



GFWC Arizona Clubwoman

SAVE the DATE!

**May 5-7
GFWC-AZ
State Convention**



**Holiday Inn Suites
Mesa/ Chandler
1600 South Country
Club Drive. Mesa. AZ
85210**

480- 964-7000



**The Value of One,
the Power of Many,
Creates a WE CAN
DO IT!**

President's Message:

Dear GFWC-AZ Sisters,

The 120th GFWC-AZ convention is coming very soon; May 5-7. I want to personally invite you to a 'jam-packed weekend' of learning and fun. We never stop learning and the Executive Committee hopes you will enjoy the workshops we have created for you.

Come learn about our Arizona water situation from Glendale City Councilmember and President of the Arizona Water Users Association, Bart Turner. Come see how storytelling can help your GFWC community projects and messaging.

There will be fun with BLING on Friday evening where you will also get to meet Wendy Carriker, GFWC 1st Vice President, a 'GFWC Fashion Show of the Decades' on Saturday evening, and a beautiful memorial service for our GFWC sisters who have passed away since we last met.

Like I said, a 'jam-packed weekend'. See the CALL for lots more details of the weekend. If you haven't received it,...ask your club president to send it to you!

Hope to see you there! Take care.

Grace



Grace Kobjek
GFWC-AZ President

SUCCESS FOR SURVIVORS SCHOLARSHIP

Did you know? Each year, GFWC awards scholarships to help intimate partner abuse survivors obtain a post-secondary education that offers a chance to reshape their future by securing employment and gaining personal independence.

Fundraising reminder
from GFWC

GRATITUDE & APPRECIATION, and CELEBRATION!

Remember to maintain the friendly and positive tone of your fundraising efforts until the last expression of gratitude is conveyed.

All donations should be acknowledged in a gracious and timely manner and all funds used efficiently for the cause for which they were solicited.

Be sure to communicate the successful results of your fundraising project with all those who supported your efforts and with the public. Build on your success to realize an even more successful project in the future.

After evaluating your effectiveness, thanking the members of the community for supporting your efforts, and writing a comprehensive report, it is time to celebrate your success.

There are endless ways to show your appreciation to community entities and your members:

- A small bottle of hand soap or sanitizer with a note that reads, "Thanks for getting your hands dirty!"
- A cute tin of candy with a note that says, "Thank you for being so sweet!"
- An article, picture, or some other recognition on social media.
- A handwritten thank-you note.
- A small award or certificate.
- Small get-togethers, such as a pizza party or social gathering.

"ONLY BY GIVING ARE YOU ABLE TO RECEIVE MORE THAN YOU ALREADY HAVE." — Jim Rohn



Debbie Grieder
Treasurer

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Recognition As A Leadership Tool

Do your members feel “seen”?

Your latest club project was a success! Plans were made, announcements were sent, details were sorted, goals were met and everything went off without a hitch. Time to take a deep breath, put your feet up and bask in the glory of a job well done, right? Hold on! What is missing from this scenario? If you said providing gratitude and recognition to your cast of volunteers, you are absolutely correct.

Sometimes, we can be so focused on what we have to do, that we forget the “doers”. It is important to remember that a thank you is the only paycheck a volunteer receives. No one wants to feel that their contributions have gone unrecognized or unappreciated. By the same token, no one wants to sit on the sidelines and feel they are invisible in your club.

Recognition lets volunteers know they are valued and respected. The ability and commitment to acknowledge others is both an important leadership quality and a membership retention tool. Recognition can take many forms from a simple thank you to a public appreciation event. Recognition is more than saying thank you for work done. It is also about showing members they are “seen” and valued as a part of your club. An ideal recognition system makes use of different methods to keep it personal and meaningful.

Some ideas to consider when initiating or revitalizing your recognition efforts:

- ♥ Email thank you letters/messages
- ♥ Mail thank you cards following an event/project
- ♥ Personal phone calls to express appreciation or simply check-in with a member
- ♥ Birthday/Event cards
- ♥ Roll call with members responding with a personal reflection (favorite book, memory etc.)
- ♥ Photos featuring volunteers on Facebook or in newsletters bookmarks, etc.)



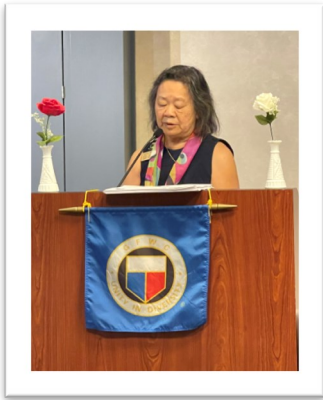
Suzanne Blomme
Leadership Chairman

- ♥ A special coffee or lunch invitation outside of club meetings
- ♥ Designate a club “Star of the Month” perhaps with a certificate
- ♥ Gift cards to museums, movies, restaurants (solicit for donations)
- ♥ Highlight a member in your club newsletters
- ♥ Small items of appreciation (pins, magnets, bookmarks, etc.)
- ♥ Sponsor members attendance at district/state meeting
- ♥ Create a photo collage or slide show of volunteer activities
- ♥ Make a donation in the member's name

Recognition helps members see that they are valued and that their contributions are an important part of the club's success. Thoughtful implementation in utilizing this leadership tool will strengthen relationships within in your club, leading to better outcomes for you and your members.

