

COMMUNITY GAME GUIDANCE

ALL PARTICIPANTS MUST FOLLOW GOVERNMENT GUIDANCE ON SOCIAL DISTANCING



SOCIAL RUGBY LEAGUE AND LARGE NON-CONTACT TRAINING SESSIONS RESUME EFFECTIVE MONDAY 10TH AUGUST 2020

This guide has been designed to be used by clubs, players, club officials, club welfare officers, match officials, volunteers, parents/carers, spectators, rugby league partners and facility providers. Every club, player and match official has the ability to choose whether they wish to return to activity.

This document outlines action to be taken before, during and after any rugby league activity in England, it should be read in conjunction with the latest UK government Covid-19 guidance available [HERE](#) and the more detailed guidance document produced by the RFL available [HERE](#).



BEFORE ACTIVITY

- Everyone should self-assess for Covid-19 symptoms – before any activity commenced – more details [HERE](#)
- Clubs should have a Covid Officer – more details [HERE](#)
- Complete a Risk Assessment – more details [HERE](#) a template risk assessment can be found [HERE](#).
- Strict personal hygiene measures in place – more details [HERE](#)
- Equipment hygiene protocol to be in place – more details [HERE](#)
- Follow government guidance on travel – more details [HERE](#)
- Clubhouses, changing rooms and toilets should be prepared in line with government guidance – more details [HERE](#)
- Participants should arrive changed and ready to take part
- Meet up times should be adjusted and controlled as part of the risk assessment

DURING TRAINING & SOCIAL GAMES

- All activity must follow the RFL training guidance found [HERE](#)
- Training activity can take place for all participants in accordance with the RFL guidance.
- Social Rugby League activity can take place in accordance with the RFL guidance.
- The sharing of kit and equipment should be avoided and participants should bring their own drinks or refreshments, in named containers.
- Participants must not spit and should avoid shouting or raising their voices when facing each other, as detailed in **THE RFL COVID-19 CODE OF BEHAVIOUR** which can be found [HERE](#).
- Observing rigorous hygiene standards, injuries can be treated. See full guidance [HERE](#).
- Spectator groups should be limited to six people per group and spread out in line with government guidance

AFTER ACTIVITY

- Hands should be washed at the earliest opportunity and personal equipment should be wiped down with a disinfectant.
- Unless absolutely necessary, participants should take their kit home and wash it themselves, or have this washed by family members. Post-activity showers should be taken at home.
- Everyone must continue to maintain social distancing including in any facilities where groups of people congregate (e.g. clubhouses).
- Everyone should leave following the traffic-flow system the club or facility provider has put in place.
- Anyone who becomes infected after training/matches should report this to the NHS test and trace system.

DISCLAIMER

This guidance is for general information only and does not constitute legal advice, nor is it a replacement for such, nor does it replace any Government or PHE advice; nor does it provide any specific commentary or advice on health-related issues. Affected organisations should therefore ensure that they seek independent advice from medical practitioners, or healthcare providers, prior to implementing any re-opening plan, as required. Independent legal advice should be sought, as required and depending on your, or relevant circumstances. While efforts have been taken to ensure the accuracy of this information at the time of publication, the reader is reminded to check the Government website to obtain the most up-to-date information regarding social distancing and any other Government measures.