



GFWC Arizona Clubwoman

President's Message: Why GFWC?

SAVE the DATE!



**2024 GFWC
Annual Convention
Chicago Hilton
Chicago, IL
June 29-July 1 2024**



The Value of One,
the Power of Many,
Creates a WE CAN DO IT!
Attitude.'

Have you or one of your club members said, "Why does our club belong to GFWC? Why is it important for us to belong?"

Have you watched a helium-filled balloon rise up on its own? Have you watched many helium-filled balloons rise up together? Which of these would be able to carry a heavier load. One or Many?

The General Federation of Women's Clubs is a 133-year-old organization. To belong to such an organization which has a history of helping their communities locally and internationally is an honor. To be a member in a volunteer club which is federated puts 'the cherry on the cake'.

Here are some of the historical accomplishments which helps tells the GFWC story and why belonging is '*the cherry on the cake*'.

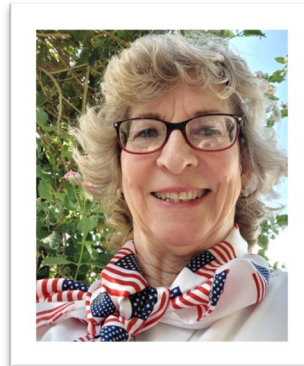
Beginning in 1899, GFWC's Chicago Woman's Club supported the juvenile court law, the first ever to be passed in the United States. This law became the model for all subsequent juvenile court laws, many of which were passed with the insistence of GFWC Clubwomen.

In 1906 GFWC member Alice Lakey spearheaded a letter and telegram writing campaign, which was essential to the passage of the Pure Food and Drug Act.

In 1932, GFWC established the Junior Department in response to an increasing number of young women wanting to participate in volunteer community service.

In 1944, through the GFWC Buy a Bomber campaign during World War II, state federations sold war bonds worth \$154,459,132—enough money to purchase 431 planes.

In 1955, GFWC first established the 'Community Achievement Program', which is now called the Community Impact Award. This program recognizes clubs that best improve the quality of life in their communities.



Grace Kobjek
GFWC-AZ President

Continued on page 21 "A Cherry Day"



Nominations for 2024-2026 State Offices

Penny Peterson, GFWC-AZ Parliamentarian

"Of greatest influence to the success of an organization may in fact be the leadership traits/qualities of its main leaders!" If this bold statement is true, then GFWC Arizona needs the leadership skills of those who can provide direction, vision, motivation, and inspiration to the members to achieve the organization's goals. If you say, "I can do that!", then consider seeking a nomination for a 2024-2026 GFWC Arizona office. The success of our organization BEGINS with our members. Let that member be YOU!

Nominations may be submitted for the offices of GFWC Arizona First Vice President, Second Vice President, Recording Secretary, and Treasurer. All endorsements are to be sent to Liz Duncan, Nominating Committee Chairman, 5404 West Hasan Drive Laveen, AZ 85339 **on or before November 15, 2023.**

GFWC BYLAWS – ARTICLE VII Nominations & Elections SECTION 4

A candidate for GFWC-Arizona office shall have:

1. Been an active member of a GFWC-Arizona club for a period of at least five (5) years or served as a GFWC State Officer or GFWC District or Club President in another state.
2. Served as president of a GFWC-Arizona club.
3. Served on State, District, or Junior Membership Executive Committee or as a GFWC-Arizona Community Service Program Chairman, Division Chairman or Program Chairman.
4. Be endorsed by the candidate's club and/or District.
5. A nominee for GFWC-Arizona President must have served at least four (4) years on the GFWC-Arizona Executive Committee.

B. All endorsements, which shall include qualifications, must be sent in writing to the Nominating Committee Chairman on or before November 15th of the odd year. Consent to serve, if elected, must accompany endorsement. All endorsements shall state the office that their candidate seeks and the Nominating Committee shall not place the nominee as a candidate for any other office.

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Self Reflection

Walking The Talk

Do you see yourself as a leader? Many people like to be thought of that way, and the truth is, we are all leaders to some extent. Virtually everyone of us has taken on a leadership role with our families. Some of us have been thrust into leadership roles in the workplace. Many of us have provided leadership to a committee or on a special project. Others have assumed leadership positions as officers or chairman on the club, district or state level.

Maybe the question isn't "Am I leader?" Maybe the question is "What kind of leader am I?" We know that outstanding leaders share specific characteristics. Do you "walk the talk" by demonstrating the following skill set?

Effective Leaders are Good Listeners Regardless of their communication style, leaders know that every meaningful dialogue starts with listening. "Seek first to understand, then to be understood", Stephen Covey tells us. This is excellent advice.

Effective Leaders Embrace Life-Long Learning Rather than assuming they have all the answers, leaders are open to new ideas and new ways of doing things. Everyone has something to teach us, if we are open to learning.

Effective Leaders are Service Driven They set their own ego aside and focus on a larger agenda. Leaders are more interested in moving the organization forward than in receiving attention or accolades for their work.

Effective Leaders Recognize the Value of Self Care As women, we know that we can only be at our best when we have taken care of ourselves. By resting & recharging, we come back to our tasks that much stronger.

Effective Leaders are Accountable One of the hallmarks of a leader is the ability to follow-thru on their commitments in a timely manner. Deadlines are met. A promise made is a promise kept and if things go wrong, leaders take responsibility to correct the situation.



Suzanne Blomme
Leadership Chairman

Effective Leaders are Focused A leader's toolkit contains the skills to implement & follow-thru with a cycle of strategic planning, goal setting and program evaluation.

Effective Leaders are Compassionate Laying judgment aside, leaders are mindful of other people's emotions. Leaders accept people for who they are. They offer support as needed, forgiving human frailty, and instead displaying sensitivity and tolerance.

Leadership is not a position or a title. Leadership is an action and an example. We all need to ask ourselves: Do I "walk the talk"? What kind of leader am I? Our answers can serve to strengthen our skills and better serve our clubs.

