

# NURTURING PARENTING SKILLS FOR FAMILIES



The Program is facilitated by  
Supporting Area Families  
Everyday (S.A.F.E.)

## Program Description

This FREE, family-centered trauma-informed program is designed to build nurturing parenting skills. Topics focused on throughout the curriculum include some of the following:

- Children's growth & development
- Personal power and self-worth
- Managing and communicating feelings
- Discipline and managing behavior
- Nurturing routines
- Managing anger and stress
- Cultural and parenting traditions

## Wednesday evenings online from 6-7pm Beginning July 16, 2025

To register for this Zoom class, call S.A.F.E. at 570-250-7401 or visit [www.safenepa.org](http://www.safenepa.org).



Sponsored by Bradford/Sullivan SCA, Drug & Alcohol