



# GFWC Arizona Clubwoman

**GFWC National Day  
of Service**

**Sept. 30**

**SIGN UP:**

**Melanie Gisler,  
Membership Director  
mgisler@gfwc.org**

**AND**

**Deb Strahanoski,  
GFWC International  
President  
dstrahannski@gfwc.org**



The Value of One,  
the Power of Many,  
Creates a WE CAN  
DO IT!  
Attitude.'

## President's Message:

Dear GFWC Members,

I was honored to attend the General Federation of Women's Clubs International Convention, June 8-12, with 8 other Arizona GFWC members. After talking with the other states' delegates about their clubs' projects, we too can be very proud of the work we have done this past year. We have a wonderful group of volunteers in our state who do important work for their diverse communities.

The GFWC-AZ Paradise Valley Junior Woman's Club won "honorable mention" for the Creativity Award in the Advancement area of Legislation and Policy. The details of their project were highlighted with the entire membership at the convention. Congratulations, to the PVJWC!

An important message about the GFWC National Day of Service, September 30th, was given by GFWC International President Debra Strahanoski at the convention. All clubs are encouraged to sign up with GFWC and complete at least one project in their community which involves 'food insecurity'. Some ideas would be to help with packing food boxes, delivering food to families in need, collecting food items for a local pantry, etc. Please see an in-depth article in this newsletter about this very important Service Day. My goal is to have all of our clubs sign up. Sending best wishes,

Grace Kobojek, GFWC-AZ President



Grace Kobojek  
GFWC-AZ President

## LEADS-AZ

Included within this newsletter is an **ARIZONA LEADS** Seminar Application. I want YOU to consider applying for this training which will consist of ZOOM trainings and 1 -day in-person training.

Anyone who is interested in leadership training should apply. You do not have to be a club officer, just a member who is interested in expanding her knowledge in leadership.

AZ-LEADS application is found on page 23. Fill it out and send it in as soon as possible!

## GFWC LEADS REPORT

### By Michelle Brown—LEADS (AZ)

The song "Anticipation" by Carly Simon gave me tune nag as the day approached to fly to Louisville for the 2023 Annual GFWC Convention. I was a bit nervous about what to expect and also excited!



Thursday night Reception for the LEADS class with the International President Debra Strahanoski and the Executive Committee kicked off our activities. Wear your Kentucky Derby outfit, I read in an email...YEEK! I'm leaving AZ in 2 days. Thank you Amazon for getting a lovely Derby Hat to me in time. Personally, I thought mine was outstanding!

Friday was our all-day LEADS Seminar. Where else can you meet 40 diverse women from 40 states who are as passionate about their GFWC Club as I am? The GFWC Leadership Committee presented great topics such as building influence, conflict resolution, parliamentary procedure, presentation skills, to mention a few. It was wonderful, informative, fun and I found lots of new Federation friends.

After attending another day at the General Convention (700+ attendees), I came home with a greater awareness of the big picture of GFWC and how its mission is carried out in our country and abroad. It was inspiring and somewhat overwhelming. But I got it! Thank you GFWC-AZ for selecting me as your LEADS Representative for 2023 - I am excited to be part of GFWC as I continue to serve the Tempe Woman's Club and whatever else is needed in Central District or at the State level.

Michele Brown (pictured left in photo above)

2nd Vice President, Tempe Woman's Club

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## Communications/Public Relations

### Question & Answer

#### ★ QUESTION:

Dear Shelley,

I'm not sure our members read the club newsletter. How can I make it more interesting?

Signed, *Newsletter Editor*



#### ★ ANSWER:

A club newsletter can keep club members up to date on current events, showcase the talents of individual members and record the achievements of the club. However, a club newsletter is only useful if people read it. An effective club newsletter will be interesting and relevant to the members of the club.

#### **Member of the Month**

Create a monthly feature that highlights a particular member of the club. People enjoy seeing their names in print and the feeling of being appreciated, so this can be a good incentive for people to read the club newsletter and actively participate in the club. Interview the member of the month for relevant quotes, and list her accomplishments, background and credentials.

#### **Club Funds**

Keep the club up to date with how much club funds are available, and exactly how the funds are spent. This will make the activities of the club visible to all members and visitors and increase club accountability. It can also be a good way to show how the club helps the community or improves its usefulness to members, if the funds are being used correctly.



Shelley Robinson

Communications Chair

#### **Feature Articles**

Give club members the opportunity to showcase their talents and knowledge by asking them to write feature articles for the newsletter. The articles can give useful tips, describe life experiences, or explain how to perform a specific task. All the articles should be related to the main theme of the club.

#### **Upcoming Events**

Keep club members updated with upcoming events. This will keep everyone in the club informed, encourage more club activity and be a way for new members to become integrated into the club activities. Add the upcoming events on a monthly calendar so that members can have a visual reminder.

#### **Keep It Focused on your CLUB**

Your newsletter shouldn't read like a community newspaper. Include only information related to your club, state and/or National GFWC news.

