



**HOLY TRINITY
CATHEDRAL
PARISH
POLISH NATIONAL
CATHOLIC CHURCH
166 Pearl Street
Manchester,
New Hampshire 03104**

<http://www.holytrinitypncc.org/>

Office Phone 603-668-5087

Rectory Phone 603-622-4524

Hall/Kitchen Phone 603-622-6899

Pastor - Bishop Paul Sobiechowski

revpauls@yahoo.com

WORSHIP SCHEDULE

(unless otherwise announced)

Sunday : Holy Mass 9:00 AM In the English language

Daily : Morning Prayer ... 8:45 AM

Holy Mass 9:00 AM

Confessions: Second Sunday of the Month 8:15 AM

Marriage: 6 months prior arrangement

Baptisms : by appointment

vol. 14, # 06

G Ł O S

February 11, 2024

**QUINQUAGESIMA SUNDAY
NIEDZIELA PIĘCDZIESIĄTNICA**

adapted from: *At Home with the Word*,

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Scripture Insights

"I will espouse you to me forever." What could be more deeply personal than these words spoken through the prophet Hosea to God's people? What more intimate image could be used of the covenant bond between God and Israel than that of marriage? "I will espouse you" —spoken three times in today's first reading.

Though especially prominent in Hosea (chapters 1—3), the image is not unique to him. Isaiah proclaims: "He who has become your husband is your maker" (54:6). The Gospels portray Jesus as a

Continued on Page 13

WELCOME TO HOLY TRINITY CATHEDRAL PARISH

If this is your first visit with us, please sign our guest register in the vestibule and join us for a cake and coffee fellowship that follows every Sunday Mass and on various feast days of the Church year.

Holy Trinity Cathedral Parish of the Polish National Catholic Church has been an integral part of the Manchester and Southern New Hampshire community for 108 years meeting the religious needs first for the Polish immigrant community, and later for all residents of the Granite State. We hope to continue our growth in service to God and community. This commitment manifests itself in a regular devotional and prayer life and a greater participation in both ecumenical and community activities.

At Holy Trinity Cathedral PARISH, our primary emphasis is on the PARISH family. All who belong sense this family spirit - expressed in a real love and concern for one another. Our pastor makes a point to know each family on a one-to-one basis with frequent visits to family homes and to the hospitalized. Thus the spiritual health and vitality of all parishioners and all our friends is supported by both pastor and laity.

We invite You to join our PARISH family! If you are looking for a PARISH and are considering Holy Trinity, feel free to talk with any parishioner about it. We will introduce you to our family in all its wonderful aspects - a family whose real strength lies in our personal and real relationship to Jesus Christ, our Lord and Savior. We express this faith in our Church through our liturgy which is Catholic and traditional, shared between priest and laity. We demonstrate this faith in the prayerful material and emotional support we give one another. We share this faith in a Church rooted in Democratic principles, having a church constitution that gives laity full rights and due process in matters financial, administrative and material.

OUR PARISH...firm in faith, Catholic, democratic, and OPEN to the growth that comes as more join our family.

MAKE YOURSELF RIGHT AT HOME!

SCHEDULE OF REGULAR ACTIVITIES

(Unless otherwise announced - Many meetings cancelled due to Covid-19)

Parish Committee Meeting every third Thursday of the month at 7:00 PM

The Cemetery Committee meets as needed

Lectors, Greeters, Ushers, Collectors ministries as announced in the bulletin

Moms in Prayer meets weekly on Tuesdays at 7:30 AM in the rectory

Membership and Outreach Team meets as announced in the bulletin

Ladies Society of the Adoration of the Most Blessed Sacrament meets the 3rd Sunday of the month after the 9:00 AM Mass (September - June)

Holy Trinity Seniors will resume at a later date

The Frederick Chopin Choir rehearses each Wednesday evening at 6:30 PM and holds meetings as announced

Adult Bible Study - Bi-weekly Wednesdays 7:00 PM Zoom & In Person

Parishioners Prayer Group - Thursdays at 11:30 AM in the Craft Room

EVANGELISM TEAM MISSION STATEMENT

Our mission is to increase attendance and membership to Holy Trinity Cathedral by fostering a welcoming and respectful environment, where individuals and families can explore and achieve spiritual fulfillment.

