

Bassetlaw Bulldogs RLFC
Covid Risk Assessment – Return to Play March 2021 v 2.1

Personnel

Employees/Volunteers					
Ref	Control Measure	Suggested / further actions	Action		
			By who	By when	Completed
1.1	Club to appoint Covid Officer	<ul style="list-style-type: none"> ▪ Oversee compliance of RFL and Government Guidance ▪ Report to committee 	PA	By June 1 st 2020	01.06.20
1.2	All Clinically Vulnerable volunteers are required to take extra care in observing social distancing.	<ul style="list-style-type: none"> ▪ Audit to identify this group. ▪ Monitor daily updates from the government on the status of different vulnerable groups including BAME groups. ▪ Consider individual risk assessments before returning to training/club facilities for BAME volunteers. ▪ All volunteers will be informed of this. ▪ Club committee will work with individuals who come to work/volunteer, to identify 'safe role' on site. 	PA	Before any coach attends	18.06.20
1.3	All volunteers, themselves or persons within their household, who have COVID-19 symptoms, should self-isolate for 14 days and should not attend training/club facilities during this period.	<ul style="list-style-type: none"> ▪ All volunteers will be informed of this directive. ▪ employees/volunteers will also be informed that, should they wish to, they are able to book a test for themselves or members of their household who have symptoms by using the website https://self-referral.test-for-coronavirus.service.gov.uk/. 	PA	Before any coach or player attends	18.06.20

1.4	Coaches must pre-plan activity carefully to ensure all tasks can be completed whilst maintaining social distancing.	<ul style="list-style-type: none"> All coaches to use RFL Return to Play 5 week coaching plans Allocate controlled zones/areas to players, clearly marked with coloured/numbered cones (helpful to ensure players all start/finish drills from the same position within their zone, maintaining 2m distance where required). Give clear and specific instructions to ensure players maintain social distance at all times. Address and correct any encroachment of social distance. Decide which equipment is necessary to use during sessions taking into account minimal sharing and the requirement to sanitise thoroughly at the end of the session. 	All coaches	Use RFL resources	Distributed weekly as published
1.5	Keep regular contact with colleagues who are self-isolating / working from home and monitor / support both their physical and mental health & wellbeing.	<ul style="list-style-type: none"> Consider nominating a named person responsible and provide guidance for making contact by email or phone. 	PA	Ongoing if required	
1.6	Support for employees/volunteers' wellbeing and mental health.	<ul style="list-style-type: none"> Regular communication with employees/volunteers. Follow guidance regarding supporting wellbeing. Share and encourage positive strategies for managing wellbeing. Regular contact and check in as teams. 	PA	Weekly check ins with coaches	
1.7	Ensure social distancing in staff only areas.	<ul style="list-style-type: none"> No staff areas available for these short sessions 			

Players					
Ref	Control Measure	Suggested / further actions	Action		
			By who	By when	Completed
2.3	If any players, or persons within their household, have displayed any COVID 19 symptoms they should not attend training/club facilities until after a period of 14 day self-isolation.	<ul style="list-style-type: none"> Parents/carers informed by letter of Government guidelines. Notice on club website and clubhouse entrances. 	PA	Shared as part of RFL resource	17.06.20
2.4	Provide virtual training for players who are unable to attend or until the club sees it fit for teams to return to training.	<ul style="list-style-type: none"> Audit parent survey regarding intentions to attend face to face offer. Use of the RFL's #fittoplay, #skilltoplay and #virtualclubs. 	PA	Offered as part of survey	17.06.20

2.5	Players attending training must follow the current government guidelines regarding social distancing and work in smaller groups as determined by the current advice by DCMS and Sport England.	<ul style="list-style-type: none"> ▪ Monitor updates from the government on the status of social distancing and maximum number of people from different households allowed to meet and participate in sport together. ▪ Training rota drawn up to restrict numbers on site and prevent crossover of teams, players and parents/carers. ▪ Brief the players about the safety measures that must be complied with during the session. ▪ Reinforce no physical contact during session including high 5's and handshakes. 	PA	Rota circulated before each session Briefings to take place before each session within individual pods	
2.6	Support for players' wellbeing and mental health.	<ul style="list-style-type: none"> ▪ Signposting to well-being and support resources. ▪ Sharing good practice through website/message groups/social media. 	All coaches	Report any concerns to Sarah A	
2.7	Support for parent/carer anxiety on return to training and playing.	<ul style="list-style-type: none"> ▪ Strategies for supporting well-being shared on website/message groups/social media. ▪ Contact and communication with home via coaches and CWO. 	All coaches	Briefings to take place before each session within individual pods	
2.8	Publish a revised parental Code of Conduct to remind of the changes to routines.	<ul style="list-style-type: none"> ▪ Information on potential changes to: <ul style="list-style-type: none"> - Drop off/pick up routines and regulations - Parental application of suncream before arrival to training (where applicable) - Bringing and use of own hand sanitiser - First Aid practices - Dealing with illness/injury during sessions 	PA	Done as part of booking form	17.06.20
2.9	All players to undertake Covid Health Screening Test at home before they set off.	<ul style="list-style-type: none"> ▪ Parents complete booking form each session including a section on agreeing to conduct screening test ▪ Any players, coaches or parents who have any Covid19 symptoms must not attend, but must also inform the club 	All players and staff	Booking form	10.08.20

