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THANK YOU!

SAMPSON COUNTRYS COMMUNITRY REWSPAPER

The Sampson Weekly **VOLUME 12, ISSUE 05**



www.thesampsonweekly.com

Week of January 29-February 4, 2021

INSIDE Page 6



WEATHER

Thur Rain

Hi: 42 ° Lo: 25 °

Fri **Partly**

Cloudy 20%

Hi: 43 ° Lo: 23 ° **Partly**

Cloudy

Hi: 45 ° Lo: 33 °

Sun Rain

Hi: 49 ° Lo: 37

Mon PM 31%

Hi: 42 ° Lo: 32 °

Tues Partly Cloudy

Hi: 47 ° Lo: 26 °

WEEKLY VERSE

He was foreknown before the founda-

tion of the world but was made

manifest in the last times for the sake

of you...

1 Peter 1:20

WEEKLY INDEX

Tims Gift.....7 Education......1014-15 Classifieds......15



thesampsonweekly.com 910-590-2102

Center for Health + Wellness Announces Suspension of Operations



The Center for Health + Wellness has announced that they will be suspending operations on January 31, 2021 due to the impacts of COVID-19. This is what they announced on their Facebook page today:

Ag Day Announced



Clinton, N.C. - Where else can you learn first-hand about harvesting crops, managing a hog or turkey farm, planting a garden, farm safety, and paint a barn quilt, all in one day? We are pleased and hopeful to announce the rescheduling of these activities and much more for Sampson Ag Day. The biennial event was to be held at the Sampson County Agri-Extension Center, at 414 Warsaw Road,

AG DAY, see P. 4

North Carolina Extends Modified Stay At Home Order as Numbers Begin to Stabilize in an Effort to Continue to Slow the Spread



Executive orders for "to-go" or delivery sales of mixed beverages and evictions moratorium also extended

RALEIGH - Governor Roy Cooper and North Carolina Department of Health and Human Services Secretary Dr. Mandy Cohen Wednesday announced that North Carolina's Modified Stay At Home Order, requiring people to be at home from 10 pm - 5 am, will be extended. Face covering requirements and restrictions on individuals gathering in both indoor and outdoor settings are still in place. Executive Order No. 189 will be in effect through at least Sunday, February 28, 2021 at 5:00 p.m.

The extension of Executive Order No. 190 allowing for the sale of "to-go" or delivery of mixed beverages will continue to help businesses that are struggling right now. The extension of Executive Order No. 191 will help families have the ability to stay in their homes, a critical component of slowing the spread of the virus.

The Executive Orders for "to-go" or delivery sales of mixed beverages and the evictions moratorium both received concurrence from the Council of State.

"With more than 3,300 people in the hospital, and the percent of positive tests in double digits, we know this virus is still spreading," said Governor Cooper. "And with at least one new contagious variant of COVID-19 in our state, we still have work to do. We cannot let our guard down, especially in these cold winter months."

In addition to the Modified Stay at Home Order,

EXTENDS, see P. 3



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LOCAL NEWS •

Tanner-Fulton Fund Established



Tanner-Fulton Endowment in December. (Photo Credit/Cheyenne Mcneill)

In December, devoted friends and colleagues of Sampson Community College, Bill and Melissa Fulton, established the Tanner-Fulton Fund. The Tanner-Fulton Fund has been established to help deserving Sampson Community College curriculum students in their educational pursuits. Mr. and Mrs. Fulton established the fund in memory of their parents RW and Dorothy Tanner and Hewitt and Katherine Fulton, and also in memory of their late son, Matthew, who passed away in 2016.

Bill Fulton is a longtime member of the SCC Foundation, where he serves as the board's current Vice President. But the family's relationship with the College goes even further. In 1981, as a young married couple, the Fultons took a "Principles of Banking" course at SCC, which launched a 35year career in banking for Melissa Fulton.

"We both went to very fine colleges for four years, but we've been here for 40 years. This community has made us who we are in a lot of ways, so this seems like the best place to put our resources. We owe this place a lot," Bill Fulton added.

For the Fultons, establishing the Tanner-Fulton Fund allows them to give back to the community they have grown to be a part of over the last 40 years, and a community that impacted their sons. Their oldest son, Steven, who lives in Greensboro with his wife, keeps in touch with his high school friends. Their late son, Matthew, who passed away in 2016, was a member of the 2005 Clinton High School State Championship Football team, and an Eagle Scout from Troop #27 in Clinton. After graduating from Appalachian State University, he went on to work at Prestage Farms as an Accounting Manager.

The Fultons say the community and friendships that they and their sons created in Sampson County is a testament to what the community has to offer. It was through friendship that Bill Fulton was encour aged to join the SCC Foundation Board in 2011.

Lisa Turlington, Executive Director of the SCC Foundation, who originally invited Bill Fulton to join the Foundation board in 2011, says The Fultons' commitment to Sampson Community College is further evident through this gift.

"Bill and Melissa are long-time supporters of the College and education in general. This is a fitting

tribute to their son, Matthew, and their parents. We are thrilled to be able to celebrate the legacy of this fine family with the establishment of the Tanner-Fulton scholarship in their memory," Turlington shared. It was also their parents, who resided in Laurinburg, North Carolina and Madison, Virginia, respec-

tively, who moved the Fultons to establish the Tanner-Fulton Fund. Their parents were heavily involved in their communities and witnessing this commitment to community involvement inspired the Fultons' interest in establishing this endowment.

"We were both fortunate to be a part of strong families and have a good upbringing and our parents were both involved in their communities, and they set that example for us," Melissa Fulton remarked

The Fultons, who go for daily walks at the Walking Trail at SCC, praised the college for its impact on the community, especially during COVID-19, where so many local residents have used the college's newest campus upgrades to exercise. Whether a student is looking for short-term training or a degree program, they say they are happy to be a part of the progress moving forward at SCC.

"Matthew and Steven loved growing up here," Melissa Fulton shared. "We just love Clinton and Sampson County, and we just feel like the college adds so much to the community."

President of Sampson Community College, Dr. Bill Starling, says the Fultons' passion for their community is exemplary of the spirit of Sampson County and has inspired several others to give back.

"We understand that small towns and rural communities are special places for families. Bill and Melissa Fulton have significantly contributed to Clinton and Sampson County through their work, their family, and their active roles in the church and a number of civic organizations. Their participation and support of the SCC Foundation has attracted other community members to join with them," Starling commented. "This scholarship, in memory of Matthew, helps all of us to remember and celebrate his life and the friendships he enjoyed in this community. Our sincere thanks to Bill and Melissa for their support of our students and allowing us to continue to remember Matthew."

The Tanner-Fulton Scholarship will be available for students enrolling at Sampson Community College for the Fall 2021 semester. To apply to be eligible for the Tanner-Fulton Scholarship and other Foundation Scholarships, visit sampsoncc.edu/foundation/scholarships. Applications are due by April 15, 2021.

Contract Awarded to Replace Sampson County Bridge

*Work can begin as early as March

NEWTON GROVE – A contract awarded to a Wilson contractor this month will replace a Sampson County bridge, which is expected to help local farmers and businesses.

The \$632,000 contract to replace the bridge over Beaverdam Creek on Old Goldsboro Road near Newton Grove was awarded to S.T. Wooten Corporation. Replacing this bridge, that was built in 1966, will allow more direct access to market for farmers and agricultural businesses.

The replacement is funded by a federal BUILD grant, along with 18 other bridges across the state. The grant allowed the department to replace bridges with weight limitations that impacted agricultural operations but did not qualify for state funding. These bridges will also be equipped with conduit for future internet fiber installation.

Contract crews may begin work on the replacement bridge as early as March and it is expected to be complete by March 2022. During the construction, drivers may use Irwin Drive and Goldsboro Street as a detour.



Provided by the **Sampson County Animal Shelter** Call (910)592-8493

This is Etsy, a old female feline. Can you be her "furever" family?

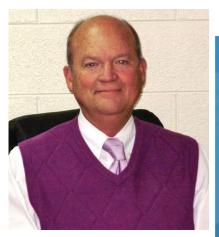


You can also make a monetary, supplies or pet food donation to the shelter. Contact the Sampson County Animal Shelter at (910)592-8493.

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- LOCAL NEWS

Sampson County Schedules More Vaccination Clinics



COVID-19 TESTING REPORT FOR JANUARY 29, 2021

Total Number of Tests Reported to Date: 16,469 Positive Test Results: 6,237 (36 additional since 1/28 report)

Negative Test Results: 10,232

COVID Reported Deaths to Date: 78 (no additional since 1/28 report)

COVID POSITIVE NUMBERS BY THE DATE Monday January 25th- 16 Additional Positive Results/1 Additional Death Reported

Tuesday January 26th- 56 Additional Positive Results/1 Additional Death Reported

Wednesday January 27th- 42 Additional Positive Results/1 Additional Death Reported
Thursday January 28th- 27 Additional Positive Results

Friday January 29th- 39 Additional Positive Results

The Sampson County Health Department has scheduled several vaccination clinics for the month of February at the Sampson County Expo Center. Most of them are specifically for those with scheduled appointments or those who received their first shots at previous clinics and would be receiving their second vaccines. All scheduled events are subject to vaccine availability.

-February 3, 2021: For those with Sampson County Health Dept scheduled appointments only.

-February 10, 2021: (Drive Thru) The morning is reserved for those who previously received their first

dose of vaccine on January 13th. The afternoon is a drive-thru clinic, first come/first served for first dose vaccines.

-February 17, 2021: For those with Sampson County Health Dept scheduled appointments only.

-February 24, 2021: (Drive Thru) For those who previously received their first dose of vaccine on January 23rd.

For detailed information on each of these clinics, please see our Sampson County Vaccine Resource page at: Sampson County Vaccine Info Page.

On January 27, North Carolina reported administering 99% of its first doses of COVID-19 vaccine, and as of this morning the Centers for Disease Control and Prevention ranks the state as 6th in the nation for total doses administered, 12th for first doses administered per 100,000 people, and 17th for total doses administered per 100,000 people.

"North Carolina vaccine providers have done a phenomenal job serving the people of our state. This is incredibly hard work, and they've shown that they are both up to the task and committed to partnering in new ways so that we vaccinate North Carolinians as fast as possible. These national rankings are the result of the strong work of our entire vaccine team," said North Carolina Department of Health and Human Services Secretary Mandy K. Cohen, M.D.

The state was also recognized by the Washington Post as being one of only three states providing thorough reporting on vaccine administration by race. The state's dashboard will be updated every weekday beginning next week. It is the source for the most accurate and timely information for vaccine data for the state.

To provide vaccine providers with as much stability as possible given the constraints of the federal allocation process, NCDHHS shared with vaccine providers a new two-part allocation process, composed of a "baseline allocation" and a "set-aside allocation." Allocations prioritize geographic equity and ensuring access to vaccines for older North Carolinians and historical-

ly marginalized communities, while continuing to expect that all doses are used the same week. The goal is to vaccinate as many people as quickly and equitably as possible with very limited supply of vaccines.

For the next three weeks, the state is guaranteeing baseline vaccine allocations to providers. Approximately 90,000 "baseline" doses are allocated based on population data from the State Center for Health Statistics to provide vaccine to all 100 counties. The 55,000 "set-aside" doses of the state's allocation are going to:

-Counties with higher numbers of people 65 and older with low income, counties with higher numbers of historically marginalized populations 65 and older, and counties that received less doses per population in previous weeks.

-New vaccine providers who will provide greater access to rural and underserved communities and those who can provide vaccine to long-term care facilities not participating in the federal program.

-Community vaccination events geographically spread throughout the state. Decisions about events are based on equity, readiness and speed, and partnership.

Vaccine supply continues to be very low. There may be wait times. North Carolinians can find out when they will be eligible to get their vaccine through the online tool, Find My Vaccine Group. The screener walks users through a series of questions to determine which vaccine group they are in. People can then sign up to be notified when their group can get vaccinated. North Carolina is currently vaccinating people in Groups 1 and 2, which include health care workers, long-term care staff and residents, and people 65 and older.

Until the country begins to get a head of the pandemic, the CDC says everyone should keep wearing a mask, waiting at least six feet apart and washing hands often.

EXTENDS, cont. from P. 1

the DHHS secretarial directive remains in effect. People should stay home and only leave for essential purposes such as buying food, accessing health care, and going to school or work.

"The 3 Ws are as essential as they have always been," said NCDH-HS Secretary Mandy K. Cohen, M.D. "Remember people can have COVID-19 and not know it. The best way to protect those around you is to act as if you do have the virus and could be contagious. That means always wearing a mask — over your mouth and nose, always waiting apart from others, and always washing your hands frequently."

North Carolina continues to administer Covid-19 vaccines across the state. As of today, 99.8% of all first doses received by the state were reported as being administered and 859,695 total doses have been administered. Vaccine supply continues to be very low and the state is hopeful for more vaccine to be on the way. On a call with Governor Cooper and other governors yesterday, the Biden Administration committed to increase vaccine shipments to the states by 16% over the next 3 weeks.

On Tuesday, NCDHHS expanded its vaccine data dashboard to provide information about vaccine doses allocated to and received by the state and updated guidance to ensure equitable distribution and speed of administration.

North Carolinians can find out when they will be eligible to get their vaccine through a new online tool, Find My Vaccine Group. The screener walks users through a series of questions to determine which vaccine group they fall in. Learn more about North Carolina's vaccine rollout at YourSpotYourShot.nc.gov.

On January 23, NCDHHS reported the first identified case of B.1.1.7 COVID-19 Variant in North Carolina. Early data suggest that this variant may be more contagious than other variants and state health officials continue to recommend staying at home when possible and practicing the 3 "W's:" Wear a face covering, Wait 6 feet apart and Wash your hands.

Dr. Cohen provided an update on North Carolina's data and trends.

Trajectory in COVID-Like Illness (CLI) Surveillance Over 14 Days -North Carolina's syndromic surveillance trend for COVID-like illness is decreasing, but high.

Trajectory of Confirmed Cases Over 14 Days
-North Carolina's trajectory of cases is stabilizing, but high.

Trajectory in Percent of Tests Returning Positive Over 14 Days-North Carolina's trajectory in percent of tests returning positive is leveling, but high.

