

Colorectal Cancer (CRC) Screening

WHAT is the policy?

- Made by the Ontario Ministry of Health and Long Term Care.^[1]
- Established the policy in 2001 to screen individuals for colorectal cancer (CRC).^[1]
- Colorectal cancer symptoms are often non-specific and tend to go unnoticed, which is why frequent screening is very important.^[2]



WHO does it affect?

- Targeted towards ALL men and women aged 50-74.^[3]



The GUIDELINES

- Individuals with no history of colorectal cancer in the family should take a Fecal Immunochemical Test (FIT) every two years.^[3]
 - people with abnormal FIT results should get a colonoscopy within 8 weeks of receiving their results.^[3]
- Individuals with a history of CRC in the family should get screened with a colonoscopy every 5 years.^[3]



Did you know?
Colorectal Cancer is the third most commonly diagnosed cancer in Canada^[4]

What should I do?

- If you have already received a notice from the ministry of long term care, follow-up with the notice to receive the FIT test delivered to your home.
- If you fit the above criteria and do not have the screening notice/letter, contact your regular family physician and we will arrange for you to complete your screening as soon as possible!



***Feel free to
contact us if you
have any further
questions!***



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