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THANK YOU!

SAMPSON COUNTY'S COMMUNITY NEWSPAPER

The Sampson Weekly



VOLUME 12, ISSUE 08

Week of February 19-25, 2021

www.thesampsonweekly.com

INSIDE



Food
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Faith
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Page 16

WEATHER

Thur Partly Cloudy
10%

Hi: 51° Lo: 35°

Fri Rain
90%

Hi: 40° Lo: 37°

Sat Sunny
10%

Hi: 46° Lo: 24°

Sun Sunny
10%

Hi: 47° Lo: 29°

Mon Showers
90%

Hi: 63° Lo: 32°

Tues Sunny
10%

Hi: 56° Lo: 34°

WEEKLY VERSE

A man of many companions may come to ruin, but there is a friend who sticks closer than a brother.

Proverbs
18:24

WEEKLY INDEX

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910-590-2102

SAMPSON COUNTY RECEIVES NEARLY \$1.3 MILLION GRANT TO DEVELOP INDUSTRIAL SITE



Sampson County has been awarded \$1,281,995 from the North Carolina Department of Commerce's Industrial Development Fund. The first IDF grant ever awarded to Sampson, the funds are earmarked to extend a roadway and existing water and sewer lines to the County's newly acquired 120 acre site at the Sampson Southeast Business Center in Clinton.

The Board of Commissioners purchased approximately 122 acres of property in the Sampson Southeast Business Center in September of 2020 as an anchor for its future economic development efforts. Economic Development Director Stephen Barrington expressed his gratitude to both the Department of Commerce and to the Sampson County Board of Commissioners for their commitment to the county's economic development. "Our forward thinking commissioners have demonstrated their commitment to our economic growth in the establishment of an economic development reserve fund and recently the acquisition of an industrial park site with such potential, he stated. "We welcome these grant funds as the opportunity to capitalize on the Board of Commissioner's prudent land investment, creating a shovel-ready site attractive to light manufacturers who create higher paying job opportunities for our residents."

NC Commerce's Industrial Development Fund – Utility Account provides grants to local governments located in the 80 most economically distressed counties of the state, which are classified as either Tier 1 or Tier 2. Funds may be used for publicly owned infrastructure projects that are expected to result in new job creation.

CLINTON MAN ARRESTED For Beulaville Murder



The North Carolina State Bureau of Investigation (SBI), Beulaville Police Department and the Sampson County Sheriff's Office have made an arrest in a shooting that happened in February of 2020. On February 6, 2020, the Beulaville Police Department requested the assistance of the SBI after a shooting in the parking lot of a McDonald's located at 207 West Main Street in Beulaville where two individuals had been shot: Michael Deangelo Bryant Jr., (DOB: 09/29/98) and Randy Anthony Rolla Jr., (DOB: 07/27/00). Rolla died of his injuries. On Wednesday, February 17, 2021, deputies with the Sampson County Sheriff's Office arrested Antonio Jerome Murphy (DOB: 3/2/95) of Clinton. Murphy has been charged with first degree murder, aid and abet armed robbery, assault with a

deadly weapon with intent to kill or inflicting serious injury and possession of a firearm by a felon. After going before a magistrate, Murphy was booked at the Sampson County Detention Center with no bond.

Murphy was charged with First Degree Murder, Aid and Abet Robbery, Assault WDWIKISI, Possession of a Firearm by a Felon and Non-Support of Child. He was not granted bond.

Childcare and Grade School Employees to be Vaccinated

SAMPSON COUNTY VACCINATION OPPORTUNITIES
CHILDCARE & GRADE SCHOOL EMPLOYEES
(Childcare and Pre-K through 12th Grade)

DRIVE-THRU MASS VACCINATION EVENTS

- Saturday, February 27, 2021 | 9AM - 4PM
- Wednesday, March 3, 2021 | 1PM - 4PM

Sampson County Agri Expo Center
414 Warsaw Road, Clinton, NC 28328

RESERVED APPOINTMENT DATES

- Friday, February 26, 2021 | 8AM - 4PM
- Friday, March 5, 2021 | 8AM - 4PM
- Friday, March 12, 2021 | 8AM - 4PM

Sampson County Health Department
360 County Complex Road, Clinton, NC 28328

* To make an appointment, please call (910) 490-1056 or (910) 592-1131, ext. 4001. Appointments will depend on vaccine availability and are not guaranteed.

* Citizens will not be required to leave their vehicles at the drive-thru events. Participants are encouraged to bring their teacher I.D. or other form of employee identification.

* Vaccinations will be offered to childcare and school employees who have not received any vaccine within 14 days of the event, based on vaccine availability.

* The second dose of the vaccine is due approximately 28 days following the first dose.

* You will be monitored 15 minutes after receiving the vaccine.

FMI: Call (910) 490-1056 or visit the vaccination information & updates page online at www.sampsonnc.com

COVID-19 TESTING REPORT FOR FEBRUARY 19, 2021

Total Number of Tests Reported to Date: 17,881
Positive Test Results: 6,604 (55 additional since 2/18 report)
Negative Test Results: 11,189
COVID Reported Deaths to Date: 88 (2 additional since 2/18 report)

COVID-19 TESTING REPORT FOR FEBRUARY 18, 2021

Total Number of Tests Reported to Date: 17,742
Positive Test Results: 6,637 (33 additional since 2/16 report)
Negative Test Results: 11,105
COVID Reported Deaths to Date: 86 (no additional since 2/16 report)

COVID-19 TESTING REPORT FOR FEBRUARY 16, 2021

Total Number of Tests Reported to Date: 17,630
Positive Test Results: 6,604 (30 additional since 2/15 report)
Negative Test Results: 11,026
COVID Reported Deaths to Date: 86 (no additional since 2/15 report)

COVID-19 TESTING REPORT FOR FEBRUARY 15, 2021

Total Number of Tests Reported to Date: 17,547
Positive Test Results: 6,574 (28 additional since 2/12 report)
Negative Test Results: 10,973
COVID Reported Deaths to Date: 86 (1 additional since 2/12 report)

VACCINATED, see P. 3



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LOCAL NEWS

From the Desk of Senator Brent Jackson



Earlier this month, the General Assembly passed Senate Bill 36 which modifies our previous COVID-19 relief package. Governor Cooper signed the bill into law last week. Back in December, Congress approved an extension of the deadline for the expenditure of CARES Act funding to the states. With this flexibility, the General Assembly has been able to expand aid to more people for a greater period of time.

The Extra Credit Grant Program has been extended until May 31st, 2021 which gives parents the chance to claim their \$335 child credit. We also increased the function of the law's reporting requirements to strengthen our understanding of where this money is going and how effectively it has been allocated. Additionally, \$39 million dollars is now being distributed from the General Fund for the expansion of rural broadband internet infrastructure. Our rural areas need assistance now more than ever and these funds will continue a very successful endeavor in the form of GREAT Grants.

The Congressional adjustments also came with new funding for COVID-19 Vaccine Preparedness, a School Emergency Relief Fund, and Emergency Rental Assistance. These funds total more than \$2.2 billion and have been allocated to the appropriate agencies in Senate Bill 36.

Legislative Recap- S.B. 37

Senate Bill 37 passed the Senate for a second time yesterday in the form of a conference report after consensus was reached between the House and the Senate. The conference report is set to be voted on in the House later today. Upon a favorable vote in the House, the bill will then be sent to the Governor. The bill impacts education across the state for K-12 students and requires that an in-person option be allowed so that students can get back into the classroom. This bill attempts to address concerns heard from parents whose children have special needs and are suffering academically via current virtual classes as well as students who simply learn most effectively with in-person instruction.

The bill does also include contingencies so that school administrators can make adjustments based on the circumstances of the individual school and its employees. There are options to return partially or entirely to virtual depending on what risk factors for the students may be involved.

From the District- Sampson County

Contract Awarded to Replace Sampson County Bridge
NEWTON GROVE – A contract awarded to a Wilson contractor this month will replace a Sampson County bridge, which is expected to help local farmers and businesses.

The \$632,000 contract to replace the bridge over Beaverdam Creek on Old Goldsboro Road near Newton Grove was awarded to S.T. Wooten Corpo-



ration. Replacing this bridge, that was built in 1966, will allow more direct access to market for farmers and agricultural businesses.

The replacement is funded by a federal BUILD grant, along with 18 other bridges across the state. The grant allowed the department to replace bridges with weight limitations that impacted agricultural operations but did not qualify for state funding. These bridges will also be equipped with conduit for future internet fiber installation.

Contract crews may begin work on the replacement bridge as early as March and it is expected to be complete by March 2022. During the construction, drivers may use Irwin Drive and Goldsboro Street as a detour. For real-time travel information, visit DriveNC.gov or follow NCDOT on social media.

Did You Know? - NC History and Fun Fact

Did you know that the last major battle of the Civil War was in NC? The Bentonville Battlefield State Historic Site is the location of the last major battle of the Civil War and the largest military engagement ever fought on North Carolina soil. The battle was fought in Johnston County, outside of the Village of Bentonville.

The Battle of Bentonville, fought March 19-21, 1865, was the last full-scale action of the Civil War in which a Confederate army was able to mount a tactical offensive. This major battle, the largest ever fought in North Carolina, was the only significant attempt to defeat the large Union army of Gen. William T. Sherman during its march through the Carolinas in the spring of 1865.

Thank you for allowing me to serve as your representative in the North Carolina Senate. I read every email that comes to my legislative account and I encourage you to reach out to me with your thoughts and concerns. If you would like to stay informed of my actions in the legislature, I encourage you to friend me on Facebook and/or follow me on Twitter.

Commissioner Troxler will deliver State of Agriculture address virtually

*N.C. State University Economist Dr. Blake Brown will provide agricultural economic outlook



WHO/WHAT:
 Commissioner Steve Troxler will deliver his annual update on the state of agriculture in North Carolina. Due to the pandemic, this year's address will be virtual. In addition to hearing from Commissioner Troxler, Dr. Blake Brown, N.C. State University economist, will provide an agricultural economic outlook and there will be an opportunity for participants to ask questions.

N.C. Farm Bureau will host the event.

WHEN/WHERE:
 Wednesday, Feb. 24, at 10 a.m.

Please click the link below to join the webinar:

<https://us02web.zoom.us/j/81966875890> [us02web.zoom.us]
 Or iPhone one-tap :
 US: +1 646 876 9923 or +1 301 715 8592 or +1 312 626 6799 or +1 669 900 6833 or +1 253 215 8782 or +1 346 248 7799
 Or Telephone:
 Dial (for higher quality, dial a number based on your current location):
 US: +1 646 876 9923 or +1 301 715 8592 or +1 312 626 6799 or +1 669 900 6833 or +1 253 215 8782 or +1 346 248 7799
 Webinar ID: 819 6687 5890
 International numbers available: <https://us02web.zoom.us/j/81966875890>



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VACCINATED, cont. from P. 1



since 2/12 report)

Even though citizens are being vaccinated it is important to continue following safety guidance, including following the Three Ws: wear your mask, wait 6 feet, and wash your hands. Below is some updated CDC guidance shared by the Health Department:

Updated guidance regarding maximizing mask effectiveness. This guidance does not recommend double-masking routinely, but it does recommend specific measures to improve fit and recommends “adding layers” either by

- Using a cloth mask that has multiple layers of fabric, OR
- Wearing one disposable mask (sometimes referred to as a surgical mask or a medical procedure mask) underneath a cloth mask.

Updated the Interim Infection Prevention and Control Recommendations for Healthcare Personnel.

This guidance expands options for source control and patient care activities in areas of moderate to substantial transmission to include use of:

- An N95 respirator OR
- A respirator approved under standards used in other countries that are similar to NIOSH-approved N95 filtering facepiece respirators OR

A well-fitting facemask (e.g., selection of a facemask with a nose wire to help the facemask conform to the face; selection of a facemask with ties rather than ear loops; use of a mask fitter; tying the facemask’s ear loops and tucking in the side pleats; fastening the facemask’s ear loops behind the wearer’s head; use of a cloth mask over the facemask to help it conform to the wearer’s face).

Updated quarantine guidance for vaccinated persons.

This guidance states that vaccinated persons with an exposure to someone with suspected or confirmed COVID-19 are not required to quarantine if they meet if they meet all of the following criteria:

- Are fully vaccinated (i.e., ≥ 2 weeks following receipt of the second dose in a 2-dose series, or ≥2 weeks following receipt of one dose of a single-dose vaccine) AND
- Are within 3 months following receipt of the last dose in the series AND
- Have remained asymptomatic since the current COVID-19 exposure.

These updated quarantine criteria could be applied when considering work restrictions for fully vaccinated healthcare personnel with higher-risk exposures as a strategy to alleviate staffing shortages. Of note, exposed healthcare personnel would not be required to quarantine outside of work.

As an exception to the above guidance no longer requiring quarantine for fully vaccinated persons, vaccinated inpatients and residents in healthcare settings should continue to quarantine following an exposure to someone with suspected or confirmed COVID-19. This exception is due to the unknown vaccine effectiveness in this population, the higher risk of severe disease and death, and challenges with social distancing in healthcare settings. Although not preferred, healthcare facilities could consider waiving quarantine for vaccinated patients and residents as a strategy to mitigate critical issues (e.g., lack of space, staff, or PPE to safely care for exposed patients or residents) when other options are unsuccessful or unavailable.

As announced by the State last week, effective February 24, North Carolina will move to vaccinate Group 3 Front line Essential Workers. However, because supply is still very limited and the population of frontline essential workers is so large, this shift will begin first with anyone working in childcare or in PreK-12 schools starting on February 24. (North Carolina plans to move to additional frontline essential workers on March 10.)

As our Health Department has done with each shift in priority level, it has scheduled special vaccination opportunities for the newly eligible population. As the attached flyer indicates, the Sampson County Health Department will hold drive-thru vaccination events for childcare and grade school employees on Saturday, February 27th from 9 am – 4 pm and on Wednesday, March 3rd from 1 pm – 4 pm, both at the Sampson Expo Center. In addition, they have set aside several appointment slots on February 26, March 5 and March 12 at the Sampson County Health Department specifically for these populations. Those childcare and grade school employees needing appointments should call (910) 490-1056 or (910) 592-1131, ext. 4001.

Participants are encouraged to bring their teacher IDs or other form of employee identification. Vaccines will be available as supply allows to childcare and school employees who have not received any vaccine within 14 days of the event.

Section of Sampson County Highway to Close for Pipe Replacement



NEWTON GROVE - A section of a Sampson County highway is scheduled to close to traffic next week while the N.C. Department of Transportation replaces a failing pipe.

Between 8 a.m. Tuesday and 5 p.m. Wednesday, N.C. 50 near William R. King Road will be closed to through traffic. During the closure, NCDOT will remove and replace a failing pipe underneath the roadway. Crews will replace the pipe with a larger one to avoid future maintenance concerns. Those needing to get around the work will use U.S. 701, Interstate 40 and William R. King

Road.

Drivers should plan ahead as their commute may take longer than normal and use caution when traveling near the construction.

For real-time travel information, visit DriveNC.gov or follow NCDOT on social media.

Smithfield Foods to Help Sponsor 63rd Annual Kiwanis Pancake Breakfast, February 26 & 27!

Smithfield Foods has once again signed on to help sponsor the 63rd annual Kiwanis Pancake Breakfast. They join others, such as US Foods, Inc, who is sponsoring the pancakes and also ticket sponsors, which includes Big Blue Stores, Inc.; Black, Chestnut & Johnson, PA. CPA’s; Cape Fear Farm Credit; Carlie C’s of Clinton & Roseboro; Clinton Appliance & Furniture; Clinton Realty Company; Dubose Strapping, Inc.; First Citizens Bank; Group Benefits & Commercial Services; International Minute Press; Matthews Health Mart; Parker Gas Company; Sampson Bladen Oil/Han-Dee Hugo’s; Select Bank & Trust; STAR Communications; and the Viser Family Fund/Sampson Partners. The pancake feast will be held Friday, February 26th from 5:00 pm – 7:30 pm and Saturday, February 27th from 6:30 am – 9:30 am. The event has been relocated to Clinton High School and will function completely as a drive through!



“By relocating the feast, the Kiwanis hope to serve their loyal customers and supporters of the annual feast with better efficiency and provide for a safer work area allowing for easier social distancing for our members,” stated Kiwanis president, Anne Wicke. “We really hope that everyone will come out and support the pancake feast so we can help support the school systems of Sampson Co. We are working to make the pickup of pancake plates as easy as possible by making use of Clinton High School’s long drive and parking lots. We truly appreciate the school system allowing us to host our event in their wonderful facilities.”

“With our community and sponsor support, the Kiwanis Club of Clinton was able to serve over 1,600 pancake and sausage plates at our 2020 annual fundraiser last February, and we hope we will be able to serve just as many this year,” said event coordinator, Russell Byrd. “This success allowed the Clinton Kiwanis to contribute almost \$20,000 to support our City and County Schools, and we want to do it again!”

Tickets are available from any Kiwanis member, and at the event for just \$6.00. For more information, please see the Kiwanis of Clinton Facebook.

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Open Enrollment Begins February 21, 2021

Masks, temperature checks are required

LOCAL NEWS

Commissioner Causey urges North Carolinians to take advantage of the Special Enrollment Period for healthcare insurance



North Carolina Insurance Commissioner Mike Causey urges North Carolinians who don't have health insurance to sign up for coverage during the Special Enrollment Period (SEP) for the Health Insurance Marketplace, which begins today and runs through May 15.

"I am pleased about this opportunity to help families who don't have insurance due to the loss of a job or the economic situation surrounding the COVID-19 pandemic," said Commissioner Causey. "Making sure you and your family's medical needs are covered is always important, and the coronavirus pandemic underscores that critical importance." Earlier this year, President Joe Biden signed an executive order establishing the SEP, citing "exceptional circumstances caused by the ongoing COVID-19 pandemic."

Consumers who are uninsured will be able to sign up for coverage without having to wait until the regular open enrollment period at the end of the year. No qualifying event is necessary

to be eligible. Consumers can take this opportunity to look for coverage and find out if they qualify for financial assistance to help pay their insurance premiums. Currently, nine out of 10 consumers enrolled in coverage through HealthCare.gov receive some sort of financial help, with 75% of consumers purchasing a plan for \$50 or less per month after receiving assistance.

