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 Help our local businesses make it through this difficult time.  
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SAMPSON COUNTY'S COMMUNITY NEWSPAPER

# The Sampson Weekly



VOLUME 12, ISSUE 28

Week of July 30-August 5, 2021

www.thesampsonweekly.com

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**WEATHER**

<b>Fri</b>	Partly Cloudy 10%	Hi: 94° Lo: 73°
<b>Sat</b>	Partly Cloudy 20%	Hi: 91° Lo: 74°
<b>Sun</b>	PM T-Storms 50%	Hi: 92° Lo: 71°
<b>Mon</b>	Scattered T-Storms 50%	Hi: 85° Lo: 70°
<b>Tues</b>	Scattered T-Storms 50%	Hi: 77° Lo: 68°
<b>Wed</b>	Partly Cloudy 20%	Hi: 79° Lo: 69°

## North Carolina to Require Vaccine Verification for State Employees

*\*Urges Other Government Agencies and Private Employers to do the Same*



On Thursday, Governor Roy Cooper and North Carolina Department of Health and Human Services Secretary Mandy K. Cohen, M.D. announced that state

VACCINE, see P.3

## Sampson County's Leah Williams is a Product of Her Raising



It was a hot July morning when Leah Williams, a 2020 University of Mount Olive graduate, took a quick break from her job to talk about education, farming, and the future of her family's business. A fourth generation member of Williams Produce Farm LLC in Autryville, NC, the 21 year old, devotes a great deal of her time and energy to agriculture.

LEAH, see P.2

## Sampson Ag Day Coming this fall: October 30, 2021



Where else can you learn first-hand about harvesting crops, managing a hog or turkey farm, planting a garden, farm safety, and paint a barn quilt, all in one day? Sampson County Ag Day will be held at the Sampson County Agri-Exposition Center, at 414 Warsaw Road, Clinton, October 30, 2021, rescheduled from March 2020 due to COVID-19. The Cooperative Extension Staff, Convention & Visitors Bureau and many volunteers have worked hard to put together a fun filled, educational day to learn all about the #1 industry in and around Sampson County...you got it, agriculture. Activities are being coordinated to provide a well-rounded experience for all, learning how our local farmers harvest field crops, raise livestock and poultry, utilize and manage nutrients in soil, and best of all: provide the food and fiber to feed and clothe us all. Come see a drone demonstration, harvest crops in the Agri-Pride Simulator, or play 9 holes of mini golf.

For the first time ever at Ag Day, we will have a **AG DAY, see P.3**

**WEEKLY VERSE**

*Do not judge, or you too will be judged. For in the same way you judge others, you will be judged, and with the measure you use, it will be measured to you.*  
 Matthew 7:1

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## We're HIRING!

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- In person at our HR office 206 Fayetteville Street Newton Grove, NC 28366 OR
- Call 910-594-0219

- MUST BE ABLE TO LIFT 50LBS - COMPETITIVE PAY  
 - NO EXPERIENCE NEED - MUST BE 18 OR OLDER

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- Farm Technicians
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- Part Time Lumber Yard
- Production Welder

**Clinton**

- Fan Assemblers
- Feed Bin Driver (CDL Class A)
- Assemblers
- Finishers
- Welder
- Distribution



## LOCAL NEWS

# Parents Have Choice to Opt Out of Mask Wearing for Kids in Public School Systems in Sampson County



Both the Clinton City School and Sampson County School Board of Educations met this week to discuss mask wearing for students and staff for the upcoming 2021-2022 school year. Both boards, voted to give the option of mask wearing to the parent or guardian of the student.

At this weeks July Sampson County Board of Education meeting that was held on Monday night the board voted 6-1 in favor of making Mask Wearing optional for student and staff. The board member that voted against the policy was Sonya Powell.

At the Clinton City Board of Education meeting that was held on Thursday afternoon, the board voted 5-1 in favor of suggesting that students and staff wear mask, however allowing an option for parents to opt out by filling out a CCS opt Out from for their child (children) enrolled in the school system.

The Clinton City School policy is as follows:

*"The StrongSchoolsNC Public Health Toolkit (K-12) Interim Guidance, was updated on July 21, 2021, and is effective July 30, 2021, to align to the CDC Guidance for COVID-19 Prevention in K-12 Schools.*

*The CDC recommends mask use indoors for people who are not fully vaccinated, including students grades 9th-12th, workers, teachers, guests, other adults, and children aged two (2) or older, unless an exception applies. Because children under 12 do not currently have access to vaccinations, it is expected that all students under age 12 will continue to wear masks. In general, people do not need to wear masks when outdoors. However, particularly in areas of substantial to high transmission, CDC recommends that people who are not fully vaccinated wear a mask in crowded outdoor settings or during activities that involve sustained close contact with other people who are not fully vaccinated. (StrongSchoolsNC: Public Health Toolkit (K-12) Interim Guidance, page 8.)*

*To provide a safe, quality, in-person learning experience for our students (five days per week) and to keep our schools and community operational, Clinton City Schools strongly recommends all students wear a mask while indoors in our schools and facilities, except during mealtimes, to protect themselves as well as others. Parents may opt-out their children from wearing a mask by completing a CCS Opt-Out Form. This form is available online, at the school office and is also included in the Student/Parent Handbook.*

*Clinton City Schools requires that bus drivers and students riding the school and/or activity bus wear a mask while on the bus. For extracurricular activities that allow for physical distancing and no more than one person per seat for the duration of the trip, students with a completed CCS Opt-Out form will be excluded from the mask requirement.*

*To provide a safe, quality, in-person work environment for our employees (five days per week) and to keep our schools and community operational, Clinton City Schools strongly recommends that all teachers and staff wear a mask while indoors in our schools and facilities, except during mealtimes, to protect themselves as well as others. Any teacher and staff member who chooses not to wear a mask should be mindful that a mask should be worn when working closely with students and other employees. Teachers and staff should employ best practices when determining when a mask may be adversely interfering with a student's ability to concentrate on learning. Teachers and staff may opt-out of wearing a mask by completing a CCS Opt-Out Form. This form is available online, in the principal's office, from your immediate supervisor or from the Human Resources office.*

*Clinton City Schools will ensure that a layered mitigation strategy is in place in all schools and facilities, including physical distancing, ventilation, hand hygiene, adequate access to diagnostic and screening testing and closely monitoring for increases in COVID-19 cases. (StrongSchoolsNC: Public Health Toolkit (K-12) Interim Guidance, page 9.) Face coverings/masks will be provided to all students who need them, including buses.*

*Clinton City Schools will review and/or revise implemented measures monthly (or as often as necessary) as guidance from local, state, and federal public health officials and school data change."*



**CLINTON  
CITY SCHOOLS**

**LEAH, cont from Pg 1**

"It is a seven-day a week job," she said. "I can start at 6 AM and work 14 to 16 hours a day. There is always something to do," she said from the seat of the forklift as she loaded a pallet of watermelons onto a trailer for a waiting customer.

With farming under her fingernails and in her genes, it was only natural that Williams wanted to pursue a degree in ag business. So, when she graduated from Midway High School in 2018, she looked no further than UMO for her educational pursuits.

"My family works really hard at what we do," Williams said. "I figured that if I wanted to remain in this industry, then I needed to broaden my knowledge and learn new methods to help us be more efficient and effective. The University of Mount Olive has helped me do just that."

Through her coursework and internship opportunities, Williams has gained valuable information in marketing, developing business plans, and much more. "During my internship last summer, I learned how to ship products overseas and how to obtain GAP (Good Agricultural Practices) certification. We are using a lot of that information on our farm this summer," she said.

Sometimes when multiple generations are involved in a business, it is hard to break away from standard operating procedures, but Williams says she has been blessed that her family has been open to suggestions for improvement and growth. "I really wanted us to take advantage of the fall ag-tourism market," she said. "I suggested we have our own pumpkin patch for pick-your-own customers to enjoy and to sell in our retail space. They agreed, and we are planting the seeds this week."

Customer satisfaction is one of the things that drives Williams. "I enjoy seeing the smiles on our customers' faces," she said. "It is a hard, hot, and dirty job, but when you see customers return week-after-week because they enjoy your products and your service, it makes it all worthwhile."

Williams Produce Farm, LLC is a 375 acre farm located at 2840 Maxwell Road in Sampson County. It is just 24 miles from the county seat of Clinton. They farm 175 acres of produce including watermelons, cantaloupes, peppers, tomatoes, grapes, blueberries, okra, peas, egg plants, and much more. With a multitude of green houses, they literally grow their fruits and vegetables from seed to stand. They sell much of their product in their farm stand located on the property. The remainder is shipped to a variety of retail stores throughout North and South Carolina. They don't have a website yet but, according to Williams, one could be in the works in the near future. "We do have a Facebook page, and that is where we post our products and connect with our customers," she said.

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**VACCINE cont. from P. 1**

government would begin verifying vaccination status of its workers. Employees not vaccinated are required to wear a mask and be tested at least once a week. Today's announcement comes as North Carolina's latest upswing in COVID-19 cases and hospitalizations is driven by unvaccinated North Carolinians.

"Until more people get the vaccine, we will continue living with the very real threat of serious disease, and we will continue to see more dangerous and contagious variants like Delta," said Governor Cooper.

NCDHHS updated guidance encourages private sector businesses to, at a minimum, verify vaccination status for their workers as well. The requirement for state government employees applies to cabinet agencies and is included in Executive Order 224.

"There is only one way out of this pandemic and that is vaccination. Our trends are accelerating at an alarmingly fast rate and the highest rates of viral spread are happening in areas with low vaccination rates and among those who are not fully vaccinated," said Secretary Cohen. "If you are already vaccinated, I call on you to urge your unvaccinated family and friends to get their shot now. It is not an understatement to say that you will save lives by doing so."

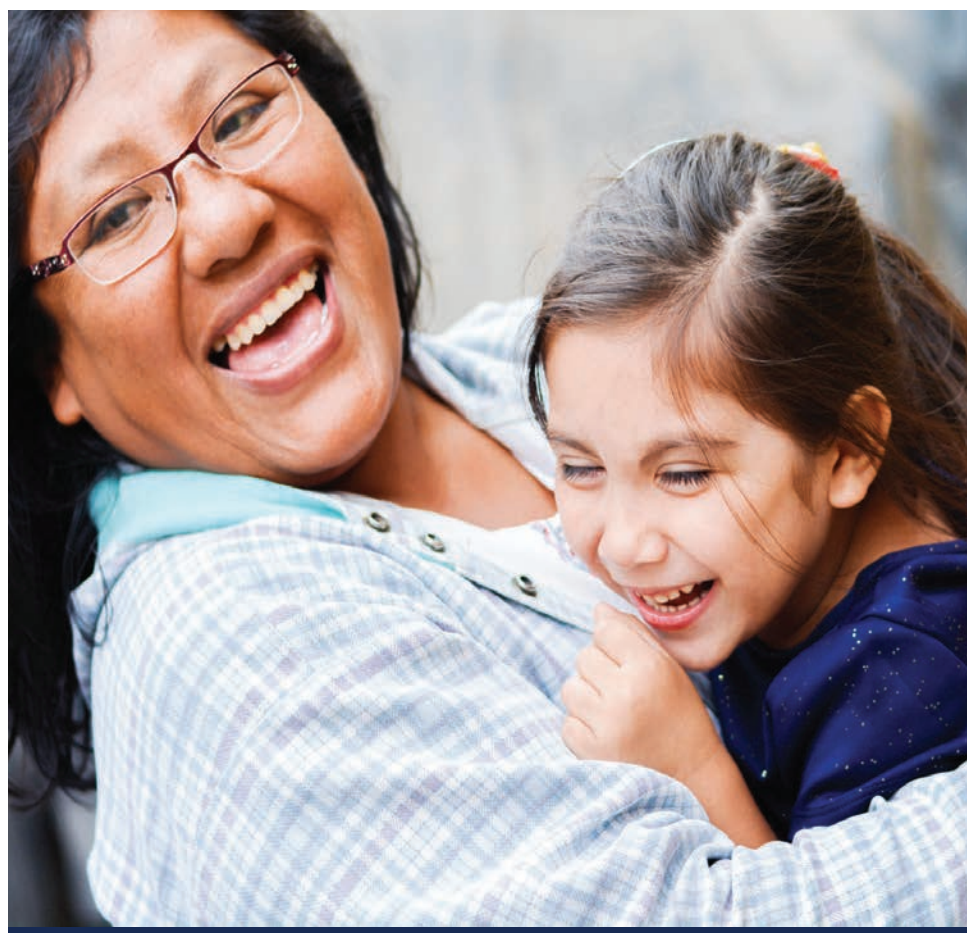
The NCDHHS updated guidance reminds unvaccinated people that they need to continue practicing the three Ws – wear a mask in all indoor public settings, wait six feet apart in all public settings and wash hands often. In addition, unvaccinated people should not gather with other unvaccinated people who do not live with them. If they do, they should stay outside and keep 6 feet of distance. In addition, unvaccinated people should not travel.

The Centers for Disease Control and Prevention (CDC) issued new mask guidance this week based on levels of transmission in communities. The new maps designate counties as areas of low (blue), moderate (yellow), substantial (orange) or high (red) transmission. Moving forward, everyone in a red or orange county in North Carolina, including those who have been vaccinated, should wear a mask in public indoor settings.

Additionally, in accordance with the updated CDC guidance, all K-12 schools should require universal masking, regardless of vaccination status. NCDHHS is updating its guidance for schools to align with this recommendation.

To date, North Carolina has administered nearly 9.8 million doses of the COVID-19 vaccine, with 57 percent of the adult population fully vaccinated. 61 percent of adults have received at least one dose of the vaccine, including 86 percent of North Carolinians 65 and over.

Learn more about the state's vaccine distribution at [myspot.nc.gov](http://myspot.nc.gov) (English) or [vacunate.nc.gov](http://vacunate.nc.gov) (Spanish). Details on the Your Shot at \$1 Million Summer Cash Drawing can be found at [covid19.ncdhhs.gov/summervaxcash](http://covid19.ncdhhs.gov/summervaxcash). Use NCDHHS' online tool Find a Vaccine Location to find a nearby vaccine site. Call the state's COVID-19 vaccine hotline at 888-675-4567.



Show the love.

Get Vaccinated.

Trust the Facts. Find a Vaccine.  
[SampsonRMC.org/Vaccinate](http://SampsonRMC.org/Vaccinate) Sampson



**AG DAY, cont from Pg 1**

For the first time ever at Ag Day, we will have a stage with live entertainment, featuring Charles Carlisle & the Grandpas, Tim Hair and the Indian Outlaw Band, Captain Jim is Magic, and Jerry Carroll - Ag Comedian! A wide variety of food trucks will be on site all day, along with NCSU Howling Cow ice cream to enjoy!

Be sure to mark your calendars to celebrate harvest season in the county that provides \$1.25 billion to our state economy through agriculture. For more information on how you can be a part of this great experience, call NC Cooperative Extension, Sampson County Center at 910-592-7161, visit [sampson.ces.ncsu.edu](http://sampson.ces.ncsu.edu), or visit our Facebook page at NC Cooperative Extension – Sampson County. We look forward to seeing you on Saturday, October 30th!

