

## **McKinley Community Health Alliance**

“It is the mission of the McKinley Community Health Alliance to affect and facilitate change in systems that perpetuate health, education, economic and environmental inequities by engaging individuals and agencies to understand and address the underlying “root” causes of poverty/income inequity, institutional racism and multi-generational trauma.”

### **Health Alliance Monthly Meeting**

**May 10<sup>th</sup>, 2023**

**11:00 a.m.– 1:00 p.m.**

**Zoom Online Conference**

### **MINUTES**

The monthly meeting of the McKinley Community Health Alliance convened on Wednesday, May 10<sup>th</sup>, 2023, at 11am online via the Zoom online conferencing platform.

The following people/entities were present:

Christopher Hudson (he#him#his)—MCHA Coordinator  
Debra Martinez—Gallup Behavioral Health  
Tierra Johnson—NM Legal Aid  
Ray Daw—Community Member/NM DOH contractor  
Anita Muneta—MCHA HIA Intern/New MCHA Core Team member  
Zunneh-Bah Jim— New Mexico Social Justice & Equity Institute  
Elvira Amador—Somos Gallup  
Brent J. Crowe—The Community Pantry- Gallup NM  
Colleen Roan—McKinley County Early Childhood Ed. Coalition  
Elizabeth Herron—Gallup Community Health  
Erin Buck—Heading Home  
Miranda Tso—New Mexico Health Insurance Exchange (NMHIX)  
Christina Morris—NM Department of Health  
Denise Riffle—McKinley County Community Services Director  
Anna Rondon—New Mexico Social Justice & Equity Institute  
Janice Peterson—Gallup Somos  
Johnathan Perry— New Mexico Social Justice & Equity Institute  
Surphina Oyebi—School Mental Health Advocate NW NM, NM DOH  
Karthik Anandan—NOVA III— Zuni IHS

The monthly meeting of the McKinley Community Health Alliance convened this Mental health Awareness month to hold space and review a Mental Health Toolkit provided by Mental Health America (<https://mhanational.org/>). The meeting concluded with our regular partners updates & announcements, openly made by those present and in the chat log.

Notes by Christina Morris, New Mexico Department of Health

Thank You! - Ahéhee’ - Gracias – Elahkwa

### 5.10.23 MCHA Notes:

Topic: Behavioral & MH Awareness

Chris found and reviewed Mental Health America, a website for tools and toolkits for downloads.

NM Access and Crisis Line: unavailable. Info available on website.

- Prefixes designated depending on area code
- Data reveals: 70% for talking; More text call-ins than chat; part of 988 system;
- Developing crisis team across the state. Requires local buy-in.
- Setting up a NA life line. Challenges for finding a host and identifying in working availability.
- Most 988 systems have weekly calls.
- Updates on evolving: 2<sup>nd</sup> Friday there is a state wide NA providers association for 2 hr mtgs.
- Addresses all emotional aspects and factors
- Fee suicide

Contact Ray Daw at:

(cell): 907-205-1164, email [raydaw@aol.com](mailto:raydaw@aol.com)

Updates: (30 mins~5mins each)

- NW New Mexico Campaign Against Racism/NM DOH—Ophelia Hudson, NM DOH
  - Organizing and planning with global CAR and local coalition and NPOs for webinar series or in-person event.
  - Alternative to plan for DoD community conversations: would need help with planning, contacts, and presence at day of event(s). Pending CAR chapter approval
- Gallup Behavioral Health Updates—Debra Martinez, City of Gallup
  - Services: meet offline; Police Dpt and Fire Dpt to work together on Cultural Competency
  - Awarded with grant to address trauma: needs assessment; programming;
    - Debra will create one-pager
    - Grown our Own project: counselors to provide services
    - May 23: HIPAA training
    - Other events will be sent out
  - Provide Wellness Checks:
  - Stigma with counseling; post-pandemic trauma; patient rights (ex. counselor change)
  - Accu detox:
  - Provider Groups: acupuncture with lunch provided; to build relationships.
  - Narcan Training: at office or location: 30-45'
- McKinley Collaborative for Health Equity—Anna Rondon, MHCE/NMSJEI City of Gallup
  - Working on Water Testing Project: two resolutions (Sanostee and Naschitti); initial meetings to be organized.
  - Two new interns: from Nenahenzaad and Thoreau
  - Prior Intern: DoD and SDOH (extensive research and poster design); Smithsonian Tour on display at the Rex Museum. Working with Gallup Library.
  - DRNM Survey: 300 for McKinley
  - Community Learning with Aspen Institute. Thrive Framework. Learning Circle
  - Spanish Leadership Boundary Training
  - Declaration Structural Racism as a PH Crisis in Abq. Rep will attend and provide statement
  - \$250K to create Racial Equity Plan: draft phase due in 2024

