## PEOPLE SHOULD NOT EAT PIG MEAT



#### I WON'T EAT PIG MEAT EVER AGAIN

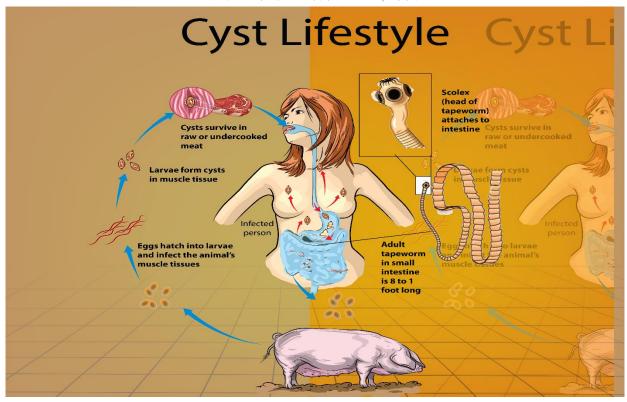
AS FOLLOWERS OF YASHAYA AND HIS LAWS WE ARE FREQUENTLY
ASKED ABOUT REJECTING PORK AND PIG MEAT PRODUCTS. |

PERSONALLY HAVE EATEN PIG MEAT PRODUCTS MOST OF MY ENTIRE
LIFE. BACK THEN | FOLLOWED NO NUTRITIONAL LAW BECAUSE | WAS
TOLD | DIDN'T NEED TO AND AS A CHRISTIAN, THE CHRISTIAN

CHURCH AND IT'S FALSE TEACHERS TELL YOU THAT THOSE LAWS ARE
GONE, AND YOU CAN EAT WHATEVER YOU WANT. IN REALITY THAT
VERSE IS SAYING WHAT COMES OUT OF YOUR MOUTH DEFILES YOU
MORE THAN PUTTING FOOD FROM DIRTY HANDS IN YOUR MOUTH, BY
SAYING AHAYAH'S LAWS ARE DONE AWAY WITH, YOU ARE DEFILING
YOURSELF YOU ARE NOW UNCLEAN. BESIDES ALL THAT, LET'S GET
INTO THE WHY OF NOT EATING PORK MEAT AND PRODUCTS.

# I HAVE RESEARCHED BOTH BIBLICAL PRACTICES AS WELL AS NUTRITION AND TOXICITY

MY PERSONAL HEALTH PHILOSOPHY HAS BECOME TO CONSUME MAXIMAL NUTRIENTS AND MINIMAL TOXINS WHILE HONORING AND WORSHIPING AHAYAH WITH MY BODY, MIND, AND SPIRIT. AFTER RESEARCHING BIBLICAL PRINCIPLES, THE NATURE OF PIGS AND THEIR POOR DETOXIFICATION SYSTEMS | HAVE DECIDED NOT TO ENDORSE THE USE OF THESE ANIMALS AS FOOD. THEY ARE GREAT TRASH CANS AS THEY CONSUME ANYTHING THAT FALLS THEIR WAY, BUT | DON'T BELIEVE THEY WERE INTENDED FOR HUMAN CONSUMPTION. THE MOST HIGH CREATED US AND KNOWS OUR BODIES, I THINK I'LL TAKE MY ADVICE FROM HIM AND NOT PASTOR BOB. THESE LAWS WERE MADE FOR OUR HEALTH, THESE UNCLEAN ANIMALS ARE NOT FOOD BUT TRASH CANS AND FILTERS FOR THE EARTH.



#### THE HEBREWS WERE WARNED ABOUT PIG MEAT

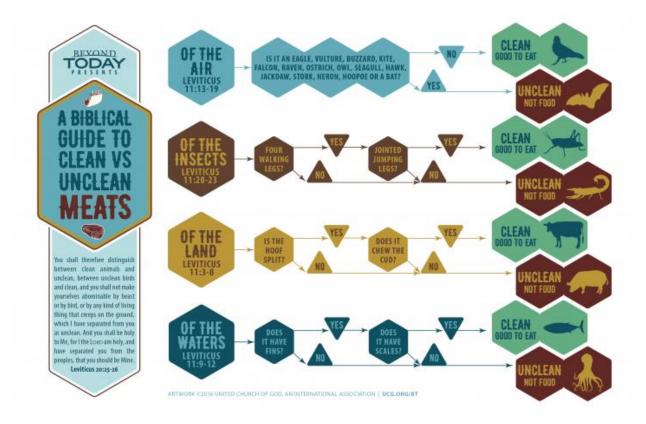
THE HEBREW PEOPLE HAVE AVOIDED PORK AND PIG MEAT PRODUCTS
AS A DIETARY PRINCIPLE DISCUSSED IN THE BIBLE. LEVITICUS
CLEARLY STATES THAT PIGS, BECAUSE THEY DO NOT CHEW THEIR
CUD, ARE AN UNCLEAN MEAT. MODERN SCIENCE HAS SHOWN THAT
PIGS CARRY A VERY HIGH TOXIC LOAD MAKING THEM UNSAFE FOR
HUMAN CONSUMPTION.