All of the plans at HealthCare.gov cover certain essential health benefits, such as primary care visits and many preventative care services.

Consumers who want to take advantage of the special enrollment period may visit HealthCare.gov or CuidadoDeSalud.gov to view plans and prices and enroll in plans. Consumers may also call the Marketplace Call Center at 1-800-318-2596. TTY users should call 1-855-889-4325.

In addition, consumers with any type of insurance question, may call the Department of Insurance's Consumer Services Division to speak to an expert at 855-408-1212.

CRIME

ARREST REPORTS

02-04 Dexter Naquavez Carr, 30, Clinton. Driving While Impaired, Failure to Appear- Citation. Bond \$500. Trial Date 04-06-21

02-04 Darrell Wayne Royal, 33, Salemburg. Possess of Controlled Substance on Jail Premises, Possession of Drug Paraphernalia, Resisting Public Officer. Bond \$11500. Trial Date 02-19-21

02-04 Jimmy Tyndall, 35, Dunn. Possession of Schedule I Controlled Substance, Possession of Drug Paraphernalia. Bond \$10000. Trial Date 02-19-21

02-04 Elijah Trey Dailey, 20, Clinton. Order for Arrest. Bond \$10000. Trial Date 04-07-21

02-04 Eddie Shane Wilson, 44, Godwin. Obtain Property False Pretense, Larceny By Employee, Possess of Stolen Goods/Property. Bond \$10000. Trial Date 02-08-21

02-05 Jessica Lynn Bradshaw, 30, Autryville. OFA- Release Order, Financial Card Fraud. Bond \$4000. Trial Date 03-29-21

02-05 Johnnie Lee Medlin, 31, Goldsboro. Break/Enter Place of Worship, Larceny After Break and Enter, Possess Stolen Goods/Property. Bond \$10000. Trial Date 03-01-21

02-05 James Edward Schumaker, 28, Clinton. DVPO Violation. Trial Date 03-19-21

02-05 Christian O'Ryan Houston, 19, Harrells. Simple Possession Schedule II CS, Second Degree Trespass, Simple Assault. Bond \$3000. Trial Date 05-19-21

02-05 Calvin Minson Hall, 35, Clinton. Possess Meth. Bond \$5000. Trial Date 03-19-21

02-05 Melissa Joe McDonald, 40, Erwin. Order for Arrest. Bond \$25000. Trial Date 03-23-21

02-05 Candido Rodriguez Lopez, 45, Clinton. PWISD Cocaine, Maint Veh/Dwell/Place CS, Simple Possess Schedule VI CS, Possess Marijuana Paraphernalia, Possess Drug Paraphernalia, Speeding. Bond \$25000. Trial Date 03-19-21

02-05 Lashawn Monique Barnes, 32, Clinton. Possess Marijuana less than 1/2oz, Posses Drug Paraphernalia. Trial Date 05-27-21

02-05 Alanna Katelynn Strouth, 27, Clinton. Second Degree Trespass, Breaking or Entering. Bond \$7500. Trial Date 04-14-21

02-05 Jack Lee Jones, 29, Clinton. Second Degree Trespass, Breaking & Entering. Bond \$7500. Trial Date 04-14-21

02-05 Kelvin Ovidio Lopez Cruz, 34, Clinton. Speeding, NOL. Bond \$100. Trial Date 04-06-21

02-05 Samantha Marie Bass, 27, Autryville. Order for Arrest. Bond \$500. Trial Date 05-18-21

02-05 Kentrell Hayes, 34, Kenansville. Order for Arrest. Bond \$2000. Trial Date 04-05-21

02-05 Jirah Israel Cooper, 24, Garland. Disclose Private Images/Adult. Bond \$7500. Trial Date 02-15-21

02-05 Josue Otoniel Inestroza-Maradiaga, 32, Clinton. Simple Assault. Bond \$1000. Trial Date 05-11-21

02-06 Prince Vidal Parker, 28, Clinton. Possess Marijuana <1/2oz, Possession Drug Paraphernalia. Trial Date 05-27-21

02-06 Makayla Lashay McGill, 26, Fayetteville. Resisting Public Officer, Fictitious Info to Officer, Speeding, DWLR Not Impaired Revoked. Bond \$3000. Trial Date 05-12-21

02-06 JAwaun WAdreek Johnson, 20, Roseboro. Possess Marijuana, Resisting Public Officer, Window Tint Violation. Bond \$500. Trial Date 06-17-21

02-06 Edwin Janinie Cruz-Mejua, 27, Clinton. Order for Arrest, FTA- Reckless Driving to Endanger. Bond \$100. Trial Date 04-06-21

02-06 Gabriella Pineda Gonzalez, 30, Warsaw. Fail to Comply with Monies/FTA. Bond \$395. Trial Date 03-15-21

02-06 Curtis Lee Pugh, 32, Clinton. Assault on a Female. Trial Date 05-25-21

02-06 Asem Mamoon Ahmed Yahya, 22, Brooklyn. Speeding. Trial Date 05-12-21

02-06 Ezequiel Delarosa, 29, Newton Grove. FTA- Assault on a Female, FTA-DWLR. Bond \$11500. Trial Date 04-13-21

02-07 Kala loyna McLymore, 18, Clinton. Order for Arrest. Bond \$500. Trial Date 02-19-21

02-07 Denise Nicole Paredes, 27, Fayetteville. Possess Marijuana up to 1/2 oz. Trial Date 05-25-21

02-07 Dylan Michael Bristol, 28, Fayetteville. Fugitive Warrant. Trial Date 03-19-21

02-07 Jer'Marvis Dea'Avionn Rich, 20, Salemburg. Consume Alc by 19/20. Bond \$300. Trial Date 06-11-21

02-07 Joaquin Rangel, 22, Newton Grove. Driving Under the Influence. Bond \$1500. Trial Date 06-02-21

02-07 Ashton Elayne Gray, 28, Warsaw. Driving Under the Influence. Bond \$1000. Trial Date 06-02-21

02-07 Carl Earl Andre Wiggins, 48, Clinton. Possess Drug Paraphernalia, Resisting Public Officer, Obstructing Justice. Bond \$2500. Trial Date 05-19-21

02-07 Cassandra Faircloth, 35, Atkinson. Warrant Service for Other Agency. Bond \$100. Trial Date 05-13-21

02-07 Michael Williams, 31, Roseboro. Simple Possession of Schedule II CS. Trial Date 05-19-21

02-07 Terri Gainey Oliver, 52, Clinton. Possess Drug Paraphernalia. Bond \$500. Trial Date 04-05-21

02-08 Gregory Boykin, 47, Clinton. Order for Arrest/FTC Child Support. Bond \$800.

02-08 Michael Anthony Simpson, 48, Roseboro. Fail to Comply with Money. Bond \$895. Trial Date 03-18-21

02-08 Jennifer Ashley Tadlock, 24, Newton Grove. Possess Drug Paraphernalia. Bond 4100. Trial Date 03-08-21

02-08 Zachary Tanner Thornton, 27, Clinton. Misdemeanor Larceny, Possession Marijuana. Bond \$1500. Trial Date 03-08-21

02-09 Jason Thomas Costin, 46, Kenansville. Possession of Stolen Property. Bond \$2000. Trial Date 04-05-21

02-09 Shane Earl McKoy, 27, Autryville. Possession of Firearm by Felon. Bond \$100000. Trial Date 03-19-21

02-09 Tony Ray Thigpen, 36, Salemburg. Failure to Appear. Bond \$12000. Trial Date 04-05-21

02-10 John Daniel Sodoma, 29, New Bern. Possession Cocaine, Possession Meth, DWLR Not Impaired, Expired Tags. Bond \$10000. Trial Date 03-05-21

02-10 Rodney Antuawn Forte, 34, Fayetteville. Firearm by Felon. Bond

\$25000. Trial Date 03-19-21

02-10 Bryan Lamont Freeman, 48, Teachey. Order for Arrest. Gun Etc on Educ Property, Carrying Concealed Gun. Bond \$500. Trial Date 04-19-21

02-10 Johnny Dewey Hollingsworth, 57, Salemburg. Communicating Threats. Trial Date 05-11-21

02-10 Terry Lynette Melvin, 56, Garland. Second Degree Trespass. Bond \$2500. Trial Date 05-14-21

02-10 Jerry Dermaine Stevens, 41, Stedman. FTA. Bond \$590.

02-10 John Austin Carter, 27, Clinton. Possess Schedule I Controlled Substance, Simple Possession of Schedule IV Controlled Substance, Possess Drug Paraphernalia. Bond \$25000. Trial Date 03-19-21

02-10 Lener David Herrera-Paguada, 21, Magnolia. Injury to Personal Property, Injury to Real Property. Trial Date 05-10-21

02-10 Sue Ellen Jones, 38, Clinton. Order for Arrest. Bond \$500. Trial Date 04-08-21

02-11 Jonathan Lewis Jones, 37, Turkey. DV Protection Order Violation. Trial Date 05-04-21

02-11 Mildred Michele Suggs, 39, Clinton. Order for Arrest. Bond \$1000. Trail Date 04-26-21

02-11 Quentin Dashawn Murphy, 24, Newton Grove. Assault on a Female. Trial Date 05-18-21

02-11 James Franklin Sinclair, 46, Roseboro. Violation of Court Order, Cyberstalking. Trial Date 05-25-21

02-11 Matthew Christian Guldán, 40, Linden. FTA. Bond \$2000. Trial Date 05-02-21

02-11 Irvin Windell Williams, 36, Fayetteville. Driving While Impaired. Bond \$5000. Trial Date 05-27-21

02-12 Melissa Gerald Brewington, 46, Clinton. Order for Arrest. Bond \$10000. Trial Date 03-24-21

02-14 Amanda Broughton Lewis, 32, Autryville. Financial Card Theft, Food Stamp Fraud. Bond \$3500. Trial Date 02-19-21

02-14 Jordan Devon Britt, 33, Dunn. Possess Drug Paraphernalia. Bond \$500. Trial Date 04-08-21

02-15 Jesse Wayne Whitted, 36, Clinton. Assault on a Female, Injury to Personal Property, Order for Arrest. Trial Date 03-16-21

02-15 Antwan Romeo Rich, 27, Salemburg. Trespass of Real Property. Bond \$500. Trial Date 04-21-21

02-15 Megan Wooten, 21, Dunn. Cyberstalking. Bond \$500. Trial Date 03-29-21

02-15 Mary Rebecca Wooten, 50, Dunn. Cyberstalking. Bond \$500. Trial Date 03-29-21

02-15 Issai Luna, 41, Clinton. Simple Possession Marijuana, Possession of Marijuana Paraphernalia.

02-12 Tyrese Sincere Lofton, 20, Clinton. CS/ Fail to Return Rental Property. Trial Date 03-30-21

02-13 Daniel Tajh Moore, 23, Clinton. Fictitious Information to Police Officer, OFA/ Misdemeanor Larceny. Bond \$500. Trial Date 05-18-21

02-13 Omari Allen, 18, Clinton. Cyberstalking, Communicating Threats. Trial Date 05-24-21

02-13 Whitney Fifi McDonald, 32, Clinton. Cyberstalking. Trial Date 05-25-21

02-13 Brayán Bustello 20, Clinton. Possess Marijuana, NOL, Window Tint Violation. Trial Date 06-07-21

02-13 Alexis Antonio Martinez, 21, Clinton. Possess Marijuana, Resisting Arrest/Hinder & Delay. Trial Date 06-07-21

02-13 Jacqueline Yvonne Davis, 28, Clinton. OFA Felony Probation Violation, PFA Misdemeanor Probation, OFA Failure to Appear Speeding, DWLR, OFA Second Degree Trespass. Bond \$15500. Trial Date 03-24-21

02-14 Alexis Antonio Martinez, 21, Clinton. Simple Possession Sch VI, Possession of Drug Paraphernalia. Bond \$500. Trial Date 05-19-21

02-14 Jose Angel Gonzales, 52, Clinton. DWI, Possession of Cocaine, No License, Fictitious Tags. Bond \$21500. Trial Date 02-19-21

02-14 Jessica Dawn Williams, 20, Clinton. DWI, Drive After Consuming <21, Misdemeanor Larceny, PV Conditional Discharge, Larceny. Bond \$3500. Trial Date 05-18-21

02-15 Bryan Curtis Owens Murphy, 36, Salemburg. Possess Marijuana, Possess Drug Paraphernalia, DWLR Aft Impaired Rev Notice, Window Tint Violation, Resisting Obstruct and Delay. Trial Date 06-07-21

02-15 Nicholas Allen Cash, 33, Roseboro. Communicating Threats, Misdemeanor Larceny. Bond \$5000. Trial Date 03-22-21

02-15 Tyree Ronnie Elliott, 24, Fayetteville. OFA- FTA Criminal Summons. Bond \$500. Trial Date 03-29-21

02-16 Javario Maleak Bryant, 19, Teachey. Concealed Carry of Weapon. Bond \$5000. Trial Date 03-10-21

02-16 Joshua Isaiah Hobbs, 21, Clinton. Carry Concealed Handgun. Trial Date 06-07-21

02-16 Jacob Elijah Perez, 21, Roseboro. Possess Marijuana. Trial Date 05-17-21

02-16 Kevin Germaine Lee, 45, Clinton. OFA- FTA Release Order. Bond \$2000. Trial Date 04-26-21

02-16 Tracy Lee Sessoms, 33, Clinton. DWLR, Fictitious Tags. Bond \$500. Trial Date 04-07-21

02-16 Christopher Ray Johnson, 41, Autryville. DVPO Violation, Resisting Public Officer. Bond \$5000. Trial Date 04-08-21

02-17 Mildred Michelle Suggs, 39, Clinton. Intoxicated and Disruptive. Trial Date 04-12-21

02-17 Darius Wright, 26, Clinton. NOL. Bond \$500. Trial Date 03-16-21

02-18 Sequan Banks Coe, 26, Warsaw. Possess Marijuana. Trial Date 05-18-21

INCIDENT REPORTS

02-16 Jaziya Marable reported Theft From Motor Vehicle- cell phone \$800.

* The Crime Report is provided by the Sampson County Sheriff's Office and the Clinton City Police Department.

Jewel of winter

Betty Montgomery
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USA TODAY NETWORK

Camellias are the prettiest shrubby that I grow, and the flowers are exquisite. During the winter months, when little else is blooming, camellias take center stage with their striking blooms set against dark, glossy green leaves that shine in the winter sun. The blooms come in a range of colors and shapes, and if you choose wisely, you can have plants that bloom from October to April, depending on where you live, of course. Today, Camellias are not only grown in the South but as far north as Oyster Bay, New York, and USDA Zone 6.

I grew up in the Sandhills of North Carolina, where camellias were one of the staples in most yards. Mother had many different varieties; some were bluish pink and others were deep red, pearly white and combinations in-between. She had varieties that had simple blooms like a wild rose and others that resembled peonies.

When I married and moved away, I yearned to have these lovely flowers in our garden during the winter months, when little else was flowering.

I planted several bushes in the yard around the house and two in an area near some woods. The ones closer to the house did not perform as well as the ones closer to the woods. I learned the hard way why.

We live on top of a hill where the wind comes off of the North Carolina mountains. I did not know



A collection of camellias with Daphne and magnolia leaves. [BETTY MONTGOMERY PHOTOS]

camellias do not like strong winds. The few I had planted below the house at the edge of the woods, where they were protected from blistering winter winds, was a better place to grow them.

Camellias also do not like full sun, and I learned that some varieties are hardier than others. Some of the varieties I had seen at camellia shows that have big, ribbon-winning blooms grew best in warmer conditions or in very protected locations. However, there are plenty of beautiful camellias that grow where I live and varieties that will grow quite far north.

Camellias are quite versatile plants. They are grown in hedges, espaliered on walls and used as specimen plants in the garden. They look lovely in a formal garden and

glow in the woodland setting. You can find varieties that will grow quite tall over time and others that are shorter. There are ones that have a very columnar shape that will fit nicely into a smaller space and others that grow low and wide.

Camellias have exquisite blooms that decorate the bushes in a time when few other plants are in flowers. Debutant and October Affair are the first to bloom in my garden, showing off their flowers before Thanksgiving. Others follow along after Christmas and some continue blooming until mid-spring. Some blooms are small and some can be quite large, 4 inches or more. Though frost might damage the opened flowers, the unopened buds will bounce back and open

to their full glory. Some plants flower all at once giving a profusion of blooms and there are others that bloom over a longer period of time with less of a dramatic show. They can bloom early, mid- or late season between November to April.

Here are some suggestions about growing camellias that might help you be successful.

- Camellias demand an acidic soil, conditions that are similar to the conditions that rhododendron and Mt. Laurel like, soil high in humus and moisture.

- Plus, the soil must drain well. Camellias do not want to have wet feet as they might get root rot. They like to have moisture but just not soggy.

- They also like a half-day of sun and filtered light is best. We have some tall



This is an old time camellia called Pink Perfection.



Camellia Tama-no-ura is unusual with coloration.

pinus, and they do quite well under the shade of these trees.

- Camellias like to be fed when their growth starts, usually in early April. Granular fertilizers do a good job of feeding the plants, as do other fertilizers like cottonseed meal and Holly Tone. I use a mixture of cottonseed meal, dehydrated cow manure and a little epsom salt because it contains other nutrients that are released over a long period of time and this mixture does not burn the roots. If you use 10-10-10, broadcast it around the base and not too much.

Camellias are a jewel in the garden, and if they like their location, they will live a long time, outliving you. I have seen a bush in China that is said to be over 500 years old!

Betty Montgomery is a master gardener and author of "Hydrangeas: How To Grow, Cultivate & Enjoy," and "A Four-Season Southern Garden." She can be reached at bmontgomery40@gmail.com.

HOME HELP

TIP OF THE WEEK How to pick the right power hedge trimmer

When buying a power hedge trimmer, one of the first questions to ask is whether you want electric- or gas-powered. There are pros and cons to each, but it comes down to weight, how much power you need and the size of your yard.