We are looking for ideas, any ideas, that can stimulate and increase participation in both the worship and parochial life of Holy Trinity Parish. Is there something you have seen, or experienced in another Church that you think might work well here? Have you had an idea for some time, but were afraid to share it? If you have an idea, no matter what it may be, please pray over it and then share it with either:

Mr. Ray Pieczarka 603-472-5874 or Bishop Paul 603-622-4524.

WELCOME - TO ALL VISITORS

You are most welcome and your presence is appreciated. All are invited to share in worship and, after Mass, our fellowship. If the people around you fail to say "hello" first, go up to them and say "Hi!" And don't feel awkward. We've all been in those shoes at one time or another. We want you to join us. **So Welcome Home!**



Make Our Guests Welcome

HTC Membership and Outreach Team Is Inviting YOU

Join in an outreach

Our Parish Evangelism Team will be reorganizing in the near future. Known as the "Membership and Outreach" Team, our hope is that a number of our parishioners would like to be a part of an exciting opportunity to help develop programs and liturgies that will spread the Word to others outside our community, and also engage in Internal Evangelism within our parish family.

If **YOU** are interested in reaching out to others for the Lord you are invited to contact either Ray Pieczarka at (603) 472-5874 or Bishop Paul at 622-4524.

IN BISHOP'S ABSENCE AND FOR SACRAMENTAL EMERGENCIES ONLY,
PLEASE CALL FATHER ANDRZEJ TENUS OF ST. CASIMIR'S PARISH IN
LOWELL, MA. PH. # (978) 453-0742

SAINT COMMEMORATIONS THIS WEEK

We invite our readers to continue reading the history of the lives of the saints that are remembered by the Church this week. Follow the hyperlink below to learn to learn about those saints remembered by the Church this week.

https://www.sugarsync.com/pf/D0314163_059_893091315

Sunday, February 4th, 2024 -

We thank the following who provided for our Cake and Coffee Reception last Sunday: Jennie Grenier (Bagels and Cream Cheese, Shortbread Cookies); Kathy Card (Deviled Eggs); Wendy Thomas (Fresh Fruit Bowl, Carrot Nut Cake, Pumpkin Chocolate Cookies); Karen Sobiechowski (Cranberry Orange Muffins).

As always, thanks also to all who donated towards cake & coffee offerings



Check out our diocesan website:

www.easterndiocesepnc.com

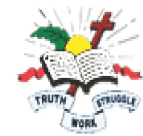
You can reach it on your computer or with your smart phone.

WE'RE ON FACEBOOK - LIKE US AT:

<https://www.facebook.com/holytrinitycathedralpnc>

We have our own website up and running with Larry Gagnon as webmaster:

<http://www.holytrinitypnc.org/>



Polish National Catholic Church

"through the years..."

FEBRUARY BIRTHDAYS

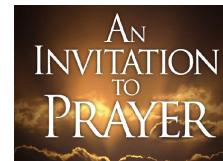
08 - Mary O'Neil 14 - Nancy Montplaisir 17 - Scarlet Swiadas

SOUP FOR SENIORS

Last week the Seniors who stayed for the Cake and Coffee reception were treated to ten pints of **Fifteen Bean Soup** through the Soup for Seniors Program sponsored by our HTC Frederick Chopin Choir. **Karen Sobiechowski** provided the Sixteen Bean Soup. We hope it was both pleasing and delicious.

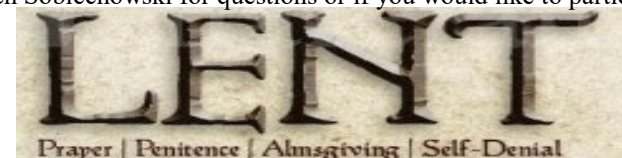


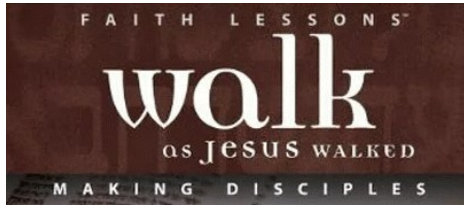
What delicious treat will our seniors enjoy this Sunday?