To Table or Postpone: What is the difference?

Penny Peterson, GFWC-Parliamentarian



Penny Peterson
Parliamentarian

Do you find during a meeting the need to discontinue action on a motion or an issue to another time or possibly not at all? According to Robert's Rules of Order Newly Revised, 12th Ed., you may wish to consider making a motion to **"To Lay on the Table"**^[1] or **"Postpone to a Definite Time"**^[2] The motion "To Lay on the Table" is commonly shortened to "Table." Technically, tabling and postponing to a definite time are different actions. The confusion between "postpone to a definite time" and "table" comes from the frequent habit of members moving to "table until next meeting (or some other future time)" when they probably want to get back to the matter at a specific time and technically should say "postpone."

TABLE - When a matter is tabled, it is set aside and the body doesn't specify when or whether it will take up the matter again. The matter doesn't automatically come up in the next meeting. Once an item is set aside by tabling, the body must agree to "take it from the table" to get back to it. In other words, it takes a motion to put it **"on the table"** and it takes a separate, later motion to take it **"off the table."** A motion "To Lay on the Table" and "To Take From the Table" needs a second, is not debatable, and takes a majority vote to pass.

POSTPONE - Postponing to a definite time is quite different. The body does want to resume deliberation on the matter but for a variety of reasons wishes to take the matter back up at a later time, whether in the same meeting or a future meeting. When a body agrees to postpone a matter to a specific time, it will be on the agenda at the time specified in the original motion. A motion to "Postpone to a Definite Time" needs a second, is debatable, and takes a majority vote to pass. **Note:** **Postpone Indefinitely** serves the same basic purpose as laying a motion on the table except that it is debatable.

If a member used "table" but you suspect she meant to say postpone, it is a good idea to ask for clarification. By using the correct language, the intended action would be properly conveyed to all.

[1] RONR (12th ed.), p.198, ll. 17.1-17.24

[2] RONR (12th ed.),p. 169, ll. 14.1-14.22



Communications/Public Relations

Question & Answer

QUESTION:

Dear Shelley,

Our club members are complaining they are get too many email from everyone in the club. They can't keep track!

Signed, *Seasoned President*

ANSWER:

Dear Seasoned President,

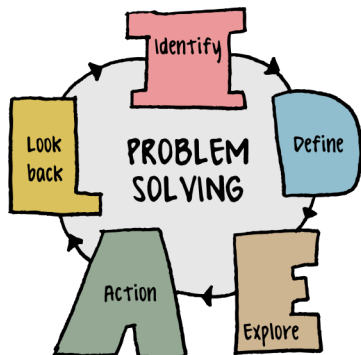
Thanks for the question. Email can be a double edged sword. When used sparingly, email is an effective communication tool, but over use can actually reduce communication in the club. Why? It is the same phenomenon as living by the airport— pretty soon, you don't hear the airplanes. If members receive emails from everyone about everything, members start ignoring their inbox.

What can be done? One idea is to limit who can send official "group" emails. In our club, the secretary is responsible for sending all group emails. If a member wants to send an email to all other members, it is sent to only the secretary. The secretary forwards the message to the full membership.

Another helpful idea is to hit "reply" instead of "reply-all" when responding to club email. "Reply" sends your response to only the sender, "Reply-all" sends your response to all members listed in the email.



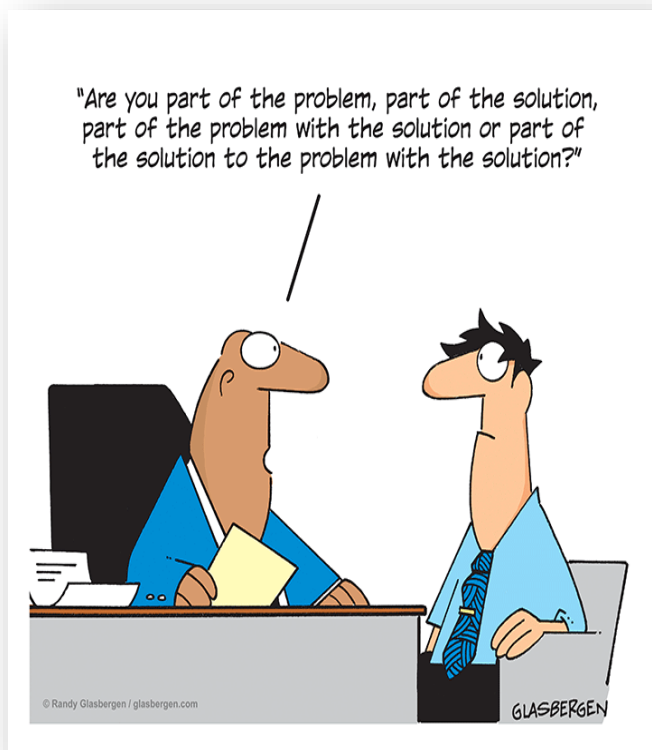
Have a communications question? Please contact Shelley at ironranger8@msn.com. Your inquiry might be featured in the next newsletter!