Gas-powered hedge trimmers are tougher than their electric counterparts. They require both oil and gas to run properly. According to BobVila.com, the major downside of these powerful tools is weight. They can exceed 10 pounds, making it trimming tall hedges difficult and exhausting.

While electric-powered hedge trimmers don't provide quite the power as the gas-powered ones, they are usually lighter and easier to hold up at or above chest level. Corded models are less expensive and provide uninterrupted power, but limit mobility, making these less desirable for larger yards. The battery-powered version, however, gives you freedom of movement but also requires you to recharge the battery.

GARDENING What exactly is an immunity garden?

Immunity gardens have grown in popularity

since the start of the coronavirus pandemic. Growing food at home not only lets you skip the grocery store, where social distancing becomes difficult, but it can be a more nutritious option.

These backyard gardens allow gardeners to harvest vegetables when they're ready, thereby maximizing nutrient value.

With COVID-19 vaccines rolling out across the country, a return to normal seems a little more plausible each day. Immunity gardens, however, might just stick around.

PET ADVICE Be sure to keep pets safe in your yard

If you own pets that will be frolicking outdoors with you, it's important to make it safe for them. Here's some advice from BobVila.com:

"When it's time to pick out plants, opt for hardier varieties with soft foliage, like artemisia or lilacs. Avoid foxglove, lily of the valley, mums, lilies and cocoa mulch, all of which can be toxic to pets. If you're planning to add on to your garden, think about the paths you're creating for prowling and patrolling — and remember to leave a shady spot free for napping between adventures."

More Content Now

DEAR MONTY

Three home-inspection practices to scrutinize



Richard Montgomery

Reader question: I am a seller. My agent got me an offer that required a home inspection. When the investigation took place, they determined the electrical breaker box needed replacement. This discovery caused the buyer to back out. Now, can I sell my house without this upgrade and negotiate the price accordingly, or must I make the repairs and have that reflect on the cost of the property?

Monty's answer: You have a choice to either make the repair or leave it as it is. If you make the repair and have the paid receipt available (a buyer may ask to review it), you have minimized or eliminated any condition issue with your home.

You have also removed the possibility of time constraints on repairs when there is a deadline in an offer-to-purchase. Many homebuyers do not want to deal with repairs and replacements. Theoretically, you have more potential buyers.

If you decide to wait, the electrical issue will resurface.

Allowing credit for the repair is only half of the problem. Taking time to identify, hire and oversee the work is the other half.

Why sellers don't repair

Some agents discourage a pre-inspection. You have to identify the contractor, hire them and oversee the work. You have an expenditure that may not be recoverable in a future sale. Homebuyers sometimes complain that the seller used cheap labor or parts, which resulted in substandard repairs or replacements. The cost may negatively affect your cash reserves. You may not feel qualified to question potential contractors.

In most cases, it is wise to repair.

Three problems

In my opinion and based on my personal experience:

1. What the law requires and what home inspectors deliver can be different. The law in my state requires only identification of unsafe, unhealthy or expensive defects that reduce a home's value or substantial components

at or near the end of their useful life. Many inspectors will point out standard maintenance or component characteristics that appear as a home ages. Such items are often not unhealthy, unsafe or failing.

2. Timing with the home inspection is poor. Amazingly, real estate agents will spend weeks or months to find a buyer for a home when no one knows its condition. It makes more sense to have the house pre-inspected for unsafe, unhealthy or expensive defects. The seller would eliminate potential objections before a buyer makes an offer.

3. Home inspectors often create relationships with real estate agents as a source of business. Many of these relationships are arms-length, and some are not. Here are two articles that mention the issue, one from Consumer Reports (bit.ly/35M5dkK) and the other from House Detective (bit.ly/2uFAHwi).

Do not ask a real estate agent for a referral. Instead, bookmark the Consumer Reports article mentioned above.

Richard Montgomery is the author of "House Money - An Insider's Secrets to Saving Thousands When You Buy or Sell a Home."

FAITH

Prayer is the Key to Heaven



This simple old Gospel song should still be an inspiration to us...
Prayer Is The Key To Heaven

Prayer is the key to Heaven,
But Faith unlocks the door.
Words are so easily spoken,
Prayer without Faith is like a boat without an oar.

Have Faith when you speak to the Master,
That's all He asks you for
Prayer is the key to Heaven,
But Faith unlocks the door.

Spoken:

How many times have you ever prayed for something big or small,
and how long did you have to wait, or did the answer come at all?
Words are mere expressions of thought and nothing more.
Believing, my friend, is what really counts and
Faith, yes Faith is what unlocks the door.

Have Faith when you speak to the Master,
That's all He asks you for
Prayer is the key to Heaven,
But Faith unlocks the door.

Composer unknown

Prayer is our ongoing line of communication with God. Prayer is the way God gives us His choicest blessings. If our chief occupation in Heaven is to praise the Lord, then we should want to begin learning how to praise our Lord here on earth.

"...Blessing and honor and glory and power be unto Him that sits on the throne, and to the Lamb for ever and ever. Amen" Revelation 5: 13

I was thrilled with an unexpected gift recently, Dr. David Jeremiah's book: Prayer, The Great Adventure. I am sharing some selected thoughts herein. May our prayer be, "Lord, help us to catch a glimpse of what we might be missing by not making prayer a vital part of our lives."

I got up early one morning, and rushed into the day;
I had so much to accomplish that I didn't have time to pray.

Problems just tumbled about me, and heavier came each task.

"Why doesn't God help me?" I wondered.

He answered, "You didn't ASK."

I wanted to see joy and beauty, but the day toiled on gray and bleak;

I wondered why God didn't show me,

He said, "But you didn't SEEK."

I tried to come into God's presence; I used all my keys at the lock.

God gently and lovingly chided, "My child, you didn't KNOCK."

I woke up early this morning, and paused before entering the day;

I had so much to accomplish that I had to take time to pray.

In the Sermon on The Mount, the greatest message ever preached, Jesus tells us: *"Ask, and it will be given to you; seek, and you will find; knock, and it will be opened to you."* Matthew 7:7

Notice what happens if you take the three imperatives in this verse---ask, seek, and knock--and put them underneath each other.

A sk
S eek
K nock

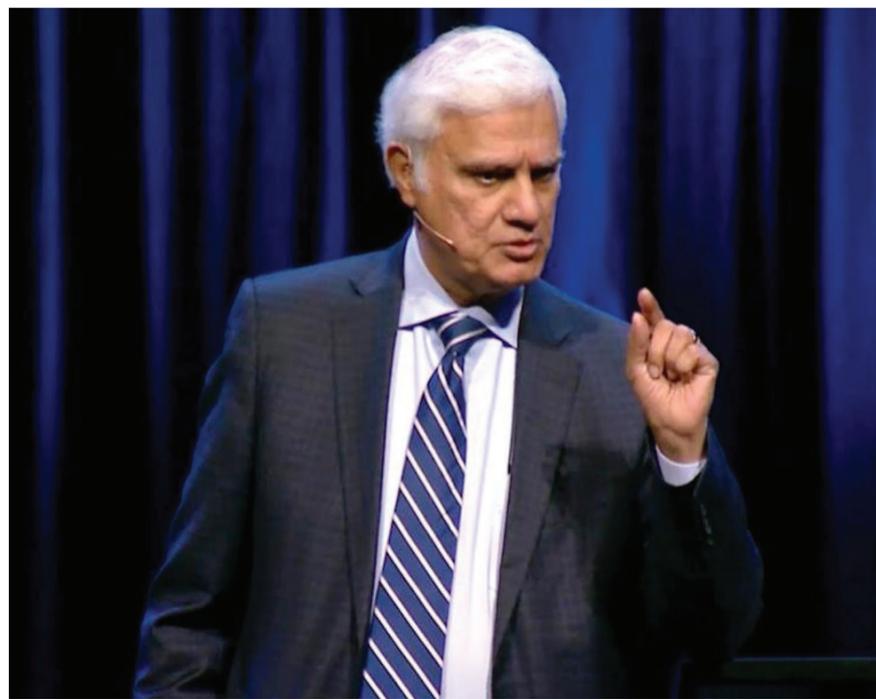
This is what Jesus is talking about here. He so wants us to come to Him and simply...ASK. Keep bringing prayers to your Heavenly Father! The throne I heaven is not empty. God is there, seated and in control. He is an awesome, an almighty God, and your prayers link you to Him.

All you have to do is humbly, and sincerely ASK!



Martha M. Pierce

LEARNING FROM THE DEATH AND ALLEGATIONS OF RAVI ZACHARIAS



Perhaps you are familiar with the ministry of Dr. Ravi Zacharias. My first encounter with him was as a college student. I listened to him give a campus wide lecture on apologetics; I don't think I even know what the word "apologetics" meant, but my first impression was that this was a man who not only cared deeply for defending the Christian faith against those who reject it with harsh accusations, but a man who also loved people pastorally. Not long after that, I discovered his radio program. I was greatly impacted by many things he said. When he died recently, it felt like Christianity had lost a giant of the faith.

After Ravi Zacharias' death last year, hidden activities manifested themselves publicly. Even more recently than those first accusations, evidence has come to light of abuse, sexual misconduct, and allegations of rape. As these horrific events continue be revealed, perhaps we can take a moment to step back and think through what has happening and what is happening.

First, I like to think of the good. As a Christian, I should be slow to judge, quick to be patient, and always steadfast to offer love and forgiveness. Ravi Zacharias said many profound things that God used to mold the minds of believers and bring many people to faith. We should be happy

in that. We should also applaud what God has done, not man.

But we should also be concerned and sad that Ravi Zacharias' deeds did not live up to his words. When Christian leaders fall, and indeed it happens all too often, the culture around us tends to surmise that Christianity is either not true, or full of hypocrites. When words and deeds do not match, the gospel is mocked, and the church – the bride of Christ – is harmed.

Even after all of this, we should not be surprised about the ugliness of sin and how it corrupts everything. The Bible tells us things like this will happen. These shocking discoveries about Ravi Zacharias' ministry are sobering because no Christian is immune to the effects of sin. Scripture is clear that there are preachers who serve their own bellies (Rom 16:18), leaders who are morally and spiritually unfit for their positions (Tit 1:16), and religious people who say they know God, but actually do not (Matt 15:8).

Scripture is clear that sin's aim is to harm, divide, and destroy. Christians are the targets of Satan's arrows. Church's leaders are not safe from the trap of sin and deal with the consequences of sin just as we all do. But the wonderful news it this: we do not follow church leaders, pastors, and priests – we follow Jesus! God is faithful to forgive us and cleanse us from all unrighteousness when we confess our sin, therefore, we must fix our hope on Him. In response to God's mercy and grace, we must put away the original sin that remains in us, until God once and for all puts away the sin that he has already conquered on the cross. 2 Corinthians 13:5 reminds us, "Examine yourselves, to see whether you are in the faith; test yourselves. Do you not realize that Christ Jesus is in you—unless of course, you fail the test?"

What will Jesus say to Ravi Zacharias on the day of judgment? Will he say "Well done good and faithful servant?" or will he say "Depart from me, for I never knew you?" The answer is not for us to know now, for Christ is the judge; and not only is he the judge of the dead, but the living. What has happened should make us learn something; if nothing else that life is messy, people are not perfect, sin is real, and that we must put our faith in Christ, not people.



Will Matthews

Peace & quiet

Why less noise might help our ears but not our hearts or brains

Laura Williamson
American Heart Association News

Jack hammers. Buzz saws. Screaming toddlers. Barking dogs. Horns blaring from incessant traffic jams. Any of these can set nerves on edge, especially if you are subjected to the noise for hours, days or weeks on end.

It's more than aggravating. Studies show noise-generated stress is bad for the heart and brain. But pandemic-induced shutdowns and social distancing have led to substantially less noise generated by human activity over the past year, and researchers are looking at whether that could translate into human health benefits.

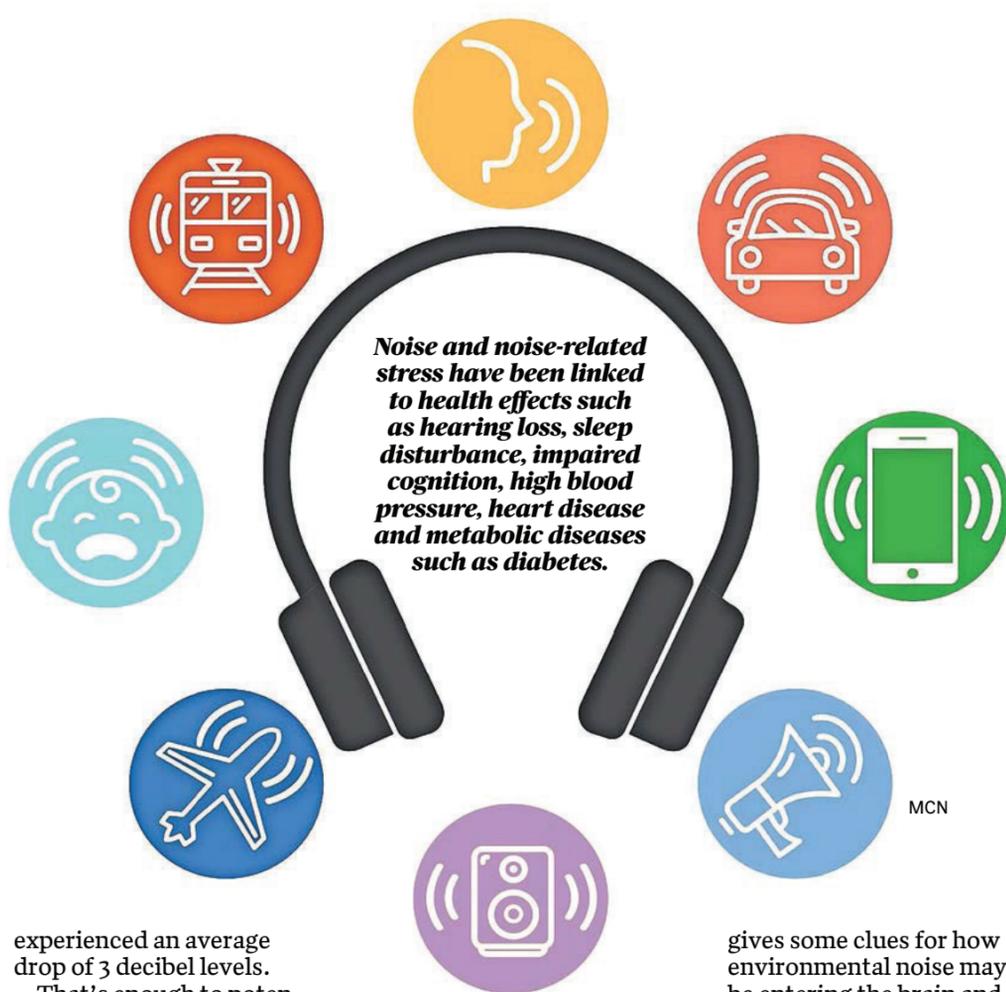
"We know that stress in a variety of forms is unhealthy. Noise is a type of stress we all encounter in our daily lives," said Dr. Michael Osborne, a cardiologist at Boston's Massachusetts General Hospital who has studied how noise enters the brain and harms the body.

Noise and noise-related stress have been linked

to health effects such as hearing loss, sleep disturbance, impaired cognition, high blood pressure, heart disease and metabolic diseases such as diabetes. A 2011 report from the World Health Organization estimated noise pollution in Western Europe annually robs people of more than 1 million healthy life years.

But over the past year, pandemic-related shutdowns, fewer people working outside the home and social distancing have greatly reduced human activity, lowering noise patterns across the globe. One study in the journal *Science* found shutdowns between March and May of 2020 cut the noise generated by human activity in half, resulting in the "longest and most coherent global seismic noise reduction in recorded history."

An ongoing study in all 50 states uses smartwatch monitors to track noise exposure. Initial data gathered during shutdowns last spring in California, Texas, New York and Florida showed a halving of environmental noise pollution in these states. Researchers found study participants



experienced an average drop of 3 decibel levels.

That's enough to potentially reduce adverse health impacts, such as hearing loss, said the study's lead investigator Richard Neitzel, an associate professor of environmental health sciences at the University of Michigan in Ann Arbor.

For every 3-decibel rise in noise exposure, the risk for hearing loss increases substantially, Neitzel said. "If we can keep noise at a conversation level, below a daily average of 70 decibels, we can completely eliminate noise-induced hearing loss."

To determine how the drop in environmental noise may be affecting people, Neitzel and his team are asking participants to take regular hearing tests on their smartphones for

an analysis they expect to do later this year. They're also collecting data on heart rates and self-reported stress levels.

The benefits of better hearing could extend well beyond the ears.

A *Lancet* Commission report on dementia prevention notes hearing loss in midlife is one of the largest modifiable risk factors. Last summer, a study published in *Alzheimer's & Dementia* found just 10 decibels of additional neighborhood noise is associated with a 36% higher risk for mild cognitive impairment and a 29% higher risk for Alzheimer's disease.

Osborne's research

gives some clues for how environmental noise may be entering the brain and hurting the body: He found high levels activate the amygdala, a part of the brain involved in processing stress. High levels of activity in the amygdala were associated with an increase in inflammation.

While a quieter environment may result in some benefits, Osborne said other stressors associated with the pandemic could wipe out any health gains.

"It's the sum of the stress we are facing that impacts us," Osborne said.

That doesn't mean the damage can't be reversed, especially if people find ways to cope with added stresses, he said Osborne, who is studying whether mindfulness training might reduce disease.

HEALTH MATTERS

CONDITIONS 101

What causes insomnia, and what can one do about it?

Insomnia is a sleep disorder that can make it hard to fall asleep or stay asleep, or cause one to wake up too early and not be able to get back to sleep. Those with insomnia may still feel tired when they wake up. The condition can negatively affect health, energy level, mood, work performance and quality of life.

According to the Mayo Clinic, common causes of chronic insomnia include:

- Stress.
- Travel or work schedule.
- Poor sleep habits.
- Eating too much late in the evening.

- Mental health disorders.
- Medications.

Medical conditions including chronic pain, cancer, diabetes, heart disease, asthma, gastroesophageal reflux disease (GERD), overactive thyroid, Parkinson's disease and Alzheimer's disease.

- Sleep-related disorders like sleep apnea or restless legs syndrome.