Parishioners are praying jointly for our parish family. You are invited to join them. Prayer gatherings are held Thursdays at 11:30 AM. Time commitment is about 45 minutes a week.

The prayer time is structured and Scripture-based. No advance preparation required. You only need to show up. Contact Karen Sobiechowski for questions or if you would like to participate.





OUR PARISH ADULT BIBLE STUDY is a Zoom & face to face study in the Craft Room. The next scheduled study date will be Tuesday, February 20th at 7:00 PM.

Studies generally last one hour to one and one half hours. If you want to join in the study in person, simply show up. If you join in on Zoom you'll need to ask Bishop Paul for the Zoom link. Study sheets will be sent to all our HTC internet family prior to the study.

TODAY we ask our parish family to pray for:

Very Rev. Jaroslaw Nowak,
his family and the faithful of
Resurrection Parish
Temperance, Michigan
and

Rev. Adam Piekarzewski,
his family and the faithful of
Saint John the Baptist Parish
Manchester, Connecticut.

We ask God to bless them in their parochial life and the work they do in their local community. We ask you to pray each day that God would bless and increase their work of evangelism and Christian sharing.



used with permission

LECTIONARY READINGS - QUINQUAGESIMA WEEK (Ordinary 8)

- | | |
|--|--|
| Mon. - 1 Peter 1: 3 - 9
Mark 10: 17 - 27 | Thu. - Deuteronomy 30: 15 - 20
Luke 9: 22 - 25 |
| Tue. - 1 Peter 1: 10 - 16
Mark 10: 28 - 31 | Fri. - Isaiah 58: 1 - 9
Matthew 9: 14 - 15 |
| Wed. - Joel 2:12-18 / 2 Cor. 5:20-6:2
Matthew 6: 1 - 6, 16 - 18 | Sat. - Isaiah 58: 9 - 14
Luke 5: 27 - 32 |
| Next Sun. - Genesis 9: 8 - 15 / Psalm 25: 4 - 5, 6 - 7, 8 - 9
1 Peter 3: 18 - 22 / Mark 1: 12 - 15 | |

Bible Word Search:

PRAYER

All the words listed below are in the puzzle - left, right, up, down or diagonally. Find each word and click its first letter then its last letter to highlight it. After you have found all the words, click the leftover letters in the correct order to spell the *Mystery Word*. To work the puzzle on paper instead: Print this page and circle each letter of the words you find.

- | | |
|--------------|-------------|
| Bless | Boldness |
| Breakthrough | Confident |
| Consistent | Deliverance |
| Duty | Enlighten |
| Faithfulness | Family |
| Fellowship | Generosity |
| Intercessory | Jesus |
| Merciful | One accord |
| Pastor | Patient |
| Persistent | Power |
| Relentless | Rest |
| Sacrifice | Self |
| Submission | Thoughtful |
| Trust | Unity |
| Unstoppable | Way maker |



The 2024 contributions envelopes are here and are located on a table on the first floor, outside the elevator. Please pick up your envelopes at your earliest convenience!

Thank you.

Ray Pieczarka - Parish Committee Chairperson

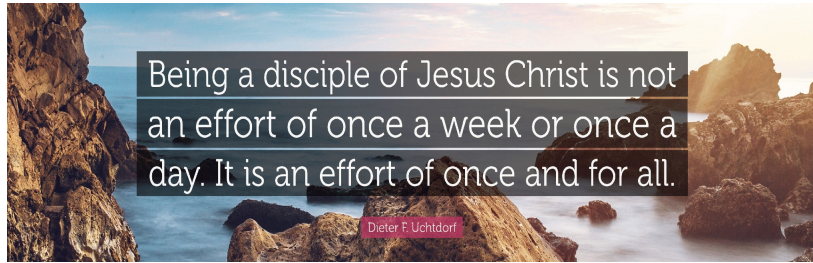


Today we conclude the Souper Bowl Food collection. Sponsored by the Greater Manchester Clergy Association this year's collection will be, hopefully, the best ever.