Shelley Robinson

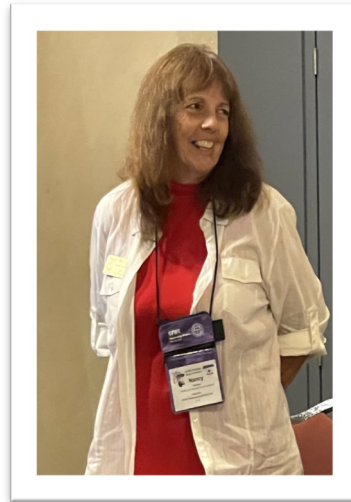
Communications Chair

GFWC-AZ Communication "Just for Laughs"



MARKETING GFWC MEMBERSHIP

The more you TELL, the more you SELL, so tell the benefits of GFWC membership whenever you can. Assure a prospective member that her experience will be rewarding, challenging, and stimulating. Bring GFWC and club promotional materials to all projects and events. Promote membership by wearing GFWC emblematic apparel, pins, and buttons.



Nancy Holihan
Membership Chair

Ideas from GFWC.....



At the start of each week write a note, send an email, or post a comment on social media using #IamGFWC to recognize a clubwoman who has done something remarkable, such as chaired a successful project, shared a great idea, organized a meal for a sick member, provided encouragement when someone needed a boost, or has just been their usual terrific self. Be mindful of the many benefits we all receive from our membership and value the work that others do to make things go smoothly.

“Bee A Volunteer” GFWC Cartersville Woman’s Club (GA) held a recruitment event with the theme “Bee A Volunteer.” Bee items were used throughout, from invitations to table decorations and a handbook titled “Bee A Volunteer.” A speed-dating format was employed for potential members to learn about the Community Service Programs. The evening ended with a fun game of BEE-INGO and everyone in good spirits and wanting to know more.

GFWC LEADS ARIZONA

Since 2002, GFWC has offered the Leadership Education and Development Program (LEADS) to one candidate from each state on an annual basis at the GFWC International Convention. It is with great enthusiasm that GFWC Arizona President Grace Kobjek announces the development of a **state** level LEADS Program. This initiative offers the advantage of providing leadership training and development to an increased number of members, at a lower cost, right here in Arizona.

The purpose of the GFWC LEADS Arizona Program is to identify potential candidates who possess both a vision and a commitment which will provide continued leadership to GFWC Arizona at the district and state level. The program is designed for members who have demonstrated effective leadership skills in their local GFWC club and remain dedicated to further strengthening those skills while serving GFWC Arizona at the District and State level.

There are many benefits to completing the GFWC LEADS Arizona Program. Candidates will experience personal growth while enhancing their current leadership skills. Those who are committed to life-long learning will appreciate the broad knowledge the program provides. Skills learned in the GFWC LEADS Arizona Program translate to additional success, not only in serving GFWC, but in multiple areas of life, both personal and professional.

Applicants must commit to attending at least one in-person training seminar in the Fall of 2023 as well as multiple Zoom sessions throughout 2023-2024. A limited number of candidates will be selected for this initial program. Applications will be available at the GFWC Arizona Spring Convention May 5-7th in Mesa. GFWC LEADS Arizona offers a unique and exciting opportunity. Apply soon!

Civic Engagement and Outreach

Rosalie a. Dialessi, Chair

The year of the Water Rabbit started on January 22nd, 2023 (Chinese New Year) and will continue until February 9th, 2024. This year is predicted to be the year of hope. Our GFWC clubs can bring lots of hope to those who are less fortunate, so let us make this year a spectacular year of volunteering.

One area that is in urgent need is our local community food banks and pantries. Due to Covid many households experienced health emergencies, loss of two paychecks, high utilities, and do not qualify for federal nutrition programs, and found the need to visit food banks and pantries. Nutrition is so key to a healthy community. As part of Civic Engagement and Outreach our clubs could hold monthly food collections for their local community food banks and pantries. For each month use the first letter of the month, **F**ebruary-fruit, fish (canned tuna), **M**arch-macaroni and cheese, boxed mashed potatoes, etc.

Wouldn't it be a fun treat for our essential workers received special Easter treats in April? Be creative and show how appreciated they are to the community.

Honor our active and retired veterans with thank you cards for their service, or visit a local veterans center with treats and conversation. Call a Woman's veteran shelter and find out if they have a wish list that members could help provide.

Canine Companions is one of GFWC's Affiliates and with our club's support we have made a very large impact. There are several hundred Canine Companions currently functioning in human service roles. These specially trained dogs assist in search and rescue, border patrol, customs, therapy, medical alert, and guide dogs. One in four Americans live with disabilities and Canine Companions is here to help make their lives so much easier.

These are just a few suggestions in Civic Engagement and Outreach where our clubs can find programs and projects to help make an impact in our communities.