Great leaders don't set out to be a leader...they set out to make a difference. It is never about the role, it is always about the goal. - Cathy Bailey

Debbie Grieder
GFWC-AZ Treasurer

It is suggested that clubs do an audit annually for several reasons. These include being transparent and for accountability of the club's financial position to members. Through an audit, the club may also find ways to implement improvements to their method of conducting financial transactions.

1. Appoint a club member or small committee to perform the audit. Who you appoint should be familiar with the club's current method of transacting financial business. You DO NOT have to appoint someone outside the club, especially if they require payment.
2. Collect the following records from your treasurer and/or financial manager:
 - Treasurer's Reports for the period being audited. Most clubs audit each fiscal year.
 - Fiscal Year report that shows the beginning bank balance, total income and expenses, and the ending balance in the checking account.
 - Bank Statements which cover the dates being audited.
 - Vouchers and records showing transactions. These may include cancelled checks, QuickBook reports, Excel spreadsheets, etc.
 - Statements of investments of the club for the time being audited.
3. The club's audit is intended to ensure that the club's income and expenses were recorded properly on the treasurer's books (statements) and that no sums were under – or over – reported.
4. It is NOT necessary to verify each and every financial transaction that your club treasurer made for the entire year. Things the auditor can quickly verify:
 - The club has records of transactions, both deposits and payments, through some sort of voucher system;
 - The treasurer's checking account register balances each month with the appropriate bank statements;
 - The Treasurer's ending balance on reports made to the club accurately reflect the beginning and ending balance in the bank for that time period;
 - Investments are accurately reflected on reports made to the members on either the treasurer's reports or other reports.
 - The beginning balance for the fiscal year, plus the total income minus the total disbursements, balances with the amount of money in the bank at the end of the fiscal year.

The world is changed by your example, not your opinion -Paulo Coelho

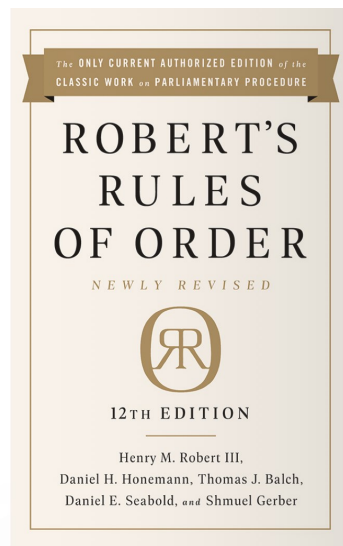
If there is no objection...

Penny Peterson, GFWC-AZ Parliamentarian

Many times, a matter can be resolved during a meeting without a motion. *"If there is no objection"* are the five magic words that provide for a streamlined handling of the motion/voting process on matters of general agreement. It allows the assembly to move quickly through non-controversial issues so that more time can be spent on controversial issues. Reports and motions can be adopted, minutes can be approved, and debate can be ended with general consent.

This procedure called **unanimous consent**^[1] or formally called **general consent** can be used to adopt a motion without the steps of stating the question and putting the question to a formal vote, or it can be used to take action without the formality of a motion. The chair will merely state, *"If there is no objection, (we will adopt a motion to do such and such)."* When no objection is heard, the chair states, *"Since there is no objection, ... (such and such a motion is adopted)."* If a member objects, the matter should be resolved with a motion and vote.

[1] RONR (12th ed.), p.49-50, 4:58-4:60

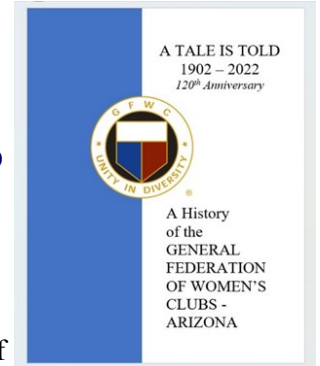


Did you know?

Robert's Rules of Order is the recognized guide to smooth, orderly, and fairly conducted meetings.

As indispensable now as the original edition was more than a century ago, Robert's Rules of Order Newly Revised is the acknowledged "gold standard" for meeting rules.

1902-2022 - A History of the General Federation of Women's Club — Arizona



In celebration of the 120th Anniversary of GFWC Arizona,

The Tale is Told – Volume 4 was published as a compilation of the history of the General Federation of Women's Clubs – Arizona (GFWC-AZ) from 2002 – 2022. Read the individual federation histories contributed by each of the current thirty-two (32) active GFWC-AZ clubs. Also included in the book are the histories of forty (40) past GFWC-AZ clubs that were members of the federation from 2002-2022,

Take yourself down memory lane when you read the written history of the sixty-six (66) administrations of state, junior, and district leadership who served our Arizona federation from 2002 – 2022. If you are new to the federation, this is an opportunity to gain knowledge about the Arizona clubwomen who came before you and contributed to writing the history of community volunteer service in Arizona.

Not to be forgotten are the first 100 years of the history of the Arizona Federation of Women's Club and later as the General Federation of Women's Club – Arizona, Inc. The projects and programs of the federation from 1902-2002 are highlighted for your information as part of *The Tale is Told – Volume 4*.

The books are available for purchase at state and district meetings for \$18.00 each. You may also order a copy by sending a check, payable to GFWC Arizona, to Penny Peterson, 2641 E. Lupine Ave., Phoenix, AZ

Communications/Public Relations

Question & Answer

QUESTION:

Dear Shelley,

Please settle an issue I am having with club members. When I send an email, I use capital letters to emphasize important information and/or to make sure members read the whole email message.

Club members say I am yelling at them. IS IT APPROPRIATE TO USE ALL CAPITAL LETTERS IN AN EMAIL when I want to emphasize important information?

Signed, "~~NOT YELLING!~~"

ANSWER:

My short answer is, "no", it is not appropriate to use all capital letters when writing an email. EVER.

Why is it inappropriate?