Trajectory in Hospitalizations Over 14 Days

-North Carolina's trajectory of hospitalizations is leveling, but high.

In addition to these metrics, the state continues building capacity to adequately respond to an increase in virus spread in testing, tracing and prevention.

Testing

-Testing capacity remains high.

Tracing Capability

-There have been more than 666,000 downloads of the exposure notification app, SlowCOVIDNC.

Personal Protective Equipment

-North Carolina's personal protective equipment (PPE) supplies are stable.

WELLNESS, cont. from P. 1

"For sixteen years, The Center for Health + Wellness has been privileged to serve thousands along their journey to living healthy and fit lifestyles. Due to the ongoing impact of the COVID-19 pandemic and given present conditions and many unknowns for the foreseeable future, we have made the difficult decision to suspend our operations, effective 1/31/21. We will remain closed for an indefinite period of time. We hope you will understand our position, knowing that we are humbled and thankful for your loyalty and choice to make TCHW your preferred workout facility.

Current members directly impacted by this closure have been notified by email and mail with additional information. We thank you for your support and understanding during this uncertain time."

The Center for Health + Wellness has announced that they will be suspending operations on January 31, 2021 due to the impacts of COVID-19. This is what they announced on their Facebook page today:

"For sixteen years, The Center for Health + Wellness has been privileged to serve thousands along their journey to living healthy and fit lifestyles. Due to the ongoing impact of the COVID-19 pandemic and given present conditions and many unknowns for the foreseeable future, we have made the difficult decision to suspend our operations, effective 1/31/21. We will remain closed for an indefinite period of time. We hope you will understand our position, knowing that we are humbled and thankful for your loyalty and choice to make TCHW your preferred workout facility.

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LOCAL NEWS

AG DAY, cont. from P. 1



Clinton, on March 21, 2020. COVID-19 changed the date to April 17, 2021, and now, we are very optimistic to revise our date to Saturday, October 30, 2021. The Cooperative Extension Staff, Convention & Visitors Bureau and many volunteers have worked hard to put together a fun filled, educational day to learn all about the #1 industry in and around Sampson County...you got it, agriculture. The day's activities are being coordinated to provide a well-rounded experience for all, learning how our local farmers harvest field crops, raise livestock and poultry, utilize and manage nutrients in soil, and best of all: provide the food and fiber to feed and clothe us all. As we all continue to safely follow the 3Ws of COVID-19 that we've learned so well, let's also mark our calendars to celebrate agriculture during harvest season in the county that provides \$1.25 billion to our state economy through agriculture!

For more information on how you can be a part of this great experience, call NC Cooperative Extension, Sampson County Center at 910-592-7161, visit Sampson.ces.ncsu.edu, or visit our Facebook page at NC Cooperative Extension – Sampson County. We look forward to seeing you on October 30th!





CRIME

ARREST REPORTS

01-19 Dewayne Dion Waters, 26, Clinton. Assault on a Female, Communicating Threats. Trial Date 02-02-21

01-19 Robert Junior Surles, 58, Benson.

Driving Under the Influence, Fictitious Tag. Bond \$1000. Trial Date 03-09-21 01-19 Joseph George Hood, 42, Clinton. FTA- DWLR Not Impaired Rev, FTA-Expired Registration Card/Tag, FTA- Fict/Alt Title/Reg Card/Tag. Bond \$1000. Trial Date 02-15-21

01-19 Tavis Rache Lamb, 31, Magnolia. OFA- DWLR Impaired Rev. Bond \$500. Trial Date 05-24-21

01-19 Kristen Virginia Carey, 33, Hope Mills. OFA- Fail to Comply w/Monies. Bond \$885. Trial Date 02-11-21

01-19 Tori Highsmith, 29, Rose Hill. OFA- Fail to Comply w/Monies. Bond \$255. Trial Date 02-02-21

01-19 Heladio Paz-Espinoza, 18, Godwin. Speeding, No Operators License.

Bond \$500. Trial Date 02-04-21 01-19 David Kit Knowles, 42, Garland. Child Support. Bond \$500. Trial Date

02-16-21 01-19 Shannon Elaine Faircloth Marcum, 47, Roseboro. Child Support. Bond

\$500. Trial Date 02-16-21 01-19 Alex Lamont Glover, 36, Harrells. Operate Veh No Ins, Cancl/Revoke/Susp Certif/Tag, DWLR, Fair to Surr Title/Reg

Certif/Tag, DWLR, Fair to Surr Title/Reg Card/Tag. Bond \$750. Trial Date 02-09-21 01-20 Ramel Akbar Vaughan, 22, Rose-

boro. No Liability Insurance. Bond \$500. Trial Date 02-10-21 01-20 Edward Lee Few, 53, Roseboro.

Failure to Appear- Release Order, Failure to Appear- Citation. Bond \$4100. Trial Date 03-08-21

01-20 Zion Jyrell Smith, 21, Clinton. Felony Probation Violation. Bond \$25000. Trial Date 03-24-21

01-20 Destiny Falcon, 40, Clinton. Identity Theft, DWLR, Expired Registration, Simple Assault, Failure to Appear- Citation. Bond \$2500. Trial Date 02-05-21 01-20 Jeffrey Hockaday, 54, Dunn. Order for Arrest. Bons \$600. Trial Date 02-22-21

01-20 Shaun McMillian, 42, Salemburg. Trafficking Meth. Bond \$100000. Trial

Date 02-05-21 01-20 Sequan Coe, 26, Warsaw. PWISD Marijuana, Possess of Marijuana Paraphernalia, Carry Concealed Weapon, Possess Stolen Firearm. Bond \$15000. Trial Date 02-05-21

01-21 Ezeqeiel Ward, 21, Elizabethtown. Possess of Meth, Possess Drug Paraphernalia., No Operators License.

01-21 Durwood Chase Fox, 20, Clinton. Set Fire to Woods/Lands/Fields. Bond \$5000. Trial Date 03-04-21

01-21 Joshua Tyreck McPhail, 19, Clinton. AWDW, Breaking & Entering. Bond \$8000. Trial Date 02-15-21

01-22 Ronald Edward McLellan, 48, Clinton. Communicating Threats, Second Degree Trespass, Assault by Pointing a Gun. Trial Date 02-23-21

01-22 Celena Leeann Dowless, 20, Garland. FTA- First Degree Trespass, FTA- Resisting Public Officer. Bond \$2000. Trial Date 02-08-21

01-22 Maria Darden Hicks, 38, Newton Grove. Fail to Comply. Bond \$725. Trial Date 02-11-21

01-22 Khadijah Monique Peters, 25, Clinton. DWLR, Expired Tags. Bond \$1500.

Trial Date 02-09-21 01-22 James Dustin Grady, 36, Mt Olive. Felony Probation Violation. Bond \$21000.

Trial Date 03-24-21 01-22 Samaria Nicholle Cardenas, 20, Clinton. Second Degree Trespass, Injury to Personal Property, Cyberstalking. Bond \$500. Trial Date 02-23-21

01-22 Emily Marie Peterson, 25, Garland. Fail to Comply. Bond \$715. Trial Date 02-18-21

01-22 Cary Lyn McCraw, 43, Chocowinity. OFA- FTA. Bond \$500. Trial Date 03-15-21 01-22 Mark Adam Hackler, 42, Roseboro. Communicating Threats- FTA, Ethnic Intimidation- FTA. Bond \$500. Trial Date 03-10-21

01-22 Wendie Dale Tart, 46, Dunn. OFA-FTA Drive Left of Center, OFA-FTA DWLR Not Impaired Rev. Bond \$500. Trial Date 03-08-21

01-22 Kinya Richardson, 37, Fayetteville. Assault on a Female-WFA, Injury to Personal Property-WFA. Trial Date 03-18-21

01-22 Reginald Pegues, 37, Dunn. Possession of Marijuana. Trial Date 03-21-21

01-23 Durwood Chase Fox, 20, Clinton. Felony Larceny, Misdemeanor Larceny. Bond \$5000. Trial Date 03-04-21

01-23 Nathan Laquayviuas Lilly, 19, Clinton. Possess Marijuana > ½ oz to 1 ½ oz, Possess of Marijuana Paraphernalia, Carrying Concealed Gun. Bond \$5000. Trial Date 03-10-21

01-23 Erick Easu Rodriguez, 28, Roseboro. Communicating Threats. Trial Date 05-18 01-22 Antony Armando Mendez-Chanchavac, 32, Clinton. DWI, White Light Rear-Drive Forward, No Operators License. Bond \$1500. Trial Date 03-19-21

01-23 Karlos Vantrice Caldwell, 34, Turkey. DWI, Possess Firearm by Felon. Bond \$14500. Trial Date 02-05-21

01-24 Christopher Jarrod McDoe, 29, Clinton. DWLR. Trial Date 06-14-21

01-24 David Daquan Quinn, 26, Clinton. Carry Concealed Handgun, OFA/DWLR. Bond \$500. Trial Date 05-04-21

01-24 Gregory Dale, 24, Clinton. Simple Assault. Trial Date 02-23-21

01-24 Ladonte Tyreik Cox, 21, Chesterfield. Discharge Weapon into Occupied Dwelling/Moving Vehicle, Possession of Firearm by Felon. Bond \$100000. Trial Date 02-19-21 01-24 Destinee Sade Sampson, 35, Clinton.

Driving Under the Influence, DWLR Impaired Revocation. Bond \$2500. Trial Date 04-07-21 01-24 Johnnie Dominique Warren, 33, Roseboro. Fail to Comply with Comm Service. Bond \$500. Trial Date 05-11-21

01-24 Heather Nicole Jones, 32, Clinton. Felony Poss Meth, Poss CS Prison/Jail Premises, Poss Marijuana Paraphernalia. Bond \$15500. Trial Date 2-19-21

01-24 Katelynn Stafford, 28, Newton Grove. Unauthorized Use of Motor Vehicle. Trial Date 02-15-21

01-24 David Daquan Quinn, 26, Clinton. FTA- DWLR Not Impaired Rev. Bond \$500. Trial Date 05-04-21

01-24 Teresa Renee Parrish, 53, Godwin. Fail to Comply. Bond \$490. Trial Date 02-18-21 01-24 Zion Malik Autry, 21, Fayetteville. Speeding, DWLR Not Impaired Revocation. Bond \$500. Trial Date 02-19-21

01-24 William Jordan Autry, 35, Wilmington. Probation Violation, Larceny of Motor Vehicle. Bond \$11000. Trial Date 04-05-21

01-25 Stacey Allan Lee, 47, Dunn. Pornography/Obscene Material. Bond \$150000. Trial Date 02-05-21

O1-25 Justin Jackson, 39, Newton Grove. Assault with a Deadly Weapon, Assault with a Deadly Weapon Minor Present, Misd Child Abuse, Injury to Personal Property, Felony to Flee to Elude. Bond \$500. Trial Date 02-05-21 01-25 Maurice Devone Parker, 40, Roseboro. Fail to Wear Seat Belt. Driving While License Revoked. Bond \$500. Trial Date 03-05-21 01-25 Gregory Williams, 38, Clinton. OFA-FTC Child Support. Bond \$500.

FTC Child Support. Bond \$500. 01-25 Jamesa Niyel Joyner, 25, Clinton. Fail-

ure to Comply. Bond \$460. Trial Date 02-19-

01-25 David Michael Shag Tyndall, 23, Dunn.

Order for Arrest/Fail to Comply. Bond

\$375. Trial Date 05-25-21 01-25 Dilma Lissett Mera-Barahona, 31, Clinton. No Operators License, Speeding. Bond \$1000. Trial Date 03-09-21 01-26 Serena Marie Dewitt, 22, Fayetteville. Conversion. Bond \$5000. Trial

Date 02-12-21 01-26 Mary Anne Ryals, 38, Dunn. Possess Meth, Possess Drug Paraphernalia, Destroy/Alter/Conceal/Tamper with Evidence, Felony Poss of Cocaine, Simple Possession Marijuana, Resist Public Officer. Bond \$40000. Trial Date 02-19-21

01-26 Jonathan Lewis Jones, 37, Turkey. Injury to Personal Property, Child Abuse. Bond \$10000. Trial Date 04-07-

01-26 Mitchell Floyd Tyndall, 30, Dunn. Driving While License Revoked, Speeding. Bond \$1500. Trial Date 02-15-21 01-27 Melinda Staton, 47, Clinton. Injury to Personal Property. Bond \$1000. Trial Date 03-17-21

INCIDENT REPORTS

01-18 Dollar General reported Shoplifting- misc goods \$1.00.

01-21 Hakema Fennel of Clinton reported Motor Vehicle Theft- automobile \$3000, Chev Malibu \$3000.

01-22 Robin Goodman, Stranje Owens of Clinton reported Damage to Property-automobiles \$500 each.

01-22 Lyric Collins of Clinton reported Theft from Motor Vehicle- firearm \$927. 01-22 Adolph Platt reported Documentation Larceny.

01-23 Handee Hugo of Clinton reportedShoplifting- carton cigarettes \$63.35.01-24 Anabilia Castenda of Clinton re-

ported Documentation Larceny.
01-25 Darin Hill reported Robbery-

camo crossbow \$600.

01-26 Steve Pickett reported Shooting into Occupied Dwelling- damage to window \$200, damage to automobile \$800, damage to dwelling \$5000, damage to truck \$1500.

01-27 Baptist Chapel Church reported Larceny of Catalytic Converters \$1200. 01-27 Town of Garland reported a Burglary/Breaking & Entering- damage to window \$500, damage to security recording equipment \$500.

* The Crime Report is provided by the Sampson County Sheriff's Office and the Clinton City Police Department.

LOCAL NEWS -

SITTING AT THE FEET OF JESUS



"But one thing is needed, and Mary hath chosen the good part, which shall not be taken away from her." Luke 10:42

Sitting at the feet of Jesus Oh, what words I hear Him say Happy place so near so precious May it find me there each day.

Sitting at the feet of Jesus I would look upon the past, For His love has been so gracious He has won my heart at last.

Sitting at the feet of Jesus Where can mortal be more blessed, There I lay my sins and sorrows, And when weary find sweet rest.

Sitting at the feet of Jesus There I love to weep and pray, While I from His fullness gather Grace and comfort every day.

