



## Snooze-time solutions

Here's the scoop on where little ones will rest their sleepy heads while in our care.

Child's Name (please print) \_\_\_\_\_

D.O.B. \_\_\_\_\_

### Choose from the following snooze spots:

- Mat
- Portable Mat with pillow insert
- Crib
- Cot

Just say no to napping in car seats, baby swings, strollers, infant seats or bouncy seats. If your cutie falls asleep in one of these devices, we'll move them to a crib/cot or an approved sleeping surface.

For infants, we'll follow the golden sleep rule: they'll be placed flat on their backs to snooze unless their health care provider says otherwise.

While your little one is catching some z's, our teachers will be chilling in the area, keeping watch.

Snooze spot \_\_\_\_\_

Parent or Guardian (please print) \_\_\_\_\_

SIGN : \_\_\_\_\_

Date \_\_\_\_\_