



DO YOUR PART!

Shop local to keep dollars in your local community.
Dollars that go towards schools, fire and rescue, law
enforcement, community services and much more!
Help our local businesses make it through this difficult time.

THANK YOU!

SAMPSON COUNTY'S COMMUNITY NEWSPAPER

The Sampson Weekly



VOLUME 12, ISSUE 11

www.thesampsonweekly.com

Week of March 19-25, 2021

INSIDE



Food
Page 8



Faith
Page 6



Nascar
Page 16

WEATHER

Sat Partly
Cloudy
10%

Hi: 48° Lo: 41°

Sun Cloudy
10%

Hi: 65° Lo: 46°

Mon Cloudy
40%

Hi: 65° Lo: 50°

Tues Cloudy
10%

Hi: 68° Lo: 51°

Wed Rain
50%

Hi: 69° Lo: 59°

Thur Scattered
T-Storms
50%

Hi: 77° Lo: 63°

WEEKLY VERSE

"Jesus said to her, 'I
am the resurrection
and the life. The
one who believes in
me will live, even
though they die;
and whoever lives
by believing in me
will never die. Do
you believe this?'"
John 11:25-26

WEEKLY INDEX

Local.....	1-4
Faith.....	6
Tims Gift.....	7
Food.....	8
Education.....	10
Puzzles.....	11-12
Obits.....	13-14
Classifieds.....	15
Nascar.....	16

COVID-19 Vaccination Opportunities



Left to right: Kristy Cashwell, BSN, RN/Immunization Coordinator – Sampson County Health Department; Mr. Dale Schwerk (seated); Wanda Robinson, Sampson County Health Director

COVID-19 TESTING REPORT FOR MARCH 15, 2021

Total Number of Tests Reported to Date: 19,110

Positive Test Results: 7,233 (46 additional since 3/12 report)

Negative Test Results: 11,877

COVID, see P. 3

Trends Continue to Stabilize as COVID-19 Vaccine Eligibility Opens for Some Members of Group 4



**People with high-risk medical conditions or who live in certain
congregate settings now eligible for vaccination*

Governor Roy Cooper and North Carolina Department of Health and Human Services Secretary Mandy K. Cohen, M.D. gave an update on the state's current data, trends and vaccination progress. Wednesday also marked the opening of vaccine

COOPER, see P. 3

Sampson County Couple Establish Scholarship for Agriculture



Don and Ann Butler, longtime residents of Sampson County, committed to establishing a scholarship to benefit students of agriculture at Sampson Community College. Collectively, the Butlers have called Sampson County home for over 40 years and say establishing the scholarship is their way of giving back and hopefully inspiring the next generation of agriculture workers. Their commitment to Sampson Community College and to agriculture is evident.

When Ann Butler moved to Sampson County in 1977, she says she expected to stay for maybe three or four years; just long enough to establish a career in teaching at Sampson Middle School. Now, nearly 44 years later, she has made Sampson County her home. When Don Butler first called Sampson County his home, it was to continue the family tradition of agriculture work. A fifth-generation farmer, Don Butler says establishing Don and Ann Butler Scholarship Fund allows him to inspire the next generation.

"I understand the importance of agriculture and where food comes from, and how important it is to train people who are interested in continuing in agriculture because someone is going to have to grow the food," Don Butler shared.

For Don Butler, establishing the Don and Ann Butler Scholarship Fund is rooted in his devotion to agriculture. Butler's father and grandfather were dairymen, though Butler has spent his career working in animal agriculture.

However, for Ann Butler, establishing the fund allowed her to give back to a place dear to her heart, Sampson Community College. The former Dean of Continuing Education, Butler has witnessed the College's countless benefits to Sampson County and its

SCC, see P. 4



Eagle Eyes Surveillance System

Call Today (910) 549-8130

Special \$995.00 Installed

Trusted Protection - Surveillance Systems with NO Monthly Fees!!

Includes: 8 Channel Surveillance DVR, 4 HD 1080P indoor/outdoor Cameras with Infrared Night Vision, Easy Mobile Monitoring on your Tablet or Smart Phone, 1 TB-Hard Drive

Includes System and Installation, each camera for installation will be 60 feet from DVR unit, additional charges will apply to cameras installed further than 60 feet from DVR unit. Call for a free estimate today (910)549-8130

LET EAGLE EYES HELP YOU PROTECT YOUR FAMILY AND POSSESSIONS!

Do you remember the days when gas was less than a dollar and you never even locked your doors at night. Those days are long gone.

So protect your hard earned investments, with a Eagle Eyes Home Surveillance System. System start at as low as \$499.00 installed, with no monthly fees.



thesampsonweekly.com

910-590-2102

LOCAL NEWS

From the Desk of
Senator Brent Jackson



Last week, I had the pleasure of touring the Be Pro Be Proud Mobile Workshop during their Legislative Day here at the General Assembly. Be Pro Be Proud is a workforce development project designed to close the skills-gap in states like South Carolina and Georgia. They are taking a targeted approach to remove the stigma from “blue-collar” jobs with the goal of educating students and the public on the appeal and the importance of these jobs for our economy.

Their unit is a custom-designed, military-grade, double-expandable semi-trailer staffed with hands-on simulators of a variety of skilled trades including welding, truck driving, heavy equipment operation, diesel technician, lineman, and more has begun traveling throughout the state to schools, fairs, career centers, conventions, government events, military re-entry programs, and more.

While in their mobile unit, I was able to virtually operate both a piece of heavy machinery and used their commercial truck driving simulator as seen in the photos below.



Legislative Recap- S.B.220

Senate Bill 220, which is now Session Law 2021-4 after receiving the Governor’s signature, is a law passed with bipartisan support to reopen North Carolina schools in-person. After much debate over previous measures, Senate Democrats and Governor Cooper agreed to enact the Republican-sponsored legislation that directs schools on when and how they must move to Plan A. Studies show a strong correlation between academic success and in-person instruction and our students with special needs have been struggling particularly during this pandemic.

It is uncommon for a piece of legislation to receive no substantive opposition in either chamber, but Senate Bill 220 passed unanimously in both the House and Senate in addition to acquiring the executive branch approval. With the bill now enacted, schools have begun fulfilling their obligations to reopen following similar guidelines as in previous legislation in regards to safety and security for the children being taught.

From the District- Salemburg FD teams with ‘Shed Heads’

Salemburg Volunteer Fire Department is looking forward to raising money with help from their hilarious buddies across town who love to cook.

The department in Western Sampson County is teaming up with The Shed Heads from The Grateful Shed for a BBQ Boston Butt Fundraiser, scheduled for 2 to 6 p.m. Friday, May 7, at the station, 804 N. Main St., Salemburg. With Mother’s Day around the corner, organizers thought it would be a good opportunity to help provide a meal for the celebration.

The Grateful Shed, a cooking comedy show, attracts thousands on Facebook and other social media outlets. Known as the “Shed Heads,” the group includes Norman McPhail, Terry Lee, Woodrow Smith, Bruce Butler, and Alton Goodrich. The event will be live-streamed in May.

One BBQ Boston Butt is \$40. Orders are now being accepted and tickets must be purchased by Wednesday, April 28.

For several years, the department sold barbecue and fried chicken plates for the fundraiser. The meals were catered by Sandpiper Seafood. After COVID-19 started to spread throughout the area last year, the fundraiser was put on hold.

District Spotlight- Allan Carter Hangs Up Hard Hat after 50 years

Sampson local Allan Carter has hung up his hard hat after a successful 40-plus year career in the forest products industry. Last month, Carter retired from Enviva after nearly a 10-year tenure with the renewable energy company specializing in sustainable wood bioenergy, which operates one of its nine plants in Sampson County.

Carter has worn multiple hats at Enviva, having worked as a Plant Manager, Operations Manager, Process Engineer, and everything in between at almost every facility in Enviva’s operational footprint (which now includes seven states across the U.S. Southeast). As it relates to North Carolina and Enviva’s wood pellet production plants, Carter has assisted in the opening of its Ahoskie plant, the commissioning of Enviva’s Northampton plant, and the construction of both the Sampson and Hamlet plants. Overall, Carter has worked at 11 different facilities throughout his career at Enviva.

Carter was born in Arkansas and grew up in Alabama. He began his forest products career as a teen working the night shift at a Georgia-Pacific plywood plant. At just 19 years old, he joined their management team as a supervisor. Carter went on to the University of Arkansas at Monticello to study coaching and teaching, gaining valuable skills that he used when training new colleagues at Enviva and throughout his career. After college, he moved to the East Coast and

would eventually join the Enviva family.

Carter joined Enviva in 2011, capping off an already 40-year career in the forest products industry. At that time, Enviva was a much smaller operation than it is today. Over the next few years, Enviva began to grow exponentially, and Carter was there to assist in the growth and development of the company. Over the last decade, Carter expressed he most enjoyed training new colleagues, especially during the commissioning of plants.

He will be spending more time with his family. He has 12 grandchildren spread across the United States and Canada. Once it’s safe to do so, Allan, his wife, and their two rescue dogs plan to hike all 50 states, 10 Canadian provinces, and three Canadian territories. Already, avid hikers, they are close to achieving their goal – there are just three states left (Nebraska, South Dakota, and Alaska) and only one Canadian province to go.

So far, his favorite trail memories have been hiking The Narrows in Zion National Park in Utah, hiking underground in a lava tube in Washington state, and hiking the trails around Lake Louise in Alberta, Canada. Once they reach their North American goal, they hope to hike internationally in Greenland, Australia, and South America.

Did You Know? - NC History and Fun Fact



Did you know that the First Organizer of the Hospital Association of NC and the founder of Highsmith-Raney Hospital was from Sampson County?

James Franklin Highsmith, a surgeon, was born in Roseboro, the son of John James and Mary Ann Fowler Highsmith. His father, a well-to-do farmer, supported the Confederacy and fought during the Civil War; his mother was a descendant of the Parker’s. Highsmith attended private schools near his home, Old Salem Academy in Sampson County, and Glenwood Academy in Johnston County. He was graduated from Wake Forest College in 1887 and from Jefferson Medical College, Philadelphia, in 1889, shortly before his twenty-first birthday. In the latter year, he began a practice in Fayetteville.

In 1896 Highsmith opened a brick office in the business section of Green Street. The building, which had rooms on the second floor to accommodate patients overnight, quickly assumed the name of Highsmith Hospital. In 1899, Highsmith and Dr. J. H. Marsh, who also had an office on Green Street, joined to establish a three-story hospital—known as the Marsh-Highsmith Hospital—in the same location, extending the building to Market Square.

Highsmith Hospital was one of the first in the state to establish a training school for nurses; to provide hospital beds; to keep charts, records, and case histories; and to use ultraviolet-ray machines. It also was among the first to have a physiotherapy department and a high-voltage deep X-ray machine.

Highsmith was the chief surgeon in his hospital until succeeded by his oldest son, Dacosta. His two other sons, Frank, Jr., and W. C., who became specialists, also joined the staff. In 1949, after Dacosta’s death, the hospital was bought and run by a board of directors. In addition to his work at the hospital, Highsmith was the surgeon for both the Atlantic Coast Line and the Norfolk and Southern railroads, was a consultant and visiting surgeon in many hospitals in North Carolina and elsewhere and contributed articles to medical journals.

Thank you for allowing me to serve as your representative in the North Carolina Senate. I read every email that comes to my legislative account and I encourage you to reach out to me with your thoughts and concerns. If you would like to stay informed of my actions in the legislature, I encourage you to friend me on Facebook and/or follow me on Twitter.

MERCER BUSINESS SERVICES

MAKE AN APPOINTMENT TODAY!

FILE NOW.

PAY LATER.

\$0

OUT OF POCKET TODAY

epstax.net/terms-conditions for details
By MetaBank®, N.A. Terms and conditions apply.

CJ Mercer

Owner

cj@mercerbusinessservice.com

312 College Street, Suite D

Clinton, NC • (910) 299-0690

COVID, cont. from P. 1

COVID Reported Deaths to Date: 95 (no additional since 3/12 report)

COVID-19 TESTING REPORT FOR MARCH 16, 2021

Total Number of Tests Reported to Date: 19,208

Positive Test Results: 7,260 (27 additional since 3/15 report)

Negative Test Results: 11,948

COVID Reported Deaths to Date: 95 (no additional since 3/15 report)

COVID-19 TESTING REPORT FOR MARCH 18, 2021

Total Number of Tests Reported to Date: 19,351

Positive Test Results: 7,348 (88 additional since 3/16 report)

Negative Test Results: 12,003

COVID Reported Deaths to Date: 96 (1 additional since 3/16 report)

COVID-19 TESTING REPORT FOR MARCH 19, 2021

Total Number of Tests Reported to Date: 19,444

Positive Test Results: 7,378 (30 additional since 3/18 report)

Negative Test Results: 12,066

COVID Reported Deaths to Date: 96 (no additional since 3/18 report)

Many of the new cases are attributed to isolated outbreaks, including one in the Sampson Correctional Institute.

The Sampson County Health Department administered its 10,000th COVID vaccine early Monday morning. Mr. Dale Schwerk of Roseboro sat calmly as Immunization Coordinator Kristy Cashwell (BSN, RN) administered his second dose of the Moderna vaccine. As she looked on, Sampson County Heath Director Wanda Robinson noted the importance of each individual injection. “Every dose we administer represents one more step towards our goal of defeating this pandemic. Each dose represents the dedication and commitment our Health Department staff has made to that goal, and I could not be prouder of their efforts. They have stood on the front lines for more than a year now, risking exposure, enduring long days and sometimes inclement weather.” She further noted, “The best way for us to recognize and reward their extraordinary efforts is for everyone to do their part in battling COVID; get your shot when it is your turn.”

When advised of the achievement this morning, County Manager Ed Causey remarked, “This is a critical milestone in our journey to return Sampson County to some sense of normalcy. Our citizens and our businesses, and yes, our employees, have endured the burden of this pandemic with the resilience that is the hallmark of our community, and we will be stronger for it. It is important, however, that we all get our vaccinations as soon as we are eligible to move us to the end of this challenging time.”

VACCINATION OPPORTUNITIES

March 24, 2021

Location: Charles E. Perry School - 705 Boone St., Roseboro, NC 28382

Times: 9 am - 4 pm

Eligible Groups: Groups 1-4 (those 65 and older, frontline healthcare workers, child-care employees, pre-k through 12th grade employees, frontline essential workers, and those 18 and older with high-risk medical conditions, homeless, or incarcerated)

March 26, 2021

Location: Sampson Agri Expo Center, 414 Warsaw Rd., Clinton, NC

Times: 9 am - 4pm

Eligible Groups: Second dose will be provided 9 am-1 pm to those who have received their first dose on February 27, 2021. First doses will be provided 1 pm - 4 pm to Groups 1-4 (those 65 and older, frontline healthcare workers, childcare employees, pre-k through 12th grade employees, frontline essential workers, and those 18 and older with high-risk medical conditions, homeless, or incarcerated)

March 31, 2021

Location: Sampson Agri Expo Center, 414 Warsaw Rd., Clinton, NC

Times: 9 am - 4pm

Eligible Groups: Second dose will be provided 9am-1pm to those who have received their first dose on March 3, 2021. First doses will be provided 1pm -4 pm to Groups 1-4 (those 65 and older, frontline healthcare workers, childcare employees, pre-k through 12th grade employees, frontline essential workers, and those 18 and older with high risk medical conditions, homeless, or incarcerated)

All scheduled events are subject to vaccine availability.

COOPER, cont. from P. 1

eligibility for people who have a medical condition that puts them at higher risk for severe illness or who live in certain congregate settings.

“With more students in the classroom and millions of people receiving vaccines, there is hope on the horizon,” said Governor Cooper. “But with this virus and its variants continuing to spread, it is too early to let our guard down.”

North Carolina continues to focus on distributing vaccines quickly and equitably. To date, the state has administered over 3.4 million doses. 25.7 percent of those 18 and up is at least partially vaccinated, and 16.5 percent of those 18 and up have been fully vaccinated.

The state is also seeing progress in its continued efforts to emphasize equity in vaccine distribution. Today, the CDC released a report that puts North Carolina among the top ten states in the nation for equitable vaccine distribution.

“We are committed to using every lever we have to ensure that historically marginalized populations can easily access a COVID-19 vaccine - that includes how we allocate vaccines, who we allocate vaccines to, which events we can support, where we deploy state resources, and who we engage on the ground to help address barriers like transportation and internet access,” said Secretary Cohen.

Gov. Cooper and Sec. Cohen also discussed state health officials’ ongoing efforts to monitor the presence of COVID-19 variants and stressed the importance of continuing with safety precautions across the state. Recent data shows an increase in these more contagious variants among those infected in North Carolina. People should continue to protect themselves and those around them by practicing the Three Ws—wear a mask, wait 6 feet apart, and wash hands often.

Dr. Cohen also provided an update on North Carolina’s data and trends.

Trajectory in COVID-Like Illness (CLI) Surveillance Over 14 Days

-North Carolina’s syndromic surveillance trend for COVID-like illness is decreasing

Trajectory of Confirmed Cases Over 14 Days

-North Carolina’s trajectory of cases is decreasing, however, with new, more contagious variants in the state, we need to keep our guard up.

Trajectory in Percent of Tests Returning Positive Over 14 Days

-North Carolina’s trajectory in percent of tests returning positive is decreasing.

Trajectory in Hospitalizations Over 14 Days

-North Carolina’s trajectory of hospitalizations is decreasing.

In addition to these metrics, the state continues building capacity to adequately respond to an increase in virus spread in testing, tracing and prevention.

Testing


-Testing is widely available across the state.

Tracing Capability

-There have been more than 790,406 downloads of the exposure notification app SlowCOVIDNC.

Personal Protective Equipment

-North Carolina’s personal protective equipment (PPE) supplies are stable.




OFFICE OF THE SHERIFF


County of Sampson, NC

112 Fontana Street, Clinton, NC 28328

SHERIFF JIMMY THORNTON



MISSING



David Van Alphin

Age: 35	Race: White	Sex: Male	Eyes: Blue
Height: 5' 4"	Weight: 110 lbs.	Hair: Blonde	

Last known location: Hog Farm on Elwood Rd. Clinton, NC

David "Van" Alphin was last seen on February 2, 2021 around 9 a.m. on Elwood Rd. at a Hog Farm wearing coveralls and rubber work boots. A white unknown SUV was reportedly seen in the area of the farm just prior to David "Van" Alphin going missing, but it is unknown if there is a connection at this time. The family reported him missing to the Sampson County Sheriff's Office on February 22, 2021. Anyone with information on the location of David "Van" Alphin is asked to contact the Sampson County Sheriff's Office at (910) 592-4141 or their local law enforcement agency.

Reward

The family is offering a \$5,000 reward for any information that leads to locating David-Van Alphin

Office: (910) 592-4141 • Fax: (910) 592-8641 • Emergency: 911



Provided by the

Sampson County

Animal Shelter

Call (910)592-8493



This is Ariel, a 2 year old female.

Can you be her "forever" family?

You can also make a monetary, supplies or pet food donation to the shelter. Contact the Sampson County Animal Shelter at (910)592-8493.

TO ADVERTISE

Call (910)590-6086

or email us at

info@thesampsonweekly.com

www.thesampsonweekly.com

CRIME REPORTS

03-04 Evanja Carthen, 46, Fayetteville. CS-Second Degree Trespassing. Trial Date 03-29-21

03-04 Torona Rodeka Stewart, 54, Warsaw. OFA- Driving While Impaired. Bond \$2000. Trial Date 03-31-21

03-04 Jamie Lee Parsons, 21, Raeford. DWI, Fail to Maintain Lane Control. Bond \$1500. Trial Date 03-18-21

03-04 Selena Simmons, 22 Clinton. Speeding, DWLR. Bond \$500. Trial Date 03-31-21

03-04 Neil Anthony Young, 45, Clinton. Possess Cocaine, Possess Drug Paraphernalia. Bond \$25000.

