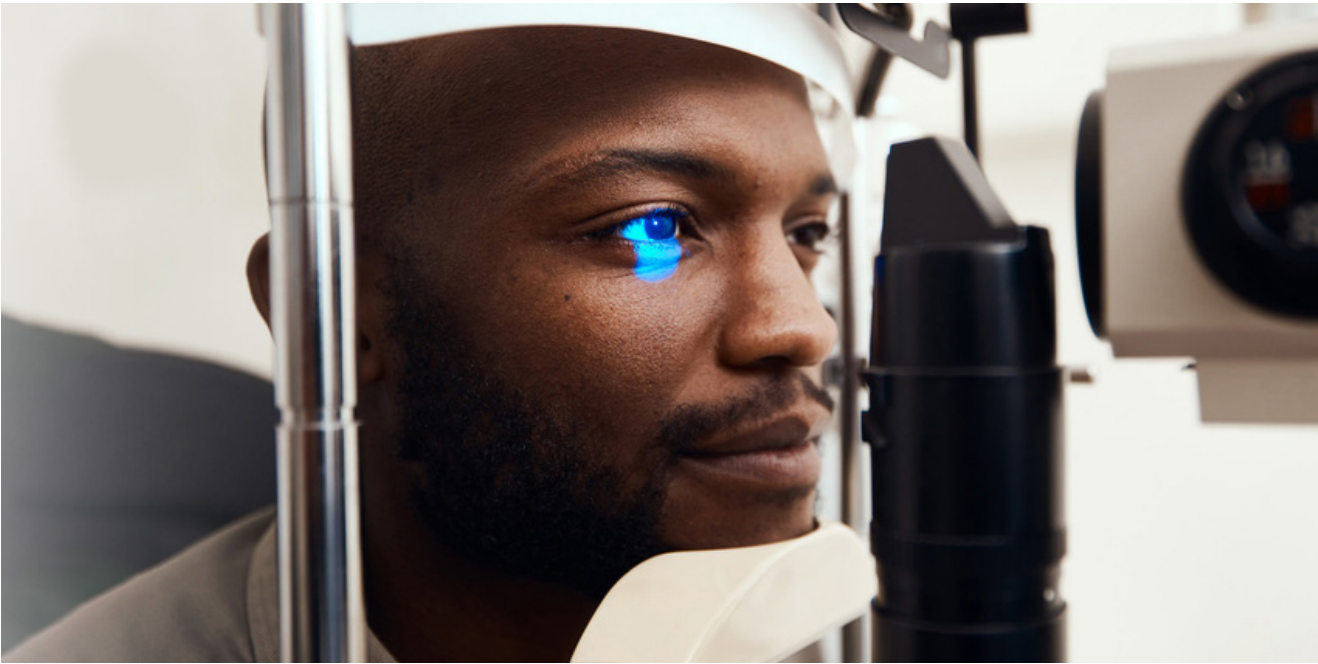
The Leratong Hospital recently held a Cataract Camp where 62 patients received cataract operations.

The cataract camp project, run by Leratong hospital’s Ophthalmology Department in partnership with the Islamic Medical Association, AWQUAF SA and the Pakistan Community of South Africa, was initiated in 2005 in Gauteng and has been rolled out to different health facilities.

The purpose is to assist under privileged communities who cannot afford to undergo cataract operations. To date over 8873 cataract operations have been done since the inception of the project.

Dr Shabbir Hussain, the Head of Leratong Hospital’s Ophthalmology Department delivered a speech on the importance of taking care of our eyes, saying that “an eye may be a tiny part in our bodies but it plays a major role in our lives. Life is never the same without eyesight”.

Leratong Hospital CEO Dr Dieketseng Moloi applauded the Ophthalmology doctors for the great work they are doing by giving patients their eyesight back.



Eating a diet rich in fruits and vegetables, particular dark leafy green, such as Spinach, Kale or collard greens is important for keeping your eyes healthy.

Meanwhile, the Johannesburg Health District Eyecare Department conducted eyecare awareness and assessments as part of World Glaucoma Week observation.

The team visited the Footprint Hospice at Orlando East, Soweto provide screening to elders living at the hospice. Once the screening was done, 26 of the elderly were referred for different eye problems including 2 patients for Glaucoma, 8 for refraction error, 7 for cataract surgery, 7 for reading glasses and 2 for Corneal ulcer.

Glaucoma is a group of diseases that result in damage to the optic nerve which results in decreased vision and may eventually lead to blindness.

