



July 2026

FOOD MENU

Sun.	Mon.	Tue.	Wed.	Thu.	Fri.	Sat.
All milk is low-fat 1% 			1 B: cheerios cereal, banana, and milk L: wgr grilled cheese sandwich, green salad, watermelon, and milk PM Snack: yogurt, carrots, and apple juice	2 B: Pancakes, apples, and milk L: wgr Hot dogs, baked fries, watermelon, and milk. PM Snack: Graham crackers, carrots, and apple juice	3  CENTER CLOSED	4
5	6 B: Cheerios Cereal, banana, and milk L: Ground beef w/ vegetables, rice, apples, and milk PM Snack: wgr wheat thins crackers, carrots, and apple Juice	7 B: Wgr toast w/ cream cheese, apples, and milk L: Teriyaki chicken, rice w/ vegetables, oranges, and milk PM Snack: ritz crackers, carrots, and apple Juice	8 B: kix cereal, banana, and milk L: wgr Hot dogs, baked fries, apples, and milk. PM Snack: Graham crackers, carrots, and apple juice	9 B: pancakes, oranges, and milk L: wgr pasta w/ ground beef, marinate sauce, green salad, watermelon, and milk PM Snack: Yogurt, carrots, and apple Juice	10 B: Kix Cereal, Banana, and Milk L: wgr Bean burrito, green salad, apples, and milk PM Snack: Pretzels, carrots, and apple juice	11
12	13 B: Cheerios Cereal, bananas, and milk L: wgr Grilled cheese sandwich, green salad, cantaloupe, and milk PM Snack: Graham crackers, carrots, and Berry Juice	14 B: Wgr toast w/ cream cheese, grapes, and milk L: Ground beef w/ vegetables, rice, watermelon, and milk PM Snack: ritz crackers, carrots, and apple Juice	15 B: kix cereal, banana, and milk L: chicken taquitos w/ lettuce, cantaloupe, and milk PM Snack: wgr wheat thins crackers, carrots, and apple juice	16 B: pancakes, apples, and milk L: wgr pasta w/ ground beef, marinate sauce, green salad, watermelon, and milk PM Snack: Pretzels, carrots, and apple Juice	17 B: cheerios cereal, bananas, and milk L: wgr quesadilla, green salad, watermelon, and milk. PM Snack: Goldfish crackers, carrots, and apple Juice	18 <i>WGR= WHOLE GRAIN RICH</i>
19	20 B: kix Cereal, bananas, and milk L: wgr Hot dogs, baked fries, watermelon, and milk. PM Snack: goldfish crackers, carrots, and apple Juice	21 B: Wgr toast w/ cream cheese, apples, and milk L: baked Chicken, rice, green salad, apples, and milk PM Snack: Pretzels, carrots, and apple juice	22 B: cheerios cereal, bananas, and milk L: wgr Bean burritos, green salad, cantaloupe, and milk PM Snack: Graham crackers, carrots, and apple Juice	23 B: Pancakes, watermelon, and milk L: Ground beef w/ vegetables, rice, apple, and milk PM Snack: wgr wheat thins crackers, carrots, and apple Juice	24 B: Kix Cereal, bananas, and milk L: wgr pasta w/ ground beef, marinate sauce, green salad, watermelon, and milk PM Snack: Yogurt, carrots, and apple Juice	25
26	27 B: cheerios Cereal, Bananas, and Milk L: wgr Quesadilla, green salad, apples, and milk PM Snack: Graham crackers, carrots, and apple juice	28 B: Wgr toast w/ cream cheese, grapes, and milk L: Chicken taquitos w/ lettuce, oranges, and milk. PM Snack: yogurt, carrots, and apple Juice	29 B: kix cereal, banana, and milk L: wgr pasta w/ ground beef & marinate sauce, green salad, watermelon, and milk PM Snack: goldfish crackers, carrots, and apple juice	30 B: Pancakes, cantaloupe, and milk L: wgr Hot dogs, baked fries, oranges, and milk. PM Snack: pretzels, carrots, and apple juice	31 B: cheerios cereal, banana, and milk L: baked Chicken nuggets, rice, green salad, grapes, and milk. PM Snack: wgr wheat thins crackers, carrots, and apple Juice	 Juice is 100% Fruit