Bless me Oh my Savior bless me, As I sit low at Thy feet Oh, look down in love upon me,

Let me see Thy face so sweet.

Give me Lord the mind of Jesus, Make me wholly as He is May I prove I've been with Jesus, Who is all my righteousness.

Bill and Gloria Gaither

Let us intentionally meditate upon those inspiring lyrics: Sitting at the feet of Jesus... May it find me there each day... For His Love has been so gracious... And when weary find sweet rest... There I love to weep and pray... Gather grace and comfort every day... Give me Lord the mind of Jesus... Who is all my righteousness....

Sometimes God sets us apart from this broken world so that He can prepare us for His next step. When we can become a quiet soul that sits at the feet of our Risen Savior, we will realize that His purpose and plan for our lives is perfect. The more we sit at His feet the more we will come to delight in being with Him alone, looking only to Him in simple faith for our next step. Believe me, we do live one step at a time.

Charlotte Richie says it well: "God's involvement with us extends into the deepest, most intricate details of our lives. He is willing to do whatever it takes to be close to us and prove how much He loves us. You are a precious treasure in the eyes of God, and He is present in the everyday details of your life, just look and you will find Him there."

Another beloved old Gospel song, 'Tis so Sweet to Trust in Jesus, was written by Louise Stead who in her lifetime endured unbelievable hardships, never failing to be a faithful missionary and servant of her Lord. Much like the apostle Paul, she learned that no matter her circumstances, she could face all things through Jesus Christ. She pressed in to the Lord, knowing that He is the only safe place in the midst of life's storms. She

carried to the last of her days a living testimony to her own lyrics and the most vital truth a Christian can learn: "I'm so glad I learned to trust Thee, precious Jesus, Savior, Friend. And I know that Thou art with me, wilt be with me to the end." A model for Sitting At The Feet Of Jesus, may it find me there, also, each step of each and every day.



Martha M. Pierce

Jonah a Sleeping Prophet



Jonah 1:4-6, "But the Lord hurled a great wind upon the sea, and there was a mighty tempest on the sea, so that the ship threatened to break up. Then the mariners were afraid, and each cried out to his god. And they hurled the cargo that was in the ship into the sea to lighten it for them. But Jonah had gone down into the inner part of the ship and had lain down and was fast asleep. So the captain came and said to him, "What do you mean, you sleeper? Arise; call out to your god! Perhaps the god will give a thought to us that we may not perish."

Jonah was commanded by God to preach a message of repentance to the citizens of Nineveh. His response was to escape his home town and flee hundreds of miles away from where God had called him to preach. While on the run from God, Jonah bought a ticket on a boat to flee. What happens on the boat to Jonah and the others would be something they would never forget. Jonah's defiance to God jeopardized not only his life but the lives of the boat's crew. He did not comprehend that his sin also affected others; it caused trouble for those around him. Indeed, even as he ran from God, he obviously didn't have a feeling of regret. The storm was so violent that trained sailors feared they would die. Yet, they had no clue that the reason they were suffering was because of their paid passenger.

Could we also be like Jonah and cause pain and suffering to others because of the sins we commit? Alcoholics, drug addicts, adulterers and other types of sinners will often say, "I'm only hurting myself." Consider those that struggle with alcohol addiction and its control on their life. One of the most sobering effects of alcoholism is an increased risk for domestic abuse within the family. Abuse, tied to alcoholism, can be either emotional or physical in nature. I know first-hand how sad it is to have a father that when sober had a loving nature only to see him become a different person under the influence of alcohol. He ruined his marriage, career and friendships when he thought that the only person he was hurting was himself.

Could we also be like Jonah and fallen asleep while the world is falling apart? Jonah sleeps at the bottom of the boat while the storm rages. The Apostle Paul wrote in Romans 13:11, "Besides this you know the time that the hour has come for you to wake from sleep. For salvation is nearer to us now than when we first believed." Satan rocks many Christians asleep with the comforts of this world. We over look those that are hungry and we ourselves over eat on fast food. We neglect reading our Bible for the pleasures of reading other's statuses on Facebook. We disregard sharing the Gospel and instead spend more time talking about politics. Satan loves when a Christian becomes numb to the needs around them and spiritually falls asleep like Jonah. 1 Peter 5:8 declares, "Be sober-minded; be watchful. Your adversary the devil prowls around like a roaring lion, seeking someone to devour."

Finally, could we be like Jonah and be called upon to pray for the problems around us? The storm erupted and the pagan ship captain begged Jonah to pray to his God for deliverance. Max Lucado, pastor at Oak Hills Church, proclaimed, "Our prayers may be

awkward. Our attempts may be feeble. But since the power of prayer is in the one who hears it and not in the one who says it, our prayers do make a difference." Jonah was disobedient, but God would still able to answer his prayer. God's power is not weakened when his followers are spiritually asleep. Although Jonah was running away from the presence of God, he could really never go to any place that God was not at and neither can we. If you are running from God please stop. If you are spiritually asleep I encourage you to awaken to God's call. If God could use a sinful Jonah, I promise that our Father in Heaven can use you.



Rev. Ken Smith

Psalms for the Soul



Written by Linda Herring

The Bible speaks to us but the Psalms speak to us. Psalm 119 is the longest Psalm in the Bible. It is a love song about the Word of God. This Psalm is like a fence that God puts around us to protect us and keep us from harm. It is a safety fence that brings us freedom. Take a few minutes and read

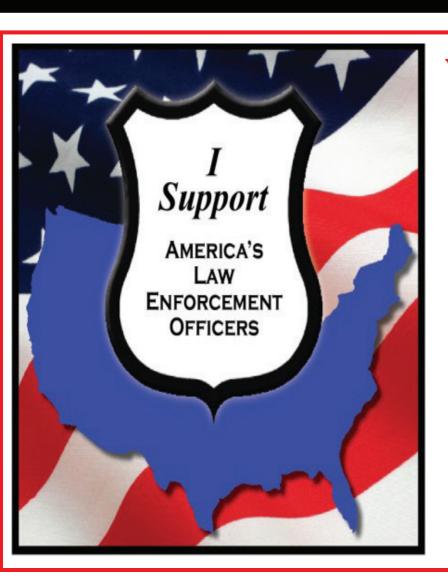
Psalm 119. Psalm 119:67 says, "Before I was afflicted I went astray, but now I obey Your Word." God's law is also a mirror that shows us we cannot live up to His standards without the help of the Holy Spirit. Only when we realize that the fence builder loves us and wants the best for us, then we will be happy to stay on the right side of the fence. When we understand that, we will trust God no matter what. Do not let the stresses of the day steal your Psalm. Contact me at herring.theword@gmail.com. We can trust God's Word.

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RISE UP - REMEMBER 2021









Kids Doing Good Deeds in Sampson County!

January 2021

Dear Friends,

Tim's Gift Inc. excitedly shares the good news that "yes, Lord... we are planning a 'Rise Up' this year to glorify You and help your children"! Hopefully, individuals, families, churches, businesses, and organizations will commit to helping spread love and good deeds across Sampson and beyond! Can God bless, protect, and enlarge our territories as we 'RISE UP' and reach out to help people in need? Yes, He can!

Tim's Gift 10th Anniversary Rise Up is being planned, with serving the Lord and safety for all top priorities! Rise Up - Remember 2021 can bring revival through serving and praising God all over Sampson County. Rise Up - Remember gives all people - young and old - opportunities to be involved as we REMEMBER the great commission and share deeds of kindness from one end of Sampson to the other. Can we make a positive difference in peoples' lives and honor God by being Good Samaritans? Yes, we can!!

Please help us share about Rise Up - Remember! Encourage and remind church members, employees, family members, associates, to participate. Together, we can reach thousands in need of a good deed. Glorifying God in every deed done will magnify the blessings of doing!

The Lord blesses the deeds and doers! So, can we do one good deed - before March 21st - or commit to one good deed a day to keep the enemy away? Yes, we can Lord!

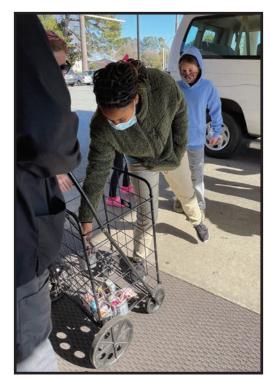
Email good deeds daily or weekly to RISEUPTIMSGIFT@ GMAIL.COM!

Youth groups meeting virtually send individual emails or send to your leader who will submit as a group. Groups that meet on Sunday night at your churches will receive a meal from Tim's Gift and Dominos to enjoy while watching Rise Up - Remember. Mt. Vernon will host the event. Outstanding Youth Group and Good Samaritan Trophies will be presented during broadcast.

Please call Tim's Gift (592-1126) for details, while getting a head start on sharing the love of Jesus doing GOOD DEEDS every day! Please participate and pray for Rise Up 2021! Do good deeds individually, as a family, church, business, school, civic organization, or YOUTH GROUPS! Write about your good deed/project. Mail to Tim's Gift, or EMAIL YOUR GOOD DEED(s) TO: RISEUPTIMSGIFT@GMAIL.COM Please include your name, email, and phone#!

Thank you for standing strong together as soldiers of the cross, RISING UP and REMEMBERING God's people in need of a helping hand (cleaning yards, shop for shut ins, do errands, call to check on, pay a bill, send a card, share a Valentine surprise, pray with, deliver a meal, volunteer, support local charities, drive to dr. apt., leave canned food on porches, give gift certificates, etc.! Let's PRAY God will send needed deeds for us to do along our way, as He did the Good Samaritan, one deed or better yet... one a day!

In His Love, Becky, Jennifer, Diane, & Tim's Gift Board of Directors









Email Us At: RISEUPTIMSGIFT@ GMAIL.COM

...by God's Grace

By God's Grace, we are living in a season when serving Christ means rising up to challenges we've never faced as Christians. Can anyone remember a time when some churches closed for months, masks were required in public, social distancing was a must, being quarantined, censoring speech, and God's Word and way endangered? "NO"!

what then can we do to stand up and let our voices be heard...like the shot heard around the world? We can RISE UP with reason to be revived, renewed, and remember... in giving we receive! Last fall, we cancelled Tim's Gift Rise Up for 2021 due to Covid. God convicted my heart after Christmas - while quarantining

around the world? We can RISE UP with reason to be revived, renewed, and remember... in giving we receive! Last fall, we cancelled Tim's Gift Rise Up for 2021 due to Covid. God convicted my heart after Christmas - while quarantining for two weeks - with a troubling question, "Are my people going to cancel everything?" "NO"!

The letter on this page explains how Tim's Gift 10th Anniversary Rise Up is being planned, with serving the Lord and safety top priorities! Rise Up - Remember

2021 will be like a revival with good deeds, projects, and praising God happening all over Sampson County. Rise Up - Remember gives all people - young and old - opportunities to be involved as we REMEMBER to do things for people in need. Can we make a positive difference and help people? "YES"!

Stay tuned for more information, while getting a head start on sharing the love of Jesus doing GOOD DEEDS - Sampson together Strong! Please get on board and pray for Rise Up 2021 to be a light shining in Sampson seen around the world! Do good deeds individually, as a family, church, business, school, civic organization and YOUTH GROUPS! Write about your good deed/project and send or drop off at Tim's Gift or EMAIL YOUR GOOD DEED(s) TO: RISEUPTIMSGIFT@GMAIL.COM or mail to Tim's Gift! Include name, email, and phone#!

~ In His love, Becky

Eat and Drink Smart to Fend Off Cold and Flu Season

t's no secret that a balanced diet with plenty of fruits and veggies can deliver important vitamins and nutrients for better health, but many of your favorite foods can actually help support your immune system, too.

In addition to precautions like avoiding people who are

sick and washing your hands often, you can influence your immune system through what you eat and drink. Stay hydrated. Keeping well hydrated can be difficult

during the winter months, especially if you spend most of your time indoors. A warm drink like this flavorful Orange Spiced Tea provides a strong dose of vitamin C along with a delicious dose of hydration.

 $\boldsymbol{Keep\ the\ produce\ going\ strong.}}$ Fresh, seasonal fruits and veggies often come to mind during warmer months, but produce like citrus, leafy greens and root vegetables are plentiful during cold and flu season, too. "Consuming the whole fruit is the best way to ensure you

gain the maximum nutritional benefit," Dr. Poonam Desai said. "When speaking with patients, I recommend seeking nutrients like vitamin C from whole food sources, rather than supplements, especially with a vitamin C-rich fruit like California oranges. Get a natural boost of vitamins. Vitamins A and C. found

in fresh citrus, are two key nutrients that support your body's natural line of defense, your immune system. Just one orange offers 90% of the daily recommended value of vitamin C, and California Navel oranges are in their peak season – just in time for the height of cold and flu season.

Get inspired with more ideas to boost your immune system with essential vitamins and nutrients at californiacitrusgrowers.com.



5 Ways to Get More Vitamin C

- Pick heavy fruit. When shopping for citrus, choose fruit that smells fresh and feels heavy for its size. The heavier the orange, the juicer it's likely to be.
- Explore versatility. Fresh citrus like California Navel oranges make a nutritious addition to sweet and savory dishes, beverages, cocktails, sauces and more.
- Use the whole fruit. Reduce food waste by consuming the flesh, juice, zest and peel. Try squeezing juice and grating zest into a smoothie, using orange segments for a vibrant salad or combining diced Navels with red onion, cilantro and jalapenos for a zesty salsa.
- Retain vitamin C content. Vitamin C is water soluble, so to retain as much as possible, eat citrus fresh, avoid overcooking and use minimal amounts of water.
- Refrigerate for longer shelf life. Keep your citrus fresh longer by storing it in the refrigerator at a temperature below 42 F. To get the most juice out of the orange, bring it to room temperature before cooking.



Orange Spiced Tea

Recipe courtesy of California Citrus Growers

- 6 cups water
- clove cinnamon or 1/2 teaspoon ground cinnamon
- 6 tea bags
- 1 cup California Navel orange juice
- 1/2 cup white sugar

2 tablespoons lemon juice 1 slice California Navel orange

Bring water and cinnamon to boil; let cinnamon dissolve. Remove from heat and add tea bags; soak at least 5 minutes. Remove tea bags. In separate pan, bring orange juice, sugar and

lemon juice to boil. Stir until sugar dissolves. Pour juice mixture into spiced tea. Garnish with orange slice and serve hot.