Mofolo Community Health Center Optometrists, Tryphina Diale encouraged the elderly to check ensure that their eyes are check at least once every two years.

“Eye problems are some of the notable health conditions, as soon as your vision goes blurry or your eyes become dry, you must know that something is not right. At whatever age you may need to do a check up to detect Glaucoma early or any other eye abnormalities,” said Daile.

Eating a diet rich in fruits and vegetables, particular dark leafy green, such as Spinach, Kale or collard greens is important for keeping your eyes healthy. Research also shows that eating fish high in omega-3 fatty acids such as Tuna and Salmon play a huge role in making our eyes healthier.

One of the elderly and hospice resident, Mduduzi Ndlovu commended the district for bringing the services to their doorstep.

“We have received an exceptional service today. I would like to encourage our health care workers to continue spreading awareness about the importance of taking care of their eyes and to also teach the young ones about the importance of having a proper sight,” said

From a property caretaker to a logistics support officer

Mpho Selahle

Russian-born writer and philosopher, Ayn Rand once said “The ladder of success is best climbed by stepping on the rungs of opportunity”. These words are especially true for Bongani Khumalo, the newly appointed Logistics Support Officer (LSO) at Far East Rand Hospital (FERH).

Khumalo who is responsible for overseeing the hospital’s warehouse operations, says his aspiration to become a supply chain officer began after he matriculated back in 2001. This inspired his choice to enrol at Damelin College for a certificate in Supply Chain Management (SCM), which he obtained in 2015.

Prior to joining the hospital, Khumalo worked as a Stores Clerk at a private company called for 5 years until his contract came to an end. He then joined FERH’s Supply Chain Department as an intern in 2013, where he learnt about the procedures and policies that



“The ladder of success is best climbed by stepping on the rungs of opportunity”.

govern public sector SCM. Eager to climb the ladder of success, the ambitious Khumalo applied and secured a job as a Property Caretaker in 2014.

“During that time, I kept telling myself that I will take any job opportunity that was available and use it to grow within the system” he says.

In 2019, Khumalo’s passion for SCM propelled him into a role as a Material Recording Clerk responsible for the replenishment of medical consumables and demand planning. Subsequent to this, the Daveyton born Khumalo took up the opportunity of acting as a Logistics Support Officer on a rotational basis until a permanent candidate was appointed.

“Acting in this position was easy for me because I was leading a team that respected me. And understood the impact we have on patient care in the hospital and where it was necessary, I sought advice from my superiors.

“There were challenges associated with the role such as delayed delivery of stock by suppliers which required me to come up with solutions to ensure that stock was available”, said Khumalo.

Khumalo is currently working towards completing a certificate in Public Administration and he attributes his study opportunity to the Gauteng Department of Health which enabled him to further his education. When he is not studying, the former captain of the FERH soccer team and Orlando Pirates supporter is always on the soccer field.



Camp advocates for young men to prioritise their health

Tebogo Tladi

As part of efforts to develop a sustainable response that will guide the implementation of interventions focused on the overall wellbeing of young men in the province, the Gauteng Department of Health (GDoH) recently hosted 50 Adolescent Boys and Young Men (ABYM) on a three-day camp at Magalies River Lodge.

The objectives of the camp was to engage ABYM (15 – 24 years old) in the identification of services that will be acceptable for them for inclusion in the provincial youth friendly Sexual and Reproductive Health and Rights (SRHR) package of services, as well as identifying potential ambassadors who can be capacitated

to represent districts at different levels on issues related to this target group.

According to 24-year-old Mamelodi native, Sabelo Siwela, the camp is a step in the right direction, however, a lot more can still be done.

“Firstly, as a young person living with HIV, I can tell you from experience that long queues, lack of privacy, discrimination and staff attitude at public health facilities are some of the contributing factors that drive us away from making regular visits a norm.

“Generally, as young men we are very private and somewhat sensitive when it comes to our health,

so if we feel uneasy or unwelcome at a facility chances are we will not comeback,” said Siwela. Siwela said that all clinics should integrate all patients who access health care services at the facilities. Citing that patients who have come for their Antiretroviral Treatment should not exclusively be allocation a queue as it compromises their privacy.

The GDoH has established Youth Zones in health facilities as part of efforts to standardise the quality of adolescent health services in the province and accelerate access to health services, especially sexual reproductive health services by young people.

Youth Zones are meant to create a conducive environment in health facilities for young people to access services and openly interact with healthcare providers without feeling judged.