**ABOUT N.C. COOPERATIVE EXTENSION**

N.C. Cooperative Extension is a strategic partnership of NC State Extension, The Cooperative Extension Program at N.C. A&T State University, USDA's National Institute of Food and Agriculture (USDA-NIFA), and local governments statewide.

Extension professionals in all 100 counties and with the Eastern Band of Cherokee Indians connect millions of North Carolinians with research-based information and technology from NC State and N.C. A&T. Educational programs specialize in agriculture, food and nutrition, 4-H youth development, community development and the environment.



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*You can also donate supplies or make a monetary donation to the Sampson County Animal Shelter by calling (910)592-8493 or you can message them on Facebook.*



**Vacation Bible School  
 Zoar PFWB Church  
 740 Zoar Church Road, Salemburg, NC 28385  
 (910) 525-3877**

**August 1—5, 2021**

**Sunday, August 1, 2021**

4 p.m. —4:30 p.m.—Registration & Welcome  
 4:30 p.m. —6:30 p.m. — VBS  
 6:30 p.m.— Supper

**August 2—5, 2021 (Monday—Thursday Nights)**

5:45 p.m.—6:20 p.m.—Supper served nightly  
 6:30 p.m.—8:30 p.m.—VBS  
 8:30 p.m.—8:45 p.m.—VBS Closing

Register on-line today:  
[vbspro.events/p/d91af2](http://vbspro.events/p/d91af2)



## LOCAL

## Tree seedlings available for order from the N.C. Forest Service



Beginning July 1, the North Carolina Forest Service is accepting tree seedling orders as part of its annual sale. Each year, the NCFS Nursery and Tree Improvement Program produces millions of quality native and genetically improved seedlings. These include understory plants and nearly 50 tree species.

“In North Carolina, our agricultural and forested lands are important to our quality of life and the environment,” said Agriculture Commissioner Steve Troxler. “Trees and forests are an important part of addressing water quality, carbon sequestration and climate resiliency concerns. We are fortunate to have a Nursery and Tree Improvement Program in North Carolina, ensuring landowners as well as public and private entities have access to native trees and understory plants. This program is popular, so I would encourage anyone interested to buy their seedlings early.”

Conifers and hardwoods are sold in units as low as 10 and as high as 100. For those

wishing to submit larger orders, the nursery sells tree seedlings by the hundreds and thousands. New species available this year include Nordmann and Trojan firs, Canaan fir, Colorado blue spruce and red spruce. Genetically improved stock is available in loblolly, longleaf, shortleaf, and white pines as well as other species. These seedlings offer better volume growth, form, disease resistance, straightness, and other characteristics needed to produce quality forest products. See our catalog for a complete species listing.

How can you order tree seedlings from the NCFS Nursery and Tree Improvement Program?

- Tree seedlings can be ordered from the online seedling store at [www.buynctrees.com](http://www.buynctrees.com)
- Tree seedlings can also be ordered by phone at 1-888-NCTREES (1-888-628-7337).
- Tree seedlings can be ordered using the order form found in our current catalog. Complete the form and mail to Seedling Coordinator, 762 Claridge Nursery Road, Goldsboro, NC 27530.
- A user-friendly catalog is available at the “Tree Seedlings & Nursery Program” link located at [www.ncforests.gov](http://www.ncforests.gov). Catalogs are also available at local NCFS offices located in all 100 North -Carolina counties. Inside the catalog, landowners can find information about the types of tree species, quantities and cost to order. Each description includes information about ideal planting locations and whether a species is typically used to benefit wildlife, restore habitats or as marketable timber.
- Accepted methods of payment are check, money order, Mastercard and Visa.

Distribution of tree seedlings will occur December through mid-April, depending on weather conditions. Seedling orders can be shipped to one of 12 distribution centers statewide for a small fee or via UPS for a charge. Seedling orders are also available for pickup from the NCFS Claridge Nursery in Goldsboro or the Linville River Nursery near Crossnore. For information on planting trees, people are encouraged to contact an NCFS county ranger. Contact information for local NCFS county office and nursery locations is available at [www.ncforests.gov/contacts](http://www.ncforests.gov/contacts).

## From the Vine- Lawn Mower Safety



**Brad Hardison**  
County Extension Director & Extension Agent,  
Agriculture - Horticulture



It's that time of year - when you are awakened at 7am on a Saturday morning by your neighbor's lawn mower, string trimmer, or leaf blower as almost everyone tackles their weekend landscaping chores. Lawn mowers are essential equipment for most all homeowners with a yard in Sampson County, and you can find one in most everyone's barn or work shed. If you don't own a lawn mower, then you may find yourself paying someone to mow your lawn with one. Whether you own a mower or not, you should be aware of lawn mower safety and learn how to protect yourself and others when mowing.

According to a 2020 report by Lawn Starter, which analyzed data from the Consumer Product Safety Commissions National Injury System, lawn mowers cause more deaths in the US than shark attack, bears, alligators, snakes, and venomous spider bites. In a typical mowing season, over 85,000 injuries are reported due to mowing accidents. There are an estimated 85,000 injuries that are not reported or minor injuries that still need first aid treatment.

The majority of injuries sustained from lawn mowers can be classified into 4 categories.

- 1: Contact with rotating blades that often occurs when the victim cleans the discharge chute of grass clippings or places a foot too close to the mower deck while

the engine is running and the blades are turning.

- 2: Propelled objects such as rocks, glass, wire, or other objects that are picked up by the blades and hurled at speeds over 170mph. For comparison a 9mm handgun fires a bullet at only 102mph. Objects may be thrown for distances over 50 feet or more.
- 3: Overturning occurs primarily when riding mowers are used on steep slopes, near ditches, or on pond banks. Victims may be pinned under the mower.
- 4: Runover accidents occur if the operator fails to check behind when backing or when children fall off a mower in operation.

Approximately 20% of these injuries occur in children. Sadly, almost all of lawn mower injuries could have been easily prevented if safety precautions were followed. You can do several things to prevent yourself or your children from becoming a mowing injury statistic.

1. Read the entire operators manual and follow the manufacturer's instructions. The manual explains safety procedures that should be followed.
2. Train the operator so they fully understand how the mower operates. Demonstrate safe use first then observe the operator until satisfied that they can handle the mower safely.
3. Check your lawn before mowing and clear the area of sticks, stones, toys, bones, and other objects.
4. Check guards and shields and make sure that all the protective devices are in place before starting the mower. Shields and guards are designed specifically for your protection.
5. Dress properly to do the job safely by wearing sturdy shoes. Don't mow barefoot, with flip-flops, crocs, or sandals.
6. Handle gasoline with care and don't pour gasoline into a mower when running. Turn the mower off, and let the motor cool before filling the tank.
7. Keep all persons, pets, and children away from the mowing area and inside. Remember a propelled object coming from under a motor has more force than a bullet.
8. Don't ride children on mowers. Children can be thrown from mowers and run over.
9. Use earplugs to preserve your hearing.
10. Never bypass safety features.

These precautionary measures can be a lifesaver against riding lawn mower accidents. Please take care of the memories you make with your loved ones and don't become a mowing statistic. For more information on home lawns, gardens, and landscapes, contact the Sampson County Extension Center Plant Clinic at 910 592 7161.

## Sampson County Health Department Health Day Event

The Sampson County Health Department, assisted by various county departments and local health agencies, will be hosting a community health day event on Sunday, August 15, 2021, at Sampson Community College, 1801 Sunset Avenue, Clinton, NC. The free family-friendly event will run 1pm – 5pm and will include food trucks, bounce houses, live entertainment, music, health screenings, and a COVID vaccination station.

“The purpose of the event is to simply provide a safe, family-friendly environment for us all to be able to enjoy community again, while also encouraging everyone to do their part in fighting against COVID and ensuring we are all safe”, stated Health Director Wanda Robinson. The event will provide various health screenings, and Moderna, Pfizer, and J&J vaccines to unvaccinated persons. Persons who receive their first vaccination shot will receive a \$25 gift card. Ms. Robinson noted, “We understand the importance of increasing our vaccination numbers as we begin to see a rise in the positivity rate throughout the state and nation; therefore, we will continue to make sure the public has access to the vaccines and are continuously educated as we proceed ahead.”



## WEEKLY COVID REPORT



WEEKLY COVID-19 TESTING REPORT – WEEK ENDING JULY 30, 2021

Total Number of Tests Reported to Date: 23,334

Positive Test Results: 8,596 (105 additional since 7/23)

Negative Test Results: 14,738

COVID Reported Deaths to Date: 115 (0 additional since

7/23)

The Sampson County Health Department will host the Community Health Day Event on August 15, 2021 at Sampson Community College. The event will be held 1 p.m. to 5 p.m. See attached flyers for more details.

Vaccinations (Pfizer, Moderna and J & J) will be available every Monday and Friday, 8 am – 5 pm at the Sampson County Health Department. Appointments are available, but not necessary. Walk-ins welcome.

## ARREST REPORTS

07-11 Enrique Jerome Mathis, 25, Clinton. Driving Under the Influence, Possess Marijuana, Drug Equipment Violations, Open Cont After Cons Alcohol 1st, DWLR Aft Impaired Rev Notice. Bond \$4500. Trial Date 09-14-21

07-11 Jacob Elijah Perez, 22, Roseboro. Carry Concealed Weapon, Possess Marijuana. Trial Date 09-13-21

07-11 Nicholas Tyler Hinson, 43, Salemburg. Fail to Comply. Bond \$675. Trial Date 08-05-21

07-11 Albert Gary Flynn, 67, Ivanhoe. Violation of Court Order. Bond \$5000. Trial Date 08-12-21

07-11 Ja'Quan U'Nike Jackson, 20, Fayetteville. OFA FTA Resisting Public Officer, Warrant Service for other Agency- Att Robbery- Dangerous Weapon, Warrant Service for other Agency- CS Misdemeanor Larceny. Bond \$152000. Trial Date 08-19-21

07-11 Kevin Devon Scott, 23, Clinton. Resisting Public Officer, Trespass, Communicating Threats. Bond \$3500. Trial Date 08-26-21

07-11 Tracy M Tyndall, 43, Clinton. Fail to Return Rental Property. Trial Date 08-02-21

07-11 Richard Alan Blue, 59, Dunn. Communicating Threats. Trial Date 08-03-21

07-11 Laura Ann Campbell, 29, Clinton. Communicating Threats. Trial Date 08-03-21

07-12 Darleitha Monroe, 35, Clinton. Order for Arrest. Bond \$500. Trial Date 07-21-21

07-12 Erik Todd Dutter, 28, Autryville. Order for Arrest. Bond \$26000. Trial Date 08-04-21

07-12 Dustin Allen Staton, 28, Clinton. Order for Arrest. Bond \$20000. Trial Date 08-06-21

07-12 Jose Ernesto Salas Abarca, 27, Wendell. Order for Arrest. Bond \$500. Trial Date 08-05-21

07-12 Emily Marie Peterson, 25, Garland. Order for Arrest, failure to Heed Emergency Light or Siren, Fictitious Information to Officer, Improper Brakes, Fict/Alt Title/Reg Card/Tag, Driving While License Revoked. Bond \$6720. Trial Date 08-05-21

07-12 Thomas Gene Edwards, 54, Newton Grove. Assault on a Female. Trial Date 08-10-21

07-12 Raymond Lindell Pope, 37, Clinton. Simple Assault. Bond \$2500. Trial Date 08-24-21

07-12 Laura Ann Campbell, 29, Clinton. Second Degree Trespass. Trial Date 08-03-21

07-12 Abel Parada Garcia, 21, New Bern. True Bill of Indictment- Order for Arrest, Simple Possession Schedule VI CS, Possession Marijuana Paraphernalia, Possession CS Prison/Jail Premises. Bond \$15500. Trial Date 08-16-21

07-12 Robert Charles Sauls, 30, La Grange. Possession Marijuana up to 1/2oz, True Bill of Indictment- Order for Arrest, FTA Order for Arrest. Trial Date 08-17-21

07-12 Nelson Lavendale Baird, 55, Dunn. Assault by Strangulation, Assault on a Female, Interfere with Emergency Communication. Trial Date 09-02-21

07-12 Andres Hernandez, 35, Clinton. Simple Assault. Trial Date 08-16-21

07-12 Curtis J Sherman, 36, Clinton. Possess Marijuana. Trial Date 06-14-21

07-12 David Daquan, 26, Clinton. Carry Concealed Gun, DWLR Not Impaired Rev-OFA, Driving While Impaired. Bond \$6500. Trial Date 09-14-21

07-12 Joshua Carl Westbrook, 33, Clinton. Drug Equipment Violations. Trial Date 08-23-21

07-13 Holly Milo, 38, Garland. Possess Drugs in Jail. Bond \$10000. Trial Date 08-06-21

07-13 Itesha Ashford Fry, 59, Clinton. Violation of Court Order. Bond \$500. Trial Date 08-04-21

07-13 Lee Mario Lenzina, 40, Erwin. Order for Arrest. Bond \$500. Trial Date 07-23-21

07-13 LAdera Altovise Raines, 44, Clinton. Communicating Threats. Trial Date 07-15-21

07-13 Cindy Herring Smith, 55, Clinton. Cyberstalking. Trial Date 07-19-21

07-14 Elijah Cain Johnson, 22, Coats. OFA DWLR, Possession Drug Paraphernalia. Bond \$100. Trial Date 08-02-21

07-14 Rueben Davis, 37, Clinton. Possess Marijuana up to 1/2oz, Domestic Simple Assault, Simple Assault, Warrant Service for Another Jurisdiction. Bond \$6500. Trial Date 08-23-21

07-14 Sannie Chanel Emanuel, 48, Clinton. Simple Assault. Trial Date 08-23-21

07-14 Michael Dale McClenny, 41, Clinton. DWI, DWLR, Drive Left of Center. Bond \$1000. Trial Date 08-02-21

07-14 Thomas Wayne Robinson, 50, Clinton. Violation of Court Order, Cyberstalking. Bond \$1500. Trial Date 07-19-21

07-14 Niakeya Shaddai Sampson, 28, Warsaw. Possess Marijuana, A&A DWLR. Bond \$500. Trial Date 08-06-21

07-14 William Kiser Robbins Jr, 63, Clinton. DWI, Fail to Stop at Stop Sign. Bond \$1000. Trial Date 08-17-21

07-14 Destiny Marie Falcon, 40, Clinton. Identity Theft FTA, DWLR Not Impaired Rev FTA, Expired Registration Card/Tag/FTA. Bond \$4000. Trial Date 08-09-21

07-14 Darron Montrell Whitted, 23, Clinton. OFA Speeding, OFA DWLR Not Impaired Rev, OFA Reckless Driving to Endanger, OFA Fail to Wear Seatbelt Driver. Bond \$1000. Trial Date 08-23-21

07-14 Elijah Cain Johnson, 22, Coats. OFA DWLR, Possession Drug Paraphernalia. Bond \$100. Trial Date