Our cathedral parish has joined neighboring congregations in this effort to benefit the Families in Transitions Food Pantry. **The canned goods donated will be counted and the total will be shared in next Sunday's GLOS.**

ALMS BOXES ARE IN THE BACK OF THE CATHEDRAL PLEASE REMEMBER THE NEEDY EACH DAY OF LENT. ALMS OFFERINGS WILL BE RETURNED ON PALM SUNDAY. THE MONEY WILL THEN BENEFIT A LOCAL CHARITY, TO BE DETERMINED BY THE PARISH COMMITTEE. PLEASE, GIVE GENEROUSLY!





The Art and Heart of Forgiveness

Forgiveness is not a feeling. It is a decision, an act of the will, a resolution, a firm choice to free ourselves from the continued influence and control of the adversary. As we deliberately and intentionally walk the footpath beyond the ego’s injury, we find ourselves being blessed with spiritual maturity: Wounds are often the womb of wisdom. Because forgiveness is a process and our hearts are finicky, we might be tempted to revisit the scene of the crime and throw another log on the fires of fury. When that occurs, we remind ourselves that we have made the rational decision to pardon and get on with life. We recommit to the decision. With every recommitment to forgiveness, we take another step forward in the footsteps of the Lord and Divine Master and becoming his instrument. We pray to be instruments of peace in the Peace Prayer. That transformation occurs as we serve the Lord and Divine Master and train our souls in forgiveness. When we commit and recommit to the process of sowing pardon amid an injury, we witness to the gratuity of grace that moves us from selfishness to selflessness.

—from the book: ***Soul Training with the Peace Prayer of Saint Francis***
by Albert Haase, OFM

PLEASE PRAY FOR THE FOLLOWING SERVING IN OUR MILITARY:

All clergy serve in the United States Army
COL. Father Andrew Bilinski
LT. COL. Father Stanley Jasiurkowski
CPT. Father Joseph Kolek
CPT. Father Andrzej Tenus



REMEMBER
THOSE
WHO SERVE

Polish National Catholics & Family Members serving

MSG. Aleka Ramoutar	ARMY	
Major. Scott M. Krasko	ARMY	
SSGT. Nick Hudak	AIR FORCE RESERVE	
Alyssa Oxley	AIR FORCE	
Vincent Manzella	AIR FORCE	
Gregory Walsh	MARINE CORPS	
James Pidgeon	MARINE CORPS	
Andrew Drada	MICHIGAN AIR NATIONAL GUARD	
Tyler Gardner	NAVY	
Ian and Cody Gonyea	NAVY	
Matthew Paluszek	COAST GUARD	

PRAY FOR THE SICK & HOMEBOUND:

In the Hospital:

Clergy Who Are ill:

Father Senior Joseph Soltysiak in Westfield, MA
Father Paul Zomerfeld serving in Johnstown, PA
Father Senior Augustin Sicard in San Antonio, TX

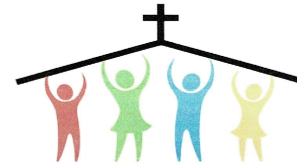


In nursing homes & rehab centers:

Charlotte Raczka at Merrimack County Nursing Home in Boscawen, NH
Barbara Bukowski at Villa Crest Healthcare Center, Manchester, NH
Frances Dobosz at Bowman Place in Bedford, NH
Vudge Ambrose at Mt. Carmel Nursing Home, Manchester, NH

at home:

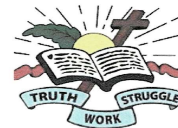
David Matuszek at home in Lyndeborough, NH
Emilia DeVore at Saint Teresa’s Independent Living in Manchester, NH
Phyllis Piecuch at home in Manchester, NH
Nancy Montplaisir at home in Manchester, NH
David Greene at home in Temple Terrace, FL
Meg Sheha in Hollywood, FL



February 2024
Let’s pray for our parish families
every Wednesday at Noon:

My Lord and my God, hear my prayers for the well-being of my parish family. Grant us Your grace and all that is necessary for the spiritual growth and welfare of our congregation. Enlighten and guide my pastor and all who minister to the needs of Your people. Strengthen and awaken in us a living faith; comfort and heal the sick, lonely, and brokenhearted; soften those who are contentious or stubborn; awaken the indifferent, and rescue the fallen. Lord, help us to continue to proclaim Your truth. Unite us with Christ in like-mindedness of purpose. I ask this through Jesus Christ. Amen. † *(from the PNCC Book of Devotions and Prayers)*

Our Father, Who art in heaven, hallowed be Thy Name;
Thy kingdom come, Thy will be done
on earth as it is in heaven.
Give us this day our daily bread,
and forgive us our trespasses
as we forgive those who trespass against us,
and lead us not into temptation but deliver us from evil. Amen.