Without context, using all caps is often perceived as electronic yelling. You may simply be trying to get a point across, while the reader thinks you're shouting at them. To eliminate any perception of yelling, focus your readers on your core messages, switch to one of the following forms of capitalization:

- **Sentence case.** With sentence case, you capitalize the first letter of the first word only. For example: "Three reasons to avoid using all caps."
- **Title case.** With title case, you capitalize the first letter of each word, rather than just the first word. Typically, you exclude words such as conjunctions (e.g., "and" or "but"), prepositions (e.g., "to" and "in") and articles (e.g., "a" or "the"). For example: "Three Reasons to Avoid Using All Caps." Both styles are well accepted.

Another reason not to use all capitals is that words written in uppercase text are harder to read. Studies show that people read uppercase words up to **10 percent slower** than other text. Some experts say that uppercase text affects word shape recognition.



Shelley Robinson
Communications Chair

In other words, it's more difficult for people to recognize and process the boxy shapes of uppercase words. Other cognitive experts have differing theories. Regardless of why it happens, the result is the same. When you write text in all caps, you're making your club members work harder to read your message.

I hope this helps to improve your club email communications.

Living the Volunteer Spirit,
Shelley



Civic Engagement and Outreach

Rosalie A. Dialessi, Chair

The fall months are rapidly approaching and Arizona women's clubs will soon be meeting once again and putting together their calendars for the upcoming club year. Under Civic Engagement & Outreach Community Service Programs there will be many opportunities in your communities during the year. Below are a few ideas for projects/programs that might interest and motivate your club members.

October 1-31st is Breast Cancer Awareness Month

October 1-31st is National Bullying Prevention Month-

GFWC Arizona clubs can make an impact on this issue by supporting organizations that address this issue in our communities, and schools.

October 16th is World Food Day-Clubs can hold a non-perishable food drive to help support their local food pantries.

October 16th is Start a Heart Day-this would be a great time to have someone come to a club meeting to discuss heart health or sponsor a CPR course. Recognize first responders with baskets of heart healthy treats.

November 1-30, is National Family Caregiver Month- This month is dedicated to supporting caregivers as they care for others. This year's theme is "Caring Around the Clock". Clubs could show their support by supplying resources for self-care, advocacy, and learning de-stressing methods for caregivers. Many of our club members have found themselves in caregiver positions.nationaltoday.com

November 11th is Veteran's Day- Support and honor our Veterans on this day. These men and women both here and abroad need to know that we the citizens of the United States care about them. Club's can do this by sending cards, treats, and comfort products, to veteran groups.

November 13th is World Kindness Day- GFWC Arizona clubs can extend kindness and support to the new immigrant arrivals in Arizona such as the Welcome to America Program located in Phoenix with donations of home goods, furniture, bikes, and clothing.

November 24th is Win Friends & Influence People Day in the USA. I think this day would be a great time to increase the GFWC Arizona membership. The club women of Arizona have been winning friends and influencing people for years with our programs and projects. Let's continue to do so on this day.

GFWC-AZ Affiliates

Celene Post, Chair

HOPE FOR JUSTICE

Hope For Justice and the General Federation of Women's Clubs (GFWC) share a common mission and vision: to live in a world free from trafficking. Human trafficking is a global problem and Hope For Justice brings a global solution. They target their resources where they will have the most impact and help the most people. By collaborating with GFWC clubs across the country, we can be the generation that ends human trafficking by embedding our education, awareness, rescue and aftercare support services, into those communities.

SPOT THE SIGNS OF SEX TRAFFICKING

Physical or Sexual Violence
Under-age children
Deception
Abuse of Vulnerability
Intimidation and Threats
Restriction of Movement
Fear and Anxiety
Limited Family/Social Contact

If you have reason to believe a person is in immediate danger, call 911 first. To report a concern, call

Hope For Justice, 1-615-356-0946.

Hope For Justice leads the fight against child sex trafficking around the world. If you believe you may have encountered a victim of human trafficking, contact Hope For Justice, you may be saving someone's life.



Health and Wellness

By Joan Stempski,

"Wellbeing is about the combination of our love for what we do each day, the quality of our relationships, the security of our finances, the vibrancy of our physical health, and the pride we take in what we have contributed to our communities. Most importantly, it's about how these five elements interact."

– Tom Rath



GFWC Convention News

The GFWC Annual Convention in Louisville was an informative and celebratory event. Congratulations to the Health and Wellness CSP Award Winners:

- Category 1: GFWC New Jersey
- Category 2: GFWC Georgia
- Category 3: GFWC Delaware
- Category 4: GFWC Kansas
- Category 5: GFWC Oregon

Club Creativity Award: GFWC Semper Fidelis Club, ME – "The Yellow Tulip Project"

Club Creativity Award – Honorable Mention: GFWC Iowa Lake City Monday Club, IA "Files for Life"

All of our clubs are winners in their communities for the hope and happiness they bring to their neighbors. They truly are "enhancing the lives of others through volunteer service". Go to the GFWC Member Portal for a list of the Top 10 Projects.



Legislation/ Public Policy

Michele Brown, Chairman

GFWC-AZ President, Grace Kobjek has appointed Michele Brown to the position of GFWC-AZ Legislation/Public Policy Chair for the remainder of the 2022-2024 GFWC-AZ Administration.

Michele is a member of the Tempe Women's Club and also served as the 2023 Arizona State Leads representative at the National Convention last June.

Michele replaces past chair, Terry Odhner. Terry had to resign the post due to health issues. The state thanks and sincerely appreciates all Terry did while serving as



Michele Brown (left) is pictured with GFWC International President Debra Strahanoski

On a Personal Note:

Doris Berry, 2018-2020 GFWC Arizona Past State President, broke her foot in August. She is recovering but it is a slow process. If you would like to send her a card as she recovers, her address is below: Doris Berry, 7550 N. 16th Street, #5106, Phoenix, AZ 85020.

It is with a great deal of sorrow that Marcia King (GFWC Buckeye WC) announces the passing of **Vicky Estes**. Vicky was a club member for 22 years and served as club president for 2012-2013. She also served as vice-president and recording secretary.



Dianne Maki-Sethi

Canine Companion Advocate

Canine Companions

September was National Service Dog Month and September 20th was National Service Dog Day - a month dedicated to celebrating the amazing work, companionship and independence service dogs offer.



