

Supporting Children's Behaviour in the Early Years – Quiz

Multiple Choice Questions

1. Which of the following is the most developmentally appropriate way to support positive behaviour in early years settings?

- A) Time-out for every incident
 - B) Consistent routines and clear boundaries
 - C) Raising your voice to show authority
 - D) Ignoring all behaviour concerns
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2. The EYFS framework (Section 3, Safeguarding and Welfare) requires providers to:

- A) Use a single behaviour management strategy for all children
 - B) Designate a practitioner responsible for behaviour management
 - C) Refer all behaviour issues directly to parents
 - D) Avoid documenting behaviour incidents
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3. Which of the following strategies best supports self-regulation in young children?

- A) Encouraging turn-taking and sharing
 - B) Expecting children to sit still for long periods
 - C) Punishing mistakes immediately
 - D) Removing all toys that cause conflict
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4. When children display challenging behaviour, practitioners should:

- A) Label the child as "naughty"
 - B) Focus on understanding the child's feelings and triggers
 - C) Remove the child from all activities
 - D) Avoid discussing behaviour with parents
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5. Which of these is an example of positive reinforcement?

- A) Praising a child for helping a peer
 - B) Ignoring a child's effort to tidy up
 - C) Scolding a child for not listening
 - D) Giving rewards only when children are perfect
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True / False

6. Behaviour management should be the same for all children, regardless of age or individual needs.

7. Building strong, trusting relationships with children helps prevent behaviour difficulties.

8. Children learn self-regulation skills gradually and need adult modelling and guidance.

Scenario Questions

9. A three-year-old frequently pushes others during play. What is the best first step?

- A) Exclude them from group play
 - B) Talk to the child calmly, help them express their feelings, and model gentle play
 - C) Send a note home to parents without discussion
 - D) Ignore the behaviour as "just a phase"
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10. A child throws toys when frustrated. Which strategy is most effective?

- A) Remove all toys from the child
 - B) Teach the child calming strategies (e.g. breathing, asking for help)
 - C) Insist the child sits on a "thinking chair" for 15 minutes
 - D) Pretend not to see the behaviour
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Reflection Question

11. How does your setting currently promote positive behaviour, and what could you improve?

✔ Answer Key (for facilitator use):

1 – B

2 – B

3 – A

4 – B

5 – A

6 – False

7 – True

8 – True

9 – B

10 – B