Club facilities

Capacity, access and egress					
Ref	Control Measure	Suggested / further actions	Action		
			By who	By when	Completed
3.1	Designated entrance and exit points to the building.	<ul style="list-style-type: none"> No communal buildings on site 			
3.2	Develop, share and display drop off/collection protocols, e.g. one-way system and one parent/carer only to drop off/collect child.	<ul style="list-style-type: none"> One way system to car park to be used 	PA	18.06.20	
3.3	Ensure coaches, parents and players follow the Coronavirus (COVID-19): safer travel guidance for passengers when planning their travel.	<ul style="list-style-type: none"> Letter to parents/carers. Link to guidance on website. 	PA	As part of booking form	17.06.20
3.4	Restrictions on access to facility by third parties (parents, members of the public, visitors, other facility users etc).	<ul style="list-style-type: none"> Inform parents that no more than one parent per child (not including coaches and volunteers) may attend training or games Other users of the field must wait until the training session/game has ended before entering the venue and must scan their own club QR code 	PA	As part of booking form	24.09.20
3.5	Minimise opportunity for players/parents to gather in larger groups at the end of the sessions.	<ul style="list-style-type: none"> Exit expectations presentation shared and reinforced by all staff. Letter to parents/carers reminding of new arrangements and warning of ongoing risk. Assign specified drop off and pick up times for different groups / teams. Players and parents/carers should leave the facility swiftly at the end of the session. 	PA	As part of booking form	17.06.20
3.6	All visitors over the age of 16 are required to scan the NHS QR code or leave their contact details with a designated person.	<ul style="list-style-type: none"> This includes coaches, volunteers and parents. 	PA	QR code Sign-in list	24.09.20

Infection Control, Cleaning and Hygiene Arrangements

Ref	Control Measure	Suggested / further actions	Action		
			By who	By when	Completed
5.1	Employees/volunteers/coaches/players who are experiencing symptoms associated with COVID-19 are instructed not to attend the facility and to <u>refer to current advice and guidance</u> .	<ul style="list-style-type: none"> ▪ All users informed of this directive. 	PA	Part of parent briefing	16.06.20
5.2	Provision of hand-washing / hand-hygiene facilities at entrances and throughout the facility (regularly monitored & maintained).	<ul style="list-style-type: none"> ☑ Hand Sanitiser available at key points. ☑ All users will be reminded of the need for good hand hygiene. ☑ Reminded to catch coughs and sneezes in tissues – Follow 'Catch it, Bin it, Kill it' and to avoid touching face, eyes, nose or mouth with unclean hands. ☑ Hand washing guidance available to view here: https://www.nhs.uk/live-well/healthy-body/best-way-to-wash-your-hands/ 	PA	<ul style="list-style-type: none"> ▪ Pre-wash routine shared in parent booking form ▪ Part of coaches briefing each session ▪ Tissues and hand sanitizer available 	20.06.20
5.3	All users are encouraged to regularly wash their hands with soap and water, especially upon leaving home and arriving back.	<ul style="list-style-type: none"> ▪ Notify through the parent booking form 	PA		17.06.20
5.6	Sharing of water bottles and other personal equipment is prohibited. (Players must bring their own provisions to training sessions, not to be provided by the coach or shared with another player).	<ul style="list-style-type: none"> ▪ Players bring own water bottles to training. ▪ Check this on arrival and assign each player a space for their belongings away from others. ▪ Monitor during sessions to ensure this is adhered to. 	PA	As part of parent booking form	17.06.20

5.7	Equipment that may need to be shared (for training) should be cleaned and sanitised before and after use.	<ul style="list-style-type: none">▪ Regular and thorough cleaning after each use with disinfectant or anti-bacterial wipes.	PA/SA	20..06.20	
5.8	Additional lidded bins around the facility and increased emptying.	<ul style="list-style-type: none">▪ Bins emptied after session	PA	20.06.20	

Key Roles and Responsibilities

Ref	Control Measure	Suggested / further actions	Action		
			By who	By when	Completed
6.1	Sufficient employees/volunteers and resources are in place to maintain the cleanliness of the building and to carry out necessary inspections of consumables needed to maintain hygiene (including their replenishment).	<ul style="list-style-type: none">Committee monitor cleaning provision throughout.			
6.2	Any Emergency First Aid given by qualified staff must be done safely.	<ul style="list-style-type: none">Face Mask / Mask / Apron / Gloves to be worn and disposed of following use.			
6.3	Sufficient employees/volunteers are in place to enable safe evacuation of the building in the event of an emergency.	<ul style="list-style-type: none">Clear routes and social distancing measures adhered to.Revised fire evacuation procedures and marshalling to be followed.			