McKinley Community Health Alliance

Mission Statement: "It is the mission of the McKinley Community Health Alliance to affect and facilitate change in systems that perpetuate health, education, economic and environmental inequities by engaging individuals and agencies to understand and address the underlying "root" causes of poverty/income inequity, institutional racism and multi-generational trauma."

Monthly McKinley Community Health Meeting
October 14th, 2026
11:00 a.m. ~ 12:00 p.m.
Monthly - Zoom Online/Tele Conference

Join Zoom Meeting
https://us06web.zoom.us/j/85323680255?pwd=OJMApDiarqJ3v6BsZsabAQSptLbypi.1

Meeting ID: 853 2368 0255
Passcode: 505722

One tap mobile
+12532158782,,85323680255#,,,,*505722# US (Tacoma)
+13462487799,,85323680255#,,,,*505722# US (Houston)

Dial by your location
• +1 253 215 8782 US (Tacoma)
• +1 346 248 7799 US (Houston)
• +1 669 444 9171 US
• +1 719 359 4580 US
• +1 720 707 2699 US (Denver)
• +1 253 205 0468 US
• +1 301 715 8592 US (Washington DC)
• +1 305 224 1968 US
• +1 309 205 3325 US

• +1 312 626 6799 US (Chicago)
• +1 360 209 5623 US
• +1 386 347 5053 US
• +1 507 473 4847 US
• +1 564 217 2000 US
• +1 646 558 8656 US (New York)
• +1 646 931 3860 US
• +1 689 278 1000 US

Meeting ID: 853 2368 0255
Passcode: 505722

Find your local number:
https://us06web.zoom.us/u/kcYvyE5vQ

AGENDA

I. Welcome & Brief Introductions
- Moment of Silence
- Reading of the Mission Statement
- Meeting Agreements & Roles (below) (15mins)

II. Enchantment Physical Therapy Presentation
—Anthony Arviso, Enchantment Physical Therapy Gallup

III. Intern Introduction – MCHA Pubic & Community Health Internship Fall 2026
—Rory Wheeldon, MCHA PCH Intern Fall 2026

IV. Community Partners Updates: (~5minutes+ each)
Gallup Behavioral Health Updates—Debra Martinez, City of Gallup Behavioral Health

New Mexico Department of Health, Health Promotion/Gallup Office Updates—Ophelia Hudson, NM Department of Health

New Mexico Social Justice & Equity Institute/MCHE Updates—Anna Rondon and/or Joyce Hudson , NMSJEI/MCHE

McKinley Community Health Alliance Updates—Christopher Hudson, MCHA
- MCHA Strategic Planning+ Core Team Work Session (Next TBD (Oct./Nov.), NMSJEI Office, Rio West Mall, Gallup, NM— In Person w/Lunch provided or Zoom)

V. Announcements (~15mins)

VI. Adjourn

Upcoming Health Alliance Dates:

Health Alliance Core Team/HEC Meeting: **Tuesday, October 20th, 2026, 11am-1pm (MDT)**, Zoom Online/Tele Conference

Join Zoom Meeting
https://us06web.zoom.us/j/88957142289?pwd=1aMHGn6laFblyTaaCBGcDKGgVVPkiE.1

Meeting ID: 889 5714 2289
Passcode: 505863

One tap mobile
+16694449171,,88957142289#,,,,*505863# US
+17193594580,,88957142289#,,,,*505863# US

Dial by your location
• +1 669 444 9171 US
• +1 719 359 4580 US
• +1 720 707 2699 US (Denver)
• +1 253 205 0468 US
• +1 253 215 8782 US (Tacoma)
• +1 346 248 7799 US (Houston)
• +1 564 217 2000 US
• +1 646 558 8656 US (New York)
• +1 646 931 3860 US
• +1 689 278 1000 US
• +1 301 715 8592 US (Washington DC)
• +1 305 224 1968 US
• +1 309 205 3325 US

• +1 312 626 6799 US (Chicago)
• +1 360 209 5623 US
• +1 386 347 5053 US
• +1 507 473 4847 US

Meeting ID: 889 5714 2289
Passcode: 505863

Find your local number:
https://us06web.zoom.us/u/kbVNVqGxMh

NEXT Health Alliance Monthly Meeting: Wednesday, November 11th, 2026, 11am-1pm (MDT), Zoom Online/Tele Conference
Monthly Zoom Information at Top of Agenda.
*********Meetings are open to all**********

McKinley Community Health Alliance

Mission Statement: "It is the mission of the McKinley Community Health Alliance to affect and facilitate change in systems that perpetuate health, education, economic and environmental inequities by engaging individuals and agencies to understand and address the underlying "root" causes of poverty/income inequity, institutional racism and multi-generational trauma."

Community Health Discussion & Meeting Agreements

The MCHA welcomes individuals, communities, and all other community health advocates/stakeholders across all sectors interested in and/or willing to engage in community health discussions, events, programs, partnerships, or any other collaborative initiatives, evaluations, and assessments in the McKinley Community.

Our overall community goal as an Alliance is to help the McKinley Community, and beyond, live healthy and productive lives as well as enhance their overall quality of life. We promote this goal toward health equity by coming together to understand 'root' causes of inequity in our community and furthering that understanding into action by addressing them together.

With that in mind, please be aware of the following Community Health Discussion Agreements;

- Be Aware and Be Present to all in attendance. Our time, our voices, our presences are all valued and respected. Use phones sparingly when and if needed.
- Respect one another's time by planning to Be On Time.
- Be Mindful that we are all imperfectly perfect beings in all our understandings and we only grow unless we know. Ask questions, call out inaccuracies, give examples, help one another expand the conversation; just Be Mindful as you do.
- While offering up your voice to the conversation (before, during, and after): **WAIT!** (Ask yourself **W**hy **A**m **I** **T**alking) If you find you are having a conversation with yourself (Be Aware) or only one other person, it can most likely be continued in the "*parking lot"* after the discussion ends.
- **Meeting Roles**—A Time Keeper, Facilitator, and Note Taker will be appointed at the beginning of meetings/discussions as needed.
    - Please be aware of the part they play in furthering any discussion productively and efficiently. (Be Mindful: if you don't know, ask)
    - Once you feel comfortable with any one, be willing to take on the role for us. We will value it.
- Be Responsible. Be Accountable.

The MCHA works in a non-hierarchical (non top-down) organization structure. We are all accountable to one another as well as the community, be responsible for actions your words might precede.

- Be Patient and Compassionate. Facilitating change takes time, dedication and heart. Respect the process and know that we all want the best for our community.

Also please keep the following presentation guidelines in mind in advance of community health monthly meetings:

- If audio/visual equipment is needed let MCHA Coordinator know in advance.
- Presenters, please budget for ~20 minutes for **presentations**, including questions & discussion. If you have brochures or flyers, an email of those would be appreciated beforehand.
- For **updates** from the Alliance's ongoing collaborators please budget for 5~10mins total. Also please have any flyers/handouts ready beforehand as well.
- Announcements can be made near the end of the meeting by anyone.

Thank you all for your respect to these agreements and guidelines and know that we can always adjust and reexamine these together as needed.

Christopher Hudson
McKinley Community Health Alliance, Coordinator, chrisbhudson@mckinleyhealthalliance.org