

# Hurricane Utah West Stake Seven Week Challenge

Starting now and ending after the Sunday afternoon Session of October General Conference

TAKE TIME TO COUNSEL WITH YOUR FAMILY AND DETERMINE HOW FOR THE NEXT SEVEN WEEKS YOUR FAMILY WILL APPLY THE FOLLOWING SIX CHALLENGES:

- 1) HOW MANY DAYS A WEEK WILL YOU SET ASIDE YOUR ELECTRONIC DEVICES AND **EAT DINNER TOGETHER** AS A FAMILY
- 2) HOW MANY DAYS A WEEK WILL YOU SET ASIDE YOUR ELECTRONIC DEVICES AND HOLD A **SHORT FAMILY DEVOTIONAL** TO INCLUDE SHARING YOUR FAVORITE SCRIPTURE AND PRAYER
- 3) WHICH DAY OF THE WEEK WILL YOU SET ASIDE YOUR ELECTRONIC DEVICES AND PARTICIPATE IN A **WHOLESOME FAMILY ACTIVITY**
- 4) HOW MANY TIMES, AS CIRCUMSTANCES ALLOW, WILL THE TEMPLE RECOMMEND HOLDERS IN YOUR FAMILY PLAN TO **ATTEND THE TEMPLE**, SCHEDULE THE APPOINTMENTS AND KEEP THEM
- 5) WHICH TWO NON-CONSECUTIVE WEEKS YOUR FAMILY CAN AND WILL HOLD A **SOCIAL MEDIA FAST** – USE REAL FACE TO FACE EMOJI'S AND POST YOUR PRINTED FAMILY MEMORIES TO A TANGIBLE WALL
- 6) HOW MUCH TIME WILL YOU DEDICATE EACH DAY TO FIND A QUIET, UNDISTURBED PLACE WHERE YOU CAN SPEND A CONSISTENT, FAIR, AND EQUAL TIME **TALKING WITH AND LISTENING TO THE LORD**

AS THE WORLD GROWS MORE WICKED, WE NEED TO GROW INCREASINGLY PURE. OUR THOUGHTS, WORDS, AND ACTIONS NEED TO BE UNFAILINGLY VIRTUOUS AND FILLED WITH THE PURE LOVE OF JESUS CHRIST TOWARDS ALL MEN. THE GREAT OPPORTUNITY BEFORE US IS TO BECOME THE PEOPLE GOD NEEDS US TO BE, (PRESIDENT RUSSELL M. NELSON, CONFIDENCE IN THE PRESENCE OF GOD, CONFERENCE REPORT, APRIL 2025).

The Spirit does not get our attention by shouting or shaking us with a heavy hand. Rather, it whispers. It caresses so gently that if we are preoccupied, we may not feel it at all, (David A. Bednar, The Spirit of Revelation, p. 12).