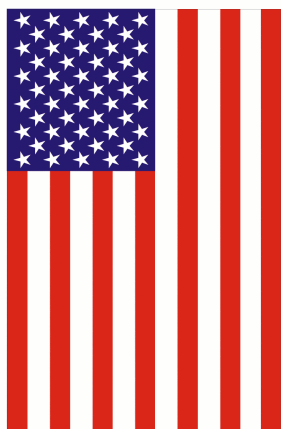


## Civic Engagement and Outreach

Rosalie a. Dialessi, Chair

I want to extend a great big thank you and congratulations to all the clubs for their work in the GFWC Community Service Program-Civic Engagement and Outreach this past administration year. The reports I received were packed with creative and wonderful programs that had a huge impact on their communities. I am always amazed at the work that our clubs do, from the small to the large outreach projects.

Although clubs take a break from meetings in the summer, the needs in our communities sometimes increase. There are children who depend on the school lunch programs for a nutritious meal, so check out summer programs to help fill that need with fresh fruit, snacks, and sandwiches. When temperatures soar into the triple digits the homeless population will need bottled water to keep hydrated. Consider having an ice cream social for a veteran's group or send summer greetings to our military overseas. The women veterans could maybe use some fresh summer colors for mani-pedis.



So let's  
**SPARKLE  
AND  
SHINE!**

The 4th of July is a wonderful time to celebrate our citizenship by displaying the American Flag on our homes or participating in festivities in your communities. A town picnic or parade would be a perfect place and opportunity to hand out small American flags with club information attached. "We are the firecrackers in our communities." So let's sparkle and shine!

## Environment /Conservation

Bernadine McCollum, Chair

Save the bees, kill the stinknet!



We depend on bees, butterflies, hummingbirds and other pollinators for reproduction of 85% of the world's flowering plants, and over two-thirds of our crop

species. Loss of habitat, use of pesticides, and diseases are playing havoc with their survival. Club members can help save the pollinators by planting native plants such as milkweed, fairy dusters, desert mallow and Parry's Penstemons in their own gardens or community gardens.



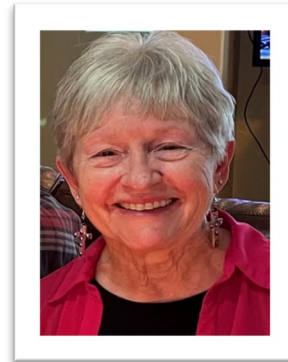
Have some fun with it and become citizen scientists recording your observations as part of Nature's Notebook's Nectar Connectors project.

While pollinator habitats are being destroyed, stinknet weed, a plant native to Africa, is sweeping through our state and choking out even more of our native plants. It's everywhere, in residential areas, along roadsides, and in areas where the soil has been disturbed.

Club members can help eradicate this weed in their neighborhoods. Have a "stop the stinknet" party. Bag the dried blossoms and dispose of them before the monsoons come and they multiply. See U of A Cooperative Extension for more information.

## Health and Wellness

By Joan Stempski, Chairman



### The Health & Wellness Area has received a request from Operation Smile.

Operation Smile needs the following:

- \* Blankets, quilts and No-no Armbands (splints).
- \* Smile kits consisting of:
  - \* coloring books thin (11" x 8" or 8" x 5")
  - \* shampoo (hotel size or 1.7 oz.)
  - \* toothbrush both kids and adults,
  - \* toothpaste 1.0 oz. or travel size with expiration date of May, 2025
- \* Balls (soft foam/rubber/blow up)
- \* Basketball with hoop
- \* Blocks (plush/wood/plastic)
- \* Bowling ring toss/bowling set
- \* Bubbles (liquid)
- \* Building blocks set
- \* Card game
- \* Combs (wide tooth/detangling type) – no pocket comb
- \* Connect 4: Construction paper
- \* Dolls (barbie style dolls)
- \* Dolls (little figures/Marvel figures)
- \* Play foam mat floor
- \* Jump rope
- \* Markers
- \* Matchbox cars
- \* Paper, art/easel (per roll)
- \* Play-doh
- \* Puffer balls
- \* Pull-along toys
- \* Puzzles
- \* Rubik's Cube
- \* Hand fidget spinners
- \* Stacking toy set
- \* Stickers
- \* Stress smile face balls
- \* Stuffed toys (medium size) (clean/not dirty/stained or over used)
- \* Medical kit toy
- \* Yo-Yo
- \* Sheet Bed/Hospital (to use as matting in the playroom)

### OPERATION SMILE

Operation Smile has established a global footprint and currently provides world-class cleft care in more than 30 countries with help from thousands of volunteers representing more than 60 countries.

### Their Mission

Through expertise in treating cleft lip and cleft palate, Operation Smile creates solutions that deliver safe surgery to people where it's needed most.



## Shot@Life Advocate2Vaccinate

**Tell Congress You Support Vaccines for All**

**The Problem:** During the COVID-19 pandemic, 67 million children missed out on lifesaving routine vaccines. This is the largest decline in nearly 30 years, leading to increased spread of viruses around the world, including polio, which was detected for the first time in decades in the U.S. and U.K.