This Month's bulletins are being sponsored by:

MARY ANN KISKA

in loving memory of my husband, Stanley Kiska

If you would like to help your parish and be acknowledged for your gift consider sponsoring the weekly bulletin. For a \$ 100 donation (*increased costs*) we will acknowledge your sponsorship and the \$1,200 we can raise annually we hope to generate will just about cover the cost of our bulletin. Please consider sponsoring one month today.

MARCH 2024 bulletins will be sponsored by DAVID and LAURIE GREENE

in loving memory of our deceased parents and siblings.

APRIL 2024 bulletins will be sponsored by EDWARD RACZKA

in loving memory of Wanda, John and Stanley Raczka

MAY 2024 & 2025 & 2026 bulletins will be sponsored by CAROL JUTRAS & FAMILY

in loving memory of my husband Raymond and mother Mary Zukosky

JUNE 2024 bulletins will be sponsored by PAULINE PIECUCH

in loving memory of my loving husband Eugene Piecuch

JULY 2024 bulletins will be sponsored by BRIAN DUPLESSIS

in loving memory of wife Leslie

SEPTEMBER 2024 bulletins will be sponsored by JOSEPH KOMISAREK

in loving memory of wife Louise and son Daniel Komisarek

OCTOBER 2024 bulletins will be sponsored by JACQUELINE SZOPA

in loving memory of my aunt and uncle, Valerie and Benedict Grzybowski

NOVEMBER 2024 bulletins will be sponsored by JACQUELINE SZOPA

in loving memory of my husband Dr. Ronald F. Szopa

DECEMBER 2024 bulletins will be sponsored by LISA FARMER

in loving memory of her deceased grandparents Frank and Laura Pirok.

And future bulletins will be sponsored by WHOM??

MASS INTENTIONS AND ACTIVITIES FOR THE WEEK

* Indicates All Souls Day Offering

THIS SUNDAY, February 11th, 2024 (Niedziela Dzisiejsza)

QUINQUAGESIMA SUNDAY (PRE-LENT III)

NIEDZIELA PIĘDZIESIATNICA

Memorial of Paschal I of Rome - Bishop

9:00 AM Holy Mass & Burning of Palms at the conclusion of Mass

Prayer Intention:

open intention

10:15 AM Cake and Coffee reception in the craft room

Continued on Page 10

MASS INTENTIONS AND ACTIVITIES FOR THE WEEK *(continued)*

MONDAY, February 12th, (Poniedzialek)

Memorial of Modestus of Sardinia - Deacon, Martyr

President Abraham Lincoln Birthday - USA

8:45 AM Morning Prayer

9:00 AM Holy Mass

Prayer Intention:

for God's blessings upon all the parishes of our diocese

* sp. Patrick Reilly, Jo-Ann O'Connell, Dorothy, Peter & John Perich,

Josephine & John Reilly, Mildred, Mary & Alexander Perich,

Anna & Henry Williams, Nadine Goldsmith, Doris Jones, Jim

Santer, John Reilly & Ella Reilly requested by Nancy Reilly

7:00 PM Eastern Diocese Strategic Planning Commission Zoom Meeting

TUESDAY, February 13th, (Wtorek)

SHROVE TUESDAY

Memorial of Martinian the Hermit - Abbot

7:30 AM Moms in Prayer meet in the rectory

8:45 AM Morning Prayer

9:00 AM Holy Mass

Prayer Intention:

for God's blessings upon all the clergy of our diocese and their families

1:00 PM PNCC Bishops' Bi-Weekly Zoom Meeting

WEDNESDAY, February 14th, (Środa)

ASH WEDNESDAY

Memorial of Maro - Abbot

Valentine's Day USA

8:45 AM Morning Prayer

9:00 AM Holy Mass & Imposition of Ashes

Prayer Intention:

for God's blessings upon all the faithful of the Eastern Diocese and all the faithful of the PNCC who are ill.

