

## McKinley Community Health Alliance

**Mission Statement:** “It is the mission of the McKinley Community Health Alliance to affect and facilitate change in systems that perpetuate health, education, economic and environmental inequities by engaging individuals and agencies to understand and address the underlying “root” causes of poverty/income inequity, institutional racism and multi-generational trauma.”

### Monthly McKinley Community Health Meeting

May 10<sup>th</sup>, 2023

11:00 a.m. – 1:00 p.m.

Monthly Zoom Online/Tele Conference

Join Zoom Meeting

<https://us02web.zoom.us/j/156901665>

Meeting ID: 156 901 665

One tap mobile

+12532158782,,156901665# US (Tacoma)

+13462487799,,156901665# US (Houston)

Dial by your location

+1 253 215 8782 US (Tacoma)

+1 346 248 7799 US (Houston)

+1 669 900 9128 US (San Jose)

+1 301 715 8592 US (Washington D.C)

+1 312 626 6799 US (Chicago)

+1 646 558 8656 US (New York)

Meeting ID: 156 901 665

Find your local number: <https://us02web.zoom.us/j/156901665>

### AGENDA

- I. Welcome & Brief Introductions · Moment of Silence · Reading of the Mission Statement  
· Meeting Agreements & Roles <sup>(below)</sup> (15mins)
- II. Mental Health Awareness Month – <https://mhanational.org/> (Mental Health America – Toolkit)
- III. Updates: (30 mins~5mins each)  
NW New Mexico Campaign Against Racism/NM DOH—Ophelia Hudson, NM DOH  
Gallup Behavioral Health Updates—Debra Martinez, City of Gallup  
McKinley Collaborative for Health Equity—Anna Rondon, MHCE/NMSJEI City of Gallup  
McKinley Community Health Alliance Updates—Christopher Hudson, MCHA
- IV. Announcements (~5mins)
- V. Adjourn

#### **Upcoming Health Alliance Dates:**

**Health Alliance Core Team/HEC Meeting: May 15<sup>th</sup>, 2023, 11am-1pm (MDT), Zoom Online/Tele Conference**

Zoom Meeting Link—<https://us02web.zoom.us/j/86430836114>

Meeting ID: 864 3083 6114

One tap mobile

+13462487799,,86430836114# US (Houston)

+16699009128,,86430836114# US (San Jose)

Dial by your location

+1 346 248 7799 US (Houston)

+1 669 900 9128 US (San Jose)

+1 253 215 8782 US (Tacoma)

+1 312 626 6799 US (Chicago)

+1 646 558 8656 US (New York)

+1 301 715 8592 US (Washington DC)

Meeting ID: 864 3083 6114

Find your local number: <https://us02web.zoom.us/j/86430836114>

**NEXT Health Alliance Monthly Meeting: Wednesday, June 14<sup>th</sup>, 11am-1pm, 2023**

Monthly Zoom Information at Top of Agenda.

\*\*\*\*\*Meetings are open to all\*\*\*\*\*

## McKinley Community Health Alliance

### Community Health Discussion & Meeting Agreements

The MCHA welcomes individuals, communities, and all other community health advocates/stakeholders across all sectors interested in and/or willing to engage in community health discussions, events, programs, partnerships, or any other collaborative initiatives, evaluations and assessments in the McKinley Community.

Our overall community goal as an Alliance is to help the McKinley Community, and beyond, live healthy and productive lives as well as enhance their overall quality of life. We promote this goal toward health equity by coming together to understand ‘root’ causes of inequity in our community and furthering that understanding into action by addressing them together.

With that in mind, please be aware of the following Community Health Discussion Agreements;

- Be Aware and Be Present to all in attendance. Our time, our voices, our presences are all valued and respected. Use phones sparingly when and if needed.
- Respect one another’s time by planning to Be On Time.
- Be Mindful that we are all imperfectly perfect beings in all our understandings and we only grow unless we know. Ask questions, call out inaccuracies, give examples, help one another expand the conversation; just Be Mindful as you do.
- While offering up your voice to the conversation (before, during, and after): **WAIT!** (Ask yourself **Why Am I Talking**) If you find you are having a conversation with yourself (Be Aware) or only one other person, it can most likely be continued in the “*parking lot*” after the discussion ends.
- **Meeting Roles**—A Time Keeper, Facilitator, and Note Taker will be appointed at the beginning of meetings/discussions as needed.
  - Please be aware of the part they play in furthering any discussion productively and efficiently. (Be Mindful: if you don’t know, ask)
  - Once you feel comfortable with any one, be willing to take on the role for us. We will value it.
- Be Responsible. Be Accountable.

The MCHA works in a non-hierarchical (non top-down) organization structure. We are all accountable to one another as well as the community, be responsible for actions your words might precede.

- Be Patient and Compassionate. Facilitating change takes time, dedication and heart. Respect the process and know that we all want the best for our community.

Also please keep the following presentation guidelines in mind in advance of community health monthly meetings:

- If audio/visual equipment is needed let MCHA Coordinator know in advance.
- Presenters, please budget for ~20 minutes for **presentations, including questions & discussion**. If you have brochures or flyers, an email of those would be appreciated beforehand.
- For **updates** from the Alliance’s ongoing collaborators please budget for 5~10mins total. Also please have any flyers/handouts ready beforehand as well.
- Announcements can be made near the end of the meeting by anyone.

Thank you all for your respect to these agreements and guidelines and know that we can always adjust and reexamine these together as needed.

Christopher Hudson

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