03-04 Kayla Brooke King, 24, Dunn. Identity Theft, Credit Card Fraud. Bond \$40000. Trial Date 03-19-21

03-04 Alfonso Bautita-Santiago, 59, Faison. Trespass. Bond \$500. Trial Date 04-26-21

03-04 Devante Jaquan Mennerman, 27, Wallace. Order for Arrest. Bond \$100. Trial Date 04-06-21

03-04 Matthew Cory Boyette, 21, Clinton. Probation Violation. Bond \$10000. Trial Date 05-05-21

03-04 Holly Ann Flores, 29, Newton Grove. Larceny by Employee. Bond \$3500. Trial Date 03-19-21

03-04 Holly Ann Flores, 29, Newton Grove. Order for Arrest. Bond \$500. Trial Date 06-28-21

03-04 Frederick Norris, 35, Supply. Order for Arrest- Pasquotank FTA. Bond \$2000. Trial Date 05-03-21

03-04 Marcus Avery Hobbs, 34, Fayetteville. Order for Arrest. Bond \$290. Trial Date 04-26-21

03-04 Howard Lee Carroll, 40, Garland. Possession of Meth, Possession of Schedule I CS, Possession of Drug Paraphernalia. Bond \$50000. Trial Date 03-19-21

03-05 Cajanda Tona Jackson, 30, Autryville. Misdemeanor Child Abuse. Bond \$2500. Trial Date 04-08-21

03-05 Adrian Merritt, 30, Clinton. Burglary/Breaking & Entering, Destruction/Damage/Vandalism of Property. Bond \$5000. Trial Date 03-19-21

03-05 Jamie Lee Hood, 37, Clinton. Assault on a Female, Violation of Court Order. Trial Date 06-08-21

03-05 Matthew Aaron King, 32, Clinton. Order for Arrest Absconder. Bond \$10000. Trial Date 04-14-21

03-05 Ron Carter, 22, Clinton. Impede Traffic Sit/Stand/Lie, Resisting Public Officer, Simple Possess Sch IV CS, Simple Possess Sch VI CS. Bond \$2500. Trial Date 05-06-21

03-05 Quincy Dejuan McLean, 37, Raeford. Robbery with Dangerous Weapon, Conspire Robbery Dangerous Weapon, Common Law Robbery, Felony Conspiracy. Bond \$100000. Trial Date 03-11-21

03-05 Donald Ray Potter, 44, Turkey. Order for Arrest. Bond \$1000. Trial Date 03-24-21

03-05 Britni Nicole Minnich, 39, Clinton. Abduction of Children. Bond \$10000. Trial Date 03-19-21

03-05 Angeloo Leonel Esparza, 21, Garland. Order for Arrest. Bond \$500. Trial Date 03-29-21

03-05 Michelle Loraine Pierce, 24, Wade. Order for Arrest. Bond \$500. Trial Date 03-17-21

03-05 Christian Yancey, 34, Clinton. Second Degree Trespass. Trial Date 04-19-21

03-05 Christopher Joe Justus, 30, Clinton. Cyberstalking, Stalking, Communicating Threats. Bond \$1500. Trial Date 03-26-21

03-05 Tyeisha Monea McKoy, 24, Washington. Simple Assault, Assault with a Deadly Weapon. Bond \$1000. Trial Date 05-25-21

03-05 Dalton Colt Smith, 28, Dunn. Poss Meth, Poss Drug Paraphernalia, Fail to Stop/Stop Sign. Bond \$15000. Trial Date 03-19-21

03-05 Zakia Fontel Pollard, 26, Godwin. Assault on a Law Enforcement Officer, Resisting Public Officer. Bond \$15000. Trial Date 03-19-21

03-05 Daiontai Crayvon Davis, 22, Turkey. PWISD Marijuana, Breaking & Entering. Bond \$7500. Trial Date 03-19-21

03-05 Jamy Nicole Aycock, 41, Clinton. OFA- DWLR Impaired Rev, OFA- Fict/Alt Title/Reg, OFA- Drive/Allow MV No Registration, OFA- No Liability Insurance. Bond \$1000. Trial Date 04-01-21

03-06 Matthew Dylan Naylor, 19, Harrells. Cyberstalking, Misdemeanor Stalking. Trial Date 06-17-21

03-06 Lisa Kay Simmons, 51, Clinton. Fail to Comply. Bond \$330. Trial Date 04-01-21

03-06 Nancy Carol Vazquez, 47, Newton Grove. Domestic Criminal Trespass. Bond \$500. Trial Date 04-20-21

03-06 Johnny Edward Lucas, 50, Clinton. Order for Arrest. Bond \$630. Trial Date 04-07-21

03-06 Jessica Danyele Kiger, 34, Turkey. Failure to Comply. Bond \$515. Trial Date 04-01-21

03-06 Octavia Symone Hart, 25, Clinton. Driving Under the Influence, Drive Left of Center. Bond \$2500. Trial Date 04-07-21

03-06 Mark Anthony McCummings, 42, Clinton. DWI, DWLR Aft Impaired Rev Notice, Failure to Maintain Lane Control. Bond \$2500. Trial Date 06-07-21

03-06 George Kevin Faison, 46, Clinton. Misdemeanor Stalking, Communicating Threats, Injury to Real Property. Bond \$2500. Trial Date 06-15-21

03-07 Dale Johnathan McDowell, 30, Clinton. Possess Marijuana.

03-07 Osney Dariel Munoz, 22, Roseboro. FTA- Criminal Summons or Citation. Bond \$500. Trial Date 03-18-21

03-07 Cristie Alexandria Bell, 39, Teachey. Simple Affray. Bond \$4000. Trial Date 04-07-21

03-07 Jorge Palanco, 45, Dunn. Animal Cruelty, Animal Cruelty- Restraining Dogs in a Cruel Manner. Bond \$2500. Trial Date 03-30-21

03-07 Laquitcha Shaquan Davis, 28, Dunn. Felony Larceny. Bond \$5000. Trial Date 03-08-21

03-07 Waylon Harold Strickland, 50, Autryville. Simple Assault. Bond \$2000. Trial Date 04-19-21

03-07 Steven Thomas Nickels, 28, Benson. Larceny Motor Vehicle Parts, Poss Stolen Goods/Property. Bond \$35000. Trial Date 05-11-21

03-07 Andrew William Bernard, 35, Wallace. Poss Meth, Poss Drug Paraphernalia. Bond \$5000. Trial Date 04-29-21

03-07 Jason Randall Bullard, 39, Clinton. Misuse of 911 System. Bond \$1500. Trial Date 06-06-21

03-08 Pedro Hernandez, 21, Roseboro. Order for Arrest. Bond \$30000. Trial Date 03-22-21

03-08 Aaron Jay Owens, 30, Clinton. Violation of Court Order. Bond \$45000. Trial Date 03-24-21

03-08 Stevie Yarnell Williams, 45, Turkey. Injury to Personal Property. Bond \$500. Trial Date 03-23-21

03-08 Stuart Allen Throckmerton, 47, Halifax Va. Assault with a deadly weapon government official, Resist, Delay, Obstruct. Bond \$2500. Trial Date 03-19-21

03-08 Isaiah Oliver McNeese, 20, Roseboro. Possess Marijuana. Trial Date 05-18-21

03-09 Stuart Allen Throckmerton, 47, Halifax Va. Damage to Property. Bond \$5000. Trial Date 06-09-21

03-09 Brandon Ray Parsons, 33, Dunn. DWI, Possess Drug Paraphernalia, Possess Altered

Registration Plate, Fictitious Registration Plate, Fail to Stop at Red Signal. Bond \$1000. Trial Date 06-08-21

03-09 David McNeil Melvin, 35, Clinton. Possess Meth, Possess Drug Paraphernalia, OFA- Conspire B&E Bldg- Felony Larceny. Bond \$27000. Trial Date 04-09-21

03-09 Robert Stokes, 31, Roseboro. Possess Cocaine, Possess Drug Paraphernalia. Bond \$2000. Trial Date 04-09-21

03-09 Carl Junior Williams, 50, Newton Grove. Fail to Heed Lights or Sirens. Bond \$500. Trial Date 04-28-21

03-10 Kayla Michelle Lockamy, 28, Clinton. Reconnect Utility, Injury to Personal Property. Bond \$500. Trial Date 04-22-21

03-10 Jacob Calvin Champion, 32, Dunn. Breaking and or Entering, Larceny After Break/Entering, Poss Stolen Goods/Property, Larceny of Motor Vehicle, Larceny of Firearm, Possess Stolen Motor Vehicle, Possess Stolen Firearm, Injury to Personal Property. Bond \$23000. Trial Date 03-12-21

03-10 James Albert Lewis, 46, Hartsville. Felony Flee to Elude, Poss Marijuana Paraphernalia, Communicating Threats, Fugitive Warrant, Order for Arrest. Trial Date 03-19-21

03-10 Darren Turner, 31, Goldsboro. Order for Arrest.

03-10 James David Dixon Jr, 48, Clinton. Domestic Assault with a Deadly Weapon, Domestic Assault on a Female, Communicating Threats. Trial Date 05-03-21

03-10 Alanna Strouth, 27, Clinton. Identity Theft, Credit Card/Automatic Teller Machine Fraud. Bond \$5000. Trial Date 03-19-21

03-10 James David Dixon Jr, 48, Clinton. Domestic Assault with a Deadly Weapon, Domestic Assault on a Female, Communicating Threats. Trial Date 05-03-21

03-10 Christopher Malcolm Bass, 53, Clinton. Injury to Personal Property. Bond \$3000. Trial Date 07-20-21

03-10 Jamiel Antoine Wright, 37, Clinton. Failure to Comply with Monies. Bond \$495. Trial Date 04-30-21

03-11 William David Monk, 45, Warsaw. Possess Marijuana. Trial Date 07-14-21

03-11 Shakim Oates, 18, Clinton. Robbery with Dangerous Weapon. Bond \$90000. Trial Date 03-22-21

03-11 James Daniel Godwin, 24, Clinton. DWLR, Display Expired Registration Plate, Operate Vehicle No Insurance, Display Fictitious Registration Plate. Bond \$5000. Trial Date 03-19-21

03-12 Michael Clyde Penick, 27, Clinton. Assault on a Female, Misdemeanor Child Abuse, Possess Marijuana up to 1/2oz, Possess Marijuana Paraphernalia. Trial Date 04-08-21

03-12 Charlie Ray Lassiter Jr, 40, Turkey. Violation of Domestic Order, Domestic Criminal Trespass, Communicating Threats, Failure to Comply. Bond \$610. Trial Date 05-25-21

03-12 Vander Leslie Hall, 69, Clinton. DWI, DWLR. Trial Date 05-17-21

03-13 Joshua Pigford, 28, Willard. Possess Marijuana, Possess Drug Paraphernalia. Bond \$1500. Trial Date 06-15-21

03-13 Shawn Alston Brooks, 26, Clinton. Possess Marijuana, Possess Marijuana Paraphernalia, DWLR. Bond \$1500. Trial Date 04-09-21

03-13 Albert Ahmad Deaver, 24, Clinton. WFA Obtain property False Pretense, WFA Uttering Forged Instrument, WFA Uttering Forged Endorsement, OFA DWLR Not Impaired Rev, No Operate Veh No Insurance, CS Fail to Return Rental Property. Bond \$52500. Trial Date 03-19-21

03-13 Demeir Ebron, 18, Philadelphia PA. PWISD Marijuana, Possess Drug Paraphernalia. Bond \$2000. Trial Date 04-09-21

03-14 Walter Pauling Jr, 70, Clinton. MO DWI. Bond \$750. Trial Date 05-17-21

03-14 Rayonna Aneurac Saevelon Wilcox, 26, Philadelphia PA. Possess Marijuana. Trial Date 05-17-21

03-15 Deborah Marie Alexander, 47, Dunn. Stolen Property Offenses, MO Possess Mari-

juana, OFA Possess Drug Paraphernalia. Bond \$10500. Trial Date 03-19-21

03-15 Otis Carroll Jernigan, 68, Dunn. Stolen Property Offenses, MO Possess Drug Paraphernalia. Bond \$10000. Trial Date 03-19-21

03-15 Deborah Marie Alexander, 47, Dunn. Stolen Property Offenses, MO Possess Marijuana, OFA Possess Drug Paraphernalia. Bond \$10500. Trial Date 03-19-21

03-15 Otis Carroll Jernigan, 68, Dunn. Stolen Property Offenses, MO Possess Drug Paraphernalia. Bond \$10000. Trial Date 03-19-21

03-15 Tiaania Marie Melvin, 19, Clinton. Insurance Fraud. Bond \$9000.

03-15 Derrell Joshua Smith, 31, Salemburg. DWLR. Bond \$500. Trial Date 04-12-21

03-15 Truth Jaman Joyner, 24, Clinton. Unauthorized Use of Motor Vehicle, Possession of Cocaine on Jail Premises, Simple Possession of Marijuana, Simple Possession of Schedule II, Possession of Drug Paraphernalia, Destruction of Evidence. Trial Date 03-19-21

03-15 Sequan Banks Coe, 27, Warsaw. Simple Possession of Marijuana.

03-15 Michael Franlyn Grimes, 20, Clinton. OFA- FTA Release Order. Bond \$500. Trial Date 06-15-21

03-16 Billy Joe Dunn, 39, Clinton. Damage to Property. Bond \$500. Trial Date 05-03-21

INCIDENT REPORTS

03-04 Charles Owens reported a Burglary/Breaking & Entering.

03-05 Jeffery Pope reported Larceny-utility trailer \$675.00, Expedition.

03-05 Emcor Facilities Services reported Theft of Motor Vehicle Parts or Accessories- Goodyear tire with rim \$200.

03-05 Travis Bennett reported Damage to Property- structure \$200.

03-06 Joshua Aultry reported Damage to Property- Toyota Camry \$150, Nissan Sentra \$150, Honda Pilot \$150.

03-07 Quality Equipment reported Motor Vehicle Theft- Gator \$27000, Gator \$20000.

03-08 G Cooper Tax and Accounting, The Hair Place reported Damage to Property- air conditioning units \$400.

03-08 Carlie C's reported Shoplifting-Bud Light \$14.

03-08 Clarrisa McCarter reported Damage to Property- Nissan Rogue door \$200.

03-08 Carlie C's reported Shoplifting-Bud Light \$14, Teas \$2, Avocado \$1.

03-10 Billie-Jo Friedline reported Motor Vehicle Theft- motorcycle \$300.

03-10 David/Eddie King reported a Burglary/Breaking & Entering.

03-10 Sampson Regional Medical Center reported damage to Property- hospital table & door \$3000.

03-10 Candy McLeod reported Larceny of Motor Vehicle.

03-10 Amos Parker reported Destruction/Damage to Property.

03-11 Suburban Propane reported Damage to Property- chainlink fence \$4000

03-13 Royal Lane Apartments reported Damage to Property- structure \$600.

03-12 Whitney McDonald reported Damage to Property- window and wall \$150.

03-13 Murphys USA reported Shoplifting- cigarettes \$64, Natural Light \$12.69.

03-16 Jamal Alsaidi reported Damage to Property- tires \$100.

** The Crime Report is provided by the Sampson County Sheriff's Office and the Clinton City Police Department.*

SCC, see P.3 residents, firsthand.

“I have a real love for the school, for its students, and I just think it’s a wonderful resource that deserves the support of the community. I’m glad we’re able to do that,” Ann Butler commented.

The Don and Ann Butler Scholarship Fund was established in memory of Don Butler’s late father, William A. Butler, and in honor of his living mother, Louse P. Butler.

For the Butlers, one of the most exciting prospects of establishing the Don and Ann Butler Scholarship Fund is the opportunity to meet the scholarship recipient. The Butlers are interested in investing their time with scholars as well.

“I look forward to meeting the recipients at some point and finding out what their passion is and why they decided to go to school and why they are interested in agriculture,” Ann Butler remarked.

Lisa Turlington, Dean of Advancement at SCC, says the Butlers’ decision to give to Sampson Community College is a great step in their longtime relationship with the College and Sampson County.

“Don and Ann have been longtime supporters of the college and of young people interested in agriculture. This scholarship reflects their dedication to education and this community and is an extension of mentorship and friendship they have given so generously over the years,” Turlington commented.

Students can be considered for the Don and Ann Butler Scholarship as soon as Fall 2021. Interested students should apply by April 15 at sampsoncc.edu/foundation.

About Sampson Community College: Sampson Community College is a member of the North Carolina Community College System, located in Clinton, NC in Sampson County. The college offers many programs to include two-year degrees, college transfer, continuing education and workforce development options, and early college education.

Think before burning yard debris during spring wildfire season



In North Carolina, March through May is historically recognized as spring wildfire season, a period when conditions are more favorable for wildfire. As residents begin working in their yards, the N.C. Forest Service urges them to think before burning yard debris.

“Every year, almost 40 percent of wildfires in North Carolina are the result of careless debris burning,” said Agriculture Commissioner Steve Troxler. “To protect ourselves and our forestland from wildfire, we have to be responsible and vigilant. Check the weather. Make sure you’re prepared to burn before you do. Never leave a debris fire unattended, and always have a water source and phone nearby in case you need them.”

There are many factors to consider before burning yard debris. The N.C. Forest

Service encourages residents to contact their local county forest ranger for technical advice and options to help ensure the safety of people, property and the forest. To find contact information for your local NCFS county ranger, visit <https://www.ncforestservice.gov/contacts>.

The N.C. Forest Service offers the following tips to protect property and prevent wildfires:

- Consider alternatives to burning. Some types of debris, such as leaves, grass and stubble, may be of more value if they are not burned, but used for compost or mulch instead.
- Check local burning laws. Some communities allow burning only during specified hours. Others forbid it entirely.
- Make sure you have a valid permit. You can obtain a burn permit at any open authorized permitting agent or online at <https://www.ncforestservice.gov/burnpermit>.
- Local fire officials can recommend a safe way to burn debris. Don’t pile vegetation on the ground. Instead, place it in a cleared area and contain it in a screened receptacle away from overhead branches and wires. Keep your pile small, not tall.
- Stay informed about the weather and possible weather changes. Postpone outdoor burning during high winds or gusts, or periods of low relative humidity. Even if you have a valid permit, stop burning if strong winds develop.
- Be sure you are fully prepared before burning. To control the fire, you will need a hose, bucket, steel rake and a shovel for tossing dirt on the fire. Keep a phone nearby, too.
- Never use kerosene, gasoline, diesel fuel or other flammable liquids to speed up debris burning.
- Stay with your fire until it is completely out.

To learn more about fire safety and preventing wildfires and property damage or loss, visit www.ncforestservice.gov. To learn more about actions you can take to prepare your home and property for wildfire, visit www.resistwildfirenc.org.

AG YOUTH LEADERSHIP PROGRAM PRESENTED BY FARM CREDIT ASSOCIATIONS OF NC



The Farm Credit Associations of NC announce the AgYouth Leadership Program to honor students who excel in the classroom and community as leaders in their FFA chapters and 4-H clubs.

The AgYouth Leadership Program is open to any junior or senior student in good standing with his/her high school and FFA or 4-H program. The goals of the AgYouth Leadership Program are:

- To raise the profile of outstanding junior and senior FFA and 4-H leaders by recognizing their accomplishments.
- To recognize these winners in various association publications, social media, and Farm Credit Association of NC websites.
- To create scholarship opportunities that will help graduating seniors.

NC FFA advisors and 4-H leaders will select students to submit applications for the AgYouth Leadership Program. The AgYouth Leadership Committee will review and select the scholarship recipients.

All completed applications must be submitted via the online application (www.farmcreditofnc.com/events/agyouth-leadership-program) by March 31st, 2021. Email any questions to agyouth@agfirst.com.

The CEOs of AgCarolina Farm Credit, Cape Fear Farm Credit, and Carolina Farm Credit are Dave Corum, Evan Kleinhans and Vance Dalton respectively. They issued the following joint statement regarding the AgYouth Leadership Program: “At Farm Credit, we are always interested in making a difference for the future leaders in our state. Through the AgYouth Leadership Program we will highlight a number of students who display high aptitude in the classroom, as well as strong leadership abilities within their FFA chapter or 4-H club. Our key goal is to create opportunities for these high achievers to continue their education with these scholarship funds and continue making a positive impact through their individual gifts and talents.”

The Farm Credit Associations of NC are AgCarolina Farm Credit, Cape Fear Farm Credit, and Carolina Farm Credit. They are farmer-owned financial cooperatives with headquarters in Raleigh, Fayetteville, and Statesville respectively. They are the leading provider of credit to farmers in North Carolina. The Associations have over \$4.5 billion in loans and commitments outstanding to over 15,000 North Carolina farmers. Loans are made to finance land, homes, farm buildings, operating expenses, livestock and equipment, as well as other purposes. Appraisal services and leasing programs are also available through the Farm Credit Associations of NC.

Thank a Farmer Today!

FARM CREDIT ASSOCIATIONS OF NORTH CAROLINA DONATE THROUGH PULL FOR YOUTH



AgCarolina Farm Credit, Cape Fear Farm Credit, and Carolina Farm Credit are proud to announce the fundraising results of the fourth annual Pull for Youth sporting clays events to benefit NC 4-H and FFA. Over \$400,000 has been donated directly to NC 4-H and FFA since 2017.

A total donation of \$100,000 was split evenly between North Carolina 4-H and FFA from the Farm Credit Associations of North Carolina. Funds were raised in conjunction with the three Pull for Youth sporting clays events held across North Carolina during the fall of 2020.

