



January 2026

Food Menu

Sun.	Mon.	Tue.	Wed.	Thu.	Fri.	Sat.
	WGR= Whole Grain Rich	Juice is 100% Fruit 	 All milk is low-fat 1%	1 Center Closed	2 Center Closed	3
4	5 B: Cheerios Cereal, banana, and milk L: Wgr Grilled Cheese Sandwich, green salad, apples, and milk. PM Snack: Goldfish crackers, carrots, and apple juice	6 B: Wgr toast w/ cream cheese, apples, and milk L: Ground beef, rice, green salad, cantaloupe, and milk PM Snack: Graham crackers, carrots, and apple juice	7 B: kix cereal, banana, and milk L: wgr Pasta w/ ground beef and marinate sauce, green salad, watermelon, and milk PM Snack: Pretzels, carrots, and apple Juice	8 B: Pancakes, watermelon, and milk L: Wgr Hot dogs, baked fries, apples, and milk PM Snack: ritz crackers, carrots, and apple Juice	9 B: Cheerios cereal, banana, and milk L: wgr Bean burrito, green salad, grapes, and milk PM Snack: Yogurt, carrots, and apple Juice	10
11	12 B: Kix Cereal, banana, and milk L: Wgr quesadilla, green salad, cantaloupe, and milk PM Snack: ritz crackers, carrots, and apple Juice	13 B: Wgr toast w/ cream cheese, apples, and milk L: Chicken soup w/ vegetables, cantaloupe, and milk PM Snack: Yogurt, carrots, and apple juice	14 B: cheerios cereal, banana, and milk L: Wgr Grill Cheese Sandwich, green salad, apples, and milk PM Snack: Graham crackers, carrots, and apple Juice	15 B: Pancakes, watermelon, and milk L: wgr Pasta w/ ground beef and marinate sauce, green salad, watermelon, and milk PM Snack: Goldfish crackers, carrots, and apple Juice	16 B: kix Cereal, bananas, and milk L: chicken taquitos w/ lettuce, apples, and milk. PM Snack: wgr wheat thins crackers, carrots, and apple Juice	17
18	19 B: Cheerios Cereal, banana, and milk L: Wgr Grilled Cheese Sandwich, green salad, apples, and milk PM Snack: Minimum Day!	20 B: Wgr toast w/cream cheese, apples, and milk L: Ground beef w/ vegetables, watermelon, and milk. PM Snack: Goldfish crackers, carrots, and apple Juice	21 B: kix cereal, banana, and milk L: Wgr quesadilla, green salad, apples, and milk PM Snack: Graham crackers, carrots, and apple Juice	22 B: Pancakes, grapes, and milk L: Wgr Hot dogs, baked fries, oranges, and milk PM Snack: Pretzels, carrots, and apple juice	23 B: Cheerios Cereal, banana, and milk L: wgr Pasta w/ ground beef and marinate sauce, green salad, watermelon, and milk PM Snack: ritz crackers, carrots, and apple Juice	24
25	26 B: Kix Cereal, banana, and milk L: Wgr quesadilla, green salad, apples, and milk PM Snack: Goldfish crackers, carrots, and apple Juice	27 B: Wgr toast w/ cream cheese, apples, and milk L: Teriyaki chicken w/ White rice, green salad, grapes, and milk PM Snack: Yogurt, carrots, and apple juice	28 B: Cheerios cereal, banana, and milk L: Wgr Hot dogs, baked fries, grapes, and milk PM Snack: ritz crackers, carrots, and apple juice	29 B: Pancakes, grapes, and milk L: wgr Pasta w/ ground beef and marinate sauce, green salad, watermelon, and milk PM Snack: graham crackers, carrots, and apple Juice	30 B: kix cereal, banana, and milk L: Chicken soup w/ vegetables, apples, and milk PM Snack: wgr wheat thins crackers, carrots, and apple juice	31