**The Solution:** Increasing access to vaccines and resources! We must protect progress made with immunizations, strengthen health systems, and ensure people everywhere have access to lifesaving vaccines for diseases like polio, measles, pneumonia, rotavirus, and COVID-19.

**How You Can Help:** If you think it's wrong that millions do not have access to lifesaving vaccines, act now. Fill in your information below to tell your members of Congress you support global vaccination efforts and understand the vital role the U.S. plays in the lives of children around the world.

**The Numbers:** Global health spending is just a fraction of one percent of the federal budget, but it helps save millions of lives around the world. Tell your lawmakers you support full funding for lifesaving programs in fiscal year 2024.

\$340 million for Gavi, the Vaccine Alliance

\$175 million for UNICEF

\$276 million for CDC global polio eradication programs

\$80 million for CDC measles elimination activities

\$165 million for USAID polio eradication efforts

\$109.6 million for WHO (assessed contributions)

Thank you for taking action to protect all children!



Dianne Maki-Sethi  
Shot@Life Champion  
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Tucson, AZ 85718  
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## GFWC LEADS ARIZONA

Since 2002, GFWC has offered the Leadership Education and Development Program (LEADS) to one candidate from each state on an annual basis at the GFWC International Convention. It is with great enthusiasm that GFWC Arizona President Grace Kobojeck announces the development of a state level LEADS Program. This initiative offers the advantage of providing leadership training and development to an increased number of members, at a lower cost, right here in Arizona.

The purpose of the GFWC LEADS Arizona Program is to identify potential candidates who possess both a vision and a commitment which will provide continued leadership to GFWC Arizona at the district and state level. The program is designed for members who have demonstrated effective leadership skills in their local GFWC club and remain dedicated to further strengthening those skills while serving GFWC Arizona at the District and State level.

There are many benefits to completing GFWC LEADS Arizona Program. Candidates will experience personal growth while enhancing their current leadership skills. Those who are committed to life-long learning will appreciate the broad knowledge the program provides. Skills learned in the GFWC LEADS Arizona Program translate to additional success, not only in serving GFWC, but in multiple areas of life, both personal and professional.

Applicants must commit to attending 1 in-person training seminar as well as Zoom sessions throughout 2023-2024. (See page 23 for the application.)

# ALZHEIMER'S ASSOCIATION®

The Alzheimer's Association is the newest non-profit organization which GFWC is leading the way to promote. Alzheimer's is a degenerative brain disease the most common form of dementia. It causes problems with memory, thinking and behavior. The article below shares information about how your club may become involved to help raise funds for this important organization. It is the leading voluntary health organization in Alzheimer's care, support, and research.

There are presently an estimated 55 million people worldwide living with dementia. There are more than 6 million people in the United States that have Alzheimer's and over 11 million people are serving as unpaid caregivers.

The Alzheimer's Association provides critically needed support to those affected by this disease and is undertaking research to find a cure. GFWC Arizona would like to encourage all clubs in the state to support the Alzheimer's Association in their efforts to combat this form of dementia. The Arizona ALS Chapter's contact information is below:

**The ALS Association Arizona Chapter**  
360 E. Coronado Road, Suite 140, Phoenix, AZ  
(602) 297-3800  
info@alsaz.org

## **2023 Annual Walk to End Alzheimer's**

Arizona is in the Desert Southwest Chapter of the Alzheimer's Association. Each year there are Walks to End Alzheimer's that are held across the state.

**"Underrepresented and underserved communities are disproportionately impacted by Alzheimer's and dementia, and yet are less likely to be diagnosed; less likely to be recruited to participate in research; and less likely to have access to care and support services. This is unacceptable and must change."**

## **Arizona Event Dates:**

September 30, 2023, The Quad Cities of AZ (Prescott, AZ)

October 14, 2023, Verde Valley (Cottonwood, AZ)

October 14, 2023, West Valley, (Glendale, AZ)

October 28, 2023, Tucson and Green Valley/Sahuarita, AZ

November 4, 2023, Phoenix, AZ

Information about 2023 walks and how clubs can support the Alzheimer's Association can be found at [als.org](https://als.org).

## **Dementia Resolution (Adopted 2023)**

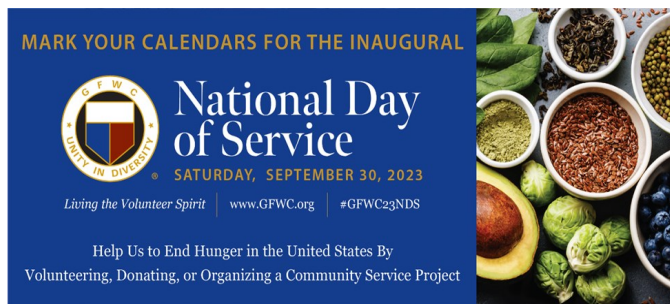
A new GFWC Resolution was adopted at the GFWC Convention in June 2023 in the Health and Wellness CSP which encourages clubs to support those who are suffering Dementia. Alzheimer's is a form of dementia, so this resolution was most timely for GFWC to adopt.