“The Pull for Youth sporting clays shoots across our state have been an overwhelming success,” said the three Association CEOs in a joint statement. “The response by those who have participated, volunteered, and donated to the cause over the last three years are a clear indicator agriculture will remain the leading industry in our state. By providing funds to NC 4-H and FFA, the Farm Credit Associations of North Carolina and our Pull for Youth sponsors are working together to make sure tomorrow’s leaders in agriculture have a bright future. We are thankful for all of those who played a part in the success of Pull for Youth and we look forward to another great year in 2021.”

About Cape Fear Farm Credit

Cape Fear Farm Credit is an agricultural lending cooperative owned by its member-borrowers. It provides loans for land, equipment, livestock and production as well as rural home mortgages and rural living. Cape Fear Farm Credit has branches serving Bladen, Brunswick, Columbus, Cumberland, Duplin, Harnett, Hoke, New Hanover, Pender, Robeson, Sampson, and Scotland counties. It is part of the national Farm Credit System, a network of financial cooperatives established in 1916 to provide a dependable source of credit to farmers and rural America. To locate a branch near you, visit www.capefear-fc.com or call 1.800.368.5819.



FAITH

THE QUARTER



A preacher from out-of-state accepted the call to a church in Houston, Texas. Some weeks after he arrived, he had occasion to ride the bus from his home to the downtown area. When he sat down, he discovered that the bus driver had accidentally given him a quarter too much change.

As he considered what to do, he thought to himself, “You’d better give the quarter back, it would be wrong to keep it.” Then he

thought, “Oh forget it, it’s only a quarter. Who would worry about this little amount? Anyway, the bus company gets too much fare; they will never miss it. Accept it as a ‘Gift from God’ and keep it.”

When his stop came, he paused at the door, and then he handed the quarter to the driver and said, “Here, you gave me too much change.”

The driver, with a smile, replied, “Aren’t you the new preacher in town?”

“Yes”, he replied.

“Well, I have been thinking a lot lately about going somewhere to worship. I just wanted to see what you would do if I gave you too much change. I’ll see you at church Sunday.”

When the preacher stepped off the bus, he literally grabbed the nearest light pole, held on, and said,

“Oh God, I almost sold your Son for a quarter.”

author unknown

Our lives are the only Bible some people will ever read.

The visible presence of Christ in this world is YOU!

Watch your thoughts; they become words.
Watch your words; they become actions.
Watch your actions; they become habits.
Watch your habits, they become character,
Watch your character, it becomes your destiny.

“Let the words of my mouth, and the meditation of my heart,
be acceptable in thy sight, O Lord, my strength and my redeemer.”
Psalm 19:14



Martha M. Pierce

Otis Sues the County



Matthew 6:24, “No one can serve two masters, for either he will hate the one and love the other, or he will be devoted to the one and despise the other. You cannot serve God and money.”

Season 5, episode 15 of The Andy Griffith Show, entitled Otis sues the county, is a prime example of the danger of being a slave to money. The beloved town drunk in Mayberry, Otis T. Campbell, slips on the floor while exiting his jail cell. Deputy Barney Fife insists that Otis fills out an accident report even though Otis tells him that he has always had trouble with his knee. The accident report needs to be notarized and off to Mount Pilot Otis goes to please his friend Barney.

Once Otis goes to a lawyer to get his statement notarized, the shady lawyer suggests that Otis sue the County for \$5,000. Needless to say, this doesn’t sit well with Mayberry’s law enforcement officers. Thankfully, by the end of this episode the truth is revealed and Otis cherishes his friends more than the chance for a quick gain.

If we attempt to serve two masters we will have divided allegiances and when the difficulties of discipleship clash with the enticement of fleshly pleasure, the magnetic pull of wealth and worldly success will draw us away from Christ.

One example of that is in 2 Timothy 4:10, “for Demas, because he loved this world, has deserted me and has gone to Thessalonica. Crescens has gone to Galatia, and Titus to Dalmatia.” A homeless man could be guilty of loving a few dollars more than his creator. It’s not a certain dollar amount that draws us away from our devotion to God.

The call to godliness goes against our sinful nature. Only with the help of the Holy Spirit can we remain devoted to one Master. Proverbs 15:27, “Whoever is greedy for unjust gain troubles his own household, but he who hates bribes will live.” I have witnessed many individuals rush to the convenience store to purchase lottery tickets in hopes of getting rich. Throwing away a bulk of their paycheck only to leave the store with excuses of why next time they will get the winning numbers. Many of those people would probably be miserable with the headaches that a large amount of money would bring.

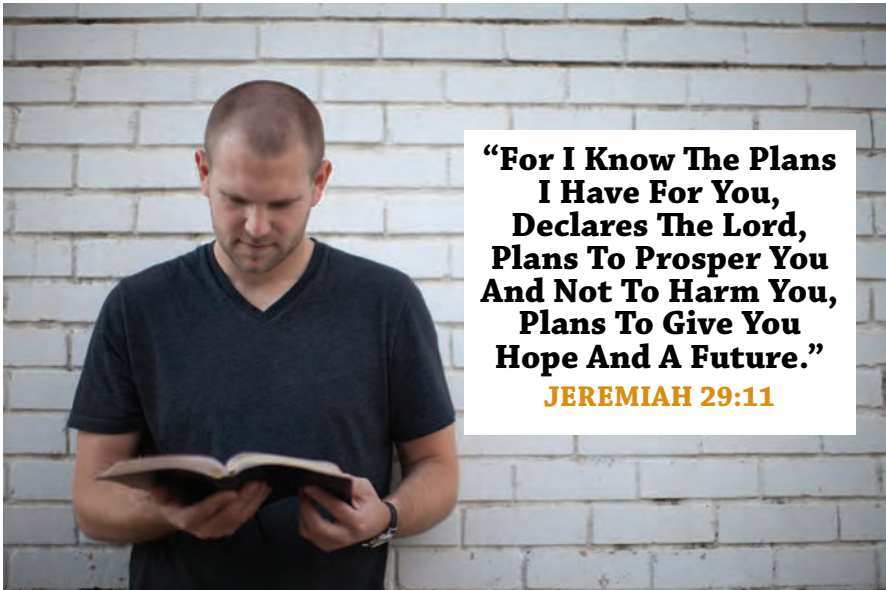
It is the love of money, and not money itself, that is the problem. The love of money is a sin because it gets in the way of worshiping God. 1 Timothy 6:9–10, “But those who desire to be rich fall into temptation, into a snare, into many senseless and harmful desires that plunge people into ruin and destruction. 10 For the love of money is a root of all kinds of evils. It is through this craving that some have wandered away from the faith and pierced themselves with many pangs.”

Dietrich Bonhoeffer, author of The Cost of Discipleship, wrote, “Earthly goods are given to be used, not to be collected. In the wilderness God gave Israel the manna every day, and they had no need to worry about food and drink. Indeed, if they kept any of the manna over until the next day, it went bad. In the same way, the disciple must receive his portion from God every day. If he stores it up as a permanent possession, he spoils not only the gift, but himself as well, for he sets his heart on accumulated wealth, and makes it a barrier between himself and God. Where our treasure is, there is our trust, our security, our consolation and our God. Hoarding is idolatry.”



Rev. Ken Smith
Atkinson Baptist Church

OPEN DOOR MINISTRY



910-532-2175 opendooraddictioncenter.org

30-Day Residential Treatment Program

Searching for a drug and alcohol rehab that is faith-based using God's Word the Bible and Christian values? Open Door Ministry, located in Delway, North Carolina, is a Christ centered program that teaches freedom from a life dominating sin. Open Door Ministry is a 30-day residential program that teaches victory over the flesh through Jesus Christ and the truths in the Bible. We also offer two 30 day extensions for a total of 90 days. This is done one day at a time through classroom teaching, victory cd's, personal soul care, chapel services and work projects.

Office: 910-532-2175 Email: opendooraddictioncenter@gmail.com
Website: opendooraddictioncenter.org

Managing Your Medications Has Never Been Easier



A Helpful Solution: Presorted Medications by Time and Day
We Offer Weekly Pill Packs

- Organize your prescriptions and over-the-counter medications
- Ensures that you are taking your medications correctly
- Makes you feel confident and enjoy a peace of mind
- Serves as a helpful reminder to take medications
- Easy to keep up with and easy access
- **FREE SERVICE; WE DELIVER!**



MATTHEWS



Health Mart
PHARMACY

408 Northeast Blvd

910-592-2343

Jordan Shopping Center

RISE UP - REMEMBER 2021

Sunday March 21st 6:00pm - 7:30pm



Sonshine Kids deliver tubs of mints to Clinton City Police and Fire Departments with a message "Thanks A Mint" and a prayer.



Sonshine Kids pray with Clinton City School Administration Receptionist and leave containers of mints for employees in each Clinton City School.



Tim's Gift Sonshine Kids visit Sampson County to deliver containers of mints for employees in each Sampson County School. They were thrilled to meet and spend time talking with our new Superintendent. Two students prayed with Dr. Goodin and welcomed him to Sampson County.



...by God's Grace

By God's grace, we the people of Sampson County can Rise Up to Remember God's children in need and be blessed beyond measure. When we realize the power of doing and receiving GOOD DEEDS - in a spirit of love with glory going to God - our hearts are opened to be refueled with agape love and amazing grace. Are we willing to reach out and do a good deed for someone we don't even know...a neighbor not like us?

Remembering the story, Jesus told in Luke 10, about the Good Samaritan shows the power of doing a good deed and having mercy upon people in need. Picture Jesus sharing this story when a lawyer stood up to test Him by asking, "what must I do to inherit eternal life?" Jesus humbly replied, "What's written in the law" to the expert in law trying to trip up the One who taught the law of love, walked on water, worked miracles, would sacrifice His life on the cross for God's children's sins being the way to eternal life where God is. The lawyer answered correctly, "Love the Lord your God with all your heart and with all your soul and with all your strength and with all your mind"; and, 'Love your neighbor as yourself.'

Jesus said, 'You have answered correctly; Do this and you will live.'

The lawyer then asked, "And who is my neighbor?"

Jesus politely and powerfully put it all in perspective - for the expert in law and all listening - as He spun a story about a Good Samaritan. A man headed to Jericho was robbed, beaten, left naked in a ditch to die; a priest and Levite turned their heads and passed him by. A Samaritan- a neighbor not like the man in the ditch - stopped, had pity for him, tended to the man's wounds, took him to an inn on his donkey, and made sure his needs were taken care of before leaving him to be tended to by the innkeeper.

The Expert on Love and Eternal Life then asked, 'Which of these do you think was a neighbor to the man who fell into the hands of robbers?' The expert in the law replied, 'The one who had mercy on him.' Jesus told him, 'Go and do likewise'!

This story and divine stirrings not to cancel everything for God because of covid came during a two week quarantine the last week of 2020 and first week of 2021. Phone calls to prayer partners, remembering a conversation with Rev. E.C. Mattocks in November about Rise Up, and trusting God's stirrings put plans in motion. Refueled and trusting in Him, we excitedly share the story of Rise Up- Remember which offers every person who hears

about it an opportunity to be a part of it. Rise up - Remember 2021 challenges each of us - young and old, church and unchurched, hardhearted and tenderhearted, neighbors who know and don't know each other, (living in Sampson and beyond) to rise up, remember the Good Samaritan offering help to someone in need, realizing God's response to the lawyer is meant for us also... to 'Go and do likewise'! We encourage each person who hears about Rise Up to seek opportunities to be a Good Samaritan in action; do a good deed for someone in need. Get a spark going that will ignite a fire of love for the Lord, revival in our hearts, and willingness to reach out, take a stand, share love as Jesus did, do good deeds and help people in need... if we can! With God's guidance and gut-wrenching love for HIM and our fellow man...our Good Deeds can make a difference when we say... 'Yes, with God's help and blessing... WE CAN!'

Tim's Gift 10th annual Rise Up Christian Conference is scheduled to be broadcast live on FB March 21st from Mt. Vernon Church. Anyone can join in and enjoy praise music by Holly Grove and Olive Grove praise teams, Good Samaritan and Outstanding youth group trophies presented, and testimonies that will tender the toughest hearts. Join us on FB live for Rise Up Remember from 6-7:30pm, Sunday - March 21st.

Youth groups, meeting in your churches, will enjoy a meal provided by Domino's and Tim's Gift. Youth leaders must call Tim's Gift (592-1126 or 260-0329) one week prior to March 21st to confirm your request for a pizza meal. We are grateful for community support through sponsorships, prayers, and participation (doing and sharing good deeds at riseuptimgift@gmail.com)! Simply send a sentence or two about your good deeds(no names required)!

'Sampson Together Strong' we can make a positive difference by pressing forth in faith, reaching out to help people - even with covid struggles among us! Let us remember Jesus' story of the Good Samaritan and the charge given to each of us... "Go and do likewise"

Rise Up - Remember provides a means to jump start stale hearts and sluggish mindsets! Yes we can be Good Samaritans by doing good deeds in love with glory to God, promising to stick together, Rise Up in Christian character, Remember those in need, and Share the love of our LORD - in one accord - wherever He leads.

~ In His love, Becky

FOOD

Protect Your Health with a Heart-Smart Eating Plan

FAMILY FEATURES

As people have spent more time at home, many have rediscovered the simple joy of home-cooking and stumbled upon a secret weapon for health at the same time. By making smart, intentional decisions from breakfast to dinner and every meal (and drink) in-between, they are supporting strong bodies.

A heart-smart eating plan is especially important for more than 30 million people in the U.S. living with type 2 diabetes who are at double the risk for heart disease and stroke compared to those without diabetes, according to the American Heart Association and American Diabetes Association’s Know Diabetes by Heart initiative. When managing diabetes and heart health, building a consistent eating plan with the right balance can be a powerful tool. Healthy eating provides benefits for the whole family whether members are managing existing health conditions or not. This recipe for Baked Parmesan Chicken is packed with 30 grams of protein in each serving yet delivers only 280 calories. For a tasty way to increase vegetable intake, try pairing the no-sugar chicken dish with Green Beans with Mushrooms and Onions.

A key to feeling your best begins with the first meal of the day. Start the morning on a nutritious note with this Ham and Broccoli Frittata – a low-sugar, low-fat, low-calorie alternative to traditional fat- and sugar-laden breakfast foods. With this recipe, you’re setting yourself up for a healthy day and getting the energy you need to live it to the fullest.

Find more recipes and learn more about managing the connection between diabetes and heart health at KnowDiabetesbyHeart.org/Recipes.



Baked Parmesan Chicken

Baked Parmesan Chicken

Recipe courtesy of Know Diabetes by Heart
Prep time: 15 minutes
Cook time: 18 minutes
Servings: 4 (3 ounces chicken per serving)

- Cooking spray**
1 large egg
1 tablespoon water
2 teaspoons olive oil
1/3 cup finely crushed, low-sodium, whole-grain crispbread
1/3 cup shredded or grated Parmesan cheese
2 tablespoons minced fresh parsley
1/2 teaspoon ground oregano
1/4 teaspoon pepper
4 boneless, skinless chicken breasts (about 4 ounces each), all visible fat discarded, flattened to 1/4-inch thickness

Preheat the oven to 400 F. Lightly spray a 13-by-9-by-2-inch baking dish with cooking spray.

In a shallow dish, whisk the egg, water and oil. In a separate shallow dish or pie pan, stir together the crispbread, Parmesan cheese, parsley, oregano and pepper. Dip the chicken in the egg mixture then in crumb mixture, turning to coat at each step and gently shaking off any excess. Using fingertips, gently press the coating mixture so it adheres to the chicken. Arrange the chicken in a single layer in the baking dish. Lightly spray the chicken with cooking spray.

Bake for 15-18 minutes, or until chicken is no longer pink in the center and the top coating is golden brown.

Nutritional information per serving: 280 calories; 80 calories from fat; 9 g total fat; 2.5 g saturated fat; 0 g trans fat; 1 g polyunsaturated fat; 4 g monounsaturated fat; 125 mg cholesterol; 340 mg sodium; 530 mg potassium; 18 g total carbohydrate; 4 g dietary fiber; 0 g sugar; 0 g added sugar; 30 g protein; 370 mg phosphorus. Choices/Exchanges: 1 starch, 4 lean protein.



Ham and Broccoli Frittata

Ham and Broccoli Frittata

Recipe courtesy of Know Diabetes by Heart
Prep time: 10 minutes
Cook time: 25 minutes
Servings: 4 (1/4 frittata per serving)

- Cooking spray**
2 cups frozen fat-free potatoes O’Brien, thawed
6 ounces small broccoli florets, rinsed in cold water, drained but not dried
8 large egg whites
1 large egg
4 ounces lower-sodium, low-fat ham (uncured, nitrate/nitrite-free), cut into 1/4-inch cubes
1/4 cup fat-free milk
1/4 teaspoon pepper

Preheat the oven to 400 F.

Lightly spray a medium ovenproof skillet with cooking spray. Heat over medium heat. Remove from the heat. Put the potatoes in the skillet. Lightly spray with cooking spray. Cook for 4-5 minutes, or until potatoes are golden brown, stirring occasionally.

In a microwaveable bowl, microwave the broccoli, covered, on high for 3-4 minutes, or until tender-crisp. Drain in a colander. Stir the broccoli into the potatoes.

In a medium bowl, whisk the egg whites and egg. Whisk in the ham, milk and pepper. Pour the mixture over the potatoes and broccoli; stir well.

Bake for 15-18 minutes, or until the eggs are set.

Nutritional information per serving: 180 calories; 30 calories from fat; 3 g total fat; 1 g saturated fat; 0 g trans fat; 0.5 g polyunsaturated fat; 1.5 g monounsaturated fat; 60 mg cholesterol; 460 mg sodium; 570 mg potassium; 17 g total carbohydrate; 2 g dietary fiber; 4 g sugar; 1 g added sugar; 18 g protein; 210 mg phosphorus. Choices/Exchanges: 1 carbohydrate, 2 lean protein.

Green Beans with Mushrooms and Onions

Recipe courtesy of Know Diabetes by Heart
Prep time: 10 minutes
Cook time: 10 minutes
Servings: 4 (1/2 cup per serving)

- Water**
8 ounces green beans, trimmed
2 teaspoons olive oil
4 ounces sliced mushrooms, stems discarded
1/2 cup thinly sliced onion
1 medium garlic clove, minced
1/8 teaspoon salt
2 teaspoons fresh lemon juice
1 pinch pepper

Fill a medium saucepan 3/4 full of water. Bring to a boil, covered, over high heat. Cook the green beans, uncovered, 5 minutes, or until tender-crisp. Drain well in a colander.

In a medium nonstick skillet, heat the oil over medium-high heat, swirling to coat the bottom. Cook the mushrooms, onion, garlic and salt 5 minutes, or until the mushrooms are soft and lightly browned, stirring frequently. Stir in the lemon juice, pepper and cooked green beans.

Nutritional information per serving: 60 calories; 25 calories from fat; 2.5 g total fat; 0.5 g saturated fat; 0 g trans fat; 0.5 g polyunsaturated fat; 1.5 g monounsaturated fat; 0 mg cholesterol; 60 mg sodium; 300 mg potassium; 9 g total carbohydrate; 2 g dietary fiber; 4 g sugar; 0 g added sugar; 2 g protein; 70 mg phosphorus. Choices/Exchanges: 2 vegetable, 1/2 fat.



Green Beans with Mushrooms and Onions

HOME HELP

TIP OF THE WEEK How to use a pole saw

Whether it’s trimming broken branches after a storm or cutting a tree back from a house, many homeowners will have to deal with limbs that are out of their reach. If your ladder won’t reach (or if you don’t feel comfortable going up that high with a saw in hand), a pole saw can be a solution. A pole saw is essentially a pruning saw mounted on a pole that can usually extend up to 14 feet. Here’s how to use one, according to The Spruce:

1. Clear your work area. Likewise, take note of any trip hazards, such as roots or curbs.
2. Plan your cuts. Removing a large branch often requires you to make preliminary cuts of smaller offshoot branches to reduce weight.
3. Position the saw. Using two hands, place the pole saw into a fully vertical position to control its weight. Then, reposition it to the cutting spot and rest its weight on the branch.
4. Move yourself into position.
5. Create a groove. Begin the cut by making slow, deliberate and controlled strokes so the saw bites in a deep as possible.
6. Finish the cut.
7. Clean the area. Move any fallen branches out of your work area before starting your next cut to reduce trip hazards.

GARDENING When is my compost ready?

If you have a compost pile (or bin, box, etc.) it can be difficult to tell when it’s ready. Here are some telltale signs to look for, according to BobVila.com: “An observant gardener will look for clues to know when compost is ready to use. The pile will shrink to half its original size, and the materials will be unrecognizable. As microbes consume ingredients in the pile and convert raw ingredients to compost, they generate heat. The interior of the pile becomes warm to the touch and gives off steam. “When the compost is ready, it stops building up heat. Finally, the finished compost is dark and crumbly with a pleasant and earthy aroma.”