The Tucson Woman's Club petitioned the Tucson Mayors office for a Proclamation establishing September as Service Dog Month. We received a proclamation that established Service Dog Week – September 18th to the 24th with National Service Dog Day the 20th in mid-week.



We were able to customize the proclamation by working with Gwendolyn Seah, Volunteer Coordinator gseah@canine.org of the Southwest Region. She was able to tell us there are five (5) Teams

and four (4) Puppy Raisers in the Tucson area.

We also introduced our Club members to Libby. We are sponsoring Canine Companion Libby. She joined us at our meeting October 2nd! For more information about how you can become involved with Canine Companions, visit canine.org.



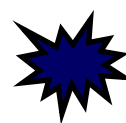
Community Impact Programs

By Diane Eckley, CIP Chair

The time is getting close to the end of the Community Impact Program period. Perfect way to show all your efforts for club projects. Take a look at what projects you have done for and with your community. How much of an impact was there? You did make a difference in your community with your commitment to volunteering?

There was an excellent article in the newsletter from the GFWC Community Impact Program Chairman, Beth Smith. "Impact-have a strong effect on someone or something". Just think what you could do with the recognition and the award money you receive of \$100 from the State and \$2500 from national! So members, start organizing your hard work and send a CIP report. The entry form can be found in the GFWC Club manual, along with the criteria.

Need more information? Feel free to call or email. 602-301-2370/ e-mail: dianeckley@yahoo.com



Did you know?

GFWC Special Programs and Community Service Programs

GFWC launched five Community Service Programs to build upon the difference the Federation has collectively made throughout the United States—and across the globe. A few years ago, the Community Service Programs and Special Programs were re-structured to help clubs light a path for the future and better address the current and upcoming needs of its communities.

LEADS -AZ

By Grace Kobojek, GFWC-AZ President

GFWC has a LEADS Program which one club member, from each state, has an opportunity to attend each year during the international convention.

During the current GFWC administration, all state presidents were encouraged to develop a state LEADS program. Arizona did develop and held the first LEADS program in many years in Florence, Arizona.

On Saturday, September 16, 2023 sixteen GFWC-AZ club members participated in a day- long Arizona Leadership Education And Development Seminar (AZ-LEADS). Members of the GFWC-AZ LEADS Graduate Club helped with the seminar. Mary Smalling, president, Diane Eckley, and Tere Lord were there to assist with registration and throughout the day where needed.

The GFWC Florence Woman's Club hosted this state event by opening its clubhouse doors at 8 am to welcome the seminar presenters and participants.

Shelley Robinson, GFWC-AZ Communications/ Public Relations Chairman, Suzanne Blomne, GFWC-AZ Leadership Chairman, and Grace Kobojek, GFWC-AZ President were seminar developers and presenters.

The seminar attendees received an overview of the General Federation of Women's Clubs history, took a leadership-style assessment, participated in team-building, and roundtable discussions. Other topics presented were Active Listening, Time Management, Organizational Ideas, and Delegating. Several virtual, hour-long, topics will be covered, in the next few months, for the participants to complete the program.

Other club members have expressed interest in participating in a spring seminar. The Executive Committee will be discussing this opportunity to provide this seminar again very soon.

Thank you to the seminar participants, presenters, and the State Executive Committee for supporting this leadership program.

LEADS-AZ Class of 2023-2024

Agnes Peterson- Read

Las Noches WV

Joan Mertens

Glendale WC

Maureen Downey

Florence WC

Marty Rice

Los Noches WC

Susan Emore

Florence WC

Kathy Garrett

Woman's Club of Safford

Karen Parks

Florence WC

Monica Smith

Woman's Club of Safford

Shirlene Carillo

Florence WC & San Tan Valley WC

Terri Hiber

San Tan Valley WC & Florence WC

Mary Hackett

Florence WC

Michele Brown

Tempe WC

Barney Thornton

Florence WC

Barbara Clemens

ESO Fifth Wheels & Tucson WC

Dianne Maki- Sethi

Tucson WC & Chili Peppers WC

Jeanette Parrales

Nogales WC

CONGRATULATIONS!

GFWC-AZ Club Highlights—

Woman's Club of Safford



The GFWC-WCS sponsored a burrito sale to raise proceeds for Mt. Graham Safe House. The sale was held at MiCasa Torlla with WCS member, Elsa Seballos, volunteering to be Chairman of the event. Elsa is also the owner of the business and provided in-kind donations with extra staffing at MiCasa Torlla for the event.

The WCS used the \$500 grant money to purchase the supplies. We held the burrito sale on August 25, 2023 and offered three types of burritos. We started the sale at 10:00 am with volunteers from the WCS and MGSB and by 12:30pm, we were all sold out. WCS raised \$1700. We will be presenting Mount Graham Safe House with a check for \$1150 at our next meeting in support of Domestic Violence Awareness Month.

At that meeting MGSB presented a program called “In Her Shoes” which is a role play of how domestic survivors navigate their situations. The meeting was held October 13, 2023 @ 11:30am at The Woman's Club of Safford Clubhouse. The remaining proceeds will help the club pay for a new air conditioner.

Paradise Valley Women's Club



Members of the PVWC meet to discuss upcoming craft projects (pumpkins & ornaments) to do with students at the Sweetwater Community School, an alternative high school in the PV District.

The club has taken these troubled teens under their wing by offering a time of mentorship while making craft items.



Paradise Valley Junior WC

"Cans Because We Care Campaign"

The GFWC Paradise Valley Junior Woman's Club participated in the **GFWC National Day of Service** through their "Cans Because We Care Campaign" for the Paradise Valley Community Food Bank. Members collected food items and cash donations from family, friends, and community members to help fight food insecurity. The goal was to collect \$1000. The club was thrilled when their campaign netted \$2041.45 (538 pounds of food worth \$611.45 and cash donations of \$1430).

A Lesson in Service to Others....