Add Protein and Immune Health Supporting Benefits to Your Coffee

FAMILY FEATURES

ornings may look different from the norm for many families but staying on track with healthy choices remains a top priority. While you may not be stopping at your favorite coffeehouse on the way to work or school drop-off, a new way to enjoy coffee has grown in popularity, allowing you to get more out of your cup of ioe from home

and coffee combination that adds nutritional benefits to coffee drinks. By adding a protein-rich option like Premier Protein 30g High Protein Shakes to your coffee, latte or cappuccino – hot or iced – your cup can provide you with up to 30 grams of protein and 24 vitamins and minerals, including antioxidants vitamins C and E that help support a healthy immune system.

Available in nine indulgent flavors - including fan favorites like Chocolate, Vanilla, Caramel, Cinnamon Roll and Cookies and Cream these shakes make it easy to stay on track with your health goals and allow for "proffee" personalization. Plus, they can be enjoyed straight from the container as part of a nutritious breakfast, afternoon snack, post-workout boost or as an ingredient in a protein-packed recipe.

For those looking to make their own proffee, a Chocolate Latte is as simple as it is nutritious. Basic in the best way, you can enjoy the benefits of coffee, but with protein, vitamins and the addition of delicious chocolate notes. Or, for another warm coffeehousestyle option, you can take advantage of the many health benefits of curcumin and turmeric in a Golden Turmeric Vanilla Protein Latte. A sprinkle of pepper may sound odd in your latte, but the pepper can actually improve your body's absorption of the turmeric.

To learn more, visit premierprotein.com.



Golden Turmeric Vanilla Protein Latte

- 1 Premier Protein 30g High Protein
- Vanilla Shake shots espresso
- 1/2 teaspoon turmeric 1/4 teaspoon cinnamon
- 1 dash black pepper
- 1. Froth vanilla shake using frother on warm setting. If you don't have a frother, simply shake in container 45 seconds, pour into mug and microwave 45 seconds.
- **2.** Add espresso to 14-16-ounce mug then top with frothed shake, turmeric, cinnamon and black pepper; whisk to combine.

Nutritional information per serving: 171.3 calories; 3.3 g total fat; 0.5 g saturated fat; 0 g trans fat; 20 mg cholesterol; 238.6 mg sodium; 6.6 g total carbohydrates; 1.7 g dietary fiber; 1.1 g total sugars; 30.1 g protein; 6 mcg vitamin D; 23 mg vitamin C; 3.8 mg vitamin E; 650.2 mg calcium; 2.5 mg iron; 348 mg potassium.



Chocolate Latte

- 1/2 cup hot brewed coffee or 2 shots espresso 1 Premier Protein 30g High Protein
- **Chocolate Shake** 2 teaspoons cocoa nibs
- 1. In large 14-16-ounce mug, prepare espresso
- 2. Pour chocolate shake on top to combine. 3. Top with cocoa nibs.

Nutritional information per serving: 203 calories; 6.4 g total fat; 2.4 g saturated fat; 0 g trans fat; 20 mg cholesterol; 189.6 mg sodium; 7.7 g total carbohydrates; 4 g dietary fiber; 1.1 g total sugars; 30.9 g protein; 6 mcg vitamin D; 23 mg vitamin C; 3.8 mg vitamin E; 650 mg calcium; 3.5 mg iron; 538 mg potassium.



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THANK YOU!

HOME

PLAYROOM REFRESH

Inspire imagination with a room makeover

USA TODAY NETWORK

Revamp the playroom with new storage options, furniture, playhouses and more. Brighten your children's playtime with a special space of their own.







Let children get messy with the easy-wipe Lemonade playset. \$299 at babyletto.com.



Even clean-up time gets a makeover with the nine-bin deluxe toy organizer. \$49.99 at target.com.



Kids can pile into the firetruck play tent. \$49.99 at melissaanddoug.com.



Bookworms will love lounging on the KidKraft bookcase with a reading nook. \$124.99 at kohls.com.



Easily declutter with the 3 Sprouts whale toy storage box with handles. \$29.99 at containerstore.com.

HOME HELP

TIP OF THE WEEK **Proper bathroom** caulking technique

If you plan on staying in your home for more than five years, you will likely have to recaulk your bathroom at some point. Here are a few things BobVila. com recommends keeping in mind when using a caulking gun in your bathroom:

• Cut the tube of caulk to the correct length. Begin by cutting a small portion off the tube's tip and squeezing out a bead of caulk to test the size against the area you'll be caulking. If you need the bead to be wider, cut a little more off the tube and test again. Be careful: you can always cut more off the tip, but you can't reattach cut-off sections of tube.

• Apply the right amount of **pressure.** After ensuring that your painter's tape is neatly applied, gently squeeze your caulking gun until a small amount of caulk begins to come out. Maintain the pressure you have on the handle, keeping the caulk right at the tip of the tube, while you line it up with the intended crevice. Once you are satisfied with your starting point, begin to apply more pressure so that the caulk is pushed from the tube. Keep the pressure uniform and move the caulking gun along the crack to apply an even bead that is about the width of a pencil.

• It's easier to start from the corner. Apply a single bead of caulk in a corner that runs about half the length of the crack you are going to fill. Run a second bead from the opposite end and meet the first in the middle.

• Remove extra. When you

finish, wet your tinger and run it along the bead of caulking to remove any extra caulk. If it looks good to you, remove the painter's tape while the caulk is still wet.

GARDENING Transplanting container-grown perennials to the garden

"When transplanting container-grown perennials, dig a hole a that's twice as wide as the soil ball of the plant to aid with root establishment," recommends Better Homes & Gardens. "Make sure the plant sits at the same depth in the hole as it did in the container. Use the same soil you dug out of the hole to fill in around your new plant instead of using bagged soil."

CLEANING How to clean greasy microwave doors

Here's how Good Housekeeping recommends cleaning a greasy microwave door:

• Wipe down the door. Dampen a sponge with water and dip it in a little baking soda, then wipe down the entire door. Use a damp cloth or sponge to rinse.

• Degrease the window. Using a 50/50 vinegar and water mixture, rinse the window and wipe dry. • Removing heavy grease

buildup. Wipe down the microwave door using a sudsy mix of dish soap and water or an all-purpose, grease-cutting cleaner. Cleaner should be applied with a cloth or sponge to prevent it from getting into the vent holes. Do not spray electronics with cleaner.

More Content Now

decorative ideas to add dimension to your home's decor

Felicity Warner USA TODAY NETWORK

mirrors: There's interior designrenters all gravitate toward this one piece of décor when creating the ideal interior space. This timeless accent promises much more than its

functional purpose. Wall mirrors can give a dull room a new dimen-sion, add extra light, and even trick the eye into seeing a much more spacious, well, space. Plus, a mirror can match with any home décor style, whether traditional, mid-century modern,

bohemian, or industrial. Wall mirror decorating ideas are endless, but we've narrowed down five design possibilities for a simple yet effective upgrade.

1. Windowpane mirrors brighten

Windowpane mirrors are exactly what they sound like — a mirror that looks like a window. Small pieces of wood create sections over the mir-ror, creating what looks like a windowpane, while

the mirror reflects light. This wall mirror idea is a bright addition to a room that lacks natural light. A windowpane mirror is versatile and pairs well with any design style. For a more rustic look, go for natural, distressed wood

or faded metal material.

For a more minimal-

ist and modern look, an

iron-framed gold mirror adds an elegant touch fit

2. A gallery mirror wall offers an artistic vibe

If you have a big, blank stretch of wall, arranging decorative mirrors in an art gallery style can be a beautiful way to create dimension and add personality and texture to your room. This look can work in a variety of spots around your home, from the dining room, to the living room,

and along a staircase. Similarly to a gallery photo wall, this look comes together with a collection of different mirrors from furniture stores and vintage shops. If you don't have the time or desire to spend brows ing, you can purchase a curated set of mirrors that's a ready-made mix and match design.

3. Entryway wall mirrors offer guests a fancy welcome

The entryway or foyer is your home's version of a first impression. So make a good one with a mirrored accent rather than framed art. Foyers can be small, especially in older homes, and a mirror immediately opens up the area.

quick touch-ups before

heading out the door.

We recommend keep ing this decorative mirror on the small side, and place it above an entryway console table or a shoe rack. Try adding a shorter mirror that has more length, or a portrait-style mirror that's perfect for



. Floor-length and floor mirrors make your room look taller

A trick many interior designers use to make a room feel much larger than it actually is by introducing a full-length mirror into the space Large leaning wall mirrors has been one such trend popping up across the internet and in

cious room, or for snap-

ping a shameless selfie.

for a wider mirror that wil homes. This style is perstretch to complement fect for getting ready in the morning, creating the illusion of a super spa-

5. An over-thebed centerpiece mirror opens up the bedroom

Create a focal point in any bedroom with a mirror over the bed. Doing so may surprise your senses-the mirror will open up your space and pull sunlight towards it. We recommend going

the width of your bed. Pro tip: Pair an over-the bed mirror with a floorlength mirror on another wall for maximum effect.

EDUCATION—

Viking Spotlight: Garcia Hopes to Grow CCP Program



Jose Garcia hopes he can use his existing relationships to help the CCP program grow at Hobbton and Lakewood High Schools. (Photo Credit/Olivia Gillespie)

(CLINTON, N.C.) - Jose Garcia was one of four Career Coaches recently hired for the Career and College Promise (CCP) program at Sampson Community College (SCC). Garcia is a firstgeneration high school and college student. Outside of work, Garcia is married and has four kids that range from the age of fourteen to twenty-two. Garcia is currently splitting his time as a Career Coach for the CCP program between Lakewood High School and Hobbton High School. Garcia has only been at SCC for a brief period but appears to have already made his mark.

When asked about Garcia, Emily Brown, Clinton High School's Career Coach replied, "Jose brings a level of personality and passion for student success that is contagious. He truly cares about connecting with students and showing them opportunities beyond what they thought possible."

Garcia graduated from Midway High School in 2002. He then went on to attend SCC for three years. After attending SCC, Garcia graduated from the University of North Carolina at Pembroke with a bachelor's degree in Mass Communication. Before joining SCC as a Career Coach, Garcia worked for Sampson County Schools for eleven years. While at Sampson County

Schools he was the Migrant and Parent Liaison for the migrant population.

Garcia says his desire to join the CCP program as a Career Coach was fueled by his desire to help all students with their journey both in and out of high school. Garcia also discussed his interest in helping the Spanish-speaking community. Overall, he wants to ensure that the students have a bright and planned out future ahead of them.

Garcia stated, "When this position opened up, I just felt like it was an opportunity for me to not only just help the Spanish-speaking community, but just help kids achieve something in their

As a Career Coach for the CCP program, Garcia spends most of his time stationed at Lakewood

and Hobbton High Schools. While at these two schools, Garcia helps students register for CCP classes and helps them discover the future path that they want to pursue. Garcia helps students decide if after high school if they want to attend a four-year university, a community college, or go straight into the workforce. Since beginning in December of 2020, Garcia says his experience as a Career Coach has been

"phenomenal." He has had a wonderful experience bonding and getting to know his fellow Career Coaches. Garica also commented on how he has had a tremendous amount of help in his transition from the Director of Career and College Promise, Perry Gillespie. Perry Gillespie shared, "Jose brings a fresh point of view as a Career Coach. His previous job

with Sampson County Schools allowed him to know many of the students already, and this has been an asset as he began working with the schools. Jose is a hard worker and from day one has

hit the ground running. " Garcia has many goals for himself as a Career Coach and for the CCP program. One of his main goals is to expand the CCP program at the smaller schools. Garcia wants to increase the number

As a new Career Coach for the Career and College Promise program at Sampson Community College, Jose Garcia hopes to only help the program grow and flourish.

of students that enroll in CCP courses at SCC from the schools with smaller student populations

Harrells Christian Academy Terrific Kids



Eight Harrells Christian Academy students were recognized as Terrific Kids for the 2nd nine week grading period. These students stood out to their teachers for being especially inquisitive and energetic. Recipients from top left are: Taylor King (5th grade) of Elizabethtown, Annell Grace Starling (2nd grade) of Clinton,



Henry Stevens (3rd grade) of Wallace, Kate Walker (4th grade) of Wallace, Crawford Bass (Kindergarten) of Clinton, Herring Williams (Kindergarten) of Clinton, Paxton Henderson (1st grade) of Wallace, and Chance Evans (4th grade) of Mag-



Union Elementary School First Term Grading Period

Grade 2 **Superintendent's List**

Erick Velazquez-Lopez

Mason Chvira, Jackson Smutko, Isaac Vasquez Sevilla,



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Principal's List

Julian Bautista, Camden Brewer, Hailey Brininger, Rakim Brothers, Na'Jae Faison, Abril Garcia Leal, Angela Gonzalez, Clark Licona-Rodriguez, Demarcus McKoy, Katelynn Mondragon, Alana Powell, Christopher Rackley, Jocelyn Ruiz-Velasco, Jaslyn Sevilla, Venecia, Heraclio Kimora Whitted

Honor Roll

Ivan Alberto Lopez, Jean Altidor, Amber Aycock Bordeaux, Harold Barbosa, Natalie Batts, Ty'ontre Burden, Dekota Carey, Dustin Carter, Nekaya Cromartie, Aaliyah Devane, Theo Jeremiah Duncan, Escorza Paguada, Preston Fields, Fidel Garcia, Quentin Highsmith, Lillie Hood, Liam Huck, Joel Jackson, Victor Lopez Rojas, Abigail Lopez-Sanchez, Benjamin Newton, Landon Norris, Lanessa Parker, Edward Powell, David Roblero Bravo, Valeria Sanchez, Alfonso Santiago-Paz,



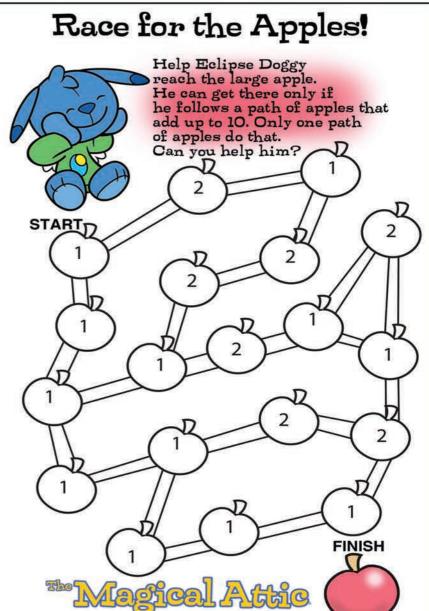
*To qualify, consumers must request a quote, purchase, install and activate the

generator with a participating dealer. Call for a full list of terms and conditions.

