



Swim Stars South East Nappy Policy for Swimming Lessons

At Swim Stars South East, maintaining the highest standards of hygiene and water quality is essential to ensure a safe and enjoyable environment for all swimmers.

1. Who This Policy Applies To

This policy applies to:

- All babies and toddlers who are not fully toilet trained
- Any child who requires nappy protection for swimming

2. Mandatory Double Nappy System

All children who are not fully toilet trained must wear two layers of protection:

1. A properly fitted disposable or reusable swim nappy, AND
2. A neoprene nappy cover or Happy Nappy style cover worn over the top

Both layers are compulsory.

Standard disposable nappies (designed for everyday use) are **not permitted** in the pool under any circumstances.

3. Fit Requirements

- Swim nappies and covers must fit snugly around the waist and thighs.
- Loose-fitting nappies are not acceptable.
- If staff believe a child's nappy protection is inadequate, parents/carers will be asked to change it before entering the pool.

4. Changing Procedures

- Children must arrive in a regular nappy and be changed poolside immediately before the lesson.
- After swimming, children must be changed out of swim nappies promptly.
- Used nappies must be disposed of in designated bins only.

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5. If a Foul Incident Occurs

In the event of any faecal contamination:

- The lesson will be stopped immediately.
- The pool will be cleared and closed if necessary.
- Pool operators will follow their contamination procedure in line with health and safety guidance.
- Lessons may be cancelled without refund if pool closure is required due to failure to follow this policy.

6. Parental Responsibility

It is the responsibility of parents and carers to:

- Ensure children are wearing the correct double-layer protection.
- Check nappies immediately before entering the pool.
- Inform staff if their child has had diarrhoea within the previous 48 hours (children must not swim during this period).

Failure to comply with this policy may result in refusal of entry to the lesson.

Our Commitment

These measures are in place to protect all swimmers, maintain water quality, and prevent unnecessary pool closures. We appreciate the cooperation of all families in helping us provide a safe and professional swimming environment.