Environment

Bernadine McCollum, Chair



Spring is here and what better time to get outside and make a difference in our communities?

Enrich you community by partnering with local businesses, other community groups and gardening clubs to start or spruce up a community garden or park. Ask local nurseries or big box home improvement stores to donate supplies. Most local stores have discretionary funds and can make timely donations.



Work with public agencies and community and youth groups to clean-up a public area that has become an eyesore because of litter. Ask local businesses to sponsor the event by

providing water, snacks, gloves, pickup sticks, garbage bags and dump fees. Earth Day, April 22, is a perfect day for this type of event.

GFWC Affiliate Partners

By Celene Post, Affiliate Chair



What began in 1938 with President Franklin D. Roosevelt's personal struggle with polio led to the creation of the National Foundation for Infantile Paralysis, better known as March of Dimes (MoD). The goal of the organization was to respond to polio epidemics anywhere in the nation.

In the 1940's, Dr. Albert Sabin was sent to Africa to study polio. The greatest breakthrough came from a young physician, Dr. Jonas Salk, when he created a vaccine that spelled the end of polio in a matter of years. Tested in a massive field trial in 1954 that involved 1.8 million school children known as "polio pioneers," the Salk vaccine was licensed for use on April 12, 1955. From this point, polio declined rapidly from tens of thousands of new cases per year to a mere handful.

By 1958, the Foundation shifted gears into new territory: birth defects prevention. Soon the "March of Dimes" was funding genetics research and establishing birth defects treatment centers in hospitals across the country. March of Dimes leads the fight for the health of all moms and babies. Every family should have a healthy start to life. Yet today, the U.S. remains among the most dangerous developed nations for childbirth-with Covid-19 only elevating the stakes and exacerbating persistent health disparities.

- Every year, 15 million babies are born prematurely worldwide. More than a million die before their first birthday.
- The premature birth rate in our country is higher than in many other developed nations.
- Premature birth is the #1 cause of death during the first month of life.

WAYS YOUR LOCAL CLUB CAN TAKE ACTION:

Your GFWC club can work together to support your local community, raise awareness and make a difference.

Make hats and blankets for babies and children connected to March of Dimes Military Baby Showers.

Personal Care Kits – Create personal care kits for parents with a baby in the NICU Awareness Month (September)

Fundraise through March for Babies year-round! Help raise the critical funds needed to support moms and babies.

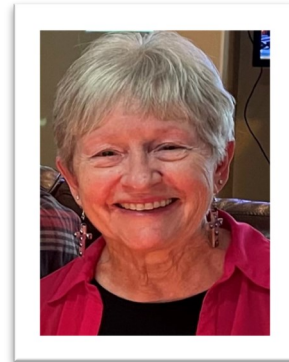
Advocate – Join the Advocacy Network and tell a friend to join today to receive action alerts and legislative updates.

More information is available at:
<https://volunteer.marchofdimes.org/the-general-federation-of-womens-clubs/>



Health and Wellness

By Joan Stempski, Chairman



Celebrating Women Medical Pioneers

These inspiring women endured poverty, deep-seated stereotypes and discrimination but they went on to dramatically improve the health of millions. Here is a sample of their stories:

Elizabeth Blackwell, MD (1821-1910)

In 1849 Elizabeth Blackwell became the first woman in the United States to be granted an MD degree. Blackwell began her pioneering journey after a deathly ill friend insisted, she would have received better care from a female doctor.

Turned away by more than 10 medical schools, Blackwell refused a professor's suggestion that she disguise herself as a male to gain admission. "It was to my mind a moral crusade," she wrote at the time. "It must be pursued in the light of day and with public sanction, in order to accomplish its end." She ultimately attended Geneva Medical College in western New York.

Rebecca Lee Crumpler, MD (1831-1895)

The first African American woman in the United States to earn an MD degree, Rebecca Lee Crumpler was inspired by an aunt who took care of many ill neighbors. "I early conceived a liking for, and sought every opportunity to relieve the suffering of others," wrote Crumpler in her groundbreaking 1883 publication: *A Book of Medical Discoveries, In Two Parts*.

Crumpler gained entrance to the New England Female Medical College in Boston after working for eight years as a nurse and receiving letters from doctors commending her. When she completed her education in 1864, she became the only black graduate in the school's history.

Mary Putnam Jacobi, MD (1842-1906)

Mary Putnam Jacobi was interested in biology from the time she was young, and even briefly considered dissecting a dead rat she found to get a glimpse at its heart.

With the reluctant support of her father, renowned publisher George Putnam, Jacobi received her MD degree from the Female (later Women's) Medical College of Pennsylvania in 1864. Determined to get a better education than she could in the United States, she also managed to study at *École de Médecine* in Paris – the first woman to ever do so.

Over the course of her career, Jacobi taught and was the first woman accepted into the New York Academy of Medicine. But perhaps her most outstanding contribution was debunking myths about menstruation.

Ann Preston, MD (1813-1872)

As the first woman dean of a U.S. medical school, Ann Preston fought intense hostility to win opportunities for her female students.

