

McKinley Community Health Alliance

Mission Statement: “It is the mission of the McKinley Community Health Alliance to affect and facilitate change in systems that perpetuate health, education, economic and environmental inequities by engaging individuals and agencies to understand and address the underlying “root” causes of poverty/income inequity, institutional racism and multi-generational trauma.”

Monthly McKinley Community Health Meeting

January 8th, 2025

11:00 a.m. – 1:00 p.m.

Monthly - Zoom Online/Tele Conference

Join Zoom Meeting

<https://us06web.zoom.us/j/156901665?pwd=aWdoeVl2YTlnTi9FU1ExWWkzV1czdz09>

Meeting ID: 156 901 665

Passcode: tt65T3

One tap mobile

+16694449171,,156901665#,,,,*866652# US

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Dial by your location

• +1 669 444 9171 US

• +1 719 359 4580 US

• +1 720 707 2699 US (Denver)

• +1 253 205 0468 US

• +1 253 215 8782 US (Tacoma)

• +1 346 248 7799 US (Houston)

• +1 312 626 6799 US (Chicago)

• +1 360 209 5623 US

• +1 386 347 5053 US

• +1 507 473 4847 US

• +1 564 217 2000 US

• +1 646 558 8656 US (New York)

• +1 646 931 3860 US

• +1 689 278 1000 US

• +1 301 715 8592 US (Washington DC)

• +1 305 224 1968 US

• +1 309 205 3325 US

Meeting ID: 156 901 665

Passcode: 866652

Find your local number:

<https://us06web.zoom.us/j/krMrJstLE>

AGENDA

I. Welcome & Brief Introductions

- Moment of Silence
- Reading of the Mission Statement
- Meeting Agreements & Roles ^(below) (15mins)

II. Question, Persuade, and Refer (Q.P.R.) Gatekeeper – Suicide Prevention Training (90mins)

Surphina Oyebe—Northwest Region School Mental Health Advocate
Office of School and Adolescent Health (OSAH), NM Department of Health

III. Updates: (30 mins~5mins each)

Gallup Behavioral Health Updates—Debra Martinez, City of Gallup

New Mexico Department of Health, Health Promotion/Gallup Office Updates
—Ophelia Hudson, NM Department of Health

MCHA Housing Justice Project Updates—Eirena Begay, MCHA Community Organizer

McKinley Collaborative for Health Equity/New Mexico Social Justice & Equity Institute Updates
—Anna Rondon, MHCE/NMSJEI

IV. Announcements (~15mins)

V. Adjourn

Upcoming Health Alliance Dates:

Health Alliance Core Team/HEC Meeting: Monday, January 13th, 2024, 11am-1pm (MDT), Zoom Online/Tele Conference

Join Zoom Meeting

<https://us06web.zoom.us/j/86430836114?pwd=TG9C.TXhWOUk2dnc1SkRVdm5yaHRkZz09>

Meeting ID: 864 3083 6114

Passcode: tt65T3

One tap mobile

+17193594580,,86430836114#,,,,*321404# US

+17207072699,,86430836114#,,,,*321404# US (Denver)

Dial by your location

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• +1 646 931 3860 US

• +1 689 278 1000 US

• +1 301 715 8592 US (Washington DC)

• +1 305 224 1968 US

• +1 309 205 3325 US

• +1 312 626 6799 US (Chicago)

Meeting ID: 864 3083 6114

Passcode: 321404

Find your local number:

<https://us06web.zoom.us/j/kkwwik1v>

NEXT Health Alliance Monthly Meeting: Wednesday, February 12th, 2025, 11am-1pm (MDT), Zoom Online/Tele Conference

Monthly Zoom Information at Top of Agenda.

*****Meetings are open to all*****

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Community Health Discussion & Meeting Agreements

The MCHA welcomes individuals, communities, and all other community health advocates/stakeholders across all sectors interested in and/or willing to engage in community health discussions, events, programs, partnerships, or any other collaborative initiatives, evaluations, and assessments in the McKinley Community.

Our overall community goal as an Alliance is to help the McKinley Community, and beyond, live healthy and productive lives as well as enhance their overall quality of life. We promote this goal toward health equity by coming together to understand ‘root’ causes of inequity in our community and furthering that understanding into action by addressing them together.

With that in mind, please be aware of the following Community Health Discussion Agreements;

- Be Aware and Be Present to all in attendance. Our time, our voices, our presences are all valued and respected. Use phones sparingly when and if needed.
- Respect one another’s time by planning to Be On Time.
- Be Mindful that we are all imperfectly perfect beings in all our understandings and we only grow unless we know. Ask questions, call out inaccuracies, give examples, help one another expand the conversation; just Be Mindful as you do.
- While offering up your voice to the conversation (before, during, and after): **WAIT!** (Ask yourself **Why Am I Talking**) If you find you are having a conversation with yourself (Be Aware) or only one other person, it can most likely be continued in the “*parking lot*” after the discussion ends.
- **Meeting Roles**—A Time Keeper, Facilitator, and Note Taker will be appointed at the beginning of meetings/discussions as needed.
 - Please be aware of the part they play in furthering any discussion productively and efficiently. (Be Mindful: if you don’t know, ask)
 - Once you feel comfortable with any one, be willing to take on the role for us. We will value it.
- Be Responsible. Be Accountable.

The MCHA works in a non-hierarchical (non top-down) organization structure. We are all accountable to one another as well as the community, be responsible for actions your words might precede.

- Be Patient and Compassionate. Facilitating change takes time, dedication and heart. Respect the process and know that we all want the best for our community.

Also please keep the following presentation guidelines in mind in advance of community health monthly meetings:

- If audio/visual equipment is needed let MCHA Coordinator know in advance.
- Presenters, please budget for ~20 minutes for **presentations, including questions & discussion**. If you have brochures or flyers, an email of those would be appreciated beforehand.
- For **updates** from the Alliance’s ongoing collaborators please budget for 5~10mins total. Also please have any flyers/handouts ready beforehand as well.
- Announcements can be made near the end of the meeting by anyone.

Thank you all for your respect to these agreements and guidelines and know that we can always adjust and reexamine these together as needed.

Christopher Hudson

McKinley Community Health Alliance, Coordinator, chrisbhudson@mckinleyhealthalliance.org