CLEANING Swap out your bath mat for an instant bathroom update

If your bathroom has become stale and you’re thinking about renovating, consider swapping out your bath mat. This simple change might be the update you need. Here are some ideas from Better Homes and Gardens: “Fluffy bathroom rugs might feel luxurious underfoot, but plush materials can be a breeding ground for mold, mildew and bacteria. ... Look for bathroom rugs made from materials like cotton, polyester or wool that wick away moisture and dry fast. Bath mats made from natural materials such as bamboo or diatomaceous earth (which is made of fossilized algae) are naturally antibacterial and dry out much faster than fabric options. But if you’d rather not give up your soft bath mat, make sure to wash it in hot water (for designs without rubber backing) about every two weeks.”

[More Content Now](#)

H2 OH NO!

Here’s how to clean up water in your home

Felicity Warner
Reviewed.com

In the event of a plumbing disaster or a natural disaster, you may be faced with flooding water in your home that you need to address — fast. Here’s what you should do to clean up before a professional service arrives.

If a pipe bursts, shut off water

If you see the first signs of a pipe burst like leaking or flooding, newly formed puddles or water stains, or a change in water pressure in your faucets, act fast and turn off your home’s water. Courtney Wilkinson, Benjamin Franklin Plumbing vice president, says your priority should be locating the shut-off valve by your home’s water meter. In many cases, the water meter is located in the basement or outside beneath a water meter grate. “If you don’t have a key, use some sort of tool [to open] where you can shut it off,” Wilkinson said. You can grab a water key from a local hardware store, but if that’s not an option, try using pliers or a screwdriver to get it open.

Turn off power and gas

You may have seen viral photos from the recent Texas cold snap like icicles hanging from a ceiling fan. Instances like this where water leaks through electrical systems connected to fans, light fixtures, or even electrical outlets can be a dangerous situation. To be safe, David Crowe, general manager of Benjamin Franklin Plumbing, recommends turning off your home’s power before starting any cleanup. “You [don’t want to be] searching around water that can come in contact with an electrical source,” he says. You should also shut it off even if you’re experiencing a power outage, as there is always a possibility the power may suddenly return. If you do have to enter standing water to access your home’s main power switch, the CDC recommends calling in an electrician to turn your power off to avoid any risk of injury. The experts at Bob Vila also recommend shutting off your gas supply if you have gas appliances in your home. If you can’t access your gas line safely, it’s best to call in an expert to do so for you.



Call in an expert ASAP

When you’re dealing with a flooded home, you’ll need an emergency plumbing service to assist in evaluating the plumbing damage done in your home. It’s best to call a service immediately to minimize the damage done, especially if your community is experiencing widespread damage and service is in high demand. Crowe also recommends immediately contacting a cleanup and restoration service. To find a reputable service, the National Center for Healthy Housing recommends researching options on restoration industry websites like The Restoration Industry Association.

Wear proper protective gear

It’s important to keep yourself protected while cleaning, especially if there’s a chance that you may be exposed to mold or mildew. The EPA recommends donning protective gear before cleaning up your home. If you have safety goggles and any sort of heavy-duty rubber gloves, go ahead and put those on. Wear work boots if you have them. While N95 respirator masks are still scarce amid the pandemic, if you do have one or can get access to one, wear that as well to avoid inhaling contaminants that breed in standing water. If your home is flooding to the point where you believe you or others could be in danger, evacuate.

Clear out standing water

Focus on getting as much standing water out of the house as possible.

Try to get the house as clean and dry as possible before the 22-48 hour period that can cause mold and mildew growth is up. If the water is only in a portion of your home, your goal is to keep it from spreading to other rooms, says Crowe. If you have power, use a wet-dry vacuum to extract the water from floors, carpets and hard surfaces. If your home has a sump pump, this will automatically help push water and moisture out of your home. If your power is out, you’ll still want to try to remove the water quickly, so it’s time to get a little creative. Crowe says, “Use anything that’ll absorb water — all the towels you have, comforters off your bed, anything like that.”

What’s most susceptible

Crowe and Wilkinson recommend determining the areas of your home that you believe need to be protected from water damage. “Anything with a porous surface is going to soak water up — this includes sheetrock, baseboard, and wood,” says Wilkinson. Focus your water-cleaning efforts on materials like this first. If you can save some or most of your flooring or walls from encroaching water, that is a best-case scenario.

Time to toss

After removing as much water as possible from the home, begin to evaluate the damage done to your furniture and personal items. Create two piles — one for salvageable items and another for stuff you just need to toss.

DEAR MONTY

The pros and cons of the right-to-cure clause



Richard Montgomery

Reader question: We are making an offer on a home. The inspection contingency has a right-to-cure clause where we give the seller the right to cure any defects found or deny the seller the right to cure. We asked the agent and were told, “It’s up to you.” **Monty’s answer:** If your state law provides the seller the right to cure, the seller should consider a presale inspection to eliminate or minimize the events described below. The buyer should control the repairs or replacements.

A typical clause

RIGHT TO CURE: Seller (shall)(shall not) STRIKE ONE (“shall” if neither is stricken) have the right to cure the Defects. If Seller has the right to cure, Seller may satisfy this contingency by: (1) delivering written notice to Buyer within (“10” if left blank) days after Buyer’s delivery of the Notice of Defects stating Seller’s election to cure Defects; (2) curing the Defects in a good and workmanlike manner; and (3) delivering to Buyer a written report detailing the work done no later than three days prior to closing. This Offer shall be null and void if Buyer makes timely delivery of the Notice of Defects and written inspection report(s) and: (1) Seller does not have the right to cure; or (2) Seller has the right to cure, but:

(a) Seller delivers written notice that Seller will not cure, or (b) Seller does not timely deliver the written notice of election to cure.

Buyer’s pros and cons

If the buyer chooses “shall not,” it means that the offer is void if the inspector finds a defect. Buyer advantages are: • Learn of any visible issues. • Determine the repair cost. • Open further negotiations. The disadvantages are: • Home back on the market. • The seller has no obligation. If buyer chooses “shall,” the seller has the right to cure. Buyer advantages: • The transaction does not die. • It opens the

option to negotiate a new agreement. Buyer disadvantages: • The seller has two ways to void. • The seller makes the repairs, and buyer risks unsatisfactory work.

Seller’s pros and cons

If the buyer chose “shall not,” the seller has no choice here, but has advantages: • No longer locked into making repairs or replacing components after the sale price was set. • Free to renegotiate the contract. If the buyers chose “shall,” the advantage is that your home is sold. The disadvantages are: • Erosion of the sale price. • A new responsibility in making and guaranteeing the repairs.

EDUCATION

HCA Students Go Outside



In collaboration with the Parent Teacher Organization and FFA Chapter, Harrells Christian Academy recently completed the construction of their first outdoor classroom. The tandem effort was spearheaded by PTO President Stacey Hardison and FFA advisor Lindsay Matthews. They formed an alliance providing manpower and resources to achieve a completed project now appropriately named Crusader Courtyard. The student-led project got hands dirty with ground preparation and a brick-by-brick custom laid brick paver foundation. FFA officers and parents worked diligently to complete patio construction during the 2020 Christmas Holiday break.

The Crusader Courtyard is fully furnished with octagonal picnic-style tables and umbrellas provided by a grant from NC Outdoor Heritage Advisory Council's NC Schools Go Outside (GO) Grant. According to the Council's website, the NC General Assembly established the Advisory Council in 2015 "to get more kids outdoors." Elizabeth Griffin, Assistant Head of School, stated, "Due to the COVID-19 Pandemic, outdoor classroom space is in high demand and greatly appreciated. We are grateful for our PTO and FFA having the vision to create such a functional space for our students."

During National FFA Week, the new courtyard was officially opened with a ribbon cutting on February 24th and immediately put to good use. Lower School students enjoyed an outdoor lesson led by FFA club members and horticulture students. Fourth grader, Chance Evans likes the courtyard and he said, "It's so fun to be outside!"



Ribbon Cutting



Pictured left to right: Olivia Matthews, Taylor Lucas, Kolby Jessup, Harrison DeVane, Beth Griffin, Stacey Hardison, Rylee Pope, Lindsay Matthews, Georgia Farrior, Will Swanson, Laura Catherine Glover, Natalie Cline.

Nursing Students Assist with COVID Vaccination Clinics



Practical Nursing student, Lauren Baxley, administers the COVID-19 vaccine with the assistance of Dr. Veronica Stevens. (Courtesy Photo)

In February, the Sampson County Health Department planned to expand their COVID-19 vaccination clinics to include Wednesdays. With that additional day came the need for more manpower, and in came Sampson Community College nursing students. Students from the Practical Nursing and Associate Degree Nursing programs have assisted with the initiatives of the Health Department administration and staff by providing direct care and support as needed, both at Sampson County and Harnett County vaccination clinics. Weekly, Sampson Community College nursing students assist with vaccination clinics on Mondays, Wednesdays, and Fridays.

Currently, Sampson Community College students have assisted with thousands of vaccinations in Sampson and Harnett counties at the Sampson County Exposition Center and the Dunn Community Center. Kelly Parrish, Director of Nursing at the Sampson County Health Department, says that this partnership has benefitted both SCC students and the local community.



Students and instructors from SCC assisted with vaccinations at the Sampson-Expo Center. From left to right): Vanessa Cruz, Kysha Brown, Amber Sugg, Lauren Baxley, Sumyia Raynor, Keitora Smith, Jacqueline Blue, Jennyfer Rapalo-Canales, Yire Hernandez

"Sampson County Health Department has hosted several mass vaccination clinics and has seen a significant increase in productivity with the assistance from the nursing students," Parrish shared, "Our goal is to vaccinate our community as quickly and efficiently as possible. This collaboration is truly beneficial for Sampson County and we look forward to fostering this partnership as we navigate the prioritization groups set forth by NC Department of Health and Human Services."

According to Parrish, vaccination productivity is greatly increased when SCC students support. On average, the Sampson County Health Department administers approximately 175 vaccines per hour at drive-thru events, however with the help of SCC nursing students, that number increases to 200 vaccines per hour.

When the COVID-19 pandemic shifted the country into major changes, including fully online and virtual classes at Sampson Community College, one of those changes included the exclusion of nursing students in clinical rotations. However, assisting with vaccinations has been a sort-of pseudo-rotation, allowing students to witness the role of a public health nurse firsthand. Marleigh Manning Zacek, Chief Nursing Officer at Harnett Health, says aside from the support that students provide, their enthusiasm and commitment to serve is impactful.

"The overall excitement they have to be helping out the community they serve. They are always so willing to help and with a smile," Zacek remarked.

Vaccination clinics have also allowed students to put classroom learning and course objectives into action. Dr. Veronica Stevens, SCC Division Chair of Health Programs, says the skills utilized directly reflect what students learn in the classroom.

"Students are utilizing medication administration skills, specifically for intramuscular injections. They have been able to strengthen communication skills by assisting to collect subjective and objective data in preparation for vaccine administration. They are practicing professional behaviors and caring interventions among a diverse population. They are collaborating with other disciplines to provide a community-based service," Stevens detailed.

Students will continue assisting with vaccination efforts in Sampson and Harnett Counties as mass vaccination clinics and efforts continue.

For more information about nursing programs at SCC, visit sampsoncc.edu/nursing, or contact Ashley Register, Administrative Assistant for Health Programs, at healthprograms@sampsoncc.edu or 910.900.4013.

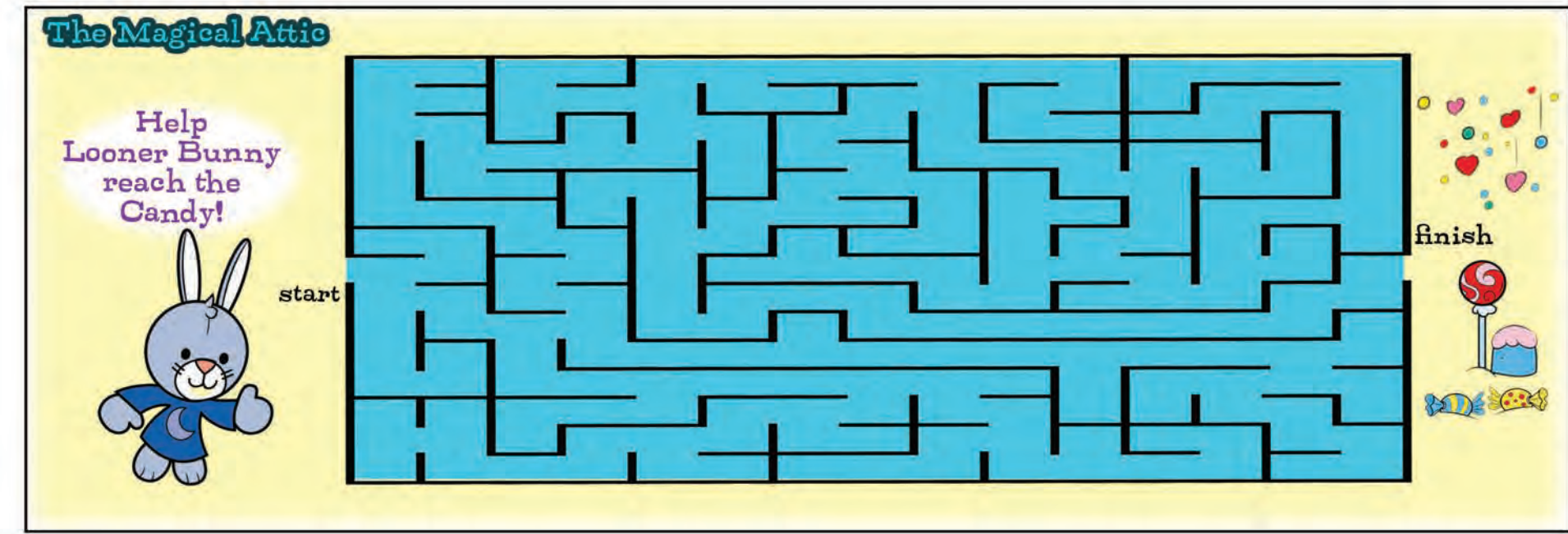
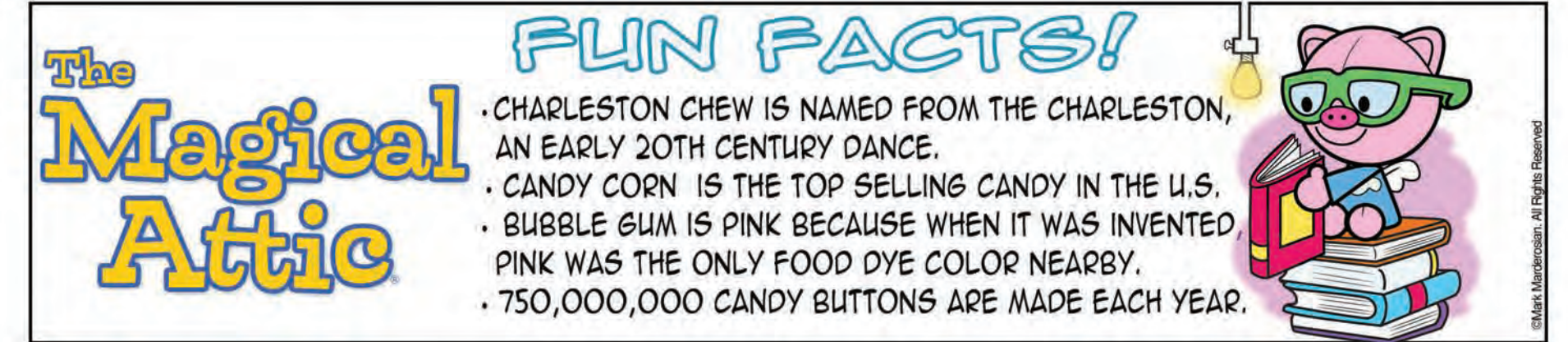
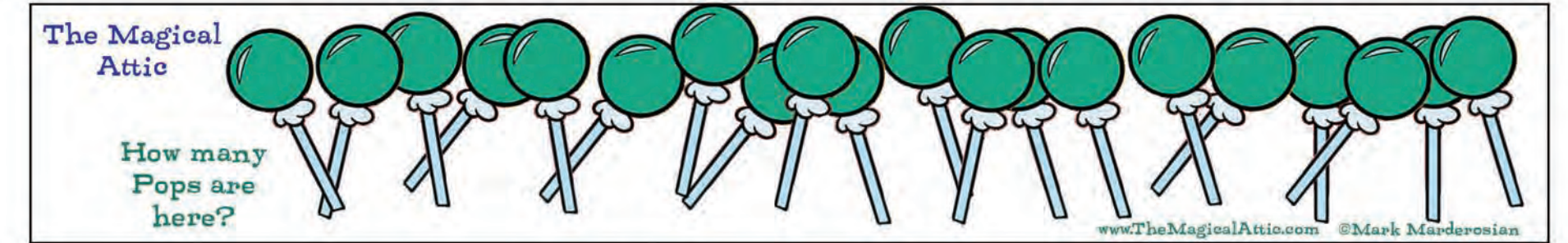
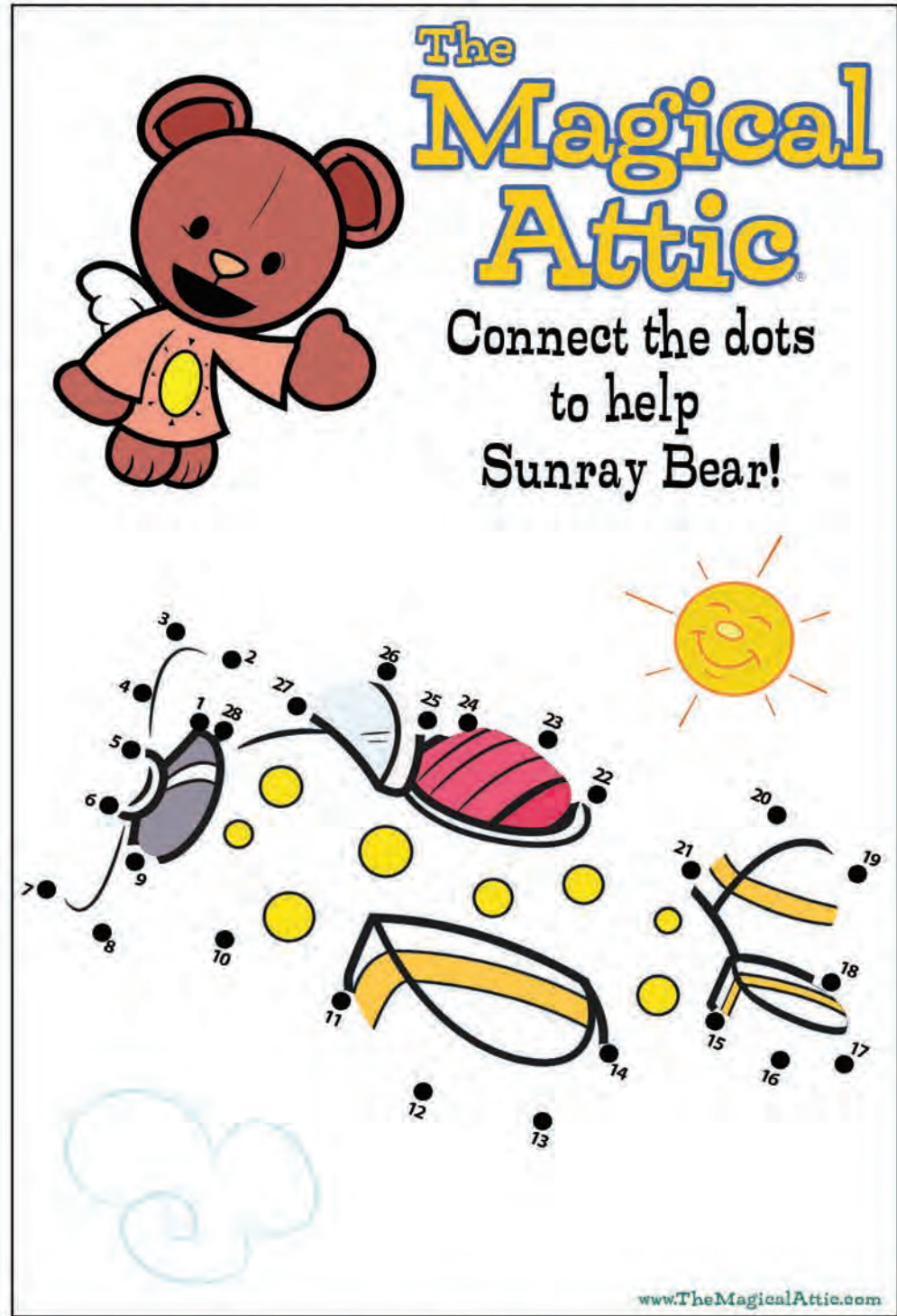