One of their donors was Andrew, the 7-year-old grandson of club member, Marilyn Sharp. He had collected \$22 from a charity drive in February that he decided to use for the club's project. With his baggie of money in hand, he selected WINCO to shop and personally selected his food choices based on what he liked to eat and what he thought was a good price. Through the process Marilyn discussed with Andrew what the food bank did for needy people. Two ladies watched and stopped to chat. Andrew explained in a very adult-like manner what he was doing for charity. Marilyn was very proud of Andrew for thinking beyond himself to be of service to others and thankful that GFWC Paradise Valley Junior WC had the opportunity to teach the younger generation the value of volunteering.



Pictured: Andrew, Grandson of Marilyn Sharp.
Debbie Grieder, Club Campaign Chairman, presenting donation of \$1430 to Kay Norris, Executive Director, Paradise Valley Community Food Bank

Florence Woman's Club National Day of Service

The **National Day of Service (NDS)** is a day in which all General Federation of Woman's Clubs (GFWC) come together in service to highlight an area of need, take action to address it, and raise public awareness about its importance.

The Florence Woman's Club participated in this national event by organizing a Peanut Butter drive in Florence. Club members collected nearly 100 pounds of peanut butter for area organizations who serve those in need in Florence and Coolidge.



Pictured left to right: Karen Parks, Barb Ketner and Sue Rekart.

The GFWC-Florence Woman's Club is a national organization whose goal is to improve communities through volunteer service. The club meets at 5:30 pm the second Thursday of the month at their historic clubhouse located at 231 N. Willow Street in Florence. All women are welcome. For more information, please call Shelley, Membership Chair at 218 966 0517.

GFWC-AZ Club Highlights—Monday Club



Hats off to all who made our
128th ANNIVERSARY a success!



Our 128 Anniversary Tea was a spot of fun! Not only did we get a wonderful tribute from Prescott Mayor Phil Good and City Councilman, Eric Moore, the music provided by Alan Harkrader was excellent.



And then there were the hats!

GFWC-AZ Club Highlights

GFWC ViSaWen Women's Club

ViSaWen held a cake / farewell for Patty Palmer. Patty has been a member since 1996. Held several chairman of programs for many years. She was also active on Southwestern District. Patty and her husband was very active in the community. Patty and her husband, Jerry, will be moving to Oklahoma, they will be missed.

Members are very busy getting ready for our Holiday Bazaar, in November, handmade items, opportunity drawing for a quilt and sweet tooth table.

Looking forward to our winter members to return soon. Safe travels to all.



Tempe Junior Women's Club

Several members of GFWC Tempe Juniors were quite inspired by the H.E.L.P. [Homeless Engagement Lift Project] presentation at GFWC-AZ State Convention in May.

Members enjoyed decorating the snackz bagz with inspirational messages so much they decided instead of taking the summer month of July off, they would decorate bags for H.E.L.P. and help them meet their 25,000 bag goal to be ready for back-to-school.

Members of club decorated a total of 520 snackz bagz and delivered them to H.E.L.P. Pictured are just a few samples of the bagz!

Beverly Adams, President
GFWC Tempe Junior Woman's Club



GFWC-AZ Club Highlights—Glendale Woman's Club

June 2023-Summer Sewing Success. Special thanks to GWC Club members Pat Fehlhaber and Yolanda Camacho who put this class together. Supported by their totally awesome and amazing GWC members, family, friends and including fellow GFWC Paradise Valley Club Anne Phelan, we proclaim our summer sewing classes a sewing success. By the way, if you want to join the fun in 2024, send an email with your contact details to Pat at gfwcazglendale@gmail.com.



July 2023-Little Libraries help make Ashley's Place a Home.

GFWC Glendale Woman's Club Veterans Committee recently delivered two little libraries to Ashley's Place, group homes for women Veterans who are experiencing homelessness and experienced sexual trauma during their time in service. Our Veteran's Committee purchased new bookcases, arranged delivery and installation, then stocked each little library with new/gently used books. Club members also donated much needed toiletry items, makeup bags filled with makeup, and a \$25 gift card for each home to use where most needed. Pictured is is Veterans Committee Chair Barb Barborak with Toney Black, Director/Counselor for Ashley's Place.



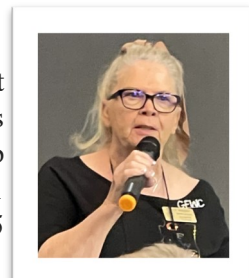
July 2023-We are on a mission at the **GWC to provide every new Habitat for Humanity home built in Maricopa County** with a bookcase and at least 25 books. Along with books, we include a family board game, a puzzle, and soft furry friends for little ones to enjoy. The 8th bookcase was delivered in August and from the smiles on our children's faces, it looks like we can call this program a success.

Summer 2023-GFWC Glendale Woman's Club Summer hosted educational opportunities for the public. Starting with a series of topics under Public Policy/Legislation. The June event was a class on Community Advocacy, who to contact and examples of why you want to be involved. Our July class featured guest speaker Analise Ortiz, Legislative Representative-District 24 and former Senator Paul Boyer, who led the crowd in a lively discussion-how does the legislative process work. The August topic was all about Voting in Arizona. How it works, dates to remember with former County Recorder Helen Purcell sharing her experiences as Arizona's County Recorder from Jan 1989-Dec 2016. As a result of these educational events GWC gained 2 new members!

Words show who people want to be. Actions prove who they are.

- Anthon St. Maarten

Cheryl Kappes-President
on Behalf of GFWC Glendale Woman's Club
Serving Glendale and beyond, since 1901
Cell/Text : 623-937-9915



GFWC-AZ Club Highlights—Buckeye Woman's Club

By Marcia King, President

On Memorial Day, Monday, May 29, 2023, members of GFWC Buckeye Woman's Club attended the remembrance ceremony at Louis B. Hazelton Cemetery in Buckeye.



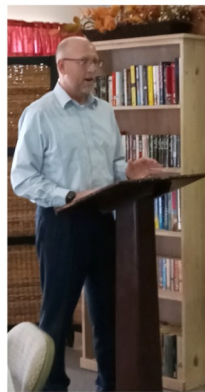
The significance of each item on the "Missing Man" Table was explained. The club provided bottled water for the event.