07-14 Rueben Davis, 37, Clinton. Posses Marijuana up to 1/2 oz, Domestic Simple Assault, Simple Assault, Warrant Service for offense(s) committed in another jurisdiction. Bond \$6500. Trial Date 08-23-21

07-14 Sannie Chanel Emanuel, 48, Clinton. Simple Assault. Trial Date 08-23-21

07-14 Michael Dale McClenny, 41, Clinton. DWI, DWLR, Drive Left of Center. Bond \$1000. Trial Date 08-02-21

07-14 Thomas Wayne Robinson, 50, Clinton. Violation of Court Order, Cyberstalking. Bond \$1500. Trial Date 07-19-21

07-14 Niakeya Shaddai Sampson, 28, Warsaw. Possess Marijuana, A&A DWLR. Bond \$500. Trial Date 08-06-21

07-14 William Kiser Robbins Jr, 63, Clinton. DWI, Fail to Stop at Stop Sign. Bond \$1000. Trial Date 08-17-21

07-14 Destiny Marie Falcon, 40, Clinton. Identity Theft FTA, DWLR Not Impaired FTA, Expired Registration Card/Tag/FTA. Bond \$4000. Trial Date 08-09-21

07-14 Darron Montrell Whitted, 23, Clinton. OFA Speeding, OFA DWLR Not Impaired Rev, OFA Reckless Driving to Endanger, OFA Fail to Wear Seatbelt- Driver, OFA DWLR Not Impaired Rev. Bond \$1000. Trial Date 08-23-21

07-15 Dominic Lamar Rayner, 19, Clinton. (OFA) Impede Traffic Sit/Stand/Lie. Bond \$500. Trial Date 08-04-21

07-15 Billy Wayne Brooks Jr, 46, Salemburg. DWI, Resist Delay Obstruct. Bond \$5000. Trial Date 08-23-21

07-15 Rocky Dale Brooks, 41, Erwin. Aid and Abet DWI, Resist Delay Obstruct. Bond \$2000. Trial Date 08-23-21

07-15 Adriann Michelle Jackson, 20, Roseboro. (WFA) Communicating Threats. Bond \$1500. Trial Date 08-18-21

07-16 Travis Jerome Darden, 40, Newton Grove. Trafficking Cocaine, Maintain Dwelling or Vehicle for Drugs, Possess Firearm by Felon, Possess Marijuana, Possess Drug Paraphernalia, Trafficking Heroin. Bond \$125000. Trial Date 07-23-21

07-16 Crystal Antorninette Bear, 45, Clinton. OFA Simple Assault. Bond \$1000. Trial Date 07-27-21

07-16 Gilmore William Allen Jr, 60, Clinton. Assault on a Female, Common Law Robbery, Assault by Strangulation, OFA FTA Possess Drug Paraphernalia. Bond \$500. Trial Date 08-06-21

07-16 Courtney Ann Bradshaw, 31, Clinton. Simple Assault. Trial Date 08-02-21

07-18 Sentoya Renea Hayes, 27, Clinton. OFA DWLR, OFA Operate Vehicle No Insurance, OFA Fail to Comply, OFA DWLR, OFA Failure to Reduce Speed. Bond \$1500. Trial Date 08-16-21

07-18 Wendell Boone, 62, Clinton. OFA FTA DWLR, OFA FTA Failure to Reduce Speed. Bond \$800. Trial Date 08-09-21

07-18 Andrea Latice Loftin, 26, Mount Olive. OFA Speeding, OFA Expired Registration Card. Bond \$500. Trial Date 08-05-21

07-19 Frank Davis, 29, Fayetteville. Assault on a Female- Criminal Summons. Trial Date 09-15-21

07-19 Trizetta Arnathia Pone, 23, Warsaw. Possess Marijuana, Possess Marijuana Paraphernalia, No Liability Insurance. Bond \$100. Trial Date 07-20-21

07-19 Jimmy Allen Carr, 68, Clinton. DWI. Bond \$1500. Trial Date 11-01-21

07-19 David Ignacio Ocampo, 22, Newton Grove. Pornography/Obscene Material. Bond \$10000. Trial Date 07-23-21

07-19 Kiana Denise Crumpler, 18, Garland. Larceny by Employee. Bond \$5000. Trial Date 07-23-21

07-19 Itesha Ashford Fry, 59, Clinton. Violation of Court Order. Bond \$3500. Trial Date 08-04-21

07-19 Bobbie Junior Cromartie, 58, Garland. Order for Arrest. Bond \$500. Trial Date 08-18-21

07-19 Courtney Jaquelin Matthews, 36, Salemburg. Warrant Service for Other Agency. Bond \$5000. Trial Date 08-05-21

07-19 Kayla Michelle Lockamy, 29, Warsaw. Violation of Court Order. Bond \$1500. Trial Date 08-24-21

07-19 Alexis Antonio Martinez, 20, Clinton. Fail to Appear. Bond \$4500. Trial Date 08-16-21

07-19 Jhonattan Salazar, 34, Clinton. OFA FTA DWLR Not Impaired Rev. Bond \$500. Trial

Date 08-09-21

07-20 Alfonso Hatcher Brown, 41, Clinton. Order for Arrest. Bond \$1500. Trial Date 07-26-21

07-20 Michael Dale McClenny, 41, Clinton. Order for Arrest. Bond \$1000. Trial Date 08-11-21

07-20 Martin Sanchez, 21, Clinton. Order for Arrest. Bond \$5500. Trial Date 08-05-21

07-20 Albert Ahmad Deaver, 24, Clinton. Order for Arrest. Bond \$1000. Trial Date 08-09-21

07-20 Theresa Monique Sinclair, 29, Roseboro. Trespass of Real Property. Bond \$200. Trial Date 08-11-21

07-20 Joshua Keandre Faison, 18, Clinton. DWLR Not Impaired Rev, Possess Marijuana. Bond \$1000. Trial Date 10-20-21

07-20 Abdou Lee Boi, 23, Beulaville. Possess Marijuana up to 1/2 OZ, Possess Drug Paraphernalia, Carrying concealed gun. Bond \$500. Trial Date 08-16-21

07-20 Jose Lopez Viera, 36, Clinton. Possess Firearm by Felon, Possess Drug Paraphernalia. Trial Date 08-06-21

07-20 Melvin Emmanuel, 68, Clinton. Possess Meth. Bond \$127000. Trial Date 08-02-21

07-20 Daven Demetrice Darden, 30, Clinton. Possess Firearm by Felon, PWISD Marijuana, Possess Marijuana Paraphernalia. Bond \$25000. Trial Date 08-06-21

07-21 Ashley Nicole Boone, 23, Clinton. Possession Stolen Firearm. Bond \$5000. Trial Date 08-06-21

07-21 Eric Lawrence Cukrowica, 48, Salemburg. Communicating Threats. Bond \$500. Trial Date 08-02-21

07-21 Michael Grider, 25, Dunn. Assault on a Female. Trial Date 08-26-21

07-21 Jennifer Rose Wilbourne, 38, Clinton. Trespass, Communicating Threats. Trial Date 09-15-21

07-21 Ashley Lynn Smith, 25, Salemburg. Failure to Appear Release Order. Bond \$10000. Trial Date 07-27-21

07-21 Tammy Lynn McCraw, 52, Newton Grove. Failure to Appear Release Order. Bond \$4000. Trial Date 08-16-21

07-22 Jhanavia Lachelle Taylor, 18, Godwin. Simple Assault. Trial Date 08-17-21

07-22 Octavius Corneilus Robinson, 46, Fayetteville. Carrying Concealed Weapon. Trial Date 10-14-21

07-22 Bobby Wayne Case, 50, Clinton. Order for Arrest. Bond \$500. Trial Date 08-18-21

07-22 Whitney McDonald, 33, Clinton. Insurance Fraud. Bond \$500. Trial Date 08-06-21

07-22 Amri Nasir Smith, 29, Trenton. Communicating Threats, Damage to Property, Domestic Criminal Trespass. Trial Date 08-24-21

07-22 William Curtis Hager, 32, Dunn. Reckless Driving to Endanger, DWI. Trial Date 09-30-21

07-22 Jerry Thurman Vinson, 42, Roseboro. Failure to Appear Release Order. Bond \$6000. Trial Date 08-17-21

07-22 David Cesar Vail, 27, Clinton. OFA FTA No Operators License. Bond \$500. Trial Date 08-03-21

07-22 Jeremy Lee Barber, 44, Clinton. WFA- Obtaining Property by False Pretenses. Bond \$5000. Trial Date 08-06-21

07-22 Dorothy Catherine Morris, 58, Elizabethtown. WFA- Felony Larceny. Bond \$5000. Trial Date 08-06-21

07-22 Bobby Ray Copeland, 50, Clinton. WFA Assault on a Female, WFA Interfere Emergency Communication, Possess Marijuana. Trial Date 08-24-21

07-22 Charles Farrior, 40, Jacksonville. PWISD Marijuana, PWISD Cocaine, Possess Drug Paraphernalia. Bond \$10000. Trial Date 08-20-21

07-23 Anthony Lavel Parker, 48, Godwin. Possess Stolen Motor Vehicle. Bond \$2000. Trial Date 08-17-21

07-23 Thaddeus Devon Beck, 27, Coats. OFA Speeding, OFA DWLR Not Impaired Rev. Bond \$500. Trial Date 08-06-21

07-23 Joel Cloyde Isaac, 37, Fayetteville. OFA Speeding, OFA NOL. Bond \$500. Trial Date 08-26-21

07-23 Stephanie Diane Williams, 27, Dunn. Criminal Summons. Trial Date 08-11-21

07-23 Stacy Evans, 51, Mount Olive. Order for Arrest FTA. Bond \$30000. Trial Date 08-09-21

07-23 Dwight Dakota Tuck Chestnutt, 35, Clinton. Order for Arrest FTA Child Support. Bond \$525.

07-23 Freddie Ray Herring, 71, Salemburg. Sexual Battery. Trial Date 08-02-21

07-23 Demetrius Antoin Eason, 21, Roseboro. Trespass of Real Property, Resisting Public Officer, identity Theft. Bond \$5000. Trial Date 08-24-21

07-23 William Travis Pope, 33, Clinton. Order for Arrest. Bond \$500. Trial Date 08-23-21

07-23 Eric Thomas, 32, Trenton. Simple Possession of Marijuana, Possess Marijuana Paraphernalia, Trafficking Opium or Heroin, Sell/Deliver Sch II CS, Possession Drug Paraphernalia, Maintain Veh/Dwell/Place CS. Bond \$501000. Trial Date 08-25-21

07-23 Tyresse Montrel Kerr, 30, Clinton. Fail to Appear. Bond \$500. Trial Date 08-02-21

07-23 Courtney Ann Witschger, 31, Roseboro. Simple Assault. Trial Date 08-30-21

07-23 Robert Edward Lee, 59, Newton Grove.

Communicating Threats. Trial Date 08-23-21

07-23 Douglas Kent Smith, 59, Dunn. Stalking, Communicating Threats. Trial Date 08-23-21

07-24 Ashley Perez, 18, Newton Grove. Resisting Public Officer, Consume Alcohol <19. Bond \$500. Trial Date 08-26-21

07-24 Nicole Lynn Johnson, 33, Dunn. Harassing Phone Calls, Communicating Threats. Bond \$1000. Trial Date 08-24-21

07-24 Keith Lamar Pressley, 30, Dunn. Larceny Vehicle Parts, Attempted Larceny Vehicle Parts, Trespass, Damage to Property, Warrant Service for Other Agency. Bond \$27000. Trial Date 08-06-21

07-24 Steven Ross Rackley, 30, Clinton. Obtaining Property by False Pretense. Bond \$5000. Trial Date 08-20-21

07-24 Joe Nathan Killet Jr, 28, Clinton. Possess Oxycodone. Trial Date 07-24-21

07-24 Antonio Neal Chestnutt, 47, Clinton. Trespass. Trial Date 07-24-21

07-24 Michael Anthony Butler, 62, Clinton. DWI. Bond \$2000. Trial Date 09-27-21

07-25 Demarkus Davis Kerr, 25, Clinton. No Operators License, Fictitious Info to Officer. Bond \$500. Trial Date 08-17-21

07-25 Daniel Rashod Maynor, 21, Clinton. DWI, Open Container After Cons Alcohol, Failure to Reduce Speed. Bond \$750. Trial Date 09-14-21

07-25 Erik Manuel Chirinospaz, 18, Clinton. Possess Marijuana Paraphernalia, No Operators License, Fail to Maintain Lane Control. Trial Date 09-20-21

07-25 Matthew Isaiah Defranco-Colson, 23, Fayetteville. Resisting Arrest/Hinder & Delay, Possess Marijuana 1/2 oz, Possess Marijuana Paraphernalia, Carrying Concealed Weapon. Bond \$2500. Trial Date 09-27-21

07-25 Stephanie Angelica Melvin, 33, Roseboro. Possess Meth, Possess Drug Paraphernalia, Possess Cocaine. Bond \$10000. Trial Date 08-06-21

07-25 Dennis James Bailey, 24, Coats. Possess Meth. Bond \$2500. Trial Date 08-20-21

07-25 Cajanda Tona Jackson, 31, Autryville. OFA FTA Misdemeanor Child Abuse. Bond \$5000. Trial Date 08-10-21

07-25 Christopher Joe Justus, 31, Clinton. Fail to Appear. Bond \$1000. Trial Date 08-09-21

07-25 Kristin Dale Kornegay, 29, Stedman. Order for Arrest. Bond \$7250. Trial Date 08-09-21

07-26 Jaques De'Andres Nelson, 26, New Bern. Failure to Appear Release Order. Bond \$2500. Trial Date 08-23-21

07-26 Demetrius Lee Oates, 35, Mount Olive. Assault by Pointing a Gun, Communicating Threats, Larceny. Trial Date 08-03-21

07-27 Kurt Delonzo Anthony Jr, 24, Fayetteville. OFA DWLR Not Impaired Revoked, OFA Fict/Alt Title/Reg Card/Tag, OFA Speeding. Bond \$6000. Trial Date 07-27-21

07-28 Jasmine Marie Leach, 32, Clinton. WFA Obtain Property False Pretenses, WFA Felony Conspiracy, OFA No Liability Insurance, OFA Possess Drug Paraphernalia, OFA Possess Marijuana up to 1/2oz, OFA Possess Marijuana Paraphernalia, Driving While Impaired, OFA A&A DWLR Not Impaired Rev. Bond \$7000. Trial Date 08-02-21

07-28 Shanta Monna Jordan, 26, Magnolia. Injury to Personal Property- FTA, Resisting Public Officer FTA. Bond \$500. Trial Date 08-12-21

07-28 Mohamed Taher Mohamed Nagi, 25, Jacksonville. Possess Marijuana, Possess Marijuana Paraphernalia. Bond \$500. Trial Date 09-22-21

07-29 Derrick Rasheen Caldwell, 29, Turkey. DWI, Resisting Public Officer, Possession Firearm by Felon. Trial Date 08-06-21

07-29 Paul Cameron Lambert, 30, Clinton. Fail to Work After Paid, Felony Probation Violation, Misdemeanor Probation Violation. Bond \$54000. Trial Date 08-12-21

07-29 Jerry Paul Taylor, 71, Clinton. OFA Hit/Run Fail to Stop Property Damage, OFA DWLR Not Impaired Revoked, DWLR Impaired Revoked, Expired/No Inspection, Expired Registration Card/Tag. Bond \$1000. Trial Date 08-17-21

07-29 Ron D'Andre Carter, 22, Turkey. Possess Drug Paraphernalia. Trial Date 10-12-21

07-29 Chrystal Yvette McLamb, 27, Clinton. DWLR. Fail to Maintain Lane Control. Bond \$500. Trial Date 09-21-21

**\* The Crime Report is provided by the Sampson County Sheriff's Office and the Clinton City Police Department.**

## HEALTH WATCH



BIGSTOCK

**STUDY SAYS  
Early e-cigarette use linked to suicidal behavior**

A new study has found that, among Korean adolescent smokers, those who began smoking using e-cigarettes had a higher risk of suicidal behaviors. The study also found that those who initially began with e-cigarettes and later switched to conventional cigarettes were more likely to exhibit suicidal behaviors than were those who changed from using conventional cigarettes to electronic cigarettes.