- Drinking caffeine, nicotine or alcohol late afternoon or evening.

The following healthy sleep habits can help prevent insomnia:

- Maintain a consistent bedtime and wake-up time every day (yes, weekends, too).
- Engage in regular physical activity, which helps promote a good night's sleep.
- Check the side effects of medications you're taking — they may be



contributing to insomnia.

- Try not to nap during the day.
- Avoid or limit caffeine and alcohol.
- Do not use nicotine.
- Do not consume large meals or beverages before bedtime.
- Develop bedtime rituals that help you relax.

NUTRITION STATION

Want to be healthy? Avoid pressed juices

Though they may seem healthy, some beverages are deceptively sugary.

Juice has to be healthy, right? After all, it comes from fruits and vegetables! Unfortunately, pressed juice — often touted as healthy or helpful for weight-loss — can contain between 20 to 23 grams of sugar in a single cup and very little fiber, according to *Eat This, Not That*. In addition, those who drink pressed juices frequently are at higher a risk of developing fatty liver disease, heart disease and diabetes.

HEALTH STAT

95

According to the CDC, in lab tests, exposure to potentially infectious aerosols decreased by about 95% when people wore tightly fitted masks.

More Content Now

TODAY'S WORKOUT

Single leg teaser works abdominals

Marlo Alleva
More Content Now
USA TODAY NETWORK

Everyone is on different levels when it comes to fitness. Many are just starting out, so their levels will be less intense and more focused on basic moves. Then there are those who are more seasoned, and need a little more intensity to keep the body ever changing for the good.

Luckily, most every fitness move and exercise has different variations to fit each individual. And many of those variations are simply by adding a lifted leg, arm, or position change.

Our move today is a single leg teaser. This exercise will be working your abdominals, but you will also be putting your balance to the test. All you need for this exercise is a flat surface.

Begin this move by lying on your back. Bend in the knees and placing both feet flat on the ground. Press your back into the floor by rotating in your hips and engaging your abdominals. Keeping your chest tall and a space in between your chin and chest, you will extend both arms straight up into the air over your chest.

Finding your center of gravity, lift and straighten one leg directly out from your body. And now, you are



Marlo Alleva demonstrates a single leg teaser. [ERNST PETERS/THE LEDGER]

ready to get moving.

Proceed to lift your upper body off the floor by contracting deeply in your midsection. Use your arms to reach high above you, and lift your extended leg at the same time. Focus on reaching for your toe.

Once you reach your deepest contraction and farthest reach, return to your starting point. Keeping a steady tempo with this exercise, continue into your next repetition immediately.

Keep your first set on the same leg. Taking a small break, continue in your next set, with the opposite leg extended.

Give yourself at least two or three sets on each

side. Aim for at least 10 repetitions per set.

This single leg teaser is similar to a basic crunch, but slightly intensified with the lifted leg and arms. If at any time you have discomfort while your leg is lifted, place it back on the ground and continue with your lifted arms.

This abdominal exercise is simple enough to perform anywhere, and great added into any abdominal routine.

Marlo Alleva, an instructor at Gold's Gym and group fitness coordinator at Fontaine-Gills YMCA in Lakeland, Florida, can be reached at faluvzpa@msn.com.

FLEUR DE LOLLY

Aha! Ahi

Turning tuna into a delicious, healthy meal

Laura Tolbert
More Content Now
USA TODAY NETWORK

When I see ahi tuna on a menu, I almost always order it. For years, I had pondered the idea of attempting to prepare it at home. Let me say, “If I can, YOU can.”

This was a delicious meal — and a healthy one as well. Remove the tuna about 15 minutes before cooking. This will eliminate the refrigerator chill and will help to get the quick sear that you want.

When you slice into this beautiful fish, you want to see that deep rosy color.

Seared Ahi Tuna

- 4 (5 oz.) ahi tuna filets
- 1 tablespoon sesame oil
- 1 tablespoon black sesame seeds
- 1 tablespoon white sesame seeds
- 1 teaspoon ground ginger
- 1 teaspoon salt
- 1 teaspoon freshly ground black pepper

Rinse tuna filets and pat dry with paper towels. Drizzle with sesame oil on all sides. Set aside.

In a shallow plate, mix together the remaining ingredients. Press tuna filets

into the sesame seed mixture, one at a time, being careful to thoroughly coat each side.

Heat a medium skillet over high heat. Using tongs, sear each side of the tuna filet for a total of 1 ½ minutes until well seared on all sides (including the edges). Remove from skillet and continue to sear each piece individually.

For the spicy sauce:

- 3 tablespoons hoisin sauce
- 1 ½ tablespoons soy sauce
- 2 teaspoons chili paste
- 1 teaspoon sesame oil

In a small bowl, whisk together ingredients.

Plate the seared tuna over a crunchy salad. (I love the Dole Sesame Asian Salad Kit. Prepare the salad as directed.) Drizzle the spicy sauce over the tuna and serve immediately.

Tuna Rilette

Rillettes are similar in texture to pâté and originally made with pork. The meat is cubed or chopped, salted heavily and simmered in fat until it is tender enough to be easily shredded. At that point, the mixture is cooled with enough fat to form a paste.

Rillettes also can be made with other meats, such as goose,



Seared Ahi Tuna [PHOTOS BY LAURA TOLBERT]

duck, chicken, game birds, rabbits and sometimes fish such as anchovies, tuna or salmon.

Here’s my adaptation of Dorie Greenspan’s “Around My French Table” recipe.

- 2 (6 oz.) cans tuna, drained (packed in oil, not water)
- 2 to 3 tablespoons heavy cream
- 1 shallot, peeled and thinly sliced
- ½ teaspoon curry powder
- Salt and pepper to taste
- A squeeze of lime

Purée in a small food processor until smooth. Refrigerate until ready to serve. Spread on bread or toast and serve at room temperature.

Tuna Crostini

If you’re having friends over and need a little something



If you’re having friends over and need a little something to whet your appetite for dinner, you’ll love Tuna Crostini.

to whet your appetite for dinner, you’ll love these. For a tuna salad twist, add a finely chopped boiled egg.

- 1 baguette
- 2 (6-oz.) cans of white meat tuna packed in water, drained
- ¼ cup capers, rinsed and drained
- 1 large shallot, minced
- 1/3 cup extra-virgin olive oil

- 3 tablespoons fresh lemon juice
- 2 tablespoons chopped fresh parsley leaves
- Sea salt and freshly ground black pepper to taste
- 1 to 2 teaspoons lemon zest

Preheat oven to 350 degrees. Slice baguette into ½-inch thick slices and place on a baking sheet. Bake until toasted and golden, about 5 to 10 minutes.

Combine all remaining ingredients in a mixing bowl and mix thoroughly. Top each toasted baguette slice with about 1 tablespoon of the tuna mixture.

Laura Tolbert, also known as Fleur de Lolly, is at fleurdelolly.blogspot.com, facebook.com/fleurdelolly.5, on Instagram and fleurdelolly@yahoo.com.

FOOD FOR THOUGHT

TIP OF THE WEEK
How to select the best produce

While we all know vegetables are important to a healthy diet, selecting the best produce at the grocery store or market can be tough at times.

Here is a guide to help you pick the best produce, according to TheKitchn.com:

Artichokes: Choose globes that have tight leaves and feel heavy for their size. The leaves should squeak when pressed against each other.

Asparagus: Choose firm, smooth and brightly colored stalks with compact tips. Choose stalks of equal thickness to ensure even cooking times.

Avocados: Choose avocados that feel slightly soft to the touch. Firmer avocados may be ripened at home, but avoid rock-hard ones. Also avoid avocados with cracks or dents.

Brussels sprouts: Choose firm, compact, bright green heads. Avoid sprouts with wilted or loose outer leaves.

Corn: Choose corn with bright green husks and moist but not slimy silk. Peel back the husk to ensure the kernels are plump and not dry.

Eggplants: Choose eggplants that have smooth, naturally shiny skin and feel heavy for their size.

When gently pressed, flesh that gives slightly and then bounces back indicates ripeness.

Garlic: Choose firm, plump heads. Avoid



[PHOTO BY CHALLIYAN, VIA WIKIMEDIA COMMONS]

heads with soft spots or green sprouts.

Green beans: Choose slender beans that snap rather than bend. Avoid bulging or dried pods.

Tomatoes: Choose tomatoes that are fragrant, smell earthy at the stem end, and feel heavy for their size. Avoid tomatoes with wrinkled skins.

Winter squash: Choose squash that have stems intact and feel heavy for their size.

Avoid squash with cuts or soft spots.

DRINK

New studies say coffee is good for your heart

Drinking one or more cups of caffeinated coffee daily could lower your risk for heart failure, according to recent research analysis.

Two studies found a decrease in risk of 5% to 12% per cup consumed daily, compared with no coffee consumption.

FUN FACT

We love peanut butter

Americans consume around 500 million pounds of peanut butter each year.

More Content Now

Ranking the top 10 cold-weather comfort foods

Addie Broyles

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USA TODAY NETWORK

As I contemplated what I wanted to make during a cold snap, I thought I’d compile some of my favorite cold dish recipes and rank them in a top 10.

Like every ranking, this one is entirely subjective, and it is highly influenced by the nostalgic foods of my youth, not to mention my current cooking preferences. Every fall and winter, I’ll make each of these dishes at least once, and certainly every time we get a big drop in temperatures.

10. Shrimp and grits

Creamy, buttery grits (or polenta) with garlicky shrimp makes for a stick-to-your-ribs dinner.

9. Red beans and rice

Without sauce, red beans and rice is just an OK side dish, but once you add slices of kielbasa or other smoked sausage, it transforms into a rich (and easy and not too expensive) dish worth sharing.

8. Risotto

Once I figured out how to make risotto in the Instant Pot, I stopped fearing this notoriously fussy Italian rice dish.

7. Lasagna

There’s no need to boil lasagna noodles when

making lasagna, but on a cold day, sometimes it’s nice to bring a big pot of water to boil on the stove anyway. There are about a million ways to make lasagna, but it takes so long to bake in the oven, it’s perfect for a day when it’s cold and gray outside.

6. Shepherd’s pie

Mashed potatoes, by themselves, a dinner do not make, but throw a little chili, chicken noodles or other stewed concoction in a baking dish and top with mashed potatoes? That’s comfort food, squared.

5. Chicken pot pie

Some people might argue that shepherd’s pie and chicken pot pie are too alike to each get their own ranking, but I disagree. Make a chicken or vegetable stew, mix in a little flour, pour into a baking dish and top with pie crust. (I keep store-bought crusts around for this purpose.) Bake at 400 degrees for 25 minutes, and you’ll serve a piping hot dinner that’s better than anything from the frozen section of the grocery store.

4. Chili

My kids like to eat it with macaroni, but I prefer Fritos, avocado, sour cream and cilantro. The key is heavy chili powder and a few dashes of garam masala. I also like the combo of ground beef,

pork, black beans, kidney beans and sweet potatoes, but that’s just me.

3. Chicken tortilla soup

Chicken tortilla soup has easily replaced chicken noodle soup in our house. The tortilla chips have something to do with that, but mostly, it’s the hefty dose of lime juice. The acid from the citrus balances the richness of the stock to create a bright, hearty dinner that will cure what ails you.

2. Pozole

I like pozole just a hint more than tortilla soup because the large pieces of hominy make it even more filling, plus the leftovers keep a little better.

1. Chicken and dumplings

My No. 1 comfort food is entirely based on nostalgia and the fact that my grandmother really did make the best chicken and dumplings I’ve ever had. I’ve been trying to perfect her thick, hand-cut egg noodles over the years, but even when I don’t come close, I still feel the most comforted when I eat this dish.

And because I can’t get enough carbs when it’s cold, I insist on eating those fluffy dumplings with saltine crackers.

(This story originally published during a cold spell in 2019.)

EDUCATION

Silent and Isolated?



by University of Mount Olive Psychology Department Chair Natalie Kemp, MA, LPA

How was your day son?

Silent.

What do you mean?

Mom, I can only see half the kids in my class that also have a last name at the end of the alphabet like me because they cut all our classes in half. The people who have been my friends for years go on opposite days of me so I can only communicate with them on my phone. Of course, when I try to use my phone, an adult yells at me and says I am so disconnected and should put my phone away. Right now, it really is my only lifeline. Anyway, when we get to school, everyone is wearing a mask and sitting at least six feet away from each other- even at lunch. So, it is awkward and silent most of the day. How about you? Looks like you changed up the yoga pants and sweatshirt today. How was work?

Yeah, I guess I sort of miss getting dressed up for work. There doesn't seem to be much of a point as I am here working at the kitchen table all day now since my company had us start working remote back in March. Now, they realize that they are saving a lot of money on overhead so, I am not sure if we will ever go back. My day is pretty silent too and I never realized how much I would miss talking to my friend in the cubicle next to me in between phone calls, or going out to lunch with my coworkers and hearing about their lives. We text a little now and then, but it is just not the same. I really do feel disconnected and isolated too I guess.

Unfortunately, this scenario is all too true in our society today. As strict COVID 19 regulations have been enforced, many people are feeling more and more isolated, and this isolation is leading us down a dangerous path to a major mental health crisis. It has been reported that referrals for mental issues are on the rise and even pediatricians are having a hard time



keeping up with the demand. Children will often express their stress in physical ways such as frequent headaches, stomach pains and sleep disturbances. Some of these psychosomatic symptoms are cries for help and attention in a world that has become quite silent and isolated. Many counties in NC have not returned to school, but those that have look much different this year. Here are five productive ways to help combat that silence and isolation for your family:

1. Use social media in a productive way to reconnect with people you may not have seen in a long time. Don't settle for isolation! Sometimes it is easy to spend hours just scrolling through and looking at the lives of others. Instead of just peaking and comparing, send a message and ask how someone is doing. Start a real conversation and find out more about their lives. Decide to be the one to start that group chat with a few people you used to see regularly. Use this time to reconnect with childhood friends, high school buddies, or find that long lost college roommate that seemed to disappear after graduation. A positive word of encouragement may be just the thing that someone else needs to hear today.

2. Don't get comfortable hiding behind the mask. Just because everyone has to wear a mask, it should not be an excuse for not talking anymore. You can still strike up a conversation with the cashier at the store, the waitress at the restaurant, and the person that is six feet away from you at school. Students are getting too comfortable not talking in middle and high school and when asked to respond, they might say they are developing social anxiety because they are getting used to the silence. This is not the future we want for our kids! Encourage youth to physically speak to those around them and not be so comfortable to constantly retreat to their air pods and watching videos on their phones alone.

3. Don't forget to check up on the elderly and family members that live alone. Most people in nursing homes and assisted living facilities have been behind closed doors for almost a year now. Be creative in reaching out to them via FaceTime, phone calls and even snail mail. Kids can draw pictures or write cards and send them to loved ones as a physical reminder that they are loved and not forgotten. Remember those family members who have been spending holidays alone and create times that you can meet by video or send care packages to remind them that they are loved and not forgotten.

NC Public School Teachers Encouraged to Apply for Educator Discovery Awards



Program aims to give teachers more opportunities for professional development

RALEIGH: North Carolina public school teachers are encouraged to apply for awards to get additional training and experience. Governor Roy Cooper and the North Carolina Business Committee for Education are pleased to announce that educators can apply for the Governor's Educator Discovery Award which provides a stipend of up to \$1,000 for public school teachers to pursue professional development.

PreK-12 traditional public and public charter school teachers can use the award to attend a workshop or conference that deepens their subject area knowledge or contributes to their development as an educator. This will be the sixth round of teachers to receive the award and brings the total number of grants awarded to fifteen.

"Teachers are the most important factor in improving student success in our public schools," Governor Cooper said. "We want to give them more ways to get the training and professional development they need to support their students."

Teachers can apply for the award now with selections announced in late April. To be eligible for the Governor's Educator Discovery Awards, teachers should submit a proposal that includes details about their teaching experience and the professional development activity they wish to pursue. The next round of awards will open May 1 and the final round will open October 1.

To learn more about the Governor's Educator Discovery Awards or submit an application, click [HERE](#).

The most recent winners of the Governor's Educator Discovery Award are teachers from Guilford and Johnston counties: Manessa Green, an elementary AIG educator from Ronald E. MacNair Elementary School, used the grant to complete her National Board Certification; Suzanne Sweat, an AP English Language and Composition educator from Smithfield Selma High School, attended the Center for Educator Recruitment, Retention and Advancement teacher leadership workshop.

The Governor's Educator Discovery Awards are funded by member companies of the North Carolina Business Committee for Education (NCBCE).

"The Governor's Educator Discovery Award gives teachers the flexibility to choose professional development opportunities that will help them become better practitioners and inspire and support their students", said Lily Hester, NCBCE Chair. "NCBCE members know and strongly support the importance of professional development for teachers across our state, especially during this challenging time".

NCBCE operates out of the Office of the Governor as a non-partisan, business-led education non-profit. NCBCE has been providing the critical link between North Carolina Business leaders and the state's education decision-makers since 1983 through work-based learning opportunities, professional development opportunities, and North Carolinian's overall work readiness across the state.

4. Get out and exercise! The fresh air is so good and the sun is a natural source of vitamin D. Also, being outside is free and you don't need any fancy equipment. Go for a walk with a pet, do some gardening in your yard, or just sit and watch the birds fly from tree-to-tree. It is easy to get into a rut of binge watching your favorite shows, but this is not physically or mentally good for the long term. For example, exercise can have a positive impact on the serotonin levels in your brain. This increase in serotonin helps improve your mood and overall sense of well-being which leads to less depressive thoughts and constant worry. You can choose to get up and out to break that negative cycle that easily creeps in.

5. Think positive and don't give up hope! It is a natural cycle that our thoughts determine our actions. When our thoughts are full of stress, worry, and fear, our behavior will follow that path. Getting out of bed seems like a chore, connecting with people is uncomfortable, and thinking about the future seems overwhelming. Do not let yourself or those around you fall into that trap and cycle of negativity.