Club members got together September 21, 2023, at the clubhouse to sort seven boxes of donations of arts and crafts items received from Mirna's Place, a Buckeye non-profit donating items to other non-profits. Items ranged from crayons to sewing supplies, painting supplies to diamond dot kits and more. The items will be used in support of several up-coming GFWC Buckeye Woman's Club projects. Pictured are Tshavia Kelley, Jeannie Stacy, Barbara Wilhite and Jennifer Peck.



GFWC Buckeye Woman's Club celebrated their 100th anniversary on June 3, 2023 with an open house. Buckeye Mayor Eric Orsborn spoke as well as Mary Smalling representing GFWC-AZ Central District.



President Marcia King presided. The event was attended by Buckeye club members, community residents and representatives of other Arizona clubs. All enjoyed refreshments, looking through club photo albums and scrapbooks and visiting with each other.



GFWC-AZ Club Highlights Paradise Valley Junior Women's Club

Have you ever thought about what women in third world countries do when they have their monthly menstrual cycle? GFWC Paradise Valley Junior Woman's Club is proud to support the Days For Girls International, Tempe branch each year with \$300 to buy material, donating needed items, such as wash clothes and underwear to complete sustainable menstrual kits, and volunteering monthly to create the items in the kits.

Without a solution to manage her monthly cycle 1 in 10 girls in Sub-Sahara Africa, 113 million adolescence girls in India, and 30% of girls in Brazil will miss school or work this year. Days for Girls provides a safe, beautiful, washable, and long-lasting alternative — along with vital health education. Pads are a small thing that make a big difference.

Dropout rates in Uganda dropped from 25% to 4% after one year of access to Days for Girls kits. School retention rates for girls in Kenya reached 96% after receiving the kits - up from a 75% average. In less than 10 years, Days for Girls has reached over one million women and girls in more than 120 countries, on six continents.



Pictured: Andrea Orose (PVJR), Terri Jones (Days for Girls Coordinator), Kathy Chesser (PVJR Co-President), Lyn Geake (PVJR Co-President) and Marie Bergeson (Days for Girls Coordinator)



TWC

The Aviva 2023 Sew-A-Thon was held Saturday, September 9th. TWC had 5 members in attendance, together they completed 105 pillowcase bags for needy children. Altogether, the Sew-A-Thon completed 2000 bags for children in our community!

Our newest club member, Donna Neiswinger won a brand new sewing machine!



GFWC-AZ Club Highlights— Tempe Woman's Club

by Sandy Haupt, GFWC Tempe Woman's Club President

Fall is here and Tempe Woman's Club is back in action! But we still managed to get some work done during the HOT Arizona summer.

During the summer, the Club completed another project with one of our favorite organizations, Child Crisis Arizona. The Club sews colorful flannel pajama bags and stuffs them with PJs, books, toys, hygiene items and more for kids entering the foster care system. We topped our total from last year and donated 46 bags to kids who might need some joy. We are hoping for even more next year!



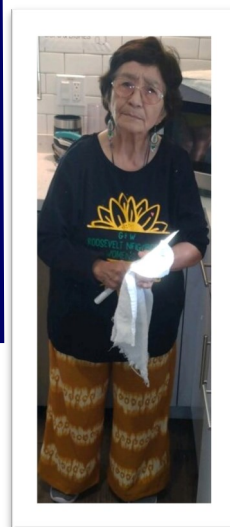
We also donated over 200 books of all kinds, for adults and kids, to My Sister's Place, a domestic violence shelter in the Valley. They only had a handful of books for the families to read. TWC will keep in contact with them to replenish books as needed.

As we head into the "cooler" months, we will be back on Mill Avenue in Tempe for 2nd Sundays on Mill. We have a booth and sell handcrafted items and small plants as a fundraiser for the Club. It is also a fabulous way to get the word out about our Club and get new members interested in GFWC and TWC. Come to Mill Avenue and check us out throughout the fall and spring.



Roosevelt Neighborhood Women's Club Prepares Dinner at Ronald McDonald House in Phoenix

Members of our club signed up to cook a hearty dinner for the families who stay at the center. Families are treated with utmost respect and nice, clean private rooms are made available to stay for free while they have a child in the hospital. The goal of the meals is to provide a nourishing meal at the end of a very long day of sitting at the hospital with their sick child. All food had to be cooked fresh in their well equipped kitchen. We made Ham, potatoes, salad, fruit, baked beans, and two freshly baked cakes.



The most rewarding part of this activity was visiting with the families. They were worried about their children but appreciative and shared their stories. One of the siblings who was with his parents became a "fan favorite." He would come in the kitchen and tell us about his day and take a slice of watermelon. After several trips we told him he was going to turn into a "Watermelon Man". He told us that he had to be a Watermelon Boy because he was a "Kid".

Volunteers are needed for every weeknight and Brunch on the weekend. They are called Dinnertime Heros. The Website is rmhccnaz.org. Click on the tab for Dinnertime Heroes for more information. Since the pandemic shut down the facility to volunteers, they have a real shortage of groups scheduling to cook meals. Groups can schedule their sessions online. Our hearts were full and we will be back!

GFWC-AZ Club Highlights—Mt. Lemmon Women's Club

By Teresa Wilson

Each summer the Mount Lemmon Women's Club hosts a Speaker Program at the Mt. Lemmon Community Center. We follow each meeting with a speaker whose presentation is open to the public. Typically, the speaker presentation lasts for 1 to 1½ hours followed by questions from the audience. The topics are often related, but not limited to the biodiversity of the Santa Catalina mountains and the Coronado National Forest, including wildflowers, conifers, and wildlife such as the birds and predators that populate the mountains.

Mt. Lemmon is known as a Sky Island which is a mountain range that is separated from other mountain ranges by distance and by surrounding lowlands of a dramatically different environment. The result is a habitat island—such as a forest surrounded by desert.