#### LEVITICUS 11:7

" AND THE PIG, THOUGH IT HAS A DIVIDED HOOF, DOES NOT CHEW THE CUD: IT IS UNCLEAN FOR YOU."

THE BIBLE WARNS THE HEBREWS ABOUT UNCLEAN FOODS AND THE RATIONALE FOR THE UNCLEANLINESS. PIGS ARE A DIRTY ANIMAL THAT RUTHLESSLY SCAVENGE ANYTHING THEY COME IN CONTACT WITH ON THE FARM. THEY ARE KNOWN TO NOT ONLY CONSUME FOOD SCRAPS, INSECTS AND THEIR OWN FECES BUT THEY WILL ALSO CANNIBALISTICALLY EAT THEIR OWN DEAD CARCASSES. THEY HAVE BEEN KNOWN TO KILL AND EAT THEIR YOUNG AT TIMES AS WELL.





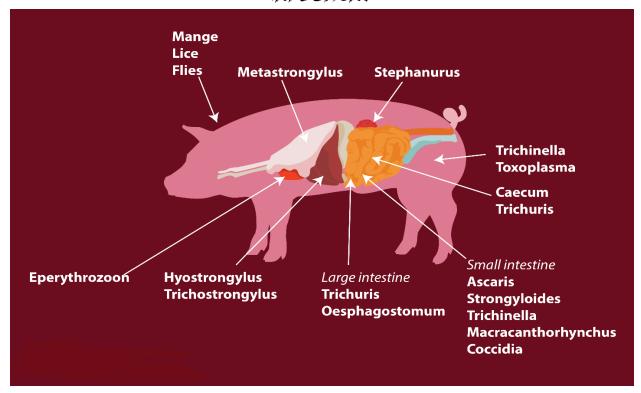
#### PIGS ARE SCAVENGERS THAT HARBOR PARASITES:

DUE TO THEIR SCAVENGER LIFESTYLE, THEY HARBOR ENORMOUS
AMOUNTS OF VIRUSES AND PARASITES. PIGS ARE KNOWN TO BE
PRIMARY CARRIERS OF THE FOLLOWING PATHOGENIC ORGANISMS
THAT CAN CREATE VERY SERIOUS HEALTH PROBLEMS
TAENIA SOLIUM TAPEWORM PRRS
(PORCINE REPRODUCTIVE AND RESPIRATORY SYNDROME)
NIPAH VIRUS

MENANGLE VIRUS HEPATITIS E VIRUS (HEV)

A CONSUMER REPORTS INVESTIGATION FOUND THAT 69 PERCENT OF ALL RAW PORK SAMPLES TESTED WERE CONTAMINATED WITH HIGH AMOUNTS OF VOLATILE MICROORGANISMS SUCH AS YERSINIA ENTEROCOLITICA. THIS BACTERIUM CAUSES FEVER AND

# GASTROINTESTINAL STRESS AND COULD POTENTIALLY CAUSE A FATAL INFECTION.



#### WHY IS PIG MEAT SO TOXIC

ANIMALS THAT "CHEW THE CUD" AS IT SAYS IN THE BIBLE ARE CALLED RUMINANTS. THESE ANIMALS HARDLY CHEW THEIR FOOD WHEN IT IS FIRST SWALLOWED. BUT THEY HAVE FOUR STOMACHS THAT DIGEST AND REGURGITATE FOOD THROUGH A SPECIAL PROCESS THAT ALLOWS COMPLETE DIGESTION. THE MAJOR RUMINANTS ARE COWS, SHEEP, AND GOATS.



THE DIGESTIVE SYSTEM OF A PIG IS UNIQUE IN THAT IT METABOLIZES
FOOD VERY QUICKLY THROUGH ONE STOMACH IN A PROCESS THAT
TAKES ABOUT FOUR HOURS. A COW TAKES TWENTY-FOUR HOURS TO
DIGEST WHAT'S EATEN AND IT IS ABLE TO GET RID OF EXCESS
TOXINS DURING THE DIGESTIVE PROCESS. THE PIG'S DIGESTIVE
SYSTEM DOESN'T ALLOW FOR THIS, AND THE TOXINS ARE CARRIED
INTO THE FAT CELLS AND ORGANS OF THE PIG ITSELF.



PIGS ALSO DO NOT HAVE SWEAT GLANDS. PERSPIRATION IS A KEY
METHOD THE BODY USES TO FOR DETOXIFICATION AND THE PIG IS
NOT DESIGNED TO PERSPIRE. WHEN WE CONSUME PIG MEAT, WE GET
ALL OF THESE PATHOGENIC MICROORGANISMS AND ENVIRONMENTAL
TOXINS INTO OUR SYSTEM.