The study, published in JAMA, looked at 255,887 Korean adolescents. Of those who initially used e-cigarettes, 5.4% males and 14.1% female participants attempted suicide. Of those who initially used conventional cigarettes, 3.5% of male and 9.8% of female participants attempted suicide. Adolescents who initially used e-cigarettes had a higher risk of suicidal behaviors, including suicide planning and suicide attempts compared with those who initially used conventional cigarettes. Changing from e-cigarettes to conventional cigarettes was associated with a higher risk of suicide attempts among both boys and girls compared with changing from conventional cigarettes to e-cigarettes.

"These findings suggest that initial cigarette type is associated with suicidal behavior among adolescents and that consideration of initial cigarette type and subsequent change in cigarette type is warranted when conducting future research and formulating public policy," the study concluded.

**HEALTH STAT  
95,000**

Excessive alcohol use leads to more than 95,000 deaths each year in the U.S., according to the CDC.

**NUTRITION STATION  
Tips to help with intermittent fasting**

Intermittent fasting diets claim that eating all your daily food within an eight-hour period will help with weight loss. Following such a regime can be difficult and uncomfortable (or dangerous for people with low blood sugar — so consult your doctor before beginning a diet). Here are some tips from Healthline to help keep you on track and feeling good:

- **Start with a schedule that works for you.** Don't jump right in. Begin with a schedule that's realistic for you, then increase the duration of your fasting.

- **Stay hydrated.** Drink plenty of water, herbal teas and calorie-free flavored drinks.

- **Eat slowly and frequently.** During the eating period, eat every three hours to get your calories in.

- **Meal prep.** Set aside time to prepare meals in advance to save time and help keep your diet balanced.

More Content Now

# STROKE PREVENTION

## Do these 5 things to stop a stroke

Laura Williamson  
American Heart Association News

If there's one good thing that can be said of strokes, it's this: The vast majority of them don't need to happen.

Up to 80% of strokes can be prevented. Researchers have identified numerous steps people can take to lower stroke risk, but health experts agree, trying to do them all at once can feel overwhelming.

"The biggest mistake people make is they are overly ambitious, and then they fail and give up," said Dr. Vladimir Hachinski, a Canadian neurologist and global expert in the field of stroke. "You have to start small."

The rewards are enormous, said Dr. Cheryl Bushnell, a neurologist and director of the Comprehensive Stroke Center at Wake Forest Baptist Health in Winston-Salem, North Carolina. It's "not just for preventing stroke, but for preventing dementia as well. You can do the same things to prevent both. You are killing two birds with one stone."

Here are five ways to get started on the road to prevention.

### 1. If you smoke, quit

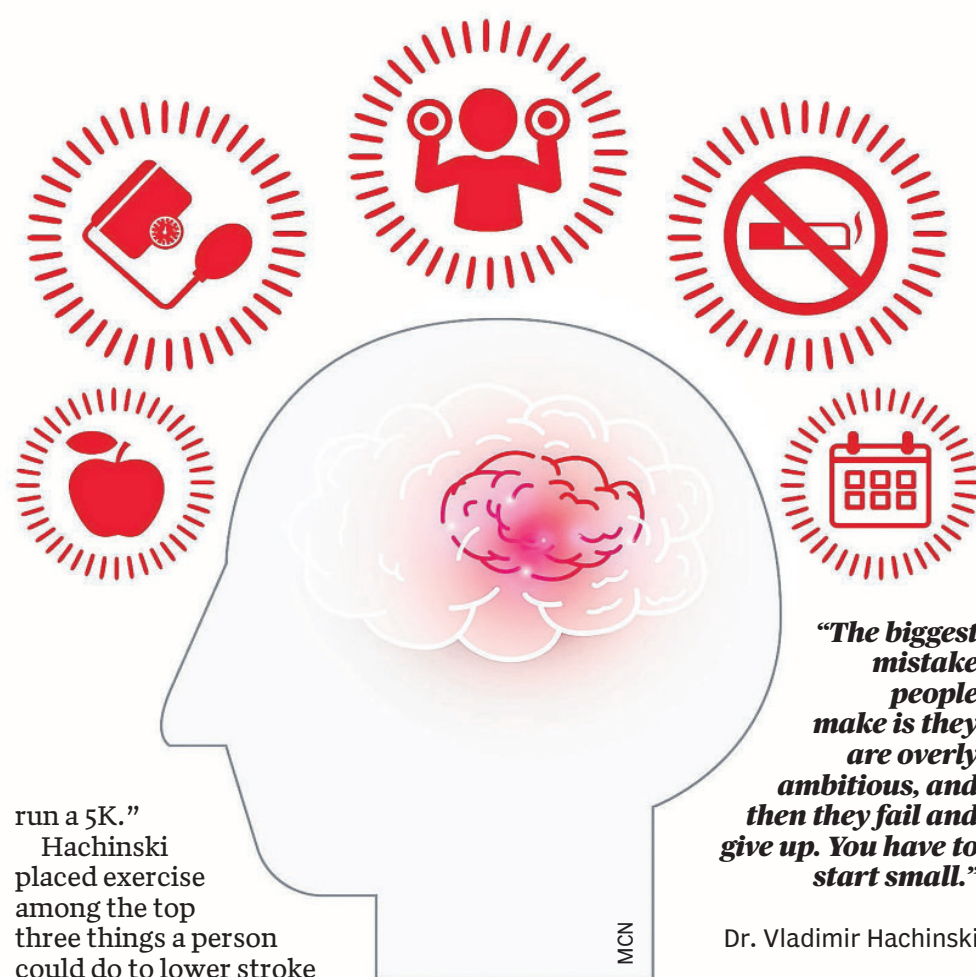
Studies show that for every five cigarettes a person smokes each day, the risk of having a stroke goes up by 12%. For Black adults, smoking cigarettes more than doubles the risk of stroke compared to never smoking, a 2020 study found.

"People understand that smoking causes lung cancer, but they don't understand it also damages the brain and blood vessels," Bushnell said. "In terms of stroke prevention, quitting smoking is the lowest hanging fruit."

### 2. Move more

More active men and women have a 25%-30% lower risk of stroke than those who are least active. Physical activity has been shown to lower cholesterol, help maintain a healthy weight and lower blood pressure — all factors that can reduce stroke risk.

"The evidence for physical activity is undeniable," said Bushnell, who co-authored a 2014 statement from the American Heart Association and American Stroke Association on stroke prevention. "Even just moving around for 10 minutes every hour is better than sitting for an extended period of time. You don't have to



run a 5K." Hachinski placed exercise among the top three things a person could do to lower stroke risk — and agrees it

needn't be overly ambitious. "The worst thing that can happen is to sit all day. Walking is the best exercise there is. Get up and walk around."

### 3. Keep blood pressure in check

High blood pressure, also called hypertension, is the leading cause of strokes. Half of all men — 52% — and 43% of women in the U.S. have blood pressure that is too high, according to AHA statistics. While it can be controlled through lifestyle changes or by taking medication, only about 1 in 5 adults keep it properly managed. Smoking, diabetes, obesity, high cholesterol and eating an unhealthy diet can push blood pressure out of the healthy range.

At-home monitoring and regular communication with doctors to make sure medications are working are important to keep high blood pressure in check, Bushnell said.

"People have to keep track of their own blood pressure," she said. "They have to know what their numbers are, know their medications and how to take them."

### 4. Eat a healthy diet

"One of the most subtle things that happens to people as they get older is they put on weight," Hachinski said.

Being careful to choose healthy foods can minimize weight gain, he said. But there's value to making healthier food choices regardless of weight.

"Nutrition is more important

than weight loss," agreed Bushnell. "There are multiple diets shown to decrease the risk of stroke," such as the Dietary Approaches to Stop Hypertension (DASH) or Mediterranean diets. Both emphasize eating a lot of fruits, vegetables and low-fat dairy, whole grains, fish and nuts, while cutting back on foods high in saturated fats, cholesterol and trans fats.

### 5. Start early

Strokes happen to young people, too. About 10%-15% of all strokes occur in adults age 50 or under. Recent research shows Black young adults have up to four times the risk as their white peers.

And recent research shows the same factors that cause strokes in older adults — such as high blood pressure, high cholesterol, obesity and diabetes — are causing strokes in younger adults.

"You don't think about disease when you are young," Hachinski said. But that's when good habits should start.

Hachinski recommends people start monitoring their blood pressure, cholesterol, lipids and blood sugar levels as soon as they transition from a pediatrician to a primary care physician as a young adult.

Other life transitions — such as moving in with a partner — should also be triggers for checking health metrics, he said. "It's a good time to take inventory, because it's when habits will change."

## TODAY'S WORKOUT

### Lower back targeted with push press

Marlo Alleva  
Lakeland Ledger  
USA TODAY NETWORK

Every section and muscle group in our body plays a valuable role in our physical daily tasks. When it comes to taking on our heaviest loads and toughest activities, I would say our lower body and back would definitely be a front-runner!

With that in mind, a combination move to hit those particular parts should be on the top of your list.

Today's move is a push press with a side leg lift. You will need a light to medium hand weight for this exercise, and a clear area to extend your legs out to your side. This combination move will be targeting your complete lower body (glutes, hams and quads) with

the squatting motion. It will also target your back with the push press overhead and the added leg lift will give the inner and outer thighs a little extra attention.

Begin this exercise by standing tall, with your chest lifted, and your shoulders rolled back and down. Grip your hand weight in close to your chest, and place your feet about hip-width apart. Making sure your core is engaged for balance and stability, you are ready to start moving.

Proceed into your exercise by bending in your knees and lowering your rear end into a squat. Once you reach your deepest position, reverse the movement upward, only this time as you begin to stand, extend your hand weight straight up overhead. Once you near a



Marlo Alleva demonstrates a push press with side leg lift. [ERNST PETERS]

complete overhead extension, slightly shift your body weight onto one foot, lifting and extending your free leg straight out to your side. Keep your foot flat and push through the heel.

This side leg lift does not have to be high, just

elevated off of the ground. When you reach your fullest extension, return the lifted foot back to your squatting position, and immediately take the weight back into your chest and lower into your next squatting repetition.

Now, on your next rise, proceed with your overhead extension like before, only this time, you will be lifting the opposite leg.

This exercise will take a small amount of coordination, but keeping the movements articulated and flowing will keep it attainable for all levels of fitness. Give yourself at least 10 repetitions per set, for at least three sets. If at any time the hand weight becomes too heavy, you can use lighter weight, or no weight at all. And of course, if you need intensity, increase the hand weight.



## A Lasting Legacy

This adage is prominently displayed in our home:

*“The inheritance that matters most is a Godly LEGACY of authentic Christian faith that will impact members of future generations for good throughout eternity.”*

I have always enjoyed working with acrostics, certainly makes the thought easier to remember. Prayerfully, I came up with this one that I trust will be passed down through our family for generations to come:

**L**eaving  
**E**veryone  
**G**odly  
**A**nd  
**C**hristlike  
**Y**earnings

Recently I shared this thought with a friend, and she was intrigued by the word “Yearnings”. She reminded me that in the words of Jesus we as Christians are to be the “Salt of the earth”. We all know that salt makes us thirst, thus being the “Salt of the earth” causes us to yearn to be Christ-like in every area of our lives.

Let us all be more loving, kind, thoughtful, and totally dedicated as Christians in this thirsty world. In fact, Jesus left us with an assignment: ‘To have an impact on those around us, thus daily living out our LEGACY.’

It is so important to remember that our time on this earth is short at best. The resources and abilities God daily so lavishly bestows upon us are to be used in ways that serve others and honor Him. Prayerfully many will be led to embrace the Love of Jesus.

And my friends, only in eternity will we finally realize the full impact of our LEGACY. Think about that!

This is the time for me to live life to the very fullest - to enjoy the moment, to make every day really count. I want to model qualities that cause others to dwell on the positive, laugh more, cherish friendships, love family, and enjoy the simple things of life. I want to help everyone realize that we still have opportunities to accept others as they are, to genuinely love them, and to have a lasting impact for Christ.

Now that I am living as an 81-year-old, I have come to really be aware of my own mortality. I am so grateful for assurance that in the years that lie ahead, Jesus is already there, and I can fully trust Him. He holds my future!  
May I spend more time every day in meditation, prayer and Bible reading.

This quote is so true and so very important:

**“The more you get into the Bible, the more the Bible gets into YOU!”**

We should all honor this thought:

**“The more you know the Word of God, the more you know the God of the Word.”**

Let’s carefully consider these beliefs as we sum up our LEGACY:

Remember, fellow Christians, we are **Saved To Serve**.

Invest your time in people and projects that will live on after you die. Be a friend. Make that phone call and really listen. Genuinely show concern for others. Share the Gospel, give someone a Bible, make a visit, send a card. Pray for your lost loved one. Donate time or money to a Christian ministry, and... there is always more that we can do as opportunities arise. As you trust Him, God will reveal His path for you.

You never can measure what God can do through you if you are rightly related to Jesus Christ. Will you consider this thought: As you arise each morning, instead of asking God what He wants you to DO today, ask Him who He wants you to BE, after all we are human beings!

There are chapters in our lives for which there are no simple answers or explanations, and certainly this Pandemic we are experiencing is one. Regardless of what is ‘going on’ we are writing the story of our lives right now, today, one moment at a time. Remember this: as we carefully pick our words and match them with our actions, our lives will encourage our lineage to mirror our faith, with their own words and with their own lives.

In so doing, “In the Sweet By and By”, we will go to our eternal home knowing that our LEGACY was one that truly honored God and reflected the Redeeming Love of our Lord and Savior, Jesus Christ.

Oh, What JOY Awaits!



Martha Pierce

# Are Men Stronger Than Women?



Every morning (Ok, almost every morning) I wake up at 4:30 and drink my pre-workout drink. My pre-work out drink, labled “Total War” gives me the jitters. Loaded with Beta Alanine, L-Citrulline, and Taruine, it gives me the “get up and go” I need for an early morning workout.