- McKinley Community Health Alliance Updates—Christopher Hudson, MCHA
  - Hiring Organizer: around housing: foci on tenants and first-time homebuyers.
  - Somos: for MCHA to go to the Hispanic communities on this issue.
  - DOH CHIP:
    - Updated plans: last month surveyed on picking priorities at the MCHA meeting
    - Next Step to have another survey to other folks who did not attend
    - Strat Plan meeting: updating SP with priorities and past outcomes
    - Christina: announced Community Health Improvement Plan (CHIP) as it comprises of related state and federal plans such as PHAB and the State Health Improvement Plan and reports. There are archived CHIP trainings under NMAHC [here](#)
      - Christina Morris, Health Promotion Specialist will serve McKinley until such time a HPS will be hired
      - Serves as TA for CHIP and any other requests.
  - Pending: hiring 2 interns. One Public Health and the other Community Organizing
  - NMSJEI
    - NCHE: Convening
    - Cohort Leveraging Hope: geared toward working with participants in work going forward on Data Equity Project
    - PH data to leverage with the resources to state entities
    - Working toward fully funding MCHA for FT Coordinator
    - ProPublica: school discrimination.
      - Community working with Superintendent: difficulty in coordinating and taking action.
      - Community Update by Janice Peterson: need context
        - May 20 (sat) at work in beauty house at 1 pm
- Announcements:
  - The Non-Invisible ? Commission: Two sub-committees (fed and non-fed); more hearings.
  - Video on Social Media: elders who are being assaulted by men. Advocates are coming together. NN Speaker coordinating with City of Gallup, and leaders. Sonlatsa Jim is contact person. Requesting for assistance. Open to MCHA to support and get involved.
  - MM Dine Group: reorganizing and contact Zunneh-Bah for more info.
  - Attention #MMIP Missing & Murdered Indigenous Peoples' advocates: Submit written testimony regarding the NOT INVISIBLE ACT COMMISSION (NIAC) testimony hearings by August 10, 2023 to NIAC@ios.doi.gov with the subject line "NIAC Testimony"
  - Janice Peterson with Somos looking for location to host event. If you know please contact Elvira Amador at 505 4094986 and elvyama123@gmail.com
  - Elizabeth: Gallup Community Health seeking board members who rep NA community. Once a month meeting. To provide medical care regardless of cost. Gallupcommunityhealth.org

## Zoom Chat Log

11:33:46 From Debra Martinez to Everyone:  
We have an EAP Program. It's for Employees and their families.

11:37:01 From Christina Morris eí|she|her to Everyone:  
sorry I have an I.T. issue. I will return shortly.

11:39:01 From Christina Morris eí|she|her to Everyone:  
I'm back

11:52:23 From Ray Daw (Diné) to Everyone:  
Ray Daw, cell; 907-205-1164, email raydaw@aol.com

11:53:16 From Ray Daw (Diné) to Everyone:  
Use #native988 to search for info

11:53:49 From Debra Martinez to Everyone:  
GIMC has a zero suicide program.

11:56:46 From Debra Martinez to Everyone:  
Can you put that in the chat please.

11:58:11 From Christopher Hudson (he, him, his) to Everyone:  
brb

12:02:01 From Miranda Tso to Everyone:  
Unfortunately, I have to log off for another meeting. Just a reminder that beWellnm will be in Gallup tomorrow for an enrollment event at the Gallup/McKinley Chamber of Commerce from 3-7pm. Please refer any consumers that are uninsured or are losing their Medicaid due to the Unwinding. My contact information is mtso@nmhix.com, again I am the Native American Liaison Manager. Thank you everyone.