Nursing students helped with mass vaccination clinics at the Dunn Community Center. (Courtesy Photo) From left to right: Jacqueline Evans, Megan Parker, Sandra De La Torre, Matthew Wilson, Sabrina Pope, Vaneshia Phillips, Sarah Sessoms, and Mackenzie Thompson (Courtesy Photo)



The Magical Attic® by Mark Marderosian

Watch our cartoons on www.Kidoodle.tv



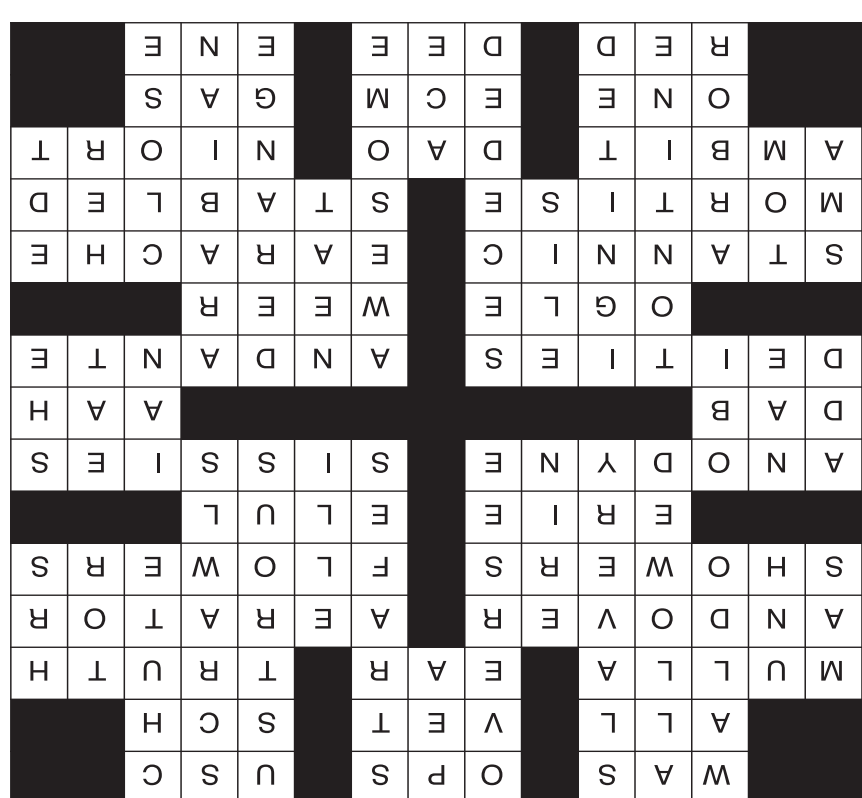
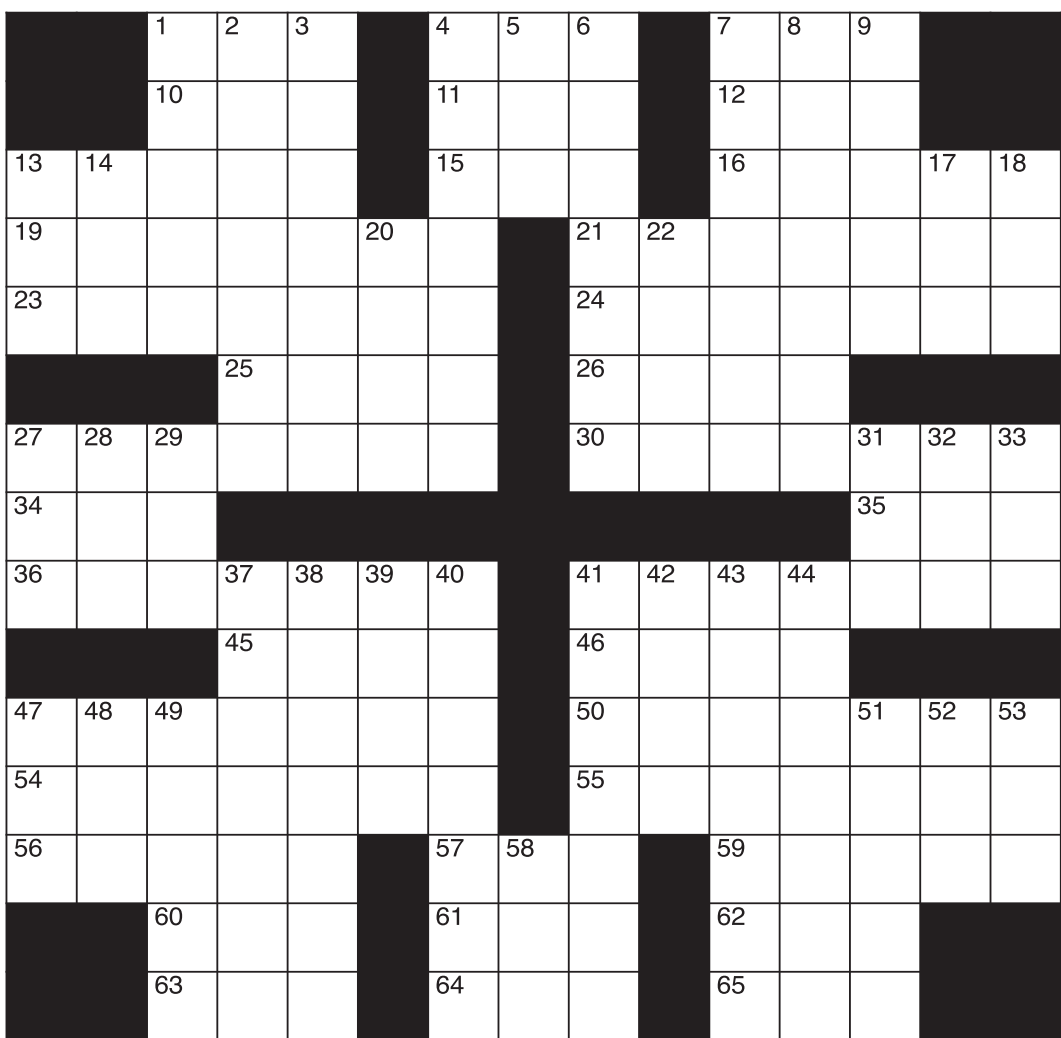
Crossword Puzzle

CLUES ACROSS

- 1. No longer is
- 4. Wife of Saturn
- 7. L.A. Trojan school
- 10. Complete
- 11. Animal doctor
- 12. Old Austrian coin (abbr.)
- 13. Islamic teacher
- 15. Hearing organ
- 16. Abolitionist Sojourner
- 19. Phillips Academy town
- 21. Apparatus to add air
- 23. April rain
- 24. May results of 23 across
- 25. N.W. PA. city
- 26. 12th Jewish month
- 27. Analgesic
- 30. Cowards
- 34. Hit lightly
- 35. Express pleasure
- 36. Divinities
- 41. Moderately slow tempo
- 45. Stare impertinently
- 46. More small
- 47. Of or containing tin
- 50. Pain in #15 across
- 54. Where the tenon fits
- 55. Said of a sheltered horse
- 56. Range
- 57. Project Runway winner Chloe
- 59. French postal code 79000
- 60. Small integer
- 61. European Common Market
- 62. Auto petrol
- 63. Crimson
- 64. River in NE Scotland
- 65. East northeast

CLUES DOWN

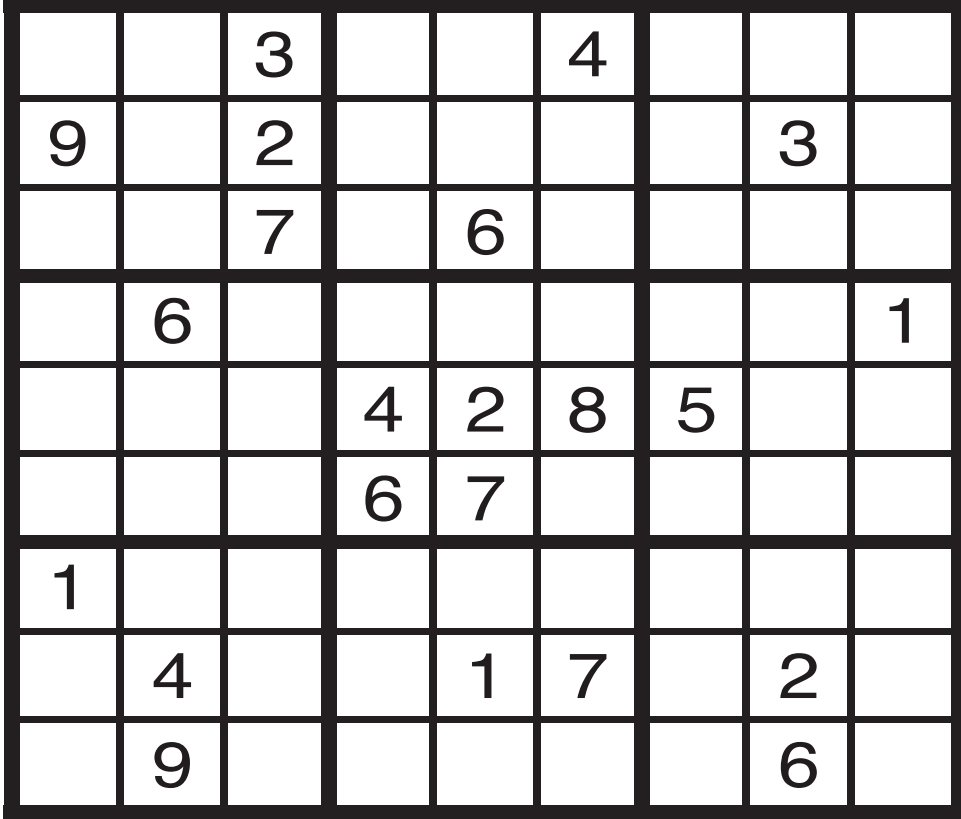
- 1. Ralph __ Emerson, writer
- 2. Permitted
- 3. State of bondage
- 4. Administrate
- 5. Common garden pod plant
- 6. Machine-guns from the air
- 7. L_____ : shining
- 8. Scribbles
- 9. An inclined trough
- 13. More (Spanish)
- 14. Durham, NH school
- 17. Hill (Celtic)
- 18. Time units (abbr.)
- 20. Legal clerk Brockovitch
- 22. Norse goddess of old age
- 27. Form a sum
- 28. No (Scottish)
- 29. Japanese sash
- 31. 007’s creator
- 32. Consume food
- 33. The woman
- 37. Group annuity + lottery combination
- 38. Set fire to
- 39. Ancient Olympic Site
- 40. Split from
- 41. Awe-inspiring
- 42. Tidy
- 43. Drive mad
- 44. Middle Eastern riding horse
- 47. Spinal Muscular Atrophy
- 48. Technical author Clancy
- 49. Garden framework
- 51. Being near
- 52. Of she
- 53. Summer sun up in NY
- 58. Highest card



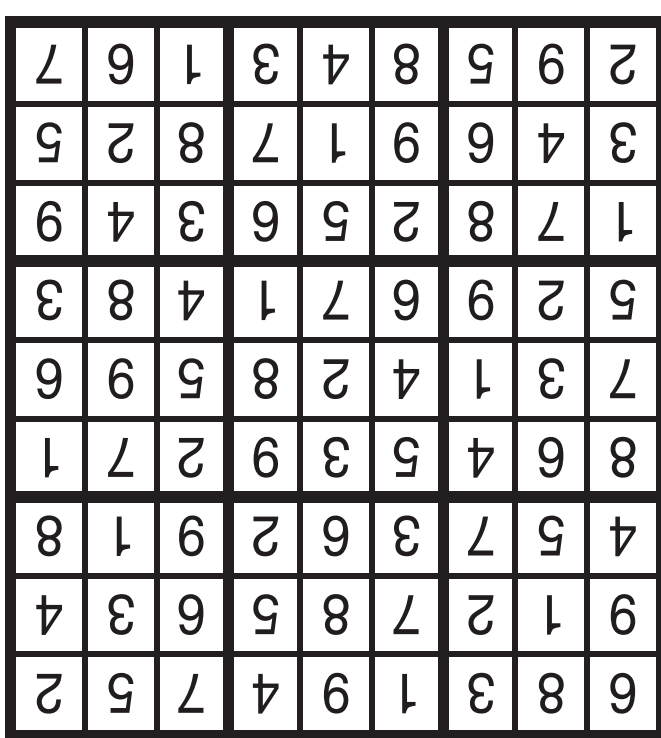
SUDOKU

Fun By The Numbers

Like puzzles? Then you’ll love sudoku. This mind-bending puzzle will have you hooked from the moment you square off, so sharpen your pencil and put your sudoku savvy to the test.



Here’s How It Works: Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!



JOINT HEALTH WORD SEARCH

Find the words hidden vertically, horizontally & diagonally throughout the puzzle.

WORDS

ACUPUNCTURE	JOINTS
ARTHRITIS	KNEE
ASPIRATION	LUMBAR
BENDING	MASSAGE
CARPAL	MEDICATION
CARTILAGE	MOTION
DEGENERATIVE	NSAID
DISEASE	PREDNISONE
ENDORPHINS	PSORIATIC
EXERCISE	SPINE
FIBROMYALGIA	STIFFNESS
FINGER	STRETCHING
GLUCOSAMINE	SUPPORT
GOUT	SWOLLEN
HYDROTHERAPY	TENDER
IMMUNE	TENDON
INFLAMMATION	THERAPY
ISOMETRICS	WRIST

Place Your Ad Here

Place Your Ad Here

Place Your Ad Here

OBITUARIES



AUTRYVILLE

Randy Autry 58 passed away on Saturday, March 13, 2021 at his home. Born in Sampson County, NC in 1962 to Charlie Millard Autry and the late Dorothy Alease Williams Autry, Randy was a concrete layer in the construction business. He is preceded in death by his mother Dorothy Alease Autry and his wife

Brenda Fabian Autry. A Memorial Service was held on Wednesday, March 17, 2021 at 11:00 am at Elizabeth Baptist Church Cemetery with Rev. Robert Williams officiating. Randy leaves to cherish his memories: his son: Jamion Brandon Autry of the home, Father: Charlie Millard Autry of Autryville, Brothers: Gregory Dixon Autry and Bryan Keith Autry both of Autryville, Sister: Tonya Lee Autry of Autryville, Sisters-in-law: Benita Jackson of Autryville, Charlotte Forte of Stedman, Carolyn Bryant of Godwin and Erma Jean Jacobs of Autryville, Brother-in-law Rodney Jackson (Erica) of Erwin and a host of family and friends that will miss him greatly.



DUNN

Mrs. Patricia LaRue Barefoot, 64 passed away on Monday, March 8, 2021 at her home. A funeral service was held at 3:00 PM on Thursday, March 11, 2021 at Butler Funeral Home in Roseboro with Reverend Ray Warren and Reverend Michael Jones officiating. Burial followed at Barefoot Family Cemetery (Phillips Road, Dunn). The family received friends from 2:00 PM until 2:50 PM at the funeral home prior to the service. Mrs. Barefoot was a native of Sampson County, the daughter of Medford and Missouri Jane Faircloth Warren. She is preceded in death by her parents and brother, Billy Warren. She is survived by her husband, Dwight Barefoot of the home; son, Travis Dwight Barefoot and wife, Emily of Roseboro; daughter, Michele Jones and husband, Michael of Godwin; six grandchildren, Garrett Barefoot, Erin Barefoot, Austin Jones, Grant Barefoot, Skylar Jones and Nathan Smith; several nieces and nephews and numerous brother-in-law's and sister-in-law's. Services entrusted to Butler Funeral Home, 401 W. Roseboro Street, Roseboro, NC.



CLINTON

Mr. Jimmie R. Boone, 66, of Isaac Weeks Road, Clinton passed away Tuesday, March 9, 2021 at Wayne Memorial Hospital, Goldsboro, NC. The graveside service will be held at 2pm, Saturday, March 13, 2021 at Sandhill Cemetery, Clinton, NC. Mr. Boone is survived by DAUGHTERS-Niketha Elliott, Saki Boone, Tiffany Boone and Kameron

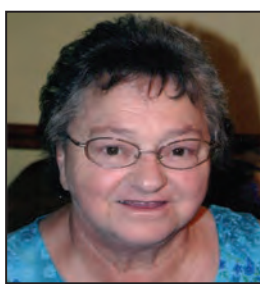
Boone all of Clinton, NC; SONS-Jimmie Ashford of Augusta, GA, Lavote' Ashford and Raymond Boone both of Clinton, NC, Sesmond Boone of Durham, NC; MOTHER-Charlotte Hines of Turkey, NC; SISTERS-Carrie Hines of Faison, NC and Miriam Hines of Raleigh, NC; BROTHERS-Charles Hines of Ashville, NC and Russell Hines of Mt. Olive, NC; 9 grandchildren and 2 great grandchildren. The live-stream will be available AT THE SERVICE TIME. NOTE: To access the service via Facebook, log on to your Facebook account and type in Worley Funeral Home. Walk-thru Viewing at the Funeral Home (Mask Required) Friday, March 12, 2021 1pm - 6pm.

FAISON



Arie Earl Bradshaw 83 of 1508 NN Ellis Road passed away at his home on Saturday, March 6, 2021. Born in 1938 in Sampson County, NC to the late Raymond and Cora Sutton Bradshaw, he worked as a farmer on the family farm in Sampson County in which he still lived, he was a lifetime member of Millers Chapel Pentecostal Freewill Baptist

Church. Arie was a founder and a Charter Member of the Piney Grove Fire Department for over 25 years. He was also call by his grandchildren, family and friends "Pa", "Grandad" and "Uncle Arie". He loved to fish, hunt and he thought there was no better seat than in a "bullnozer". In addition to his parents Arie is also preceded in death by his siblings: Shelbe Sasser, Nelda Phipps, Ludie King, Ruth Bryant, Marie Slocumb, Lacial Weaver, Jim Bradshaw, Gilbert Bradshaw, O. J. Bradshaw and Rudolph Bradshaw. Graveside Service was held at 2:00 pm on Friday, March 12, 2021 at the Faison Town Cemetery with Rev. C. H. Lee, Pastor Bill Cotton and Pastor Buddy Mitchell officiating. The family will receive friends following the service and other times at the home at 1508 N. N. Ellis Road, Faison, NC. Arie leaves to cherish his memories: his loving wife of 62 years: Lib Bradshaw of the home, children: Gloria Howard and husband Wayne of Faison and Tim Bradshaw and wife Donna of Clayton. Grandchildren: Emily Wilson and husband Aaron of Clinton, Sean Wade of Clinton, Zachary Bradshaw of Farmville and Holden Bradshaw of Merritt, NC great-grandchildren: Carlie Wade, Connor Wade, Karson Wilson, Alex (Dan Dan) Wilson, Aire also leaves behind a brother Mr. Shelton Bradshaw of Sophia, NC. At Aire's request, In lieu of flowers send donation to Miller Chapel Church at Millers Chapel Church, 1155 Timberlake Drive, Clinton.



CLINTON

Margaret Emma Saunier Bushong, 78, passed away Sunday, March 7, 2021 at Southwood Nursing Center with her family by her side. A Graveside Service was held Thursday, March 11, 2021 at 11:00 am at Spell-Tyndall Grove Cemetery with Rev. Lynn Blackburn officiating. Born on June 19, 1942 in Alliance County, Ohio, Margaret was the daughter of the late Russell and Helen Oswalt Saunier and the widow of the late Herbert I. Bushong. She was a member of Clinton Family Worship Center and a homemaker all her life, taking pride in raising her children and grandchildren. Margaret loved her family and friends and cherished the time they shared together. She will be greatly missed by all who knew her. Margaret is survived by her four daughters: Judy Dean and husband, Harold of Akron, OH, Susan Mefford and husband, Randy of Westover, WV, Jennifer Hayes of Dayton, OH, Isabelle Barnette and husband, Timmy of Clinton, NC; four sons: Herbert Jr. Bushong and wife, Carol of Atwood, GA, Russell "Amos" Bushong and wife, Donna of Clinton, NC, William "Bill" Bushong and wife, Rechelle of Clinton, NC, Jerry Turner of Florida and one brother, Harry B. Saunier and wife, Sharon of Louisville, OH. She also leaves behind her seventeen grandchildren, twenty-four great-grandchildren and many great-great grandchildren, whom she adored. In addition to her parents and husband, she was preceded in death by her sister, Gladys South, nephew, Gary Facemire, Jr. and son, Melvin Arthur "Archie" Bushong. The family received friends following the graveside service at the cemetery, and other times at her daughter's home located at 307 Old Mill Branch Lane, Clinton. Condolences may be sent to the family by visiting Mrs. Bushong's obituary page online at www.royalhallfuneralhome.com. Royal-Hall is honored to serve the Bushong family.