I like to think that the stuff I drink in the morning with ingredients I can’t pronounce makes me stronger. I am by no means ready to compare myself to any bodybuilders or Strong Man champions, but more often than not, it helps.

In his essay “Put Pain Like That Beyond My Power,” Theologian Gerald Hiestand says “Physical power disparity between men and women has been purposefully ordained by God as a typological pointer to the gospel.”

While some men and women in the gym may lift heavier weights than me, have bigger muscle mass than me, and workout harder than me, Hiestand does not have that type of physical power in mind. His generalization is that overall, men are stronger than women, not just in the weight room, but in the will.

The question is, is that even politically correct to say? And if true, how does it point us to the gospel?

Hiestand’s comment is a response to Marxist feminism, which argues that culturally men have used force to oppress women. Not that far back in history, women were not allowed to vote, serve in the military, and were stereotyped as homemakers whose purpose in life was to serve her husband “barefoot and pregnant.” Even in other parts of the world, such as Saudi Arabia where it is illegal for women to drive and China, where recently the “one child” law was abolished, women have been treated as second-class citizens. Because men occupied a power position in culture, they had the ability to force their will on women. For the Marxist feminist, the solution is a redistribution of political and social power, so that women have an equal or even greater share in creating the power structures that we all live by.

However, while we can recognize that inherent power structures that favor one sex over another do exist (and I submit that if those cultural power structures favored women, men would be considered second-class citizens), perhaps would should go to biology as the root of the issue.

Perhaps cultural power structures are the way that they are is because of biology. In other words, God has created man in such a way that, generally speaking, he is different than female. In essence, biologically, men and women are different. Apart from obvious differences in our reproductive systems, physical differences between men and women play a role. According to Psychology Today, “Men are physically stronger than women, who have, on average, less total muscle mass both in absolute terms and relative to total body mass. The greater muscle mass of men is the result of testosterone-induced muscular hypertrophy. Men also have denser, stronger bones, tendons, and ligaments (Psychology Today, “Battle of the Sexes” July 2012).

Indeed, females have a great deal of power – intellectual, emotional, relational, spiritual – in many areas that men lack in. But biologically speaking, men have the market on physical power cornered. That physical power in turn is responsible for creating cultural power structures that have set themselves up in societies for hundreds, if not thousands of years. Hiestand states “Clearly there is something hardwired into the system that perpetuates the inequalities. The history of our species teaches us that human beings seek their own advantage at the expense of others, and that apart from some outside influence, will continue to do so to the degree that they have capacity.” Darwin’s “Survival of the Fittest” was not an original idea, it is just the nature of things. At times, this seems asymmetrical or unfair; that the balance of power would shift one way, favoring men over women. But are the feminists right in positing that the solution be a radical redistribution of social and cultural power?

I think in some ways, this could be an honest and good start, but will ultimately fall short. The better solution is a robust theology of gender identity and a complementarian posture. A biblical understanding of gender identity takes both biology and cultural stereotypes in consideration to understand that God has created humanity male and female, and that our gender (the way we feel psychologically) is intrinsically tied to our sex (the way we were born). This is a part of God’s good design and blueprint for flourishing. In creating us biologically and genetically different, a Christian ethic of community and relationship was established, particularly through the institution of marriage. The point of marriage, Ephesians 5:21-32 tells us, is to describe the relationship between Christ and the church. The purpose of human marriage is not merely our happiness, but to point to the rich truth that Christ loves and gives himself up for his bride, a picture of our salvation; a picture of the gospel. The writer of Ephesians 5, Paul, links this truth to Genesis 2, assuring us that from the beginning, God made humans male and female, in his likeness. In the marriage between Christ and his bride, Christ is authoritative and the church is submissive. This complementarian picture gives human marriages meaning and what Hiestand calls “divine intentionality.”

How do we answer the question, “Are men stronger than women?” We should answer this question “Yes, because God created the dynamic between men and women to mirror the dynamic between Christ and the church. A relationship of authority and surrender, protection and vulnerability, and redeemer and rescued.” God created us biologically ordered with purpose to reveal a deeper mystery: the gospel. It has little to do with how many women can bench press more than me at the gym, and it has everything to do with Jesus sacrifices himself for us for our good and his glory.



Will Matthews Associate/Student Pastor- Immanuel Baptist Church

### Sweet and Savory Curried Popcorn

Yield: 8 cups

- 8 cups unsalted, unbuttered popped popcorn
- 1/3 cup ghee (clarified butter) or coconut oil
- 2 tablespoons brown sugar
- 1 tablespoon honey
- 1 teaspoon curry powder
- 1/2 teaspoon cumin
- 2 teaspoons flaked sea salt

Place popcorn in large mixing bowl.

In saucepan over medium heat, melt ghee, brown sugar, honey, curry powder and cumin; stir until dissolved. Bring to light boil; remove from heat.

Toss ghee mixture and salt with popcorn; transfer to serving bowl.



# Fun, On-the-Go Health Hacks

Make every bite count with whole-grain popcorn snacks

#### FAMILY FEATURES

As many people start getting back into normal routines, they're returning to familiar on-the-go lifestyles by heading back to work, traveling to new destinations and enjoying time with loved ones.

While you get out to explore and gather with family and friends again, remember you'll need fuel for your adventures. According to a National Health and Nutrition Examination Survey, most Americans fail to get enough whole grains each day, opting instead for mostly refined grains.

Foods like tasty whole-grain popcorn offer an easy health hack so you can make every bite count. Try getting in the habit of popping 9 cups of popcorn in the morning and dividing it into two containers. Season one container with salt and herbs, the other with a pinch of sugar and cinnamon so you can alternate between sweet and salty throughout the day. Bringing delicious options like these while on the go can help satisfy hunger pangs while adding the fiber your body needs.

Because mouthwatering whole-grain popcorn is versatile and 3 cups is equal to one serving of whole grains, it's a simple yet flavorful option for meeting dietary recommendations. It can be a breeze to add it to snacks like Blueberry and Pomegranate Power Bars, Crunchy Popcorn Trail Mix or Sweet and Savory Curried Popcorn. You can even satisfy kids' cravings with Grab and Go Pizza Popcorn, a six-ingredient recipe made in a matter of minutes.

Visit [popcorn.org](http://popcorn.org) to find more nutritious snack ideas.

### Crunchy Popcorn Trail Mix

Yield: 9 cups

- 5 cups popped popcorn
- 3 cups whole-grain oat cereal
- 1/3 cup raisins
- 1/3 cup peanuts or other nuts
- 1/3 cup sunflower seeds
- 1/4 cup (1/2 stick) butter or margarine
- 6 tablespoons brown sugar
- 2 tablespoons light corn syrup

In large, microwavable bowl, stir popcorn, cereal, raisins, nuts and seeds; set aside.

In small saucepan, heat butter, brown sugar and corn syrup until boiling; cook 3 minutes, stirring occasionally. Pour over popcorn mixture, stirring to coat evenly.

Microwave 3-4 minutes, stirring and scraping bowl after each minute.

Spread onto greased cookie sheet; cool. Break into pieces and store in airtight container.



### Blueberry and Pomegranate Power Bars

Yield: 12 bars

- Nonstick cooking spray
- 8 cups popped popcorn
- 1 1/2 cups old-fashioned rolled oats
- 1 cup dried blueberries
- 1/2 cup pomegranate seeds
- 1/2 cup whole natural almonds, toasted and coarsely chopped
- 2/3 cup honey
- 2/3 cup light brown sugar
- 2 tablespoons butter or margarine
- 6 ounces bittersweet chocolate, melted

Line 13-by-9-inch pan with foil; spray with nonstick cooking spray.

In large bowl, combine popcorn, oats, blueberries, pomegranate seeds and almonds.

In small saucepan over low heat, boil honey, brown sugar and butter 2 minutes. Pour over popcorn mixture and mix thoroughly.

Using damp hands, press mixture firmly into prepared pan. Refrigerate until firm, about 2 hours. Cut into 12 bars.

Dip bottoms of bars into melted chocolate. Place on wax paper-lined pan; refrigerate until ready to serve. Store in tight covered container in refrigerator.



### Grab and Go Pizza Popcorn

Yield: 6 quarts

- 6 quarts popped popcorn
- olive oil cooking spray
- 1 cup grated Parmesan cheese
- 2 teaspoons garlic salt
- 2 teaspoons paprika
- 1 tablespoon Italian seasoning

Place popcorn in large, sealable plastic container or 2 1/2-gallon plastic sealable bag.

Spray popcorn lightly with olive oil cooking spray.

Sprinkle cheese, garlic salt, paprika and Italian seasoning over popcorn and shake to distribute evenly.

To serve, scoop popcorn into reusable plastic cups.

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**1 PM - 5 PM**

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*health*

*well-being*



*fun*

*family*

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***THE SAMPSON COUNTY HEALTH DEPARTMENT INVITES EVERYONE TO JOIN US FOR A DAY OF FAMILY, FUN, FOOD, AND ENTERTAINMENT, AS WE ALL CONTINUE TO DO OUR PART TO ENSURE THAT EVERYONE IS HEALTHY DURING THIS PANDEMIC.***

For more information, call the Sampson County Health Department at (910) 592-1131

# Leading Sampson: Maynor Remains Committed to Education & Community



Maynor brings 40 years of experience in public education to the SCC Board of Trustees. (Photo Credits, Cheyenne McNeill)

For approximately 40 years, Vivian Maynor dedicated her career to public schools in North Carolina. Maynor’s career in education was split between classroom instruction and as an administrator. Maynor served as Principal at L.C. Kerr Elementary School for several years before her retirement. In 2020, she joined the SCC Board of Trustees.

For Maynor, community involvement and her dedication to education have always been about ensuring that the local community has access to all that it needs. Maynor says deciding to join the Board of Trustees was as simple as ensuring that Sampson Community College continues to offer life-changing opportunities to local students.

“I remember when Sampson Community College was just getting started, and I took a writing class there the year that I went off to college, Maynor remembered. “I joined the Board of Trustees so that I could do whatever I could to ensure that SCC continues

to serve our area.”

As a member of the Board of Trustees, Maynor says values like honesty and collaboration matter most. At the end of each board meeting, Maynor hopes to leave confident in the decisions made, and sure that the decisions are best for the students and employees of the college.

“You have to think hard about the effects that these decisions will have on all parties involved. These decisions have to be as a team, and as board members, we have to agree on what’s best for the community,” Maynor remarked.

Lisa Turlington, Dean of Advancement and Executive Director of the Foundation, says that Maynor’s commitment to the college has been evident since she joined the board last year.

“As a relatively new member of the board, Vivian has been eager to learn about the college and how she can serve. She brings expertise in public education that can help shape how the college fulfills its mission,” Turlington observed.

Maynor hopes to carry the same philosophy that she developed as a school administrator into her role as a member of the Board of Trustees, that of servant leadership.

“You have to learn how to walk in the footsteps of other people. No task is too small or too big,” Maynor shared.

President of Sampson Community College, Dr. Bill Starling, says Maynor has already shown her ability to adapt since she joined the board as meetings were taking place via Zoom.

“Vivian has been actively engaged as a new board member. There is some transition from the public school to community college work, but the focus is still on improving the lives of students. We are looking forward to working with her now that we are able to interact in regular board meetings,” Starling shared.

Maynor says being involved at every level allows her to more accurately assess complaints and praises that come to the Board. As the newest member of the Board of Trustees, Maynor still has a much to learn, but she’s excited about the opportunity to continue serving SCC and Sampson County in this capacity.

# Leading Sampson: Michael Warren

After a career dedicated to education, including six years of service on the Sampson County Board of Education and several years as a school administrator, Michael Warren knew that the natural next step in his career would be joining the Sampson Community College Board of Trustees.

“I’d always had high regard for the college and joining the Board of Trustees had always been a goal of mine since I retired. I have a respect for the teamwork that it takes to provide that foundation to back up the administration and staff as they provide the programs and opportunities for students,” Warren explained.

Warren emphasized the importance of having a cohesive board in order to function properly and achieve the goals set before them. Goals including setting policy, developing and approving the budget, and hiring the president, when applicable.

Lisa Turlington, Dean of Advancement and Executive Director of the Foundation, says Warren’s expertise in public education has made him an asset to the board.

“Mike brings years of leadership in public education to the board and knows the unique issues facing higher education today. The college is lucky to have his expertise and knowledge on the board,” Turlington expressed.

Between his years as a school administrator and his time on the board, Warren has



With a life-long career dedicated to education, joining the Board of Trustees allowed Michael Warren to continue his life’s work. (Photo Credit, Cheyenne McNeill)

seen the benefits of attending SCC. Whether students seek degrees or take short-term training courses, Warren says it is, “the best deal around.” Overall, Warren believes the college is an excellent resource for the local community.

“Whether you’re getting a degree and moving on, learning a skill or trade, or simply picking up a skill, it all folds back into Sampson County with a better prepared community,” Warren explained. “Sampson Community College is an institution of higher learning, and whether you stay here or move away, the college enhances the everyday way of life.”

Sampson County is not a bustling, busy city, but Warren says that is what allows SCC to make its impact – by tapping into and targeting the local industries like agriculture, truck driving, and others that thrive in rural counties.

President of SCC, Dr. Bill Starling, says Warren’s years as a school superintendent trickle into his membership with the Board of Trustees.

“Mike brings the wisdom of that service to our conversations and provides perspective to his counsel when decisions are before the board. He’s always personally encouraging to our leadership team,” Starling commented.

Whether in the board room or out and about in the county, Warren carries respect for others with him. He says that by doing so, other values, like honesty and loyalty, follow. Each, he says, is pivotal to accomplishing the goals of the Board of Trustees.

“By being an honest and loyal person, we can work together to enhance the living conditions and the culture of a little community called Sampson County,” Warren shared.

About Sampson Community College: Sampson Community College is a member of the North Carolina Community College System, located in Clinton, NC in Sampson County. The college offers many programs to include two-year degrees, college transfer, continuing education and workforce development options, and early college education.

