#### **McKinley Community Health Alliance**

Mission Statement: "It is the mission of the McKinley Community Health Alliance to affect and facilitate change in systems that perpetuate health, education, economic and environmental inequities by engaging individuals and agencies to understand and address the underlying "root" causes of poverty/income inequity, institutional racism and multi-generational trauma."

#### Monthly McKinley Community Health Meeting

February 14th, 2024

11:00 a.m. – 1:00 p.m.

Monthly Zoom Online/Tele Conference

Join Zoom Meeting https://us02web.zoom.us/j/156901665

Meeting ID: 156 901 665

One tap mobile +12532158782,,156901665# US (Tacoma) +13462487799,,156901665# US (Houston) Dial by your location +1 253 215 8782 US (Tacoma) +1 346 248 7799 US (Houston) +1 669 900 9128 US (San Jose) +1 301 715 8592 US (Washington D.C) +1 312 626 6799 US (Chicago) +1 646 558 8656 US (New York) Meeting ID: 156 901 665 Find your local number: https://us02web.zoom.us/u/kbFtYSiisw

### AGENDA

- Welcome & Brief Introductions · Moment of Silence · Reading of the Mission Statement
   Meeting Agreements & Roles <sup>(below)</sup> (15mins)
- II. Gallup Community Health—Kris Pikaart, Chief Operating Officers of GCH with Elizabeth Heron, Gallup Community Health Board member
  - <u>https://www.gallupcommunityhealth.org</u>
- III. NM Legislature Updates: NM Legislative Session 2024 (Jan. 16-Feb. 15) McKinley Community Legislation Priorities
  - NM County & Tribal Health Council Funding- House Bill 67
    - o <u>https://www.nmhealthcouncils.org/advocacy</u>
  - Paid Family Medical Leave (PFML) Act

     https://nmpfml.org/
  - Alcohol Harms Alleviation Funding
- IV. Updates: (30 mins~5mins each) McKinley Regional Health Advocacy Committee (MRHAC)-formally Community Health Action Group —Connie Liu, OBGYN, MD, Community Advocate

McKinley Collaborative for Health Equity—Anna Rondon, MHCE/NMSJEI

Gallup Behavioral Health Updates-Debra Martinez, City of Gallup

NW New Mexico Campaign Against Racism—Collen Roan, McKinley Early Childhood Education Coalition

McKinley Community Health Alliance Updates-Christopher Hudson, MCHA

V. Announcements (~15mins)

#### VI. Adjourn

## Upcoming Health Alliance Dates:

Health Alliance Core Team/HEC Meeting: Tuesday, February 20th, 2024, 11am-1pm (MDT), Zoom Online/Tele Conference

Zoom Meeting Link— <u>https://us02web.zoom.us/j/86430836114</u>	Dial by your location
Meeting ID: 864 3083 6114 One tap mobile +13462487799,,86430836114# US (Houston) +16699009128,,86430836114# US (San Jose)	+1 346 248 7799 US (Houston)
	+1 669 900 9128 US (San Jose)
	+1 253 215 8782 US (Tacoma)
	+1 312 626 6799 US (Chicago)
	+1 646 558 8656 US (New York)
	+1 301 715 8592 US (Washington DC)
	Meeting ID: 864 3083 6114

Find your local number: <u>https://us02web.zoom.us/u/k9nUEXSv</u>

NEXT Health Alliance Monthly Meeting: Wednesday, March 13<sup>th</sup>, 2024, 11am-1pm (MDT) Monthly Zoom Information at Top of Agenda. \*\*\*\*\*\*\*\*Meetings are open to all\*\*\*\*\*\*\*\*\*

# **Community Health Discussion & Meeting Agreements**

The MCHA welcomes individuals, communities, and all other community health advocates/stakeholders across all sectors interested in and/or willing to engage in community health discussions, events, programs, partnerships, or any other collaborative initiatives, evaluations, and assessments in the McKinley Community.

Our overall community goal as an Alliance is to help the McKinley Community, and beyond, live healthy and productive lives as well as enhance their overall quality of life. We promote this goal toward health equity by coming together to understand 'root' causes of inequity in our community and furthering that understanding into action by addressing them together.

With that in mind, please be aware of the following Community Health Discussion Agreements;

- Be Aware and Be Present to all in attendance. Our time, our voices, our presences are all valued and respected. Use phones sparingly when and if needed.
- Respect one another's time by planning to Be On Time.
- Be Mindful that we are all imperfectly perfect beings in all our understandings and we only grow unless we know. Ask questions, call out inaccuracies, give examples, help one another expand the conversation; just Be Mindful as you do.
- While offering up your voice to the conversation (before, during, and after): WAIT! (Ask yourself Why Am I Talking) If you find you are having a conversation with yourself (Be Aware) or only one other person, it can most likely be continued in the "*parking lot*" after the discussion ends.
- **Meeting Roles**—A Time Keeper, Facilitator, and Note Taker will be appointed at the beginning of meetings/discussions as needed.
  - Please be aware of the part they play in furthering any discussion productively and efficiently. (Be Mindful: if you don't know, ask)
  - Once you feel comfortable with any one, be willing to take on the role for us. We will value it.
- Be Responsible. Be Accountable.

The MCHA works in a non-hierarchical (non top-down) organization structure. We are all accountable to one another as well as the community, be responsible for actions your words might precede.

- Be Patient and Compassionate. Facilitating change takes time, dedication and heart. Respect the process and know that we all want the best for our community.

Also please keep the following presentation guidelines in mind in advance of community health monthly meetings:

- If audio/visual equipment is needed let MCHA Coordinator know in advance.
- Presenters, please budget for ~20 minutes for presentations, including questions & discussion. If you have brochures or flyers, an email of those would be appreciated beforehand.
- For updates from the Alliance's ongoing collaborators please budget for 5~10mins total. Also
  please have any flyers/handouts ready beforehand as well.
- Announcements can be made near the end of the meeting by anyone.

Thank you all for your respect to these agreements and guidelines and know that we can always adjust and reexamine these together as needed.

# Christopher Hudson

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