In addition, coach Mpilo, a peer educator who was part of the camp said that ABYM specific campaigns that focus on Male Medical Circumcision, HIV/AIDS, STIs, Gender Based Violence and Substance Abuse should be taken to where young men are found such as stadiums, sports grounds, clubs and local taverns.

“Much like our female counterparts, let us go to our facilities in numbers and join these queues for family planning, circumcision, HIV Counselling and Testing and services we can access for our own health’s sake.

“I would like to commend the GDoH for the camp. I really wish it could happen more frequently. But more than anything, as young men, we need to start normalising talking about our health,” he concluded.

YES! YOU AND I CAN **END TB**

VISIT YOUR NEAREST CLINIC FOR A FREE TB TEST.

YOUR
FEEDBACK

MATTERS TO US!



I write this compliment and appericiation post to the nurses and doctors who work tirelessly to help us. We always complain about hospitals not doing their jobs and treating us bad... I write this as a happy patient of this hospital, with all thanks to surgeon Doctors at Ward 3. I would like to thank Dr Alexander, who always made sure that I get good service when i came with complications. I had an operation, i am suffering from Hidradenitis suppurativa (HS). I made a promise that I would work with the Doctors to keep my wound cleanand Dr Alexander trusted me to. I Appreciate all the efforts of Dr Alexander, Dr Mkhettle and Dr Kumkane.

Credit must always be given where it's due, big up to you guys!

R. Makgabutlane
Mamelodi Regional Hospital

* Letter grammatically edited

QUALITY ASSURANCE
CONTACT US!



For any hospital or clinic complaints please contact the Gauteng Department of Health on the 24-hour customer line on.

- 0800 203 886 (Toll free number)
- patients.health@gauteng.gov.za or support@gauteng.gov.za
- SMS : 35023

For more information on Gauteng Department of Health, Programmes, News and other information,visit our social media pages:

Gauteng Health Department

@gautenghealth

Gauteng Department of Health

WE
ARE
HIRING



BECOME PART OF A
PATIENT-CENTRED
CLINICIAN-LED
STAKEHOLDER-DRIVEN
HEALTH
CARE SERVICE

APPLY!

GAUTENG DEPARTMENT OF HEALTH VACANCIES

Human Resources Clerk - JHB Health District
Laundry Worker Level 2 - Tambo Memorial Hospital
Coordinator And Clinical Mentor (Trainer) - Jhb Health District
Occupational Therapy Production Post: Grade 1 - Helen Joseph Hospital
Assistant Manager Pharmaceutical Services - Tambo Memorial Hospital
Driver Level 4 - (Re-Advertisement-Applicants Who Previously Applied For The Post Are Encouraged To Re-Apply), Jhb Health District
Nursing Assistant Grade 1 X3 - Jhb Health District
Groundsman / Property Caretaker Level 2 - Jhb Health District :Imbalenhle Clinic X1,Lenasia South Hospital X1,Vlakfontein Clinic X1
Staff Nurse Grade 1 - Jhb Health District (Sub District G) And (Lenasia South District Hospital)
Porter Level 2 - Jhb Health
Cleaner / Household Worker Level 2 - Jhb Health District: Imbalenhle Clinic X1,Wildbeesfontein X1,Stretford X1,Lenasia Clinic Ext 5 X4, Lenasia South Hospital X2
Administration Clerk Level - Jhb Health District:stretford CHC X 01, Ennedale Extension 9 X, 02 , Kliptown X 02 , Thembelihle Clinic X01 , Eikenhof Clinic X 01 And Lenasia South Hospital
Groundsman / Property Caretaker Level 2 - Lilian Ngoyi X 1, Mofolo CHC X 1, Orlando Clinic X1, Diepkloof X1, Meadowlands X1 And Itireleng X1
Cleaner / Household Worker Level 2 - Meadowlands Clinic, Mofolo CHC And Zola CHC
Security Guard Level 3 - Lilian Ngoyi CHC X 3 Mofolo CHC X1 And Chiawelo CHC X1
Driver Level 4 - Sub District D
Administration Clerk Level 5 - Transport Office, Sub District D
Administration Clerk Level 5 - Diepkloof Clinic, Chiawelo CHC X2, Lilian Ngoyi CHC X 2 And Orlando Clinic X2
Operational Manager General - Charlotte Maxeke Johannesburg Academic Hospital
Operational Manager Nursing (Specialty Unit) - Charlotte Maxeke Johannesburg Academic Hospital
Operational Manager Nursing Specialty Stream - Charlotte Maxeke Johannesburg Academic Hospital
Operational Manager Specialty - Charlotte Maxeke Johannesburg Academic Hospital
Hod Student Affairs - Gauteng College Of Nursing (Bonalesedi Campus)
Cleaner Level 2 - Johannesburg Health District
Chief Physiotherapist Grade 1 - Tambo Memorial Hospital
Food Service Aid Level 2 - Tambo Memorial Hospital
Food Service Supervisor - Kalafong Provincial Tertiary Hospital
Physiotherapist Production Grade 1 - Tambo Memorial Hospital