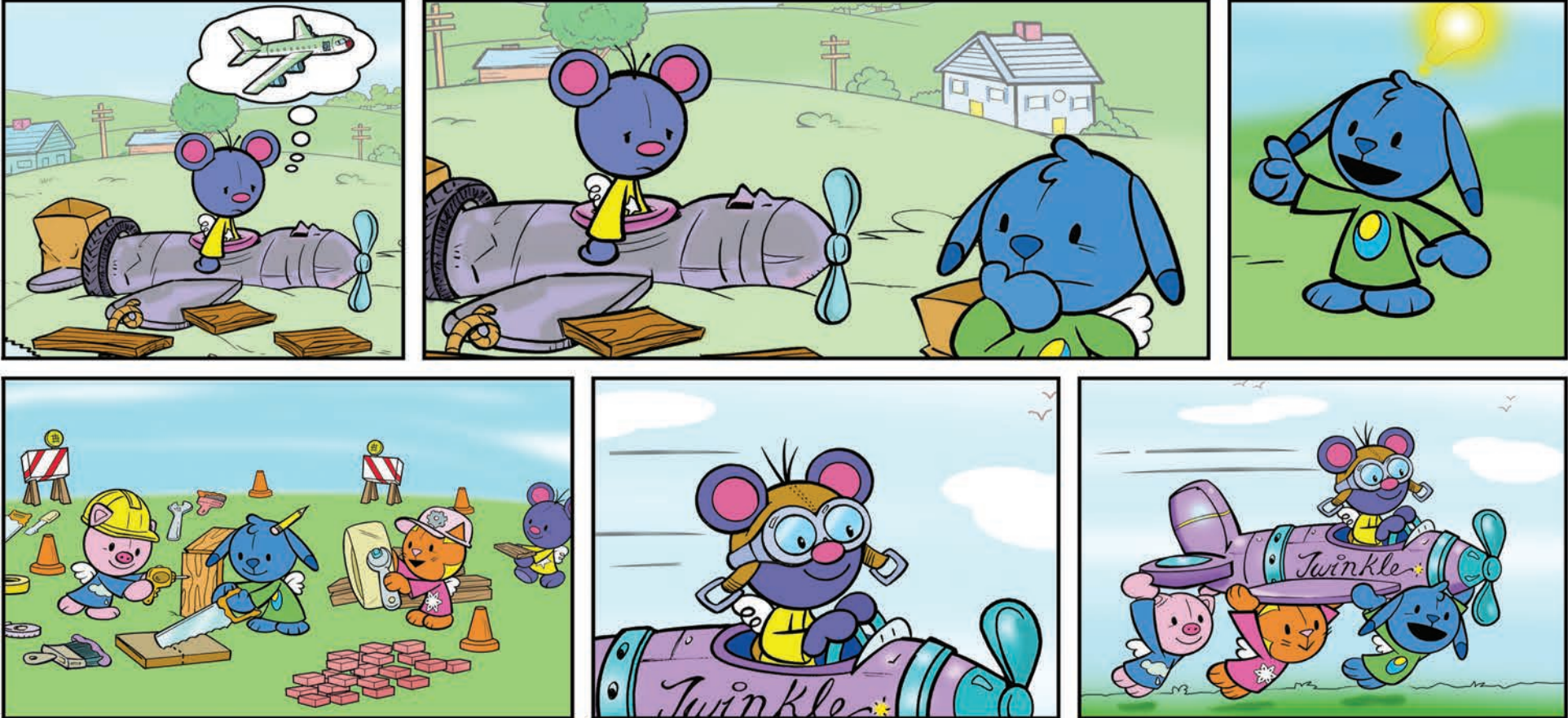
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# Just for Fun!

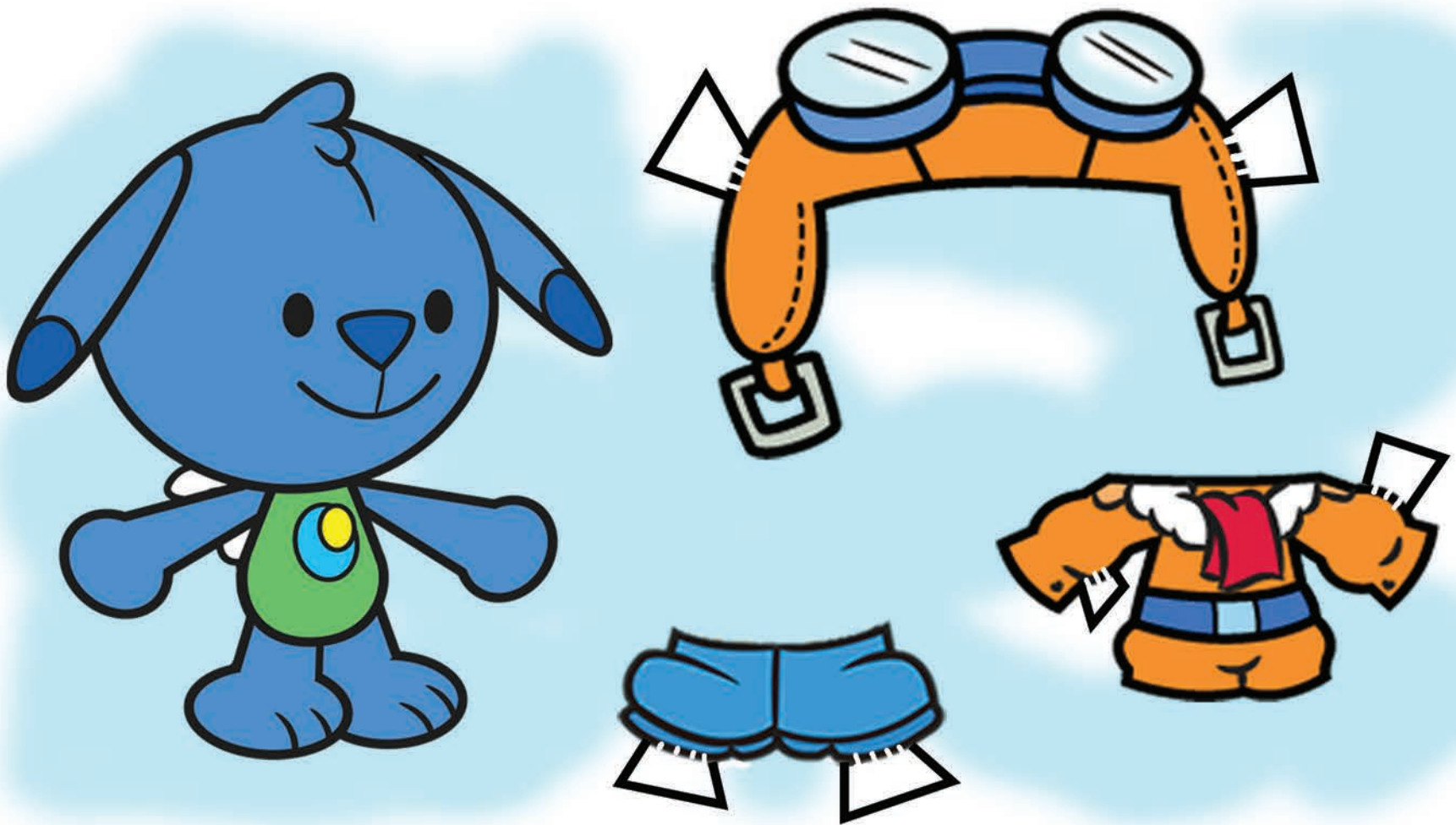
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Now erase some of the lines as shown. Add some simple lines for the ground below.

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# PUZZLES

## The Weekly Crossword

by Margie E. Burke

**ACROSS**

1 Musher's transport  
 5 Chatter indiscreetly  
 9 Incite  
 14 Honey bunch?  
 15 White House worker  
 16 Nilla product  
 17 Word after gray or play  
 18 Harbor vessel  
 19 Cover story?  
 20 Order  
 22 Wearable wares  
 24 Sign-making aid  
 26 Small wooded hollow  
 27 Be silent, in music  
 30 Deli offering  
 32 In a lather  
 34 Destroyer, in Navy slang  
 38 To \_\_\_ it mildly...  
 39 Lessen the value of  
 41 It's next to nothing  
 42 Boil  
 44 Blood feud  
 46 Tuxedo, at times  
 48 Admiral's command  
 49 Bumpkin  
 52 Warning word  
 54 Come apart  
 56 California valley  
 60 Windmill part  
 61 Overdue  
 63 Insect stage  
 64 Stocking stuff

**DOWN**

1 Deception  
 2 Former Italian coin  
 3 Type of keel  
 4 Determined (upon)  
 5 Tend to the turkey  
 6 Authorized seller  
 7 Brouhaha

12 Yankee's foe  
 13 Food for whales  
 21 Kind of case  
 23 Typewriter roller  
 25 Autopsy subject  
 27 Soldier's lullaby  
 28 Fluish feeling  
 29 Give as an example  
 31 Aware (of)  
 33 From that time  
 35 Sheep shelter  
 36 Part of a pot

8 Complain loudly  
 9 Give and take?  
 10 Richard Boone TV role  
 11 Ardent  
 12 Yankee's foe  
 13 Food for whales  
 21 Kind of case  
 23 Typewriter roller  
 25 Autopsy subject  
 27 Soldier's lullaby  
 28 Fluish feeling  
 29 Give as an example  
 31 Aware (of)  
 33 From that time  
 35 Sheep shelter  
 36 Part of a pot

37 Straight, at the bar  
 40 Statue support  
 43 Potter's pedal  
 45 Planetary path  
 47 Candle ingredient  
 49 100 kopecks  
 50 Like a new candle  
 51 Impudent  
 53 "Hello, My Name Is Doris" star  
 55 Turn  
 57 Pick through  
 58 Creative work  
 59 Finger, in a way  
 62 Jungle swinger

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## STR8TS

No. 382 Medium

7				6			
			5		3		
				9	8	7	1
						2	3
			6	3			2
			7			3	8
8							6

You can find more help, tips and hints at [www.str8ts.com](http://www.str8ts.com)

Previous solution - Easy

6	7	8	5	4	2	9	
5	6	3	4	2	7	8	
7	1	2	6	3	4	5	
4	3	2		1	5	6	7
3	2		9	7	8	6	4
5	6	8	9	7		3	4
2	4	3	7	8	9		6
1	9	4	5	6	7	8	
		5	6		8	9	3

**How to beat Str8ts** – Like Sudoku, no single number can repeat in any row or column. But... rows and columns are divided by black squares into **compartments**. These need to be filled in with numbers that complete a 'straight'. A **straight** is a set of numbers with no gaps but can be in any order, eg [4,2,3,5]. Clues in black cells remove that number as an option in that row and column, and are not part of any straight. Glance at the solution to see how 'straights' are formed.

## SUDOKU

No. 382 Very Hard

			8					
	5		9		3		2	
2		4		6				
4						2		7
	2	5				4	6	
8		1						3
				1		9		2
	3		7		9		8	
					8			

Previous solution - Tough

5	6	2	1	8	4	9	7	3
9	8	3	7	5	2	1	4	6
4	1	7	6	3	9	2	8	5
6	2	8	9	1	7	5	3	4
1	5	4	8	2	3	7	6	9
3	7	9	4	6	5	8	1	2
2	3	6	5	7	1	4	9	8
8	4	1	2	9	6	3	5	7
7	9	5	3	4	8	6	2	1

To complete Sudoku, fill the board by entering numbers 1 to 9 such that each row, column and 3x3 box contains every number uniquely.

For many strategies, hints and tips, visit [www.sudokuwiki.org](http://www.sudokuwiki.org)

If you like Str8ts check out our books, iPhone/iPad Apps and much more on our store.

The solutions will be published here in the next issue.

E	S	T	E	D	M	R	H	T	E										
W	U	S	L	A	P	O	E	L	S	L									
A	P	P	E	L	A	T	E	D	V	B									
N	O	C	I	L	S	L	E	V	A	R	N	U							
			L	U	F	E	R	C	A	R	E	R							
			F	L	E	D	E	N	T	E	R	E							
			V	E	N	D	E	N	E	V	E	S							
			N	O	N	E	N	E	A	P	E	P	U	T					
			C	A	N	C	A	N	T	I	N	E	D	A	T	I	G	A	
			I	A	M	I	S	A	V	A	L	T	E	T	A	C	E	T	
			D	E	L	L	C	I	L	N	C	E	N	T	E	S			
			A	P	A	R	E	A	P	A	T	E	A	N	D	A	N	D	
			A	L	I	B	I	A	L	I	B	I	A	R	E	A	V	A	
			W	A	F	E	R	A	I	D	E	A	I	D	E	A	I	D	
			S	P	A	R	K	B	L	A	B	B	L	A	B	B	L	A	B

Solution to Crossword:

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## Psalm 10 (Psalm 10:1-18)

P O O R P P A W A Y B H  
 L O R D S T A N D G N U  
 L P H S P G R E E D Y N  
 I L I I U K R P D E V T  
 K A D E N F O R E V E R  
 E N E V I L G A S E V O  
 B R A G S O A I I R I U  
 P O R P H A N S R E C B  
 E C A U G H T E E P T L  
 O U H E L P L E S S I E  
 P R O U D H Y K E W M F  
 L S E E M O T H E R S N  
 E E W A I T H I N K C L

ARROGANTLY	AWAY	BRAG
CAUGHT	CURSE	DESIRES
EVER	EVIL	FOREVER
GREEDY	HELPLESS	HIDE
HUNT	LIKE	LORD
ORPHANS	OTHERS	PEOPLE
PLAN	POOR	PRAISE
PROUD	PUNISH	SEEK
SEEM	STAND	THINK
TROUBLE	VICTIMS	WAIT

## What's the Difference?

There are four things different between Picture A and Picture B. Can you find them all?



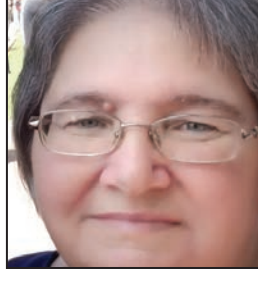
Answers: 1. Missing apple 2. Woman's hair is shorter 3. Boy's shirt is red 4. There is a dog

# OBITUARIES



**CLINTON**

**Addie Jean Beasley, 89**, of Railroad St., Clinton, went to be with our Lord and Savior on July 28, 2021 at Mary Gran Nursing Center. Addie was born February 14, 1932, in Sampson County to the late George Butler and Beulah Pope Hope. She was the widow to the late James Elwood Bradford and Leon Sidney Beasley. She grew up in Sampson County and graduated from Clinton High School. She worked at Roses department store for more than 55 years. She attended West Clinton Original Freewill Baptist Church. Addie was an adoring and kind woman who loved God and her family more than anything. She was a friend to all, an earthly angel who shared love and kindness to everyone she encountered. She will be greatly missed by all who knew her. She enjoyed working outside in the sunshine; planting her flowers and watching them grow. In addition to her parents and husbands, she was preceded in death by her daughter Violet "Leasy" Bradford; great grandson Donnie Millen; great-great grandson, Dace Howard; sisters Janice Lee, Annie Frances McLemore, Edna Hope and brother George Hope Jr. Addie leaves to cherish her memories: Daughters- Debbie (William) Grice and Sherry Millen; Sons- Tony Bradford and Greg (Cheryl) Bradford; Grandchildren- Susan (Daniel) Lanier, Heather Bradford, Alissa (Carlos) Melvin, Shannon (Shelly) Grice, Derrick Millen, Jamie Bradford, Dusty Millen, Cory Millen, Lindsey (Jonathan) Griffin, Lucas Bradford, Gene Faircloth, Brett Carter, Josh Carter and Eric Carter; 22 great grandchildren; and a host of other relatives and friends. A funeral service will be held at 11 AM, Saturday, July 31st at West Clinton Original Freewill Baptist Church (110 Pierce Street, Clinton, NC) with Rev. Ken Benton officiating. Interment will follow in the Clinton City Cemetery. The family will receive friends one hour before the service at the church and at other times at the home of her daughter, Sherry Millen at 211 Park Avenue, Clinton.