CLINTON

Douglas Chestnut, 59 of 3541 Keener Road passed away on Saturday, March 13, 2021 at his home. A Home Going Service was held on at 2:00 pm on Thursday, March 18, 2021 at Hope



Valley Hawkins Funeral Chapel, 1246 Hobbton Hwy. Clinton. Burial will be held at a later date. Family received friends 1 hour prior to the service from 1:00 pm - 2:00 pm at Hope Valley Hawkins Funeral Service & Cremation. Doug leaves to cherish his memories: mother, Minnie Lou Terrell of Clinton, NC; special friend, Mammie Johnson of the home; one son, LaShaun Hargrove (Angela) of Clinton, NC; three grandchildren, Daniysa, Brianna & Jordan Hargrove of Clinton, NC; two brothers, David Chestnutt (Kendra) of Clinton, NC & Chris Smith (Alondrea) of South Carolina; three sisters, Minister Betty Sue Robinson of Newton Grove, NC, Janet Chestnutt of Dunn, NC, & Evangela Brown of Fayetteville, NC; one aunt, Lorene Birtha of New Jersey; four uncles, Thomas, Jimmy, and Willie Hargrove of Clinton, NC & Thomas Chestnutt (Michelle) of Florida. He also leaves to cherish his memories a host of nieces, nephews, cousins, family and friends.



WINTERVILLE

Donald "Donnie" Carol Civils, Jr., 50, of Winterville, NC, passed away on Monday, March 15, 2021. A memorial service will be held on Saturday, March 20, 2021 at 4pm in the Wilkerson Funeral Chapel at Wilkerson Funeral Home in Greenville. In consideration of the family, please remember social distancing and wear a mask. In lieu of flowers, the family asks that donations be made to the ASPCA or the Humane Society of Eastern Carolina. Donnie was born in Lebanon, Kentucky, and raised in Kinston, NC. He graduated from East Carolina University with a master's degree in Communication, from UNC-Chapel Hill with a master's degree in Epidemiology, and from Harvard with a master's degree in Health and Environmental Safety and worked for Pfizer in Clinical Research for six years. Donnie was married on July 22, 2017 to Lynda Suzanne Cole. The couple resided in Winterville, NC with their three fur babies Pepe, Maggy, and Maya. He was preceded in death by stepfather Maurice Allen Tripp, Sr. and father Donald Carol Civils, Sr. Donnie is survived by his wife, Lynda; mother, Alice Elizabeth Tripp of Grifton, NC; stepmother, Margaret Anders Civils of Pink Hill, NC; brothers, Chris Civils and wife Jessica, of Beulaville, NC; Bobby Tripp and wife, Jean, of Ayden, NC; Allen Tripp and wife Roxanne, of Ayden, NC; sisters, Patricia Buck of Grifton, NC; Diana Hales and husband Brad of Clinton, NC; Debbie Wise and husband DJ of Kinston, NC; Stacie Brown and husband Jonathan of Kinston, NC; many nieces and nephews, and great-niece and nephews. Donnie enjoyed Brazilian jujitsu, pier fishing, and sharing a cold brew with friends.



TURKEY

Sallie Doris Dixon Kennedy Cottle, 88, of 2063 Summerhill Road, passed away Sunday, March 7, 2021 at Wake Medical Center. A graveside service was held at 3 PM, Wednesday, March 10th at Grandview Memorial Garden with the Rev. Dennis Guy officiating. There was a walk-through viewing from 9 AM - 5 PM, Tuesday, March 9th at Crumpler-Honeycutt Funeral Home. Doris, who was born February 3, 1933 in Sampson County, was the daughter of the late James Daniel Dixon and Sallie Mae Flynn Dixon. She retired from Lundy Packing Company and was a member of Turkey Baptist Church. In addition to her parents she was preceded in death by her husbands, William Eldridge "Sam" Kennedy and Clyde Johnson Cottle, Jr. along with siblings Minnie Lee Lockamy, Janie Honeycutt, Leburn Dixon and Helen Matthis. Survivors include; daughters, Gloria Phipps (Billy), Shelia Bryant (Ray) and Renee Hunter; grandchildren, Denise Langston, William Phipps, Michael Paul Phipps, Samantha Bryant, Adam Bryant, Olivia Hunter, Natalie Hunter and Gavin Hunter; great-grandchildren, Cody Langston, Will Langston, Lizzie Phipps, Tyler Phipps, Sam Phipps, Grace Phipps, and Cameron Bryant; and great-great grandchild, Trevor Langston. Online condolences may be sent to the family at www.crumpler-honeycutt.com.



RANDALLSTOWN, MD

Mrs. Sudie Mae Darden, 99, of Randallstown, MD formerly of Sampson County, NC passed away Wednesday, March 3, 2021 at Gilchrist Hospice, Towson, MD. The graveside service will be held at 1:30pm, Saturday, March 13, 2021 at Sandhill Cemetery, Clinton, NC with Rev. Albert Fowler officiating. Mrs. Darden is survived by DAUGHTERS- Shirley Howard and Tawana Darden both of PA, Peggy Darden of Durham, NC and Teresa Darden of Randallstown, MD; SONS-Phillip Darden of NC and Cecil "Glenn" Darden; BROTHER-Paul Mitchel of OK; 10 grandchildren, 18 great grandchildren and 1 great great grandchild. The live-stream will be available AT THE SERVICE TIME. NOTE: To access the service via Facebook, log on to your Facebook account and type in Worley Funeral Home. Walk-thru viewing at Worley Funeral Home (Mask required) on Saturday, March 13, 2021 11am - 1pm.



DUNN

Mr. Jerry Dean Daughtry, 78, of Dunn, died Friday, March 12, 2021 at Universal Health in Raleigh. Mr. Daughtry was born in Sampson county on February 14, 1943 to the late Earl and Gladys Hobbs Daughtry. Mr. Daughtry was preceded in death by his sister, Elaine Hinson. Mr. Daughtry was a 2nd Lieutenant U.S. Army Vietnam Veteran and earned a Bachelor's Degree in History from Methodist College. He was married to Phyllis Peterson Daughtry for 58 years and has devoted his life to her. He retired from Nationwide Insurance as V.P of State Operations and was very involved in United Way, as well as his community. He enjoyed playing golf, fishing, woodworking, traveling, and was a great baker. He also loved talking and entertaining people, and was very knowledgeable, and had great wisdom. A memorial service was held at 2 p.m., Tuesday, March 16, 2021 at Central Baptist Church in Dunn, with Rev. Cameron Cloud officiating. Mr. Daughtry is survived by his wife Phyllis Peterson Daughtry; daughter, Kimberly Watkins & husband Mike; grandchildren, Maggie Watkins, and Charlie Watkins; brother, Tony Daughtry & wife Katie; and sister, Jane Parker & husband Ray. The family received friends at 1p.m., one hour prior to the service at Central Baptist Church.



TURKEY

Mr. Percy Lee Faison, Sr., 94, of Turkey, NC passed away Wednesday, March 10, 2021 in Belleville, NJ. The graveside service will be held at 12pm, Saturday, March 20, 2021 at Wilson Chapel Church Cemetery, Turkey, NC with Rev. Bob Rogers officiating. Military honors will be observed. Mr. Faison is survived by DAUGHTER-Patricia Moore of Belleville, NJ; SONS-Lloyd Faison of Charlotte, NC and Percy Faison, Jr. of Union, NJ; SISTERS-Mattie Morrissey of Turkey, NC and Annie Ruth Smith of Newark, NJ; 4 grandchildren. The live-stream will be available AT THE SERVICE TIME. NOTE: To

access the service via Facebook, log on to your Facebook account and type in Worley Funeral Home. Viewing at Gravesite (Masks required) Saturday, March 20, 2021 11:30am - 12pm.

DUNN

Earbie Derann Goodman, Sr. 61 passed away on Thursday, March 4, 2021 at UNC Hospital in Chapel Hill. A Funeral Service was held on Tuesday, March 9, 2021 at 1:00 pm at Hope Valley Hawkins Funeral Chapel, 1246 Hobbton Hwy. Clinton, NC, with Pastor James Brewington officiating. Earbie is survived by his children Rachel (Delton) Goodman of Newton Grove, Earbie (Vickie) Goodman, Jr. of Franklinton, Daniel (Jessica) Goodman of Clinton and Teresa (Thomas) Manghane of Goldsboro, Siblings: Larry Goodman of Parkton, Cindy Brewington of Clinton, Victorio Ferguson of Newton Grove, Marty Goodman of Clinton, Shelby Goodman of Missouri, Mark Melton of Florida, Adam Goodman of Clinton, Elizabeth Goodman of Clinton and Kayla Goodman also of Clinton. Grandchildren: Zhane Goodman of Clinton, Laquita Goodman of Clinton, Delton Goodman, Jr. of Newton Grove, Tyesha Goodman of Pembroke, Tamari Goodman of Goldsboro, Nevaeh Goodman of Goldsboro, Zariah Goodman of Goldsboro, Arianna Goodman of Goldsboro, Nevaeh Hendericks of Clinton, Jonathon Goodman, Jr. of Clinton. Visitation was held on Monday, March 8, 2021 from 6:00 pm - 8:00 pm at Hope Valley Hawkins Funeral Service, 1246 Hobbton Hwy.



ATKINSON

Mr. Johnnie Oslen Hales, 46 of Atkinson passed away on Friday, March 12, 2021 at the New Hanover Regional Medical Center. A celebration of life service was held at 7:00 PM Tuesday, March 16 at Butler Funeral Home in Roseboro with Rev. Kenneth Emanuel, Jr. officiating. The family received friends from 6:00 - 7:00 PM on Tuesday at the funeral home prior to the service. Mr. Hales was a native of Sampson County, the son of the late Johnnie Barton Hales and JoAnn Hunnicutt Hockaday. He was preceded in death by his father. He was a salesperson for Home Depot. He is survived by his wife, Traci Hales of the home; two daughters, Autumn Edwards of Atkinson and Cheyanne Hales of the home; one son, Dakota Hales of the home; his mother and step-father, JoAnn Hockaday and Danny Hockaday of Hampstead; two sisters, Misty Rose of Hampstead and Angela Hales of Sneeds Ferry; his grandmother, Deloris Hunnicutt of Hampstead; two step sisters, Sheila Hockaday of Hubert and P. J. Moore of Newton Grove; one step brother, Dusty Johnson of Dunn. In lieu of flowers, donations may be made to Butler Funeral Home, P. O. Box 638, Roseboro, NC 28382 to help offset the funeral expenses. Services entrusted to Butler Funeral Home, 401 W. Roseboro Street, Roseboro, NC.



CLINTON

Azure Latrell Hargrove (Hicks), 16, of 509 W. Elizabeth Street, passed away Monday in Bladen County, NC. The graveside service will be held at 2 p.m., Sunday, March 21, 2021 at Sandhill Cemetery with Rev. Tokiesha Underwood officiating. The burial will follow the service. Azure is survived by his MOTHER-Tamika Hargrove of the home; BROTHER-Carl Hargrove of the home. Public Viewing at Worley Funeral Home Friday, March 19, 2021 1:00 - 6:00 p.m.

WAKE FOREST

Mr. Roderick Harris, 57, of Wake Forest, NC formerly of Clinton, NC passed away Monday, March 1, 2021 at Nash UNC Healthcare, Rocky Mount, NC. The graveside service was held at 1 p.m., Thursday, March 11, 2021 at Springvale Cemetery, Clinton with Minister Joan Footman officiating. Mr. Harris is survived by his SON-Roderick Rasheed Warren of Newark, NJ; SISTERS-Talibah Johnson of Clinton, NC, Crystal Harris of Newark, NJ and Joan Footman of Wake Forest, NC; BROTHER-John P. Harris of Clinton, NC. The live-stream will be available AT THE SERVICE TIME. NOTE: To access the service via Facebook, log on to your Facebook account and type in Worley Funeral Home. Public Viewing at Springvale Cemetery Thursday, March 11, 2021 12:30 - 1:00 p.m.



ROSEBORO

Mrs. Bessie "Bill" Jean Crumpler Owen Horne, 92 of Roseboro, passed away Thursday, March 11, 2021 at the home of her son, Millard Owen. The funeral service will be held at Roseboro First Baptist Church, 3720 S. Salemburg Highway (242), Roseboro, on Sunday, March 14, 2021 at 2:00pm with Reverend Hampton Faircloth officiating. Burial will follow at Roseboro Cemetery. Mrs. Horne was born October 17, 1928 in Sampson County and was the daughter of Everett Blackman and Bessie Hudson Crumpler. She was preceded in death by her parents; her husband, M.T. Owen, Jr.; her second husband, Oscar E. Horne; her brothers, Willie Crumpler, Junie Crumpler, Ray Crumpler; and her sisters, Nora Mellott, Edna Shytle. She was a member of Roseboro First Baptist Church and was a former Deacon; was a member of the Eastern Star Roseboro Chapter # 229; and she retired from Civil Service. She is survived by her sons, Millard T. Owen, III and wife, Deborah of Clinton, Keith Owen and wife, Brenda of Roseboro, Rex Owen and wife, Susan of Stedman; her sister, Joyce Wise of Clinton; her grandchildren, Teddy Owen, Wendy Dixon, Melea Hollingsworth, Laura Gray, Brandon Owen, Brianne Williams; her great grandchildren, Scarlett Noel Owen, Jordan Paige Dixon, Walker Gage Dixon, Owen Wallace Gray, Ayden Keith Gray, Olivia Susanne Hollingsworth, Alaina Brooke Hollingsworth, Sawyer Evan Williams, Brinley Michelle Williams; her step-children, Donald Horne, Mary Gordon; her step-grandchildren, Brian Horne, Mark Horne, Jeff Horne, Jennifer Gordon, Stephanie Gordon; and her step-great grandchildren, Luke Horne, Taryn Horne, Megan Horne, Wyatt Horne, Charlie Horne, Kayla Langdon. The family will receive friends at the Church on Sunday from 1:00-1:50pm, and other times at the home of her grandson, Teddy Owen. Butler Funeral Home of Roseboro is serving the family.

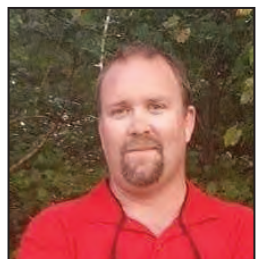


AUTRYVILLE

Ian Exavia Faircloth, age 66 of Autryville, NC passed away Saturday, March 6, 2021 at home. Ian was born May 21, 1954 in Cumberland County, to the late David Faircloth and the late Marie Bullard Faircloth. He is also preceded in death by his twin sister, Delores Edwards; and brothers, Craige, Jory and Murray Faircloth. He loved his family dearly. He previously worked for Ellis Walker with Builders, Inc. in Fayetteville, NC. Ian is survived by his

OBITUARIES

wife, Cynthia Hardison Faircloth of the home; daughter, Marlaena Pham (Thomas) of Goddard Kansas; son, Henry Abernathy (Noi) of Godwin, NC; brothers, Ishmeal Faircloth of Dunn, NC, Dulles Faircloth, Sr. of Fayetteville, NC, Hiram Faircloth of Youngsville, NC, and Mariam Faircloth of Wade, NC; sister, Cynthia Faircloth Lewis of Fayetteville, NC; sister-in-law, Donna Doyle (Lee) of Autryville, NC; and grandsons, Brandon and Kenny Pham of Goddard, Kansas. Due to Covid there was a graveside service at 11:00 AM Tuesday, March 9, 2021 at Mount Carmel Church Cemetery (Leroy Autry Rd., Autryville), officiating was Rev. Bryan Strickland. Services entrusted to Butler Funeral Home, 401 W. Roseboro Street, Roseboro, NC 28382.



CLINTON

Mr. Rex Oscar Matthis, 41, of 6035 Taylors Bridge Hwy. Clinton, passed away Sunday, March 14, 2021 at Transitions Hospice Care in Raleigh. A private Graveside service was held Tuesday, March 16, at The Matthis Cemetery on Turkey Hwy. (Hwy. 24) Clinton, with the Rev. Mike Shook officiating. Rex, born in Sampson County, was the son of Oscar Matthis and Arlene Williamson Matthis. He earned a Bachelor's Degree in College and was a former Welding Instructor at Sampson Community College. Rex is survived by: his parents, Oscar and Arlene Williamson Matthis; a brother Wrenn Matthis and wife Leslie; nephews and niece; Timothy Hyde and wife Allyson, Peyton Matthis, and Haley Matthis; great-niece, Raelyn Hyde and his Uncle and Aunts; Abram Matthis and wife Lucille and Sudie Matthis. Condolences can be made to the family on our website at www.crumpler-honeycutt.com. Crumpler-Honeycutt Funeral Home 118 Fayetteville St. Clinton, NC is in charge of arrangements.



DUNN

Mrs. Jackie Olene Thornton Maynard, 76, of Dunn passed away Wednesday, March 17, 2021 at Woodlands Nursing & Rehab in Fayetteville. Mrs. Maynard was born May 25, 1944 in Sampson County daughter of the late Donald and Minnie Thornton. She was also preceded in death by her husband, Roy Sherrill Maynard; sister, Lellon T. Raynor and brothers, Donald Lynwood Thornton and Wayne E. Thornton. Mrs. Maynard had worked at First Citizens Bank in Dunn and as an insurance agent. She also had worked at Ft. Bragg and had attended Glad Tidings Church. A graveside service will be held at 2 p.m. Saturday, March 20, 2021 at Hillcrest Cemetery on Hwy 701 in Newton Grove with Rev. Charles R. Jernigan officiating. She is survived by her sons, Sherrill Keith Maynard of Stedman, Neil Craig Maynard of Erwin; brother, Jerry Thornton of Clinton, sisters, Shelley T. Martin of Wilmington, Connie T. Bussey of Concord, Terry T. Bryant of Wilmington; grandchildren, Amber Nicole Hicks and Justin Keith Maynard. A public viewing will be held 12 noon – 4 p.m. Friday, March 19, 2021 at Skinner & Smith Funeral Home in Dunn. Pallbearers will be Dale Smith, Carlie Raynor, John Goodchild, Danny Westbrook, Ronnie Bryant and Doyle Bussey.



AUTRYVILLE

Mrs. Pamela "Pam" Ann (Vollmer) Miles, 65 went to be with her Lord and Savior on Monday, March 8, 2021 at Duke University Hospital in Durham. A celebration of Life service will be held at 3:00 PM Saturday, March 13, 2021 at Butler Funeral Home Chapel in Roseboro, officiating will be Rev. Ken White. The family will receive friends from 1:00 PM to 2:50 PM Saturday at the funeral home prior to the service. She is preceded in death by her parents, Paul Joseph Vollmer and May Bannister Vollmer; and her sister, Sandy Phillips. Pam was a loving wife, mother, grandmother, great grandmother, sister and friend who will be truly missed by all who knew her. She loved her family, being outdoors, bike riding, music, dancing and the beach. Pam was a true Prayer Warrior, God radiated off of her. She had passion and compassion for others and lit up a room every time she entered. She is survived by her husband of 20 years, Thomas "Thom" Miles of the home; children, Shelley Smith (Brad) of Prosperity, SC, Marcus Sanders (Miranda) of Crimora, VA, Megan Mouldon (Jonathan) of Roseboro, Summer Snyder (Josh) of Red Lion, PA, and Sascha Rosado of Killeen, TX; grandchildren, Ariana, Miriah, Doug and Madison Sanders, Brayden and Jullian Snyder, Skyelynn Miles, Tallon and Daxton Snyder, Lucy and Kailene Rosado, Aniya and Rylee Mouldon and Gabrielle Smith; great granddaughter, Madilyn Sanders; siblings, James Vollmer (Nancy) of Hernon, VA, David Vollmer (Jo) of Pensacola, FL, and John Vollmer of Luray, VA; and mother and father -in-law, Cassandra and Gene Miles, Sr. of Felton, PA. In lieu of flowers, donations may be made in Pam's honor: Enlighten The World Ministries, (www.enlightenncc.org) P.O. Box 231, Roseboro, NC 28382. Services entrusted to Butler Funeral Home, 401 W. Roseboro Street, Roseboro, NC 28382.