12:02:28 From Christopher Hudson (he, him, his) to Everyone:  
thanks Miranda

12:14:29 From Zunneh-bah Jim to Everyone:  
I'd like to make an announcement after the reports 😊

12:15:12 From Christopher Hudson (he, him, his) to Everyone:  
👍 okie dokie

12:19:16 From Christina.Hernandez to Everyone:  
Deb when is the Narcan training?

12:21:59 From Debra Martinez to Everyone:  
We provide it upon request?

12:22:47 From Christina.Hernandez to Everyone:  
Replying to "We provide it upon r..."

okay thank you

12:28:30 From Zunneh-bah Jim to Everyone:  
Office of the Speaker Contact:  
Sonlatsa Jim, Legislative Staff Assistant  
sonlatsa.jim@navajo-nsn.gov

12:28:57 From Anna Rondon to Everyone:  
Zunneh-bah do you have updates?

12:29:14 From Zunneh-bah Jim to Everyone:  
Yes I do, after everyone's reports 😊

12:30:06 From Zunneh-bah Jim to Everyone:

<https://www.facebook.com/1124875803/posts/pfbid02DuEiHAsUSZSy1mAVMLirD5m1H96TWs9rjzbcCawaZQ8oiiH1AFk5bF7Q283J6VP6l/?mibextid=DcJ9fc>

12:30:17 From Zunneh-bah Jim to Everyone:

⚠️ SHARE!!! ⚠️ ALERT!!!

Our elders and homeless are being picked up, tricked and taken! Our Native American relatives are being taken off the streets and roads like this! WATCH THE VIDEO

They are fake "Safe Houses" and fake companies, fake Treatment Centers! Do something to stop them! WARN YOUR RELATIVES

(( ( SHARE & WATCH THIS VIDEO )))

SHARE IT NOW!

#MMIP #NavajoNation

12:37:19 From Anna Rondon to Everyone:

Cohort Leveraging Hope

12:37:47 From Anna Rondon to Everyone:

Data Equity project

12:38:01 From Somos Gallup to Everyone:

YES I SAW YESTERDAY AND SHARE, ONE FRIENDS TO MY SON SAID HER MOM TEXT TO HER TELLING SHE IS ONE PLACE IN PHEONIX

12:39:05 From Anna Rondon to Everyone:

Very proud of you

12:43:30 From Debra Martinez to Everyone:

Chief Pablo is going to put out a PSA on the AZ trafficking. We have a flyer if people want to share. If anyone wants to do outreach to help educate our population in the community please let me know.

12:44:28 From Karthik Anandan NOVA III to Everyone:

I would like to be a part of that team Debra you can send me an email on drkarthi591@gmail.com

12:45:06 From Debra Martinez to Everyone:



12:46:49 From Debra Martinez to Everyone:

Law Enforcement has been meeting with NN

12:48:34 From Zunneh-bah Jim to Everyone:

And they are taking them away from our homes on the reservations and away from the general four corners/southwest areas

12:51:20 From Zunneh-bah Jim to Everyone:

Thank you Karthik, we will be in touch via email

12:51:33 From Karthik Anandan NOVA III to Everyone:

Thanks

12:52:22 From Zunneh-bah Jim to Everyone:

Sonlatsa is creating a workgroup, so just let me or her know and we will get you added to the email listing

12:53:02 From Karthik Anandan NOVA III to Everyone:

Yes I agree Debra we need to have more information so that we can be better prepared and also be careful as we need to be aware of the possibility that these people may be armed as well

12:53:05 From Zunneh-bah Jim to Everyone:

The workgroup will be with Speaker's Office, NN Council, law enforcement, any interested groups/orgs, etc.

12:57:32 From Somos Gallup to Everyone:

elvyama123@gmail.com

12:57:58 From Zunneh-bah Jim to Everyone:

I am interested Elizabeth

12:59:19 From Elizabeth Herron to Everyone:

Can you email me Zunneh-bah? That would be awesome!

12:59:30 From Zunneh-bah Jim to Everyone:

Yes will do :)