**Excerpted:** *"BE IT RESOLVED, That the General Federation of Women's Clubs urges its member clubs to support;*

- *Education on recognition of cognitive decline and other forms of dementia;*
- *Funding for caregivers, respite care, and facilities that provide memory care;*
- *Legislation and research to improve treatment, access to treatment, prevention, and cures for all forms of dementia."*

For entire resolution, please refer to the GFWC-AZ website at: [gfwcarizona.org](https://gfwcarizona.org)





These GFWC Arizona clubs have already signed up to be a part of the **GFWC National Day of Service (NDS) on Saturday, September 30th**. Your club does not have to decide on a project now, but signing up now is important in order to receive GFWC information on a weekly basis. Let's make it 100% of all of our clubs in Arizona. Sign up today!

GFWC Desert Jade WC  
 GFWC Florence WC  
 GFWC Glendale WC  
 GFWC Las Noches WC  
 GFWC Paradise Valley Junior WC  
 GFWC Paradise Valley WC  
 GFWC Roosevelt Neighborhood WC  
 GFWC Tempe Junior WC  
 GFWC Tucson WC

Arizona can be an 100% participating state! Register information can be found at the end of this article. Just give your club information, no project information is required.

### **What is GFWC National Day of Service?**

The General Federation of Women's Clubs (GFWC) is united in its dedication to volunteer community service. The National Day of Service (NDS) is a day in which all of GFWC comes together in service to highlight an area of need, take action to address it, and raise public awareness about its importance. State federations and clubs will participate by organizing Community Service Programs (CSP) in their communities as part of NDS. It's also a great opportunity to invite guests to participate in your NDS activities and your GFWC club.

### **How can you help solve food insecurity in the United States?**

To initiate the planning process, GFWC encourages you to contact your local food banks and food pantries — wherever people go for food — to find out how best to be of service. For example, a club can sponsor a food bank, pantry, or food program to organize a volunteer activity with fellow club members, family, and friends. Ask every member of your club to invite a friend who is not presently a member to participate and experience GFWC in action.

### **Who should you invite to participate?**

Use the activity to motivate and inspire your friend(s) to join GFWC. The benefits of community service not only make a person feel good, but it helps to build meaningful friendships and bonds that will last a lifetime.

### **NDS Information & Updates:**

Every week until September 30, GFWC will make announcements, provide project ideas, and discuss food insecurity. Be sure to checkout the weekly electronic newsletter, GFWC News & Notes; Facebook and Instagram; and website, [www.GFWC.org](http://www.GFWC.org). Stay tuned for additional resources, including a tool kit and a media kit.

### **To Register:**

Please contact Melanie Gisler, Director of Membership Services, at [MGisler@GFWC.org](mailto:MGisler@GFWC.org); and, copy Deb Strahanoski, International President, at [DStrahanoski@GFWC.org](mailto:DStrahanoski@GFWC.org) to register. Be sure to include the following in your email: Club Name, Point of Contact, Address, Phone Number, and Email.

## The Jennie Award

By Pat Pisarski, Chairman

### GFWC - AZ Jennie Award Nominations Announced!

As chairman of the Jennie Award, I am honored to say we have 2 great ladies and leaders who are recommended for nomination of the Jennie Award.

Congratulations to you both and I'm very proud of both ladies. They are very dedicated to their families, community and GFWC. Best of luck to both, your next step will be at South Central Region in October.



Joan Stempski  
GFWC -AZ Paradise Valley Junior Women Club



Joy Mims  
GFWC -AZ Chili Peppers

### What is the Jennie Award?

The Jennie Award is named in honor of GFWC's founder, Jane Cunningham Croly, who wrote for national newspapers under the pseudonym "Jennie June." The award is an occasion to highlight extraordinary clubwomen who epitomize her spirit of independence, courage, and persistence through their roles as volunteers within their clubs, representatives of their community, and as members of a family or extended family.

Although GFWC has many awards for states and clubs, the GFWC Jennie Award is the only national honor that recognizes individual members for personal excellence. Since it is an award for lifetime personal excellence, club presidents should consider utilizing the knowledge of club historians for Jennie Award nominees. Club presidents should be mindful of first impressions and make the nominee's packet of supporting materials as professional as possible as it may be judged at the different levels by influential community leaders.



Jane Cunningham Croly — "Jennie June"

## GFWC-AZ District Highlights—SW District

A few words from Everyplace Else, also known as GFWC AZ Southwestern District.

I am still reveling in our excellent and informative Southwestern District Convention which was held at my home club (the Monday Club of Prescott) this past March 4, 2023. We are a small group, consisting of GFWC Quartzite Women's Club, GFWC Visawen Women's Club, GFWC the Monday Club of Prescott, GFWC Winslow Women's Club, and GFWC London Bridge Women's Club.