As you go up a Sky Island mountain, ecosystem zones change at different elevations producing varied biomes ranging from desert to conifer forest. A mountain that rises 4,000 to 5,000 feet in elevation or greater, has oak woodland habitat. Traveling higher one encounters pine forest at 7,000 feet and mixed conifer forest above 8,000 feet. This produces incredible biodiversity hotspots within the area of Sky Island. Within each biome wild mushrooms flourish. Mt. Lemmon is one of the most diverse mushroom habitats in the U.S. Other notable sky island ranges southern Arizona include the Pinaleno, Santa Rita, and Whetstone mountains, among others.

For the Speaker Program on July 15, 2023, we featured as our speaker a mycologist and founder of Desert Alchemist, Hernan Castro, who spoke about the mushrooms that can be found in Arizona, focusing on foraging on Mt. Lemmon for mushrooms and what and where to look for them. In his presentation Castro instructed the attendees on the basics of mushrooms and gave detailed information on over two dozen varieties of mushrooms that are found on the Arizona Sky Islands.



Hernan Castro
Founder of Desert Alchemist

Who's Who in GFWC AZ 2022—2024

GFWC-AZ Executive Committee

President , Grace Kobjek
 1st VP (Programs), Sue Shipley
 2nd VP (Membership), Nancy Holihan
 Recording Secretary, Debbie Grieder
 Treasurer, Debbie Grieder
 Corresponding Secretary, Virginia Chang
 Parliamentarian, Penny Peterson
 Central District President, Grace Kobjek
 Southern District President, Lee Swearengin
 Southwestern District President, Jeni O'Callaghan

GFWC-AZ Community Service Program Chairs

Arts & Culture, Kathy Chesser
 Photo Contest, Nancy Holihan
 Environment, Bernadine McCollum
 Education/Libraries, Randy Rummage
 Writing Contest, Leslie Brown
 ESO, Sharon Brunk
 HOBY, Terri Huber
 Civic Engagement, Rosalie Dialessi
 Canine Companions, Judy Isaacson
 Health & Wellness, Joan Stempski
 Affiliates Chairman, Celene Post
 We Can Do It! Actions Chair, Grace Kobjek

“ It's a mistake to think we listen only with our ears. It's much more important to listen with the mind, the eyes, the body, and the heart. Unless you truly want to understand the other person, you'll never be able to listen.”
 Mark Herndon

GFWC-AZ Advancement Program Chairs

Communications/Public Relations/Website
 & Newsletter, Shelley Robinson
 Facebook (Group), Jeni O'Callaghan
 Facebook (Page) Co-chairs, Jeni
 O-Callaghan & Shelley Robinson
 Fundraising Co-chairs, Heather Brott &
 Sue Webb-Taylor
 Opportunity Drawing, Lois Taylor
 Leadership, Suzzanne Blomme
 LEADS, Mary Smalling
 Legislation/Public Policy, Michele Brown
 Membership, Nancy Holihan
 Women's History and Resource Center,
 Dianne Maki-Sethi

“ None of us is as smart as all of us.” Peter B. Grazier

GFWC-AZ Special Program Chairs

Domestic Violence Awareness and
 Prevention, Linda Kenrich
 Junior Special Program: Advocates for
 Children, Vickie Luthro

Need Contact information?

Go to the GFWC-State website!

Please create an account to have access
 to GFWC-AZ private pages on the
 GFWC-AZ website. Private pages list
 contact information for all officers
 and Program Chairs.

Continued from page 1 — "A Cherry Day"

In 1961, GFWC's 'Women's Crusade for Seat Belt Program' resulted in the installation of more than one million seat belts in just one year.


In 1984, GFWC founded the Women's History and Resource Center (WHRC). This important program initiated the collection, preservation, and promotion of primary and secondary source materials and information on GFWC and women is volunteerism.

In the 1990's, GFWC actively supported the passage of the Violence Against Women Act, The American with Disabilities Act, the Family and Medical Leave Act, and legislation supporting handgun control.

In the 2000's, GFWC members contributed \$180,000 for a fully equipped ambulance for the use by the New York Fire Department in response to the loss of equipment suffered in the terrorist attacks on September 11, 2001.

So, you see, a sampling of what GFWC clubs have done for communities over these many years. It is not only what GFWC can do for us. It is what we can do for our communities. Banding together creates a sisterhood of volunteerism that can last for many decades. We feed each other ideas, offer advice, leadership, training, and lasting friendships. Why? Together we are stronger. We can lift up more of our community when we band together, such as in a volunteer organization; GFWC.

And that is why if you are a GFWC club member, YOU ARE 'the cherry on the top of your community cake'.

I wish you a cherry day, 
Grace

Grace Kobjek, GFWC-AZ President



Grace Kobjek
GFWC-AZ President



Members from GFWC -AZ attending the
South Central Region, in
Albuquerque, New Mexico
October 19-22, 2023





IMPORTANT — GFWC and GFWC-AZ Dues

GFWC and GFWC-AZ Dues are due by December 1st, 2023.

Please remit \$20 per capita to the GFWC-AZ Treasurer. Dues are delinquent after January 15th, 2024. New members who have joined clubs between January 15th and March 15th should have their dues sent to the state treasurer by March 31, 2023. Use the attached dues form to remit dues. NOTE: The dues form is attached to the same email as this newsletter.



Debbie Grieder

Make checks payable to: GFWC-AZ Treasurer. Send dues to: Debbie Grieder, GFWC-AZ Treasurer, 3014 E. Topeka Drive, Phoenix, AZ 85050.

District Dues

District dues of \$2 per capital are also due by December 1, 2023. **Make checks payable to GFWC-AZ (District) Treasurer:** *Remit them to your respective district treasurers.*

Central District Treasurer: Luanne Davis, 651 W. Strahan Drive, Tempe, AZ 85283

Southern District Treasurer: Joy Mims, 4464 Big Bend Street, Sierra Vista, AZ 85650

Southwestern District Treasurer: Beverly Owens, P.O. Box 939, Salome, AZ 85348



Continued from page 3—SAMPLE AUDIT FORM

Date: (Date Read to Members)

I have audited the financial reports and documentation for the period May1, 2022 – April 28, 2023, with the related treasurer's reports, checkbook register, and bank statements submitted for the period April 28, 2022 – April 28, 2022. All checks and deposits are accounted for, and the accounts are reconciled with the bank statements as of April 28, 2023. The Happy Valley Bank statement dated April 28, 2023 balances with the checkbook balance as reflected on the bank statement with two checks outstanding.