Ultrasound Radiographer Grade 1, 2 or 3 - Rahima Moosa Mother And Child Hospital
Computer Operator - Tara The H. Moross Centre
It Help Desk Technician Level 5 - Leratong Hospital
Operator (Photocopier) (Level 2) - Ann Latsky Campus
Head Of Department – Student Affairs, Ann Latsky Campus
Labour Relations Officer - Ann Latsky Campus
Medical Officer Grade 3: General Surgery - Bertha Gxowa Hospital
Driver Level 4 (2 Posts) - Leratong Hospital
Client Information Clerk Level 5 - Leratong Hospital
Communications Clerk Level 5 - Leratong Hospital
Administrative Clerk (Supervisor) Level 7 - Leratong Hospital
Messenger (HRM) - Dr. George Mukhari Academic Hospital
Administrative Clerk (Supervisor) Level 7 - Leratong Hospital
Post Basic Pharmacy Assistant Grade 1 - Leratong Hospital
Chief Speech Therapist & Audiologist Grade 1 – Readvertisement, Leratong Hospital
Chief Radiographer Grade 1 - Leratong Hospital
Deputy Director Administration (Case Management) - Central Office - Johannesburg
Assistant Director: Risk Management - Bertha Gxowa Hospital
Driver Level 4 - Tambo Memorial Hospital
Administration Officer (Risk Management) Level 7 - Tambo Memorial Hospital
Financial Controller (Expenditure) Level 7 - Tambo Memorial Hospital
Administration Clerk Level 5 - (Jhb Health District (Hillbrow CHC X 2, Tshepisoong Clinic X1, Alexandra CHC X1, Diepsloot South X 1)
Nursing Assistant Grade 1 - Jhb Health District (Discoverers CHC X5, Diepsloot South Clinic X1 And Orchards Clinic X 1)
Groundsman / Property Caretaker Level 2 - Jhb Health District (Discoverers CHC X2)
Food Service Aid, (Jhb Health District (Discoverers CHC X1)
Cleaner / Household Worker Level 2 - Jhb Health District (Alexandra CHC X 2, Tshepisoong Clinic X1, Diepsloot South Clinic X1, Orchards Clinic X1 And Discoverers CHC X1
Senior Administration Clerk Level 7 - Jhb Health District (Hillbrow CHC)
Secretary: Admin Support And Logistics - Dr. George Mukhari Academic Hospital
Secretary: Supply Chain Management - Dr. George Mukhari Academic Hospital
Secretary: Human Resources Management - Dr. George Mukhari Academic Hospital
Secretary: Information And Communication Technology - Dr. George Mukhari Academic Hospital
Deputy Director Communication and PR- Chris Hani Baragwanath Academic Hospital

DON'T BE A VICTIM OF BURSARY SCAMS AND FAKE JOBS ADVERTS!

- Individuals looking at applying for government jobs, bursaries and learning opportunities should consider tips below:
- Search for opportunities on verified government platforms including social media platforms, websites and adverts through reliable newspapers, e.g. the Gauteng e-Recruitment System (Professional Job Centre), Department of Public Service Administration (DPSA) vacancy circular.
 - Always follow instructions carefully and fill in Z83 with precision.
 - Students who want to study towards a Higher Certificate in Emergency Medical Care (one year) or Diploma in Emergency Medical Care (two years) at Legbone College of Emergency Care. For more info visit: <https://lcoec.ac.za>
 - Study towards a Diploma in nursing in various specialties including critical care nursing, trauma and emergency nursing, amongst others at the Gauteng College of Nursing. For more info, please call: 011 644 8946



NOTE: Applications should be submitted strictly online at the following E-Recruitment portal: <http://professionaljobcenter.gpg.gov.za>. No hand delivered, faxed or e-mailed applications will be accepted. NB: For assistance with online applications please e-mail your query to e-recruitment@gauteng.gov.za.