#### PASTURE-FED PIG MEAT PRODUCTS

PASTURE-FED PORK PRODUCTS ARE MUCH SAFER AS THEY SHOULD NATURALLY HAVE LOWER PARASITE LOADS AND A BETTER RATIO OF OMEGA 6: OMEGA 3 FATTY ACIDS AND ANTIOXIDANTS. HOWEVER, THE ANIMAL IS JUST NOT DESIGNED TO ELIMINATE TOXINS EFFECTIVELY.

MANY OF THESE TOXINS ARE NOT NEUTRALIZED EVEN WITH HIGH HEAT COOKING METHODS. THE HIGH HEAT COOKING METHODS PRODUCES HETEROCYCLIC AMINE FORMATION IN THE MEAT AND DAMAGES MUCH OF THE ESSENTIAL FATS WHICH MAKES THE PORK, HAM, OR BACON HIGHLY CARCINOGENIC.

FROM THE PERSPECTIVE OF MINIMIZING PARASITE LOAD, THE HEALTHIEST WAY TO CONSUME PORK IS TO NOT CONSUME PORK. EVEN IF YOU COOK IT AT VERY HIGH TEMPERATURES, FROM THE PERSPECTIVE OF LIMITING FREE RADICALS, COOKING AT A HIGH TEMPERATURE IS A SIGNIFICANT FACTOR IN THE DEVELOPMENT OF CHRONIC DISEASE. ONE REALLY DOES NOT WIN EITHER WAY.



#### WAS GOD GIVING US A HEALTH MESSAGE?

MUCH OF THE BIBLICAL BOOKS OF NUMBERS, LEVITICUS &
DEUTERONOMY HAS TO DO WITH HEALTH PRINCIPLES DESIGNED TO
MINIMIZE INFECTION. THIS IS VERY LOGICAL AS INFECTION WAS THE
GREATEST HEALTH THREAT TO ENTIRE TRIBES AND CITIES IN THE
PRE-MEDICAL WORLD. THE OLD TESTAMENT NARRATIVE HAS MUCH
TO DO WITH SEEING THE ISRAELITE CULTURE SURVIVE AND THRIVE IN
A HOSTILE WORLD. IT IS QUITE LOGICAL THAT AHAYAH WOULD WARN
HIS PEOPLE ABOUT AVAILABLE ANIMALS AND THEIR RELATIONSHIP
TO TRIBAL HEALTH. WAS THE BIBLE MESSAGE TO AVOID CONSUMING
UNCLEAN MEAT NECESSARY FOR REDUCING INFECTION AND SERIOUS
HEALTH PROBLEMS? BASED ON THE NATURE OF THE PIG AND THE
TOXIC LOAD THEY CARRY IT SEEMS TO BE THE BEST ADVICE FOR
OPTIMAL HEALTH.

THE MOST POWERFUL HEALING STRATEGIES IN THE BIBLE ARE PRAYER AND FASTING. FROM A SCIENTIFIC PERSPECTIVE, I BELIEVE THAT PRAYER AND FASTING ARE THE MOST ANCIENT, INEXPENSIVE, AND POWERFUL HEALING STRATEGIES KNOWN TO MANKIND. I'LL END IT WITH ISIAH 66, THIS SHOULD BE ENOUGH FOR ANY MAN WHO FEARS AHAYAH TO STOP CONSUMING PORK AT ALL COST!

### WE BOTH KNOW YOU WON'T

#### ISIAH 66 15 17

15 FOR, BEHOLD, AHAYAH WILL COME WITH FIRE, AND WITH HIS CHARIOTS LIKE A WHIRLWIND, TO RENDER HIS ANGER WITH FURY, AND HIS REBUKE WITH FLAMES OF FIRE.

<sup>16</sup> FOR BY FIRE AND BY HIS SWORD WILL AHAYAH PLEAD WITH ALL FLESH: AND THE SLAIN OF AHAYAH SHALL BE MANY.

THEY THAT SANCTIFY THEMSELVES AND PURIFY THEMSELVES IN THE GARDENS BEHIND ONE TREE IN THE MIDST, EATING SWINE'S FLESH, AND THE ABOMINATION, AND THE MOUSE, SHALL BE CONSUMED TOGETHER, SAITH AHAYAH.

1 CORINTHIANS 11:1

"BE YE FOLLOWERS OF ME, EVEN AS | ALSO AM OF CHRIST".

PROVE ALL THINGS

STUDY TO SHEW THYSELF APPROVED UNTO AHAYAH ALL PRAISES TO THE MOST HIGH GOD AHAYAH ASHAR AHAYAH BAHASHEM YASHAYAH

### FRANK CHAVEZ TRIBE OF ISSACHAR 12 TRIBES 1 NATION FOR ALL

ACTS 17:26

"AND HATH MADE OF ONE BLOOD ALL NATIONS OF MEN FOR TO DWELL ON ALL THE FACE OF THE EARTH, AND HATH DETERMINED THE TIMES BEFORE APPOINTED, AND THE BOUNDS OF THEIR HABITATION"



FOR THE KINGDOM OF HEAVEN IS AT HAND