In my opinion, the financial statements present fairly the financial position of this organization as stated in the April 25, 2023 treasurer's report.

Checking Account Balance ending in XXXX1234

Balance as of April 28, 2022 XXXXXXXXX

Total Income for this period XXXXXXXXX

Checking Balance + Income XXXXXXXXX

Total Disbursements for this period XXXXXXXXX

Balance as of April 28, 2023 XXXXXXXXX

Allocated Funds April 25, 2023 (Can also include investment accounts) XXXXXXXX

Working Balance XXXXXXXXX

(Can also include suggestions for improvements to financial procedures here)

Sincerely,

GFWC Writing Contests: GFWC Members & Youth K-12

CONTEST

Leslie Brown, GFWC-AZ Writing Contest Chairman

GFWC sponsors writing contests in **short story** and **poetry** for **members** and **youth** to foster community spirit, talent, and growth as writers. Tell a story, express your thoughts, and share your voice while using the elements of presentation, organization, word choice, and sentence fluency. Display your talents with “sparkle and shine” and be rewarded for it!

GFWC MEMBER CONTESTS – What club members have you encouraged to submit their original writing?

Authors must be dues-paying members of an active per capita club.

Entries must be:

- Typed, double-spaced, printed on one side only
- Have minimum margins of one inch on all four sides
- On 8.5 x 11-inch paper

Entries must be written during the contest year (January 1-December 31).

Entries must have the following on the top right-hand corner of each page:

- Author's name, email address, mailing address, and phone numbers
- Name of author's GFWC club and State Federation
- Category
- Title of work

Authors must be amateurs; earnings from writing may not exceed \$500 annually.

Entries may not have been published prior to the competition and must be original works by the author.

A **signed GFWC Creative Arts Waiver** must be included with each submission.

Short stories are limited to 2,000 words.

Poetry entries can be any style, with a minimum length of eight lines and a maximum of 50 lines.

One entry per member per category.



YOUTH WRITING CONTESTS – Have you contacted a teacher in a local school to encourage participation?

Entries must be typed, double-spaced, printed on one side only, with minimum margins of one-inch on all four sides, on 8.5 x 11-inch paper.

Entries must be written during the contest year (January 1-December 31).

Entries must have the following on the top right-hand corner of each page:

- Author's name, email address, mailing address, and phone number
- Name of the GFWC club and State Federation submitting author's work
- Category
- Title of work

Grade Level Category

Category 1: Grades K, 1, and 2

Category 2: Grades 3, 4, and 5

Category 3: Grades 6, 7, and 8

Category 4: Grades 9, 10, 11, and 12

Authors must be amateurs; earnings from writing may not exceed \$500 annually.

Entries may not have been published prior to the competition and must be original works by the author.

A **signed GFWC Creative Arts Waiver** must be included with each submission. (see next page)

One entry per person per category.

Short stories are limited to 2,000 words.

Poetry entries can be any style, with a minimum length of eight lines and a maximum of 50 lines.



CREATIVE ARTS WAIVER

With my signature I declare that:

- ☐ I have created the submitted work, entitled _____, and I own the full copyright. The work has not been published before.
- ☐ With my work, including pictures, tables, or additional media, I do not violate or infringe on the copyright of other persons or entities.

The work in question is (please check one): ☐ Photography ☐ Poetry ☐ Short Story

- ☐ I grant the General Federation of Women’s Clubs a royalty-free perpetual license to use, reproduce, post, display, create derivative works, sell, license, or sub-license the work in any media now known or later invented without limitation, for commercial or non-commercial purposes.
- ☐ I agree that I shall not release the work to any other publication in the same or substantially similar form, without prior written and explicit consent from the General Federation of Women’s Clubs.

This agreement shall become effective and binding on the date of formal acceptance of the work for publication by the General Federation of Women’s Clubs.

Full Name (Print)		
Mailing Address		
City	State	Zip Code
Email		
Phone		

Signature

Date

Parent/Guardian Signature (if submitter is under 18 years of age)

Date

NEWSLETTER FEEDBACK REQUESTED

Thank you for reading the Fall 2023 edition of the GFWC-AZ Clubwoman. As the editor, I value your review and feedback of this edition. Would you please take a few minutes to email me your constructive feedback? I appreciate your efforts to help make the GFWC-AZ Newsletter meet the needs of all GFWC-AZ clubs.

Please email your feedback to: **ironranger8@msn.com**

“ Feedback is the breakfast of champions” Ken Blanchard and Spencer Johnson, The One Minute Manager

Submit your article for the Winter 2024 Issue

(Winter Edition of the GFWC-AZ Clubwoman)

The goal of the GFWC-AZ newsletter is to provide timely, accurate and representative information to all GFWC-AZ clubs in Arizona. As editor, I am seeking articles from every club in the state. The article may be a brief mention of an activity with a picture or a longer human interest story.

When you submit your article, please:

1. Email it to me: Shelley Robinson at ironranger8@msn.com.
2. Attach pictures to the same email as your article.

Date of email request for articles (sent to all club presidents/CPR chairs)	Deadline for article submission	Newsletter composition period	Newsletter distribution date
January 15, 2024	February 1, 2024	February 2-14, 2024	February 15, 2024 Winter Issue
March 15, 2024	April 1, 2024	April 2-14, 2024	April 15, 2024 Spring Issue (end of my term as Communications Chair)

3. Call, text or email me if you have questions or would like assistance in writing an article. It is my pleasure to serve as the 2022-2024 GFWC-AZ Communications/Public Relations Chair. I am available anytime by calling 218 966 0517 and look forward to helping!