**Clinton**

**Deborah Jane Fussell Ammons, 59**, of 361 Tram Road, passed away Sunday, July 18, 2021 at Rex Hospital. Funeral service will be held at 3 PM, Thursday, July 22nd at Holly Grove Holiness Church with Rev. Randy Simmons and Pastor Stevie Jacobs officiating. Interment will follow in the church cemetery. The family will receive friends from 6 PM - 8 PM, Wednesday, July 21st at Holly Grove Holiness Church and at other times at the home. Deborah, who was born in Sampson County March 16, 1962, was the daughter of the late Charles David Fussell and Elenora Lois Jones Fussell. She was a supervisor for Brooks Brother for 31 years and a member of Holly Grove Holiness Church. Survivors include: husband of 41 years, Elvis Pernel Ammons; son, Christopher Wayne Ammons (Santana); daughter, Tracy Lynn Ammons; grandchildren, Nevaeh, Kayleigh, Lucas, Maya, Bella and Jade; sister, Elizabeth Ann Fussell; brother, Charles Benjie Fussell; aunt, Betty Jackson; and numerous family and friends. Online condolences may be sent to family at [www.crumpler-honeycutt.com](http://www.crumpler-honeycutt.com).



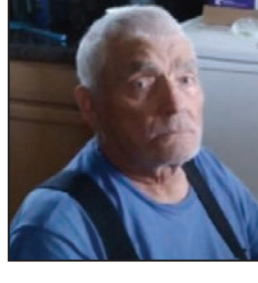
**CLINTON**

**Mr. Calonza Artis, age 97** of Clinton, NC departed this life on July 21, 2021. Funeral Services will be held on Tuesday, July 27, 2021 at 12:00 Noon in the Union Grove Church of Christ (Disciples of Christ). Burial will take place at Hillcrest Cemetery. There will be a viewing on Tuesday, July 27, 2021 from 11:00 AM to 12:00 Noon at the church. Mr. Artis is survived by: daughter, Carlette Daniels; sisters, Esther Johnson, Emily (David) Kinsey and Clara (Bobby) Murphy; granddaughter, Andrea Allen and a host of other relatives and friends. Please follow social distancing at the services and masks are required.



**STEDMAN**

**Jerry Pasley Cashwell, Sr., 85** went to be with the Lord on Friday, July 23, 2021. Services will be private for the family. A memorial service will be announced at a later date. Jerry was born in Sampson County to the late Johnny Cashwell and Sylvia Fields Cashwell. In addition to his parents he is preceded in death by his brothers, Edward, Jimmy and Teddy Cashwell; and a sister, Ann Cashwell. He leaves to cherish his memory his wife, Barbara Cashwell of the home; children, Tami Lewis & husband, Sherrill of Wade, Melanie White & husband, James of Stedman, Jo Faircloth & husband, Wayne of Stedman, and Jerry "Bud" Cashwell, II of Stedman; grandchildren, Julie Till & husband, Bryan of Aberdeen, April Scott & husband, Scotty of Stedman, Kayla Fahey & husband, Matt of Pearlman, TX, Jenna Faircloth of Fayetteville, Jeremy Faircloth & wife, Michelina of Fayetteville, Pasley White & husband, Jacob of Palmer, Alaska, and Bryson and Ashby Cashwell both of Stedman; great grandchildren, Hailey and Hayden Fahey, Grayson Scott, and Brynley Till; sister, Lyndia Autry of Stedman; and a brother, Joe Cashwell and wife, Sara of Garland. Services entrusted to Butler Funeral Home, 6535 Clinton Road, Stedman, NC 28391.



**WALLACE**

**Mr. Charlie V. Daniel, 83**, of Wallace (formerly of Harrells), passed away on Monday, July 26, 2021 at Vidant Duplin Hospital in Kenansville. A Graveside Service will be held at Grandview Memorial Park on Thursday, July 29, 2021 at 11:00 am with Rev. Allen Moore officiating. The family will receive friends prior to the service, from 9:30am-10:30 am at the chapel at Royal-Hall Funeral Home. Born on September 6, 1937 in Sampson County, Charlie was the son of the late Charlie Blake and Sophronia Tyndall Daniel. He was an auto mechanic, working with several dealerships and shops around Sampson and Duplin counties. He had a passion for cars and watching drag racing. Charlie also loved to go fishing and being outdoors. He was a good man with a heart of gold and will be greatly missed. He is survived by his wife, Laverne Brock Daniel of the home; daughter, Betty "Irene" Daniel of Harrells, son, Charlie "Perry" Daniel and wife, Janice of Harrells; stepdaughter, Kay Tyndall and husband, Norman of Kenansville; stepsons: David Brown and wife, Sherry of Wallace, Dennis Brown and wife, Anna Sue of Surf City. He is also survived by a grandson, Joshua Biggs and fiancée Samantha; a great-grandson, Gabriel Biggs; one step-granddaughter and two step-grandsons. In addition to his parents, he was preceded in death by his first wife, Betty Jean Moore Daniel. Royal-Hall is honored to serve the Daniel Family.



**CLINTON**

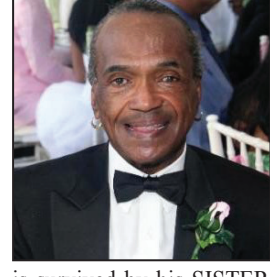
**Mr. James L. "Pete" Faison, 68** of 152 Hook Lane, Clinton, NC passed on Thursday, July 22, 2021 at Cape Fear Valley Health Systems, Fayetteville, NC. The funeral will be held at 1 p.m., Thursday, July 29, 2021 at The Sampson County Agri-Exposition Center (Civic Center) with Rev. Marvin T. Clowney officiating. The burial will follow in Hillcrest Memorial Park. Mr. Faison is survived by his WIFE-Selena

"Sweetie" Faison of the home; DAUGHTER-Jahara Marie Faison of Warsaw, NC; SON-Anthony Rovell Boone of Fayetteville, NC; SISTERS-Rev. Mary King, Rev. Gloria Battle and Wanda Peterson all of Clinton, NC; BROTHERS-Eddie Faison of Albany, GA, Clarence Faison, Jr. and Anthony Faison both of Clinton, NC; 3 grandchildren. Visitation at Worley Funeral Home Wednesday, July 28, 2021 2:00 - 6:30 p.m./Family 5:00 - 6:30 p.m.

**Thomaston, GA**

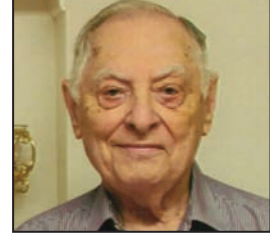
**Ms. Joan (Bryant) Gardner, 90**

went to be with the Lord on Friday, July 23, 2021 at Liberty Commons Nursing & Rehabilitation Center in Whiteville. A graveside service will be held at 3:00 PM Sunday, July 25, 2021 at Beaver Dam Baptist Church Cemetery, officiating will be Rev. Michael Shook and Rev. Ray Backer. The family will receive friends from 2:00 PM to 2:50 PM Sunday in the church sanctuary prior to the graveside. Joan was born in Cumberland County, NC to the late Lalister Bernard (Lal) Bryant, Sr. and Mollie Parrish Bryant. She is also preceded in death by her parents, her husband, Lawrence Henry Gardner; a sister, Maureen Bryant Gardner and brother, Lalister Bernard (L. B.) Bryant, Jr. She leaves to cherish her memory her daughter, Frankie Formy-Duval & husband, Mike of Lake Waccamaw; son, Dr. William B. Gardner & wife, Lori of Thomaston, GA; sisters, Mary Jane Bryant, Polly G. Bryant and Dorothy Bryant Vinson all of Roseboro, Marie Bryant Backer of Fayetteville, and Sybil Bryant Brown of Greenville, SC; grandchildren, Sarah Gardner Carlton & husband, Cameron and Seth Bryant Gardner all of Columbus, GA; great grandchildren, Norah Reese Carlton, Nolan Clark Carlton and Wesley Strauther Carlton; sister-in-law, Ruby N. Bryant of Roseboro; and numerous nieces and nephews. Services entrusted to Butler Funeral Home, 401 W. Roseboro, NC 28382.



**CLINTON**

**Mr. Wendell Goodman, 77**, of 411-A Sampson Street, Clinton, passed away Tuesday at Sampson Regional Medical Center, Clinton. The funeral service will be held at 2pm, Sunday, July 18, 2021 at the First Baptist Church, Clinton, NC with Rev. Leonard Henry officiating. Burial in Sandhill Cemetery, Clinton, NC. Mr. Goodman is survived by his SISTER-Joann Goodman Parker of Greensboro, NC. The live-stream will be available AT THE SERVICE TIME. NOTE: To access the service via Facebook, log on to your Facebook account and type in Worley Funeral Home. Visitation at First Baptist Church Sunday, July 18, 2021 1pm-2pm.



**CLINTON**

**Arthur James Hondros, 90**, of 226 Beam Street, passed away Friday, June 23, 2021 at Parkwood Retirement Center in Sanford, NC. Graveside service will be held at 3 PM, Sunday, July 25, 2021 in the Clinton City Cemetery with Rev. Chubby Rieber officiating. Arthur, born March 13, 1931 in Sampson County, was the son of the late George Spiro Hondros and Ethel Zaharis Hondros. He was the owner and operator of the Little Pep Grill for 35 years. He was in the US Air Force and served in the Korean War. In addition, he was a member of the Hiram 98 Masonic Lodge for 65 years, Sudan Shriners and 32 degree Mason Scottish Rite member and a member of the American Legion Post 22 of Clinton. He loved to travel. Survivors include his niece Peggy Ann Clark (Jeff), friends Joe and Marjorie Morris and a host of other friends. In lieu of flowers memorials may be made to the Masonic Home for Children at 600 College St., Oxford, NC 27565. Online condolences may be sent to the family at [www.crumpler-honeycutt.com](http://www.crumpler-honeycutt.com).



**AUTRYVILLE**

**Mr. Harrison Tyler Lambert, 29**

passed away on Thursday, July 15, 2021 at his home. A graveside service will be held at 11:00 AM on Wednesday, July 21 at Spring Branch Baptist Church Cemetery with the Reverend Hampton Faircloth officiating. Mr. Lambert was a native of Cumberland County, the son of Terry Lambert and Karen Beal Joyner. He was preceded in death by his half-sister, Nina Brown. He was a member of Pleasant Union Baptist Church. He is survived by his wife, Whitney Lambert of Dunn; son, Ashton Lambert of Godwin; daughter, Mallory Lambert of Roseboro; mother, Karen and step-father, Travis Joyner of Autryville; father, Terry and step-mother, Dana Lambert of Godwin; maternal grandparents, G.R. Beal Jr., and Faye Beal of Autryville; paternal grandfather, Howard Lambert of Dunn; paternal grandmother, Becky Lambert of Godwin; two step-sisters, Caitlin Joyner of Clinton and Madison Phillips of Dunn; step-brother, Jay Tew of San Diego, CA; aunt and uncle, Kay and Timmy Williams of Roseboro; aunt and uncle, Monica and David Lucas; and uncle, Robbie Lambert. Services entrusted to Butler Funeral Home, 401 W. Roseboro Street, Roseboro, NC.



**OSEBORO**

**Ms. Laura McPhail Williams, 96** went to be with the Lord on Friday, July 23, 2021 at Kitty Askins Hospice Center in Goldsboro. The family will announce services at a later date. Mrs. Williams was a native of Sampson County, the daughter of Marcellus and Vira Parker McPhail. She was preceded in death by her parents; her husband, Dr. Harry R. Williams; daughter, Muriel Williams Callahan; brothers, Gordon McPhail and Joe Duncan McPhail; and sisters, Lena Amunrud, Joyce Irish, Clara Hussey and Marybelle McPhail. She loved the Lord, her family, church family, friends and life. Years ago she said, "I realize that I will never have any grandchildren, but I love all of my "grandpoodles" dearly. The love they had for her was immense. Animals can easily recognize a loving sweet soul. Her fight for life was so strong until the Lord decided it was time for her to be with Him. She is survived by her daughter, Marcella Williams; brother-in-law, Bill Irish; cousin, Edna McPhail Siganos; and numerous nieces and nephews. In lieu of flowers, memorials may be made to the Roseboro First Baptist Church, 3720 S. Salemburg Highway, Roseboro, NC 28382 or Roseboro Fire Department, PO Box 426, Roseboro, NC 28382; or Roseboro Rescue and EMS, Inc., PO Box 891, Roseboro, NC 28382. Services entrusted to Butler Funeral Home, 401 W. Roseboro Street, Roseboro, NC 28382.

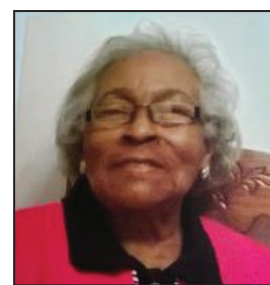


**CLINTON**

**Mr. Willie T. Moore, 72**, of 113 Jacobs Street, passed away Saturday at home. The graveside service will be held 11 a.m., Saturday, July 31, 2021 at Sandhill Cemetery with Rev. Leonard Henry officiating. Mr. Moore is survived by his DAUGHTER-Twanda Moore of Clinton, NC; SISTER-Maggie Silas of Fayetteville, NC; BROTHERS-David Moore of the home and Arthur Moore of Clinton, NC; 3 grandchildren, 8 great grandchildren and 3 great-great grandchildren. Visitation at Worley Funeral Home Friday, July 30, 2021 2-6 p.m.

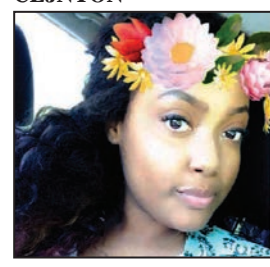
**CLINTON**

**Mrs. Maggie Lee Sampson, 94**, of 910 Sampson Street, Clinton,



NC passed away Monday at Warsaw Health & Rehab, Warsaw, NC. The funeral will be held at 2 p.m., Sunday, July 25, 2021 at Lisbon Street Missionary Baptist Church with Rev. Dr. Louie Boykin officiating. The burial will follow in Sandhill Cemetery. Mrs. Sampson is survived by her DAUGHTERS-Brenda K. Ezzell and Betty Jean Contee both of Clinton, NC, Teresa McMillan of Landover, MD; SONS-Willie Lee Sampson, Jr. and Jerry Sampson both of Clinton, NC; 8 grandchildren, 25 great grandchildren and 7 great-great grandchildren. Viewing at Lisbon Street Missionary Baptist Church (Mask are required) Sunday, July 25, 2021 1 p.m. - 2 p.m.