12:00 PM Eastern Diocese Faithful Join in Prayer for their parishes, diocese and Church

6:00 PM Bitter Lamentations (Gorzkie Zale) - Part I & Imposition of Ashes

6:30 PM Parish Choir Meeting and Rehearsal

Continued on Page 11



MASS INTENTIONS AND ACTIVITIES FOR THE WEEK (continued)

THURSDAY, February 15th, (Czwartek)

Memorial of Walfrid - Abbot

- 8:45 AM Morning Prayer
- 9:00 AM Holy Mass
- Prayer Intention:
for God's blessings upon all the work and spiritual direction of this cathedral parish of the Eastern Diocese
- 6:30 PM Parishioners Praying for our Parish Family in the craft room
- 7:00 PM Parish Committee Meeting

FRIDAY, February 16th, (Piątek)

Memorial of Elias, Jeremy and Companions - Martyrs
sp. First Prime Bishop Francis Hodur (d. 1953)



- 8:45 AM Morning Prayer
- 9:00 AM Holy Mass
- Prayer Intention:
For God's blessings upon all the sub-central organizations and societies of the Eastern Diocese
- 11:00 AM sp. John Axt Holy Mass of the Resurrection and Committal at HTC Cemetery
- 6:00 PM Stations of the Cross Liturgy

SATURDAY, February 17th, (Sobota)

Memorial of Fintan of Cloneenagh - Abbot

- 9:00 AM Northeast Seniorate Lenten Retreat (North) hosted by our Parish Holy Mass, liturgies, lunch, closing service. Concludes 1:30 PM

NEXT SUNDAY, February 18th, 2024, (Niedziela Przystła)

FIRST SUNDAY OF LENT

PIERWSZA NIEDZIELA WIELKIEGO POSTU

Memorial of Colman of Lindesfarne - Bishop

- 9:00 AM Holy Mass
- Prayer Intention:
open intention
- 10:15 AM Cake and Coffee reception in the auditorium
- 10:45 AM HTC A.N.S. Meeting in the craft room

COMING EVENTS

- Mon. Feb. 19 - **Presidents Day Federal Holiday**
- Tue. Feb. 20 - National Youth Commission Zoom Meeting- 6:30 PM

Continued on Page 12

COMING EVENTS (continued)

Wed. Feb. 21 - **President George Washington Birthday**

Eastern Diocese Faithful Join in Prayer: for our parish, diocese and general church - 12:00 PM

Gozkie Zale / Bitter Lamentations 2 - 6:00 PM

Fri. Feb. 23 - *Stations of the Cross* - 6:00 PM

Sat. Feb. 24 - **FEAST OF SAINT MATTHIAS - APOSTLE**

Northeast Seniorate Lenten Retreat - Blessed Trinity Parish, Fall River, MA - 9:00 AM - 1:30 PM

Sun. Feb. 25 - **SECOND SUNDAY OF LENT**

Holy Mass - 8:30 AM - Father Andrew Tenus celebrant

Cake & Coffee Reception (auditorium) - 10:15 AM

Tue. Feb. 27 - Moms in Prayer meets in the rectory - 7:30 AM

PNCC Bishops' Zoom Meeting - 1:00 PM

Eastern Diocese Youth Commission Zoom Meeting 6:30 PM

Adult Face-to-Face / Zoom Bible Study in the Craft Room

- 7:00 PM

Wed. Feb. 28 - Eastern Diocese Faithful Join in Prayer: for our parish, diocese and general church - 12:00 PM

Gozkie Zale / Bitter Lamentations 3 - 6:00 PM

Parish Choir Rehearsal - 6:30 PM



ON ASH WEDNESDAY THE CHURCH CALLS ITS FAITHFUL TO FAST (1 small meal only) UNLESS UNDER DOCTOR'S CARE. DURING LENT WE ABSTAIN FROM MEAT ON WEDNESDAYS AND FRIDAYS. THIS CALL TO FAST IS NOT OPTIONAL.