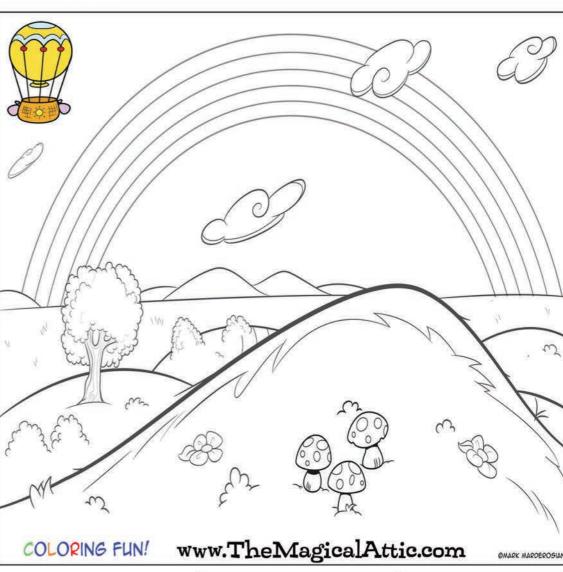




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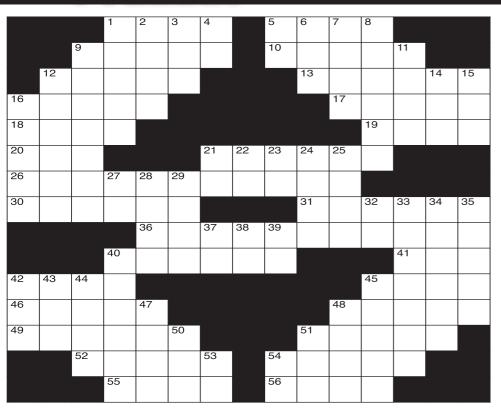


fun facts!

- THE WORLD'S FIRST HYDROGEN-FILLED GAS BALLOON WAS LAUNCHED ON AUGUST 27, 1783.
- FORTY-ONE YEARS LATER, PROFESSOR MICHAEL FARADAY MADE THE FIRST OFFICIAL SMALL TOY BALLOON FROM HIS EXPERIMENTS WITH WELDING TWO SHEETS OF RUBBER PRESSED TOGETHER.
- SILVER METALIZED BALLOONS WERE INVENTED IN THE 1970s FOR THE NEW YORK CITY BALLET.

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PUZZIES



CLUES ACROSS

- 1. Traditional baby carriage
- 5. A fencing sword
- 9. Titan mother of Helios 10. S.E. Asian penninsula
- 12. A stretch of shallow waer
- 13. Pea, bean or lentil
- 16. African antelope
- 17. Recording of different songs
- contendere, plead no contest
- 19. Diving bell inventor
- 20. Egg cells 21. Cumulus rain cloud
- 26. Cry of sorrow
- __: go away
- 31. Supreme Allied Com-
- mander Europe 36. Enroll as a student
- 40. Furnished sleeping
- quarters Sandhurst
- 42. Swedish rock group
- 45. Bouquet of flowers
- 46. Suspect to be false

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- 48. In the middle of
- 49. Give shelter to
- 51. Lace edging of small loops
- 52. Cadet
- 54. Device for data over phone lines
- 55. Being considered individually
- 56. Raised speaking platform

CLUES DOWN

- 1. A type of plug
- 2. Comprehend written words
- 3. Feel ill
- 4. 1/1000 of an ampere
- 5. Dorothy's auntie
- 6. Chum
- 7. Greek colony founded by Xenophanes
- 8. Philly football team
- 9. Sensory brain parts 11. Marysville, CA college
- 12. Language spoken in
- Bratislava 14. Wet, sticky earth
- 15. Emergency Medical Service
- 16. a.k.a. Alkenols
- 21. Sodium 22. Addams Family
- cousin 23. 3rd tone of the
- 24. Pear variety
- 25. Two-toed sloth

- 27. -__, denotes past
- 28. Alaskan town
- 29. The family bufonidae
- 32. Centilitre
- 33. Earl's jurisdiction
- 34. Extreme
- 35. Show a response
- 37. Touchdown
- 38. Rhenium 39. Potato state
- 40. Utter incoherent
- 42. Pitressin

words

- 43. A tropical constrictor
- 44. A baby's belch
- 45. Nervous little mongrel 47. Papuan monetary unit
 - 48. Musical Instrument
- Digital Interface 50. Corpuscle count (abbr.)
- 51. Bluegrass genus
- 53. Common Canadian phrase
- 54. Physicians designation



Word Search — Musically Inclined Contralto Chorus Music Soprano Alto

Instrument

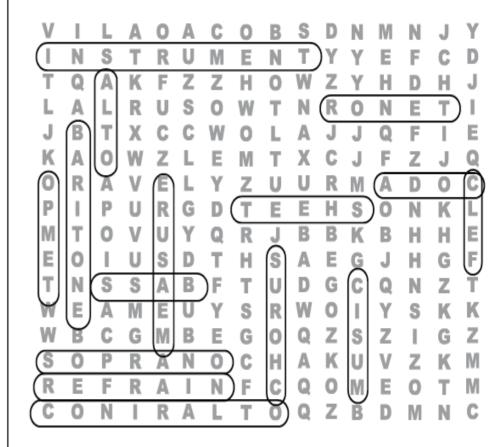
Measure

Tempo

Tenor

Refrain

Sheet



Clef

Coda

Baritone

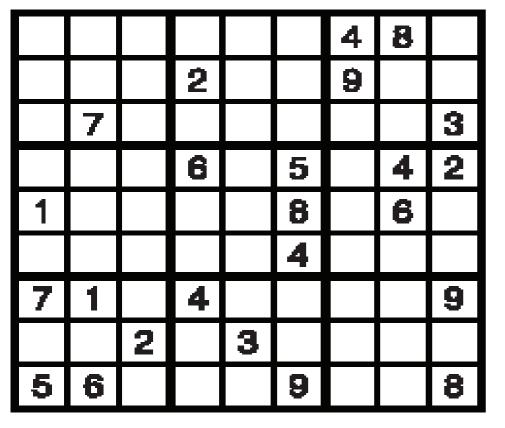
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NAME QUICK **ZACCHAEUS**

Doctor's orders

Here's to a healthy 2021, with resolutions from heart doctors

2021



By Michael Merschel American Heart Association News

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eep in their hearts, everyone has to be looking forward to a fresh start in 2021.

And who would know better about matters of the heart than a cardiologist? We asked some of the nation's best about resolutions — what they're planning for themselves, and what they wish their patients would focus on for a healthy and happy new year.

Their advice begins with a reminder that the threat of COVID-19 will not vanish at the stroke of midnight on Dec. 31.

"You need to resolve to stay healthy and safe," said Dr. Ivor Benjamin, director of the Cardiovascular Center and professor of medicine at the Medical College of Wisconsin in Milwaukee. "It's an ever-present challenge for everyone, independent of where they are."

In California, Dr. Robert Harrington is chair of the department of medicine at Stanford University. He's making its institutional motto a personal one as the fight against the coronavirus goes on.

Stanford Medicine tells its health care workers, researchers, staff and

students to be safe, be smart, be kind, Harrington said. "So my personal resolution is that I will work at staying safe through good public health measures of mask-wearing, frequent hand-washing and appropriate social distancing; at staying smart by keeping up to date with the latest news and research on COVID-19; and at staying kind by focusing on our extended community needs.

"Here's hoping that my patients can do the same."

Even as the pandemic is a top health concern, there's room for thinking beyond it.

"The new year is always a good time for patients to reprioritize their health," said Dr. Fatima Rodriguez, an assistant professor of cardiovascular medicine at Stanford. She'd like patients to focus on healthy eating and scheduling physical activity every day. "There are no quick fixes to optimal cardiovascular health. It takes consistency."

Dr. Rachel M. Bond, system director of women's heart health at Dignity Health in Arizona, suggests resolving to learn the art of relaxation.

"Although stress and anxiety are common — and we've had more than our fair share of both in 2020 — chronic stress and anxiety can be dangerous for our heart health." Anxiety can trigger the

"Although stress and anxiety are common – and we've had more than our fair share of both in 2020 – chronic stress and anxiety can be dangerous for our heart health."

Dr. Rachel M. Bond, system director of women's heart health at Dignity Health in Arizona



release of stress hormones such as cortisol and adrenaline, which can increase heart rate and blood pressure. Women are at higher risk for stress-related heart issues, Bond said.

"Finding healthy ways to cope with this is a must," she said. She suggests meditation, exercise, listening to music, conversing with family or friends or even seeking professional help.

Relaxation was on Rodriguez's mind with her personal resolutions. She's aiming to take time to disconnect from devices – "no email, no cellphones, no social media. I'd also love to prioritize time for reading non-medical literature and journaling."

Bond said she isn't traditionally a resolution-maker. "I usually try to shy away from making yearly resolutions, as if I fail to stick to them, I feel an extreme level of guilt."

To that point, Benjamin said it's important to make resolutions that are realistic.

For example, he'd like to lower his handicap in golf. "But it's kind of hard to do that when I live in Wisconsin and there's still snow on the ground for the next four to five months."

For patients looking to make healthy changes, Benjamin offers this simple advice year-round: "I am looking for progress, and not perfection."

For example, instead of setting out to run a marathon, a good resolution for adults might be to follow the federal recommendation to get at least 150 minutes of brisk exercise every week. "I tell my patients walk 30 minutes a day and take a day or two off for good measure. Just do the math, and you're going to get there."

He and Bond both looked inward with some of their personal goals. Benjamin hopes he can spend more time in the present, "so that I can be a catalyst and, hopefully, a positive force for everything that's around me."

And Bond said "with 2020 being a year for the history books — and a chapter I am eager to close," she's focused on gratitude.

"What 2020 has taught me is that life-altering triumphs, no matter how great or small, should be celebrated, as who knows what tomorrow may bring."

HEALTH MATTERS

HEALTH STAT **300 million**

According to the CDC, Operation Warp Speed's goal is to produce and deliver 300 million doses of COVID-19 vaccines with the initial doses available by January 2021.

CONDITIONS 101 What are cold sores?

Cold sores, also known as fever blisters, are a common viral infection that cause small, fluid-filled blisters to appear on and around your lips. These blisters are often grouped together in patches. When a blister breaks, a scab will form that can last for days. Cold sores usually heal in about two to three weeks. They usually do not scar.

"Cold sores spread from person to person by close contact, such as kissing," according to the Mayo Clinic. "They're usually caused by herpes simplex virus type 1 (HSV-1), and less commonly herpes simplex virus type 2 (HSV-2). Both of these viruses can affect your mouth or genitals and can be spread by oral sex. Cold sores are contagious even if you don't see the sores. There's no cure for cold sores, but treatment can help manage outbreaks. Prescription antiviral pills or creams can help sores heal more quickly. And they may reduce the frequency,

length and severity of future outbreaks."

The first time you have a cold sore, symptoms might not arise for up to 20 days after first being exposed to the virus. Recurrences tend to be less severe than the first outbreak. During recurrences, sores often appear at the same spot each time.

NUTRITION STATION Can chili peppers help you live longer?

Capsaicin, the chemical compound that gives peppers their spice, has antioxidant and anti-inflammatory properties and, according to Well+Good, may help improve longevity.

A 2015 Chinese study concluded that, of the almost half a million participants, those who consumed more spicy foods were less likely to die of all causes (especially of cancer, heart disease and respiratory diseases) than those who never or rarely ate spicy foods. The study concluded the effect may be due to capsaicin.

"The Chinese researchers found that the benefits of capsaicin were cumulative; people who ate spicy foods six or seven times per week were least likely to die of any cause," says Well+Good. "But eating spicy meals even a couple of times a week seemed to have some benefit."

More Content Now

TODAY'S WORKOUT

Pulsing deadlift strengthens lower back, glutes, hamstrings

By Marlo Alleva More Content Now

ave you ever experienced lower back pain or weakness? How about tight and tired hamstrings?

If so, there could be a multitude of reasons, from activity level to injury. But many times it is the simple fact that the muscles are untrained, unstretched and weak.

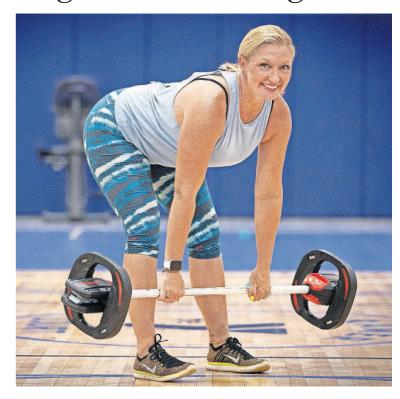
This is all a simple fix, given there are no major injuries, of course.

Our move today is a pulsing deadlift. This exercise will be toning the lower back, glutes and hamstrings. This move will also provide a good stretch to the whole backside.

You will need a weighted bar for this deadlift. If your equipment is limited, be creative and improvise with household items.

Begin this move by gripping your weighted bar. Place your hands just outside of hip width. Rolling your shoulders back and down, and holding your chest tall, engage your abdominals and place your feet hip-width apart with the toes facing forward. With the bar resting on your thighs, you are ready to start!

Keeping your chest lifted, proceed to bend in your hips, lowering the bar to at least the knees, or as low as you can efficiently bend.
Once you reach your lowest



Marlo Alleva demonstrates a pulsing deadlift. [ERNST PETERS/THE LEDGER]

point, hold that position and begin to make small pulsing movements by lifting and lowering in your deepest position.

Keeping your back strong, continue this pulsing motion for either a determined count or a set time; for example, 10 seconds or 10 repetitions.

