

PG Cert
Restorative &
Aesthetic Dentistry

SMILE
DENTAL ACADEMY



EXCLUSIVE FOR
DENTAL THERAPISTS
Programme Brochure

Introduction

Smile Dental Academy's ethos is to educate and energise the profession, through postgraduate dental education.

Smile Dental Academy places the utmost importance on education and therefore allows patient care to be current and to the best possible standard.

At Smile Dental Academy we strive to create a safe, respectful, and supportive environment that allows our delegates to flourish and grow.

PG Certificate Restorative & Aesthetic Dentistry

The programme comprises a 1-year Modular Course where you will have the opportunity to undertake cases in your practice.

The Programme fosters relationships between experienced practitioners and the PG Certificate Restorative programme delegates.

Delegates will have personalised programs and goals set that require completion during the course.

The programme is a hands-on course and will cover Restorative & Aesthetic topics seen in General Dental Practice encompassing all major disciplines. Delegates will partake in organised sessions where cases and ongoing treatments can be discussed in a safe, friendly and constructive environment.

The PG Certificate Restorative & Aesthetic Dentistry provides 84 hours of verifiable CPD. The programme is quality assured with developmental learning outcomes for the module days in line with GDC guidance.

PG Certificate Restorative & Aesthetic Dentistry

Postgraduate Certificate in Restorative & Aesthetic Dentistry

84 Hours of CPD

12 structured modules over 12 months

Case Portfolio & Logbook

Comprehensive lecture handouts

Practical step-by-step clinical protocol worksheets

Smile Dental Academy Clinical Excellence Guide

Automatic Enrolment into Smile Dental Academy Forum

Every module is hands – on

Every module will cover the legal aspects, consent and record keeping

Portfolio

Reflective Learning Log

Reflective practice achieved by the constant process of analysing, constructively criticizing and evaluating your work during modular days.

Personal Development Plan (PDP)

As part of this Programme, delegates will have ongoing coaching sessions throughout, enabling them to answer their own individual 'WHY?' are they doing this programme. They will outline their 'SMART' goals, develop a learning plan and execute a robust action plan. Delegates will have sessions to help direct them towards further development past the boundaries of this programme.

Modules

1. Assessment & Records, Impressions & Digital Scanning
2. Dental Photography & Marketing
3. Smile Design
4. Occlusion in General Dental Practice
5. Rubber Dam & Anaesthetics
6. Aesthetic and Restorative Artistry 1: Direct Anterior Composites
7. Aesthetic and Restorative Artistry 2: Direct Posterior Composites
8. Smile Transformation Masterclass: Direct Composite Veneers
9. Tooth Whitening & ICON
10. Patient Management and Communication
11. Periodontal Treatment
12. Treatment Planning

Module 1

Occlusion in General Dental Practice

The role of occlusion in general dental practice

The ideal occlusion

Conformative versus Re-organised approach

Importance of diagnostic wax-ups in treatment planning

TMJ assessment

How to take a good impression

Importance of mounted casts in treatment planning

Facebow, Lucia Jig construction and RAP records

Splint therapy

Practical Session

Alginate impression taking

TMJ screening examination

Taking a facebow record

Constructing a Lucia Jig

Taking a RAP record

GDC Developmental Learning Outcome A C D

Module 2

Restorative and Aesthetic Artistry 1: Anterior Composite Restorations

Properties of composite restorations

Dentine bonding agents

Biomimetic principles of anterior tooth restoration

The importance of anterior diagnostic wax ups and matrices

Composite handling and placement techniques

Anatomy of anterior teeth

Layering techniques

Finish and polishing

Composite staining

Practical Session

Rubber dam skills for anterior composites

Anterior composite restorations

Direct composite veneer restoration

GDC Developmental Learning Outcome A C D

Module 3 **Restorative and Aesthetic Artistry 2: Posterior Composite Restorations**

Properties of composite restorations

Dentine bonding agents

Concept of Minimally Invasive Dentistry

Biomimetic principles of posterior tooth restoration

The importance of posterior diagnostic wax ups

Composite handling and placement techniques

Anatomy of posterior teeth

Layering techniques

Finish and polishing

Composite staining

Practical Session

Rubber dam and sectional matrix placement

Posterior upper molar composite restoration

Posterior lower molar composite restoration

Posterior direct composite onlay

GDC Developmental Learning Outcome A C D

Module 4 **Smile Transformation Masterclass: Composite Veneers**

Direct and Index Technique

Bond selection

Primary, Secondary & Tertiary Anatomy

Polishing Protocols

Practical Session
Direct Composite Veneers

GDC Developmental Learning Outcome A, B, C, D

Module 5
Rubber Dam & Anesthetics

Indications for rubber dam
Case selection and restorative material considerations
Matrix Systems
Anterior rubber dam isolation
Posterior rubber dam isolation
Split dam technique
Floss ligatures

Clamp selection

Anaesthetic selection

Anatomy

Practical Session

Rubber Dam placement

GDC Developmental Learning Outcome A, C, D

Module 6
Periodontal Treatment

Periodontal Guidelines

Periodontal Classification

Modern Advancement

GDC Developmental Learning Outcome A, C, D

Module 7

Treatment Planning

Case Selection

Planning complex cases

Fee setting

Multi-Disciplinary work

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GDC Developmental Learning Outcome A, C, D

Module 8 Smile Design

Smile Design

Aesthetic and functional treatment planning

Smile aesthetic variables and analysis

Smile Design Protocols and principles

Practical Session

Smile Design

GDC Developmental Learning Outcome A, C, D

Module 9 Assessment Records

Assessment

Assessing the patient

History Taking

Record Keeping

Impressions

Digital Scanning

GDC Developmental Learning Outcome A, C, D

Module 10

Tooth Whitening & ICON

Tooth Whitening

Understanding properties of colour in aesthetic dentistry

Aesthetic shade analysis, Shade guides and shade matching devices

External and internal tooth whitening techniques

Module 11

Patient Management & Communication

Dentist–Patient Communication

Fee setting

Referral pathway – complexity guidelines

Dealing with failures and trouble shooting

Managing difficult patients

Post-operative care

Maintenance recalls

Practical Session

Role Play: Dentist–Patient Communication

Role Play: Dealing with failure

Group exercise – case based fee setting

GDC Developmental Learning Outcome A, B, D

Module 12

Digital Dental Photography & Marketing

Digital Dental Photography

Use of DSLR and Macro Photography

Different Views

Use of Mirrors

Contrastor Views

Marketing

GDC Developmental Learning Outcome A, B, C, D

Further Information

Please feel free to contact us if you have any further questions:

Email: info@smiledentalacademy.com

Website: www.smiledentalacademy.com

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