Page 1 Article *(continued)*

bridegroom (three times in today's Gospel; see also John 3:29). Paul speaks of "betrothing" the Christian community to Christ (2 Corinthians 11:2) and the parables portray the joy of the age to come as a marriage feast (Matthew 22:2–14; 25:1–13). God's people, the "new" Jerusalem, is the bride, transformed in beauty as she is wedded to the Lamb (Revelation 21:2; see also 19:7–9). The same metaphor is prominent in the Song of Songs.

As Hosea makes clear, the beloved, at least at times, is an unfaithful spouse. This is of no account to her divine and passionate Lover, however, who relentlessly pursues her. "I will allure her, entice her"—the Hebrew text of Hosea 2:16 literally reads—into a "desert" place without distraction. There, God will speak to her heart.

Once the beloved spouse is able to hear this love and respond in love, she is transformed. She becomes, like the bride of Revelation, radiant with the splendor of God (Revelation 21:10). May we, this day, allow ourselves to be allured by the Lord. Only as we listen to God's word in our hearts will we know the depth of his love for us — a love that is forever.

- According to Hosea, what "virtues" are characteristic of the Lord's relationship to the beloved spouse?
- How does today's psalm echo the message of Hosea?
- Does spousal imagery fit your experience of God? Why or why not?

Practice of Temperance

On Tuesday, the last day before Lent, called Mardi Gras, many will attend the last party before the beginning of prayer and fasting. We associate this day with the famous carnivals held in New Orleans and Rio de Janeiro, but it also has a religious significance.

The Tuesday before Ash Wednesday is also known as Shrove Tuesday. That name comes from the tradition of shroving—confessing sins and receiving absolution. Mardi Gras, Fat Tuesday, meant a day to eat up all the food that would not be used for the next 40 days, what with Lent's fasting and abstaining. It is a day to leave behind things not needed in Lent.

- What do we find in our life that is not needed and can be left behind for Lent? Pride? Selfishness? An unhealthy habit?
- Use Shrove Tuesday to write in your journal about what you're leaving behind to have a more fruitful Lent. Then say a hearty farewell to past transgressions and be ready for ashes on Wednesday.

2024 NORTHEAST SENIORATE LENTEN RETREATS
EASTERN DIOCESE - PNCC

Feb 17th - Holy Trinity - Manchester, NH
Feb 24th - Blessed Trinity - Fall River, MA
9 am to 1:30 pm
To register please email: RobNem21@aol.com by the Wednesday prior to the Retreat you will attend.

Lent is a time for reflection and prayer. We have an opportunity to do so, this Saturday, at Holy Trinity Cathedral. The Northeast Seniorate Lenten Retreat will take place here on Saturday February 17, starting with Mass at 9 AM. Clergy and laity from the Eastern Diocese will lead the sessions, and a continental breakfast and lunch will be served. You can sign up today by adding your name to the list on the table in the Cathedral entryway. The retreat will end promptly at 1:30 PM, and we can guarantee that it will be time well spent.

"It is so important that we take time to step into the classroom of silence on a regular basis and reflect on what matters most and what we believe. Only then will we be able to keep the counsel of the voice of the authentic self."

MATTHEW KELLY
Perfectly Yourself



This Sunday (February 11) is the final day for our Souper Bowl of Caring. In addition to our personal Lenten alms donations, during the rest of February and all through March, the membership and outreach team will be accepting donations to be included in **Blessing Bags for the Homeless**. (See photo)

Personal care items (toothbrush, toothpaste, first aid kit, comb, hygiene items, soap, washcloth) and small snacks are just a few of the things that would be appropriate. Watch for further details in next week's bulletin.

Work on New Auditorium Flooring Began this Week



**HOLY TRINITY CATHEDRAL PARISH
POLISH NATIONAL CATHOLIC CHURCH
166 PEARL STREET
MANCHESTER, NEW HAMPSHIRE
PH. 603-692-4524**

**BISHOP PAUL SOBIECHOWSKI
PASTOR**