Once you reach your goal, slowly return to the start, take a small break, reposition and proceed into another set. Give yourself at least three to five sets of

these pulsing deadlifts. If you have restrictions in your back, or very tight hamstrings, this move may be smaller in the beginning. But once your muscles release and become stronger, you will begin to get a deeper move from this exercise.

If you feel you need intensity, simply add more weight to your bar.

This exercise is great added into any lower body or leg routine!

Marlo Alleva, an instructor at Gold's Gym and group fitness coordinator at Fontaine-Gills YMCA in Lakeland, Florida, can be reached at faluvzpa@msn.com.

BITUARIES



Ms. Kathy Carlton Caldwell, 68, of 103 Register Street, passed away Monday, January 25, 2021 at UNC Hospitals, Chapel Hill, NC. The graveside service will be held at 12 p.m., Saturday, January 30, at Hillcrest Memorial Park with Pastor Bob Rogers officiating. The public viewing will be held Saturday, January 30 at the Cemetery from 11:30 - 12 p.m. Ms. Caldwell is

survived by her daughter, Katina Caldwell Gondo of Linden, NC; sons, James Caldwell, Jr. of Warsaw, NC, Demond Caldwell of Dacula, GA; sister, Pamela Sheffield of Goldsboro, NC; brother, Wilbert Carlton, Jr. of Jonesboro, GA; 14 grandchildren, 4 great grandchildren. Service will be live-streamed via Worley Funeral Home Facebook page. Online condolences may be sent to worleyfuneralhomeinc.com.

CLINTON

Mr. Lawrence Dell Murphy, 69, of 4926 Bonnettsville Road, passed away Sunday, January 24, 2021 at Vidant Duplin Hospital, Kenansville, NC. The graveside service will be held at 1 p.m., Friday, January 29 at Hillcrest Memorial Park with Rev. Donald Graham officiating and Military Honors. The public viewing will be held Thursday, January 28 from 1-5 p.m. at Worley Funeral Home. Mr. Murphy is survived by his wife, Dorothy Murphy of the home; sisters, Emma Murphy of Clinton, NC, Velma Oates of Salemburg, NC; brothers, James L. Murphy of Clayton, NC, Alvin Murphy, Dancy Murphy both of Clinton, NC and James Carr of Philadelphia, PA. Service will be live-streamed via Worley Funeral Home Facebook page. Online condolences may be sent to worleyfuneralhomeinc.com.

FAYETTEVILLE

Mr. Willie James Watson, 75, of Fayetteville, NC passed away Monday, January 25, 2021 at home. The funeral service (Invitation Only) will be held at 12:30pm, Thursday, February 4, 2021 at Herring Funeral Care & Cremations, Fayetteville, NC with Rev. Frederick Culbreth officiating. Burial in Sandhills Veterans Cemetery, Spring Lake, NC. Mr. Watson, an Airforce veteran, is survived by WIFE-Alice Faye Watson of the home; DAUGHTERS-Tonja Morse of Greensboro, NC, Belinda Hobbs of Newton Grove, NC, Tameia Watson and Taniesha Watson both of Fayetteville, NC; SONS-Rodney Hobbs, SGM, Army (Retired) of Fayetteville, NC and Dr. Reginald Hobbs of Washington, DC SISTER-Flossie Watson of Warren, OH; 15 grandchildren and 5 great grandchildren. The live-stream will be available AT THE SERVICE TIME. NOTE: To access the service via Facebook, log on to your Facebook account and type in Worley Funeral Home. In lieu of flowers, donations may be made in his honor to your charity of choice. Viewing at Herring Funeral Care & Cremations (Masks Required) Thursday, February 4, 2021 11:30am -12:30pm. Herring Funeral Care and Cremations 2720 Murchison Road, Fayetteville, NC 28301.



NEWTON GROVE

Ms. Kathy Celestine (Bennett) Strickland, 67, of Newton Grove, NC passed away Friday, January 2021 at SECU Hospice House, Smithfield, NC. The funeral service (Invitation Only) will be held at 1pm, Saturday, January 30, 2021 at 1pm at Worley Funeral Home Chapel with Dr. Tremayne Johnson officiating

Burial at Littlefield Cemetery, Newton Grove, NC. Ms. Strickland is survived by SISTERS-Jacqueline B. Gooding of Jacksonville, NC and Rose B. Garvey of Rock Hill, SC. Service will be livestreamed via Worley Funeral Home Facebook page. NOTE: To access the graveside service via Facebook, log on to your Facebook account and type in Worley Funeral Home. The livestream will be available at the service time. No Public Viewing will be held.

Mr. Howard Odell "Billy" Baggett, 89, of Godwin passed away Tuesday, January 26, 2021 at Wake Medical Center in Raleigh. Mr. Baggett was born July 7, 1931 in Harnett County son of the late Aldon and Verta K. Lee Baggett He was also preceded in death by his wife, Mildred Joyce Draughon Baggett; daughter, Joyce Elaine Baggett; sister, Lois McLamb



and brothers, Johnnie and Dwight Baggett. Mr. Baggett attended Clement High School and served in the U.S. Air Force. He returned home from his military duty to help on the farm and then became a mechanic and A&P Inspector with United Airlines. He then became a flight engineer with World Airways and later became a corporate pilot with Collier, Cobb & Associates. His first flight as a pilot was January 24, 1960 and his last was May 3, 1997. After retirement he had his own wrought iron business. Mr. Baggett was a longtime member and deacon of Baptist Chapel Church. He is survived by his son, Dwayne Baggett (Paula Sue Truesdale) of Godwin; daughter, Wendy B. Williams and husband, Doug of Dunn; grandchildren, Allison Williams Huhmann and husband. Troy of Haslet, Texas, April Williams Crumpler and husband Garry of Godwin; great grandchildren, Blake and Charleigh Huhmann, Rhiannon Crumpler; sister, Betty Picard of Greensboro and brother, Larry Robert Baggett and wife, Linda of Godwin. The family will receive friends 1-2 p.m. Saturday at the church one hour prior to the service and at other times at the home of Wendy and Doug Williams in Dunn. A funeral service will be held at 2 p.m. Saturday, January 30, 2021 at Baptist Chapel Church with Rev. Alan Roberts officiating. Burial will follow at the church cemetery. Memorials may be made to Baptist Chapel Church 2208 Baptist Chapel Rd. Autryville, N.C. 28318.

CLINTON



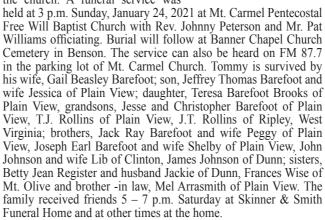
Dorothy Lee Myers Barefoot, 81, of Clinton, passed away Sunday, January 24, 2021 at UNC Rex Hospital in Raleigh, NC. Dorothy was born January 24, 1940 in Sampson County and was the daughter of the late Ether Myers and May Bell Jones Myers. She was devoted to her family - a wonderful wife, mother, sister, and aunt, but

her favorite title was Grandmother. She was a friend to all, an earthly angel who shared love and encouragement to everyone she encountered. A life-long resident of Sampson County, she graduated from Taylor's Bridge High School and after 30 years of service, she retired from Cape Fear Farm Credit in Clinton. She was a member of Immanuel Baptist Church and the Gleaners Sunday School Class. Survivors include her husband of 64 years, John Thomas Barefoot; daughter, Kathy Barefoot Alexander; grandchildren, Elizabeth McDonald and husband, Caleb, Thomas Alexander, Jr. (T.J.) and wife Christine; and sister, Julia Vann, as well as many precious nieces and nephews. A memorial service will be held at 2:00 pm, Monday, February 1, 2021 at Immanuel Baptist Church. Face masks will be required and social distance maintained. Online condolences may be sent to the family at www.crumpler-honeycutt.com.

PLAIN VIEW

Mr. Walter Thomas "Tommy" Barefoot, 80, of the Plain View Community passed away Thursday evening, January 21, 2021 at Betsy Johnson Hospital. Tommy was born October 14, 1940 in Sampson County son of the late John Thomas and Lorene Parsons

Barefoot. He was also preceded in death by his brother, Gary Barefoot. attended Plain schools and was retired from Kelly Springfield in Fayetteville. He was a faithful member of Mt. Carmel Pentecostal Free Will Baptist Church where he served as an usher, greeter and member of the brotherhood of the church. A funeral service was



CLINTON

Deacon/Chairman Freddie Lee Carter, Jr., 72, of 9040 N US 421 Hwy, Clinton, crossed over into Glory, Tuesday, January 26, 2021 at UNC Rex Hospital in Raleigh A Celebration of Life Service will be

held at 2 PM, Saturday, January 30th, at East Carolina Holiness Church with Elder James Buddy Brewington, Pastor Michael Jacobs, Pastor Glenn Vann and Rev. Dr. Randy

Simmons officiating. The family will receive friends from 6 PM – 8 PM, Friday, January 29th at Crumpler-Honeycutt Funeral Home and at other times at the home.

Mrs. Alma West Coats, 79, of Dunn died Sunday January 24, 2021 at Betsy Johnson Hospital in Dunn. Mrs. Coats was born August 21, 1941 in Sampson County to the late Carson and Bettie Norris West. She was preceded in death by her husband, J.E. Coats; brothers, James, Wallace, Wendell, and Elmond C. West; and sister, Patsy West Eason;

and son-in-law, Richie Starling. Mrs. Alma was part of the first graduating class of Midway High School in 1960. She was also the first Miss Midway High School. Mrs. Alma loved caring for children and operated a daycare at her home for over 30 years. She loved cooking and caring for the many children. They all called her MaMa, and her late husband, J.E. was Papa. Funeral services was held at 11:00 a.m., Tuesday, January 26, 2021 at Mingo Baptist Church with Rev. Louis Strickland officiating. Burial followed in the church cemetery. Mrs. Alma is survived by her son, Chris Coats and wife Anita of Dunn; daughter, Angela Starling of Dunn; grandchildren, James Starling, Hunter Starling, Robie Coats, Vander Coats, Hannah Kate and Brooklyn Grace Stanley; sisters, Shelby Wooten, Lynda Bass, and Brenda Stanley, and many nieces and nephews. The family received friends at 10 a.m., Tuesday one hour prior to the funeral, at Mingo Baptist Church.



Mrs. Evelyn Evans Coble, 89, of 455 208 Mercer Mill Road, Elizabethtown passed away Wednesday, January 27, 2021 at Elizabethtown Nursing Center. Evelyn was born February 18, 1931 in Bladen County to the late Haywood and Elzora Evans. In lieu of flowers donations can be made to the NC Baptist Children's Home at 204 Idol St., Thomasville, NC 27630. Services provided by Carter Funeral



Home, Garland. www.carterfh.com.

CLINTON

Dawson Hicks Faircloth, 72 of Clinton passed away on Sunday, January 24, 2021. A graveside service was held at 11:00 AM Wednesday, January 27 at George Horne Cemetery, South River Road, Autryville with Rev. Tim Ameen officiating. Mr. Faircloth was a native of Sampson County, the son of George T. and Nellie Autry Horne. He was

preceded in death by his parents; brother, Ruffin Faircloth; sisters, Agnes Horne, Judy Bolton, Julia Cashwell, Faye Faircloth and Nan Sports. He was a devoted husband, father and grandfather. He never met a stranger and was always willing to lend a helping hand to anyone. He was an avid golfer and was a UPS delivery driver for 31 years. He is survived by his wife, Mylinda Hill Faircloth of the home; daughter, Catina Shirley and husband, Anthony of Leland; son, Jason Faircloth of the home; two grandchildren, Chloe Bell Shirley and Braydon Shirley; two sisters, Bonnie Maxwell of Hope Mills and Joyce Horne and husband, Junior of Autryville. In lieu of flowers, memorials may be made to the United States Disabled Golf Association, 598 Dixie Road, Clinton, NC 28328. Services entrusted to Butler Funeral Home, 401 W. Roseboro Street, Roseboro, NC.

NEWTON GROVE

Mr. Glenn H. Smith, age 84 of Newton Grove, passed away at WakeMed Raleigh on Wednesday, January 20, 2021 with his family by his side. The family held a Memorial Service on Sunday, January 24th at Unity Presbyterian Church, Newton Grove. The service was held at 2 p.m. with the Rev. Cathy Mooney officiating. Left to cherish his

memories are his daughters; Wendy Mink and husband Mitchell of Newton Grove, Mary Allred and husband Ted, Jr., of Florence S.C., grandchildren; Lauren Allred, Kaitlyn Allred, Teddy Allred and wife Cristin and Keith Griffin and wife Meagan. Great Grandchildren; Kayden, Olivia, Blakley and Owen. His sisters: Carolyn Williford of Newton Grove, Brenda Garza of Avon Park, Fl. and Shirley Langston and husband Glenn of Four Oaks. He was preceded in death by his parents; David N. and Mildred H. Smith and his wife, Betty Jo Smith. Memorials may be made to: Unity Presbyterian Church, 11551 NC Hwy 50 South, Newton Grove, N.C. 28366. Online condolences may be made at: www. westanddunn.com. West & Dunn Funeral Home, Newton Grove is honored to serve the Smith Family.

CLINTON

Mrs. Lucille Jackson Jacobs, 78, of Clinton formerly of Linden passed away Wednesday evening January 27, 2021 at Highsmith Specialty Hospital in Fayetteville. Lucille was born December 5, 1942 in Cumberland County, daughter of the late Noah G. and Doris McLeod Jackson. She was also preceded in death by her husband



Robert Allen "Bobby" Jacobs; brothers, Noah "Bud" Jackson, Jr. and Jeffrey Lee Jackson. Lucille was a graduate of Pine Forest High School and Sampson Community College. She had worked at Hamilton-Beach and Nestaway in Clinton and attended Iglesia Bautista Maranatha in Clinton. A funeral service will be held at 2 p.m. Sunday, January 31, 2021 at Colliers Chapel Church with Rev. Johnny Haney, Rev. Johnny Peterson and Rev. Jair Escalona officiating. Burial will follow in the church cemetery. She is survived by her daughters, Stephine Jacobs Guerrero and husband Jose of Clinton, Jennifer Hardison and husband Chris of Plain View; grandchildren, Austin Hardison, Harley Hardison, Manuel Guerrero, Gabriela Guerrero; sister, Faye Reid (Robin O'Quinn) of Linden; nephews, Jamie and Jeremy Reid; and several nieces and nephews in Ohio. The family will receive friends 1-2 p.m Sunday at the church one hour prior to the service and at other times at the home of Jennifer and Chris Hardison in Plain View. A public viewing will be held 10 - 12 noon Saturday, January 30, 2021 at Skinner & Smith Funeral Home in Dunn.