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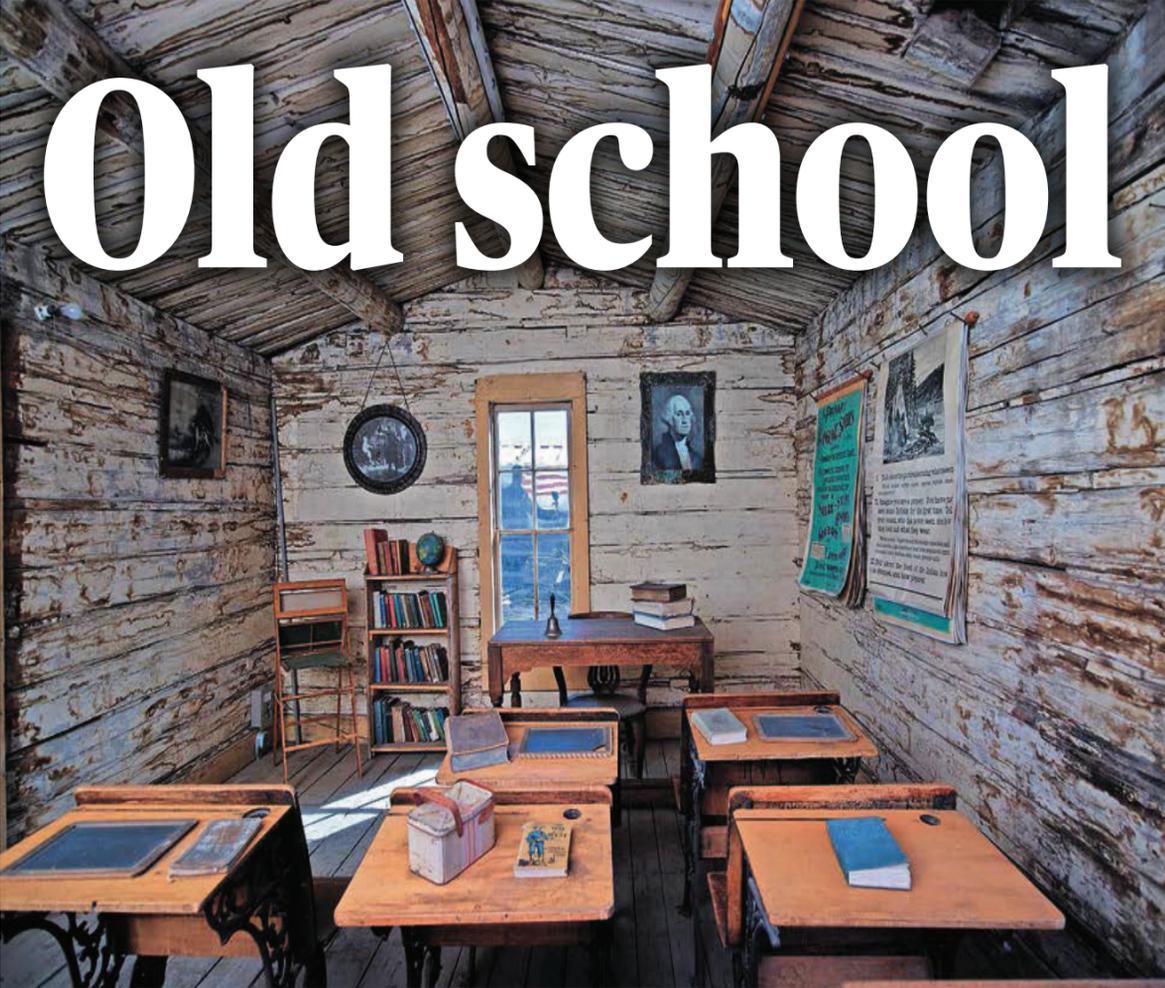
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WORD FIND

- | | |
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| Zoom | Class |
| Kids | Study |
| Education | Student |
| Boarding | Chalkboard |

P L D R A O B K L A H C N
 P L S I G Y O H O M E T K
 P E Q C J N L O G K S N X
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An 1890s one-room schoolhouse at the Old Trail Town living-history museum in Cody, Wyoming. [LIBRARY OF CONGRESS]

Erika Enigk

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 USA TODAY NETWORK

How does your school day go? Are you at home, learning on Zoom? Are you in your school building? Do you do homeschool with a parent? However you learn today, there are many ways kids in other times went about their school days.

The early days of education

Historically around the world, school was for rich families. Children who grew up in families without a lot of money didn't go to school at all. Many never learned to read. But in 1635, the first public school opened – the Boston Latin School in Massachusetts – and it still exists today!

Even when public schools made education possible for all families, girls didn't usually attend. Some adults thought girls should learn to read so they could read the Bible, but many girls were never taught to write. In 1727, the Catholic Ursuline Academy opened in New Orleans, providing the first school just for young women. It was also the first place Native Americans and Black girls could get an education.

One-room schoolhouses

In the early days of the United States, students from first through eighth grade studied together in one room. The youngest sat in the front and the oldest in the back, and one teacher would work with all of them. All of the students would help with chores like carrying coal or wood for the stove that kept everyone warm, or cleaning the chalkboard. Paper was expensive and hard to find, so students used tiny chalkboards, called slates, to do their work. These schoolhouses were usually found in rural areas (out in the country, not in cities) and would often be meeting places for people who lived in the town or even be where people gathered for church.

Boarding schools

Boarding schools aren't all that common in the United States now, but in other countries, many students go away from their homes and to schools where they live and study. In some places, they're schools where wealthy families send their children. In others, they're schools that educate students who might have a difficult time in traditional schools. There also are boarding schools for deaf students and blind students.

Activity: Word game

Circle which items you would have used in a one-room schoolhouse.

- | | |
|----------|------------------|
| Oil lamp | Dry-erase marker |
| Chalk | Pillow |
| Computer | Wood |
| Book | |

Correct answers: Oil lamp, chalk, book, wood

Homeschooling

A lot of kids are home-schooled these days, and centuries ago, it was what almost everyone did. You might have noticed by now that people with a lot of money usually got a better education than people without it, and homeschooling was the same. Wealthy people would hire private tutors for their children. But homeschooling was also a way to pass cultural and family traditions from parents to children. Some people didn't like the idea of a law making them send their children to school, some homeschooling was a nice option for them. Many families have chosen to keep their kids home from public school, so maybe you're one who gets educated at home today!

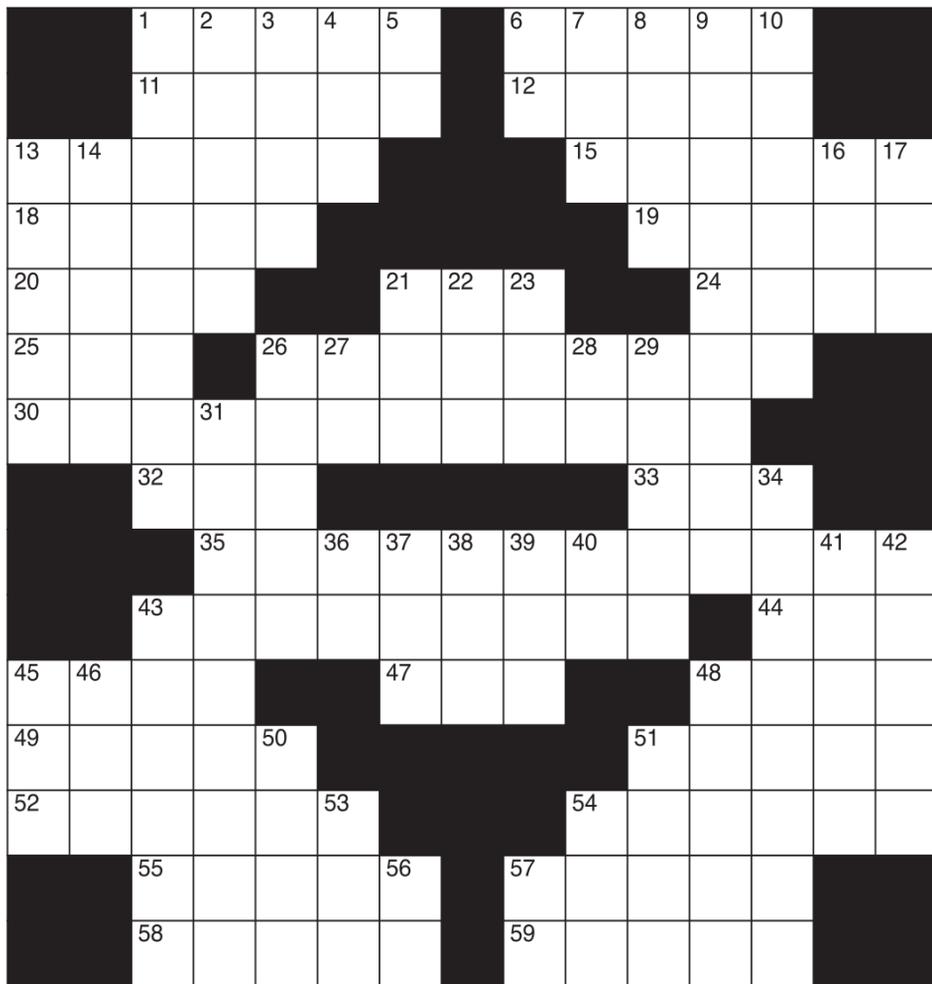
ANGELS FROM THE ATTIC By Mark Marderosian

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PUZZLES

Crossword Puzzle



CLUES ACROSS

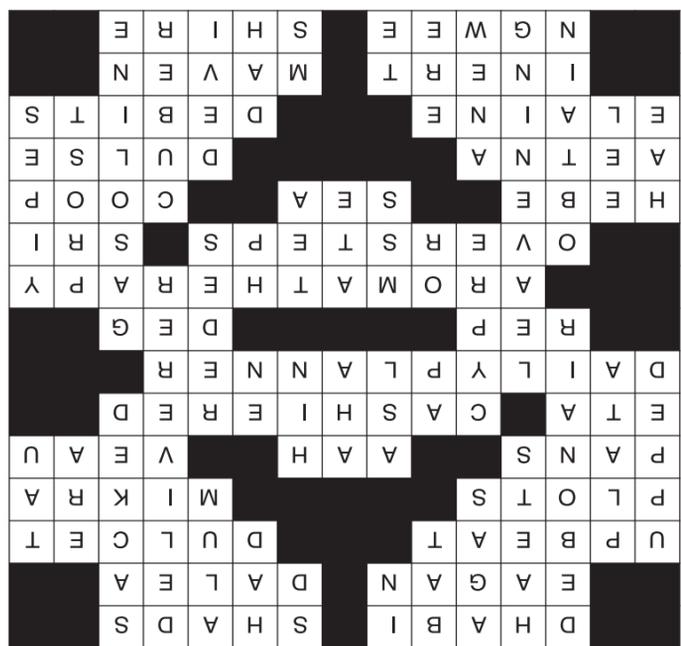
- 1. Abu __, U.A.E. capital
- 6. Herring-like fishes
- 11. 55120 MN
- 12. Indigo bush
- 13. Pollyanna-ish
- 15. Pleasing to the ear
- 18. Parcels of land
- 19. Microns (alt. sp.)
- 20. Cooking containers
- 21. Express pleasure
- 24. Meat from a calf (alt.)
- 25. 7th Greek letter
- 26. Operated the sales register
- 30. Blueprint for the day
- 32. Congressperson (abbr.)
- 33. Angle (abbr.)
- 35. Fragrant health promotion
- 43. Trespasses
- 44. __ Lanka
- 45. Wife of Hercules
- 47. A large body of water
- 48. Chicken house
- 49. Sicilian volcano
- 51. Coarse edible red seaweed
- 52. __ May, actress
- 54. Opposites of credits
- 55. Unable to move
- 57. Someone who is highly skilled
- 58. 100 = 1 kwacha
- 59. "Rocky" star Talia

games

- 5. Not out
- 6. South Dakota
- 7. Possessed
- 8. Grad
- 9. UPS driver
- 10. Fired
- 13. In a way, augmented
- 14. River in SE S. Am.
- 16. Division of geological time
- 17. Follows sigma
- 21. Sign language
- 22. Expression of surprise
- 23. Hull Identification Number
- 26. Salmwood
- 27. Associated Press
- 28. Half of an em
- 29. Networks in Spanish
- 31. Dough fermenting agent
- 34. Auto fuel
- 36. An alternative
- 37. Manuscripts (abbr.)
- 38. Digested
- 39. Darjeeling or green
- 40. Horsepower
- 41. 1985 Formula 1 champion
- 42. Expression of alarm
- 43. Gain possession
- 45. Own (Scottish)
- 46. Snake-like fish
- 48. Dicer
- 50. Afresh
- 51. Hindu mother goddess
- 53. Before
- 54. Code for dash
- 56. Atomic #52
- 57. Millisecond

CLUES DOWN

- 1. Having a sophisticated charm
- 2. Minute amounts (Scot.)
- 3. Turkish leader's title
- 4. Used for hitting the ball in various

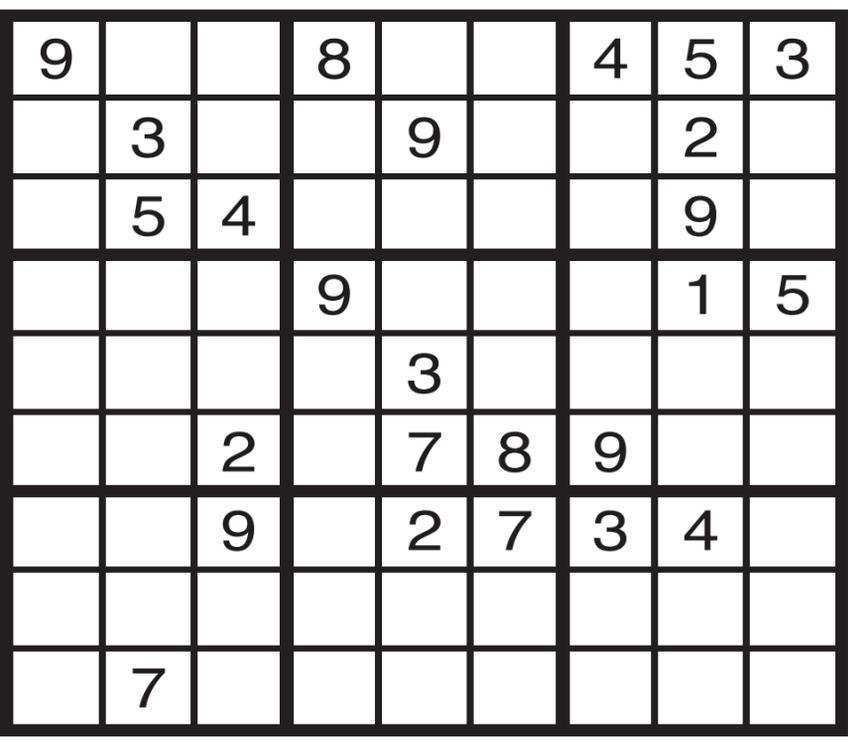


PUZZLE SOLUTION

SUDOKU

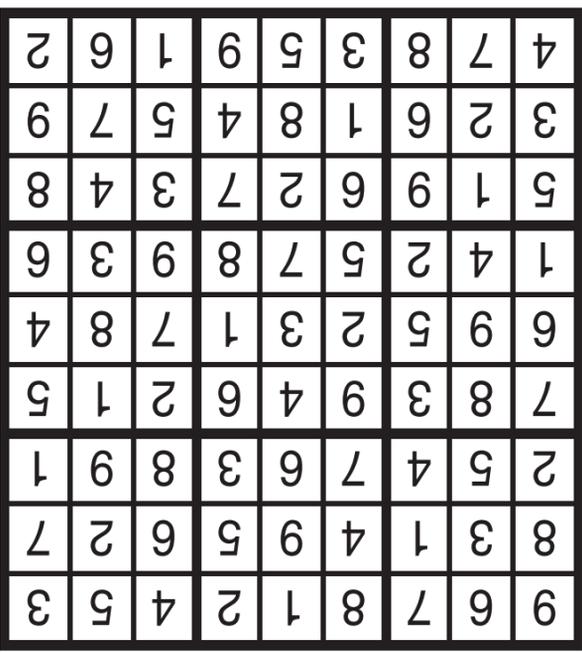
Fun By The Numbers

Like puzzles? Then you'll love sudoku. This mind-bending puzzle will have you hooked from the moment you square off, so sharpen your pencil and put your sudoku savvy to the test.



Here's How It Works:

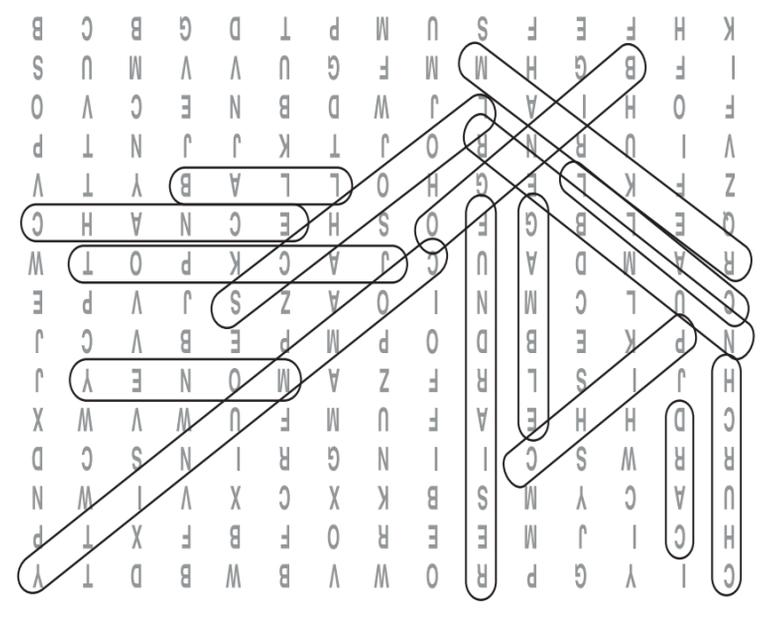
Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!



