Version: 2

**Sun Protection Policy**

Introduction

At Reepham Pre-School we want both practitioners and children to enjoy the sun safely. Too much exposure to ultraviolet (UV) radiation from the sun causes sunburn, skin damage and increases the risk of skin cancer. Sun exposure in the first 15 years of life contribute significantly to the lifetime risk of skin cancer. With this in mind we will use the sunny weather as an opportunity to educate about how to keep safe in the sun.

Aims

* To describe the procedures for sun protection whilst within our setting.
* To describe how the importance of sun protection will be educated to all.

Procedures

**Education:**

* All children within our setting will be involved in lots of discussions, especially on sunny days, about sun protection and the risks attached to not following our simple rules.
* All staff will be educated in the importance of sun protection and risks involved in not protecting both themselves and others.
* Parents/Carers will be informed about our sun protection procedures.
* Sun safety will be promoted through working with parents/carers and the wider community to improve our own understanding and provision to avoid the harmful effects of too much exposure to UV. Staff should always act as a positive role model and set a good example.

**Shade:**

* The outside area is quite open and the amount of shade is limited. During hot, sunny weather we will emphasise the importance of covering exposed skin with large hats and long sleeves and stress the benefits of wearing sun cream and drinking water.
* We have a Gazebo which is put up to provide some shade.

 **Clothing:**

* All children will be required to wear a hat when playing outside in the sun. We have spare sunhats to lend to children who have forgotten theirs.
* We will also encourage children to cover very exposed areas of the skin, such as shoulders. Staff will set a good example by the clothes they wear in the sun.
* Children who are not wearing a sun hat will not be allowed outside to play.

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**Sunscreen:**

* We ask parents to apply sun cream to their child before they come to Pre-School during the summer months.
* All parents of children who stay all day will be asked to sign a consent form giving practitioners permission to re-apply Pre-School’s sun cream (always a factor 50+ parents made aware of brand for allergies). This will usually be after lunch time.
* Children who are unable to use Pre-School’s sun cream due to allergies must bring a named bottle of sun cream to Pre-School each day and place it in the basket.
* Children who are not wearing sun cream will not be allowed outside to play.

**Sunglasses:**

* A named pair of UV protection sunglasses are recommended and children will be encouraged to wear them for outdoor play in sunny conditions.

**Drinking water:**

* Children are encouraged to increase their water intake in hot weather and are encouraged to do so in outdoor areas also.
* Water will always be available to children throughout the day from our water jugs which children can access independently. (During COVID Pandemic this will be supervised)

This policy has been adopted by Reepham Pre-School.

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Review date: …………………………...

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