

Bishop Bronner 10/20/24-Psalm 106:24-25-The Dangers of Grumbling

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- When you despise something it means you minimize it or make little of it.
- The real root of despising is disbelief eventually turns into dissatisfaction. Dissatisfaction can degenerate into becoming disgruntled. Being disgruntled manifests in being disrespectful. Being disrespectful deteriorates into being disobedient. Disobedience results in being denied.
- Whenever you go through trauma if you don't get healed it can lead you into deeper trauma
- You must deal with your trauma
- Hebrews 3:19 "So we see that because of their unbelief they were not able to enter his rest."
- You must trust God.
- Just because you don't understand what God is doing, Why He is doing it or Why it is taking so long, doesn't mean you should fail to trust Him.
- Don't let a divine delay be turned into a devilish disappointment
- Learn how to groan. Groan is a response to pain
- Just because you have faith doesn't mean you don't have pain.
- Faith helps you endure the pain. God will come into the pain with you.
- Can you still trust God while you're hurting
- John 11:33 "When Jesus saw her weeping and saw the other people wailing with her, a deep anger welled up within him, and he was deeply troubled."
- Grief is contagious
- Jesus groaned instead of grumbling
- Psalm 118:5-6 "In my distress I prayed to the Lord, and the Lord answered me and set me free. The Lord is for me, so I will have no fear. What can mere people do to me?"
- Nurse a grudge vs airing a grievance is a problem. When you talk about people behind their back and then come around them people can feel that when you come around them.
- It's better to just air your grievance
- Three things you cannot recover in life: The word after it's spoken, the moment after it's missed, Time after it is gone.
- Don't be sorry. Be better.
- When you distrust God it will snatch things away from you.
- The best value of history is teaching.
- 1 Corinthians 10:6-12 "These things happened as a warning to us, so that we would not crave evil things as they did, or worship idols as some of them did. As the Scriptures say, "The people celebrated with feasting and drinking, and they indulged in pagan revelry." And we must not engage in sexual immorality as some of them did, causing 23,000 of them to die in one day. Nor should we put Christ to the test, as some of them did and then died from snakebites. And don't grumble as some of them did, and then were destroyed by the angel of death. These things happened to them as examples for us. They were written down to warn us who live at the end of the age. If you think you are standing strong, be careful not to fall."
- 5 major things that kept the children of Israel out of the promised land and will keep you out of your promised land
- Lust - craving worthless ungodly things
- Idolatry- worshiping false gods, paganism
- Fornication - sexual immorality
- Tempting Christ - asking Jesus to do something inconsistent with His character

- Murmuring - Grumbling and complaining
- Whenever you're stressed out chill out.
- The calmer you are, the clearer you think and the more peace you enjoy.
- When you're in an argument remain calm or walk away.
- Dnt make decisions when you are Hungry, Angry, Lonely, Tired. You should HALT when you're any of these. Halt = Hungry, Angry, Lonely, Tired,
- The greatest antidote to grumbling is gratitude
- Dead people receive more flowers than the living ones because regret is stronger than gratitude.
- Grumbling can keep you out of your promised land but gratitude and kindness will accelerate your journey and make it more enjoyable
- Ways to have a Christian etiquette of kindness when online
- Think before you post or comment. Think= Is it true, is it helpful, is it inspiring, necessary, is it kind?
- Respond rather than react
- Be charitable with people
- Filter passionate harsh posts through your inner circle your real friends
- If you are into your feelings, write in your journal
- Avoid sarcasm and irony. It doesn't convey well through text
- Use your posts an an opportunity to encourage others
- Show appreciation and gratitude
- Apologize when needed
- Respect others privacy
- Use polite and friendly language
- Turn your grumbling into groaning
- Roman's 8:23-26 "And we believers also groan, even though we have the Holy Spirit within us as a foretaste of future glory, for we long for our bodies to be released from sin and suffering. We, too, wait with eager hope for the day when God will give us our full rights as his adopted children, including the new bodies he has promised us. We were given this hope when we were saved. (If we already have something, we don't need to hope for it. But if we look forward to something we don't yet have, we must wait patiently and confidently.) And the Holy Spirit helps us in our weakness. For example, we don't know what God wants us to pray for. But the Holy Spirit prays for us with groanings that cannot be expressed in words."
- when life hits you and youre just groaning in the spirit, the Holy Spirit takes your groans and turns it into speech/prayers to God.
- Some pains go beyond our ability to explain and all we can do is groan.
- The Holy Spirit make intercession for your groans
- Don't nurse your grudges. Air your grievance
- God even though this situation is uncomfortable, I still trust you.
 - Lord Have Your Way.