Word Search



- ball
- card
- church
- gamble
- money
- bingo
- chance
- community
- jackpot
- number
- call
- chip
- fundraiser
- marker
- school



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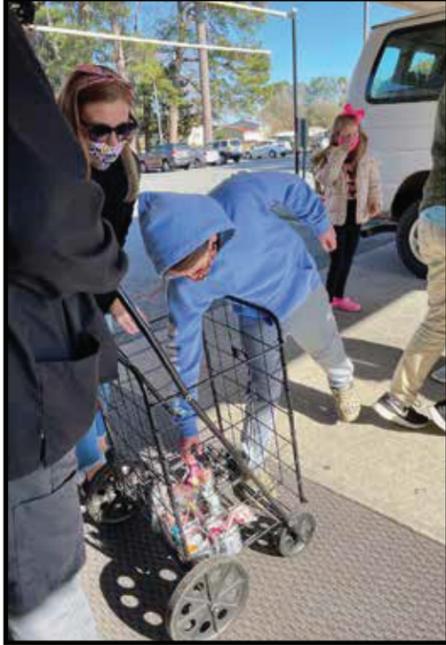


MATTHEWS



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RISE UP - REMEMBER 2021



Kids Doing Good Deeds in Sampson County!

January 2021

Dear Friends,

Tim's Gift Inc. excitedly shares the good news that "yes, Lord... we are planning a 'Rise Up' this year to glorify You and help your children"! Hopefully, individuals, families, churches, businesses, and organizations will commit to helping spread love and good deeds across Sampson and beyond! Can God bless, protect, and enlarge our territories as we 'RISE UP' and reach out to help people in need? Yes, He can!

Tim's Gift 10th Anniversary Rise Up is being planned, with serving the Lord and safety for all top priorities! Rise Up - Remember 2021 can bring revival through serving and praising God all over Sampson County. Rise Up - Remember gives all people - young and old - opportunities to be involved as we REMEMBER the great commission and share deeds of kindness from one end of Sampson to the other. Can we make a positive difference in peoples' lives and honor God by being Good Samaritans? Yes, we can!!

Please help us share about Rise Up - Remember! Encourage and remind church members, employees, family members, associates, to participate. Together, we can reach thousands in need of a good deed. Glorifying God in every deed done will magnify the blessings of doing!

The Lord blesses the deeds and doers! So, can we do one good deed - before March 21st - or commit to one good deed a day to keep the enemy away? Yes, we can Lord!

Email good deeds daily or weekly to RISEUPTIMSGIFT@GMAIL.COM!

Youth groups meeting virtually send individual emails or send to your leader who will submit as a group. Groups that meet on Sunday night at your churches will receive a meal from Tim's Gift and Dominos to enjoy while watching Rise Up - Remember. Mt. Vernon will host the event. Outstanding Youth Group and Good Samaritan Trophies will be presented during broadcast.

Please call Tim's Gift (592-1126) for details, while getting a head start on sharing the love of Jesus doing GOOD DEEDS every day! Please participate and pray for Rise Up 2021! Do good deeds individually, as a family, church, business, school, civic organization, or YOUTH GROUPS! Write about your good deed/project. Mail to Tim's Gift, or EMAIL YOUR GOOD DEED(S) TO: RISEUPTIMSGIFT@GMAIL.COM Please include your name, email, and phone#!

Thank you for standing strong together as soldiers of the cross, RISING UP and REMEMBERING God's people in need of a helping hand (cleaning yards, shop for shut ins, do errands, call to check on, pay a bill, send a card, share a Valentine surprise, pray with, deliver a meal, volunteer, support local charities, drive to dr. apt., leave canned food on porches, give gift certificates, etc.! Let's PRAY God will send needed deeds for us to do along our way, as He did the Good Samaritan, one deed or better yet... one a day!

In His Love,
Becky, Jennifer, Diane, & Tim's Gift Board of Directors



Email Us At:
RISEUPTIMSGIFT@GMAIL.COM

...by God's Grace

By God's Grace, we are living in a season when serving Christ means rising up to challenges we've never faced as Christians. Can anyone remember a time when some churches closed for months, masks were required in public, social distancing was a must, being quarantined, censoring speech, and God's Word and way endangered? "NO"!

What then can we do to stand up and let our voices be heard...like the shot heard around the world? We can RISE UP with reason to be revived, renewed, and remember... in giving we receive! Last fall, we cancelled Tim's Gift Rise Up for 2021 due to Covid. God convicted my heart after Christmas - while quarantining for two weeks - with a troubling question, "Are my people going to cancel everything?" "NO"!

The letter on this page explains how Tim's Gift 10th Anniversary Rise Up is being planned, with serving the Lord and safety top priorities! Rise Up - Remember

2021 will be like a revival with good deeds, projects, and praising God happening all over Sampson County. Rise Up - Remember gives all people - young and old - opportunities to be involved as we REMEMBER to do things for people in need. Can we make a positive difference and help people? "YES"!

Stay tuned for more information, while getting a head start on sharing the love of Jesus doing GOOD DEEDS - Sampson together Strong! Please get on board and pray for Rise Up 2021 to be a light shining in Sampson seen around the world! Do good deeds individually, as a family, church, business, school, civic organization, and YOUTH GROUPS! Write about your good deed/project and send or drop off at Tim's Gift or EMAIL YOUR GOOD DEED(S) TO: RISEUPTIMSGIFT@GMAIL.COM or mail to Tim's Gift! Include name, email, and phone#!

~ In His love, Becky

OBITUARIES



CLINTON
Eloise Annette Brooks Anders 82 of 1377 West Darden Rd. died Friday February the 12th 2021 at her home. Annette was born in 1938 in Watson Louisiana to the late Harvey and Alice Wesley Muse. Annette moved to North Carolina in 2014 to be with her son and daughter law. She was a Ray to Sunshine to her family and friends and she would be greatly missed. Celebration of Life Service for Annette will be held at a later date. Annette least to cherish her memories is her husband, Bernice Anders of the home, her sons Les Brooks wife Angie of Dunn North Carolina. Larry Brooks of Dunn North Carolina, Stepdaughter Kay Sessoms husband Walter Roseboro North Carolina. 4 Grandchildren Great Grandchildren and two step grandchildren.

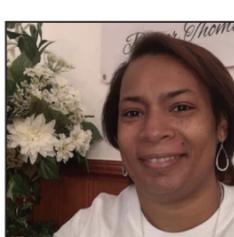


CLINTON
Robin Ann Barcomb of 503 Park Ave Clinton died Tuesday February the 16th 2021 peacefully with her family present. The family has no service planned at this time. The Barcomb and Stewart Family has entrusted Service to Hope Valley Hawkins Funeral Service and Cremation 1246 Hobbton Hwy Clinton NC.



CLINTON
Mattie Boone, May 25, 1935 ~ February 16, 2021 (age 85), 270 Bernice Rd. Clinton, N.C. died Tuesday 2/16/21 at Rex Hospital, Raleigh, N.C. Graveside Services will be Saturday 2/20/21 at 1 pm, Sandhill Cemetery, Clinton, N.C. Public walk through visitation 12 noon until 12:45, Butler & Son Funeral Services, Clinton, N.C. Mask are required for the visitation and graveside services. Live-streaming on Butler & Son Facebook page at 1pm.

CLINTON
Angela Bowden, November 18, 1975 ~ February 13, 2021 (age 45) of 625 Sanders St, Clinton, NC died Saturday, February 13, 2021 at Wayne Memorial Hospital in Goldsboro, NC. Graveside Service was Friday, February 19, 2021 at 1 pm at Running Branch DOC Cemetery in Clinton, NC. There will be no public viewing. Masks are required to attend Graveside Service. Service will be live-streamed through Butler & Son Funeral Home Facebook page. Butler & Son Funeral Services Clinton, NC.



SALEMBURG
Joyce Ann Boykin 71 passed away on Wednesday, February 10, 2021 at Cape Fear Valley Medical Center in Fayetteville. Joyce was born April 18, 1949 in Bladen County to the late Handy and Zadie Mae Williams. She grew up in Sampson County and attended Charles E. Perry High School. She joined Mingle Hill Disciples of Christ Church at a young age, where she was a faithful member of the choir. Joyce was affectionately known in the neighborhood as Ma Joyce and Grandma Joyce. She enjoyed singing, dancing and more than anything, she loved to cook. Joyce made sure that everyone who entered her house left with a full stomach. Joyce's kitchen will surely be missed. Joyce was preceded in death by a son, Tyrone Williams, two sisters and six brothers. Joyce leaves to cherish precious memories: One son, Berland Boykin of Columbia, SC; two daughters, Rose Mary Newton and Tiffany Boykin of Salemburg, NC, a host of grandchildren, great-grandchildren. One sister, Delois (James) Burney of Clinton, NC; Two brothers, Jimmie (Betty) Williams of Salemburg, NC, Oscar (Evelyn) Williams of Roseboro, NC, a host of nieces, nephews and cousins. She also leaves a special friend, James Howard. Homegoing services was held at 12:00 pm on Saturday, February 13, 2021 at Hope Valley Hawkins Funeral Chapel, 1246 Hobbton Hwy. Clinton, burial will follow in the Howard Cemetery in Salemburg. A walk thru was held on Friday, February 12, 2021 at Hope Valley Hawkins Funeral Service, 1246 Hobbton Hwy. Clinton from 2:00 pm - 5:00 pm with family present from 5:00 pm - 6:00 pm.



NEWTON GROVE
Sudie T. Britt passed away peacefully in her sleep Wednesday February 10, 2021 at her home in Newton Grove, N.C. following several years of declining health. Sudie was born to the late Benjamin and Hattie Tart of Newton Grove on February 22, 1925. She is preceded in death by her husband of 62 years

James (Jimmy) H. Britt, Jr., who she wed on February 8, 1947. She joyfully celebrated their anniversary date just two days prior to her death, and twelve days before her ninety-sixth birthday. Preceded in death also was her daughter Gloria B. Dupree of Angier, N.C. Surviving is her son-in-law Richard Dupree and son Taylor Dupree. Also preceding in death was her sister Carrie T. Stephens and her uncle, Alex M. Tart. Following the death of her father when she was only two years old "Uncle Alex" became the family champion having promised his dying brother that he would care for and protect his wife and two young daughters. He was loved as a father forever. Following graduation from Atlantic Christian College in 1944 Sudie began working with the federal government within the Agricultural, Stabilization and Conservation Service (ASCS) in Clinton, N.C. where she remained for 32 years until retirement. At any given time she knew every tobacco farmer in Sampson County and enjoyed many friendships at the ASCS. Shortly after retirement Sudie was invited to join the team at Sampson Tobacco Warehouse in Clinton during tobacco season where she worked for several years in administrative processing and welcomed the chance to see many of her old friends again. Sudie is survived by her son James (Jim) A. Britt and wife Barbara of Winston-Salem, N.C., and her grand-daughter Courtney B. Tesch and husband Kirk and great-grandson Oliver Alexander Tesch of Charlotte, N.C. Also surviving is grand-daughter Lauren B. Patella and husband Michael and great-grand-daughter Evelyn Meredith Patella of Winston-Salem, N.C. "Mimi" was loved and will be missed by all. Sudie adored her family, loved her friends and never hesitated to express her love. Her second family was her church family at St. Paul FWB Church which she thought the world of and had missed so terribly much over the last couple of years. She lived her life as a Christian and shared her light with all she came in contact. While she had outlived most of her peers many years ago, Sudie was still rich with friends having an abundance from many generations. The "little lady" always had time for everybody and loved to talk. Sudie's funeral service was held Friday, February 19, 2021 at 2:00 p.m. at St. Paul's FWB Church, Newton Grove with the Rev. Braxton Carter officiating. Ms. Britt will lay in state at the church on Friday, February 19th from 1 till 2 p.m. with no family contact. Ms. Britt will also lay in state on Thursday, February 18th from 1 till 4 p.m. and you may sign the register book. No family will be present during this time. The family wishes to thank all her friends and neighbors who have looked in and helped take care over the

many years. Please consider a memorial in Sudie's name to St. Paul FWB Church, POB 64, Newton Grove, N.C. 28366. In order to stay in compliance with NC COVID Law, we ask that you please practice social distancing measures and wear a mask during all services. Online condolences may be made at; www.westanddunn.com. Services have been entrusted to West & Dunn Funeral Home, Newton Grove, North Carolina.



ROSEBORO
Mr. Joseph Pittman Bullard, 68 passed away on Wednesday, February 10, 2021 at Cape Fear Valley Medical Center in Fayetteville. Funeral service was held at 3:00 PM Monday, February 15, 2021 at Evergreen Baptist Church, officiating will be Rev. Charles Davis and Rev. Tommy Honeycutt. Burial followed in the church cemetery. The family

received friends from 2:00 PM to 2:50 PM Monday at the church prior to the service. He was born in Sampson County to the late Aaron McNeil Bullard and Jerald Clementine Horne Bullard. He was an industrial mechanic with Monsanto for 30 years, with the Army National Guard for 6 years, lifetime member and Deacon of Evergreen Baptist Church, and was an employee in the parts department of Powers Swain Chevrolet. He is survived by his wife, Bobbie Jean Bullard of the home; son, Joseph McNeil Bullard of Roseboro; brothers, Neil Bullard (Cathy) of Fayetteville, Roy Bullard (Mary) of Roseboro, and Harry Bullard (Phyllis) of Burlington; brother-in-law, LeRoy Hall (Brenda); nieces, Rene Walker, Kelly Bullard, Melissa Simpson, Temple Dillman (Jake), Leah Hall, Nicole Higginbotham (Shannon) and Nelson Vann (Shannon); nephew, Nathan Lester; and several great nephews and nieces. Services entrusted to Butler Funeral Home, 6535 Clinton Road, Stedman, NC 28391.



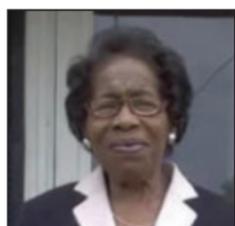
CLINTON
Jerry Henry Byrd 78 of 113A Jefferson St Clinton passed away with his family by his side Friday February 12th, 2021 at the Highsmith Rainey Medical Center in Fayetteville. Jerry was born in 1942 to the late Henry and Victoria Beasley Byrd and dedicated his life to his church Colonial Freewill Baptist Church. Jerry worked at ABC Store until he

retired. Jerry also loved his family, he loved his four-Legged side kick BINGO, He loved working at the church mowing the grass and cleaning up. Jerry was preceded in death by his son Michael Byrd and a Sister Wilma Foss. Funeral Services were held 2:00 pm Tuesday February the 16th 2021 at Colonial Heights Freewill Baptist Church by the Pastor Gene Smith and Pastor Ron Davis officiating, the Burial followed in the Clinton City Cemetery. Jerry leaves to cherish his memories is his wife of 58 years, Edna Turner Byrd of the home, His children Wayne Byrd and wife Christina of Clinton, Sheila Owens and husband Shelton of Roseboro, Brother, Jackie Byrd of Clinton NC, Grandchildren, Jason Byrd, Cory Byrd and Justin Byrd all of Clinton, Amber Owens and Taylor Owens both of Roseboro. A viewing was held from 1:00 PM until 2:00 PM at Colonial Heights Freewill Baptist Church 1140 W Elizabeth St Clinton and other times at the home 113 Jefferson St Clinton.

CLINTON
Kenneth Allen Cook, 66, of 1380 Keener Road, passed away on Sunday, February 14, 2021, at his home. Born August 19, 1954, Kenneth is preceded in death by, his wife: CL, parents: Kenneth Cook & Rosie Aleene Westbrook, brother: James Cook and sister: Mary Dunay. A Memorial Service will be held at 1:00 pm on Sunday, February 21, 2021 at Hope Valley Hawkins Funeral Chapel 1246 Hobbton Hwy Clinton, NC 28328. Kenneth Cook leaves to cherish his memories, his son: Allen Cook of Clinton, NC.



NEWTON GROVE
Mary V. Daughtry age 86 of Newton Grove, passed away Thursday, February 11, 2021. Her graveside service was held Monday, February 15, 2021 at 2:00 p.m. The service was held at Shady Grove FWPB Church Cemetery, Dunn with Pastor Chris Hall officiating. Left to cherish her memories are her sisters; Joan Tew and husband James of Autryville, and Brenda Naylor of Newton Grove. Grandchildren; Damion Williams and Shannon, Danielle Williams, great grandchildren; Olivia Scism, Julius Williams and Dregen Williams. Great Great Grandchild; Fallon and her sister-in-law; Lettie Vann. **The register book will be available for signing on Monday, Feb. 15, from 10 a.m. till 12 p.m. with no family present. Ms. Daughtry will be available for viewing. ** She was preceded in death by her parents; John H. Vann, Sr. and Lossie R. Vann, husband; Gary Mac Daughtry, sons; Ricky Williams and Sammy Keith Williams, granddaughter; Adrienne Williams, brothers; John Henry Vann, Jr. and James Chester Vann and her sister; Elizabeth Vann. **We ask in order to stay in compliance with the North Carolina State CoVid Law that social distancing measures be taken and a mask worn at all times during all services. ** Online condolences may be made at; www.westanddunn.com. Services have been entrusted to West and Dunn Funeral Home, Newton Grove, North Carolina.



CLINTON
Ms. Doris Marie Butler, 85 of 1178 Isaac Road, Clinton, NC passed on Saturday, February 13, 2021 at Southwood Nursing Center, Clinton, NC. The graveside service will be held at 3pm, Saturday, February 20, 2021 at Mt. Pleasant Missionary Baptist Church Cemetery, Clinton, NC with Bishop Varnie Fullwood officiating. Ms. Butler is survived

by DAUGHTER-Cynthia Butler James of the home; SISTERS-Bernice Goodman of Clinton, NC and Geraldine Lloyd of Albany, NY; BROTHER-Robert E. Butler of the home; 2 grandchildren. The live-stream will be available AT THE SERVICE TIME. NOTE: To access the service via Facebook, log on to your Facebook account and type in Worley Funeral Home. Walk-Thru Viewing at Worley Funeral Home (Mask required) Friday, February 19, 2021 1pm - 5pm.



