

McKinley Community Health Alliance

“It is the mission of the McKinley Community Health Alliance to affect and facilitate change in systems that perpetuate health, education, economic and environmental inequities by engaging individuals and agencies to understand and address the underlying “root” causes of poverty/income inequity, institutional racism and multi-generational trauma.”

Health Alliance Monthly Meeting

March 8th, 2023

11:00 a.m.– 1:00 p.m.

Zoom Online Conference

MINUTES

The monthly meeting of the McKinley Community Health Alliance convened on Wednesday, March 8th, 2023, at 11am online via the Zoom online conferencing platform.

The following people/entities were present:

Christopher Hudson (he#him#his)—MCHA Coordinator
Debra Martinez—Gallup Behavioral Health
Misti Dickens—BeWellnm
Ophelia Hudson—NM Dept. of Health
Tierra Johnson—NM Legal Aid
Ben Welch—City of Gallup
Jodie Henderson (she/her)—Youth Shelter Family Services
Ray Daw—Community Member/NM DOH contractor
Anita Muneta—MCHA HIA Intern/New MCHA Core Team member
Janice Peterson—Gallup Somos
Zunneh-Bah Jim— New Mexico Social Justice & Equity Institute
Erin Buck—Heading Home
Kimberly Martin—Sexual Assault Services of NW NM
Verna Thomas—Utah Navajo Health System-Gallup
Vicki Casias, BSN,RN—School Health Advocate NW NM, NM DOH
Surphina Oyebi—School Mental Health Advocate NW NM, NM DOH
Julia Platero—Blue Cross Blue Shield NM
Krystal Curley—Indigenous Lifeways
Elvira Amador—Somos Gallup
Jean Philips—New Mexico Legal Aid
Be Sargent—Work in Beauty Inc.
Helen Tso—UNM Health Sciences NW NM
Rebecca Riley—Family Connects NM
Sara Nozadi—UNM Assistant Navajo Birth Cohort

The monthly meeting of the McKinley Community Health Alliance convened to review the Community Health Impact Assessment completed & published by the MCHA HIA/Housing Justice Team (<https://mckinleyhealthalliance.org/community-health-data>). The meeting concluded with our regular partners updates & announcements, openly made by those present and in the chat log.

Notes by Erin Buck, Heading Home
Thank You! - Ahéhee’ - Gracias – Elahkwa

MCHA Meeting 3/8/23 Notes

1. Housing Health Impact assessment
 1. There were consistent findings that housing is a huge determinant of health, as well as wealth disparities.
 2. While performing the assessment they reached out to organizations that previously did HIA's
 3. This assessment was performed on ancestral native lands of the Zuni, Dine, and Hopi
 4. Pandemic complicated matters, but we were able to hire 3 interns due to the assessment.
2. Recommendations from the assessment
 1. The city and county should adopt the housing first model as policy.
 2. The city and county should jointly fund a position for a housing coordinator.
 1. The city has hired a housing and economic development coordinator, though she is the only one in her department so far.
3. Follow up
 1. The Housing Justice team meets every 2 weeks, 3pm on Thursday.
 2. MCHA received a grant for 25k last year and 100k is expected this year and next year.
 3. As part of that, MCHA has sent out letters to a couple organizations for 4k donations.
4. Observations
 1. The mix of different land jurisdictions and zoning is causing land lock and making it hard for different communities to get housing.
 2. Housing market analysis highlighted the disparities in availability, cost and development.
 3. Many are overburdened (>30% of income) by rent in NM.
 4. COVID spread easier in homeless communities due to lack of resources.
 5. The analysis also highlighted aspects of structural racism and effects of multigenerational trauma.
 6. Determinants of more positive outcomes included economic safety, good childhood education, and feeling safe.
5. Methodology
 1. Surveys at Rio West Mall found that older Dine people mostly only understood spoken Dine. Next time consider the option for oral surveys.
 2. We did focus groups at NCI and a couple other locations.
 3. The literature review had data only up to 2020, so the numbers may have changed some.
6. Data
 1. Most of Gallup property is utilized for rentals versus house ownership and rentals have a high percentage of overburdened by rent individuals.
 2. Most of the children living in poverty are on the north side and downtown. Similar stats in adults.
 3. Elderly in poverty mostly in the north side as well, with a large percent in east and downtown sections.
7. Next steps involve advocating for recommended changes and utilizing the grant awarded to MCHA
8. Questions and comments

1. What is causing the housing problems? There are just no resources at all levels. We have a little emergency shelter but even those often have waitlists. There is little to no case management, or housing retention support in the general housing market.
2. Comment - North end held a lot of mining workers and railroad workers, and thus abandoned mines historically decreased outcomes.
3. Gamerco was not included in the assessment, but it has its own health consequences from mining. It's looking to expand distribution centers there and reopening mines but health considerations are not being examined.