Preston first became interested in medicine and physiology while working as a temperance activist in Pennsylvania. After apprenticing with a local doctor in 1847, she applied to all four medical schools in Philadelphia – and was accepted by none. In 1850 Preston entered the first class of the Female (later Woman's) Medical College of Pennsylvania, and she went on to become a professor there.

GFWC Women's History and Resource

Thank you to all the Clubs that sent us reports. We have been just delighted at the variety of activities you have reported. On a State level, President Grace



Koboжек is leading the band with her visual theme "Rosie the Riveter" and a "we can do it" attitude! Also, her Five for Frances Project – Can your Club do a per capita donation? Or if you are going to collect from your membership; how about a thermometer so they can watch getting to the goal!

Have you or your Club signed up to become a Friend of the Women's History and Resource Center? It is well worth the investment **SIGN-UP!**

We are right in the middle of Women's History Month; do you know the history of how we came to have a special month for Women? Women as unsung heroes have been playing a crucial part in our history since time in memorial. In 1980 President Jimmy Carter chose to rectify the oversight; he established National Women's History Week. What started as a day in California in 1978, became a week with a Presidential Proclamation in 1980, and final a law in 1987. This is a long overdue acknowledgement of the critical role of Women in our history!

Are you in the middle of celebrating your Club's activities for Women's History Month? What about the stories of the women that are gracing our quarters these days. The American Women Quarters Program is a four-year program featuring women's contributions in a variety of fields, including, but not limited to, abolition, art, civil rights, government, humanities, science, space, and suffrage.

Looking for an easy Club activity to capture the essence of Women's History? Do you celebrate a President's Day? Declare on of your meetings as President's Day and honor your past presidents. Hand them a rose and ask them to talk about their most precious memory of their administration.



Dianne Maki-Sethi,
WHRC Chair

Shot@Life Advocate2Vaccinate

WORLD IMMUNIZATION WEEK

April 24-30, 2023

"Measles anywhere is a threat to children everywhere. When children go unvaccinated in significant numbers, entire communities are at risk."

Measles is a highly contagious virus that spreads through direct contact and through droplets in the air. In its mildest form, measles causes high fevers, itchy, and uncomfortable rashes.

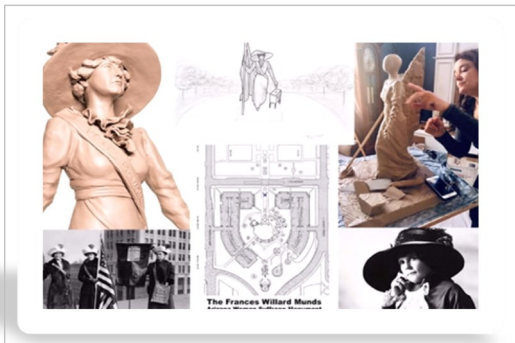
Fortunately, measles is vaccine-preventable. Just two doses of an inexpensive measles vaccine are extremely effective, providing 97% immunity, per the CDC .

Since 2000, the extraordinary efforts of scientists, manufacturers, governments, and health workers have improved measles vaccination rates and reduced the global burden of measles.

Dianne Maki-Sethi
Shot@Life Champion
1451 E Calle Mariposa
Tucson, AZ 85718
dianne@makisethi.com

DO YOU KNOW HER?

Do you know the name of this woman? Some of you may have heard of her. Does Frances Willard Munds sound familiar?



Yes, you are correct, she was our first women Legislator in Arizona, and the second one in the nation. Yes, again, she was a suffragist who was successful in getting the vote for women 10 years before Arizona became a state. Oh, you are correct again, there will a statue of her erected in Wesley Bolin Plaza on our state capitol grounds as soon as enough funding can be raised for her base. There is a great story about the large hat she is wearing in the picture above to be told at the state convention.

At the state convention on Sunday, May 7th the President of the Arizona Women's History Alliance will speak about the help that is still needed to finish the base of the statue.

If you or your club have not already given to the 'Five For Frances Fund' please consider doing so. The goal: to have each member in our state give \$5 towards the completion of the statue. Some clubs have given as an entire club. Some of the contributions have been individually given. Please consider giving \$5 to help Frances get completed. Send your check to GFWC-AZ Treasurer Debbie Grieder 3014 E. Topeka Drive Phoenix, AZ 85050 Write your check to: GFWC-AZ Treasurer

Sincerely,
Grace Kobjek, GFWC-AZ President

February 25, 2023 - GFWC Glendale Woman's Club took advantage of a free booth at the 13th Annual Dog Days of Glendale to help raise funds for the Frances Willard Munds statue that is expected to be completed in 2023. The statue is the 1st statue of a woman to be built on Arizona's state owned land. The club created #flatfrances to be a communication tool.

Members distributed #kits so the public could create their own #flatfrances (as shown in the picture) for Frances and brought the 6 ft. #flatfrances we had printed which drew attention to our booth. Guests were encouraged to be a part of history by taking a picture with #flatfrances, and consider donating to the statue fund. Offering online payment options really helped with getting these donations.