CLINTON

Mrs. Lillie Faye Weeks Pearson, age 85 of Clinton, passed from her earthly bonds on the morning of Sunday, March 14, 2021 at Vidant Duplin Hospital. Faye was preceded in death by her husband, Herbert Parker Pearson; her parents, Bennie Elmond Weeks and Hazel Hinson Weeks; her brothers Leamon Weeks and wife Muriel and Mike Weeks; and her great granddaughter, Grace Roberson. Left to cherish many wonderful memories are her children, Nancy Dillman, Mark & Connie Pearson, Mary Jane & Greg Osborne, and Jason & Mikki Pearson; grandchildren, Jake & Temple Dillman, Dusty & Carrie Osborne, Jami and Marc Kmec, Jenni & Brandon Roberson, Sarah & Chris Brewington, Tyner Pearson, Jeb Dillman, Zeth Pearson and Halin Pearson; great-grandchildren, Riley Osborne, J.P. Brewington, James Kmec, Reynolds Roberson & Henry Osborne; brother Sandy Weeks & wife Barbara; sister-in-law Carol Austin Weeks; and a host of nieces, nephews, cousins, in-laws and special friends. Reared in the Herring Community, Faye was a graduate of the Clinton High School Class of 1953. She loved telling how she spent her teenage years at the old Sampson County Jail on Vance Street, often without explaining that her father was the jailer and they lived in the quarters provided with his position. After her marriage to Herbert in 1956, she devoted her life to working by his side on their farm and raising their family. Faye was a devoted wife and mother but most enjoyed the title "MaMa" and doted on her grandchildren and great grandchildren. Although raised in the Baptist Church, she was a faithful member of Epworth United Methodist Church once she married. Serving in various capacities over the years, her favorite contribution was singing Alto in the church choir. When not in the kitchen preparing delicious home cooked, southern style meals, she loved to work in her yard and raise a beautiful garden and beautiful flowers. She provided inspiration for many years with a card ministry remembering the special dates in the lives of others. After the death of her husband, she spent many years volunteering weekly along with Kay Hobbs at Mary Gran Nursing Center and deeply loved exploring with her "Beautiful Beauty Shop Babes," or as they preferred to be called, the BBBs. By far, her most favorite times were those spent with her family sharing one of her wonderful meals. A graveside Homegoing Service was held on Wednesday, March 17, 2021 at 2 PM at the Epworth United Methodist Church Cemetery on 701

S, Clinton, NC with Rev. Sam Grist officiating. The family will receive visitors at the cemetery immediately after the service and other times at the home. Crumpler-Honeycutt Funeral Home is assisting the family. Memorials may be made to Epworth Church Cemetery Fund, 5876 Garland Hwy., Clinton NC 28328 and/or to St. Jude Children's Research Hospital, 262 Danny Thomas Place, Memphis, TN 38105. The family is truly thankful for the opportunity to observe first-hand the power of our mighty God over the past few weeks and will be forever grateful for the wonderful care and support provided by the awesome staffs of the Parish Family Care Home, Community Home Care & Hospice and Vidant Duplin Hospital.



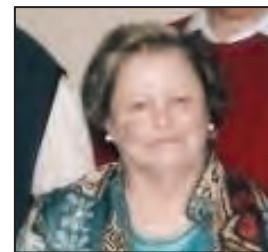
WILMINGTON

Mrs. Janet Elizabeth Grantham Pearson, 96 of 3915 Stedwick Court (Formerly of Clinton) passed away Saturday, March 6th, 2021 at Lower Cape Fear Hospice in Wilmington. A Graveside service will be held Saturday, March 13th at 2:00 pm at Holly Grove Christian Church Cemetery, 3940 Union School Rd. Clinton with Rev. Ken Eanes officiating. Born in 1924 in Wayne County, Janet was the daughter of the late Clarence and Nannie Rose Grantham and the widow of Harry Stewart Pearson. Janet was a member of Holly Grove Christian Church which she loved and attended as her health permitted. She spent many years influencing others as a teacher until her retirement. Janet enjoyed many activities, such as gardening, bicycling, surf fishing, and reading. She most of all loved her Lord, family, and friends. Janet is survived by her two daughters: Linda Hyatt and husband, Jimmy of Wilmington and Mary Pearson Arven of Indian Trail; her sister, Joyce Lamb and husband, Bobby of Ingold; three grandchildren and six great-grandchildren. She loved her many nieces and nephews. In addition to her parents and husband, Janet was preceded in death by one grandson; two sisters; three brothers. Visitation will be held immediately following the graveside service in the church fellowship hall. In lieu of flowers, memorials may be made to Holly Grove Christian Church, 3940 Union School Road, Clinton, NC 28328 or to a charity of the donor's choice. Condolences may be sent to the family by visiting www.royalhallfuneralhome.com. Royal-Hall is honored to serve the Pearson family.



ROSEBORO

Mr. Ottis Odell Sessoms, 84 passed away on Wednesday, March 10, 2021 at Sampson Regional Medical Center in Clinton. Funeral service will be held at 3:00 PM Sunday, March 14, 2021 at Butler Funeral Home Chapel, officiating will be Rev. George Terry and Rev. Deborah Rich. Burial will follow at Peniel Pentecostal Holiness Church Cemetery (3645 Dunn Road, Roseboro). The family will receive friends from 2:00 PM to 2:50 PM Sunday at the funeral home prior to the service. He was born in Sampson County to the late Issac Sessoms and Roseann Autry Sessoms. He is also preceded in death by his brother, Paul Sessoms; and sisters, Sarah Sessoms and Mary Tanner. Odell loved gospel music and was a longtime member of Peniel Pentecostal Holiness Church. He is survived by his nieces, Rosie Edmondson of Roseboro, Judy Murphy & husband, Sam of Seven Springs, NC and Linda Edwards & husband, Tommy of Clinton; and nephews, James Tanner & wife, Kay of Deep Run, NC and David Tanner & wife, Bell of Clinton. Services entrusted to Butler Funeral Home, 401 W. Roseboro Street, Roseboro, NC 28382.



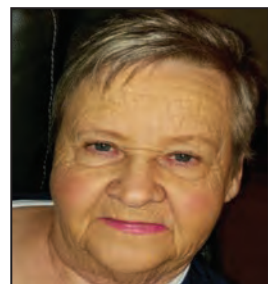
ROSEBORO

Carolyn Tew passed away at Alamance Health Care Center in Burlington on Sunday, March 7. She was the daughter of the late Neil McMillan and Louise Honeycutt Goins. Other than her parents she was preceded in death by her husband Gene Tew. She is survived by her son Daren Tew (Dessalea) of Boston, MA; brothers Gary McMillan (Mary) of Clinton; and Randy McMillan (Debra) of Roseboro; and Sister Janet Cook (Mike) of Summerfield, NC. Other survivors include granddaughters Desdarena Tew, Dariana Tew, Daleea Tew and Devenity Tew and grandsons Darenger Tew, Dravyn Tew and great-granddaughter Hope Tew all of Boston. She was a loving and caring person. She loved to travel around the Southeastern part of the United States, especially Nashville, TN. She will be greatly missed by her family and friends. A graveside service was held at 11 am on Friday, March 12 at the Roseboro Cemetery with the Reverend Cameron Dunn officiating. Services entrusted to Butler Funeral Home, 401 W. Roseboro Street, Roseboro, NC.



NEWTON GROVE

Ms. Edna J. Thornton age 86, of Newton Grove passed away Wednesday, March 17, 2021 at her residence with her loving family by her side. Her funeral service will be held Saturday, March 20th at 2 p.m. in the chapel of West & Dunn Funeral Home, Newton Grove. Officiating will be Rev. Ronnie Jones and speaker James Bullard. She will be laid to rest in Unity Presbyterian Church Cemetery, Newton Grove. The family will receive family and friends at the funeral home 1 hour prior to the 2 p.m. service. Mrs. Edna was a devoted daughter, sister, wife, mother and grandmother, aunt and friend to many. Probably no better earthly title embodies Mrs. Edna better than "Nanny". She loved life and being the part of all of those titles listed. She loved to serve and assist others and she loved to shop. She was a Homemaker and Comforter to those in need. Mrs. Thornton worked by her husband Roy's side farming for many years before moving into public work where she worked as an inspector with Block Industries in Benson. Around 1977 she found her calling working in childcare with her daughter Donna. Mrs. Edna helped raise hundreds of children over her 40 years operating Kiddie Korner daycare. Left to cherish her memories are her children; Donna T. Bryan of Newton Grove, Patty L. Bullard and husband James of Stedman and Mack Thornton of Four Oaks, daughter-in-law and long-time shopping buddy; Tammy M. Thornton, eight grandchildren and eight great grandchildren. Her brothers; Sherrill Jones of Newton Grove, Robert Jones of Clinton and Ronnie Jones of Benson, her sister; Jennifer Lee of Benson. She was preceded in death by her parents; Johnny R. and Ethel J. Jones, husband; Roy Thornton, sons; Darryal Thornton and Terry Thornton, sister; Betty Jackson and her brother; Gary W. Jones. We ask in order to stay in compliance with the North Carolina State COVID Law that social distancing measures be taken and a mask worn at all times during all services. Online condolences may be made at www.westanddunn.com. Services have been entrusted to West & Dunn Funeral Home of Newton Grove, North Carolina.



NEWTON GROVE

Ms. Nannie Grey Westbrook, age 80 of Newton Grove passed away Sunday, March 7, 2021 at WakeMed Health & Hospitals, Raleigh, N.C. Her Funeral Service was held Thursday, March 11th at 2:00 p.m. at Roanoke Chapel Church. The family received family and friends Thursday March 11th from 1 till 2 p.m. at the church prior to the service. She lay in

state on Thursday, March 11th from 9:00 till 11:45 a.m. at West & Dunn Funeral Home with no family present during this time. The Revs. Robbie Gilbert and Jerome Edwards will officiate the service. Left to cherish her memories are her children; Shanna Lewis of Newton Grove, Jennie Newsome and husband Terry of Georgia and Shon Westbrook of Clinton. Grandchildren; Brent Lewis, Tina Tew and husband Brian, Tara Whitted and husband Kane, T.J. Newsome and Kyle Newsome. Great Grandchildren; Isaiah, Eli, Logan and Vanna. Sisters; Jean Johnson, Earline Vann and Bonnie Giddens. Brothers; M.B. Edwards and Layton Edwards. She was preceded in death by her parents; Johan B. and Lula C. Edwards, husband; Donald Allen Westbrook and brothers; Larry Edwards and Russell Edwards. We ask in order to stay in compliance with the N.C. State Covid Law that social distancing measures be taken and face covering worn at all times during all services. ** In lieu of flowers memorials may be made to; Roanoke Chapel Ladies Circle c/o Phyllis Edwards, 3560 Church Road, Clinton, NC 28328**. Online condolences may be made at: www.westanddunn.com. Services have been entrusted to West & Dunn Funeral Home, Newton Grove, North Carolina.



DUNN

Mr. William Larry Barefoot, age 71 of Dunn passed away Wednesday, March 17, 2021. His Memorial Mass will be held Monday, March 22 at Our Lady of Guadalupe Catholic Church, Newton Grove, N.C. at 11:00 a.m. Father Mark Wise will officiate. Mr. Barefoot's inurnment will follow the Memorial Mass in the church cemetery. Left to cherish his memories are his wife; Jackie B. Barefoot of the home, daughter; Amy Barefoot and Scott Holder of Dunn, grandson; William Holder. His brother; Glenn Barefoot and wife Phyllis of Garner, nephew; Kyle Barefoot and wife Paige of Garner and great nephews; Zachary and Lucas Barefoot. He was preceded in death by his parents; Howard and Gastonia Barefoot. We ask in order to stay in compliance with the North Carolina State CoVid Law that social distancing measures be taken and a face covering be worn at all times during all services. Online condolences may be made at: www.westanddunn.com. Services have been entrusted to West & Dunn Funeral Home, Newton Grove, North Carolina.



ROSEBORO

Mrs. Brenda Denise Williams, 56 passed away on Monday, March 8, 2021 at Cape Fear Valley Medical Center. A memorial service was held 11:00 AM on Thursday, March 11, 2021 at Butler Funeral Home in Roseboro with the Reverend Kenneth Morrissey and Bailey Warren officiating. The family received friends from 10:00 AM until 10:50 AM at the funeral home prior to the service. The Family request that all attending the memorial service, please wear bright color clothing. Mrs. Williams was a native of Sampson County, the daughter of the Roy Vance and Wanda McLamb Williams. She is survived by her husband, Derek Wood of the home; daughter, Bailey Warren and husband, Dane Clark of Charleston, SC; her parents of Roseboro; brother, Mike Williams and wife, Rose of Ballground, GA; and two sisters, Lynette Honeycutt and husband, Stevie of Salemburg, and Beverly Johnson and husband, Billy of Garland. Services entrusted to Butler Funeral Home, 401 W. Roseboro Street, Roseboro, NC.



ROSEBORO

Mr. Jerry Dixon Worley, 77 of 4412 Dunn Rd, Roseboro went to his Heavenly home on Saturday March 6, 2021 at Cape Fear Valley Medical Center. A graveside service was held at 3:00 PM Tuesday, March 9 at Union Grove Baptist Church cemetery with Rev. Larry Autry officiating. There was a walk-through viewing on Monday, March 8 from 1:00 PM - 6:00 PM at Butler Funeral Home in Roseboro without the family present due to Covid 19. Mr. Worley was born September 26, 1943 in Sampson County to the late Newton Dixon Worley and Annie Mildred Worley. He was a devoted husband, daddy, brother, grandfather and great grandfather. He loved providing for his family in any way. He enjoyed golfing and fishing and spending time at the lake. He retired from West Point Stevens as a plant engineer. He is survived by his loving wife of 25 years, Phyllis Worley. Children Ginger Worley Alphin and husband Johnnie; Jeffery Dixon Worley and wife, Amanda; Heather Branch and husband Donald; Adam Jackson. Grand Children Ashley Williams Bullard (Brandon), Madeline Worley Murphy (Dalton), Bryson Newton Worley (Camillia), Mason Branch, Madison Branch, Emily Jackson, Rachel Jackson, Ian Jackson. Great Grand Children; Addison Bullard, Asher Murphy, and Liam Bullard. Jerry is also survived by his siblings Carolyn Holland, Brenda Carroll (Ken), Ricky Worley (Kay), Ron Worley (Kaylyn). Services entrusted to Butler Funeral Home, 401 W. Roseboro Street, Roseboro, NC.

AUTRYVILLE

Humberto Monsivais Delatorre, 62 passed away on Thursday, March 18, 2021. Funeral service will be held at 1:00 PM Saturday, March 27, 2021 at Butler Funeral Home Chapel. The family will receive friends from 7:00 PM to 9:00 PM Friday, March 26, 2021 at the funeral home. He was born in Mexico to the late Marcos Monsivais and Aurora Delatorre. He is also preceded in death by his wife, Mary Anne Anderson; and a daughter, Adrianna Denise Monsivais. He is survived by his son, Humberto Monsivais, II & wife, Amber; step-daughter, Raquel Martinez; step-son, Gabriel Trujillo; grandchildren, Jacob Wade Simmons, Luis Enrique Martinez, Adriana Jasmine Martinez, Kaden Alexander Monsivais and Kayleigh Anne Monsivais; and siblings, Eulalio, Josefina, Rosa, Lencha, Belen, Rigo, Rodolfo and Cirilo Monsivais. Services entrusted to Butler Funeral Home, 401 W. Roseboro Street, Roseboro, NC 28382.

AUTRYVILLE

Mrs. Doris Horne Strickland, 71 of Autryville, passed away Friday, March 19, 2021 at UNC Rex Health Care. The funeral service will be held at 2:00 PM Tuesday, March 23 at Butler Funeral Home in Roseboro. Burial will follow at Grandview Memorial Park in Clinton. The family will receive friends from 1:00 - 1:50 PM on Tuesday prior to the service. Mrs. Strickland is survived by her husband, George Strickland of the home; God daughter, Penny Spell of Autryville; and several nieces and nephews. Services entrusted to Butler Funeral Home of 401 W. Roseboro Street Roseboro N.C.



Classifieds

**GET THE
JOB DONE**

Buy • Sell • Trade • Rent • Trade

The Sampson Weekly (910)590-6086

Efficiency & 1 Bedroom Apartments
for 62 Years and Older

- Refrigerator
- Carpet
- Emergency Call System
- Range
- Central Heat & Air
- Community Room
- Blinds
- Handicap Accessible
- Coin Operated Laundry

****Rent Based on Income****

Plaza I & Plaza II

- Accepting Applications -

1303 Jasper Street, Clinton, NC 28328

TTY: 800-735-2962

910-592-7142



Dairy Queen of Clinton is now accepting applications.

Making and serving the best soft serve in a friendly/family oriented, family owned Dairy Queen to the best customers around! For more information stop by the store and ask for an application. We are located at 1837 Southeast Blvd., Clinton NC.

Double Office Space For Rent

201 NE Blvd. Clinton

Formerly Autry

Insurance/Merle Norman

Approximately 1200 Square Feet

Perfect location for an office

or a retail business

CALL 910-214-0800



Become A Bail Bondsman In Sampson County

Looking For A New Agent For Bail Bond Partnership
In Sampson County.

Please Call Or Email Us

Bailbondpartners@gmail.com Or 877.302.0660

Please, Please Serious Inquires Only

[https://www.absolutebailbonding.com/
becoming-a-bail-bondsman/](https://www.absolutebailbonding.com/becoming-a-bail-bondsman/)



Eagle Eyes Surveillance System

Call Today (910) 549-8130

Special \$995.00 Installed

Trusted Protection - Surveillance Systems with NO Monthly Fees!!

Includes: 8 Channel Surveillance DVR, 4 HD 1080P indoor/outdoor Cameras with Infrared Night Vision, Easy Mobile Monitoring on your Tablet or Smart Phone, 1 TB-Hard Drive

Includes System and Installation, each camera for installation will be 60 feet from DVR unit, additional charges will apply to cameras installed further than 60 feet from DVR unit. Call for a free estimate today (910)549-8130

LET EAGLE EYES HELP YOU PROTECT YOUR FAMILY AND POSSESSIONS!

Do you remember the days when gas was less than a dollar and you never even locked your doors at night. Those days are long gone.

So protect your hard earned investments, with a Eagle Eyes Home Surveillance System. System start at as low as \$499.00 installed, with no monthly fees.

**Prepare for
power outages
with a Generac
home standby
generator**

**REQUEST A FREE QUOTE!
888-421-1399**

FREE
7-Year Extended Warranty*
A \$695 Value!

Offer valid February 15 - June 6, 2021

Special Financing Available
Subject to Credit Approval

*To qualify, consumers must request a quote, purchase, install and activate the generator with a participating dealer. Call for a full list of terms and conditions.



Leaf Filter
GUTTER PROTECTION

**BACKED BY A
YEAR-ROUND
CLOG-FREE
GUARANTEE**

EXCLUSIVE LIMITED TIME OFFER!

15% OFF & **10% OFF**
YOUR ENTIRE PURCHASE
+ **5% OFF** TO THE FIRST 50 CALLERS ONLY!

**SENIORS & MILITARY!
WE INSTALL YEAR-ROUND!**

FINANCING THAT FITS YOUR BUDGET!
Promo Code: 285
*Subject to credit approval. Call for details.

**CALL US TODAY FOR
A FREE ESTIMATE**
Mon-Thurs: 8am-11pm, Fri-Sat: 8am-5pm, Sun: 2pm-8pm EST

1-888-717-0493

*For those who qualify. One coupon per household. No obligation estimate valid for 1 year. **Offer valid at time of estimate only. *The leading consumer report agency conducted a 14 month outdoor test of gutter guards in 2010 and recognized Leaf Filter as the #1 rated professionally installed gutter guard system in the US. CLIR 1032795. DCM #10783658.5001. License# 7656. License# 50143. License# 41354. License# 99338. License# 128344. License# 218294. WA LIR# 603 231. License# 210222296. License# 210621296. License# 210512135A. License# 144FVW0242. License# W0501912. License# NC-2008-1117. License# JIC-448. H01007000. Registration# 170447. Registration# JIC-2649905. Registration# C127229. Registration# C127230. Registration# 366020918. Registration# PC5473. Reg. Code# 8731824. Registration# 13100923500. Registration# PA069383. Suffolk, Inc. License# 20226. H. License# 210510443. License# 26000022. License# 26000. License# 086990. Registration# H-19114.

A Smarter Way to Power Your Home.

Power your home, save money and be prepared for utility power outages with the PWRcell, a solar + battery storage system.

REQUEST A FREE QUOTE!

**ACT NOW
TO RECEIVE
A \$300 SPECIAL
OFFER!***
| (877) 705-8321

\$0 DOWN FINANCING OPTIONS!*
*Offer value when purchased at retail.
**Financing available through authorized Generac partners.
Solar panels sold separately.



NASCAR THIS WEEK

SPEED FREAKS

Five races, five different winners. Who's next?

KEN'S CALL: Based on recent Atlanta history, either Kevin Harvick or Brad Keselowski. I'll say Harvick.

DEAN'S DIRT: Penske has been too fast lately not to win, so I think Kez visits Atlanta Victory Lane.

Natural follow-up, who will be 2021's first two-time winner?

KEN'S CALL: If someone doesn't beat him to it this week, gotta go with Kyle Larson on the dirt at Bristol.