CLINTON
Antonio Garner aka Tony 58 was born on April 18, 1962 in Clinton NC. He peacefully transitioned into glory on February 11, 2021, surrounded by loved ones. He was the son of the late Jerry and Sallie Garner. He was also preceded in death by his wife Kathy H Garner and sister Jo-Ann Boone. Antonio graduated from Clinton High School in 1980, Upon graduation,

Tony joined the US Air Force where he served his country for four years. In 1982, Antonio and Kathy wed and to their union, they had three children. After serving in the Air Force, Antonio went on to become a truck driver where he traveled all over the United States. Antonio loved to go fishing, ride dirt bikes and grill

for his friends and family, especially his famous ribs. He was a wonderful brother, uncle, cousin, and friend. Antonio is survived by his children: Antonio Garner Jr (Shafena) of Hope Mills, NC; Desnee' Ebner of the home; Tierra Garner Hickmond (David) of Fayetteville, NC, 11 grandchildren; Amaiyah, Atiyannah, Emmanuel (Hammer), Amariyon (Gus), David, Makiya, Cassidy, Sarayah, Andrew, Harper, and Noah. Four sisters, Denise Garner of the home, Janelle Cousins of Clinton, NC; Lola Bennett (Austin) of Fayetteville, NC; and Kim Rouse of Warsaw, NC. Two brothers Michael Conley of Fayetteville, NC and Romeo Garner (Diane) of Greenville, NC. Two Aunts: Gloria Parker (Earl) of Clinton, NC and Nancy Fisher (Paul) of Roseboro, NC. Two Uncles: Thaddeus Conley (Betty) of Clinton, NC and James Garner (Regina) of Clinton, NC, Two Special Friends/Brothers Carl Troublefield, and Keith Harding and a host of nieces, nephews, and many friends. Visitation was held on Friday, February 19, 2021, at Hope Valley Hawkins Funeral Chapel, 1246 Hobbton Hwy Clinton, NC, from 2:00pm - 6:00pm. Family was present from 5:00pm - 6:00pm. A Home Going service will be held at 1:00pm on Saturday, February 20, 2021, at Hope Valley Hawkins Funeral. Burial will follow at Bearskin Cemetery, Salemburg, NC.

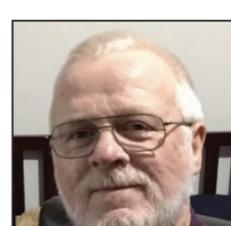
ROSE HILL
Susan Hall Herring, bekown to most as "Susie", attained her life fulfillment in Jesus Christ on February 16, 2021 as she was called to her everlasting home in the Kingdom of Heaven, at the age of 88. Born Susan Ellen Hall to the late James T. Hall and Rena Brock Hall on October 19, 1932, in rural Duplin County, Susie was the second of six children, five girls and one boy. In addition to her parents, loved ones gone before her include: two sisters, Margaret Teachey and Alice Berger, one brother, Jimmy E. Hall, and two husbands, Vernal W. Murphy "Son" and Clayton Herring. A faithful servant of God, Susie was a longtime, active member of the Rose Hill Pentecostal Free Will Baptist Church. Sunday church services often overflowed into her family home, where the aromas of good Southern cooking could always be found amidst the extended praise and fellowship. Susie was a phenomenal cook, and one could never go wrong with her homemade biscuits, chicken pastry and garden peas, collards, teacakes, or strawberry cake, just to name a few. Having quite the sweet tooth, Susie was always sure to have a delicious dessert, full of sugar, nearby. Her shared recipes will always be true treasures. A caring mother of five children, three sons and two daughters, Susie spent most of her life working as a talented seamstress. She developed many friendships at the hand of her sewing, piecing together anything from curtains to quilts to dresses to costumes at the request of those who knew her. Many of Susie's grandchildren have fond, childhood recollections of playing in her sewing room and spending time with her there, relishing her grand introductions of them to customers. This is of course in addition to her famous back scratches, a frequent request of her grandchildren at well-remembered Christmas Eve celebrations that she hosted. When she was not attending a church event, cooking, or sewing in her later years, Susie loved taking a good gallivanting trip. Whether it was down to Wilmington or over to the Flea Market, an iced Diet Coke and her dear friend Opal were usually along for the ride. Though there were trials throughout her life, Susie always persevered with the support of her family, God's Help, and God's Abundant Grace. She was, no doubt, a firm believer in the Lord on High. More often than not, she wore a contagious, bright smile that could light up any room and held a sweet, lively spirit, even in the last years of her earthly life. It was a joy to be in her presence. She maintained a steadfast love for her family, her children, her grandchildren, and, more recently, her great grandchildren. It is within these individuals that she leaves behind a beautiful legacy. Surviving to carry on her precious memory are her five children: Sandra "Kay" Blanchard (Wyatt) of Hampstead, NC, Garry Teachey (Vicki) of Wallace, NC, Tim Teachey (Teresa) of Supply, NC, Dennis Murphy (Michelle) of Clinton, NC, and Donna Murphy Solovay of Spring, TX; her nine grandchildren: Holly Blanchard Brown (Michael) of Hampstead, NC, Laura Teachey Smith (James) of Lillington, NC, Shayne Teachey (Nicki) of Selma, NC, Joshua Teachey (Emily) of Wallace, NC, Ivey Teachey McCune (Jason) of Kendall, FL, Sarah Abigail Murphy of Raleigh, NC, Isabell Murphy Kelley (Austin) of Lillington, NC, Justin Solovay of The Woodlands, TX, and Aaron Solovay of Ft. Lauderdale, FL; her two sisters: Thelma Royall (Preston) of Mt. Olive, NC and Jane Bradshaw (Tommy) of Rose Hill, NC; her eleven great grandchildren; and other cherished friends and family members. To honor Susie's life and celebrate her homegoing, an initial service will be held in the Chapel of Padgett Funeral Home in Wallace, NC on Sunday, February 21, 2021 at One o'clock in the afternoon. A Graveside Service is to directly follow at Clay Hill Cemetery in Rose Hill, NC. "God hath not promised Skies always blue, Flower-strewn pathways, All our lives through; God hath not promised Sun without rain, Joy without sorrow, Peace without pain. But God hath promised Strength for the day, Rest for the labour, Light for the way, Grace for the trials, Help from above, Unfailing sympathy, Undying love." - A Bookmark from Susie's Beloved Bible



GARLAND
Ms. Elinita Keith Howard, 89, of 311 E. 2nd St., passed away on Monday, February 15, 2021 at Sampson Regional Medical Center in Clinton, NC. Elinita was born January 20, 1932 in Duplin County to the late Elma Green & Lizzie Mae Keith. She is preceded in death by her husband: Leonard Cornell Anders and her son: Leonard Cornell Anders, Jr. A graveside service was held at 11:00 A.M. Friday, February 19, 2021 at the Garland Community Cemetery. The service was officiated by Minister Devonte Matthis. Elinita leaves to cherish her memory two sisters: Ethel Tatum of Clinton, Rosa Lee Newkirk of New York and a host of nieces and nephews. A public viewing was held on Thursday, February 18, 2021 from 1:00 P.M.6:00P.M. at Carter Funeral Home, Garland, NC.



Autryville
Jerry Lee Johnson, 59 passed away on Sunday, February 14, 2021 after a long battle with cancer. Funeral service was held at 3:00 PM Friday, February 19, 2021 at Autryville New Life Church of God, officiating will be Rev. Larry Autry. Burial followed at Sandy Horne Cemetery. The family received friends from 2:00 PM to 2:50 PM Friday at the church prior to the service. He is preceded in death by his parents, Clarence Lee Johnson and Frances Louise Branch Johnson. He is survived by his wife of 33 years, Kathie Hall Johnson; children, Brian Ray & wife, Jessica, and Karen Johnson Spell & husband, Austin; two grandkids, Henry Lee Ray and Harrison Lee Ray; brother, Reuben Johnson (Margie); and a sister, Bonnie Johnson & husband, Randy. Services entrusted to Butler Funeral Home, 6535 Clinton Road, Stedman, NC 28391.



CLINTON
Shelton Marshall Knowles, 79, of 313 Carolina Ave., passed away Wednesday, February 17, 2021 at Central Harnett Hospital in Lillington. A graveside service will be held at 11 AM, Tuesday, February 23rd at Grandview Memorial Garden. There will be a walk-through viewing from 1 PM - 5 PM, Monday, February

OBITUARIES



22nd at Crumpler-Honeycutt Funeral Home. Shelton who was born June 24, 1941 in Cumberland County, was the son of the late Noah Knowles and Lillie Ray McIntyre Knowles. He retired from Swift Denim. In addition to his parents he was preceded in death by his wife, Ruth Adams Allen Knowles. Survivors include; son, Johnny Knowles (Marie); daughter, Kathy Johnson; grandchildren, Johnny Knowles, Jr. Jennifer Knowles, Jerrett Johnson and Kyle Pilkinton; great-grandchild, Harlee Pilkinton; step-children, John E. Allen (Elaine) and Debbie Oxendine (Larry); step-grandchildren, Jonathan Allen and Janna Laton; and two step-great-grandchildren. Online condolences may be sent to the family at www.crumpler-honeycutt.com.



CLINTON
Rose Stone Lamm 61 passed away on Thursday, February 11, 2021 at her home. Born in 1959 in Wayne County, NC to Eugene Howard Stone and the late Allie Strickland Stone. She worked in food service, in addition to her mother Rose is also preceded in death by her first husband Dan Campbell. sister; Theresa Stone. brothers-in-law; Russell Campbell, Johnny Campbell and Jimmy Campbell. niece, Shelia Winchell. Nephews, Jeffery Campbell, Malcolm Lee Stone Jr. No services are planned at this time. Rose leaves to cherish her memories: her husband: William Bill Lamm of the home, Children: Alson Stone (Kristen) of Clinton, NC, David E. Stone (Kaylee) of Newton Grove, NC, Father: Eugene Howard Stone of Newton Grove, NC, Sisters: Jean Campbell of Newton Grove, NC, Linda Tyner of South Carolina and Sadie Winchell of Vermont. Brothers: Lee Stone of Turkey, NC, Chris Stone of Newton Grove, NC, Archie Stone of Newton Grove, NC, Keith Stone of Newton Grove, NC, Allen Stone of Newton Grove, NC, Earl Stone of Faison, NC. Grandchildren: Emma Stone, Callie Stone and Payton Stone and a host of nieces, nephews other family and friends.



GARLAND
Mrs. Geneva Johnson Langley, 66, of 24 Reedy Balkum Rd., passed away on Tuesday, February 16, 2021 at her residence. Geneva was born January 30, 1955 in Sampson County to the late Albie Lee & Verbie Lee Johnson. She is preceded in death by her husband: Kenneth Langley. A graveside service will be held at 11:00 AM Saturday, February 20, 2021 at Garland Cemetery. The service will be officiated by the Reverend Brittany Toner and Reverend Tom Murray. Geneva leaves to cherish her memory her sister: Phyllis Bradshaw and husband Bobby of Clinton, three brothers: Ned Johnson and wife Barbara of Rose Hill, Jeremiah Johnson of Garland, AJ Johnson and wife Frances of Burgaw, special friend: Jimmy Norris of Garland and her beloved fur baby: Kelsey. A viewing will be held on Friday, February 19, 2021 from 1:00-6:00 PM at Carter Funeral Home in Garland.

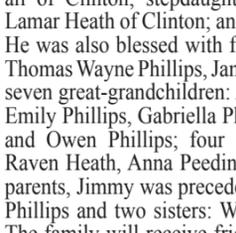
NEWTON GROVE

Lydia Ann Maldonado of Newton Grove, NC passed away after a long battle with metastatic breast cancer. She was 53 years old. It would be wrong to say that Lydia lost her battle because she never stopped fighting No matter how sick she was, she was always determined. When anyone else would have broken, Lydia remained strong. Through her, we know what resilience and perseverance truly look like. There was no quit in Lydia. Just because she is no longer here, it doesn't mean she lost her fight. Lydia is survived by her two children, Richard and Dillon, who made up the entirety of her world. Lydia was the daughter of predeceased Felix and Elva Maldonado. Besides her children, Lydia is survived by her siblings Felix, Robert, Veronica, Sylvia, Michael and predeceased Thomas and Mary Maldonado. Her memory will always live through her grandchildren Naomi and Charlotte, as well as her wonderful nieces, nephews, and friends. Lydia was a very strong and loving person. She touched the lives of so many who came in contact with her and experienced her unconditional love, generosity and laughter. Lydia, your life was a blessing, your memory a treasure. You will be loved beyond words and missed beyond measure. Her funeral will be a private ceremony for family members. Her family asks that in lieu of flowers, donations be made to a domestic violence shelter in her memory.



CLINTON

Mr. James Earl "Jimmy" Phillips, 80, of Keener Rd, passed away Wednesday, February 10, 2021 at Transitions Hospice Care in Raleigh. A Graveside Service was held Tuesday, February 16 at 1:00 PM at Grandview Memorial Park with Rev. Michael Shook officiating. A walk thru viewing was held Monday, February 15 from 1:00 PM until 5:00 PM at Royal-Hall Funeral Home. Born on June 16, 1940 in Sampson County, Jimmy was the son of the late Jefferson Leo and Pauline Jones Phillips. He was a member of Grove Park Baptist Church and Veteran with the U.S. Air Force after fifteen years of service. He then retired with the US Postal Service after thirty-five years of service. Jimmy was a good-hearted man, had a heart of gold and loved his family more than anything. He is survived by his wife, Esther Phillips of the home; three sons: Robert P. Phillips, Wayne Phillips and Joy, Shelby and Christopher Phillips all of Clinton; stepdaughter, wife Peedin of Clinton; Stepson, Lamar Heath of Clinton; and one sister, Clyde Phillips of Clinton. He was also blessed with four grandchildren: Robert E. Phillips, Thomas Wayne Phillips, James Dylan Phillips; Angel B. Crumpler, seven great-grandchildren: Addison Crumpler, Kinsley Crumpler, Emily Phillips, Gabriella Phillips, Tristan Phillips, James Phillips and Owen Phillips; four step granddaughters: Chasity Heath, Raven Heath, Anna Peedin and Olivia Peedin. In addition to his parents, Jimmy was preceded in death by his first wife, Josie Ann Phillips and two sisters: Willadean Honrine and Sybil Braswell. The family will receive friends after the service at the cemetery. Royal-Hall is honored to serve the Phillips Family.



CLINTON
Connie Sue Pope, 65, of 150 Wyre Branch Road, passed away Tuesday, February 16, 2021 at Sampson Regional Medical Center. A graveside service will be held at 3 PM, Saturday, February 20th at Hickory Grove Baptist Church cemetery with Rev. David R. Grady officiating. The family will receive friends at the home of her daughter, Wendy P. Grady at 202 Wyre Branch Road, Clinton. Sue, was born January 6, 1956 in Sampson County, and was the daughter of the late Oscar Manley Fann and Eva Mae Baggett Fann. She was a Registered Nurse at Genesis

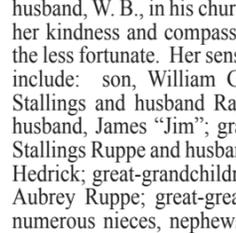
Healthcare of Mt. Olive and a member of Piney Green Baptist Church. In addition to her parents she was preceded in death by her husband, Donald Ray Pope and brother, Manley Baggett Fann. Survivors include: daughters, Donna Sue Pope of Fayetteville, Wendy Pope Grady and husband Doyle of Clinton and Bobbie Jo Matthis and husband Jamie of Clinton; grandchildren, Austin Pope, Dolan Reed Grady, Lane Matthis and Jayda Matthis; sister, Dianne Fann Hartley of GA; sister-in-law, Connie Honeycutt and husband Eddie Ray Honeycutt; special friend, James Robert Jones; and several nieces, nephews, cousins and friends. Memorials may be made to Hickory Grove Baptist Church, 11341 N US Hwy 421, Clinton, NC 28328, or to Johnson Baptist Church, 477 Johnson Church Road, Warsaw, NC 28398. Online condolences may be sent to the family at www.crumpler-honeycutt.com.



AUTRYVILLE
Regina "Jeannie" M.B. Scott, 55, passed away peacefully in her home on Tuesday, February 9th, 2021. Jeannie was born the youngest of three on August 12th, 1965, to Patricia B. Black and Buddy L. Black. She had a promising career as a beautician and was a true die hard Tarheel fan. Jeannie was a loving and devoted mother and wife. She lived her life for the happiness of her family, especially her children and grandchildren. Jeannie had the most contagious smile that you could not help but to smile right along with her. She was a force to be reckoned with and one that will be truly missed. Memorial Service was held 2:30 pm Sunday, February 14, 2021, at Clement Baptist Church 6020 Maxwell Road Autryville by Pastor Scott Keith Officiating. Jeannie leaves to cherish her memoirs, husband, Arnold L. Scott; son, Buddy T. Scott; daughters, Marissa E. Scott, Heather S. Thompson, Ashley B. Scott; sister, Athena B. Thomsen and brother Matthew W. Black. Jeannie also leaves to cherish her memories, grandchildren: Aliyah Elise Torres, Lindsay Marie Walters, Nicholas Kayden Walters, Paiselynn Daniele Rountree, Cameron Bentley Thompson, Avery Brielle Thompson; great-grandchildren, Zoey Brynn Thompson, Lakota Brooke Cummings and a host of nieces and nephews. Life without you will not be easy. We will think of you always. Speak of you always. We will hold you close and forever you will remain. I will love you now and always. Until we meet again.