In a few short hours we raised \$186, over 90% was an online payment. We then took the opportunity to tell the public about our 122 year old GFWC club, handed out GFWC brochures, postcard invites to our next meet your neighbor-game night, and provided literature on the club's current programs. We also walked around and did a facebook live during the event to communicate/share the community event.

2023 Dog Days- Flat Frances

Pictured are
Club President
Cheryl Kappes
and
local high school
student Club-volunteer
Idaprae Maynes



GFWC-AZ Club Highlights—Glendale Woman's Club

January 2023-GFWC Glendale Woman's Club gathered for lunch and business meeting that included special guest Penny Peterson, GFWC-AZ Parliamentarian who graciously did the honor of installing our 2022-2024 Executive Board. Pictured, left to right is President-Cheryl Kappes, 2nd Vice-President-Grace Kobjek, Recording Secretary co-chairs, Linda Moran-Whittley and Linda Logan, and Penny Peterson. Many thanks to Penny, for taking the time to prepare and present, her presentation was excellent, a job well done!



February 15, 2023-Club members met for a nite time of friendship, a little business, and a lot of fun. 2nd Vice President **Grace Kobjek** led the club's traditional New Member Initiation Ceremony, which was captured as a "live Facebook" video, so it will be forever in our Club's archives. We made sure to include time to get to know our new members, by introducing a friendly game of Left, Right Center which brought out a bit of their competitive spirits and filled the room with lots of laughter. We also did a Facebook live to capture the moment, sharing with friends now, and preserving the event for our club's history..



February 22, 2023 The **GFWC Glendale Woman's Club** Veterans committee hosted an educational program with guest speakers from USVETS for our February 2023 business meeting. Our speakers provided updates on the new facility in Phoenix, scheduled to open in April 2023. This site will house 132 transitional beds for homeless veterans. We are also excited to join in a new journey with USVETS who unveiled Ashley's Place. Two brand new 5-bedroom homes were built through a partnership of USVETS and Habitat for Humanities. These homes will provide transitional housing to female veterans who have experienced specific traumas during their active service. GWC ladies showed their giving hearts with travel size toiletries, dental supplies, socks, and more, an in-kind donation valued at \$392.



GFWC-AZ Club Highlights—San Tan Woman's Club

Submitted Elsie Dustin, Club Secretary



In February 2023, GFWC San Tan Valley Woman's Club members voted to support "Head Start"

One of the things they needed were Art supplies and members felt we would take it one more step and put together kits with ready to put together animals made of construction paper, paper plates and wiggle eyes pipe cleaners.

Members gather to cut and put together these kits ready for easy assembly for the children. Fish, Ladybugs, caterpillar, Bumble Bee with a total of eleven different kits were put into zip lock bags with a sample and instructions for 36 children.

Head Start is a Federal Funded program to help children ages 3 to 5 be in structured environments to help them be ready to enter school. This program this year is max out with eighteen children with two session per day.

Members enjoyed the cutting and putting these kits together while talking about how this let them feel. This project not only benefited the children but club members knowing that they helped this program.



GFWC-AZ Club Highlights

Florence Woman's Club

The Florence Woman's Club is hosting the "Denim and Diamonds Ball" on April 29 at their historic clubhouse to raise funds for building restoration. All GFWC-AZ Club member are invited to attend! Purchase tickets with the link below. If you can't attend, please shop our on-line auction items at:

<http://Florencewomansclub.betterworld.org>.



1st Annual
High School
Art Contest

The Florence Woman's Club (FWC) is honored to announce the winners of the FWC 1st Annual High School Art Contest held on Saturday, February 11, 2023, at the historic FWC clubhouse. The Florence Woman's Club hosted the art contest as part of their annual Art Show and the Florence Historic Home Tour event.

Biology students at Poston Butte High School were challenged to artistically express the concept of "photosynthesis" by painting a picture. All 24 entries were created by students of enrolled in classes taught by Mrs. Nyomi Downey, a Biology Teacher at Poston Butte High School. Students used acrylic paint on different size canvas to paint an autotroph or photosynthesis.

The paintings were independently judged by professional artists and retired school administrators, Drs. Ray and MaryHelen Pelton of Tucson. The winners of the 2023 FWC Art Contest are: First place – Romeo Castellano (10th grade); Second place – Claudia Chapman (10th grade); and Third Place – Addyson Evangeline (10th grade). Each winner was awarded a gift card and cash prize.

GFWC-AZ STATE CONVENTION Hotel Information

Your GFWC-AZ Convention Chairman, along with a few other state officers, and I have been working diligently to find an acceptable venue for the

May 5-7 GFWC-AZ Convention.

When researching, we always have many different items to keep in mind, among them, location, price of room, price of meals, accessibility, service charges, and taxes to name a few.

The Executive Committee wants our meetings to be affordable in today's world. We all know prices have increased in every area. Venues for our meetings have increased too. Along with the room charge, there is an up to 25% service charge too, and as always tax to be paid.

