

Classes for Parents and Caregivers



Where?

In Person at SAFE

213 Main St.

Towanda, PA 18848

When?

Every Tuesday

March 31st to April 28th
at 6:00 pm.

What?

Managing Emotional Mayhem

Supporting Big Feelings in a Trauma-Informed Way ~ for You and Your Child

How?

Register by sending an email

to: safe@safenepa.org

Or by calling: 570-250-7401

**Childcare will be provided
on site** ❤