DEAN'S DIRT: Don't sleep on Christopher Bell on that Bristol dirt, either.

ZACH'S ATLANTA PICKS

- Winner:** Brad Keselowski
- Rest of top 5:** Kyle Larson, Chase Elliott, Joey Logano, Kevin Harvick
- First one out:** Denny Hamlin
- Dark horse:** Christopher Bell
- Don't be surprised if ...** Kez wins his third Atlanta race in five years.

BY THE NUMBERS

- 4 Number of races won by either a Joe Gibbs or Hendrick driver this year
- 5 Different winners so far this season
- 12 Laps led by Corey LaJoie on Sunday (career-high)
- 28 Career wins for Martin Truex Jr.
- 29 Races since Truex had last won

DAYTONA MOTOR MOUTHS

Zach Dean and Ken Willis cover NASCAR and other forms of motorsports for the Daytona Beach News-Journal. Reach them at zach.dean@news-jrn.com and ken.willis@news-jrn.com.



THROUGH THE GEARS



Martin Truex Jr. became the fifth different winner after five races to start the NASCAR Cup Series season on Sunday at Phoenix Raceway. AP

How many winners will there be this season?

Zach Dean

Daytona Beach News-Journal
USA TODAY NETWORK

We're batting a thousand, baby!

Five races, five different winners as the first month of the 2021 NASCAR season comes to a close, with Martin Truex Jr. breaking a 29-race winless streak Sunday at Phoenix Raceway.

Truex becomes the second Joe Gibbs driver to visit Victory Lane this season, joining young Christopher Bell. Those two, along with Hendrick Motorsports' William Byron and Kyle Larson, make up four of the five winners over the first month.

And then, of course, there's our feel-good story from Week 1 — Michael McDowell. The 36-year-old won the Daytona 500, and punched that elusive playoff ticket right off the bat.

Or did he?

What are the chances we have 17 different winners qualify for the 16-driver playoff field?

"No chance, Zach!"

You sure?

First gear

First, a quick look-back.

In 2014, we got seven different winners to start the season — that's the most since this current playoff format began. We've gone at least five races (our current mark!) three different times (2014, 2017, 2019).

Jimmie Johnson became a repeat winner in the fifth race of the 2016 season. Kevin Harvick quickly ended any of hopes of chaos in 2018, winning three straight races after the Daytona 500, and Joey Logano won twice before the shut-down last season.

Second gear

So, how many different winners are we getting over the next 21 regular season races?

Well, guys like Denny Hamlin, Chase Elliott, Kevin Harvick, Brad Keselowski and Joey Logano still haven't won. Despite his nearly year-long struggles now, Kyle Busch is also a threat to win every week. There's 11 right there.

So, we need six more? How about Ryan Blaney, who has at least one win every season since 2017, and Alex Bowman, who has a win each of the past two seasons.

They give us 13, and Kurt Busch, Aric Almirola and Austin Dillon get us all the way to the Sweet 16.

Finally, throw in win from a wild-card — like Bubba Wallace or Ricky Stenhouse Jr. — and you're there.

March Madness!

Third gear

So, what happens if we do get more than 16 winners? Well, then it becomes an old-fashioned points-battle between the one-race winners (if you've won more than one race, you're in.)

Under the current format, the tie-breaker(s) would go to whichever one-race winners have scored the most points throughout the regular season. Simple as that.

So, for example, if we get 17 winners, and McDowell is 23rd in the points after season-finale at Daytona, and Wallace (assuming here he gets a win) is 19th, Wallace gets in.

Fourth gear

Oh yeah, there was a race this weekend. Let's quickly get to that.

Truex Jr. continued JGR's strong run at the start of the season, snapping a winless streak that dates back to last June.

Denny Hamlin finished third and is your current points leader, while Christopher Bell (ninth) continues to show that his road-course win was no fluke.

The Hendrick stable continues to impress as well, with three drivers (Chase Elliott, Kyle Larson and William Byron) finishing in the top 10. Same can be said about Team Penske, which led 197 of 312 laps.

All Stewart-Haas drivers not named Kevin Harvick, meanwhile, continue to struggle.

Aric Almirola did manage an 11th-place finish, but Cole Custer and Chase Briscoe have been non-factors through the first five weeks.

And on that happy note, we're on to Atlanta.

Q&A

So, it's not just a matter of cubic dollars?

Along with proper financial backing and a solid support system that includes capable engineers, mechanics and crew chief, somewhere in the war wagon you need to place a big ol' can of patience. The latest reminder that it usually takes time for a new team to get in gear: Bubba Wallace and the No. 23 group, whose 16th-place showing at Phoenix is their best through five races. When talk turned to the No. 23 during a post-Phoenix press conference, team co-owner Denny Hamlin mentioned how they're still "pouring the concrete" on the team's foundation, and suggested they hope to have Bubba competitive sometime by the fall. Not counting Talladega and Daytona, where he and some others always have a shot.

Jimmie's back! Again?

Shortly after a runner-up finish in the Rolex 24, plans were quickly put in place for Jimmie Johnson to also race the other three events of the Michelin Endurance Cup, which is a championship within the season-long IMSA championship. So he's back in the No. 48 Cadillac prototype Saturday for the 12 Hours of Sebring, along with Simon Pagenaud and Kamui Kobayashi. The four-race Endurance Championship also includes a six-hour race at Watkins Glen and a 10-hour race at Road Atlanta. Jimmie's biggest 2021 project remains 13 IndyCar road-course races, beginning next month at Barber Motorsports Park in Alabama.

— Ken Willis

CUP STANDINGS

1. Denny Hamlin	236
2. Brad Keselowski	197
3. Joey Logano	192
4. Martin Truex Jr.	180
5. Kyle Larson	179
6. Chase Elliott	179
7. Kevin Harvick	176
8. Christopher Bell	167
9. William Byron	152
10. Kurt Busch	144
11. Michael McDowell	140
12. Austin Dillon	135
13. Ryan Blaney	134
14. Ryan Preece	123
15. Kyle Busch	115
16. Ricky Stenhouse Jr.	113
17. Alex Bowman	110
18. Chris Buescher	109
19. Bubba Wallace	97
20. Cole Custer	86

WHAT'S ON TAP

SATURDAY: IMSA 12 Hours of Sebring (10 a.m., NBCSN and IMSA.TV); Truck Series at Atlanta (2:30, Fox Sports 1); Xfinity Series at Atlanta (5 p.m., FS1).

SUNDAY: Cup Series at Atlanta (3 p.m., Fox)

KEN WILLIS' WEEKLY TOP 10 DRIVER RANKINGS

DENNY HAMLIN Steady Eddie would like a trophy	MARTIN TRUEX JR. Last three: 3rd, 6th, winner	KYLE LARSON Suddenly a weekly threat	BRAD KESELOWSKI In points-gathering mode	JOEY LOGANO See Brad	WILLIAM BYRON Middle name is McComas	CHRISTOPHER BELL Will finish 10th at Atlanta	KEVIN HARVICK Mr. Hunch likes him this week	CHASE ELLIOTT Slowed the mini-slump at Phoenix	MICHAEL MCDOWELL Last week in top 10?

PERFORMANCE AUTOMOTIVE SALUTES THE STUDENT ATHLETE OF THE WEEK!

HAVE YOU FOUND YOUR NEW VEHICLE YET?

CLEARANCE EVENT

PERFORMANCE AUTOMOTIVE
CHRYSLER DODGE Jeep RAM

605 Warsaw HWY, Clinton, NC
910-592-JEEP (5337) www.performancecdjr.com

HEALTH WATCH



This rendering shows a spine with scoliosis. [WIKIMEDIA COMMONS]

CONDITIONS 101 Know the symptoms of scoliosis

Scoliosis, a sideways curvature of the spine, usually manifests during the growth spurt preceding puberty and occurs in about 3% of adolescents. Cases are usually mild; however, spine deformities can worsen as children grow. Severe cases can be disabling, and can even make it difficult for the lungs to function properly.

“Children who have mild scoliosis are monitored closely, usually with X-rays, to see if the curve is getting worse,” recommends the Mayo Clinic. “In many cases, no treatment is necessary. Some children will need to wear a brace to stop the curve from worsening. Others may need surgery to keep the scoliosis from worsening and to straighten severe cases of scoliosis.”

The following are signs and symptoms of scoliosis:

- Uneven shoulders
- One shoulder blade that appears more prominent than the other
- Uneven waist
- One hip higher than the other

If the scoliosis curve worsens, the spine can twist — in addition to curving side to side — causing the ribs on one side of the body to stick out farther than on the other side.

Parents who notice signs or symptoms of scoliosis in their child should consult a doctor. Many cases, however, are so mild that the parent or child might not even realize it because there is no pain and the symptoms develop gradually.

HEALTH STAT 1

If your area is under a boil-water advisory and bottled water is not available, bring water to a rolling boil for 1 full minute (3 minutes at elevations above 6,500 feet), then allow it to cool before use.

NUTRITION STATION How cauliflower can interfere with meds

Cauliflower is full of fiber and other nutrients, and can make a great substitute for rice and even meat. However, those taking certain medications should be careful when they eat this nutritious veggie. Here’s what Eat This Not That has to say:

“Cauliflower is rich in vitamin K, which can be a problem if you’re on certain medications, specifically blood thinners. Blood-thinning medication can interact with vitamin K, so people taking those medications are often warned by their doctors to watch vitamin K intake. Vitamin K helps your blood clot, so it’s important to keep vitamin K levels consistent when taking blood thinners so you don’t imbalance your blood.”

More Content Now

Put on a HAPPY FACE

Why experts say a good mood can lead to good health



BIGSTOCK

Laura Williamson
American Heart Association News

It doesn’t take a scientist to understand that laughter feels good, while anger feels awful.

But it does take one to explain why one of these feelings can boost the immune system, while the other can wear it down, damage the heart and increase the risk for dementia.

Simply put: “Mood can influence your health,” said Dr. Erin Michos, director of Women’s Cardiovascular Health at Johns Hopkins School of Medicine in Baltimore.

Studies show negative emotions — including anger, hostility and pessimism — are linked to a higher risk of heart disease and lower chance of recovery from events such as heart attacks, as well as poorer cognitive health. Conversely, a growing body of research shows feelings such as happiness, optimism, gratitude, a sense of purpose, well-being or satisfaction in life lead to better heart and brain health. A 2016 study in Health Psychology even found that having a happy spouse or partner could improve an individual’s overall health and increase healthy behaviors, such as being more physically active.

There are many reasons for this, said Michos, a cardiologist who co-authored a recent American Heart Association scientific statement on the ways in which psychological health impacts heart and brain health.

Strong, negative feelings, such as anger, and stress, such as from anxiety or depression, activate the amygdala, the region in the brain that handles emotion. It

activates the body’s “fight or flight” response, triggering the release of cortisol and adrenaline, hormones that make the heart beat faster and blood pressure rise, she said. “This can be stressful on the heart, particularly for people who have underlying heart conditions.”

It also can cause blood platelets to form clots, and trigger plaque in the heart or brain to rupture, causing a heart attack or stroke. Prolonged stress also increases inflammation and lowers the body’s immune response.

A growing body of research shows feelings such as happiness, optimism, gratitude, a sense of purpose, well-being or satisfaction in life lead to better heart and brain health.

This biological response may be compounded by harmful behaviors, Michos said. “People with poor coping mechanisms for stress may sleep poorly, engage in binge eating and exercise less.”

On the flip side, lowering stress through positive feelings also affects brain circuitry, said Jill Goldstein, founder and executive director of the Innovation Center on Sex Differences in Medicine and professor of psychiatry and medicine at Harvard Medical School in Boston.

Mindfulness, humor and other mental coping skills can help people stay healthier by reducing the amount of cortisol running through their bodies, she said. In women, this can protect the production of estradiol, a type of estrogen that can be important

for preserving good brain health.

“We are also enhancing our immune systems when we help regulate the stress response,” she said. “The brain talks to the body and calms the body down. It slows your breathing and your heart rate. Some people are better able to do this than others.”

But it’s not just the absence or reduction of stress that gives the brain what it needs to coordinate better overall health, Michos said. “Well-being is more than the absence of mental distress,” she said. “Happiness, optimism, a sense of purpose, gratitude, mindfulness — these are all associated with favorable heart health, even independently of a lack of negative factors.”

And research shows anything good for the heart is good for the brain.

Michos said people don’t have to be naturally cheery or easy-going to reap these benefits.

“Some of this can be learned,” she said. “You can cultivate positive thinking and mindfulness and coping mechanisms to deal with adversity.”

Staying physically active also helps to boost mood, she said. So does spending time with friends and family to build strong social support.

The better someone feels, the more likely they are to maintain their health, Michos said.

“Optimistic people take better care of themselves. They are more compliant with medication, more likely to get checkups, to eat healthy and exercise.”

It’s never too late to make a difference, said Goldstein. “The brain is very retrainable. The older we get, the more difficult it is to do, but it can be done.”

TODAY’S WORKOUT

Pop squats give you a burst of cardio



Marlo Alleva demonstrates a pop squat. [ERNST PETERS]

Marlo Alleva
More Content Now
USA TODAY NETWORK

I love a fitness move that combines a muscle challenge and cardio! It’s like a double whammy and a time saver all in one.

Today’s exercise is a pop squat. This move will be working the whole lower body, your core and your back as well. Adding in the pop gives you the burst of cardio.

Begin this pop squat by standing tall. Starting with your feet together, your chest up and your midsection engaged, you are ready to move.

Proceed into your “pop” by jumping both feet outward into a wide

squat position. Once both feet are planted firmly on the ground, bend in both knees, as if you were doing a wide squat position. Then deepen that squat and reach one or both hands to tap the ground directly in front of you.

Now, as quickly as you tap the ground, return back upward, and hop inward to your standing position.

Continue to repeat this same pop movement for at least 10 to 20 repetitions.

Giving yourself a small break in between, repeat the same amount of repetitions for at least three to five sets.

If you find yourself

reaching fatigue too quickly, shorten the number of repetitions. And if you need a little more intensity, you can always add light to medium hand weights.

The main thing to remember is your form. Keep your chest tall and your core engaged.

This exercise is great as a warmup to a lower-body routine, or it is great on its own; when you are short on time and need a quick burst of energy!

Marlo Alleva, an instructor at Gold’s Gym and group fitness coordinator at Fontaine-Gills YMCA in Lakeland, Florida, can be reached at faluvzpa@msn.com.

Sampson County Excellence in Sales and Service

as chosen by the readers of



SAMPSON COUNTY'S COMMUNITY NEWSPAPER

The Sampson Weekly



Complete the entry form below and return for your chance to win a \$50 VISA Card! One winner will be drawn at random each week during the 4 week polling!

Best Barbecue: _____	Best Place For Women to Have Lunch: _____	Best Place to Eat Breakfast: _____
Best Hamburger: _____	Best Place for Men to Have Lunch: _____	Best Pizza: _____
Best French Fries _____	Best Place to Buy Tires: _____	Best Fitness Center: _____
Best Milkshake: _____	Best Hunting Supplies: _____	Best Salad Bar: _____
Best Ice Cream: _____	Best Deli/Bakery: _____	Best Body Shop: _____
Best Yogurt: _____	Best Place to Buy Groceries: _____	Best Place to Buy a Lawnmower: _____
Best Steak: _____	Best Sales Team: _____	Best Hardware Store: _____
Best Hot Dog: _____	Best Service Department: _____	Best Tax Preparer: _____
Best Fried Chicken: _____	Best Home Improvement Business: _____	Best Place to Buy Auto Parts: _____
Best Seafood: _____	Best Place to Buy a New Vehicle: _____	Best Bank: _____
Best Doctor: _____	Best Place to Buy a Used Vehicle: _____	Best Bank Teller: _____
Best Nurse: _____	Best Insurance Agency: _____	Best Barber: _____
Best Police Officer: _____	Best Slaw: _____	Best Fountain Drinks: _____
Best Sheriff Deputy: _____	Best Hushpuppies: _____	Best Jewelry Repair: _____
Best Principal: _____	Best Iced Tea: _____	Best Child Care Center: _____
Best Teacher: _____	Best Coffee: _____	Best Place for Wings: _____
Best Grocery Store: _____	Best Meat Department: _____	Best Place to Buy Office Supplies: _____
Best Place To Buy Appliances: _____	Best Place to Buy Shoes: _____	Best Desserts: _____
Best Place To To Buy Furniture: _____	Best Place to Buy Women's Clothes: _____	Best Chiropractor: _____
Best Place To Buy A Cell Phone: _____	Best Place to Buy Men's Clothes: _____	Best Dry Cleaner: _____
Best Place To Buy Gas: _____	Best Place to Buy Children's Clothes: _____	Best Computer Repair: _____
Best Place To Go on a Date: _____	Best Place to Buy Antiques: _____	Best Place to Buy Flooring: _____
Best Place to Celebrate a Child's B-Day: _____	Best Roofer: _____	Best Place to Buy A Mattress: _____
Best Veterinarian: _____	Best Pharmacy: _____	Best Pest Control Service: _____
Best Mechanic: _____	Best Real Estate Agency _____	Best Photographer: _____
Best DJ: _____	Best Hairstylist: _____	Best Surgeon: _____
Best Place to Get Your Oil Changed: _____	Best Florist: _____	Best Plumber: _____
Best Place to Buy a Gift: _____	Best Landscaper: _____	Best Place to Buy Vacuum Cleaner: _____
Best Jewelry Store: _____	Best Tanning Salon: _____	Best Fire Department: _____
Best Eye Doctor: _____	Best Elected Official: _____	Best Rescue Squad: _____
Best Dentist: _____	Best Convenience Store: _____	Best Pet Groomer: _____
Best Attorney: _____	Best Mexican Food: _____	Best Insurance Agent: _____
Best Manicure/Pedicure: _____	Best Chinese Food: _____	You Write In Your Favorite Category/Winner _____

The Sampson Weekly



You Must Be 16 Years Old or Older To Enter. Age: _____

Name: _____

Phone: _____

Address: _____

Sampson County Excellence in Sales and Service



Rules: To vote for your preference in each category, write in the name of the business, organization, or person you think best exemplifies excellence in sales and/or service for that category. Return the full page via mail to: The Sampson Weekly, PO Box 1915, Clinton NC 28329 or you may drop off your submission in person at our office at 201 Northeast Boulevard in Clinton. You may also submit your vote online at www.thesampsonweekly.com or via our Facebook page. One entry will be drawn at random each week for four weeks to receive a \$50 prepaid VISA Card. Employees of The Sampson Weekly and their families are not eligible for entry. All entries will remain confidential.

WE UNDERSTAND AND DELIVER EXCELLENCE EVERY DAY... REGARDLESS OF YOUR NEEDS WE HAVE YOU COVERED!

Se Habla Español



SOUTHEASTERN
OUTDOOR PRODUCTS

Beginning May 4th, Open Monday thru Friday 8:00 AM until 6:00 PM and Saturdays 8:00 AM to 12 Noon

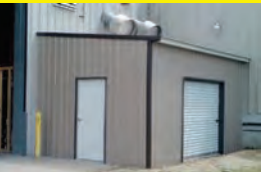
Home & Business

Farming & Agricultural



Shelters & Storage

Commercial & Industrial



Metal Roofing • Shelters • Garages • Concrete

714 Warsaw Road • Clinton, NC • 910-590-3513 • Visit Us On-line at WWW.SEOP-USA.COM

the 2021 BUSINESS SHOWCASE

Shop Local
& support these
fine businesses
that have serviced and
been a part of
Sampson County
for so many years!!

Home of Old Bessie

"Bessie" has served Sampson County
for over 68 years and counting.



Serving Sampson County Since 1953

1837 Southeast Blvd
Clinton, NC 28328
(910)592-1844



**We Are Proud to
Serve the
Citizens of
Sampson County!!**

**Providing for the Insurance
Needs of Sampson County**



www.lockamytek.com

1940 Hobbton • Hwy 701 N.
Clinton, NC 28329
Phone: (910) 592-4700



**PARKER
GAS CO. INC.**
Feel Comfortable With Us



*A family business providing comfort,
peace of mind and real value since 1958.*



Clinton
1504 Sunset Ave., Clinton, NC
(910) 592-3942

Newton Grove
214 McLamb Rd., Newton Grove, NC
(910) 594-0932

www.parkergas.com

***Proudly Serving Sampson County for
over 95 years, since 1926!!***



Providing **DISTINCTIVE** Funeral Service for our families *Since 1926*

Butler
Funeral Home

401 West Roseboro Street
Roseboro, NC
910-525-5138

6535 Clinton Road
Stedman, NC
910-223-7400



DO YOUR PART!

*Shop local to keep dollars in your local community.
Dollars that go towards schools, fire and rescue, law
enforcement, community services and much more!
Help our local businesses make it through this difficult time.*

THANK YOU!