9. Updates

1. MCHA -CHIP plan, hiring another couple interns. Advocating for funding health councils, all get about 10k for operations, the 120k funding was tabled because 'we didn't do stuff right'. Relationships with the dept of health may be changing. trying to request proper funding for health councils. Stipends for core members
2. Bee - Update on eye associates. Dr Hillams is going to come to eye associates twice a month starting in April. Dr. Hilliam, Orchard Eye Group, 801-658-5486
3. Tierra - Holistic advocacy trainings - the services they provide, how community partners can work together in aspects of negotiating law, Tierra Johnson NMLA-tierraj@nmlegalaid.org (505) 551-154
4. Elvira - Call Senator Munoz to support moving 46 mil to early childhood care. Phone number 505 986 4371
5. BCBS program - Major impact grants, social determinants of health, submittal is open, closes on March 31st
6. If people have Medicaid and/or snap benefits, they must renew by the end of april.
7. Community Conversations on Alcohol March 19th 1:30 to 3Pm. El Morro Event Center. Please provide input. We will be talking about environmental strategies to combat alcohol. Alcohol Taxes, Dram Shop Liability, Limiting hours/Days of Sales, Enforcement and Alcohol outlet density.

Zoom Chat Log

11:26:07 From vicki.casias to Everyone:
Vicki Casias, BSN, RN School Health Advocate

11:26:39 From ophelia hudson to Everyone:
Welcome Vicky Casias and Surphina Oyebi! Look forward to working with you on behalf of McKinley County.

11:26:40 From vicki.casias to Everyone:
Northwest Region vicki.casias@doh.nm.gov

11:27:08 From Krystal Curley to Everyone:
Good Morning! Krystal Curley Executive Director Indigenous Lifeways.

11:30:44 From surphina.oyebi to Everyone:
Surphina Oyebi, School Mental Health Advocate. Office Location Farmington, NM covering Cibola, McKinley and San Juan Counties. Telephone: 505-566-0515 Email: Surphina.oyebi@doh.nm.gov

11:31:45 From Jodie Henderson-YSFS (she/her) to Everyone:
Jodie Henderson, Youth Shelters and Family Services. jhenderson@youthshelters.org

11:31:45 From surphina.oyebi to Everyone:
@ Ophelia: We appreciate the invite, Thank you.

11:32:37 From Tierra Johnson to Everyone:
Tierra Johnson, New Mexico Legal Aid. tierraj@nmlegalaid.org

11:33:12 From Rebecca Riley to Everyone:

Greetings Everyone! Rebecca Riley with Family Connects NM.
rebeccariley01@gmail.com

11:34:49 From Zunneh-bah Jim to Everyone:

Yá'át'ée'h everyone, Zunneh-bah Jim with New Mexico Social Justice & Equity
Institute

11:35:40 From Misti - beWellnm to Everyone:

Good Morning! Misti Dickens - beWellnm - mdickens@nmhix.com

11:36:37 From Rebecca Riley to Everyone:

My video is off today to help with my connection and I have to jump off a little early
today, thank you for your understanding! :)

11:36:46 From Summer Morez to Everyone:

Hello. Summer Morez, Sexual Assault Services of Northwest New Mexico

11:38:04 From Verna "Khourie" Thomas to Everyone:

Good morning, Verna Thomas with Utah Navajo Health System-Gallup
vernat@unhsinc.org

11:48:20 From Jodie Henderson-YSFS (she/her) to Everyone:

perfectly said Erin

11:50:47 From Christopher Hudson (he, him, his) to Everyone:

yes at 3pm

11:50:50 From Christopher Hudson (he, him, his) to Everyone:

to 4

11:51:17 From NMLA to Everyone:

JP contact: justiceingallupgmail.com

11:51:35 From Christopher Hudson (he, him, his) to Everyone:

MCHA HIA/Housing Justice meeting

Thursday, March 9 3:00 – 4:00pm

Every 2 weeks on Thursday, 2 times Join Zoom Meeting

<https://us02web.zoom.us/j/89092657629?pwd=RWtRTUhsT3lINUh3MUJOZGR0T0wvUT09>

Meeting ID: 890 9265 7629

Passcode: 687373

One tap mobile

+13462487799,,89092657629#,,, *687373# US (Houston)

+16694449171,,89092657629#,,, *687373# US

Dial by your location

+1 346 248 7799 US (Houston)

+1 669 444 9171 US

+1 669 900 9128 US (San Jose)

+1 719 359 4580 US

+1 253 215 8782 US (Tacoma)

+1 564 217 2000 US

+1 646 558 8656 US (New York)

+1 646 931 3860 US

+1 301 715 8592 US (Washington DC)

+1 309 205 3325 US

+1 312 626 6799 US (Chicago)

+1 386 347 5053 US

Meeting ID: 890 9265 7629

Passcode: 687373

Find your local number: <https://us02web.zoom.us/j/89092657629>

12:09:30 From dmartinez to Everyone:

NCI: The overnight shelter program is still operating. The 90 day shelter program has changed to more of a transitional shelter.

12:13:25 From NMLA to Everyone:

Thanks for the clarification, Deb.

12:20:46 From ophelia hudson to Everyone:

Apologize that I jump off in a few minutes to attend another meeting. Thank you everyone for coming to this meeting. Have an awesome safe day. 😊

12:21:36 From ophelia hudson to Everyone:

*have to

12:22:41 From ophelia hudson to Everyone:

Thanks to all for your assistance in completing this HIA for Housing. This assessment was very much needed from the perspective of community members.

12:25:21 From dmartinez to Everyone:

BRB

12:30:34 From Christopher Hudson (he, him, his) to Everyone:

<https://mckinleyhealthalliance.org/community-health-data>

12:30:48 From Christopher Hudson (he, him, his) to Everyone:

HIA report can be found online here as well.

12:31:29 From Diana Good to Everyone:

gotto hop off.

12:33:40 From vicki.casias to Everyone:

Thank you for having me. Great work!

12:38:27 From Elvira Somos Gallup to Everyone:

Senator George Munoz support moving \$46 million from budget into early child care

Phone number 505 986 4371

Or <https://secure.everyaction.com/PLUmHipgYOmBnF-59KQO9A2>

12:50:20 From Christopher Hudson (he, him, his) to Everyone:

<https://www.nmsocialjustice.org/>

12:50:30 From Christopher Hudson (he, him, his) to Everyone:

NMSJEI info

12:53:48 From Christopher Hudson (he, him, his) to Everyone:

Gallup Eye Group has arranged for an ophthalmologist to come to Gallup twice a month.

12:54:14 From dmartinez to Everyone:

I'm back

12:54:15 From Christopher Hudson (he, him, his) to Everyone:

505-339-2015

12:54:34 From Christopher Hudson (he, him, his) to Everyone:

Dr. Hilliam, Orcard Eye Group, 801-658-5486

13:00:14 From Tierra Johnson to Everyone:

Tierra Johnson NMLA- tierraj@nmlegalaid.org (505) 551-1540.

13:01:38 From dmartinez to Everyone:

NCI provided 4,826 intakes into the Shelter Program in 2022. These is both the overnight shelter and the 90 day shelter program. We did the Point In Time Count in Jan/Feb and were only able to get 19 responses. We had 19+ refusals. Next year we hope to coordinate the survey outreach better.

13:05:11 From NMLA to Everyone:

Deb, if you need volunteers to help conduct that survey next year, let us know, maybe we can round some folks up.

13:06:23 From dmartinez to Everyone:

Community Conversations on Alcohol March 19th 1:30 to 3Pm. El Morro Event Center. Please provide input. We will be talking about environmental strategies to combat alcohol. Alcohol Taxes, Dram Shop Liability, Limiting hours/Days of Sales, Enforcement and Alcohol outlet density.

13:06:45 From dmartinez to Everyone:

Thank you so much. NMLA.

13:10:24 From Erin Buck to Everyone:

Take care everyone

13:10:36 From Tierra Johnson to Everyone:

Thank you everyone.