We have put together a great package for everyone....more news on that later. Here is the most essential information needed to reserve a room:



Copy and paste into your browser:

<https://www.holidayinn.com/redirect?path=rates&brandCode=HI&localeCode=en®ionCode=1&hotelCode=PHXME&checkInDate=05&checkInMonthYear=042023&checkOutDate=07&checkOutMonthYear=042023&PMID=99801505&GPC=GFW&cn=no&viewfullsite=true>

Room Reservation Details:

Holiday Inn Suites
Mesa/ Chandler
1600 South Country Club Drive.
Mesa. AZ 85210
→ **CODE: GWC**
480- 964-7000

A King Bed or 2 Queen Beds are both \$129 per night. The reservation includes 2 breakfasts per room. Up to 4 may stay in the same room, but more than 2 per room will pay \$10 for breakfast if breakfast is wanted. A full, hot buffet breakfast is served.

Amenities: Rooms come with a mini- fridge and micro-wave. Laundry service and room service available. A nice restaurant with bar service is available. There is a huge pool, lots of parking, and our meeting rooms are generous in size. Accessible rooms are available, if needed. Sign up early to reserve one of these. There is also plenty of room for all clubs to have a 6 foot table.

You can reserve a room on-line or via direct with the hotel direct at
480-964-7000.

CODE: GWC

MAY 5- 7 2023.

Grace Kobojek,
GFWC-AZ President
2022-2024

Who's Who in GFWC AZ 2022—2024

GFWC-AZ Executive Committee

President , Grace Kobjek
 1st VP (Programs), Sue Shipley
 2nd VP (Membership), Nancy Holihan
 Recording Secretary, Virginia Chang
 Treasurer, Debbie Grieder
 Corresponding Secretary, Virginia Chang
 Parliamentarian, Penny Peterson
 Central District President, Grace Kobjek
 Southern District President, Lee Swearengin
 Southwestern District President, Jeni O'Callaghan

GFWC-AZ Community Service Program Chairs

Arts & Culture, Kathy Chesser
 Photo Contest, Nancy Holihan
 Environment, Bernadine McCollum
 Education/Libraries, Randy Rummage
 Writing Contest, Leslie Brown
 ESO, Sharon Brunk
 HOBY, Terri Huber
 Civic Engagement, Rosalie Dialessi
 Canine Companions, Judy Isaacson
 Health & Wellness, Joan Stempski
 Affiliates Chairman, Celene Post
 We Can Do It! Actions Chair, Grace Kobjek

“ It's a mistake to think we listen only with our ears. It's much more important to listen with the mind, the eyes, the body, and the heart. Unless you truly want to understand the other person, you'll never be able to listen.”
 Mark Herndon

GFWC-AZ Advancement Program Chairs

Communications/Public Relations/Website
 & Newsletter, Shelley Robinson
 Facebook (Group), Jeni O'Callaghan
 Facebook (Page) Co-chairs, Jeni
 O-Callaghan & Shelley Robinson
 Fundraising Co-chairs, Heather Brott &
 Sue Webb-Taylor
 Opportunity Drawing, Lois Taylor
 Leadership, Suzzanne Bloome
 LEADS, Mary Smalling
 Legislation/Public Policy, Terry Odhner
 Membership, Nancy Holihan
 Women's History and Resource Center,
 Dianne Maki-Sethi

“ None of us is as smart as all of us.” Peter B. Grazier

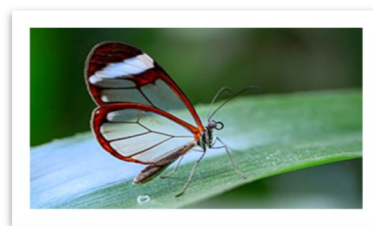
GFWC-AZ Special Program Chairs

Domestic Violence Awareness and
 Prevention, Linda Kenrich
 Junior Special Program: Advocates for
 Children, Kirsten Smith

Need Contact information?

Go to the GFWC-State website!

Please create an account to have access
 to GFWC-AZ private pages on the
 GFWC-AZ website. Private pages list
 contact information for all officers
 and Program Chairs.



The World In Pictures Contest

These photographs showcase the people, places, and things at home and around the world that impact our lives in a meaningful way, as expressed in these three categories:

- **Our World Up Close**—Create a visual that offers a novel viewpoint or a macro image that takes the viewer into a whole new, tiny world. Macro photography creates photos of small items that are larger than life. Some common examples are bugs or parts of flowers.
- **Natural Wonders**—Use wide angles and panoramas, or changeable landscape images, to showcase mountains, meadows, sandhills, rivers, waterfalls, oceans, deserts, or any other magnificent vista.
- **Reflections**—Feature a setting, situation, or landmark that brings back poignant memories, or capture a fleeting image reflected in glass, water, or another mirrored surface.

GFWC LIVING THE VOLUNTEER SPIRIT CONTEST

These photographs capture the special moments in the lives of GFWC clubwomen as they meet, plan, advocate, volunteer, or celebrate, in groups or one-on-one

RULES FOR PHOTOGRAPHY CONTESTS

- Photographs must be the original work of the member submitting the photograph.
- All contest photographers must be dues paying members of an active GFWC club.
- Photographs for the first year of the Administration must be taken between January 1, 2022, and December 31, 2022.
- Photographs for the second year of the Administration must be taken between January 1, 2023, and December 31, 2023.
- Contestants must be considered an amateur photographer.