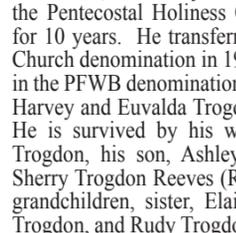
CLINTON
Joyce King Shipp April 29, 1935 - February 12, 2021. Joyce King Shipp, 85, passed away Friday, February 12, at Four Oaks Assisted Living, Four Oaks, NC. A funeral will be held at 2 PM, Tuesday, February 16 at Crumpler-Honeycutt Funeral, 118 Fayetteville St., Clinton, with Rev. Tim Ameen officiating. Interment will follow in Grandview Memorial Park, 2809 N US Hwy 421, Clinton. The family requests wearing of masks and practicing social distancing. Joyce truly loved caring for her family and spending time with her grandchildren and great-grandchildren. Her favorite retirement activities were working outdoors, traveling and supporting her grandchildren in their events. She loved music and theater, rarely missing a production by the Sampson Community Theatre. Born in 1935 in Sampson County, Joyce was the daughter of the late Reuben King and Stella Hairr. Joyce worked with Hamilton Beach Co., in Clinton for many years before joining her husband, W. B., in his church ministry. She will be remembered for her kindness and compassion for all people and her advocacy for the less fortunate. Her sense of humor endured her to all. Survivors include: son, William Glenn Shipp; daughters, Brenda Shipp Stallings and husband Ray and Phyllis Jean Shipp Hedrick and husband, James "Jim"; grandchildren: Somer Shipp Powell, Erin Stallings Ruppe and husband John Paul Ruppe, IV, Joan and Joshua Hedrick; great-grandchildren, Hayden Lynn Stallings, Abigail and Aubrey Ruppe; great-great granddaughter, Eleanor Norris; and numerous nieces, nephews and friends. Online condolences may be sent to the family at www.crumpler-honeycutt.com. Flowers are welcome or memorials may be made to the The Alzheimer's Association Eastern North Carolina Chapter, at www.act.alz.org/site/Donation or 800-272-3900.



ROSEBORO
Ms. Karen Sue (West) Trogdon, 53 passed away on Friday, February 12, 2021 at UNC Rex Hospital. A graveside service was held at 11:00 AM Wednesday, February 17, 2021 at White Oak Baptist Church Cemetery with Reverend Jeffery Barber officiating. The family received friends from 10:30 Am - 11:00 AM prior to the service at White Oak Baptist Church Cemetery, Ms. Trogdon was a native of Sampson County, the daughter of Princeton and Mildred Brock West. She is preceded in death by her father. She is survived by three children, Michael Trogdon, Malea Trogdon and Allegro West; three brothers, Clayton West and wife, Rolanda; Thomas West and David West; Mother, Mildred Brock West; seven grandchildren and special friend, Darian McCoy. Services entrusted to Butler Funeral Home, 401 West Roseboro Street, Roseboro, NC 28382.



CLINTON
Tony Gaine Trogdon, 81, of 839 Beaver Dam Road, passed away Sunday, February 14, 2021 at his home. A funeral was held at 3 PM, Wednesday, February 17th at Owen Grove PFWB Church with the Rev. Charles Ray Jernigan and Rev. Randy Carter officiating. The family received friends one hour before the service at the church and at other times at the home. Interment will be private. Tony, born September 6, 1939 in Cumberland County, was the son of the late James Harvey Trogdon and Euvalda Faircloth Trogdon. He graduated from Hope Mills High School in 1957 and attended Holmes School of the Bible in Greenville, SC. Tony became an ordained minister in 1961 with the Pentecostal Holiness Church denomination where he served for 10 years. He transferred to the Pentecostal Free Will Baptist Church denomination in 1971. As of 2021, he had served 50 years in the PFWB denomination. He is preceded in death by his parents, Harvey and Euvalda Trogdon and his son, Tyrone Keith Trogdon. He is survived by his wife of 58 years, Ida Lane McMillian Trogdon, his son, Ashley Lynn Trogdon (Leah), his daughter, Sherry Trogdon Reeves (Ron), seven grandchildren, eleven great-grandchildren, sister, Elaine T. Jackson (Paul), brothers, James Trogdon, and Rudy Trogdon (Nadine). Brother Tony was a faithful servant of the Lord who had many, many wonderful friends. He will truly be missed by all who knew and loved him.



IVANHOE
William Daniel "Dan" Pope, age 69, of Ivanhoe and formerly of Wallace left this earthly life for his eternal rest on Thursday, February 11, 2021. Dan was born on August 6, 1951 in Wilmington, North Carolina; the son of Janet Evans Pope of Wallace and the late Billie Sunday Pope. He was a member of Wallace Fire Department and served the people of Wallace for many years. He was employed with NC DOT-Roadside. Dan was proud of the NC Carolina

Wildflower Program that contributed to the environment and beauty of North Carolina. Surviving is the love of his life and wife of 44 years, Paula Wells Pope; his sons, Billy Paul Pope and wife, Jessica of Willow Springs and Joe Dan Pope and partner, Andrew Rosene of Charlotte; grandchildren, Carson Pope and Leighton Pope; brother, David Pope and wife, Marilyn of Sneads Ferry; sister, Sara Pirelli and husband, Eddie of Winston-Salem. Dan is also survived by his 'non-biological' children, Richard Murray and Amy Powers of Willard and Donny McKay of Atkinson; his nieces, and extended family and friends that loved Dan dearly. Dan was a devoted husband and caring father, grandfather and brother. He enjoyed the simplest things in life but his great joy was his family. Dan was very proud of his boys and loved them dearly. He adored his wife and his two grandchildren, Carson and Leighton. Dan began his working days helping his daddy at the "bus station" in Wallace. As he grew older, he decided to try farming. He enjoyed farming, but as time went on, he continued to farm but went to work with NCDOT - Roadside which he has continued for 13 years. Dan loved his job and loved his co-workers who affectionately called him "Grandpa." He was proud of the flowers that he and his guys planted and help grow on the sides of the roads. Dan was a man with a great big heart and loved and enjoyed serving people. For many years, he and Paula had a New Year's Pig Picking, where friends and family came from everywhere to enjoy Dan's cooking. Every year this event grew bigger and bigger. With a great sense of humor, Dan was full of surprises. He was a man who respected others, especially the older generation. Dan was generous to those in need and was a mentor to so many during his life. His love was genuine and true, and you always knew where he stood. Dan will surely be missed but treasured memories will forever remain in the hearts of those who knew and loved him. Graveside funeral service was held at 2:00 pm on Sunday, February 14, 2021 at Wells-DeBose Family Cemetery in Ivanhoe. Dan was open for public viewing on Saturday, February 13, from 4:00pm to 6:00 and again on Sunday, February 14, from 10:00am to 12 Noon at Quinn-McGowen Funeral Home in Wallace. Memorial gifts may be given in memory of Dan to the Wildflower Program, NC Dept. of Transportation, Roadside Environmental Unit, 1557 Mail Service Center, Raleigh, NC 27699-1540 or to the Wallace Fire Department, Attn: Chief Farrior, 320 E. Murray St., Wallace, NC 28466.



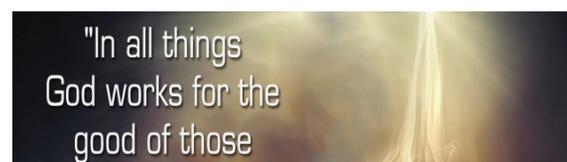
ROSEBORO
Pauline Williams, September 21, 1923 ~ February 10, 2021 (age 97). An era has come to a close, yet life continues both here both in this life and extends unto eternity. On February 10, 2021, God saw fit to call her to her heavenly home. Mother Pauline Rogers Williams, born September 21, 1923, in Cumberland County, NC to the late Mac Rogers and Alberta McAllister Thompson. She attended the Cumber School. She was employed by Rackford Center in Wilmington Delaware. At an early age she joined Mindle Hill, and later joined St. Matthew in Delaware where she worked diligently until her health declined. She married the late Alonza Williams, to this union twelve children were born. She was preceded in death by two children; Carolyn J. Tucker and Alonza Williams, Jr., three grandchildren; Joe N. Melvin, Donald R. Tucker, and Thomas Owens, two sisters; Mary Rich and Christine Williams. She leaves to cherish her memory four girls; Margie Williams, Joyce (Jame) Melvin of Roseboro, NC, Shirley Draper of Wilmington, DE, Edna (Thomas) Burke of Fayetteville, NC, Harold & Shirley Stroupe, her blended family of Raleigh, NC; 6 sons; Linwood Williams of Steadman, NC, Donnie Williams of Raleigh, NC, Kenneth (Anna) Williams, Terry (Sheila) Williams, Carl Williams, Edward Williams, all of Wilmington, DE; one brother; Earl Thompson of Roseboro, NC; Daughter-in-law; Hilda Williams of Newton Grove, NC; one son-in-law; Billy (Glenda) Tucker of Autryville, NC; 54 grandchildren, 32 great grandchildren, 13 great-great grandchildren, and a host of nieces, nephews and other relatives and friends. Graveside Service: Sunday, February 14, 2021 at 2:00 pm at Hillcrest Cemetery. Public Walkthrough: Sunday, February 14, 2021 12:45 pm to 1:45 pm at Butler & Son Funeral Home, Inc. in Roseboro, NC. Masks are required for graveside service and visitation. Graveside service will be live-streamed through Butler & Son Funeral Home Facebook Page. Butler & Son Funeral Home, Inc. Roseboro, NC



CLINTON
Elizabeth Anne Daniels Barber, 65, of 1832 Pine Ridge Road, passed away Wednesday, February 17, 2021 at Rex Hospital. Funeral will be held at 3 PM, Wednesday, February 24th at Mt. Vernon Baptist Church with Rev. E. C. Mattocks and Jeremy Hairr officiating. Interment will follow in the Barber Family Cemetery. The family will receive friends after the interment at the cemetery. Lib was born on January 18, 1956 in Cumberland County to the late Mozelle Daniels and Patricia West Daniels. She worked with Carrolls Cutting, LLC and was a member of Mt. Vernon Baptist Church. In addition to her parents she was preceded in death by her brother, Ricky Daniels. Survivors include; husband of 45 years, Duke Barber; daughters, Melissa Ezzell (Marshall) and Tracy Oates (Patrick); grandchildren, Jake Ezzell, Finn Ezzell, Robert Oates, and River Oates; sister, Lynn Daniels; and several nieces, nephews, brothers-in-law and sisters-in-law. Online condolences may be sent to the family at www.crumpler-honeycutt.com. Memorials may be made to Mt. Vernon Baptist Church, (Adult Mission Fund) 3790 Faison Hwy, Clinton, NC 28328.

CLINTON

Mr. Roosevelt Williamson, 73, of 500 Parker Drive, Clinton, NC passed away Wednesday, February 17, 2021 at Sampson Regional Medical Center, Clinton, NC. The graveside service will be held at 1pm, Tuesday, February 23, 2021 at Andrews Chapel Missionary Baptist Church Cemetery, Clinton, NC with Dr. Onyx Martin officiating. Military honors will be observed. Mr. Williamson is survived by DAUGHTERS-Nicole Boykin of the home and Anita Pitts of Clinton, NC; BROTHERS-Hubert Williamson, Jr. of Durham, NC, Robert Williamson of California and Ernest Ber nett of Louisiana; 9 grandchildren; 8 great grandchildren. The live-stream will be available AT THE SERVICE TIME. NOTE: To access the service via Facebook, log on to your Facebook account and type in Worley Funeral Home. Walk-thru Viewing at the Funeral Home (Mask required) Monday, February 22, 2021 1pm-5pm.



"In all things God works for the good of those who love him, who have been called according to his purpose." Romans 8:28

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NASCAR THIS WEEK

SPEED FREAKS

Can lightning strike twice for Michael McDowell?

KEN'S CALL: NASCAR races twice a year on each of the big Daytona and Talladega tri-ovals, so I say he will sneak in one more pack-racin' win over the next few years.

DEAN'S DIRT: At this point, the Daytona 500 goes through Michael McDowell! Joking ... sort of. He'll win again.

Will the Daytona Road Course race this week match the wild show the Clash provided last week?

KEN'S CALL: It all depends on the availability of a well-placed caution to tighten things in the closing laps. Meanwhile, I still say they should look at using a shorter version of Daytona's road course to help facilitate such things.

DEAN'S DIRT: I hope NASCAR sent Chase Elliott a gift basket, because that race Clash was a snoozer until then. We'll see more fireworks Sunday.

ZACH'S DAYTONA ROAD COURSE PICKS

Winner: Martin Truex Jr.
Rest of top 5: Chase Elliott, Denny Hamlin, Ryan Blaney, Alex Bowman.
First one out: Kyle Busch
Dark horse: Chris Buescher
Don't be surprised if ...: It comes down to Chase and Truex Jr. again on a road course, with Truex getting the best of him this time.

BY THE NUMBERS

- 7** Number of Chevrolets that finished in the top-10 of the Daytona 500
- 15** Cars that finished the 500 on the lead lap
- 16** Cars involved in the Lap 14 Big One
- 98** Laps defending winner Denny Hamlin led on Sunday
- 358** Number of races until Michael McDowell got his first win

DAYTONA MOTOR MOUTHS

Zach Dean and Ken Willis cover NASCAR and other forms of motorsports for the Daytona Beach News-Journal. Reach them at zach.dean@news-jrn.com and ken.willis@news-jrn.com.



THROUGH THE GEARS



Michael McDowell finally broke through Monday morning at Daytona. He's the latest underdog to win The Great American Race. DAVID TUCKER/NEWS JOURNAL

McDowell isn't the 1st underdog to win a 500

Zach Dean

Daytona Beach News-Journal
USA TODAY NETWORK

Michael McDowell became the Daytona 500's latest underdog story early Monday morning, winning The Great American Race as a fireball erupted behind him.

Teammates Brad Keselowski and Joey Logano, the leader at the time, got tangled going into Turn 3 on the final lap. Keselowski slammed into the wall and was hit hard by an oncoming Kyle Busch. The collision caused a quick but fierce fireball as McDowell took the lead.

Everyone emerged from their cars OK. McDowell, meanwhile, was deemed the leader when the caution was displayed, clinching his first win in his 358th Cup start.

While it doesn't happen all that often, McDowell isn't the first underdog to win NASCAR's Super Bowl.

Time to hop in the DeLorean!

First gear

When you think of great Daytona 500 underdog stories, Trevor Bayne is on every list.

The 20-year-old stunned the NASCAR world when he won in 2011, becoming the youngest driver to win a 500.

Bayne held off a late charge by Carl Edwards to secure the win. Bayne, a part-time driver at the time, would race seven more seasons — three of them full-time — but never win again.

McDowell, who is good friends with the former 500 champion, said Bayne called him around 5 a.m. Monday morning to congratulate him on the win.

Second gear

Let's fire up the Tiny Lund talk!

Going all the way back to the 1963 Daytona 500, everything came together for Lund — the 33-year-old from Harlan, Iowa — to make the Great American Race his first Cup victory.

First off, Lund was in the No. 21 Wood Brothers Ford only because he was filling in for Marvin Panch, a Daytona Beach res-

ident who had recently suffered injuries in a sports-car wreck at Daytona.

Panch's car flipped and caught fire, only to have Lund, who was at the track, rush to his side with others and pull him out of the car.

Lund was named Panch's fill-in at the 500, and won the race thanks in large part to a great fuel strategy. The team made only four pit stops, mainly because the race started under caution thanks to a wet track.

Because of that, Lund was able to run the entire race in fuel-saving mode, eventually out-lasting the field and winning the race.

Third gear

This unlikely winner was in the race this past weekend ... albeit for a very short amount of time.

Derrike Cope won the 1990 Daytona 500 in one of the biggest upsets in NASCAR history. The late Dale Earnhardt was leading on the final lap when he ran over debris, cutting a tire.

Cope was in the right place at the right time, driving by the eventual seven-time champion and winning the Daytona 500 for his first career win. Cope won one more time in 1990, and then never won again.

Now 62, Cope ran his final Daytona 500 on Sunday, but made contact with Bubba Wallace on Lap 3, cut a tire, hit the wall, and then called it a day. He finished 40th.

Fourth gear

How's 0-for-462 sound for an underdog?

Michael Waltrip won the 2001 Daytona 500 in dramatic fashion, leading his DEI (Dale Earnhardt Incorporated) teammate, Dale Earnhardt Jr., to the finish line to win his first Cup race in 462 starts.

Of course, behind them a tragedy was unfolding as Earnhardt, who hired Waltrip to drive the No. 15 car, had just died in a Turn 4 wreck.

Waltrip would go on to win twice more at Daytona and again at Talladega to tally four wins in a 33-year Cup career.

Q&A

Who saw that one coming at Daytona?

No one, yet everyone. You heard me. Funny thing about plate-racin' at Daytona and Talladega. Mid-pack guys like Michael McDowell and a few others often populate the top 10, taking advantage of the field-equalizing horsepower rules on superspeedways. Yet for whatever reason, until this year's 500, never win. Watch replays of the final lap; a lot happened. It was a perfect combo of ability, equipment and situational awareness for McDowell. And yes, some luck, which every winner needs.

What's next for McDowell?

Don't expect McDowell to challenge every week, but don't be shocked if he's in (or near) the mix this week on Daytona's Road Course. He started 30th and finished 10th there last August, and remember, he came up through road-racing, so he's OK with right-hand turns.

— Ken Willis

CUP STANDINGS

1. Austin Dillon	58
2. Denny Hamlin	52
3. Kevin Harvick	50
4. Chase Elliott	48
5. Michael McDowell	46
6. Ryan Preece	46
7. Kyle Larson	41
8. Bubba Wallace	41
9. Joey Logano	40
10. Christopher Bell	35
11. Ross Chastain	32
12. Corey LaJoie	32
13. Kyle Busch	32
14. Jamie McMurray	30
15. Cole Custer	27
16. Brad Keselowski	25
17. Ricky Stenhouse	19
18. Chase Briscoe	18
19. Joey Gase	17
20. Kurt Busch	17



Cup points leader Austin Dillon. CHRIS GRAYTHEN/GETTY IMAGES

WHAT'S ON TAP

Friday, Feb. 19: Truck Series at Daytona Road Course (Fox Sports 1, 7:30 p.m.).
Saturday, Feb. 20: Xfinity Series at Daytona Road Course (FS1, 5 p.m.).
Sunday, Feb. 21: Cup Series at Daytona Road Course (Fox, 3 p.m.)
(All times Eastern)

KEN WILLIS' TOP 10 DRIVER RANKINGS

CHASE ELLIOTT Top 10 never changes after plate race	KEVIN HARVICK As always, was in the Daytona mix	KYLE BUSCH Inherit another on Daytona Road Course?	JOEY LOGANO In fence-mending mode ... again	DENNY HAMLIN Daytona three-peat dashed	KYLE LARSON Not a road-race ace	RYAN BLANEY Clash crash fresh in his mind	BRAD KESELOWSKI Last-lap adrenaline still subsiding	ALEX BOWMAN Will finish 10th Sunday	CHRISTOPHER BELL Won 2019 Xfinity roadie at Elkhart Lake

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