WARSAW

Jerry Winfield Jones, 66, of 732 Johnson Church Road, passed away Wednesday, January 27, 2021 at Vidant Hospital in Greenville. Funeral service will be held at 3 PM, Saturday, January 30th Crumpler-Honeycutt Funeral Home with Rev. Matthew Creech The family will officiating. receive friends immediately after the service at the funeral home.

Jerry, born in Sampson County in 1954, was the son of the late Ghermon Winfield Jones and Lou Ella "Grace" Hayes Jones. He worked as a mechanic at Williamson Service Center for 45 years He was a friend to all and had a smile that lit up the room. All that knew him were blessed to have known him and will treasure their friendship with him. Survivors include: wife, Lana S. Jones; step-son, Brian Schultz (Shannon); sisters, Marilyn Wade (Timmy) and Linda Lockamy; step-grandson, Nicholas Schultz; and nephews, Chad King and Patrick Lockamy. In lieu of flowers memorials may be made to the funeral home to offset the cost of the funeral. Online condolences may be made to the family at www.crumpler-honeycutt.com.



Mr. Joseph Henry Williams, 95, of 2340 Roanoke Rd., passed away at his home Thursday, January 28, 2021 with his loving family by his side. Funeral Services will be held on Sunday, January 31st at 2:00 pm at Hopewell United Methodist Church in Newton Grove with the Rev. Gregg Presnal and the Rev. Richard Vaughan officiating.

Burial will follow in the church cemetery. The service will also be live streaming via Facebook on the Hopewell United Methodist Church page. Born on February 17, 1925 in Sampson County, Joseph was the son of the late Emmett A. and Maggie Baggett Williams. He was a World War II veteran of the United States Army, a charter member and volunteer fireman at Vann Crossroads Fire Department and a lifelong farmer. On most days, he could be found in his Pointer overalls, tan shirt, and straw hat caring for his crops and hogs, or sitting in his designated chair at Wilson's Store in Spivey's Corner. He was known for his heart of gold, sense of humor and the ever-present candy in his pocket to pass along to children to brighten their day. As an active member of Hopewell United Methodist Church, he sang in the choir and served as a Church Superintendent. Joseph was a man dedicated to his family, his church, and his community and will be greatly missed by all. He is survived by his wife, Joanne Vann Williams; daughter, Mary Jo Carr and husband, Hugh of Clinton; son, Steve Williams and wife, Delores of Clinton; seven grandchildren Jonathan Williams (CharlesAnna), Reed Williams (Brittany) Kathryn W. Waters (Ryan), Elizabeth C. Andrews (Phillip) Sarah C. Stone (Matt), Hannah C. Baxter (Tyler), and Rachel C Grantham (Dalton); and was also blessed with fourteen great grandchildren. In addition to his parents, he was preceded in death by four brothers: Dwight Williams, Sr., Gibson Williams, Sr. Thomas Williams and Sherrill Williams. Visitation for family and friends will be held at his home. In lieu of flowers, donations may be made to Hopewell United Methodist Church Memorial Fund. 4641 Church Road, Newton Grove, NC 28366. Condolences may page at www.royalhallfuneralhome.com. e left on his oblituary Royal-Hall is honored to serve the Williams Family.



NEWTON GROVE

Mary Sue Warren, 90, peacefully passed away at home on January 23, 2021. She was born on October 9, 1930 in Dunn to the late Carl Bennett Warren, Sr. and Ethel Irene Baynes Warren. In 1936, Mary Sue, brother Carl Bennett Warren, Jr., and their parents moved to Newton Grove where she attended Westbrook School. She graduated from Dunn High School in 1948 and continued

her studies at Greensboro College, Atlantic Christian College, and Campbell University in the fields of music, religion, and education. Mary Sue began her 29-year teaching career in Johnston County at Meadow School and retired from Benson Elementary School as an English/Language Arts educator. She also taught piano in the Hobbton, Hargrove, and Halls-Piney Grove schools. Education was a lifelong passion of hers. Serving the Lord through her church work was always important to Mary Sue. She shared her musical gifts as pianist and organist at Pleasant Union Christian and Oak Grove Free Will Baptist churches for 75 years, with many of those years serving as choir director. She also faithfully taught Sunday School and served on various committees at Oak Grove. Mary Sue was preceded in death by her husband, William Blake "Bill" Warren, Sr. and her son, John Bennett Warren. She is survived by her daughters, Brenda Sue Warren of Kinston, Cathy Warren Mason of Clinton, and Caroline Warren of Raleigh, and her son, Blake Warren (Donna) of Newton Grove. Grandchildren include Hardee Merritt (Rachel), Amanda Gullie (Andrew), April Dudley (Nathan), Thomas Merritt (Christina), Pamela Lewis, and William Warren (Heather). She is also survived by her brother, Carl Warren, and 11 great-grandchildren. The family would like to express their sincere appreciation to Pansy Denning, Lenora McLamb, and Zenaida Hernandez for their loving care, support, and friendship they have provided. Mary Sue's graveside service was held on Tuesday, January 26, at 3 pm at the Warren Family - Oak Grove Cemetery. The Rev Corky Herring officiated the service. The viewing was at West and Dunn Funeral Home in Newton Grove on Monday, January 25, from 3 to 5 pm. The family will not be present. In order to stay in compliance with NC COVID Law, social distancing measures should be practiced at all times and a mask worn during all services. In lieu of flowers, memorials may be made to Oak Grove Free Will Baptist Church at PO Box 389, Newton Grove, NC 28366. Services have been entrusted to West and Dunn Funeral Home of Newton Grove, NC.

LUMBERTON (Formerly of Waycross)

Condolences may be made to www.westanddunn.com.

Mr. Clifton Ozell Murphy, Sr., 68, of 4901 Willow Oak Drive, Lumberton, formerly of Waycross Community, Magnolia, NC passed away Monday, January 25, 2021 at his home in District Heights, MD. The graveside service will be held at 1 p.m., Saturday, February 6, 2021 at The Murphy Family Cemetery, Waycross Community, Magnolia, NC with Rev. Timothy Lance officiating. The burial will follow the service. Mr. Murphy, Sr. is survived by his DAUGHTER-Charonda Murphy of Upper

OBITUARIES



Marlboro, MD; SON-Clifton O. Murphy, Jr. of District Heights, MD; SISTERS-Karen Carlton of Wilmington, NC, Fredia Kornegay of Wallace, NC; BROTHERS-Ricky Murphy and Stanley Murphy both of Waycross Community, Magnolia, NC, David Murphy of South River, NJ; one grandchild. Public Viewing at Worley Funeral Home Friday, February 5, 2021 1:00 - 5:00 p.m.



Eddie Levern Parnell, age 72 of Erwin, passed away on Monday, January 25, 2021 at Betsy Johnson Regional Hospital in Dunn. Eddie was born on June 12, 1948 in Harnett County, the son of the late Lester Parnell and Alice Gurganious. He is also preceded in death by 3 sisters. For over 30 years he worked at Champion Mobile Homes. He served his country in the United

States Army. A Funeral Service was held Friday, January 29, 2021 at 2:00 pm at Cromartie-Miller Funeral Home Chapel. Burial followed in Erwin Memorial Cemetery. He is survived by his loving wife of 50 years: Joyce N. Parnell of the home. Sons: Wayne Parnell and (wife) Hollie of Benson; Jimmy Parnell of Erwin; and Jason Parnell of Erwin. Grandchildren: Eddie Parnell of Benson; Walter Parnell of Benson; Justin Parnell of Erwin; and Airen Parnell of Erwin. Mother: Alice Gurganious of Clinton. Brother: Joseph Parnell of Clinton Visitation will be on Thursday, January 28, 2021 from 1:00 pm – 6:00 pm at Cromartie-Miller Funeral Home in Dunn. A Service of Cromartie Miller Funeral Home of Dunn NC.

AUTRYVILLE

Mrs. Peggy Alma Williams Strickland, 87 of Autryville, passed away on Thursday, January 28, 2021 at Liberty Commons Nursing Center, Benson. A graveside service will be held at 2:00pm on Saturday, January 30, 2021 at Union Grove Baptist Church Cemetery, 395 Vander Road, Salemburg, with Reverend Paul Honeycutt and Reverend Allen West



officiating. Mrs. Strickland was born on October 10, 1933 in Sampson County and was the daughter of Henry and Berthelma Spell Williams. She was preceded in death by her parents; her husband, Charles E. Strickland; and her daughter-in-law, Pat Strickland. She owned and operated Peggy's Beauty Shop for fifty years. She was a member of Union Grove Baptist Church and was a member of the "Ladies of Grace" Sunday School Class. She is survived by her son, Danny Strickland of Autryville; her daughter, Renee and husband, Dwain Jackson of Clinton; three grandchildren, Dan Strickland and wife, Whitney of Stedman, Gage Jackson of Raleigh, Blythe Jackson of Clinton; one great grandchild, Danielle Strickland of Stedman; her special cousin, Prentice Williams; her best friend, Sybil Knowles and her family; and special friend, Amalie Williams. A viewing will be held from 3:00 to 5:00pm on Friday afternoon at Butler Funeral Home, 401 W. Roseboro Street, Roseboro. The family would like to thank Dr. Ted Bauman and staff, and Speech Therapist, Lindsey Horne for their special care. Butler Funeral Home of Roseboro is serving the family.

TRENTON NJ (Formerly of Clinton)



Presley Thompson Age 61- of Trenton, N.J. and formerly of Clinton, NC died Saturday, January 23, 2021. Graveside service will be Sunday, January 31, 2021 at 12:00 Noon at Sandhill Cemetery, Clinton, NC. Walkthrough Viewing: Sunday. January 31, 2021 10:00 am to 11:30 am at Butler & Son Funeral Services, Clinton, NC. Masks are required

to attend Graveside and Walkthrough. Graveside Service will be livestreamed through Butler & Son Funeral Home Facebook Page. Butler & Son Funeral Services Clinton, NC.

LUKKEI

Ricky Gill Sloan, 66, passed away January 24, 2021 at Vidant Medical Center in Greenville, NC. Mr. Sloan was born May 18, 1954 to Winnifred Hollowell Sloan and the late Erwin Gill Sloan. A funeral service was held 2:00 pm, Wednesday, January 27, 2021 in Community Funeral Home Chapel, with burial following the service in Devotional Gardens.

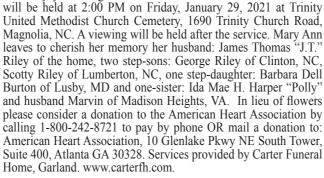


Visitation began at 1:00 pm at the funeral home. Mr. Sloan is survived by his wife, Cathy Sloan of the home; mother, Winnifred Ann Sloan; son, Ricky Paul Sloan and wife, Tricia of Apex; daughter, Ann S. Powers and husband, Keith of Lumberton, NC; four grandchildren, Harrison Sloan, John Merritt, Jordan Powers, and Terry Powers; four brothers, Robert "Bobby" Sloan and wife, Darlene of Buena Vista, VA, Erwin "David" Sloan of Magnolia, Norman Sloan and fiancee, Maryann of Hampstead, and Aaron Sloan and wife, Rosemond of Turkey. Mr. Sloan was preceded in death by his father, Erwin Gill Sloan and an infant brother, George F. Sloan. The family request attendees wear mask and

social distance.

GARLAND

Mrs. Mary Ann Riley, 86, of 368 West 3rd St, Garland, passed away Wednesday, January 27, 2021 at UNC Rex Hospital in Raleigh. Mary Ann was born July 21, 1934 in Lynchburg, VA. She is preceded in death by her son: Bradley Ford Rogers and her parents. Mrs. Riley was a school teacher with the public school system for many years. A graveside service



Mrs. Joan Carol Fennell Spence, 57 of Autryville passed away on Saturday, January 23, 2021 at the Sampson Regional Medical Center in Clinton. A graveside service will be held at 2:00 PM Wednesday, Jan. 27 at Hall's United Methodist Church Cemetery with Rev. William Robinson officiating. There will be a walk-through viewing on Tuesday

from 1:00 PM - 3:00 PM at Butler Funeral Home in Roseboro. Mrs. Spence was a native of Duplin County, the daughter of George and Carol Smith Fennell who survive. She was preceded in death by a daughter, Shannon Noal Schooler. She was a homemaker. She is survived by her husband, Jeff Spence of the home; two daughters, Jennifer Hall of Jacksonville and Brandy Murray; her mother and father, Carol and George Fennell of Beulaville; two sisters, Bronya Fennell of Beulaville and Joy Fennell of Richlands; two brothers, Johnny Fennell and Bryan Fennell both of Beulaville; eight grandchildren. Services entrusted to Butler Funeral Home, 401 W. Roseboro Street, Roseboro, NC.

Virginia "Jenny" Stock, 64, of Clinton, passed away Friday, January 22, 2021 at the Magnolia. A funeral service will be held at 2 PM, Tuesday, January 26th, at Holly Grove Holiness Church with Rev. Dr. Randy Simmons officiating. Interment will be in the church cemetery. The family will receive friends from 1 PM – 2 PM, Tuesday, at Holly Grove

Holiness Church just before the service. Virginia, born in 1956 in Sampson County, was the daughter of the late Tommy Bell and Hattie Ammons Bell. She was a member of Holly Grove Holiness Church, a property manager with HUD and an employee of Food Lion. In addition to her parents she was preceded in death by her husband, Tim Stock and son, Victor Stock brothers, Kelly Ammons and Gary Bell, and sisters, Jacqueline Goodman and Dee Dee Bell. Survivors include; daughter, Sherry Wiggins (Michael); son, Donny Whitehead; grandchildren, Brent Stone, Haley S. Roberts (Roy), Cristian Wiggins, Britney Whitehead and Donny Whitehead, Jr.; great-grandchildren, Bruce Lane Hamilton; brother, Rex Bell, Sr. (Linda), Danny Bell (Vicki), and Alvin Bell; and sister, Elaine B. Carter (O'Neal). Online condolences may be sent to the family at www.crumpler-honeycutt.com.