**CLINTON**



**Deja Shian Smith** was born on February 4, 1998 in Clinton, NC. She transitioned from her earthly home on Friday, July 16, 2021. Deja was the daughter of Sharonne Bennett and Craig Smith. She graduated from Clinton High School and later attended Shaw University and Sampson Community College. In her spare time, she loved shopping and managing her online business D Luxury Lifestyle Collection in which specially made by her. Deja was a very kind, loving and God-fearing young lady. As Deja grew older, she developed her own personal relationship with God, which helped her cope with her illness. She was always proper and poised at all times. Deja's smile and laughter could fill any room with joy. Deja leaves to cherish her precious memories her parents: Sharonne Bennett of Clinton and Craig Smith of Kenansville. Brothers: Patrick Blue Jr. of Colorado, Corey Dixon, Craig Smith, Austin Smith, Isaac Williams, and Isiah Williams. Sisters: Rolishia Williams, Cralishia Williams, Courtney Dixon, and Alycia Smith. Grandmother: Barbara Bennett of Clinton. Uncles: Dexter Bennett (Veronica) of Clinton, Swindell Smith, Cyrus Smith, L.C. Maffity, Earl Austin, CW3 Christopher Bennett (Minnie) of Kentucky. Aunts: Brenda Miller, Consonja Hall, and Merian Farmer. Special Cousins: Nicholas Bradshaw and Matthew Bradshaw of Clinton, Spc. Erica Parnell (Sgt. Daquan) of Kentucky, Andrell Bennett and Austin Bennett of Clinton and a host of other cousins, family, and friends. Graveside services will be Thursday, July 22, 2021 at 12 noon at Bearskin Missionary Baptist Church Cemetery in Clinton, NC. Public Walkthrough Viewing will be Thursday, July 22, 2021 from 10:00 am to 11:45 am at Butler & Son Funeral Services in Clinton, NC. Graveside Service will be live-streamed through Butler & Son Funeral Home Facebook Page. Masks are required.



**CLINTON**

**Priscilla Ann Spell, 74**, of 3522 The Avenue, passed away at her home, Monday, July 19, 2021. A graveside service will be held at 10 AM, Thursday, July 22nd at Corinth Baptist Church Cemetery with Rev. Tommy Honeycutt officiating. Ann, born January 9, 1947 in Wayne County, was the daughter of the late William Raymond Weeks and Nettie Miller Weeks. She worked for Garland Shirt Factory with the Special Orders section and was a member of Corinth Baptist Church. Survivors include; husband of 55 years, Fulton Spell; sons, William Fulton Spell and Raymond Paul Spell; grandchildren, Nicholas Scott Spell, Hannah Renee Spell, Corey Faith Spell, Taylor Hope Spell, Ethan Paul Spell and Ryann Elizabeth Spell; three great-grandchildren; and siblings, William Clyde Weeks, Jerry Lee Weeks and Raymond Tracy Weeks. Online condolences may be sent to the family at [www.crumpler-honeycutt.com](http://www.crumpler-honeycutt.com).



**NEWTON GROVE**

**George Welldon Thompson, 88**

of Newton Grove left this world for his heavenly home July 24th, 2021. George was born in Wayne County September 24th, 1932 to the late Henery and Mary Thompson. He worked as a lineman for Stakehouse and in his free time he had a passion for hunting. A Funeral Service will be held Friday, July 30th, 2021 at 2:00 pm at Blackmon's Grove Church. Burial will follow at Hillcrest Cemetery in Newton Grove. George is preceded in death by his Wife: Nona Belle (Barefoot) Thompson, his parents: Henery and Mary (Darden) Thompson, Daughter and Son-in-law: Linda Sue (Byrd) and James Edward (Jim) Yakey, Son: Robert Earl (Knot) Thompson, Sister: Louise Thompson Parker, and Brothers: J.C. Thompson, Luther Marion (Teboo) Thompson, and Willie Ray (Tom) Thompson. A Visitation will be held Thursday, July 29th, 2021 from 7:00pm to 9:00 pm at Hope Valley Hawkins Funeral Chapel, 1246 Hobbs Hwy, Clinton, NC 28328. George is survived by his Sons: Jerry & wife Frances of Newton Grove, Wayne & wife Joann of Dunn, Daughter-in-law: Kathy Thompson (Compton) of Mt. Olive, as well as 23 grandchildren, 78 great grandchildren and 34 great great grandchildren. He will be missed greatly by those who knew him.



**CLINTON**

**Mary Etta Peterson Vann, 87**, of Clinton, passed away at home on July 25, 2021. Mary Etta is the daughter of the late Handy and Mattie Beard Peterson. She was employed with Hamilton Beach for many years. She leaves to mourn her daughter, Phyllis (Theoples) Carney of Montgomery, Alabama; sisters, Helen (Thermon) McKoy of Clinton, NC, Sarah (Charlie) McKoy of Greensboro, NC;

brothers, Allie (Irene) Peterson of Clinton, NC, Handy (Elizabeth) Peterson of Clinton, NC, Bennie (Diane) Peterson of Clinton, NC, Larry (Carol) Peterson of New Jersey and Robert (Gail) Peterson of Clinton, NC. She also leaves to cherish 4 grandchildren, 8 great-grandchildren and a host of relatives and friends. There will be a viewing at Carter Funeral Home in Garland from 1 to 6 on Friday, July 30. The funeral is scheduled for Saturday, 2pm, July 31 at Union Chapel AME Zion Church, 8465 Garland Highway Clinton. Please wear a mask. In lieu of flowers donations can be made to: Union Chapel AME Zion Church 8465 Garland Hwy. Clinton, NC 28328.



**CLINTON**

**Mr. Wade Hampton Westbrook, 74**, passed away on Tuesday, July 27, 2021 at Warsaw Health & Rehab in Warsaw. A Graveside Service will be held at Hillcrest Cemetery on Thursday, July 29, 2021 at 2:00 pm with Rev. James Croom, Jr. officiating. The family will receive friends immediately following the service at the cemetery. Born on May 7, 1947 in Sampson County, Wade was the son of the late Wade Bowden and Eunice Warwick Westbrook. Wade was quite a character with a loving personality. Anyone who knew him, knows he loved his Salem cigarettes and Pepsi cola. He loved his family and will be greatly missed. Wade is survived by his sisters: Gloria W. Orozco and husband, Danny



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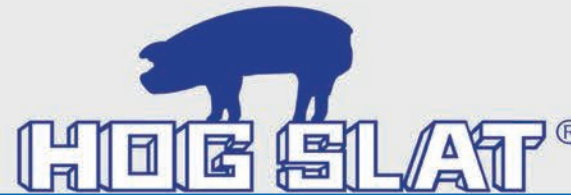
-MUST BE ABLE TO LIFT 50LBS - COMPETITIVE PAY  
-NO EXPERIENCE NEED - MUST BE 18 OR OLDER

### Newton Grove

Lawn Maintenance  
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Equipment Installers  
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### Clinton

Fan Assemblers  
Feed Bin Driver (CDL Class A)  
Assemblers  
Finishers  
Welder  
Distribution



## INCIDENT REPORTS

### INCIDENT REPORTS

06-26 Diversal Motors reported Theft of Motor Vehicle Parts- muffler.  
06-27 Gail Freeman reported Destruction/Damage/Vandalism of Property- front door \$400.  
06-27 Malcolm McDowell reported Larceny of a Firearm- pistol \$500.  
06-27 Florinda Gutierrez reported Larceny of a Package- \$338.  
06-28 Loena Fryar reported Destruction/Damage/Vandalism of Property- automobile \$1000.  
06-28 Charles Gore reported All Other Larceny- farm heater \$600, metal rods \$100, farm sign \$200, pot \$200, tools \$400, cotton scale \$100, wood stove \$300, wire \$400, angle iron \$300, sub soiler \$800, tractor parts \$1000, building materials \$4000.  
06-28 Tyjanay Holloway reported Burglary/Breaking & Entering0 damage to window \$200, money \$3000.  
06-28 Kristen Spell reported All Other Larceny- valve \$200.  
06-28 Dwight Wilson reported Larceny of stimulus checks.  
06-29 Earl Hinson Butler reported Larceny-sterling silver \$4000.  
06-29 Heather Hope reported Felony Theft From Building- manicure table \$285.95 and pedicure chair \$2754.00.  
06-29 Daniel Faircloth reported Destruction/Damage/Vandalism of Property- tire \$100.  
06-29 Jennifer Delorme reported Theft of Motor Vehicle Parts- catalytic converter \$300.  
06-29 Kevin Spears reported Larceny of Trailer- \$600.  
06-30 Scotchman reported Larceny by Employee- money \$314, lottery tickets.  
06-30 Kevious Spears reported Larceny of a Trailer- \$600.  
07-01 Moneshia Langley reported Breaking and Entering, Larceny- television \$400, tele-

vision \$1000, miter saw \$390, skill saw \$180, drill \$190.  
07-01 Trial Evangelism Fellowship reported Theft of Motor Vehicle Parts or Accessories- catalytic converter \$300.  
07-01 Keith Warrick reported Larceny- television \$600.  
07-01 Angel Kirkland reported Larceny of Dog- pitbull \$400.  
07-02 Marshall Giampocar reported Lost/Stolen firearm- handgun \$400, accessories \$40, ammunition \$20, case \$10.  
07-02 Giovanni Cruz-Contreras reported Destruction/Damage/Vandalism of Property, Break Into Motor Vehicle- glass \$300, money \$200.  
07-02 Central Baptist Church reported Theft of Motor Vehicle Parts or Accessories- automobile \$1000, catalytic converters \$2000, exhaust pipe \$200.  
07-02 William Carr reported Theft From Motor Vehicle- firearm \$500.  
07-04 Claudie Barefoot reported Motor Vehicle Theft- truck \$1000.  
07-04 Lewis Avery reported Burglary/Breaking & Entering, Destruction/Damage/Vandalism of Property- entry door \$200.  
07-05 Hector Martinez reported Destruction/Damage/Vandalism of Property- back glass GMC Yukon  
07-05 Carmen Collazo reported Lost Property- purse and money \$180.  
07-06 Chad Blackmon reported Breaking & Entering Other Building- generator \$700.  
07-06 Carlie C's reported Shoplifting-merchandise \$44.64.  
07-06 Cheryl Williams reported Motor Vehicle Theft- automobile \$3500.  
07-06 Tina Strickland reported Burglary/Breaking & Entering- space heater \$100, dishes \$50, sewing machine \$150.

07-07 Walmart reported Shoplifting- merchandise \$42 and other \$23.97.  
07-09 Southeast Foundation & Crawl Space Repair reported Theft from Motor Vehicle and Damage to Property- catalytic converters \$900, gate latch \$100.  
07-09 Diana Underwood reported Larceny- firearm \$300.  
07-09 Gwen Starling reported Damage to Property- broken fence \$300.  
07-10 Murphys USA reported Breaking and Entering Business- cigarettes \$2857.50.  
07-10 Little Bass Paint & Body reported Theft of Motor Vehicle Parts or Accessories- catalytic converter.  
07-11 Richard Goodyear reported Damage to Property- automobile \$800.  
07-11 Shaquasia Wright reported Damage to Property- automobile \$1500.  
07-12 Jose Gonzalez reported Theft from Motor Vehicle- tools \$440.  
07-13 Piney Green Baptist Church reported Theft of Motor Vehicle Parts or Accessories- catalytic converter \$300.  
07-13 Comwell Health reported Theft of Motor Vehicle Parts or Accessories- vehicle parts \$600.  
07-13 Michael Lawton reported All Other Larceny- freezer \$200.  
07-13 Tiffany Simmons reported Motor Vehicle Theft- automobile \$1000.  
07-16 Notre Yarborough reported Obtaining Property by False Pretense- money \$4000.  
07-17 Mi Finca reported Larceny- food \$23.62.  
07-18 David Moore reported Theft of Motor Vehicle Parts or Accessories- license plate \$25.  
07-19 US Cellular reported Shoplifting- portable electronic communications- \$310.  
07-19 US Cellular reported Shoplifting- Bluetooth headset \$51.66.  
07-19 Clinton Family Worship Center re-

ported Theft of Motor Vehicle Parts or Accessories- catalytic converter \$1500.  
07-19 Sharon Warren reported Destruction/Damage/Vandalism of Property.  
07-19 Helena Chemical Company reported Breaking and Entering, Larceny of Motor Vehicle Parts.  
07-20 Bobby Barnes Towing reported Theft of Motor Vehicle Parts or Accessories.  
07-22 Christal Freeman reported Destruction/Damage/Vandalism of Property.  
07-22 Melva Giddens reported Forced Entry- door frame damage \$250.  
07-22 Jacob Spell reported All Other Larceny- Medical Lab Equipment \$2900.  
07-23 Delmar Cannady reported Damage to Property- tail light \$34.75.  
07-23 Walter Ammons reported Breaking & Entering Other Building- outdoor supplies and equipment \$400.  
07-23 Joey Ginn reported Larceny- cloud phone \$150.  
07-24 Carrie Hines reported Breaking & Entering, Damage to Property.  
07-24 Family Auto and Tire Services Inc reported Larceny of Motor Vehicle Parts, Damage to Property.  
07-25 William Powell reported Breaking & Entering, Damage to Property.  
07-25 Taye Olan Auto Sales LLC reported Theft of Motor Vehicle Parts or Accessories.  
07-26 C & J Auto Repair reported Theft of Motor Vehicle Parts or Accessories.  
07-27 Anthony Walton reported a Breaking and Entering Residence.

\* *The Incident Report is provided by the Sampson County Sheriff's Office and the Clinton City Police Department.*

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Learning to play together in one accord:  
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Summer school work keeps kids on the right track



Sonshine Kids learn the joy of training up His little children in the way they should go



Becky, Diane, and Jennifer love serving the Lord in all seasons



Diane helps a lady learn how to use a wheelchair and prays with her when it's loaded



Sonshine kids helping SonBeams: our summer delight



Devotion and prayer a day ... keeps the enemy away

**Tim's Gift.**  
**Giving Help & Hope**



Thomas shares a purple smile after a summer birthday celebration

**...by God's Grace**

By God's Grace, James - Jesus' brother - teaches us who we are and whose we are in the first chapter of the book that bears his name. James did life with the One who is life, yet, it took time for him to truly believe his brother was the Son of God. When James spent time with Jesus, it eventually turned him into a brother who loved and respected Jesus as the Son of God and Savior of his soul. Oh, the blessings James would have missed had he not believed and shared a close relationship with Jesus.

James 1:21 "Receive with meekness the implanted word, which is able to save your souls."

James teaches us how to be the people of God for the people of God. In other words... having a close relationship with His people is what our good, good Father and Best Friend longs for. He wants to walk and talk with us and tell us we are His own!

How awesome that anyone who accepts Jesus Christ as Savior and Lord be-

comes a part of the people of God. We must make the personal choice to follow Jesus and be connected to the Vine. Corinthians 6:16 and Mark 8:38

By God's grace, when we make that choice to love and live close to Christ, He loves us back bigger and better than we could have ever imagined. Then, our relationship with Father, Son, and Holy Spirit can grow greater and sweeter as the days go by!

I praise God for humility and happiness while loving and looking after His children this summer. On days when Katelyn and I cried out, 'Help us Jesus, help us Jesus'...He was right there teaching us through those precious children lessons of understanding, tolerance with tenderness, kindness, childlike faith, getting outside the box that binds, building relationships, listening, caring, and loving deep and wide...all our little and big children - by the example Jesus taught.

Pictures on this page reflect God's love and remind us: big or little, young or old, black, brown, red or white, when Jesus lives in our hearts, we are the people of God...precious in His sight!

In His love, Becky