



# Good Faith Estimate

The No Surprises Act went into effect January 1, 2022 and protects consumers from unexpected costs due to medical bills. You can find more information about your rights under this act on the [Centers for Medicare & Medicaid Services website, linked here](#).

The following is a summary of what you can expect to pay if you begin counseling services with Flex Counseling & Wellness LLC.

Flex Counseling & Wellness LLC does not bill through any insurance companies. You may choose to submit to your insurance company for reimbursement as an out of network provider, as applicable based on your insurance coverage.

Payment is due at the time of service. Flex Counseling & Wellness LLC does not bill for services rendered.

<b>Service</b>	<b>Average Frequency</b>	<b>Total Cost</b>
Initial Counseling Intake Session	Single visit, one hour.	\$175
Counseling Sessions	One hour per visit. Once or twice per month after the initial visit; once per week if client chooses to increase frequency.	\$125 per hour \$125-\$500 per month \$1500 - \$6000 per year
Group Counseling Sessions	Weekly or monthly. 60-90 minutes per group.	\$18 per session \$18-\$72 per month \$216-\$864 per year

## **Provider Information:**

Flex Counseling & Wellness LLC

FEIN: 88-2994167

Group NPI #: 1720710916

Eileen M. Xenarios, LPC

License #: C0900033 (OH)

Individual NPI #: 1205554698