We began with business of course, including club reports (I will let you know that our women do much to make change in their communities), Among just a few of the activities are Winslow supporting Huskies for Hope (a group that pairs huskies with veterans and Giving scholarships to deserving students at Northland Pioneer College. The Monday Club has updated their bylaws, and continuing to work with local organizations: Stepping Stones (women's shelter) and our local Veterans administration. Quartzite supports local businesses. London Bridge donates clothing and funds to Faith and Grace Inc (women's shelter) and donate food to local food banks. ViSaWen recycles and encourages recycling throughout their communities, they also clean up a section of the highway near Salome additionally they have cooking classes and art classes for their members. We are amazing.

In total GFWC AZ Southwestern District had 106 projects/programs with 3194 volunteer hours (I believe this is underreported), in-kind dollars totaled \$27,875! Cash from the clubs to their communities was \$1,1574! What a difference we make as a team!

At our Convention we heard from Yavapai County CASA (Court Appointed Special Advocates for children in foster care) about how a CASA (I am one) can make a difference in a child's life. We need more CASAs!



Next Grace Kobocek shared about her easy reporting goals for her term. This includes sharing the newsletters with members, coming to meetings regularly, working to make or maintain a Little Free Library in a local neighborhood and much more.

At the end of the day we had laughed, hugged and smiled at the fellowship of our sisters in GFWC,

Jeni O'Callaghan (pictured left)  
President  
Southwestern District





## GFWC-AZ Club Highlights—Monday Club



The Monday Club had their annual Tea for the residents and staff at the Pioneer Home in Prescott on May 19.

There was a huge storm brewing outside but 6 of us hearty Monday Club women and my hubby Dave forged on.

The residents decorated awesome hats & we wore our "Tea Attire" too.

We brought lovely, yummy mini "Cupcakes by Leanne", a new prospective member which were too pretty to eat, but we did!

We made delicious charcuterie trays that wowed us all! Several other members brought delicious chicken salad sandwiches and fresh fruit with dips & veggies.



My friend who leads music at our church brought her ukulele and led us in a rousing sing along.

Another beautiful day with our Sisters in Service and true Arizona Pioneers who shared wonderful stories of their early days in Arizona!

All who attended were truly blessed.  
Janette Gann, President





## GFWC-AZ Club Highlights



### Tempe Women's Club

Even though summer is here and our meetings are on hiatus, it doesn't mean Tempe Woman's Club is taking it easy. We just completed our quarterly street clean up for the City of Tempe's Adopt-A-Street program. We keep a mile of Baseline Road free of trash. It might not sound like fun, but we enjoy getting fresh air and exercise while still impacting our community's quality of life. It's a win-win for everybody! ~ Sandy Haupt

### Tempe *Junior* Women's Club

Members of GFWC-TJWC held a re-useable water bottle drive for the Aris Foundation. Every Tuesday night, year-round, the ARIS Foundation shows up. Aris Foundation is a nonprofit organization that was originally established to care for homeless young adults within the East Valley.



While that remains the focus of ARIS, they have expanded the mission to include all individuals, homeless or housed, who need care. They provide food, clothing, and hygiene items. Mostly, they provide resources and a connection to loving volunteers who care. Through the reusable water drive, GFWC Tempe Juniors collected and donated 66 reusable water bottles to the ARIS Foundation.

## GFWC-AZ Club Highlights—Glendale

**May 2023**-GFWC Glendale Woman's Club held their annual Club Awards and Appreciation luncheon at Dillion's Arrowhead restaurant. After a delicious meal, President Kappes announced 2022 club member awards and the results from GFWC-Arizona State convention, a total of 4 GFWC Arizona State Awards for programs completed in 2022. Pictured left to right is Club's 2nd Vice-President Linda Moran-Whittley, 2022 Outstanding GWC Member of the Year-Pat Fehlhaber & Club President Cheryl Kappes).



### 2023 Arbor Day



**April 2023**-Conservation Month events. For more than 50 years the GFWC Glendale Woman's Club has held an arbor day event partnering with the City of Glendale to plant trees at a local park. The city brings everything needed to plant trees at a local park and our club provides all the cold drinks and snack bags for the students that have inspirational messages.

**February 2023** The GFWC Glendale Woman's Club held a night time meet and greet event in February, adding our

New Member Initiation Ceremony which was also live streamed on Facebook. Club

members pictured Left to Right, Joan Mertens, Catalina Lopez, Yolanda Comacho, Connie Burton, GFWC AZ state President Grace Kobjek and Club President Cheryl Kappes.



**February 25, 2023** - GFWC Glendale Woman's Club members took advantage of the opportunity for a free booth at the 13th Annual Dog Days of Glendale to raise awareness of our Club, its mission and also to help raise funds for the Frances Willard Munds statue that is expected to be completed in 2023. Pictured is club president Cheryl Kappes and Student Volunteer Idaprea Maynes. Idaprea is the granddaughter of Beki Maynes, who celebrates 61 years of membership with our club in 2023!