Ollie Franklin "Bob" Straughn, Jr., 82, passed away Tuesday, January 26, 2021 at Sampson Regional Medical Center in Clinton, NC. Mr. Straughn was born November 9, 1938 in Sampson County, NC to the late Ollie Franklin and Eva Bell Barber Straughn. A funeral service was held 6:00pm, Thursday, January 28, 2021

in Community Funeral Home Chapel, Warsaw, NC. A private burial was held in the Straughn Family Cemetery in Warsaw, NC. Bob is survived by wife, Lois L. Straughn of the home; sons, Steven Straughn and wife, Dawn of Burgaw, and Bobby Straughn and wife, Jessica of Warsaw; daughters, Melinda Kelly of Texas, Robin Harris and husband, Vincent of Liberty, Lesia McKenzie and husband, Brian of Wendell, and Jessica Straughn Sawyer of Warsaw; brother, Clayton Straughn of Clinton, sisters, Betty Jean Faircloth of Clinton and Eva Lee Brown of New York; many grandchildren and great grandchildren and a four-legged companion, Brandy. In addition to his parents, Bob was preceded in death by brother, Stacy Straughn.

Mrs. Mable Peterson Strickland, 93 of 12081 Harrells Hwy., passed away Sunday, January 24, 2021 at Pender Memorial Hospital in Burgaw. Graveside services was held Wednesday, January 27 at 2:00 PM at the Peterson Family Cemetery, Bull Tail Rd., Harrells with Rev. Tom Murray officiating. The family

received friends following the service at the Cemetery. Born in 1927 in Duplin County, Mable was the daughter of the late Walter Challie and Vera Giddeons Peterson and the widow of the late Lacy Washington Strickland. Mable was a member of Centenary United Methodist Church and was active as long as she was able and was a homemaker of which she enjoyed spending time with her family. She loved and was loved



and will be greatly missed. Mable is survived by her daughter Anita S. Baldwin of Harrells; three sons: Lacy Milton Strickland and wife, Peggy of Watha, Donald Ray Strickland and wife Judy of Dunn and John Strickland and wife, Dana of Clinton three sisters: Betty Dale of Wallace, Avis Powell of Watha and Annette Murray of Harrells. She also leaves behind her special seven grandchildren and ten great-grandchildren. In addition to her parents and husband, Mable was preceded in death by her son, Lester Strickland; daughter, Karen Strickland and grandson, Donald Earl Strickland. In lieu of flowers memorials may be made to Centenary United Methodist Church, 407 Tomahawk Dr. Harrells, NC. 28444. Condolences may be sent to the Strickland family by visiting www.royalhallfuneralhome.com Royal-Hall is honored to serve the Strickland family.

Mattie Grey Bass Sumner, 87 of 5330 Bradshaw Road, passed away Monday, January 25, 2021 at Cape Fear Valley Medical Center. A gathering for immediate family and close friends was held at PM, Thursday, January 28th, at the Sumner Family Cemetery in Newton Grove with Rev. Dr. Milton Little officiating. There was a walk-

through viewing from 1 PM - 5 PM, Wednesday, January 27th, at Crumpler-Honeycutt Funeral Home. Face mask will be required and social distanced maintained. Mattie, born in Sampson County in 1933, was the daughter of the late James Weldon Bass and Lillian Thelma Boyette Bass. She worked with Southern Bell, Carolina Telephone, Century Link and retired with AT&T. In addition to her parents she was preceded by: her husband, Paul Creekmore Sumner, Jr.; son, Paul Creekmore "Creek" Sumner, III: sisters, Velva Rose Little, Dorothy Bass, and Elma Jeane Bass; and brother, Edward Bass. Survivors include; daughters, Dr. Lynn Sumner Motz and husband SFC Timothy Motz, USA (Retired), LtCol Leigh Sumner, USMC (Retired) and Lorri Sumner; grandchildren, Aimee Hunter Rosemond and husband Micah, Dr. Victoria Lauren Motz-Patel and husband Parth, Leigh Anna Sumner, Elvie Sumner, Buck Sumner, Mattie Lora Sumner, Sumner Dale Curry and Paul Creekmore Curry (Creek) great-grandchild, Rylie Grey Rosemond; and siblings, Haywood Bass and wife Dixie and Karon Satterfield and husband Ted. Online condolences may be sent to the family at www.crumplerhoneycutt.com.

SALEMBURG

Marshall Williams 58 of 608 N. Fayetteville St. passed away on Sunday, January 24, 2021 at his home. Marshall was born on June 6, 1962 and departed January 24, 2021. He was the son of the late Alice D. Monroe and the stepson of the late William H. Monroe Sr. He lived in the Salemburg community with his grandparents---the late Alexander and Sylvia Williams. Marshall was a graduate of Lakewood High School and completed his studies in 1980. In 1997, he married Jean Williams of Salemburg, NC. He worked with Ellis Williams Construction for over twenty years and joined the staff at Dubose Steel Incorporated for approximately two years. He was currently employed with Sampson County Schools as the Head Custodian at Union Intermediate School. He expressed deep care for his fellow staff, faculty, and students. He loved electronics, music, and car audio. He was a DJ in his spare time for many school and community events, known as "Dr. Rock." A graveside service was held at 1:00 pm on Saturday, January 30, 2021 at Bearskin Missionary Baptist Church Cemetery, burial will follow in the church cemetery. Marshall leaves to cherish his wife, Jean Williams, of the home; his children, Antonio D. Owens and Brittany J. Williams of Salemburg, NC, and his mother in law, Elizabeth Ann Williams of Salemburg, NC. His siblings include William H. Monroe Jr. of Clinton, NC; Apostle Regina Lucious of Clinton and Dr. Alicia Monroe of Chapel Hill, NC. He has one great aunt, Sandie Purdie of Salemburg, NC. He also leaves two aunts and one uncle; Margaret Williams (Buck) of Salemburg Eloise Williams (Bobby) of Salemburg, and one uncle, Billy Rasberry (Laura) of Kinston, NC. A host of nieces, nephews, and cousins remain. A walk thru was held on Friday, January 29. 2021 at Hope Valley Hawkins Funeral Service, 1246 Hobbton Hwy. Clinton from 2:00 pm - 5:00 pm with family present from 5:00 pm - 6:00 pm.

NEWTON GROVE

Mr. Danny G. Westbrook age 67, passed away January 25, 2021 at his residence with his family by his side. The family will hold a Memorial Service at a later date. The Memorial Service will be held at the Hobbs Family Cemetery, Newton Grove with the Rev. Dick Westbrook officiating. Left to cherish his memories are his wife: Carol W. Westbrook of the home, sister; Brenda McLamb and husband Charles of Coats and brother; Timmy Westbrook of Erwin. He was preceded in death by his parents; E.T. & Joyce Westbrook. Online condolences may be made at: www.westanddunn.com. Services have been entrusted to West & Dunn Funeral Home, Newton Grove, North Carolina.



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NASCAR THIS WEEK

A&Q

Did the Daytona Road Course race get a new odds-on favorite?

It obviously depends a lot on the equipment, but if Kaulig Racing puts good stuff under AJ Allmendinger, don't be shocked to see the former Cup racer take full advantage of this one-off effort, which could become a two-off, three-off, etc., given the influx of road races. But Chase Elliott will still be the smart favorite. Meanwhile, Matt Kaulig has hired AJ to run the full Xfinity Series this year, and we should thank him, because every paddock and garage is more enjoyable with AJ around and carrying a helmet.

How 'bout that entry list?

Depending on some late pairings of sponsors and cars, we're looking at between 44 and 47 hopefuls to make the 40-car Daytona 500. It could be the most since NASCAR went from 43 to 40 starters in 2016. With 36 chartered teams locked in, it'll be an interesting competition among the others for those four open parking spots on the grid. Austin Cindric will be in a Penske car, so you like his chances, but you never discount David Ragan (Front Row Motorsports) at a "plate race."

— Ken Willis



Don't be surprised if AJ Allmendinger makes some noise in Daytona's Feb. 21 road-course race. USA TODAY SPORTS

DAYTONA MOTOR MOUTHS

Zach Dean and Ken Willis cover NASCAR and other forms of motorsports for the Daytona Beach News-Journal. Reach them at zach.dean@news-jrnl.com and ken.willis@news-jrnl.com.



WHAT'S ON TAP

Jan. 30-31: Rolex 24 at Daytona

NASCAR Speedweek at Daytona:

Feb. 9: Busch Clash

Feb. 10: Daytona 500 pole qualifying **Feb. 11:** "Duel" Daytona 500 qualifying races

Feb. 12: Truck Series season opener

Feb. 13: Xfinity Series season opener **Feb. 13:** ARCA Series season opener

Feb. 14: 63rd Daytona 500

Feb. 21: Daytona Road Course race

THROUGH THE GEARS

Derrike Cope jumps back in Daytona 500

Zach Dean

Daytona Beach News-Journal USA TODAY NETWORK

The Daytona 500, like this weekend's Rolex 24, is *the* race that everyone wants to be a part of.

Jeff Gordon retired from NASCAR in 2015, and then turned around to run in the Rolex 24 in 2017. Jimmie Johnson's doing the same thing this week. Next month, Jamie McMurray will pause his Fox broadcasting duties to run his first Daytona 500 since 2019.

Shoot, even Awesome Bill Elliott attempted to qualify in the 2012 Great American Race — nine years after he stopped racing full-time.

First gear

Which brings us to Derrike Cope. Yes, him ... the 1990 Daytona 500 winner.

Cope, now 62, will run next month's Daytona 500 for Rick Ware Racing in the No. 15 Chevy. It'll be Cope's first NASCAR Cup race since Darlington in 2018, and his first Daytona 500 since 2004.

The last time Cope turned meaningful laps at Daytona? Dale Earnhardt Jr. won the race. Front Row Joe Nemechek finished sixth. The late John Andretti finished 13th. Terry Labonte finished 20th in what would be his final full-time season.

Defending Cup Series champion Chase Elliott, meanwhile, was 8.

"I'm not your average 62-year-old," Cope told Sirius XM NASCAR radio last week. "I think I'm pretty young at heart. I'm in pretty good shape. So I'll go down there and drive within myself and my capabilities, and hopefully, I'll find the patience necessary to get myself to run all 200 laps.

"And if that transpires, then I think I can be in a position to go out there and do battle at the end, and it won't be easy for anybody if I get to that point."

Second gear

As long as Cope can stay out of trouble on race day, he'll get a chance to be there at the end, because he's in a chartered entry.

The same can't be said for everyone in this year's field.

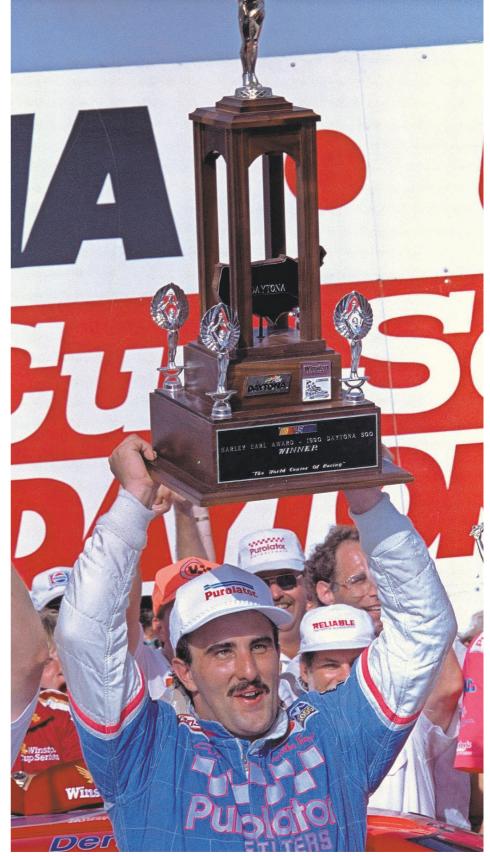
An early look at Daytona's entry list shows at least eight non-chartered entries for next month's race, meaning there will be plenty of drama on qualifying and Duel day.

Some of the bigger names who will be vying for the final four spots include: Noah Gragson, David Ragan, Kaz Grala and Ryan Preece.

Third gear

One of the drivers not in the Daytona 500 field this year is Jimmie Johnson, who, by the way, finished fifth in Cope's last Daytona 500. That doesn't mean the seven-time champ won't be in Daytona Victory Lane this year, though.

Johnson's No. 48 Ally Racing Cadillac



Derrike Cope returns to Daytona 31 years after his only Daytona 500 victory. It will be his first Daytona 500 appearance since 2004. ASSOCIATED PRESS FILE PHOTO

had a strong showing at last weekend's Roar Before the Rolex 24, and will start sixth for Saturday's Rolex 24. Johnson's former Hendrick teammate, Chase Elliott, will be in the No. 31 Cadillac that will start on the pole.

Fourth gear

NBC Sports announced over the weekend that it will shut down operations at the end of the year. The move

will impact multiple sports, including NASCAR, which switches from FOX to NBC for the second half of its season.

In a memo, NBC said, starting this year, NASCAR races not broadcast on NBC will now be shown or simulcast on USA Network.

A quick check shows that USA Network used to broadcast Daytona Duel races from 1982-84.

Yes, Derrike Cope was in the Series then, too.

CLEARANCE

SPEED FREAKS

Chase or Jimmie? Who finishes higher in this week's Rolex 24?

KEN'S CALL: Jimmie's car is a one-off effort with nothing to gain by pacing, so I like that vibe — unless someone tucks it into the chicane barrier, of course.

DEAN'S DIRT: Chase is in a car that's starting on the pole and, don't know if you've heard, but he's pretty good at these road races. He'll figure out the new car.

Gotta ask, should Derrike Cope be allowed to race the Daytona 500?

KEN'S CALL: Blowing out 62 candles is one thing, but the troubling aspect is he hasn't done a "plate race" since 2006. I'll withhold judgement for now but reserve the right to second-guess. You know, the usual.

DEAN'S DIRT: Tom Brady's going to the Super Bowl at 43, so I don't see why Derrike can't win the Daytona 500 at 62! Look out!

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