PHOTOGRAPHS FOR STATE JUDGING

Printed Photography Submissions:

- Photographs may be vertical/portrait or horizontal/landscape.
- Photographs must be the original work of the member submitting the photograph.
- Each photograph must be an 8 X 10-inch print.
- All photographs must be mounted on a rigid 8 X 10-inch board and overall thickness may not exceed 3/8 inch. No mattes, frames, or hangers are to be included.
- Photographs may be taken using film or with digital cameras and may be color or black and white.
- Printed photographs will not be returned.

Each photograph must have a label affixed to its back with the following information: Contest name: *World in Pictures* with category or GFWC Living the Volunteer Spirit

Photographer's Name, Email Address, Mailing Address, and Phone Number

Name and State of the sponsoring club

Title and a brief caption giving location, date, and other pertinent information about the photograph

- o Arrow indicating the top of the photograph



GENERAL FEDERATION of WOMEN'S CLUBS

CONTEST

GFWC Writing Contests: GFWC Members & Youth K-12

Leslie Brown, GFWC-AZ Writing Contest Chairman

The deadline for the 2022-2023 GFWC Creative Writing Contest has passed, but it's a perfect time to start planning for the 2023-2024 GFWC Creative Writing Contest!

IDEAS to help you get started:

Have you told your children or grandchildren stories at bedtime that you made up? Why not write them down and enter them in the contest? A short story limit of 2,000 words.

Think about a family adventure, a special holiday, or a funny experience and write a short story.

What does our GFWC-AZ President's Call for Action: "WE CAN DO IT!" mean to you? It could be about a personal experience or something relating to club. Describe it in a short story or a poem.

Can you write your autobiography in a 5-7 verse poem?
The minimum length for a poem is only 8 lines!

STEPS to get started:

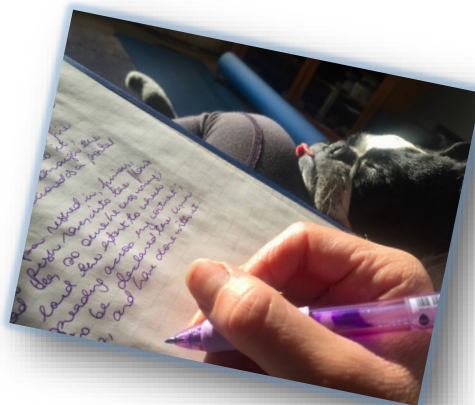
Create an outline or mind map to capture all your ideas. This is a great defense against writer's block – you'll have a roadmap guiding you.

Determine small, attainable goals – this sets you up for success. For example, write 250 words a day.

Don't try to be perfect – just get your ideas down on paper, don't edit as you go, you can make it sound great later. First drafts are never perfect. Later you can trim, add, or edit. You may even move things around or rethink an idea.

Face your fear. Your story is worth telling, so don't let fear get in the way. Instead, use it for motivation.

Leslie



NEWSLETTER FEEDBACK REQUESTED

Thank you for reading the Winter 2023 edition of the GFWC-AZ Clubwoman. As the editor, I value your review and feedback of this edition. Would you please take a few minutes to email me your constructive feedback? I appreciate your efforts to help make the GFWC-AZ Newsletter meet the needs of all GFWC-AZ clubs.

Please email your feedback to: **ironranger8@msn.com**

“ Feedback is the breakfast of champions” Ken Blanchard and Spencer Johnson, The One Minute Manager

Submit your article for the June 2023

(Summer Edition of the GFWC-AZ Clubwoman)

The goal of the GFWC-AZ newsletter is to provide timely, accurate and representative information to all GFWC-AZ clubs in Arizona. As editor, I am seeking articles from every club in the state. The article may be a brief mention of an activity with a picture or a longer human interest story.

When you submit your article, please:

1. Email it to me: Shelley Robinson at ironranger8@msn.com.
2. Attach pictures to the same email as your article.
3. Call, text or email me if you have questions or would like assistance in writing an article.

I am available anytime by calling 218 966 0517 and look forward to helping!

Date of email request for articles (sent to all club presidents/CPR chairs)	Deadline for article submission	Newsletter composition period	Newsletter distribution date
September 15, 2022	October 1, 2022	October 2-14, 2022	October 15, 2022
November 15, 2022	December 1, 2022	December 2-14, 2022	December 15, 2022
February 15, 2022	March 1, 2023	March 2-14, 2023	March 15, 2023
May 15, 2023	June 1, 2023	June 2-14, 2023	June 15, 2023
August 15, 2023	September 1, 2023	September 2-14, 2023	September 15, 2023
November 15, 2023	December 1, 2023	December 2-14, 2023	December 15, 2023
January 15, 2024	February 1, 2024	February 2-14, 2024	February 15, 2024
March 15, 2024	April 1, 2024	April 2-14, 2024	April 15, 2024