

Continuous Provision Curriculum

Construction

Construction play is very important to children's early development. Studies show that this makes a huge difference in the way children think or complete certain tasks. By using open-ended materials it allows children to reflect on the materials used. It can also involve playing or building with 3D materials such as blocks. This freedom helps them think critically and make decisions based on what they learn or see.

Besides being fun and engaging, construction play also offers several benefits. It helps develop fine motor skills e.g. grasping, carrying, manipulating, and coordination, all essential for writing. Gross motor skills – involves all the large muscles of arms, legs and torso. Both fine and gross motor skills are required to manipulate and handle the materials in order to construct something. Being creative and seeing how ideas come to life. Problem-solving, using trial and error to learn what works and what not. Construction Play helps develop hand - eye coordination. When the eyes see something. It sends certain signals to the brain. Then, the brain sends signals to the hands by 'telling' them how to move and how to create a certain shape. Building something can be very challenging and difficult, especially for young children. So not giving up and persevering, even if it's difficult are required in construction play. When working together on building projects, children increase their social skills and learn how to become a team player.



Areas of learning included during Construction play: Understanding the World, physical development, communication and language, literacy, numeracy, expressive art and design, personal, social and emotional development.