

# Powell - Noise Gym Classes

## BATON ROUGE

2023-2024

### MONDAY - GYM A

RECREATIONAL COMBO / 4:00-5:30  
SENIOR TAP / 5:30-6:30 (HALIE)  
SENIOR CONTEMPORARY / 7:00-8:00 (KELLY)  
SENIOR JAZZ / 8:00-9:00 (SPLENDID)

### TUESDAY - GYM A

TEEN TECHNIQUE / 4:00-5:00 (DONTE)  
TEEN & SENIOR HIPHOP / 5:00-6:00 (SPLENDID)  
SENIOR TECHNIQUE / 6:00-7:00 (DONTE)  
SENIOR LARGE GROUP REH. / 7:00-8:00 (DONTE)

### WEDNESDAY - GYM A

SENIOR SMALL GROUP B REH. / 5:00-6:00 (DONTE)  
SENIOR BALLET / 6:00-7:30 (DONTE)  
SENIOR SMALL GROUP A REH. / 7:30-8:30 (DONTE)

### THURSDAY - GYM A

TEEN BALLET / 4:00-5:30 (DONTE)  
TEEN REHEARSAL / 5:30-7:30 (DONTE)

### MONDAY - GYM B

TEEN TAP / 4:00-5:00 (HALIE)  
TEEN CONTEMPORARY / 5:00-6:00 (KELLY)  
TEEN JAZZ / 6:00-7:00 (KELLY)

### TUESDAY - GYM B

JUNIOR HIPHOP / 4:00-5:00 (SPLENDID)  
JUNIOR BALLET / 5:00-6:00 (DONTE)  
JUNIOR TAP / 6:00-7:00 (HALIE)

### WEDNESDAY - GYM B

JUNIOR TECHNIQUE / 4:00-5:00 (DONTE)  
JUNIOR CONTEMPORARY / 5:00-6:00 (KELLY)  
JUNIOR JAZZ / 6:00-7:00 (KELLY)

### THURSDAY - GYM B

MINI COMBO / 5:30-7:00 (KELLY)  
MINI REHEARSAL / 7:00-8:30 (SPLENDID)

### FRIDAY

TUMBLING I BEGINNER / 4:00-5:00 (DONTE)  
TUMBLING II INTERMEDIATE / 5:00-6:00 (DONTE)  
TUMBLING III ADVANCED / 6:00-7:00 (DONTE)

### SUNDAY

JUNIOR SMALL GROUP B REH. / 4:00-5:00 (EMMA)  
JUNIOR LARGE GROUP REH. / 5:00-6:00 (EMMA)  
JUNIOR SMALL GROUP A REH. / 6:00-7:00 (EMMA)

MINI 6-9 YEARS OLD  
JUNIOR 9-12 YEARS OLD  
TEEN 11-14 YEARS OLD  
SENIOR 14 & UP