Cheryl Kappes-President  
on Behalf of GFWC Glendale Woman's Club  
Serving Glendale and beyond, since 1901  
Cell/Text : 623-937-9915





## GFWC-AZ Club Highlights—Glendale Woman's Club

GFWC Glendale Woman's Club celebrated our club's 2023 Past President's Day March 23rd, using GFWC Women's History month theme "Portraying Women's Strength" AND the National Women's History Alliance theme "Celebrating the Women who Tell our Stories." We set the stage sharing memories of the past, filling the room with our Club's history books and GFWC artifacts from the 122 year old GFWC Glendale Woman's Club. After a delicious lunch we started Facebook live + a ZOOM meeting to capture the oral histories.



### SPECIAL GUEST SPEAKERS

CHARLIE SANDS, SON OF PAST PRESIDENT MARIE SANDS 1948-1949  
IAN HUGH, SON OF PAST PRESIDENT PATSY HUGH 1958-1959

Women's History Committee Chair-Club President Cheryl Kappes began the program with a brief introduction-how women's history month got started. Then, turning our attention to the head table, Past Club Presidents Pat Kennedy, Mickey Dunlap, Grace Kobojek and Lorraine Porta were recognized for their strength and willingness to keep our Club going, lead wherever needed and serve our community. Two of our club's Past President's (Pat and Mickey) will celebrate 50 years with GFWC in 2024!

Next, we had the pleasure to meet special guest speakers: Charlie Sands-son of Club Past President Marie Sands 1948-1949 and Ian Hugh, son of Club Past President Patsy Hugh 1958-1959. Our guest speakers shared memories allowing us to see the personal side of their mom's accomplishments in this Club and in our city. Telling "their stories" we gained insight into Glendale's history and how these women, Past Presidents of GFWC Glendale Woman's Club, contributed to that history. What a treat!

Cheryl Kappes-President (pictured right)  
on Behalf of GFWC Glendale Woman's Club

## GFWC-AZ Club Highlights—Buckeye Woman's Club

By Marcia King, President

The Buckeye Woman's Club hosted a Spring Craft and Shopping Boutique on Saturday, April 1, 2023. A wide variety of items was sold including cosmetics, essential oils, ceramics, jewelry and macramé. The vendors are looking forward to November and our next event!



Club members Katie Wickware, Barbara Wilhite and Patti Reese manned a table for the Buckeye Woman's Club and sold books, jigsaw puzzles and jam.

On April 26, 2023, members of GFWC Buckeye Woman's Club (President Marcia King and members Chris Larsen, Barbara Wilhite, Secretary Patti Reese and Sophia Kennedy) donated and helped plant a Vitex Chaste tree at Kell Park adjacent to the Downtown branch of the Buckeye Public Library.

Children from the library's Storytime also helped. Vice Mayor Michelle Hess read a proclamation from Mayor Eric Orsborn declaring April 28, 2023, Arbor Day in the City of Buckeye.



In the afternoon on April 26, 2023, Yanick Hicks, an Executive Director of the Maxwell Leadership Certified Team, spoke at the GFWC Buckeye Woman's Club on the different levels and expectations of leadership.

A dynamic and effective speaker, Yanick was well-received by those present.



## GFWC-AZ Club Highlights Paradise Valley Junior Women's Club



Paradise Valley Junior Women's Club participated in cooking dinner for the Ronald McDonald House. 12 members had fun cooking 2 types of chilis, salad and cookies.

The presentation included chips, salsa, sour cream and cheese. The members include Lisa Hall, Jody Taylor, Linda Day, Marilyn Sharp, Maya Coffey,, Lyn Geake, Ann Phelan, Mary Kay Allen, Betts Fillhouer, Randy Rummage, Pat Amundsen and Kate Petersen.

The dinner was for 45 people of the families that stayed as the house while a child was being treated at the hospital. Ronald McDonald provides a "home-away-from-home" for families traveling to the Valley for medical care for their children. Some of the families have stayed as long as a year or two.



## Mount Lemmon Women's Club

2023 is the 50<sup>th</sup> anniversary of the MLWC. To celebrate 50 years of coming together to make a difference for the Mt. Lemmon community and in Tucson, we had a member luncheon at the home of one of the members. We were graced by the attendance of several members of the Tucson Women's Club.



It made the day a little more special to have them join us. A special feature of the luncheon was that members wore a hat or a fascinator to add an element of elegance. We will also observe our 50<sup>th</sup> anniversary by wearing our hats or fascinators as we march in the annual Mt. Lemmon July 4<sup>th</sup> Parade. We will also carry a banner announcing our milestone anniversary.

As an extra honor of our 50<sup>th</sup> anniversary, on July 20<sup>th</sup> the MLWC will be awarded a Certificate of Appreciation from the Pima County Board of Supervisors at their meeting. Our club president, Sandi Triplett, will attend to receive the award on behalf of the club.

## GFWC-AZ Club Highlights

### Florence Woman's Club

Florence Woman's Club members are taking advantage of the hot summer months to get to know each other better. Club members are touring sites around Arizona. June brought a fun trip to Sabino Canyon. In July, members visited a museum and enjoyed lunch in Prescott.



