

the classroom.

Our Approach

We partner with districts to identify root causes and provide targeted interventions that strengthen both school and family support systems.

- **Comprehensive Assessment:** Intake with families, students, and staff to build a full picture of the challenge.
- **Therapeutic Intervention:** Evidence-based therapy (CBT, DBT, ERP, EMDR) tailored to school refusal.
- Family Partnership: Parent coaching and family therapy to reinforce strategies at home.
- Reintegration Support: Gradual exposure, behavioral rehearsal, and in-school coaching with school staff.

Why Districts Choose Us

By supplementing existing school teams, we provide the extra capacity needed to re-engage students and restore attendance. This collaborative approach helps students succeed, families feel supported, and districts strengthen engagement.