### Paradise Valley Junior Woman's Club

The GFWC Paradise Valley Junior Woman's Club learned that February was National Children's Dental Month from the January GFWC Health and Wellness newsletter. They decided to do a project in February to promote children's dental health in their community. Club funds were used to purchase 144 children's toothbrushes, tooth paste and dental floss.

Children's dental postcards were ordered from the American Dental Association (ADA) using the link that was in the Health and Wellness newsletter. Members of the club assembled the dental kits on February 16, 2022 and they were donated to Arizona Helping Hands, an organization that helps foster children in the Phoenix community. Arizona Helping Hands was thrilled to receive the donation as they are always critically low on dental hygiene toiletries. The cost of the project was \$382.68.



Jody Taylor, Jackie Black, Karen Simone



Marj Sherman, Andrea Orose, Beate Yancy



## GFWC-AZ Club Highlights—Peoria West Valley Woman's Club

In May, the GFWC Peoria West Valley Woman's Club invited the Director and Founder, Donna Bartos, of the BLOOM365 non-profit organization to speak about this organization.

BLOOM365 began in August, 2006 with just an idea. The efforts of BLOOM 365 is focused on youth-driven education, advocacy, intervention and activism in schools and organizations across Arizona. Donna seeks out schools and organizations which will work with her staff to seek out peer advocates who will then be educated to help young people in understanding about healthy vs unhealthy relationships and help build skills to avoid controlling, abusive and violent behaviors.

The club members donated items needed by the organization such as notebooks, pens, tissues, and stuffed elephants. An elephant is given to the youngsters who are assisted to help them address, 'The elephant in the room' .....Domestic Violence!



Pictured in front from the left: Donna Bartos, Vicki Hunt, Mickey Dunlap, Club President  
Top: Peoria West Valley Club members



## GFWC-AZ STATE

The state GFWC-AZ Convention was held at the Holiday Inn and Suites on May 5-7 in Mesa, AZ.

*"Pictures are worth a thousand words"*





## GFWC International Convention Louisville, KY

June 2023

Arizona Attendees



## Who's Who in GFWC AZ 2022—2024

### GFWC-AZ Executive Committee

President , Grace Kobjek  
 1st VP (Programs), Sue Shipley  
 2nd VP (Membership), Nancy Holihan  
 Recording Secretary, Debbie Grieder  
 Treasurer, Debbie Grieder  
 Corresponding Secretary, Virginia Chang  
 Parliamentarian, Penny Peterson  
 Central District President, Grace Kobjek  
 Southern District President, Lee Swearengin  
 Southwestern District President, Jeni O'Callaghan

### GFWC-AZ Community Service Program Chairs

Arts & Culture, Kathy Chesser  
 Photo Contest, Nancy Holihan  
 Environment, Bernadine McCollum  
 Education/Libraries, Randy Rummage  
 Writing Contest, Leslie Brown  
 ESO, Sharon Brunk  
 HOBY, Terri Huber  
 Civic Engagement, Rosalie Dialessi  
 Canine Companions, Judy Isaacson  
 Health & Wellness, Joan Stempski  
 Affiliates Chairman, Celene Post  
 We Can Do It! Actions Chair, Grace Kobjek

“ It's a mistake to think we listen only with our ears. It's much more important to listen with the mind, the eyes, the body, and the heart. Unless you truly want to understand the other person, you'll never be able to listen.”  
 Mark Herndon

### GFWC-AZ Advancement Program Chairs

Communications/Public Relations/Website  
 & Newsletter, Shelley Robinson  
 Facebook (Group), Jeni O'Callaghan  
 Facebook (Page) Co-chairs, Jeni  
 O-Callaghan & Shelley Robinson  
 Fundraising Co-chairs, Heather Brott &  
 Sue Webb-Taylor  
 Opportunity Drawing, Lois Taylor  
 Leadership, Suzanne Bloome  
 LEADS, Mary Smalling  
 Legislation/Public Policy, Terry Odhner  
 Membership, Nancy Holihan  
 Women's History and Resource Center,  
 Dianne Maki-Sethi

“ None of us is as smart as all of us.” Peter B. Grazier

### GFWC-AZ Special Program Chairs

Domestic Violence Awareness and  
 Prevention, Linda Kenrich  
 Junior Special Program: Advocates for  
 Children, Vickie Luthro

### Need Contact information?

Go to the GFWC-State website!

Please create an account to have access  
 to GFWC-AZ private pages on the  
 GFWC-AZ website. Private pages list  
 contact information for all officers  
 and Program Chairs.

# GFWC-Arizona Leadership, Education and Development Seminar (LEADS) APPLICATION FORM

Name: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

GFWC-AZ Club \_\_\_\_\_

This form is fillable. Please answer the following questions in as much detail as possible: (Attach a separate sheet of paper if additional space is needed) In order to apply for this training, you do not need to have held a GFWC club officer position. The information you provide will allow us to develop the workshops. **This application is available to any GFWC member in good standing who is interested in improving her leadership skills.**

1. List any GFWC positions and dates held. (Include your local club, district & state)
  
  
  
  
  
  
  
  
  
  
2. What past leadership experience do you have, in organizations other than GFWC? (Please include name of organization & dates)
  
  
  
  
  
  
  
  
  
  
3. What leadership attributes would you like to strengthen through this training?
  
  
  
  
  
  
  
  
  
  
4. What do you see as your role in your club and GFWC-Arizona over the next 3-5 years and beyond?
  
  
  
  
  
  
  
  
  
  
5. Are you able to cover your travel costs to attend a one-day in-person seminar for GFWC-Arizona LEADS?  
Yes\_\_\_\_ No\_\_\_\_ If no, please explain.
  
  
  
  
  
  
  
  
  
  
6. Will you commit to attending a full day in-person Leadership Seminar AND multiple virtual training sessions?  
Yes\_\_\_\_ No\_\_\_\_ If no, please explain.

Return this completed form to Grace Kobojeck by the firm application deadline of August 10, 2023; however, **please send your application as soon as possible to reserve your spot.** You will be notified when your form is received.

**Mail to:**

**Grace Kobojeck, GFWC-AZ President  
4751 W. Whispering Wind Drive  
Glendale, AZ 85310  
Gkobojeck1@gmail.com**

**6-2023**





## GENERAL FEDERATION of WOMEN'S CLUBS

## CONTEST

### GFWC Writing Contests: GFWC Members & Youth K-12

Leslie Brown, GFWC-AZ Writing Contest Chairman

The question was asked: Are Writing Contests worth entering?

The short answer is: YES! A writing contest, especially a GFWC writing contest, can be an inspirational spark, a fun way to test your skills, lead to personal growth, get feedback on your work, and potentially win!

#### A Poem

Need some inspiration to write a short story or create a poem?

There's only one stipulation, must be original, it must be your own.

There are many ways to spark an idea,

By looking at photos or strolling through IKEA.

You may want to think of a specific or favorite location,

or perhaps a family member or an unusual situation.

Just put your words down as your first explanation,

and review them later for your final presentation.

A short story is limited to 2,000 words of developments,

divided into paragraphs with short story elements.

A poem has a minimum of eight lines and maximum of fifty,

and organized into stanzas or verses to be thrifty.

Don't be afraid to give creative writing a try,

Put pencil to paper and don't be shy.

Here is my poem with a simple plea...

to participate in the contest – just try it– it's FREE!

You can submit /email your original writing, either a short story or poetry, along with the Waiver, to Leslie Brown, GFWC-AZ Writing Contest Chairman by February 8, 2024.

\*\* It's also a good time to start planning for the Youth Writing Contest. Contact a teacher now, so you can get a jump start in the Fall. Submissions are due by February 8, 2024.

For more information, please refer to page 29 of the GFWC-AZ Resource Handbook 2022-2024 Under GFWC Writing Contests. [www.gfwcarizona.org](http://www.gfwcarizona.org) OR Contact Leslie Brown. ([lesliepvjr@cox.net](mailto:lesliepvjr@cox.net))

## NEWSLETTER FEEDBACK REQUESTED

Thank you for reading the Summer 2023 edition of the GFWC-AZ Clubwoman. As the editor, I value your review and feedback of this edition. Would you please take a few minutes to email me your constructive feedback? I appreciate your efforts to help make the GFWC-AZ Newsletter meet the needs of all GFWC-AZ clubs.

Please email your feedback to: **ironranger8@msn.com**

*“ Feedback is the breakfast of champions” Ken Blanchard and Spencer Johnson, The One Minute Manager*

### Submit your article for the September 2023 Issue

(Fall Edition of the GFWC-AZ Clubwoman)

The goal of the GFWC-AZ newsletter is to provide timely, accurate and representative information to all GFWC-AZ clubs in Arizona. As editor, I am seeking articles from every club in the state. The article may be a brief mention of an activity with a picture or a longer human interest story.

When you submit your article, please:

1. Email it to me: Shelley Robinson at ironranger8@msn.com.
2. Attach pictures to the same email as your article.
3. Call, text or email me if you have questions or would like assistance in writing an article.

I am available anytime by calling 218 966 0517 and look forward to helping!

Date of email request for articles (sent to all club presidents/CPR chairs)	Deadline for article submission	Newsletter composition period	Newsletter distribution date
September 15, 2022	October 1, 2022	October 2-14, 2022	October 15, 2022
November 15, 2022	December 1, 2022	December 2-14, 2022	December 15, 2022
February 15, 2023	March 1, 2023	March 2-14, 2023	March 15, 2023
May 15, 2023	June 1, 2023	June 2-14, 2023	June 15, 2023
August 15, 2023	<b>September 1, 2023</b>	September 2-14, 2023	September 15, 2023
November 15, 2023	<b>December 1, 2023</b>	December 2-14, 2023	December 15, 2023
January 15, 2024	<b>February 1, 2024</b>	February 2-14, 2024	February 15, 2024
March 15, 2024	<b>April 1, 2024</b>	April 2-14, 2024	April 15, 2024